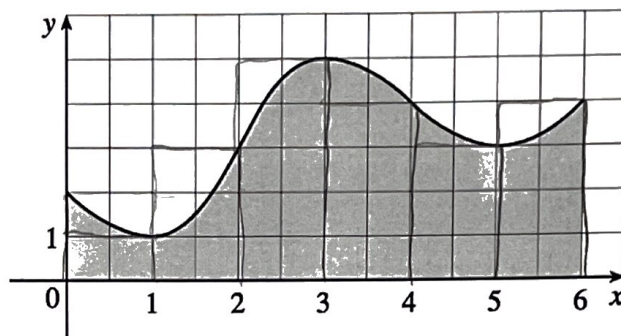


Name: _____

Instructions: Work with others or independently to complete the activity.

1. A radar gun was used to record the speed of a runner during the first 6 seconds of a race, resulting in the following graph where y is the speed of the runner in meters per second (m/s) and x is the time in seconds (s).



- (a) Use the Trapezoidal Rule with $n = 6$ to estimate the distance the runner covered during the first 6 seconds.

$$\frac{1}{2}((2+1) + (3+1) + (5+3) + (4+3) + (3+4) + (4+3))$$

$$= 18$$

- (b) Use the Midpoint Rule with $n = 6$ to estimate the distance the runner covered during the first 6 seconds.

$$\int_0^6 f(x) dx \approx \Delta x \sum_{i=1}^n f\left(\frac{x_{i-1} + x_i}{2}\right)$$

$$\left(\frac{2+1}{2} + \frac{3+1}{2} + \frac{5+3}{2} + \frac{4+3}{2} + \frac{3+4}{2} + \frac{4+3}{2}\right)$$

$$= 19$$

- (c) Do you think this runner could beat a runner who could run 22.5 meters in 6 seconds?

yes

2. Evaluate the integral $\int_1^{\infty} \frac{1}{x^2 + x} dx.$

$$x^2 + x = x(x+1) \quad 1 = \frac{A}{x} + \frac{B}{x+1} \quad A=1 \quad B=-1$$

$$\int \frac{1}{x} + \frac{-1}{x+1} = \ln|x| - \ln|x+1| \Big|_1^{\infty}$$

$$\ln \left| \frac{x}{x+1} \right| \Big|_1^{\infty} = \ln \left| \lim_{x \rightarrow \infty} \frac{x}{x+1} \right| = \ln \left(\frac{1}{1} \right)$$

$$\lim_{x \rightarrow \infty} \ln \left| \frac{x}{x+1} \right| = \ln 1 = 0$$

$$0 - \ln \left| \frac{1}{2} \right| = \ln 2$$

3. This problem gives one way to evaluate $\int \frac{1}{(\sin x + \cos x)^2} dx.$

(a) Prove $\frac{1}{(\sin x + \cos x)^2} = \frac{1}{1 + \sin 2x}.$



(b) Use the trig identities $\cos^2 x = \frac{1 + \cos 2x}{2}$ and $\sin x = \cos(x - \frac{\pi}{2})$ (i.e., the graph of $\sin x$ is obtained by shifting the graph of $\cos x$ to the right by $\pi/2$) to derive the identity $2 \cos^2(x - \frac{\pi}{4}) = 1 + \sin(2x).$

(c) Evaluate $\int \frac{1}{(\sin x + \cos x)^2} dx.$