

# **Visual Memory N-back Tests**

## **For web browsers**

(control-model-view)

## **Programming Manual**

**8-12-2011**

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### **N-back tests**

N-back tests are designed to measure working memory, since the person taking the test is required to remember what object was presented 'n' items back. Difficulty increases with n.

### **Test schema:**

Object memory (32 tests)

=> Categories

1. Orientation
2. Shapes
3. Colors
4. Faces
5. Spatial
6. Global vs. Local
7. Verbal vs. Visual

=> Matching condition

1. Identity (Nback = 2)
2. Partial (feature specific, Nback=2)
3. RT (not a memory test, Nback=0)

### **Procedure:**

Tests are given within a Dojo StackContainer in blocks of 4. The first few content panes are general instructions. Before each test, a practice round of 10 trials is given. The real test has 100 trials. Specific instructions are given before each practice round and again before the actual test. Scores are given at the end of each block, in order to promote finishing the whole block.

The instructions are a variation of "Press 'Match' when the current item matches the one presented N trials back." This depends on the exact category tested (see Appendix B).

For the 0-back reaction time tests, the instructions are "Press Match each time you see a 'target goes here'. An alert pops up with the target number. The task will start when you press OK".

The Match button is located directly below the square where the images are presented.

When 'OK' is clicked, the test begins. The first image shows up 1000 ms after they click OK.

An image is shown for a certain duration ( $\text{pic\_time} - \text{isi\_time} = 1000 \text{ ms}$ ) with a blank screen in between images for  $\text{isi\_duration}$  (1000 ms).

This is repeated until  $\text{max\_trials}$  has been reached.

The number of targets = 33% of the  $\text{max\_trials}$ .

A response is a button press (Match button)

*total\_responses* are recorded.

A hit is a response during a target image.

*total\_hits* are recorded.

A miss is an absence of a response during a target image.

*total\_misses* are recorded.

An incorrect is a response during a non-target image.

*total\_incorrect* are recorded.

Reaction time = time image presented – response time.

If there was no response, then reaction time = 0.

The response window =  $\text{stimulus\_time} + \text{isi\_time}$  (2000 ms). As soon as a new image is presented, the response window for the previous image has ended.

The final score is calculated:

Score =  $\text{hits} / (\text{hits} + \text{incorrect} + \text{misses})$

This gives a score out of 100, i.e. if  $\text{incorrect} = 0$ ,  $\text{misses} = 0$ , then,  $\text{hits}/\text{hits} = 1$ .

## **Database:**

### **exp1\_subject\_info**

1. subject\_id
2. email
3. language
4. age
5. sex
6. education
7. glasses
8. color\_blind
9. colored\_sequences
10. colored\_sound
11. spatial\_form
12. netherlands
13. participation
14. informed\_consent

### **nback\_blocks\_exp1\_eng** (English version)

1. nback\_id
2. exp\_id
3. block\_name
4. factor
5. object\_category
6. nback
7. number\_trials
8. number\_stimuli
9. stimulus\_time
10. isi\_time
11. matching
12. duration
13. stimuli\_names
14. language
15. instructions1
16. instructions2
17. example (for an illustrated example picture)

### **A. nback\_trials**

1. trial\_id
2. subject\_id
3. nback\_id = id of each individual test in nback\_blocks
4. completed = 0 or 1
5. targets = number of targets
6. responses = number of responses
7. hits = number of hits
8. misses = number of misses
9. incorrect = number of incorrect responses
10. score = hits/hits+misses+incorrect
11. rt\_correct = average reaction time for hits (ms)
12. rt\_incorrect = average reaction time for incorrect responses (ms)

13. sequence = the algorithm for each test
14. image\_order = the order of the stimulus array after being shuffled
15. meta\_data = trial by trial data
  - i. trial\_number
  - ii. position in sequence (starts with position = 0)
  - iii. name\_stimuli
  - iv. response = 0 for no, 1 for yes
  - v. hit = 0 for no, 1 for yes
  - vi. miss = 0 for no, 1 for yes
  - vii. rt\_correct
  - viii. rt\_incorrect
16. start\_time
17. time\_stamp = updated automatically

The data is sent to the server at the beginning of the test and every *post\_unit* number of trials, as well as the end of the test:

- 1) Beginning of test
- 2) Every *post\_unit*
- 3) End of test

Currently *post\_unit* = 10

## Dependencies:

stack\_container.css – *style sheet for nback tests*

exp1\_common\_code.js – *code for all 3 versions of nback matching*

exp1\_identity.js – *code specifically for identity matching*

exp1\_partial.js – *code specifically for partial matching*

exp1\_rt.js – *code specifically for reaction time (0-back)*

shuffle.js – *shuffles an array*

sumElements.js – *sums the elements in an array*

contains.js – *tells if a certain element is in an array*

...dojo/resources/dojo.css - *dojo style sheet*

...dijit/themes/tundra/tundra.css - *dijit style sheet*

...dojo/dojo.js - *link to dojo "isDebug: true, parseOnLoad: true"*

```
dojo.require("dojo.parser");
```

```
dojo.require("dijit.layout.ContentPane");
```

```
dojo.require("dijit.layout.StackContainer");
```

```
dojo.require("dijit.form.Button");
```

## Functions:

View: *general\_instructions.php*

**check\_email()** – Checks the form field to make sure an email has been submitted; calls `subject_info()`;

**subject\_info()** – The very first page, checks to see if the email is in database; returns 1 if new subject, 0 if old subject; returns list of tests from `block_tracker()` in `exp1` controller; calls `tests()`;

**check\_info()** – If the subject is new, they will take the questionnaire; this function makes sure that all fields are answered; calls `question_info()`.

**question\_info()** – Sends the subject information to the database; sends the stackcontainer forward.

**tests()** – Sorts the tests which come from the `block_tracker()` function in `exp1` controller, returned with the `subject_info()` function; puts the tests in the necessary arrays for processing. Calls `number_of_tests()`;

**number\_of\_tests()** – Adjusts stackcontainer in case there are less than 4 tests; inserts instructions in innerHTML; removes questionnaire if subject is old; sends the stackcontainer forward.

**start\_experiment()** – Checks to see if it is practice or the real thing, setting the number of trials accordingly; sets the type of matching (identity, partial, `reaction_time`); starts the experiment.

**show\_scores()** – Shows the scores of the 4 tests in the current block, with picture example of stimuli.

**get\_scores()** – Gets all the scores of completed tests; returns scores and `nback_ids` in JSON format; calls `write_scores()`

**write\_scores()** – Averages all scores; shows how many tests have been completed; lists all scores of completed tests, with picture example of stimuli

**check()** – writes the value from the radio buttons to global variables for questionnaire

*exp1\_common\_code.js*

**send\_data()** – `dojo.xhrPost`

**preload()** – Preloads the images in `imgNames`

**setStartTime\_RT()** – Time when the image is presented

**getElapsedTime()** – Returns a difference between 2 dates in milliseconds

**set\_initial\_positions()** – Constructs an array with all positions = true

**rand()** – Returns a random number between a lower and upper bound

**indicate\_response()** – Turns the border around the objects back to black (it turns blue)

**indicate\_response\_correct()** – Turns the border around the objects back to green

**indicate\_response\_incorrect()** – Turns the border around the objects back to red

**reset()** – Resets response, hit, miss and `rt` back to 0 for the next trial

**finished()** – Saves scores; changes practice condition; increases `block_tracker`; resets variables; moves the stackcontainer forward.

**blank\_screen()** – Sets the initial image to the white screen; a blank screen to go in between objects.

**match\_func()** – When the Match button is pushed, changes the color of the box around the objects, gets reaction time, and indicates there is a response.

**practice\_match\_func()** – When the Match button is pushed, changes the color of the box around the objects, gets reaction time, and indicates there is a response.

**calculate\_responses()** – total hits, misses, responses, incorrect, average rt, score

**ResponseManager()** – An object keeps arrays of hits, misses, responses, rt, and meta\_data.

**theRM()** = new ResponseManager() – Copies the data previously in it and adds new data

**reset\_everything()** – Resets all global variables for the new test (when block\_tracker increases)

*expl\_rt.js, expl\_partial.js, expl\_identity.js*

These are specific for the type of matching:

**define\_trials()** – Determines the sequence of the test (the most important function)

**change\_picture()** – The animation, keeps track of trials, calls response manager

Controller: *expl.php*

**index()** – general\_instructions.php

**scores()** – Will show all the possible scores

**check\_email()** – Is the subject new? Gets/sets \$subject\_id and \$new\_subject session data

**send\_subject\_info()** – Inserts questionnaire data into expl\_subject\_info

**block\_tracker()** – chooses the tests to be presented in each block, by checking to see what the subject has already done.

**subject\_scores()** – Gets all the scores and nback\_ids for completed tests.

**send\_nback\_data()** – validates the post, splits into two arrays – one for sessions and one for trials, and then calls the two functions in the model for these

Model: *expl\_model.php*

**email()** – Checks expl\_subject\_info for existing emails

**get\_id()** – Selects \$subject\_id from expl\_subject\_info

**new\_subject()** – Inserts new email into expl\_subject\_info

**questionnaire()** – Inserts subject info into expl\_subject\_info

**nback\_stimuli4()** – Selects information for nback tests when 4 tests are presented

**nback\_stimuli3()** – Selects information for nback tests when 3 tests are presented

**nback\_stimuli2()** – Selects information for nback tests when 2 tests are presented

**nback\_stimuli1()** – Selects information for nback tests when 1 test is presented

**sessions()** – inserts session\_data into nback\_sessions table

**trials()** – inserts trial\_data into nback\_trials table

**check\_tests()** – See what tests the subject has completed

**check\_test\_scores()** – Gets the \$session\_id of completed tests, in order to get the scores

**get\_all\_tests()** – All possible tests to take

**get\_scores()** – Returns the scores and nback\_ids using completed session data

**count\_completed()** – How many completed tests have been done by a single subject

## **Difference in algorithms between Identity, Partial and Zero-Back code**

### Identity:

*define\_trials();*

For  $i > 33\%$ , Pick a random number out of the image names and set it as a target.

Place this number 'nback' trials before.

Fill in the rest of the sequence with image names that do not generate another target (Either +nback or -nback).

Count the number of targets. There are usually more than 33%.

If so, then shuffle the positions of targets and take as many extra targets as the difference between actual targets and 33% targets.

Count the number of targets again.

*match\_func();*

`stimuli_names[counter] == stimuli_names[counter-nback]`

### Partial:

*define\_trials();*

For  $i > 33\%$ , Pick a random number out of the image names and set it as a target. This number is the index of the image names array (because there are multiple images in each index).

Pick another number that chooses the image within the index of the target number so that it is not the same exact image.

Place one image 'nback' trials before, and the other at the current spot.

Fill in the rest of the sequence with image names that do not generate another target (Either +nback or -nback).

Count the number of targets. There are usually around 37-38, so I added code that subtracts 3 targets.

*match\_func();*

`contains(partial_order[counter-nback], imgNames[trial_order[counter]])`

`&& partial_order[counter] != partial_order[counter-nback])`

An image and itself is not a correct match!

### Zero-back:

*define\_trials();*

For  $i > 33\%$ , Pick a random number out of the image names and set it as a target.

Fill in the rest of the sequence with image names other than the target.

Count the number of targets.

*match\_func();*

`stimuli_names[counter] == t`



## Appendix

### Instructions:

1. Orientation: You will see a series of images. Click "MATCH" each time the object is in the same *orientation* as it was 2 trials back.
2. Shape: You will see a series of images. Click "MATCH" each time an object is identical to one which appeared 2 trials back.
3. Color: You will see a series of images. Click "MATCH" each time the *color* of the object is the same as it was 2 trials back.
4. Faces: You will see a series of images. Click "MATCH" each time a face is identical to one which appeared 2 trials back.
5. Spatial: You will see a series of images. Click "MATCH" each time the object is in the *same position* as it was 2 trials back.
6. Global: You will see a series of images. Click "MATCH" each time the global (biggest) image is the same as it was 2 trials back.
7. Local: You will see a series of images. Click "MATCH" each time the local (smallest) image is the same as it was 2 trials back.
8. Perceptual: You will see a series of object words. Click "MATCH" each time the shape of that object matches the shape of the object named 2 trials back.
9. Semantic: You will see a series of words. Click "MATCH" each time the meaning of that object matches the meaning of the object named 2 trials back.
10. Letters: You will see a series of letters. Click "MATCH" each time you see a letter identical to one which appeared 2 trials back.
11. Rhyme: You will see a series of words. Click "MATCH" each time the current word rhymes with the word which appeared 2 trials back.
12. Reaction Time: You will see a series of numbers. Click "MATCH" each time you see your target number. For this test, you only need to remember your target number.