

Getting Yourself Recruited for College Sports

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Do you feel that you have “what it takes” to participate in collegiate athletics? Perhaps the program of your dreams doesn’t even know that you exist! The starting point is to send information about yourself to prospective colleges. Here are some tips to help you get started:

- Have an honest talk with your coach about your athletic ability. Your coach can give you some suggestions as to the size and type of program for which your talents are best suited.
- Treat this like a job search. Write a cover letter and résumé.
- Be certain to obtain the name of the college coach to whom you are writing. Most colleges have Web sites that will provide the information. Do not send impersonal mass mailings or information that is false or misleading.
- Research the colleges’ athletic and academic programs. Do not contact colleges for which you cannot meet the stated athletic and academic standards.
- If you receive profile forms or questionnaires from coaches, complete and return them as soon as possible.
- Send a letter with athletic and academic information to coaches at schools that interest you, and let them know you have a video available.
- Follow up with a telephone call from you, not your parents.
- Be patient.

Source: College Counseling Sourcebook, 4th Edition