

# Z-scores and Correlation

Grinnell College

February 9, 2026

## Warm-up

Facts:

- ▶ The average height of males in the US is 69 inches with a standard deviation of 2.8 inches
- ▶ The average height of females in the US is 64 inches with a standard deviation of 2.4 inches

Who would be considered taller, relative to their sex: a male who is 72 inches tall or a female who is 66.5 inches tall?

# Today

Big things today:

- ▶ Standardization and z-scores
- ▶ Correlation
  - ▶ Pearson
  - ▶ Spearman (rank)

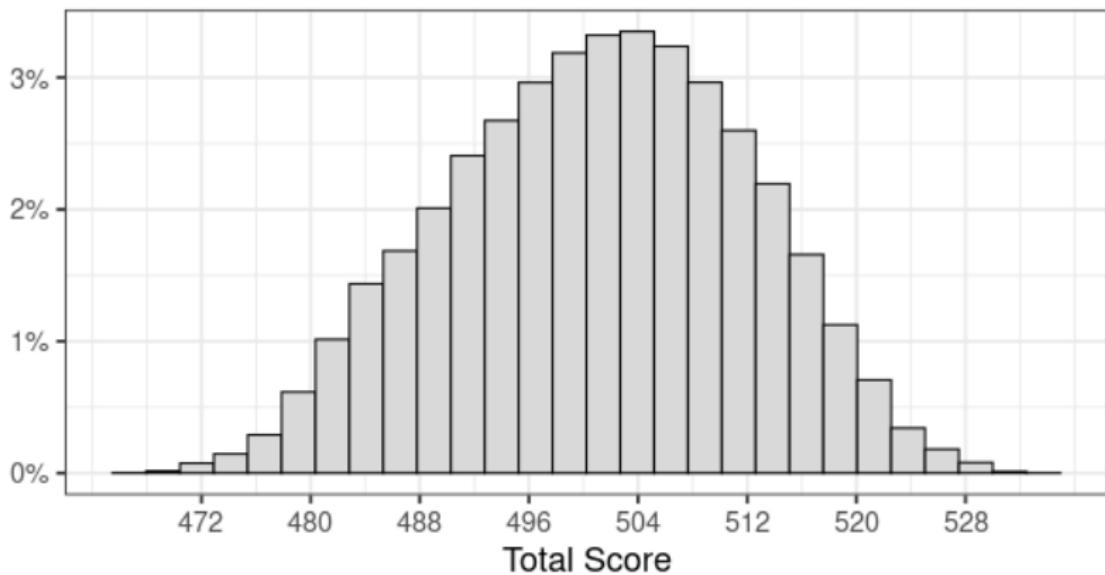
# MCAT Scores

Suppose an individual gets an MCAT score of 525. Is this good?

# MCAT Scores

Based on data from March 2023-April 2024, the average total MCAT score was 501.03, with a standard deviation of 10.961

MCAT Total Score, May 2023 - April 2024



## Z-scores

A **z-score** or **standardized score** is a measurement that describes an observation's *value* relative to the mean and standard deviation of a group

$$z_i = \frac{x_i - \mu}{\sigma}$$

In particular, there are two informative attributes related to a z-score:

1. The *sign* of the z-score tells us if the observation is above or below the group mean
2. The *magnitude* of the z-scores tells us how many standard deviations away from the mean an observation is

# MCAT Scores

Based on data from March 2023-April 2024, the average total MCAT score was 501.03, with a standard deviation of 10.961, giving us the following summary statistics:

$$\mu = 501.03, \quad \sigma = 10.96$$

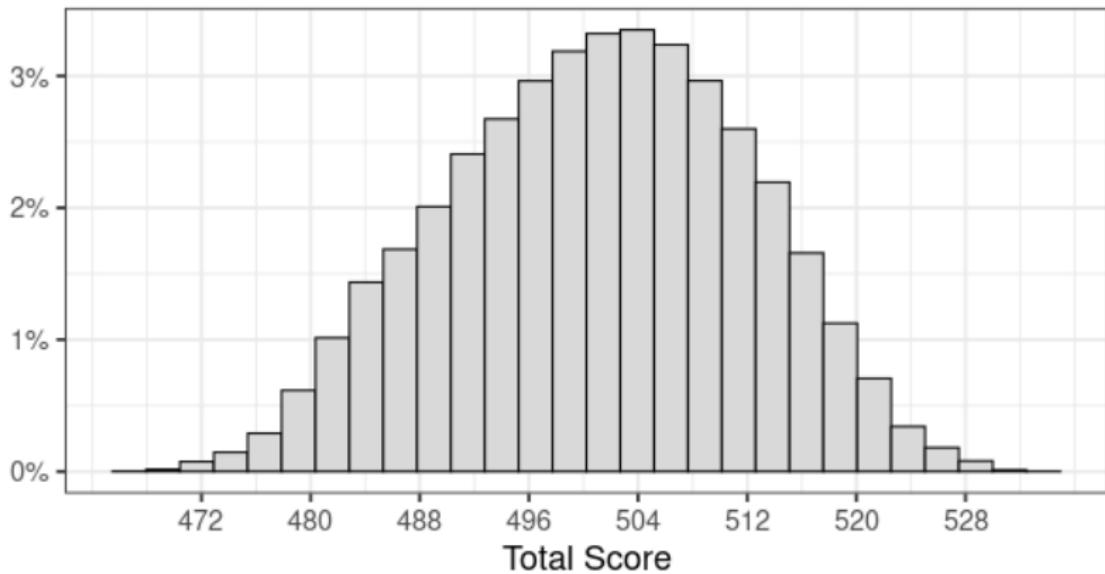
For an MCAT score of 525, we find a standardized value of

$$z = \frac{525 - 501.03}{10.96} = 2.18$$

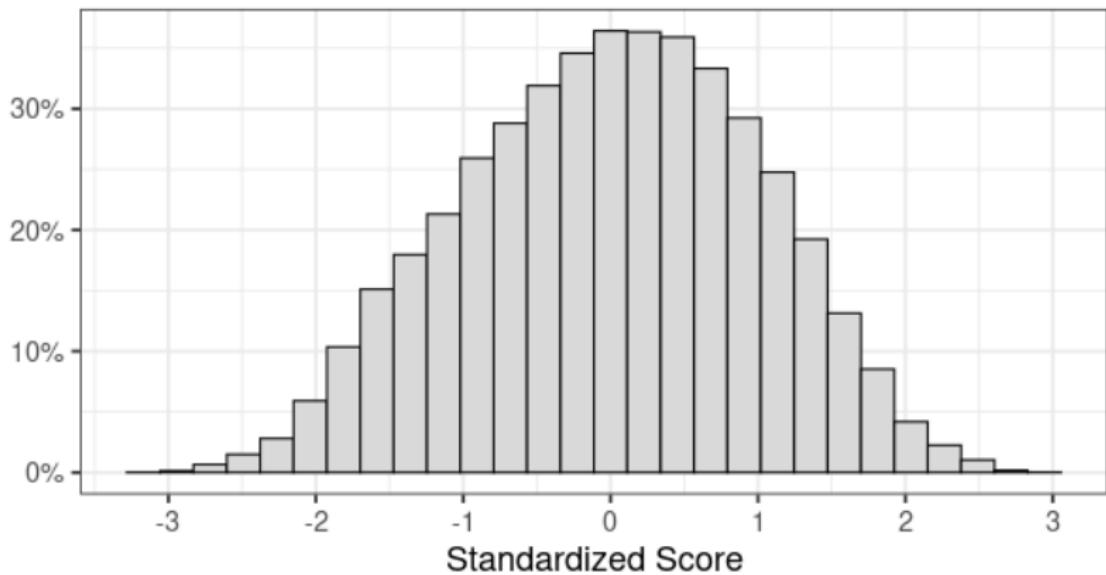
This tells us that:

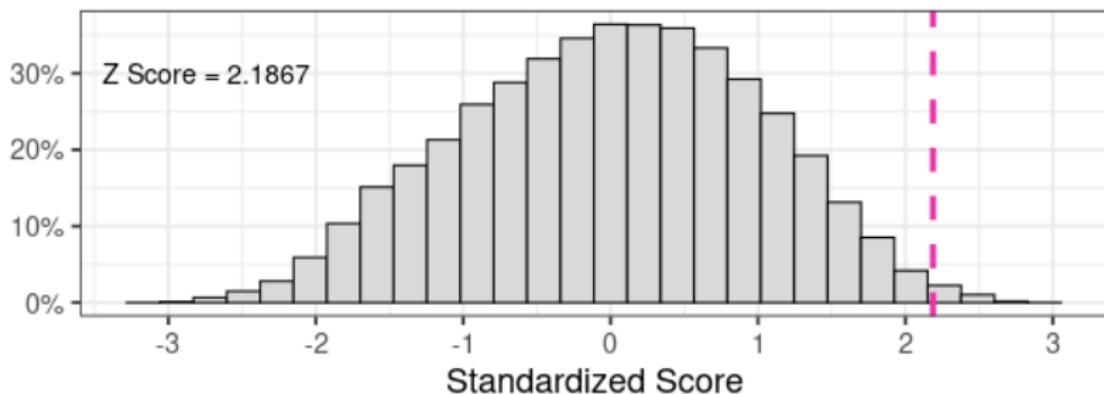
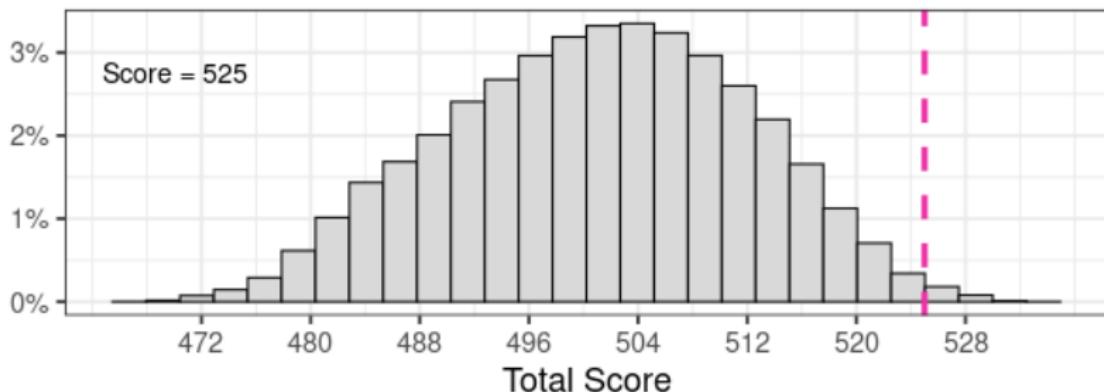
1. The observation is greater than the mean, as it is positive
2. The observation is 2.18 standard deviations greater than the mean

## MCAT Total Score, May 2023 - April 2024



## Standardized MCAT Scores





## Follow-up

### Facts:

- ▶ The average height of males in the US is 69 inches with a standard deviation of 2.8 inches
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Who would be considered taller, relative to their sex: a male who is 72 inches tall or a female who is 66.5 inches tall?

# Slide

Clever transition slide to next topic

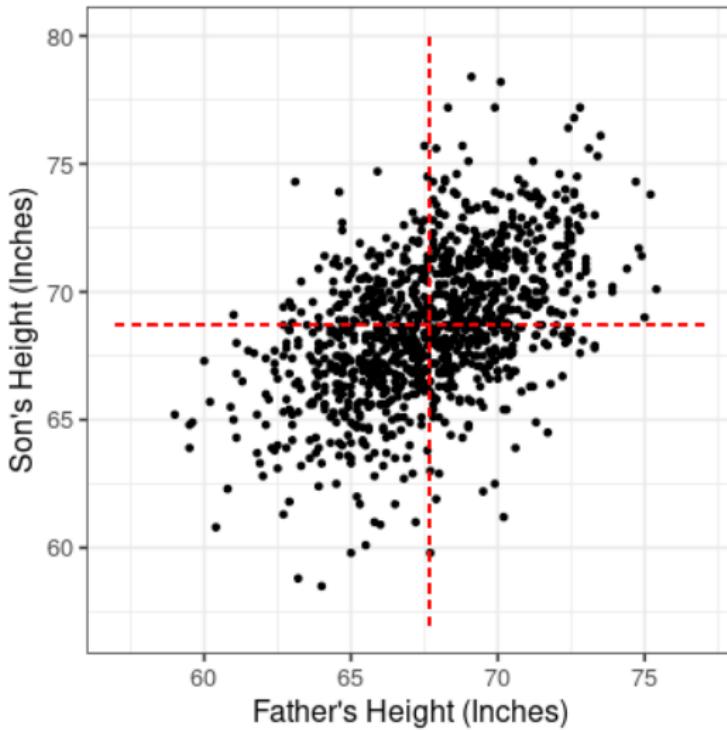
## Pearson's Height Data

In the 1880's the scientific community was enthralled with the idea of quantifying heritable traits

Karl Pearson collected data on the heights of 1,087 father's and their fully grown first born sons

Father	Son
65.0	59.8
63.3	63.2
65.0	63.3
65.8	62.8
61.1	64.3
63.0	64.2
⋮	⋮

# Height Data



# Pearson's Correlation Coefficient

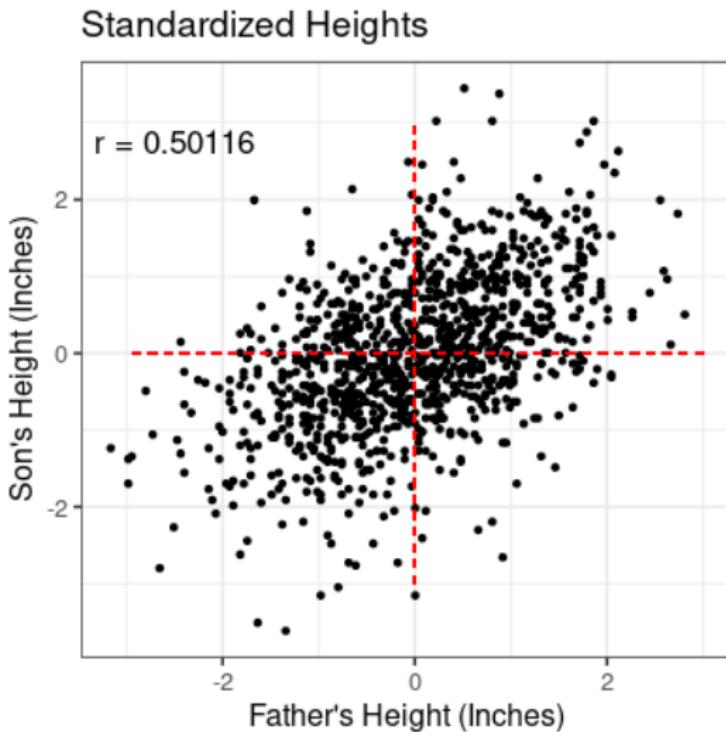
Heights clearly associated, but how to quantify?

Building upon the work from French scientist Francis Galton, Pearson developed the **Pearson's correlation coefficient ( $r$ )**:

$$\begin{aligned} r &= \frac{1}{n-1} \sum_{i=1}^n \left( \frac{x_i - \bar{x}}{\hat{\sigma}_x} \right) \left( \frac{y_i - \bar{y}}{\hat{\sigma}_y} \right) \\ &= \frac{1}{n-1} \sum_{i=1}^n (z_{x_i})(z_{y_i}) \end{aligned}$$

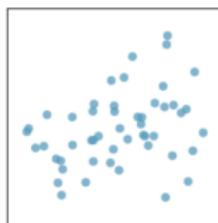
If above-average values of  $X$  are common among cases with above-average values of  $Y$  (and vice-versa), we should expect  $r$  to be positive

# Height Data – Standardized

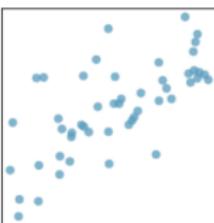


## Correlation Examples

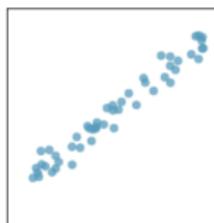
Pearson's correlation coefficient tells us the strength of *linear* association between two quantitative variables



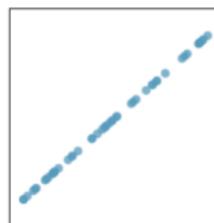
$R = 0.33$



$R = 0.69$



$R = 0.98$



$R = 1.00$



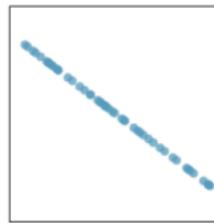
$R = 0.08$



$R = -0.64$



$R = -0.92$



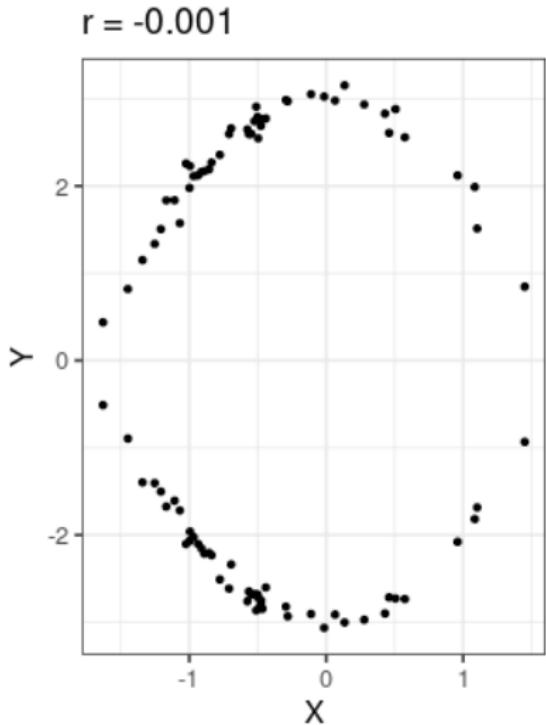
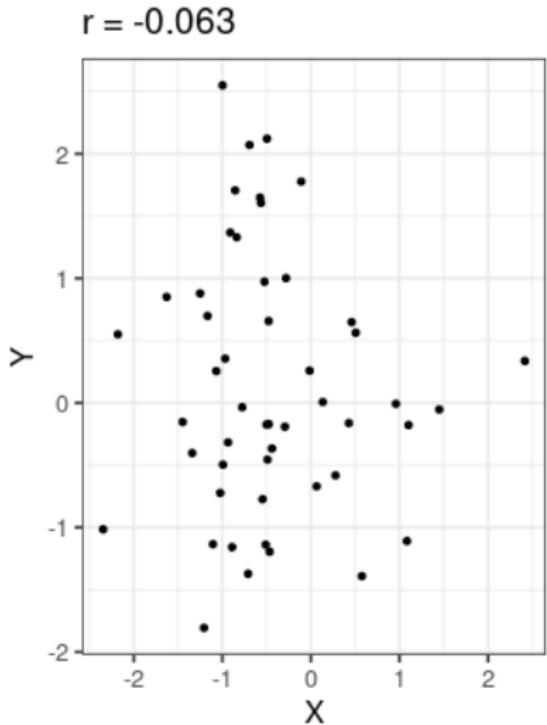
$R = -1.00$

# What is considered “strong”?

Correlation Coefficient		Dancey & Reidy (Psychology)	Quinnipiac University (Politics)	Chan YH (Medicine)
+1	-1	Perfect	Perfect	Perfect
+0.9	-0.9	Strong	Very Strong	Very Strong
+0.8	-0.8	Strong	Very Strong	Very Strong
+0.7	-0.7	Strong	Very Strong	Moderate
+0.6	-0.6	Moderate	Strong	Moderate
+0.5	-0.5	Moderate	Strong	Fair
+0.4	-0.4	Moderate	Strong	Fair
+0.3	-0.3	Weak	Moderate	Fair
+0.2	-0.2	Weak	Weak	Poor
+0.1	-0.1	Weak	Negligible	Poor
0	0	Zero	None	None

Source: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6107969/>

# Correlation Examples



## Non-linear Association

In addition to Pearson, we have **Spearman's rank correlation** (denoted  $\rho$ ) where the values of  $X$  and  $Y$  are replaced with their rank order from smallest to largest before correlating:

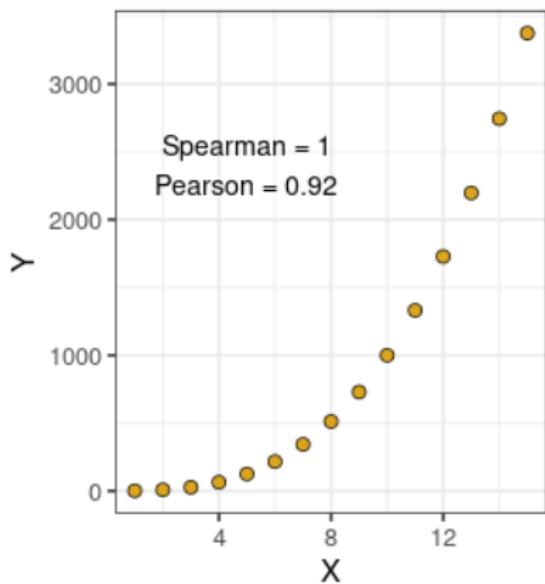
$$\begin{aligned} X &= \{2, 4, 6, 9, 8\} & \xrightarrow{\hspace{1cm}} X_{rank} &= \{1, 2, 3, 5, 4\} \\ Y &= \{7, 4, 1, 5, 3\} & \xrightarrow{\hspace{1cm}} Y_{rank} &= \{5, 3, 1, 4, 2\} \end{aligned}$$

Whereas Pearson's  $r$  measures *linear association*, Spearman's  $\rho$  measures the *monotonic association*

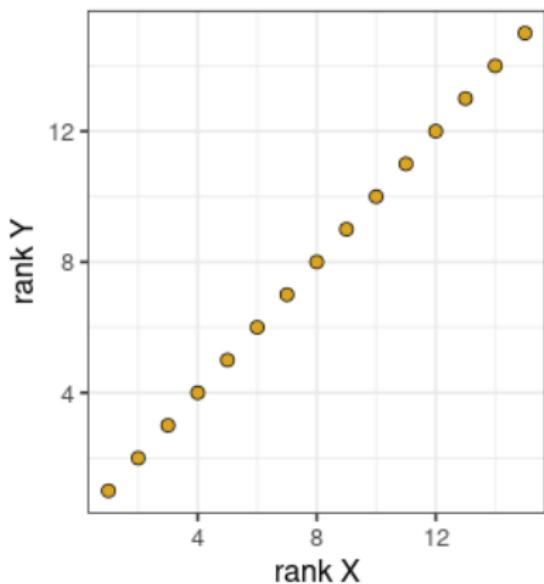
# Non-linear Association

$$y = x^3$$

X and Y



Rank X and Rank Y

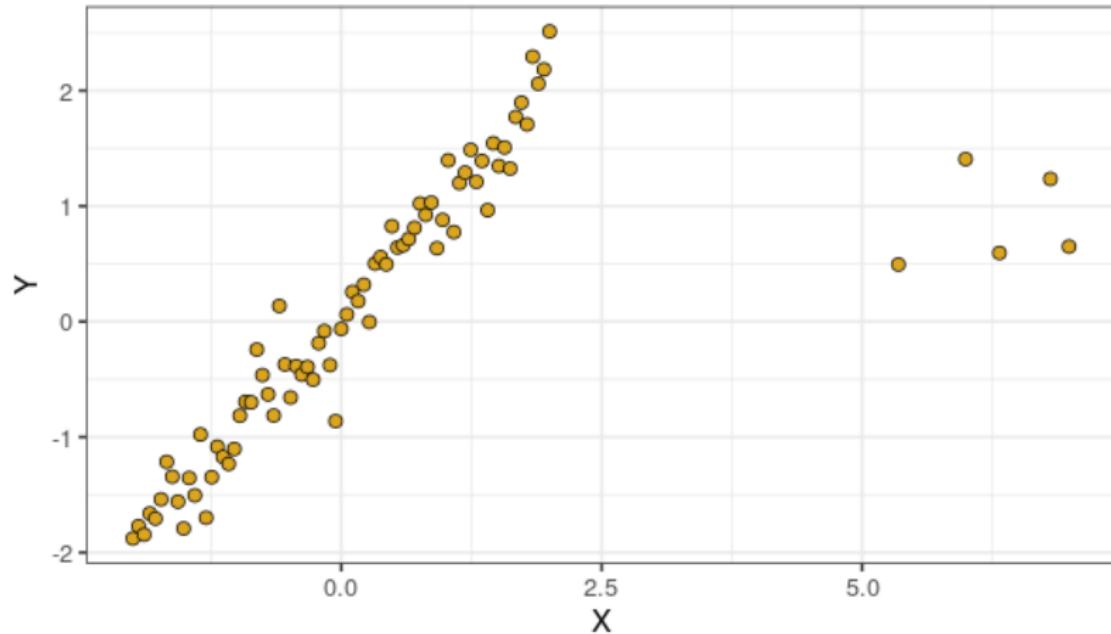


# Spearman Correlation

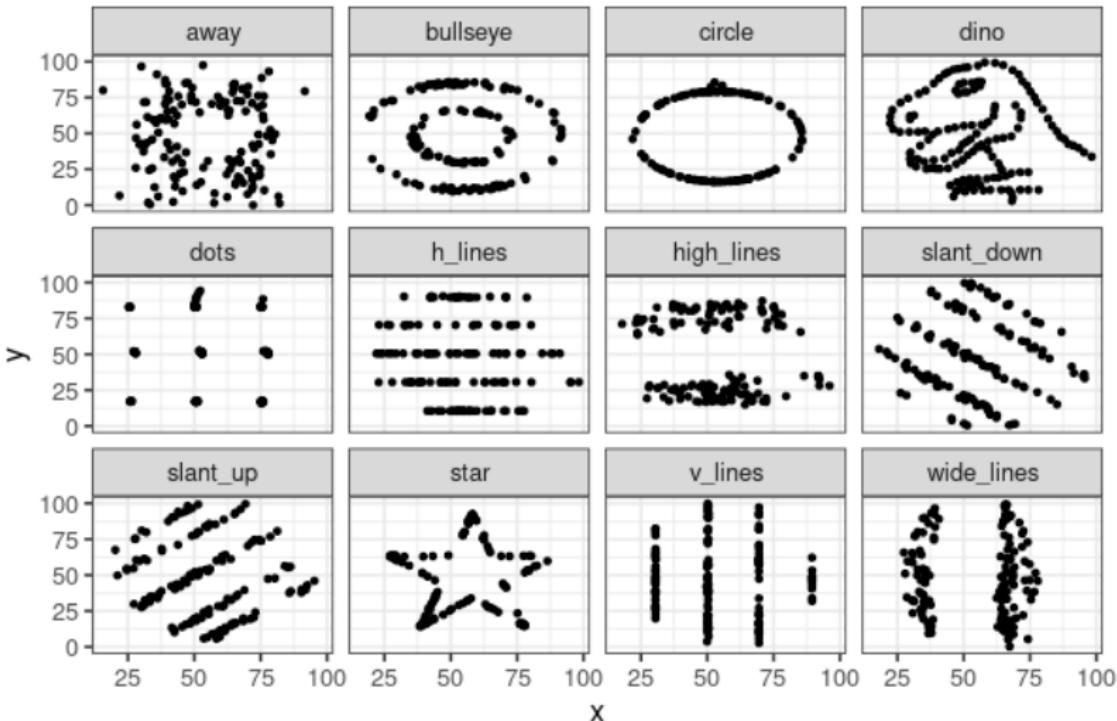
Spearman's correlation is more robust to outliers

Spearman Correlation = 0.95

Pearson Correlation = 0.77



# “Datasaurus Dozen”



# Review

- ▶ **Z-scores or standardized scores** give us a way to relate the value of an observation to the mean/standard deviation of a group
- ▶ **Pearson's correlation** strength of *linear association*
  - ▶ Correlation is *average product of z-scores*
- ▶ **Spearman rank correlation** useful for data with outlier's or non-linear (but monotone) relationship