

## Collins Muguro Gicheru

Male

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### ABOUT ME

Passionate and proactive Food Science and Nutrition student at Jomo Kenyatta University of Agriculture and Technology, dedicated to improving food safety and public health. I possess a strong academic background in food chemistry, nutritional biochemistry, and food microbiology, complemented by hands-on experience in food safety audits and nutritional analysis. Proficient in Microsoft Office and basic laboratory procedures, with excellent communication and teamwork skills developed through collaborative university projects and community outreach programs. Seeking internship opportunities to apply my knowledge, learn from industry professionals, and contribute meaningfully to the food and health sector.

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### SKILLS

- Food safety protocols
  - Nutritional analysis
  - Basic laboratory techniques
  - Microsoft Office (Word, Excel, PowerPoint)
  - Analytical thinking & teamwork
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## EXPERIENCE

### Community Health Campaign Volunteer

Wangige, Kenya — 2023

- Educated 50+ households on malnutrition prevention during a local health initiative
- Distributed educational materials and assisted with basic nutritional assessments

### Member, JKUAT Nutrition and Wellness Club

JKUAT, Juja, Kenya — January 2024 – Present

- Participated in community outreach to promote healthy eating and food safety
- Supported workshops educating local communities on nutrition

### Food Safety Audit Simulation — Group Project

JKUAT, Juja, Kenya — 2024 – Present

- Designed a mock HACCP plan for a food processing unit, applying food safety standards
- Collaborated with peers to ensure regulatory compliance, enhancing teamwork skills

### Nutritional Analysis of Local Foods — Group Project

JKUAT, Juja, Kenya — 2024 – Present

- Analyzed nutritional content of indigenous Kenyan foods, identifying dietary improvement opportunities
- Presented findings to faculty, showcasing data interpretation and communication skills

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## EDUCATION

### Bachelor of Science in Food Science and Nutrition

Jomo Kenyatta University of Agriculture and Technology (JKUAT), Juja, Kenya

September 2024 – December 2028

Relevant Coursework: Food Chemistry, Nutritional Biochemistry, Food Microbiology, Food Processing Technology

**Kenya Certificate of Secondary Education (KCSE)**

Gikuni Secondary School, Kiambu, Kenya

January 2018 – November 2022

**Kenya Certificate of Primary Education (KCPE)**

Wangige Primary School, Kiambu, Kenya

January 2015 – November 2018

**Penicage Primary School**

Kiambu, Kenya – January 2011 – November 2015

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## AWARDS & CERTIFICATIONS

- Certificate in Computer Studies – Kiambu Youth Training College (2023)
- Certificate of Participation – JKUAT Food Science Symposium (2024)
- Leadership Recognition – Gikuni Secondary School (2022)

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## LANGUAGES

- English – Fluent
- Swahili – Fluent