Galvanize Immersive Hacks

Taking Notes and Active Recall

Objectives

By the end of this session, you will be able to...

1. Articulate your personal reason for taking notes

2. Explain the benefits of *Active Recall*

3. Describe a note taking technique that is *Idea Centric,* and encourages you to engage in *Active Recall*

All of these ideas are from Cal Newport and his Study Hacks Blog

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Why do you take notes?

How do the most effective Galvanize students approach note-taking?

"Think of studying as an industrial process. The input is pieces of information delivered to you in the form of lectures and reading assignments. This raw material must be processed into coherent ideas, which unify the information around themes and explanatory theories."

How do the most effective Galvanize students approach note-taking?

- Make your notes *Idea Centric*

- You want to get to writing and explaining code as quickly as possible.

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- What are the benefits of Active Recall?

- How can you use Active Recall during your time in the Immersive Program?

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