

W.I.S.E. APPLICATION

Child's Name: _____

Date of Birth: _____ Grade: _____

Parent(s) name(s): _____

Home Address: _____

Telephone (home): _____

(cell): _____

E-mail: _____

Child's disability/diagnosis (if exists) & concerns:

TUITION:

\$395.00 for the weekend. \$100 deposit required with completed application. If child is accepted, balance is due within 10 days following acceptance notification. Deposit will be refunded only if the child is not accepted or if the responsible party notifies WISE within 10 days following acceptance notification. Please make check payable to:

Please make check payable to:
"BEHAVIOR THERAPY ASSOCIATES"
(credit card payments are also accepted)

Mail application and check to:
Behavior Therapy Associates, P.A.
35 Clyde Road, Suite 101 - Somerset, NJ 08873
Phone: 732-873-1212 Fax: 732-873-2584

A more detailed questionnaire, program information, and directions will be sent once the child is accepted.

Applicants are screened to ensure they are appropriate. Forward a copy of recent IEP, reports/summaries along with your application.

W.I.S.E. Sample Typical Day

Wake up
Breakfast
Social Skills Training
Organized Activity
Morning Swim
Lunch
Organized Activity
Social Skills Training
Snacks
Afternoon Swim
Special Event
Social Skills Training
Dinner
Organized Activity
Social Skills Training
Reward Store Opened
Evening Special Activity
Bedtime

Executive Directors

Michael C. Selbst, Ph.D., BCBA-D

Director - Behavior Therapy Associates
Licensed Psychologist (NJ#3779, PA#9320)
NJ & PA Certified School Psychologist
Board Certified Behavior Analyst - Doctoral

Steven B. Gordon, Ph.D., ABPP

Executive Director - Behavior Therapy Associates
Licensed Psychologist (NJ#936)
Board Certified - Cognitive & Behavioral Psychology



If you have questions, please contact us at
732-873-1212 or email us directly at
info@BehaviorTherapyAssociates.com
www.BehaviorTherapyAssociates.com

Weekend for Improving Social Effectiveness (W.I.S.E.)

A specialized, overnight
fun, recreational and learning
experience for children with
social skills difficulties

(Ages 7-16)

August 4-6, 2017

Friday - Sunday



Sponsored by:
Behavior Therapy Associates, P.A.
Somerset, New Jersey
732-873-1212
at

Briarwood Day Camp

Located in scenic Bucks County, PA
(2 miles North of Routes 413 and 232)
Close to Philadelphia & New Jersey

WHO SHOULD ATTEND?

Does your child have difficulty with:

- *social skills?*
- *making/keeping friends?*
- *managing frustration and other emotions?*
- *acting appropriately in social situations?*
- *resolving conflicts with peers/siblings*
- *paying attention or sitting still?*
- *thinking before acting?*
- *understanding social cues?*

Children's ability to get along with their peers is as important to self-esteem as the ability to meet with academic success in the classroom. The summer affords many children the opportunity for growth in this very important social area. Unfortunately, there are many children who exhibit social-emotional difficulties. As a result, social interactions are often strained.

W.I.S.E. is a specialized weekend, overnight program, started more than 25 years ago, designed for children with social-emotional difficulties, attention problems, high-functioning autism / Asperger's Syndrome, and learning disabilities. Such difficulties often preclude these children from successfully participating in traditional summer programs. No diagnosis is needed to participate.

Children may attend WISE as part of their special education IEP's extended school year (ESY) program depending upon the child's individual needs and IEP team determination.

WHY SOCIAL SKILLS?

Social Skills allow children to initiate and maintain positive relationships with others and contribute to peer acceptance as opposed to rejection. In addition, clinicians and researchers have identified a set of skills which discriminate between socially competent and incompetent children. Clearly, children with limited social effectiveness are at risk for a variety of problems. Thus, they often are in urgent need of instruction in social skills that will improve their social effectiveness.

WHAT WILL GO ON?

The Weekend for Improving Social Effectiveness (WISE) is a recreational & learning weekend designed to provide children with an opportunity to learn a set of social skills within a context of fun and enjoyment.

Beginning with Friday dinner after parent drop-off and ending after Sunday lunch with parent pick-up, WISE consists of Social Skills Training Groups and recreational activities such as swimming, boating, soccer, and arts and crafts. Cooperation is emphasized rather than competition. Social-emotional skills are taught through discussion, demonstration, role play, and reinforcement. Recreational activities provide opportunities to practice applying the newly taught skills in a controlled, supervised situation.

POSITIVE INCENTIVE PROGRAM

The Positive Incentive Program (PIP) provides children positive feedback and points immediately upon demonstrating appropriate behaviors. These points can be used to purchase various items from the PIP Store. As appropriate, individualized reinforcement plans may be developed throughout the weekend.

PARENT INVOLVEMENT

Parents meet with the program director after the Friday 4:30 PM drop-off and then again Sunday at 3:00 PM prior to departure. The 1st meeting provides an overview of the weekend; the 2nd meeting focuses on how parents can help to generalize newly acquired skills to the child's natural environment. Handouts are provided with practical strategies.

MEALS

Wholesome and nourishing meals will be prepared by an experienced chef catering to hearty appetites. Ample snacks will be provided.

*Behavior Therapy Associates
35 Clyde Road - Suite 101
Somerset, NJ 08873
Phone: 732-873-1212*

FACILITIES

Diverse activities & many facilities on well-maintained camp in scenic Bucks County, Pennsylvania

* Cabins * Shower & Toilet Facilities * Indoor Recreation Center * Swimming Pools * Boating * Enclosed Soccer Facility * Ball Fields * Basketball Courts * Arts & Crafts * Game Room * Beach Volleyball * Special Events * Fishing * Large Cafeteria * Social Skills Training * Great Experience * Much More

COUNSELORS

Counselors are carefully chosen based upon their interest & experience in working with children with special needs. They typically include certified teachers, college graduates, & college students, all of whom have experience working with children with special needs. Supervision is priority throughout the program.

Please note that we have found that the program is **not appropriate for students with significant cognitive delays, significant oppositional / defiant behavior, and/or students with a history of aggression or high likelihood of aggression.*



*Behavior Therapy Associates also runs a 5-week daytime Summer Program. The program, **HI-STEP (Helping Improve Social-skills Through Evidence-based Practices)**, has three locations: Scotch Plains, NJ (northern NJ), Pennington, NJ (central NJ) & Marlton (southern NJ). Contact the office for a brochure and more information or email histe@comcast.net*