



# Winter Sports



## **The All-Mountain Skier: The Way To Expert Skiing**

by R. Mark Elling 796.935 Ell 2003 (PBRL)

Elling is certified by the Professional Ski Instructors of America and has written this book to help skiers choose the best equipment and to perform like professionals on the slopes.

## **Anyone Can Be An Expert Skier 1: New Way to Ski**

by Harald R. Harb 796.93 Har (BCRL, MA, PBRL)

Harb shares his innovative Primary Movements Teaching System to teach expert techniques to skiers of all levels.

## **The Art of Snowboarding: Kickers, Carving, Halfpipes and More**

by Jim Smith 796.939 Smi (MA)

Basic as well as advanced level snowboarding skills are included. The book is well illustrated in order to assist readers in seeing the various stages of how each trick is done.

## **The Bombardier Story: Planes, Trains, and Snowmobiles**

By Larry MacDonald 338.7629046 MacD (BCRL, KL, MA)

This is the story of Bombardier's rise to become one of the top aerospace companies in the world.

## **The Complete Book of Figure Skating**

by Carole Shulman 796.912 Shu (BCRL, MA, PBRL)

This book contains instruction for over 100 skills for beginner to advanced figure skaters. Shulman's instructions will help skaters to train, develop programs, and improve competitive performance.

## **The Winter Olympics: An Insider's Guide to the Legends, the Lore, and the Game**

By Ron C. Judd 796.98 Judd (BCRL, MA)

A guide to the winter Olympics.

## **Cross-country skiing and snowshoeing in Ontario, 2<sup>nd</sup> ed.**

by Tracey Ariel 796.9320971. Ari 2005 (MA)

A guide to all the best trails in Ontario.

## **Curling for Dummies**

by Bob Weeks 796.964 Wee (BCRL, PBRL)

From picking your curling club to learning the rules to coaching the game, this book has all the information you need to start curling and/or improve your game.



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## Fit to Ski and Snowboard

by Rocky Snyder

796.93 Sny

(MA)

A variety of exercises is included to assist an individual in preparing for skiing and snowboarding.

## Going for Gold

By Catriona Le May Doan

796.914092 LeMay

(BCRL, MA, PBRL)

The story of Catriona Le May Doan and her rise to become Canada's premier speed skater.

## Hockey: A People's History

by Micheal McKinley

796.962 Hor

(BCRL, PBRL, WO)

This companion book to the CBC aired documentary is a must-read for any Canadian hockey fan.

## Modern Methods in Ice Fishing

By Tom Gruenwald

799.122 Gru

(BCRL, AN, MA)

There's no better resource for ice fishing tips and techniques. There are many great photos to show you how it's done.

## Snowboarding Skills: The Back to Basics Essentials for All Levels

by Cindy Kleh

796.9 Kle

(DC, PBRL)

Anything you want to know about snowboarding can be found in this illustrated guide to the book. A must-read before you hit the hills.

## **FOR KIDS:**

## 100 Games for Winter

By J.M. Allué

J 790.1 All

(PBRL)

Look through a hundred different games for you and your kids to play this winter.

## The Kids Winter Cottage Book

By Jane Drake

J 790.192 Dra

(BCRL, KL, MA, WO, PBRL)

Includes many wonderful ways to enjoy the frosty season, including sports, crafts, and recipes.

## Ice Sports

By Robert Sandelson

J 796.98 San

(MA)

Looks at different sports played on ice.