Diabetes Logbook p. 1

TABLE 1. Diabetes logbook: blood glucose (BG) given in millimolars mM, carbohydrates (CHO), protein (Pro), and fat in grams; Sanofi Apridra as fast-acting insulin analog (Ins) in international units IU.

I	ime	BG	Ins	СНО	Pro	Fat	Remarks
	00:00	4.5					2
	02:00	4.5					3
6	04:00 06:00	4.5 4.5					5
66	06.00	4.5					page test test page test
21–12–1999							test page test t
21-	12:00	4.5					page test test page test te test page test test pag
							test page test test p
	19:00 23:00	4.5 4.5					13 14
	23:30	4.5					15single-entry day
24-12-1999	23:59	4.5					multirow single-entry day page test test page test
2							test test page t
6	00:00	4.5					23
25–12–1999	02:00	4.5					24
Ţ	04:00	4.5					25 26
-12	06:00 12:00	4.5 4.5					26 27
5-	22:00	4.5 4.5					28
2	23:00						29
	00:00	4.5 4.5					30
60	02:00	4.5					31
2–1999	02.00	4.5					32
	06:00	4.5					33
-12	12:00	4.5					34
26-1	22:00	4.5					35
. 1	23:00	4.5					36
	00:00	4.5					37
2–1999	02:00	4.5					38
16	04:00	4.5					39
2-	06:00	4.5					40
Ŧ	12:00	4.5					41
27-13	22:00	4.5					42
	23:00	4.5					43
0	00:00	4.5					44
666	02:00	4.5					45
2–1999	04:00	4.5					46
	06:00	4.5					47
28-	12:00	4.5					48
2	22:00 23:00	4.5 4.5					49 50
	00:00	4.5 4.5					51
66	02:00	4.5					52
29–12–1999	04:00	4.5					53
2_	06:00	4.5					54
<u> </u>	12:00	4.5					55
29.	22:00	4.5					56
	23:00	4.5					57
_	00:00	4.5					58
660	02:00	4.5					59
-19	04:00	4.5					60
30-12-1999	06:00	4.5					61
	12:00	4.5					62
3(	22:00	4.5					63
	23:00	4.5					64
6	00:00	4.5					65
66	02:00	4.5					66
31–12–1999	04:00	4.5					67
12	06:00	4.5					68
-	12:00 22:00	4.5 4.5					69 70
က	23:00	4.5 4.5					70 71
	00:00	4.5					72
8	02:00	4.5					73
500	04:00	4.5					74
7	06:00	4.5					75
01-01-2000	12:00	4.5					76
01-	22:00	4.5					77
	23:00	4.5					78
	00:00	4.5					0

Table 1. cont.

Section   Control   Cont	Ti	ime	BG	Ins	СНО	Pro	Fat	Remarks
10	8							2
10	01–	06:00	4.5					3
10	)2–(							
Section   Color   Co		23:00	4.5					6
2000   4.5   13   14   14   14   14   14   15   15   15	0	00:00						
2000   4.5   13   14   14   14   14   14   15   15   15	-200		4.5					
2000   4.5   13   14   14   14   14   14   15   15   15	01-							
2000   4.5   13   14   14   14   15   16   16   16   16   16   16   16	03-							
Section   Sect		23:00	4.5					
2300   4.5   20   20   20   4.5   21   22   23   24   24   25   25   26   26   26   27   27   27   27   27	00							
2300   4.5   20   20   20   4.5   21   22   23   24   24   25   25   26   26   26   27   27   27   27   27	-20	04:00	4.5					16
2300   4.5   20   20   20   4.5   21   22   23   24   24   25   25   26   26   26   27   27   27   27   27	0							
Section   Sect	04	22:00	4.5					19
20,000   4.5   22								
23:00 4.5 27 00:00 4.5 28 00:00 4.5 30 00:00 4.5 30 00:00 4.5 31 00:00 4.5 32 00:00 4.5 32 00:00 4.5 32 00:00 4.5 35 00:00 4.5 35 00:00 4.5 35 00:00 4.5 35 00:00 4.5 35 00:00 4.5 36 00:00 4.5 37 00:00 4.5 38 00:00 4.5 39 00:00	000	02:00	4.5					22
23:00 4.5 27 00:00 4.5 28 00:00 4.5 30 00:00 4.5 30 00:00 4.5 31 00:00 4.5 32 00:00 4.5 32 00:00 4.5 32 00:00 4.5 35 00:00 4.5 35 00:00 4.5 35 00:00 4.5 35 00:00 4.5 35 00:00 4.5 36 00:00 4.5 37 00:00 4.5 38 00:00 4.5 39 00:00	1–2(	04:00	4.5 4.5					
23:00 4.5 27 00:00 4.5 28 00:00 4.5 30 00:00 4.5 30 00:00 4.5 31 00:00 4.5 32 00:00 4.5 32 00:00 4.5 32 00:00 4.5 35 00:00 4.5 35 00:00 4.5 35 00:00 4.5 35 00:00 4.5 35 00:00 4.5 36 00:00 4.5 37 00:00 4.5 38 00:00 4.5 39 00:00	9-0	12:00	4.5					25
00000   4.5   28   28   27   28   27   28   28   29   20   20   20   20   20   20   20	90	22:00						
23:00		00:00	4.5					28
23:00	500							
23:00	1-2							31
23:00	9-0							
00.00 4.5 36 00.00 4.5 36 00.00 4.5 36 00.00 4.5 38 00.00 4.5 38 00.00 4.5 38 00.00 4.5 38 00.00 4.5 39 00.00 4.5 40 00.00 4.5 40 00.00 4.5 40 00.00 4.5 40 00.00 4.5 40 00.00 4.5 40 00.00 4.5 40 00.00 4.5 40 00.00 4.5 50 00.00	0							
23:00   4.5   41   page test test	0	00:00	4.5					
23:00   4.5   41   page test test	200							
23:00   4.5   41   page test test	)1–:	06:00	4.5					38
23:00   4.5   41   page test test	)/-(							
Test page test test	J							41
00:00		23:59	4.5					test page test test p
23:00 4.5 55 00:00 4.5 56 00:00 4.5 57 00:00 4.5 58 00:00 4.5 58 00:00 4.5 59 12:00 4.5 60 12:00 4.5 61 23:00 4.5 62 00:00 4.5 63 00:00 4.5 63 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 66 00:00 4.5 66 00:00 4.5 67 12:00 4.5 68 23:00 4.5 68 23:00 4.5 69 00:00 4.5 69 00:00 4.5 70 00:00 4.5 72 12:00 4.5 73 12:00 4.5 73 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77	0	00:00	4.5					49
23:00 4.5 55 00:00 4.5 56 00:00 4.5 57 00:00 4.5 58 00:00 4.5 58 00:00 4.5 59 12:00 4.5 60 12:00 4.5 61 23:00 4.5 62 00:00 4.5 63 00:00 4.5 63 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 66 00:00 4.5 66 00:00 4.5 67 12:00 4.5 68 23:00 4.5 68 23:00 4.5 69 00:00 4.5 69 00:00 4.5 70 00:00 4.5 72 12:00 4.5 73 12:00 4.5 73 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77	200	02:00						50 51
23:00 4.5 55 00:00 4.5 56 00:00 4.5 57 00:00 4.5 58 00:00 4.5 58 00:00 4.5 59 12:00 4.5 60 12:00 4.5 61 23:00 4.5 62 00:00 4.5 63 00:00 4.5 63 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 66 00:00 4.5 66 00:00 4.5 67 12:00 4.5 68 23:00 4.5 68 23:00 4.5 69 00:00 4.5 69 00:00 4.5 70 00:00 4.5 72 12:00 4.5 73 12:00 4.5 73 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77	)-(0	06:00	4.5					52
23:00 4.5 55 00:00 4.5 56 00:00 4.5 57 00:00 4.5 58 00:00 4.5 58 00:00 4.5 59 12:00 4.5 60 12:00 4.5 61 23:00 4.5 62 00:00 4.5 63 00:00 4.5 63 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 65 00:00 4.5 66 00:00 4.5 66 00:00 4.5 67 12:00 4.5 68 23:00 4.5 68 23:00 4.5 69 00:00 4.5 69 00:00 4.5 70 00:00 4.5 72 12:00 4.5 73 12:00 4.5 73 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 75 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77 12:00 4.5 77	)-6(	12:00						
02:00       4.5       57         04:00       4.5       58         06:00       4.5       59         10 12:00       4.5       60         22:00       4.5       61         23:00       4.5       62         00:00       4.5       63         02:00       4.5       64         04:00       4.5       65         106:00       4.5       66         23:00       4.5       68         23:00       4.5       69         00:00       4.5       70         00:00       4.5       71         00:00       4.5       72         10:00       4.5       73         12:00       4.5       74         22:00       4.5       75         23:00       4.5       75         22:00       4.5       75         23:00       4.5       75         22:00       4.5       75         22:00       4.5       76		23:00	4.5					55
23:00 4.5 62 00:00 4.5 63 02:00 4.5 64 04:00 4.5 65 06:00 4.5 66 12:00 4.5 67 1 22:00 4.5 68 23:00 4.5 69 00:00 4.5 70 00:00 4.5 70 00:00 4.5 72 12:00 4.5 72 12:00 4.5 72 12:00 4.5 72 12:00 4.5 73 12:00 4.5 73 12:00 4.5 75 23:00 4.5 75 23:00 4.5 75 23:00 4.5 76 00:00 4.5 77 00:00 4.5 78	8		4.5 4.5					57
23:00 4.5 62 00:00 4.5 63 02:00 4.5 64 04:00 4.5 65 06:00 4.5 66 12:00 4.5 67 1 22:00 4.5 68 23:00 4.5 69 00:00 4.5 70 00:00 4.5 70 00:00 4.5 72 12:00 4.5 72 12:00 4.5 72 12:00 4.5 72 12:00 4.5 73 12:00 4.5 73 12:00 4.5 75 23:00 4.5 75 23:00 4.5 75 23:00 4.5 76 00:00 4.5 77 00:00 4.5 78	-200	04:00	4.5					58
23:00 4.5 62 00:00 4.5 63 02:00 4.5 64 04:00 4.5 65 06:00 4.5 66 12:00 4.5 67 1 22:00 4.5 68 23:00 4.5 69 00:00 4.5 70 00:00 4.5 70 00:00 4.5 72 12:00 4.5 72 12:00 4.5 72 12:00 4.5 72 12:00 4.5 73 12:00 4.5 73 12:00 4.5 75 23:00 4.5 75 23:00 4.5 75 23:00 4.5 76 00:00 4.5 77 00:00 4.5 78	- - -							
00:00       4.5       63         00:00       4.5       64         04:00       4.5       65         06:00       4.5       66         12:00       4.5       67         22:00       4.5       68         23:00       4.5       70         00:00       4.5       71         04:00       4.5       72         06:00       4.5       73         12:00       4.5       74         22:00       4.5       75         23:00       4.5       76         00:00       4.5       76         00:00       4.5       77         00:00       4.5       78	10	22:00	4.5					61
00       02:00       4.5       64         04:00       4.5       65		23:00						62
23:00       4.5       69         00:00       4.5       70         02:00       4.5       71         04:00       4.5       72         06:00       4.5       73         12:00       4.5       74         22:00       4.5       75         23:00       4.5       76         00:00       4.5       77         02:00       4.5       78	00	02:00						
23:00       4.5       69         00:00       4.5       70         02:00       4.5       71         04:00       4.5       72         06:00       4.5       73         12:00       4.5       74         22:00       4.5       75         23:00       4.5       76         00:00       4.5       77         02:00       4.5       78	-20	04:00						
23:00       4.5       69         00:00       4.5       70         02:00       4.5       71         04:00       4.5       72         06:00       4.5       73         12:00       4.5       74         22:00       4.5       75         23:00       4.5       76         00:00       4.5       77         02:00       4.5       78	-01	12:00	4.5					
00:00     4.5     70       02:00     4.5     71       04:00     4.5     72       06:00     4.5     73       12:00     4.5     74       22:00     4.5     75       23:00     4.5     76       00:00     4.5     77       02:00     4.5     78	=	22:00	4.5					68
00:00       4.5       71         04:00       4.5       72         06:00       4.5       73         12:00       4.5       74         22:00       4.5       75         23:00       4.5       76         00:00       4.5       77         02:00       4.5       78		00:00	4.5					70
23:00 4.5 76 5 00:00 4.5 77 6 02:00 4.5 78	000	02:00	4.5					71
23:00 4.5 76 5 00:00 4.5 77 6 02:00 4.5 78	1–2							
23:00 4.5 76 5 00:00 4.5 77 6 02:00 4.5 78	2-0	12:00	4.5					74
00:00     4.5       02:00     4.5       78		23:00						76
02:00 4.5 78 04:00 4.5 0	-01	00:00	4.5					77
	13-	04:00						

Table 1. cont.

test page test test p	Ti	ime	BG	Ins	CHO	Pro	Fat	Remarks
1	[							1
Section   Sect	3-0							2
Section   Color   Co	-							
Section   Sect								
10	000							
10	-20							
10	01-							
1	4							
Section   Color   Co	_							
10								
230	200		4.5					
230	-2(							
230	O							
23.00 4.5 18 0000 4.5 19 0000 4.5 20 0000 4.5 22 17300 4.	-5-							
20								18
25	0	00:00	4.5					
25	00							
25	-2							
25	Ö							
25	16		4.5					
2000   45   27		23:00	4.5					25
23.00	0							
23.00	500							
23.00	1–2							
23.00	9							
00000	17	22:00	4.5					31
202.00   4.5   34   35   36   36   37   38   37   37   37   37   37   37								
23:00	0							
23:00	200							
23:00	7							
23:00	9-2	12:00	4.5					37
00:00 4.5 02:00 4.5 04:00 4.5 04:00 4.5 04:00 4.5 04:00 4.5 04:00 4.5 04:00 4.5 04:00 4.5 04:00 4.5 04:00 4.5 04:00 4.5 04:00 4.5 04:00 4.5 06:00	18							
02:00 4.5 04:00 4.5 04:00 4.5 06:00 4.5 00:00								
04:00 4.5 43 page test test page tes								
page test test page t								
12:00   4.5	91							
23:00 4.5 23:30 4.5  90 23:30 4.5  8	01-02-20	12:00	4.5					page test test page t
23:30								51
multirow single-entry day page test test page test								
Do:00 4.5 61  9 00:00 4.5 62  04:00 4.5 63  06:00 4.5 65  22:00 4.5 66  23:00 4.5 67  00:00 4.5 68  00:00 4.5 69  02:00 4.5 69  02:00 4.5 70  04:00 4.5 70  04:00 4.5 70  05:00 4.5 70  06:00 4.5 70  06:00 4.5 70  06:00 4.5 70  06:00 4.5 71  10:00 4.5 72  06:00 4.5 75  06:00 4.5 75  06:00 4.5 75  76  06:00 4.5 75  77  06:00 4.5 75  06:00 4.5 75  78	2016	23:30	4.5					multirow single-entry day page test test page test
00:00       4.5       61         02:00       4.5       62         04:00       4.5       63         06:00       4.5       64         12:00       4.5       65         22:00       4.5       66         23:00       4.5       67         00:00       4.5       69         02:00       4.5       69         04:00       4.5       70         12:00       4.5       71         12:00       4.5       72         02:00       4.5       73         23:00       4.5       74         9       00:00       4.5       75         00:00       4.5       75         02:00       4.5       76         04:00       4.5       77         06:00       4.5       78	04-05-	23:59	4.5					test test page test test page test test page test te test page test test page tes
02:00       4.5       62         04:00       4.5       63         06:00       4.5       64         12:00       4.5       65         22:00       4.5       66         23:00       4.5       67         00:00       4.5       68         02:00       4.5       69         04:00       4.5       70         12:00       4.5       71         12:00       4.5       72         02:200       4.5       73         23:00       4.5       74         9       00:00       4.5       75         00:00       4.5       75         00:00       4.5       75         00:00       4.5       77         06:00       4.5       77         06:00       4.5       78	20							61
23:00 4.5 67 00:00 4.5 68 02:00 4.5 69 04:00 4.5 70 06:00 4.5 71 12:00 4.5 72 22:00 4.5 73 23:00 4.5 74  9 00:00 4.5 75 02:00 4.5 75 02:00 4.5 75 02:00 4.5 75 02:00 4.5 76 04:00 4.5 77 06:00 4.5 77	016	02:00						
23:00 4.5 67 00:00 4.5 68  02:00 4.5 69  04:00 4.5 70  06:00 4.5 71  12:00 4.5 72  22:00 4.5 73  23:00 4.5 73  23:00 4.5 75  00:00 4.5 75  00:00 4.5 75  00:00 4.5 75  00:00 4.5 76  00:00 4.5 77  00:00 4.5 77  00:00 4.5 77	-20							
23:00 4.5 67 00:00 4.5 68  70 02:00 4.5 69  04:00 4.5 70  06:00 4.5 71  12:00 4.5 72  22:00 4.5 73  23:00 4.5 74  9 00:00 4.5 75  102:00 4.5 75  00:00 4.5 76  00:00 4.5 77  00:00 4.5 77  00:00 4.5 77  00:00 4.5 77  00:00 4.5 77	-02							
23:00 4.5 67 00:00 4.5 68  70 02:00 4.5 69  04:00 4.5 70  06:00 4.5 71  12:00 4.5 72  22:00 4.5 73  23:00 4.5 74  9 00:00 4.5 75  10:00 4.5 75  00:00 4.5 75  00:00 4.5 76  00:00 4.5 77  00:00 4.5 77  00:00 4.5 77  00:00 4.5 77	05-	22:00	4.5					
02:00     4.5     69       04:00     4.5     70       06:00     4.5     71       12:00     4.5     72       22:00     4.5     73       23:00     4.5     74       00:00     4.5     75       02:00     4.5     76       04:00     4.5     77       06:00     4.5     78		23:00	4.5					67
23:00 4.5 74  00:00 4.5 75  1 02:00 4.5 76  04:00 4.5 77  06:00 4.5 78	9							
23:00 4.5 74  00:00 4.5 75  1 02:00 4.5 76  04:00 4.5 77  06:00 4.5 78	10		4.5					
23:00 4.5 74  9 00:00 4.5 75  1 02:00 4.5 76  04:00 4.5 77  1 06:00 4.5 78	2–2							71
23:00 4.5 74  00:00 4.5 75  1 02:00 4.5 76  04:00 4.5 77  06:00 4.5 78	-02							72
23:00 4.5 74  00:00 4.5 75  1 02:00 4.5 76  04:00 4.5 77  06:00 4.5 78	90	22:00	4.5					73
7     02:00     4.5     76       8     04:00     4.5     77       1     06:00     4.5     78		23:00	4.5					74
7 02:00 4.5 76 0 04:00 4.5 77 0 06:00 4.5 78	16							75
06:00 4.5 78 012:00 4.5 8	72-							
0 12:00 4.5	7–0							78
12.00 4.3	0	12:00	4.5					0

Table 1. cont.

T	ïme	BG	Ins	CHO	Pro	Fat	Remarks
	22:00 23:00	4.5 4.5					1 2
	00:00	4.5					3
016	02:00	4.5					4
2–2	04:00 06:00	4.5 4.5					5 6
08-02-2016	12:00	4.5					7
08	22:00	4.5					8
	23:00 00:00	4.5 4.5					9 10
116	02:00	4.5					11
-20	04:00	4.5					12 13
09-02-2016	06:00 12:00	4.5 4.5					14
.60	22:00	4.5					15
	23:00 00:00	4.5 4.5					16 17
910	02:00	4.5					18
10-02-2016	04:00	4.5					19
-02	06:00 12:00	4.5 4.5					20 21
10	22:00	4.5					22
	23:00 00:00	4.5 4.5					23 24
910	02:00	4.5					25
11-02-2016	04:00	4.5					26
-05	06:00 12:00	4.5 4.5					27 28
=	22:00	4.5					29
	23:00 00:00	4.5 4.5					30 31
91	02:00	4.5					32
12-02-2016	04:00	4.5					33
-05-	06:00 12:00	4.5 4.5					34 35
12-	22:00	4.5					36
	23:00	4.5					37
16	00:00 02:00	4.5 4.5					38 39
13-02-2016	04:00	4.5					40
-05-	06:00 12:00	4.5 4.5					41 42
-51	22:00	4.5					43
	23:00	4.5					44 45
16	00:00 02:00	4.5 4.5					45
14-02-20	04:00	4.5					47
-05	06:00 12:00	4.5 4.5					48 49
14-	22:00	4.5					50
	23:00	4.5					51 52
910	00:00 02:00	4.5 4.5					53
5-02-2016	04:00	4.5					54
-02	06:00 12:00	4.5 4.5					55 56
15	22:00	4.5					57
	23:00 00:00	4.5 4.5					58 59
916	02:00	4.5					60
16-02-2016	04:00	4.5					61
-02	06:00 12:00	4.5 4.5					62 63
16-	22:00	4.5					64
	23:00 00:00	4.5 4.5					65 66
91	02:00	4.5					67
-20	04:00	4.5					68
17-02-2016	06:00 12:00	4.5 4.5					69 70
17-	22:00	4.5					71
	23:00 00:00	4.5 4.5					72 73
116	02:00	4.5					74
18-02-2016	04:00	4.5					75
-02	06:00 12:00	4.5 4.5					76 77
18-	22:00	4.5					78
	23:00	4.5					0

Table 1. cont.

ll	ime	BG_	Ins	CHO	Pro	Fat	Remarks
19-02-2016	23:59	4.5					page test test page t
<b>S</b>	00:00	4.5					8
016	02:00	4.5					9
20-02-2016	04:00	4.5					10 11
-02	06:00 12:00	4.5 4.5					12
20-	22:00	4.5					13
•	23:00	4.5					14
9	00:00	4.5					15
21-02-2016	02:00	4.5					16
2–2	04:00 06:00	4.5 4.5					17 18
Ö	12:00	4.5					19
21	22:00	4.5					20
	23:00	4.5					21
9	00:00 02:00	4.5 4.5					22 23
22-02-2016	04:00	4.5					24
)2-	06:00	4.5					25
2-0	12:00	4.5					26
2	22:00 23:00	4.5					27 28
	00:00	4.5 4.5					29
16	02:00	4.5					30
-20	04:00	4.5					31
23-02-2016	06:00	4.5					32
3–(	12:00	4.5					33
7	22:00 23:00	4.5 4.5					34 35
	00:00	4.5					36
)16	02:00	4.5					37
-20	04:00	4.5					38
02-	06:00	4.5					39
24-02-2016	12:00 22:00	4.5 4.5					40 41
(1	23:00	4.5					42
5	00:00	4.5					43
-2016	02:00	4.5					44
	04:00 06:00	4.5 4.5					45 46
25-02	12:00	4.5					47
25	22:00	4.5					48
	23:00	4.5					49
9	00:00 02:00	4.5 4.5					50 51
201	04:00	4.5					52
26-02-2016	06:00	4.5					53
9-9	12:00	4.5					54
2	22:00 23:00	4.5 4.5					55 56
	00:00	4.5					57
27-02-2016	02:00	4.5					58
-20	04:00	4.5					59
-02	06:00	4.5					60 61
27-	12:00 22:00	4.5 4.5					62
•	23:00	4.5					63
9	00:00	4.5					64
01	02:00	4.5					65
2–2	04:00 06:00	4.5 4.5					66 67
28-02-2016	12:00	4.5					68
28	22:00	4.5					69
	23:00	4.5					70
9	00:00 02:00	4.5 4.5					71 72
201	04:00	4.5					73
29-02-2016	06:00	4.5					74
0-0	12:00	4.5					75
29	22:00	4.5					76
	23:00 00:35	4.5	3	5	22	45	77
	03:11	6.6	2		LL	70	

Table 1. cont.

	īme	BG	Ins	СНО	Pro	Fat	Remarks
01–02	19:14 20:20		5 4	X 6–	xx 55	xx 120	
0	23:00	0.7	4 14	6– 25	40	100	
19	01:41 03:48	2.7 4.0					
-20	13:50	15.8	14	_	80	80	
02-02-2019	15:14 16:39	10.0 3.5	4 7	5 13–	40 23–	90 55–	
02	21:55	5.4	8				
2	23:26 01:39	2.3	3 5	2 6	25 87	40 120	
5015	03:45 06:10	1.5 5.5					
)2–2	11:59	7.9	7				
03-02-2019	16:19 17:51	8.7 6.7	7				
	21:54	6.5	3				
19	02:17 06:26	6.3 6.5	3				
04-02-19	16:17	2.6					
04-1	21:30 22:08	11.6	9	++			
	23:21	11.3	12		40	40	
-19	02:00 07:30	3.7			40 40	40 10	
06-02-19 05-02-19	15:58 19:18	6.7	3 5	7.5	64	190	
05	20:30		5	7.5	13	26	
-19	00:40 04:00	5.6	3	1	26	52	
-02-	08:21	11.0	12				
-90	17:42 22:15				40	20	
	01:30			3	4	30	
07-02-2019	01:54 04:52	9.3	6 5				
2–2	07:48	3.3		0.0	5.4	00	
7-0	10:42 11:12		5	2.2 5.2	54 10	90 100	
0	12:22 22:08	0.0	5 7 7	13	50	100	
6	00:12	9.9 8.5	8				
08-02-19	00:53 05:03	10.9	13		68	100	
)-8(	10:08	8.8	7				
J	15:55 00:30	7.9 6.3	7 3		30	24	
19	02:22				40	40	
-20	03:13 05:25	6.5 10.8	3 12				
09-02-201	13:04 15:59	8.6 6.4	6 2				
60	20:07	9.2	7				
	21:49 03:04	4.3					
-19	06:28	7.9	6				
10-02-19	08:41 12:20	5.8		3	3	30	
10	13:21 20:42	8.9 4.8	11				
0	04:06	3.7					
2019	10:30 14:10	11.3 3.2	11				
11-02-2019	15:05			4	5	40	
] ] –(	16:13 19:51	3.8 4.3					
	23:23	7.8	5				
12-05-19	10:08 15:40	4.1 4.0				38	
-02	16:23		3	4 1	8 2	80	
12	23:04 23:24				2	20	
6	07:53 10:30	1.6		2 1.5			
13-02-2019	14:27			4.5			
-02-	16:22 18:13	2.1		3			
13-	18:55	5.1		3	60	110	
	19:xx			5	10	100	

Table 1. cont.

<u> </u>	ime 20:45	BG	Ins	СНО	Pro	Fat	Remarks
	05:03	5.5					
	07:00 08:35	0.0	3	4	42	70	
19	11:38		4	4	42	70	
14-02-2019	13:51	3.0					
-05-	17:49 18:33	4.9	5				
14-	20:17		7	19	25	180	
	20:50			6.7	16	55	
	21:24 23:15	1.8		3			
	00:22	4.8					
015	05:38	10.7	- 11				
2–2	07:50 09:08	1.9	4	2	18	45	
15-02-2019	14:54		4	Х	75	120	
15	17:05	4.0	8	13	23	50	
	23:21 07:15	8.9 13.1	5 12				
6	08:55	9.5	7				
2015	10:50 13:55		4	3	27 50	65 50	
2–2	13:55		3		30	30	
16-02-2019	17:34	7.8	3 5				
ř	18:52 20:56	5.2	4				
	23:27		8	13	23	50	
	01:00 07:20	7.4 9.0	5				
19	10:00	7.0	6	1.5	14	30	
17-02-2019	11:23	7.8	5				
-05	14:38 15:15	5.0			37	37	
17-	16:13		2		37	3/	
	17:42	8.2	7				
0.1	21:50 01:10	3.3					
18–02	10:00	3.4					
18	20:20 20:55		1	2 5.2	66 10	45 100	
	00:03	6.0	4 3	5.2	33	15	
-19	09:52	8.1	6	10	40		
9-02-19	11:45 13:14	4.1		10	40	120	
19.	15:14		2				
	19:54 00:xx	5.1			55	70	
	01:11	5.3			55	70	
119	04:16	7.6	5		40	Γ0.	
-20	13:35 13:52	4.2			40	50	
20-02-2019	14:41		3				
20-	17:10 18:44	8.3	12	13	22 36	28 120	
	20:30		4	5	21	65	
	21:27	4.5	,				
19	01:31 04:09	9.2	6 6	6.5	25	50	
21-02-2019	08:50	4.8					
-02-	09:55 14:29	5.4	4 2	4	34	50	
21-	15:49		3	4	34	50	
	22:42	5.3	3 3	4 3	16	32	
19	02:49 03:35	5.3					
22-02-19	10:40	3.8					
75-(	17:31	4.7	7		57	160	
N	20:32 23:40		7 4	8	57 53	120	
6	02:28						
23-02-19	04:44 13:41	9.4 10.0	7 9				
-07	14:28	5.5		3.2	44	70	
$\sim$	15:48	2.3 1.5		9			Hey, this is a link to first entry of 2000-01-07.
Ŋ	18:37						How this is a link to first ontry of $2000.01$

Diabetes Logbook p. 8



Diabetes Logbook p. 9

