#### FORM A: KMC UNIT ADMISSION FORM

**Objective:** To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.

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Hospital Reg. No.: 4172 MCTS No.: --

Baby of: राजरानी

 $\textbf{Date of admission to KMC unit} \ (dd/mm/yyyy): 20/08/2018 \ \textbf{Time of admission} \ (am/pm): 05:43$ 

AM

- 1- BACKGROUND INFORMATION
  - **1.1 Date of Birth** (dd/mm/yyyy): 20/08/2018
  - 1.2 Sex: Female
  - **1.3 Time of Birth** (am/pm): 07:50:00
  - **1.4 Type of admission:** Inborn/ Outborn
  - 1.5 Weight at birth (in grams): 1870 grams
  - **1.6 Place of birth:** On The Way
    - 1.6.1 Name and address of birth facility: Other
  - **1.7 Type of birth:** Normal
  - 1.8 Term of birth: Full Term/ Preterm
  - **1.9 LMP** (first day of last menstrual period dd/mm/yyyy): 20/01/2018
  - **1.10 Gestational age** (in weeks): 30 Weeks
  - 1.11 Weigth of baby at admission to KMC unit (in grams): 1870 grams

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**1.13 Is the Baby stable?** Yes / No

Is the baby on medication at time of admission? (Specify name and dosage)

l.			
2.			

3.	

<b>2-</b> FAMILY DETAIL (Fo	or Follow Up)	
2.1 Name of the m	other: राजरानी	
2.2 Name of the fa	ıther: भगीरथ	
2.3 Name & relation	on of accompanying family mer	mber(s)
राजरानी		Aunty
2.4 Contact detail Phone / Mobile	(At least 2 close contact numb Number	ers) Relations
7860739882 7839726168		राजरानी भगीरथ
<b>2.4.1 Name and</b>	Number of ASHA:	
2.5 Religion: Hind	u	
<b>2.6 Caste:</b> SC		
2.7 Address:		
Rural/Urban: Rura State/Country: Utt District: Rae Bareli Block/ Area/ Muha Gram Sabha-Haml Address: मोतीगंज Pin Code: 229306 Near: मोतीगंज	ar Pradesh, India i	
Signature of Nurs	e at the time of admission.	Signature of Doctor
Swati 15/01/2019 07:14 A	AM	

#### FORM D: DAILY WEIGHT MONITORING FORM

**Objective:** To record the pre-feed weight of the baby admitted in the KMC unit, and compare it with the weight of the previous day and admission weight. To be filled by nurse on duty in the KMC room after weighing.

**Hospital Registration Number: 4172** 

Mother Name: राजरानी

Date of Birth(dd/mm/yyyy): 20/08/2018

Birth Weight(in grams): 1870

Day	Date (dd/mm/yy)	Time of weighing	Weight of baby without clothes (in grams)	Todays weight- yesterdays weight (+,- or unchanged)	Net gain/loss since admission (Todays weight- Admission weight)	Remarks	Nurse Name	Signature or nurse talking weight
1	20/08/2018	5:49 AM	1870				Swati	
2	21/08/2018	2:55 AM	1830	-40	40 loss		Sanno	
3	22/08/2018	2:13 AM	1790	-40	80 loss		Sanno	
4	23/08/2018	1:52 AM	1850	+60	20 loss		Sanno	
5	24/08/2018	1:36 AM	1890	+40	20 gain		Sanno	
6	25/08/2018	2:03 AM	1890	+0	20 gain		Sanno	

Date of discharge(dd/mm/yy):25/08/2018 Weight of discharge(in grams): 2430

Net gain/loss since admission(in grams)(+/-): 560

### **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Monday Hospital Reg. No.: 4172

Date of Birth(dd/mm/yy) : 20/08/2018 Mothers Name: राजरानी

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	7:51 AM	10:30 AM	02:39		Mother	Swati	
2	10:45 AM	12:30 PM	01:45		Mother	Swati	
3	1:00 PM	3:30 PM	02:30		Mother	Mansa	
4	4:00 PM	7:00 PM	03:00		Mother	Mansa	

5	7:19 PM	11:57 PM	04:38		Mother	Sanno	
6	11:28 PM	11:59 PM	00:31		Mother	Sanno	
	Total KMC d	luration in 24	hours (8 am to 8 am)	):			
	15:03						

### **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Tuesday Hospital Reg. No.: 4172

Date of Birth(dd/mm/yy): 20/08/2018 Mothers Name: राजरानी

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:00 AM	2:19 AM	02:19		Mother	Sanno	
2	2:25 AM	4:19 AM	01:54		Mother	Sanno	
3	4:29 AM	7:20 AM	02:51		Mother	Sanno	
4	8:00 AM	11:00 AM	03:00		Mother	Swati	
5	11:15 AM	12:30 PM	01:15		Grand Mother	Swati	
6	1:00 PM	3:00 PM	02:00		Mother	Mansa	
7	3:15 PM	4:50 PM	01:35		Father	Mansa	
8	5:10 PM	7:00 PM	01:50		Mother	Mansa	
9	7:17 PM	10:15 PM	02:58		Mother	Sanno	
	Total KMC d	luration in 24	hours (8 am to 8 am)	:			
	19:42						

### **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Wednesday Hospital Reg. No.: 4172

Date of Birth(dd/mm/yy): 20/08/2018 Mothers Name: राजरानी

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	1:32 AM	4:35 AM	03:03		Mother	Sanno	
2	4:37 AM	6:31 AM	01:54		Mother	Sanno	
3	6:40 AM	8:15 AM	01:35		Mother	Swati	
4	8:20 AM	9:30 AM	01:10		Mother	Swati	
5	9:45 AM	11:20 AM	01:35		Father	Swati	
6	11:25 AM	1:00 PM	01:35		Mother	Swati	
7	1:20 PM	3:30 PM	02:10		Mother	Mansa	
8	3:40 PM	5:15 PM	01:35		Father	Mansa	
9	5:30 PM	7:30 PM	02:00		Mother	Mansa	
10	7:51 PM	11:59 PM	04:08		Mother	Sanno	
	Total KMC d	uration in 24	hours (8 am to 8 am)	:			
	20:45						

## **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Thursday Hospital Reg. No.: 4172

Date of Birth(dd/mm/yy) : 20/08/2018 Mothers Name: राजरानी

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:00 AM	12:45 AM	00:45		Mother	Sanno	
2	12:56 AM	2:53 AM	01:57		Mother	Sanno	
3	3:05 AM	6:16 AM	03:11		Mother	Sanno	
4	6:40 AM	9:00 AM	02:20		Mother	Swati	

5	9:25 AM	11:40 AM	02:15		Father	Swati	
6	12:00 PM	2:20 PM	02:20		Mother	Mansa	
7	2:40 PM	4:30 PM	01:50		Mother	Mansa	
8	4:50 PM	7:30 PM	02:40		Mother	Mansa	
9	7:48 PM	11:51 PM	04:03		Mother	Sanno	
	Total KMC duration in 24 hours (8 am to 8 am):						
	21:21						

### FORM C: DAILY KMC COMPLIANCE FORM

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM ), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Friday Hospital Reg. No.: 4172

Date of Birth(dd/mm/yy): 20/08/2018 Mothers Name: राजरानी

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	2:03 AM	6:03 AM	04:00		Mother	Sanno	
2	6:40 AM	9:30 AM	02:50		Mother	Mandakini	
3	10:00 AM	12:30 PM	02:30		Mother	Mandakini	
4	12:45 PM	1:30 PM	00:45		Mother	Mandakini	
5	2:00 PM	4:30 PM	02:30		Mother	Mansa	
6	4:50 PM	7:00 PM	02:10		Mother	Mansa	
7	7:14 PM	9:34 PM	02:20		Mother	Sanno	
8	9:40 PM	10:58 PM	01:18		Mother	Sanno	
9	11:22 PM	11:59 PM	00:37		Father	Sanno	
	Total KMC d	luration in 24	hours (8 am to 8 am)	):			
	19:00						

### **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Saturday Hospital Reg. No.: 4172

### Date of Birth(dd/mm/yy) : 20/08/2018 Mothers Name: राजरानी

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature			
1	12:00 AM	1:38 AM	01:38		Father	Sanno				
2	1:50 AM	4:36 AM	02:46		Mother	Sanno				
3	4:38 AM	6:36 AM	01:58		Father	Sanno				
4	6:50 AM	8:30 AM	01:40		Father	Mandakini				
5	9:00 AM	11:30 AM	02:30		Father	Mandakini				
6										
7										
8										
Total KMC duration in 24 hours (8 am to 8 am):										
	10:32									

# **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day: Tuesday Hospital Reg. No.: 4172 Date (dd/mm/yyyy): 01/01/1970

Mother Name : राजरानी Baby age(in days): 148 days Total feeding requirement for

the day:

				in whe	l and measu ere applicab	le)	ı		:	Supplem (name			Nurse Signature
S.No.	Time of feeding ( From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		ixed Feedin Formula	g (in ml Other		r:* IV Type In drop/min	Vi t D 3		HM F	Othe r	
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# **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day:	Tuesday	Hospital 1	<b>Reg. No.:</b> 4172	Date (dd/mm/y	<b>yyy)</b> : 01,	/01/1970	
Moth	er Name	: राजरानी	Baby age(in day	y <b>s):</b> 148 days	Total 1	feeding requireme	ent for
the da	ay:						
			Fooding mothed and m	oscuromont			

			Feeding r (fill	in whe	d and meast ere applicab	le)			:	Supplem (name	ents I	Recei	ved	Nurse Signature
S.No.	Time of feeding ( From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		Iixed Feedir Formula	og (in ml Other	In	r:* IV Type In drop/min	Vi t D 3		HM F		Othe r	
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## **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

<b>Day:</b> Tuesday	Hospital Reg. No.: 4172	Date (dd/mm/yy	<b>yy)</b> : 01/01/1970
Mother Name : र	ाजरानी Baby age(in da	<b>ys):</b> 148 days	Total feeding requirement for
the day:			

				in whe	d and meast ere applicab	le)			!	Supplem (name	ents I	Recei	ved	Nurse Signature
S.No.	Time of feeding ( From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		lixed Feedir Formula	g (in ml Other	Othe In ml/hr	r:* IV Type In drop/min	Vi t D 3	Calciu m	HM F		Othe r	3.g
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## **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day: Tuesday Hospital Reg. No.: 4172 Date (dd/mm/yyyy): 01/01/1970

Mother Name : राजरानी Baby age(in days): 148 days Total feeding requirement for

the day: \_\_\_\_\_

			Feeding n (fill	in whe	l and measu ere applicab	le)			!	Supplem (name	ents I	Recei	ved	Nurse Signature
S.No.	Time of feeding ( From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		ixed Feedir Formula	og (in ml Other	In	r:* IV Type In drop/min	Vi t D 3	Calciu m			Othe r	
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## **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day: Tuesday Hospital Reg. No.: 4172 Date (dd/mm/yyyy): 01/01/1970

Mother Name : राजरानी Baby age(in days): 148 days Total feeding requirement for

the day: \_\_\_\_\_

			Feeding n (fill	in whe	d and measuere applicab	le)				Supplem (name	ents I	Recei dose	ved	Nurse Signature
S.No.	Time of feeding ( From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		lixed Feedin Formula	og (in ml	T	r:* IV Type In drop/min	Vi t D		HM F		Othe r	
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## **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day	7 : Tuesday	7 Hospita	<b>l Reg. No.:</b> 4172	Date (d	ld/mm/yyyy)	<b>)</b> : 01/01/3	197	"(	)

Mother Name : राजरानी Baby age(in days): 148 days Total feeding requirement for

the day: \_\_\_\_\_

				l and measu ere applicab				9	Supplem (name			Nurse Signature
S.No.	Time of feeding (From, to)  Direct breast feeding (in min)		Expressed breast feed (EBF) (in ml)	ixed Feedin Formula	og (in ml Other	In	r:* IV Type In drop/min	Vi t D 3	Calciu m		Othe r	
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### **DISCHARGE CHECKLIST FOR KMC UNIT**

Hospital Reg. No.: 4172	MCTS NO.:
Name of mother: राजरानी	Date of discharge :25/08/2018
Number of days spend in k weight on discharge(in gra	KMC room (excluding days spent in SNCU/ NBSU): 148 days ams): 2430 grams
Net weight gain/loss since	admission(in grams): 560
Type of discharge: Dischar	ged by facility staff
In case of referral	
Name and address of facili	ty reffered to:
Reason for referral:	
DISC	CHARGE CHECKLIST FOR KMC UNIT

- **1.** Stable and not on parenteral medication, the baby's general health is good and there is no concurrent disease such as apnoea or infection
- **2.** Maintaining temperature in the KMC position and mother's bed for 3 consecutive days at room temperature
- **3.** Gaining 15–20 grams per day for at least 3 consecutive days
- **4.** Accepting feeds directly from breast (preferable) or by spoon, paladai or cup, he is feeding well, and is exclusively or predominantly breastfed
- **5.** The mother is confident in caring for the baby and is able to come regularly for follow-up visits. At discharge, the mother and family members must be taught to ensure that the infant is nursed in a warm room and is breastfed (Given expressed milk using paladai or cup). They should be adequately told about hygiene, danger signs, follow-up visits, immunization and prompt care seeking at a health facility. KMC should be continued as long as required and baby and mother should not be discharged in a hurry.

Signature of Nurse/Doctor	Signature of Family Member