## FORM A: KMC UNIT ADMISSION FORM

**Objective:** To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

<u>Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.</u>

.....

**Hospital Reg. No.:** 151/1252 **MCTS No.:** 092812701411700024

Baby of: Malati

Date of admission to KMC unit (dd/mm/yyyy): 17/09/2018 Time of admission (am/pm): 05:56

AM

1- BACKGROUND INFORMATION

**1.1 Date of Birth** (dd/mm/yyyy): 17/09/2018

**1.2 Sex:** Male

**1.3 Time of Birth** (am/pm): 07:05:00

**1.4 Type of admission:** Inborn/ Outborn

**1.5 Weight at birth** (in grams): 1820 grams

**1.6 Place of birth:** Hospital

1.6.1 Name and address of birth facility: CHC Dalmau

1.7 Type of birth: Normal

1.8 Term of birth: Full Term/ Preterm

**1.9 LMP** (first day of last menstrual period - dd/mm/yyyy): 01/01/1970

1.10 Gestational age (in weeks): 2542 Weeks

1.11 Weigth of baby at admission to KMC unit (in grams): 1800 grams

1.12

G P		A	L		
5	3	2	3		

**1.13 Is the Baby stable?** Yes / No

Is the baby on medication at time of admission? (Specify name and dosage)

1.	
2.	
2	

<b>2-</b> FAMILY DETAIL (For Follow Up)	
2.1 Name of the mother: Malati	
2.2 Name of the father: Rajesh	
2.3 Name & relation of accompanying family member(s)	
Malati	
2.4 Contact detail (At least 2 close contact numbers) Phone / Mobile Number	Relations
7054725178 9915856697	Malati Rajesh
<b>2.4.1 Name and Number of ASHA:</b> Sunita 7839726662	
2.5 Religion: Hindu	
2.6 Caste: OBC	
2.7 Address:	
Rural/Urban: Rural State/Country: Uttar Pradesh, India District: Rae Bareli Block/ Area/ Muhalla: 2049 Gram Sabha-Hamlet/ House NO.: Chak Malik Bhiti Address: Pure Ram Bakash Po Chilola Dalamau Pin Code: Near:	
Signature of Nurse at the time of admission.	Signature of Doctor
Ku.Anju Kamlaani 14/01/2019 11:36 AM	

#### FORM D: DAILY WEIGHT MONITORING FORM

**Objective:** To record the pre-feed weight of the baby admitted in the KMC unit, and compare it with the weight of the previous day and admission weight. To be filled by nurse on duty in the KMC room after weighing.

**Hospital Registration Number:** 151/1252

Mother Name: Malati Date of Birth(dd/mm/yyyy): 17/09/2018

Birth Weight(in grams): 1820

Day	Date (dd/mm/yy)	Time of weighing	Weight of baby without clothes (in grams)	Todays weight- yesterdays weight (+,- or unchanged)	Net gain/loss since admission (Todays weight- Admission weight)	Remarks	Nurse Name	Signature or nurse talking weight
1	17/09/2018	6:09 AM	1800				Ku.Anju Kamlaani	
2	19/09/2018	4:31 AM	1690	-110	110 loss		Poonam Gupta	
3	22/09/2018	5:11 AM	AM 1760 +70 40 loss		40 loss		Ku.Anju Kamlaani	

Date of discharge(dd/mm/yy):22/09/2018 Weight of discharge(in grams): 1760

Net gain/loss since admission(in grams)(+/-): -60

## FORM C: DAILY KMC COMPLIANCE FORM

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Wednesday Hospital Reg. No.: 151/1252

Date of Birth(dd/mm/yy): 17/09/2018 Mothers Name: Malati

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:00 AM	2:00 AM	02:00		Mother	Poonam Gupta	
2	2:20 AM	4:00 AM	01:40		Mother	Poonam Gupta	
3	4:20 AM	6:00 AM	01:40		Mother	Poonam Gupta	
4	7:00 AM	8:15 AM	01:15		Mother	Poonam Gupta	

5	8:30 AM	9:00 AM	00:30		Mother	Poonam Gupta			
6	10:00 AM	12:30 PM	02:30		Mother	Poonam Gupta			
7	1:15 PM	2:00 PM	00:45		Mother	Poonam Gupta			
8	2:30 PM	3:00 PM	00:30		Mother	Poonam Gupta			
9	3:30 PM	6:00 PM	02:30		Mother	Manish			
10	6:30 PM	8:00 PM	01:30		Mother	Manish			
11	8:30 PM	9:45 PM	01:15		Mother	Srimati Basanti Kumari			
	Total KMC duration in 24 hours (8 am to 8 am):								
	16:05								

# **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Thursday Hospital Reg. No.: 151/1252

Date of Birth(dd/mm/yy): 17/09/2018 Mothers Name: Malati

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	KMC Provider	Nurse Name	Nurse Signature	
1	12:12 AM	2:20 AM	02:08		Mother	Srimati Basanti Kumari	
2	2:30 AM	5:30 AM	03:00		Mother	Srimati Basanti Kumari	
3	6:30 AM	8:00 AM	01:30		Mother	Manish	
4	8:30 AM	9:00 AM	00:30		Aunty	Manish	
5	9:20 AM	10:30 AM	01:10		Mother	Manish	
6	11:00 AM	12:30 AM	13:30		Mother	Manish	
7	1:00 PM	3:00 PM	02:00		Mother	Manish	
8	3:30 PM	5:00 PM	01:30		Mother	Manish	

9	5:20 PM	8:00 PM	02:40		Mother	Manish					
10	8:30 PM	9:00 PM	00:30		Mother	Manish					
11	9:30 PM	11:59 PM	02:29		Mother	Manish					
	Total KMC duration in 24 hours (8 am to 8 am):										
	30:57										

## **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM ), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Friday Hospital Reg. No.: 151/1252

Date of Birth(dd/mm/yy): 17/09/2018 Mothers Name: Malati

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:00 AM	12:00 AM	00:00		Mother	Manish	
2	12:30 AM	2:00 AM	01:30		Mother	Manish	
3	2:30 AM	4:00 AM	01:30		Mother	Manish	
4	4:30 AM	5:00 AM	00:30		Mother	Manish	
5	5:30 AM	8:20 AM	02:50		Mother	Poonam Gupta	
6	8:40 AM	10:00 AM	01:20		Mother	Manish	
7	10:30 AM	1:00 PM	02:30		Mother	Manish	
8	1:30 PM	2:00 PM	00:30		Mother	Manish	
9	2:05 PM	4:00 PM	01:55		Mother	Manish	
10	4:20 PM	6:40 PM	02:20		Mother	Manish	
11	7:00 PM	9:00 PM	02:00		Mother	Srimati Basanti Kumari	
	Total KMC d	luration in 24	hours (8 am to 8 am)	:		•	

## FORM C: DAILY KMC COMPLIANCE FORM

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Saturday Hospital Reg. No.: 151/1252

Date of Birth(dd/mm/yy): 17/09/2018 Mothers Name: Malati

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:30 AM	4:00 AM	03:30		Mother	Srimati Basanti Kumari	
2	4:20 AM	6:00 AM	01:40		Grand Mother	Srimati Basanti Kumari	
3	7:30 AM	8:30 AM	01:00		Mother	Ku.Anju Kamlaani	
4	9:00 AM	9:40 AM	00:40		Mother	Ku.Anju Kamlaani	
5							
6							
7							
8							
	Total KMC d	luration in 24	hours (8 am to 8 am)	:	1		
	06:50						

# **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Monday	Hospital F	<b>Reg. No.:</b> 151/1252	Date (dd/m	<b>m/yyyy)</b> : 01/01/1970
Mother Name :	Malati	Baby age(in days):	120 days	Total feeding requirement for
the day:				

	(From to)		Feeding n (fill	in whe	d and measu ere applicab	le)			Supplements Received (name and dose)				Nurse Signature	
S.No.		feeding Dimentify	Expressed breast feed (EBF) (in ml)		Iixed Feedin Formula	og (in ml	In	r:* IV Type In drop/min	עו	Calciu m	HM F		Othe r	
1									3					
2														
3														
4														
5														
6														
7														
8														
9														
10														
11														

# **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

**Day :** Monday **Hospital Reg. No.:** 151/1252 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Malati Baby age(in days): 120 days Total feeding requirement for

the day: \_\_\_\_\_

	Time of		Feeding n (fill	Other	+ 137 Tr	:	Supplem (name	Nurse Signature						
S.No.	feeding ( From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)	lixed Feedir Formula	Other		In ml/hr	r:* IV Type In drop/min	Vi t D 3	Calciu m	HM F	Iro n	Othe r	
1														
2														
3														
4														
5														
6														
7														
8														
9														
10														
11														

# FORM B: DAILY INTAKE MONITORING RECORD

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

**Day :** Monday **Hospital Reg. No.:** 151/1252 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Malati Baby age(in days): 120 days Total feeding requirement for

the day:

			Feeding r	in whe	ere applicab						Supplem (name	Nurse Signature		
S.No.	Time of feeding ( From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		lixed Feedir Formula	og (in ml		In ml/hr	r:* IV Type In drop/min	Vi t D			Othe r	3
1														
2														
3														
4														
5														
6														
7														
8														
9														
10														
11														

# **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

**Day :** Monday **Hospital Reg. No.:** 151/1252 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Malati Baby age(in days): 120 days Total feeding requirement for

the day: \_\_\_\_\_

		Feeding method and measurement (fill in where applicable)									Supplem (name	Nurse Signature		
S.No.	Time of feeding ( From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		lixed Feedin Formula	Other		In	r:* IV Type In drop/min	Vi t D 3	Calciu m	HM F	 Othe r	Signature
1														
2														
3														
4														
5														

6								
7								
8								
9								
10								
11								

## **DISCHARGE CHECKLIST FOR KMC UNIT**

Hospital Reg. No.: 151/1252 MCTS NO.:								
Name of mother: Malati Date of discharge :22/09/2018								
Number of days spend in KMC room (excluding days spent in SNCU/ NBSU): 119 days weight on discharge(in grams): 1760 grams								
Net weight gain/loss since admission(in grams): -60								
Type of discharge: Discharged by facility staff								
In case of referral								
Name and address of facility reffered to:								
Reason for referral:								
DISCHARGE CHECKLIST FOR KMC UNIT								

- 1. Stable and not on parenteral medication, the baby's general health is good and there is no concurrent disease such as apnoea or infection
- **2.** Maintaining temperature in the KMC position and mother's bed for 3 consecutive days at room temperature
- **3.** Gaining 15-20 grams per day for at least 3 consecutive days
- **4.** Accepting feeds directly from breast (preferable) or by spoon, paladai or cup, he is feeding well, and is exclusively or predominantly breastfed
- **5.** The mother is confident in caring for the baby and is able to come regularly for follow-up visits. At discharge, the mother and family members must be taught to ensure that the infant is nursed in a warm room and is breastfed (Given expressed milk using paladai or cup). They should be adequately told about hygiene, danger signs, follow-up visits, immunization and prompt care seeking at a health facility. KMC should be continued as long as required and baby and mother should not be discharged in a hurry.

Signature of Nurse/Doctor	Signature of Family Member