#### FORM A: KMC UNIT ADMISSION FORM

**Objective:** To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.

\_\_\_\_\_\_

**Hospital Reg. No.:** 6943 MCTS No.: --

Baby of: ज्योती

Date of admission to KMC unit (dd/mm/yyyy): 02/11/2018 Time of admission (am/pm): 11:45

AM

1- BACKGROUND INFORMATION

**1.1 Date of Birth** (dd/mm/yyyy): 02/11/2018

1.2 Sex: Female

**1.3 Time of Birth** (am/pm): 04:02:00

**1.4 Type of admission:** Inborn/ Outborn

1.5 Weight at birth (in grams): 2050 grams

**1.6 Place of birth:** Hospital

**1.6.1 Name and address of birth facility:** CHC Maharajganj

**1.7 Type of birth:** Normal

1.8 Term of birth: Full Term/ Preterm

**1.9 LMP** (first day of last menstrual period - dd/mm/yyyy): 27/02/2018

1.10 Gestational age (in weeks): 35 Weeks

1.11 Weigth of baby at admission to KMC unit (in grams): 2050 grams

1.12

| G | P | A | L |
|---|---|---|---|
| 1 | 1 | 0 | 1 |

**1.13 Is the Baby stable?** Yes / No

Is the baby on medication at time of admission? (Specify name and dosage)

| Ι. |  |
|----|--|
| 2. |  |

3. \_\_\_\_\_

| 2- | FAMILY DETAIL (For Follow Up)   |                     |
|----|---|---------------------|
|    | 2.1 Name of the mother: ज्योती  |                     |
|    | 2.2 Name of the father: सत्यनाम   |                     |
|    | 2.3 Name & relation of accompanying family member(s)  |                     |
|    | ज्योती  | Mother              |
|    | 2.4 Contact detail (At least 2 close contact numbers) Phone / Mobile Number   | Relations           |
|    | 8601615141<br>9565423278  | ज्योती<br>सत्यनाम   |
|    | 2.4.1 Name and Number of ASHA:  |                     |
|    | 2.5 Religion: Hindu   |                     |
|    | <b>2.6 Caste:</b> SC  |                     |
|    | 2.7 Address:  |                     |
|    | Rural/Urban: Rural State/Country: Uttar Pradesh, India District: Rae Bareli Block/ Area/ Muhalla: 2056 Gram Sabha-Hamlet/ House NO.: Majhigawan Address: मझिगंवा Pin Code: 229103 Near: मझिगवां |                     |
|    | Signature of Nurse at the time of admission.  | Signature of Doctor |
|    | Sanno<br>15/01/2019 06:26 AM  |                     |

#### FORM D: DAILY WEIGHT MONITORING FORM

**Objective:** To record the pre-feed weight of the baby admitted in the KMC unit, and compare it with the weight of the previous day and admission weight. To be filled by nurse on duty in the KMC room after weighing.

**Hospital Registration Number:** 6943

Mother Name: ज्योती Date of Birth(dd/mm/yyyy): 02/11/2018

Birth Weight(in grams): 2050

| Day | Date<br>(dd/mm/yy) | Time of<br>weighing | Weight of<br>baby<br>without<br>clothes<br>(in<br>grams) | Todays weight- yesterdays weight (+,- or unchanged) | Net gain/loss since admission (Todays weight- Admission weight) | Remarks | Nurse<br>Name | Signature<br>or nurse<br>talking<br>weight |
|-----|--------------------|---------------------|--|---|---|---------|---------------|--|
| 1   | 02/11/2018         | 11:46 AM            | 2050   |   |   |         | Sanno         |  |
| 2   | 04/11/2018         | 3:14 AM             | 1930   | -120  | 120 loss  |         | Sanno         |  |

Date of discharge(dd/mm/yy):04/11/2018 Weight of discharge(in grams): 1090

Net gain/loss since admission(in grams)(+/-): -960

#### **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Friday Hospital Reg. No.: 6943

Date of Birth(dd/mm/yy): 02/11/2018 Mothers Name: ज्योती

| S.No | Starting<br>time<br>of KMC | Stopping<br>time<br>of KMC | Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes) | Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.) | KMC<br>Provider | Nurse<br>Name | Nurse<br>Signature |
|------|----------------------------|----------------------------|---|---|-----------------|---------------|--------------------|
| 1    | 4:02 PM                    | 5:30 PM                    | 01:28   |   | Mother          | Sanno         |                    |
| 2    | 5:43 PM                    | 7:32 PM                    | 01:49   |   | Mother          | Sanno         |                    |
| 3    |                            |                            |   |   |                 |               |                    |
| 4    |                            |                            |   |   |                 |               |                    |
| 5    |                            |                            |   |   |                 |               |                    |
| 6    |                            |                            |   |   |                 |               |                    |
| 7    |                            |                            |   |   |                 |               |                    |

| 8 |  |  |  |  |  |  |  |  |  |  |  |  |
|---|--|--|--|--|--|--|--|--|--|--|--|--|
|   | Total KMC duration in 24 hours (8 am to 8 am): |  |  |  |  |  |  |  |  |  |  |  |
|   | 03:17  |  |  |  |  |  |  |  |  |  |  |  |

#### **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM ), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Saturday Hospital Reg. No.: 6943

Date of Birth(dd/mm/yy) : 02/11/2018 Mothers Name: ज्योती

| S.No | Starting<br>time<br>of KMC | Stopping<br>time<br>of KMC | Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes) | Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.) | KMC<br>Provider | Nurse<br>Name | Nurse<br>Signature |
|------|----------------------------|----------------------------|---|---|-----------------|---------------|--------------------|
| 1    | 12:01 AM                   | 2:01 AM                    | 02:00   |   | Mother          | Mandakini     |                    |
| 2    | 2:20 AM                    | 4:01 AM                    | 01:41   |   | Mother          | Mandakini     |                    |
| 3    | 4:30 AM                    | 6:01 AM                    | 01:31   |   | Mother          | Mandakini     |                    |
| 4    | 6:20 AM                    | 7:01 AM                    | 00:41   |   | Mother          | Mandakini     |                    |
| 5    | 7:20 AM                    | 8:25 AM                    | 01:05   |   | Mother          | Swati         |                    |
| 6    | 8:35 AM                    | 10:15 AM                   | 01:40   |   | Mother          | Swati         |                    |
| 7    | 10:25 AM                   | 11:50 AM                   | 01:25   |   | Mother          | Swati         |                    |
| 8    | 12:15 PM                   | 1:11 PM                    | 00:56   |   | Mother          | Swati         |                    |
| 9    | 1:25 PM                    | 1:55 PM                    | 00:30   |   | Mother          | Swati         |                    |
| 10   | 2:01 PM                    | 3:12 PM                    | 01:11   |   | Mother          | Sanno         |                    |
| 11   | 3:18 PM                    | 6:01 PM                    | 02:43   |   | Mother          | Sanno         |                    |
| 12   | 6:58 PM                    | 7:50 PM                    | 00:52   |   | Mother          | Sanno         |                    |
| 13   | 9:00 PM                    | 9:10 PM                    | 00:10   |   | Mother          | Sanno         |                    |
| 14   | 10:57 PM                   | 11:25 PM                   | 00:28   |   | Mother          | Sanno         |                    |
|      | Total KMC d                | luration in 24             | hours (8 am to 8 am)  | ):  |                 |               |                    |
|      | 16:53                      |                            |   |   |                 |               |                    |

#### FORM C: DAILY KMC COMPLIANCE FORM

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM ), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Sunday Hospital Reg. No.: 6943

Date of Birth(dd/mm/yy) : 02/11/2018 Mothers Name: ज्योती

| S.No | Starting<br>time<br>of KMC | Stopping<br>time<br>of KMC | Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes) | Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.) | KMC<br>Provider | Nurse<br>Name | Nurse<br>Signature |
|------|----------------------------|----------------------------|---|---|-----------------|---------------|--------------------|
| 1    | 12:40 AM                   | 1:58 AM                    | 01:18   |   | Mother          | Sanno         |                    |
| 2    | 2:58 AM                    | 4:00 AM                    | 01:02   |   | Mother          | Sanno         |                    |
| 3    | 5:50 AM                    | 6:49 AM                    | 00:59   |   | Mother          | Sanno         |                    |
| 4    | 8:30 AM                    | 9:30 AM                    | 01:00   |   | Mother          | Mandakini     |                    |
| 5    |                            |                            |   |   |                 |               |                    |
| 6    |                            |                            |   |   |                 |               |                    |
| 7    |                            |                            |   |   |                 |               |                    |
| 8    |                            |                            |   |   |                 |               |                    |
|      | Total KMC of 04:19         | luration in 24             | hours (8 am to 8 am)  | :   | •               |               |                    |

# **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day: Tuesday Hospital Reg. No.: 6943 Date (dd/mm/yyyy): 01/01/1970

Mother Name : ज्योती Baby age(in days): 74 days Total feeding requirement for

the day: \_\_\_\_\_

|       |                                   |                                   |   | l and measu<br>ere applicab |                    |    |                            |                   | Supplem<br>(name |         |               | Nurse<br>Signature |  |
|-------|-----------------------------------|-----------------------------------|---|-----------------------------|--------------------|----|----------------------------|-------------------|------------------|---------|---------------|--------------------|--|
| S.No. | Time of<br>feeding<br>( From, to) | Direct breast<br>feeding (in min) | Expressed breast<br>feed (EBF) (in<br>ml) | ixed Feedin<br>Formula      | og (in ml<br>Other | In | r:* IV Type<br>In drop/min | Vi<br>t<br>D<br>3 | Calciu<br>m      | HM<br>F | <br>Othe<br>r |                    |  |
| 1     |                                   |                                   |   |                             |                    |    |                            |                   |                  |         |               |                    |  |
| 2     |                                   |                                   |   |                             |                    |    |                            |                   |                  |         |               |                    |  |
| 3     |                                   |                                   |   |                             |                    |    |                            |                   |                  |         |               |                    |  |
| 4     |                                   |                                   |   |                             |                    |    |                            |                   |                  |         |               |                    |  |
| 5     |                                   |                                   |   |                             |                    |    |                            |                   |                  |         |               |                    |  |

| 6  |  |  |  |  |  |  |  |  |
|----|--|--|--|--|--|--|--|--|
| 7  |  |  |  |  |  |  |  |  |
| 8  |  |  |  |  |  |  |  |  |
| 9  |  |  |  |  |  |  |  |  |
| 10 |  |  |  |  |  |  |  |  |
| 11 |  |  |  |  |  |  |  |  |

# **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

| Day: Tuesday | Hospital Reg. No.: 6943 | Date (dd/m          | <b>nm/yyyy)</b> : 01/01/1970  |
|--------------|-------------------------|---------------------|-------------------------------|
| Mother Name: | ज्योती Baby age(in day  | <b>ys):</b> 74 days | Total feeding requirement for |
| the day:     |                         |                     |                               |

|       |                                   |                                   | Feeding r<br>(fill                        | in whe | d and meast<br>ere applicab | le)                | ı                   |                            | Supplements Received (name and dose) |             |  | Nurse<br>Signature |  |
|-------|-----------------------------------|-----------------------------------|---|--------|-----------------------------|--------------------|---------------------|----------------------------|--------------------------------------|-------------|--|--------------------|--|
| S.No. | Time of<br>feeding<br>( From, to) | Direct breast<br>feeding (in min) | Expressed breast<br>feed (EBF) (in<br>ml) |        | Iixed Feedir<br>Formula     | og (in ml<br>Other | Othe<br>In<br>ml/hr | r:* IV Type<br>In drop/min | Vi<br>t<br>D                         | Calciu<br>m |  |                    |  |
| 1     |                                   |                                   |   |        |                             |                    |                     |                            |                                      |             |  |                    |  |
| 2     |                                   |                                   |   |        |                             |                    |                     |                            |                                      |             |  |                    |  |
| 3     |                                   |                                   |   |        |                             |                    |                     |                            |                                      |             |  |                    |  |
| 4     |                                   |                                   |   |        |                             |                    |                     |                            |                                      |             |  |                    |  |
| 5     |                                   |                                   |   |        |                             |                    |                     |                            |                                      |             |  |                    |  |
| 6     |                                   |                                   |   |        |                             |                    |                     |                            |                                      |             |  |                    |  |
| 7     |                                   |                                   |   |        |                             |                    |                     |                            |                                      |             |  |                    |  |
| 8     |                                   |                                   |   |        |                             |                    |                     |                            |                                      |             |  |                    |  |
| 9     |                                   |                                   |   |        |                             |                    |                     |                            |                                      |             |  |                    |  |
| 10    |                                   |                                   |   |        |                             |                    |                     |                            |                                      |             |  |                    |  |
| 11    |                                   |                                   |   |        |                             |                    |                     |                            |                                      |             |  |                    |  |

# **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

| Day: Tuesday    | Hospital Reg. No.: 6943 | Date (dd/mn            | <b>n/yyyy)</b> : 01/01/1970   |
|-----------------|-------------------------|------------------------|-------------------------------|
| Mother Name : জ | पोती Baby age(in d      | l <b>ays):</b> 74 days | Total feeding requirement for |
| the day:        |                         |                        |                               |

|       |                                   |                                   | Feeding method and measurement<br>(fill in where applicable) |  |                         |                    |  | Supplements Received (name and dose) |                            |                   |             |         | Nurse<br>Signature |           |  |
|-------|-----------------------------------|-----------------------------------|--|--|-------------------------|--------------------|--|--------------------------------------|----------------------------|-------------------|-------------|---------|--------------------|-----------|--|
| S.No. | Time of<br>feeding<br>( From, to) | Direct breast<br>feeding (in min) | Expressed breast<br>feed (EBF) (in<br>ml)                    |  | lixed Feedin<br>Formula | og (in ml<br>Other |  | T                                    | r:* IV Type<br>In drop/min | Vi<br>t<br>D<br>3 | Calciu<br>m | HM<br>F |                    | Othe<br>r |  |
| 1     |                                   |                                   |  |  |                         |                    |  |                                      |                            |                   |             |         |                    |           |  |
| 2     |                                   |                                   |  |  |                         |                    |  |                                      |                            |                   |             |         |                    |           |  |
| 3     |                                   |                                   |  |  |                         |                    |  |                                      |                            |                   |             |         |                    |           |  |
| 4     |                                   |                                   |  |  |                         |                    |  |                                      |                            |                   |             |         |                    |           |  |
| 5     |                                   |                                   |  |  |                         |                    |  |                                      |                            |                   |             |         |                    |           |  |
| 6     |                                   |                                   |  |  |                         |                    |  |                                      |                            |                   |             |         |                    |           |  |
| 7     |                                   |                                   |  |  |                         |                    |  |                                      |                            |                   |             |         |                    |           |  |
| 8     |                                   |                                   |  |  |                         |                    |  |                                      |                            |                   |             |         |                    |           |  |
| 9     |                                   |                                   |  |  |                         |                    |  |                                      |                            |                   |             |         |                    |           |  |
| 10    |                                   |                                   |  |  |                         |                    |  |                                      |                            |                   |             |         |                    |           |  |
| 11    |                                   |                                   |  |  |                         |                    |  |                                      |                            |                   |             |         |                    |           |  |

### DISCHARGE CHECKLIST FOR KMC UNIT

| Hospital Reg. No.: 6943                                 | MCTS NO.:   |
|---|---|
| Name of mother: ज्योती                                  | Date of discharge: 04/11/2018   |
| Number of days spend in I<br>weight on discharge(in gra | KMC room (excluding days spent in SNCU/ NBSU): 74 days ams): 1090 grams |
| Net weight gain/loss since                              | admission(in grams): -960   |
| Type of discharge : Dischar                             | rged by facility staff  |
| In case of referral                                     |   |
| Name and address of facil                               | ity reffered to:  |
| Reason for referral:                                    |   |
| DIS   | CHARGE CHECKLIST FOR KMC UNIT   |

- **1.** Stable and not on parenteral medication, the baby's general health is good and there is no concurrent disease such as apnoea or infection
- ${f 2.}$  Maintaining temperature in the KMC position and mother's bed for 3 consecutive days at room temperature
- **3.** Gaining 15-20 grams per day for at least 3 consecutive days

| <b>4.</b> Accepting feeds directly from breast (preferable) or by spoon, pal and is exclusively or predominantly breastfed   | ladai or cup, he is feeding well,  |
|--|--|
| 5. The mother is confident in caring for the baby and is able to come discharge, the mother and family members must be taught to ensure warm room and is breastfed (Given expressed milk using paladai or told about hygiene, danger signs, follow-up visits, immunization and facility. KMC should be continued as long as required and baby and discharged in a hurry. | e that the infant is nursed in a cup). They should be adequately prompt care seeking at a health |
| Signature of Nurse/Doctor  | Signature of Family Member   |