FORM A: KMC UNIT ADMISSION FORM

Objective: To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.

Hospital Reg. No.: 202/1562   **MCTS No.:** --

Baby of: Anita

Date of admission to KMC unit (dd/mm/yyyy): 29/10/2018 **Time of admission** (am/pm): 11:50 AM

1- BACKGROUND INFORMATION

    1.1 Date of Birth (dd/mm/yyyy): 27/10/2018

    1.2 Sex: Female

    1.3 Time of Birth (am/pm): 10:25:00

    1.4 Type of admission: Inborn/ Outborn

    1.5 Weight at birth (in grams): 1790 grams

    1.6 Place of birth: Hospital

      1.6.1 Name and address of birth facility: CHC Dalmau

    1.7 Type of birth: Normal

    1.8 Term of birth: Full Term/ Preterm

    1.9 LMP (first day of last menstrual period - dd/mm/yyyy): 25/02/2018

    1.10 Gestational age (in weeks): 35 Weeks

    1.11 Weigth of baby at admission to KMC unit (in grams): 1790 grams

    1.12

G	P	A	L
1	1	0	1

    1.13 Is the Baby stable?   Yes / No
Is the baby on medication at time of admission? (Specify name and dosage)
1. _____
2. _____
3. _____

2- FAMILY DETAIL (For Follow Up)

2.1 Name of the mother: Anita

2.2 Name of the father: Mukesh

2.3 Name & relation of accompanying family member(s)

Anita   Mother

2.4 Contact detail (At least 2 close contact numbers)
Phone / Mobile Number   **Relations**

8881070588   Anita
8881070588   Mukesh

2.4.1 Name and Number of ASHA: _____   _____

2.5 Religion: Hindu

2.6 Caste: ST

2.7 Address:

Rural/Urban: Rural
State/Country: Uttar Pradesh, India
District: Rae Bareli
Block/ Area/ Muhalla: 2050
Gram Sabha-Hamlet/ House NO.: Alipur Chakrai
Address: Pureziledaar Alipur Chakrai
Pin Code: _____
Near: _____

Signature of Nurse at the time of admission.   **Signature of Doctor**

Poonam Gupta   _____
01/11/2018 06:17 AM

FORM D : DAILY WEIGHT MONITORING FORM

Objective: To record the pre-feed weight of the baby admitted in the KMC unit,and compare it with the weight of the previous day and admission weight.To be filled by nurse on duty in the KMC room after weighing.

Hospital Registration Number: 202/1562

Mother Name: Anita

Date of Birth(dd/mm/yyyy): 27/10/2018

Birth Weight(in grams): 1790

Day	Date (dd/mm/yy)	Time of weighing	Weight of baby without clothes (in grams)	Todays weight-yesterdays weight (+,- or unchanged)	Net gain/loss since admission (Todays weight-Admission weight)	Remarks	Nurse Name	Signature or nurse talking weight
1	29/10/2018	12:01 PM	1790				Poonam Gupta	
2	30/10/2018	10:34 AM	1710	-80	80 loss		Poonam Gupta	
3	31/10/2018	3:35 AM	1790	+80	0 gain		Poonam Gupta	
4	01/11/2018	4:28 AM	1820	+30	30 gain		Manish	

Date of discharge(dd/mm/yy):01/11/2018 **Weight of discharge(in grams):** 1855

Net gain/loss since admission(in grams)(+/-): 65

FORM C: DAILY KMC COMPLIANCE FORM

Objective: To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Monday **Hospital Reg. No.:** 202/1562

Date of Birth(dd/mm/yy) : 27/10/2018 **Mothers Name:** Anita

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:00 AM	12:30 AM	00:30		Mother	Poonam Gupta	
2	12:40 AM	3:10 AM	02:30		Mother	Poonam Gupta	
3	5:01 AM	6:01 AM	01:00		Mother	Poonam Gupta	
4	6:30 AM	8:10 AM	01:40		Mother	Poonam Gupta	

5	8:40 AM	10:01 AM	01:21		Mother	Poonam Gupta	
6	10:30 AM	2:20 PM	03:50		Mother	Poonam Gupta	
7	2:40 PM	3:50 PM	01:10		Mother	Poonam Gupta	
8	4:05 PM	6:35 PM	02:30		Mother	Poonam Gupta	
9	6:45 PM	7:15 PM	00:30		Mother	Poonam Gupta	
10	11:01 PM	11:59 PM	00:58		Mother	Poonam Gupta	
	Total KMC duration in 24 hours (8 am to 8 am): 15:59						

FORM C: DAILY KMC COMPLIANCE FORM

Objective: *To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver*

Day: Sunday **Hospital Reg. No.:** 202/1562

Date of Birth(dd/mm/yy) : 27/10/2018 **Mothers Name:** Anita

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:00 AM	11:59 PM	23:59		Mother	Poonam Gupta	
2							
3							
4							
5							
6							
7							
8							
	Total KMC duration in 24 hours (8 am to 8 am): 23:59						

FORM C: DAILY KMC COMPLIANCE FORM

Objective: *To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver*

Day: Tuesday **Hospital Reg. No.:** 202/1562

Date of Birth(dd/mm/yy) : 27/10/2018 **Mothers Name:** Anita

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:00 AM	2:00 AM	02:00		Mother	Poonam Gupta	
2	2:30 AM	6:00 AM	03:30		Mother	Poonam Gupta	
3	6:15 AM	7:30 AM	01:15		Mother	Poonam Gupta	
4	8:45 AM	10:30 AM	01:45		Mother	Poonam Gupta	
5	11:01 AM	12:30 PM	01:29		Mother	Poonam Gupta	
6	1:01 PM	2:01 PM	01:00		Mother	Poonam Gupta	
7	2:20 PM	3:01 PM	00:41		Mother	Manish	
8	3:30 PM	7:55 PM	04:25		Mother	Manish	
9	8:01 PM	9:30 PM	01:29		Mother	Srimati Chintamani Pal	
10	10:01 PM	11:59 PM	01:58		Mother	Poonam Gupta	
	Total KMC duration in 24 hours (8 am to 8 am): 19:32						

FORM C: DAILY KMC COMPLIANCE FORM

Objective: *To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver*

Day: Wednesday **Hospital Reg. No.:** 202/1562

Date of Birth(dd/mm/yy) : 27/10/2018 **Mothers Name:** Anita

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:00 AM	12:30 AM	00:30		Mother	Poonam Gupta	
2	1:02 AM	3:30 AM	02:28		Mother	Poonam Gupta	
3	4:10 AM	6:30 AM	02:20		Mother	Poonam Gupta	
4	7:00 AM	8:15 AM	01:15		Mother	Poonam Gupta	
5	8:40 AM	1:00 PM	04:20		Mother	Poonam Gupta	
6	1:10 PM	4:01 PM	02:51		Mother	Manish	
7	4:50 PM	6:01 PM	01:11		Mother	Manish	
8	6:30 PM	7:33 PM	01:03		Mother	Manish	
9	12:00 AM	1:01 AM	01:01		Mother	Manish	
	Total KMC duration in 24 hours (8 am to 8 am): 16:59						

FORM C: DAILY KMC COMPLIANCE FORM

Objective: *To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver*

Day: Thursday **Hospital Reg. No.:** 202/1562

Date of Birth(dd/mm/yy) : 27/10/2018 **Mothers Name:** Anita

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:01 AM	11:59 PM	23:58		Mother	Manish	
2							
3							

4									
5									
6									
7									
8									
	Total KMC duration in 24 hours (8 am to 8 am): 23:58								

FORM B: DAILY INTAKE MONITORING RECORD

Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Thursday   **Hospital Reg. No.:** 202/1562   **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Anita   **Baby age(in days):** 5 days   **Total feeding requirement for the day**: _____

S.No.	Time of feeding (From, to)	Feeding method and measurement (fill in where applicable)								Supplements Received (name and dose)					Nurse Signature
		Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)	Mixed Feeding (in ml)				Other:* IV Type		Vit D3	Calcium	HMF	Iron	Other	
				EBF	Formula	Other	Net	In ml/hr	In drop/min						
1															
2															
3															
4															
5															
6															
7															
8															
9															
10															
11															

FORM B: DAILY INTAKE MONITORING RECORD

Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Thursday   **Hospital Reg. No.:** 202/1562   **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Anita   **Baby age(in days):** 5 days   **Total feeding requirement for the day**: _____

S.No.	Time of feeding (From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)	Mixed Feeding (in ml)				Other:* IV Type		Supplements Received (name and dose)					Nurse Signature
				EBF	Formula	Other	Net	In ml/hr	In drop/min	Vit D3	Calcium	HMF	Iron	Other	
1															
2															
3															
4															
5															
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7															
8															
9															
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11															

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Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Thursday   **Hospital Reg. No.:** 202/1562   **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Anita   **Baby age(in days):** 5 days   **Total feeding requirement for the day**: _____

S.No.	Time of feeding (From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)	Mixed Feeding (in ml)				Other:* IV Type		Supplements Received (name and dose)					Nurse Signature
				EBF	Formula	Other	Net	In ml/hr	In drop/min	Vit D3	Calcium	HMF	Iron	Other	
1															
2															
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11														

FORM B: DAILY INTAKE MONITORING RECORD

Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Thursday   **Hospital Reg. No.:** 202/1562   **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Anita   **Baby age(in days):** 5 days   **Total feeding requirement for the day**: _____

S.No.	Time of feeding (From, to)	Feeding method and measurement (fill in where applicable)									Supplements Received (name and dose)					Nurse Signature
		Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)	Mixed Feeding (in ml)				Other:* IV Type		Vit D3	Calcium	HMF	Iron	Other	
				EBF	Formula	Other	Net	In ml/hr	In drop/min						
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FORM B: DAILY INTAKE MONITORING RECORD

S.No.	Time of feeding (From, to)	Feeding method and measurement (fill in where applicable)									Supplements Received (name and dose)					Nurse Signature
		Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)	Mixed Feeding (in ml)				Other:* IV Type		Vit D3	Calcium	HMF	Iron	Other	
				EBF	Formula	Other	Net	In ml/hr	In drop/min						
1															
2															
3															

4																	
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6																	
7																	
8																	
9																	
10																	
11																	

DISCHARGE CHECKLIST FOR KMC UNIT

Hospital Reg. No.: 202/1562   **MCTS NO.**:

Name of mother: Anita   **Date of discharge :**01/11/2018

Number of days spend in KMC room (excluding days spent in SNCU/ NBSU): 3 days
weight on discharge(in grams): 1855 grams

Net weight gain/loss since admission(in grams): 65

Type of discharge : Discharged by facility staff

In case of referral

Name and address of facility reffered to:

Reason for referral: _____

DISCHARGE CHECKLIST FOR KMC UNIT

1. Stable and not on parenteral medication, the baby's general health is good and there is no concurrent disease such as apnoea or infection

2. Maintaining temperature in the KMC position and mother's bed for 3 consecutive days at room temperature

3. Gaining 15–20 grams per day for at least 3 consecutive days

4. The mother is confident in caring for the baby and is able to come regularly for follow-up visits. At discharge, the mother and family members must be taught to ensure that the infant is nursed in a warm room and is breastfed (Given expressed milk using paladai or cup). They should be adequately told about hygiene, danger signs, follow-up visits, immunization and prompt care seeking at a health facility. KMC should be continued as long as required and baby and mother should not be discharged in a hurry.

_____   _____

Signature of Nurse/Doctor   Signature of Family Member