# FORM A: KMC UNIT ADMISSION FORM

**Objective:** To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

***Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.***

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**Hospital Reg. No.:** 35/843 **MCTS No.:** --

**Baby of:** Komal

**Date of admission to KMC unit** (dd/mm/yyyy): 10/08/2018 **Time of admission** (am/pm): 10:56 AM

**1-** BACKGROUND INFORMATION

**1.1 Date of Birth** (dd/mm/yyyy): 04/08/2018

**1.2 Sex:** Female

**1.3 Time of Birth** (am/pm): 22:45:00

**1.4 Type of admission:** Inborn/ Outborn

**1.5 Weight at birth** (in grams): 1770 grams

**1.6 Place of birth:** Hospital

**1.6.1 Name and address of birth facility:** CHC Dalmau

**1.7 Type of birth:** Normal

**1.8 Term of birth:** Full Term/ Preterm

**1.9 LMP** (first day of last menstrual period - dd/mm/yyyy): 01/01/1970

**1.10 Gestational age** (in weeks): 2535 Weeks

**1.11 Weigth of baby at admission to KMC unit** (in grams): 1690 grams

**1.12**

| G | P | A | L |
|---|---|---|---|
| 1 | 1 | 0 | 1 |

**1.13 Is the Baby stable?** Yes / No

Is the baby on medication at time of admission? (Specify name and dosage)

1. _____
2. _____
3. _____

**2-** FAMILY DETAIL (For Follow Up)

**2.1 Name of the mother:** Komal

**2.2 Name of the father:** Ramshanker

**2.3 Name & relation of accompanying family member(s)**

| | |
|---|---|
| Komal | Mother |

**2.4 Contact detail (At least 2 close contact numbers)**

| **Phone / Mobile Number** | **Relations** |
|---|---|
| 9721769529 | Komal |
| 9648240669 | Ramshanker |

**2.4.1 Name and Number of ASHA:** _____ _____

**2.5 Religion:** Hindu

**2.6 Caste:** OBC

**2.7 Address:**

**Rural/Urban:** Urban
**State/Country:** Uttar Pradesh, India
**District:** Rae Bareli
**Block/ Area/ Muhalla:**
**Gram Sabha-Hamlet/ House NO.:** Dalmau (Np)
**Address:** Dihwa Johwanatki
**Pin Code:** _____
**Near:** _____

| **Signature of Nurse at the time of admission.** | **Signature of Doctor** |
|---|---|
| Srimati Chintamani Pal<br>14/01/2019 12:20 PM | _____ |

## FORM D : DAILY WEIGHT MONITORING FORM

***Objective:*** *To record the pre-feed weight of the baby admitted in the KMC unit,and compare it with the weight of the previous day and admission weight.To be filled by nurse on duty in the KMC room after weighing.*

**Hospital Registration Number:** 35/843

**Mother Name:** Komal **Date of Birth(dd/mm/yyyy):** 04/08/2018

**Birth Weight(in grams):** 1770

| Day | Date (dd/mm/yy) | Time of weighing | Weight of baby without clothes (in grams) | Todays weight-yesterdays weight (+,- or unchanged) | Net gain/loss since admission (Todays weight-Admission weight) | Remarks | Nurse Name | Signature or nurse talking weight |
|---|---|---|---|---|---|---|---|---|
| 1 | 10/08/2018 | 11:01 AM | 1690 | | | | Srimati Chintamani Pal | |
| 2 | 14/08/2018 | 7:47 AM | 1810 | +120 | 120 gain | | Srimati Chintamani Pal | |

**Date of discharge(dd/mm/yy):17/08/2018 Weight of discharge(in grams):** 1820

**Net gain/loss since admission(in grams)(+/-):** 50

## FORM C: DAILY KMC COMPLIANCE FORM

***Objective:*** *To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM ), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver*

**Day:** Thursday **Hospital Reg. No.:** 35/843

**Date of Birth(dd/mm/yy) :** 04/08/2018 **Mothers Name:** Komal

| S.No | Starting time of KMC | Stopping time of KMC | Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes) | Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.) | KMC Provider | Nurse Name | Nurse Signature |
|---|---|---|---|---|---|---|---|
| 1 | 8:45 PM | 11:59 PM | 03:14 | | Grand Mother | Srimati Chintamani Pal | |
| 2 | | | | | | | |
| 3 | | | | | | | |
| 4 | | | | | | | |
| 5 | | | | | | | |
| 6 | | | | | | | |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 7 | | | | | | | |
| 8 | | | | | | | |
| | Total KMC duration in 24 hours (8 am to 8 am):<br>03:14 | | | | | | |

## FORM C: DAILY KMC COMPLIANCE FORM

***Objective:*** *To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM ), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver*

**Day:** Friday **Hospital Reg. No.:** 35/843

**Date of Birth(dd/mm/yy) :** 04/08/2018 **Mothers Name:** Komal

| S.No | Starting time of KMC | Stopping time of KMC | Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes) | Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.) | KMC Provider | Nurse Name | Nurse Signature |
|---|---|---|---|---|---|---|---|
| 1 | 12:00 AM | 8:15 AM | 08:15 | | Grand Mother | Srimati Chintamani Pal | |
| 2 | 8:30 AM | 10:00 AM | 01:30 | | Mother | Srimati Chintamani Pal | |
| 3 | | | | | | | |
| 4 | | | | | | | |
| 5 | | | | | | | |
| 6 | | | | | | | |
| 7 | | | | | | | |
| 8 | | | | | | | |
| | Total KMC duration in 24 hours (8 am to 8 am):<br>09:45 | | | | | | |

# FORM B: DAILY INTAKE MONITORING RECORD

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

**Day :** Monday **Hospital Reg. No.:** 35/843 **Date (dd/mm/yyyy)**: 01/01/1970

**Mother Name :** Komal **Baby age(in days):** 164 days **Total feeding requirement for the day**: _____

| S.No. | Time of feeding ( From, to) | Feeding method and measurement (fill in where applicable) | | | | | | | | Supplements Received (name and dose) | | | | | Nurse Signature |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | Direct breast feeding (in min) | Expressed breast feed (EBF) (in ml) | Mixed Feeding (in ml) | | | | Other:* IV Type | | | | | | | |
| | | | | EBF | Formula | Other | Net | In ml/hr | In drop/min | Vit D3 | Calcium | HMF | Iron | Other | |
| 1 | | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | | | | |
| 11 | | | | | | | | | | | | | | | |

# FORM B: DAILY INTAKE MONITORING RECORD

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

**Day :** Monday **Hospital Reg. No.:** 35/843 **Date (dd/mm/yyyy)**: 01/01/1970

**Mother Name :** Komal **Baby age(in days):** 164 days **Total feeding requirement for the day**: _____

| S.No. | Time of feeding ( From, to) | Feeding method and measurement (fill in where applicable) | | | | | | | | Supplements Received (name and dose) | | | | | Nurse Signature |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | Direct breast feeding (in min) | Expressed breast feed (EBF) (in ml) | Mixed Feeding (in ml) | | | | Other:* IV Type | | | | | | | |
| | | | | EBF | Formula | Other | Net | In ml/hr | In drop/min | Vit D3 | Calcium | HMF | Iron | Other | |
| 1 | | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | | | | |

| | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 11 | | | | | | | | | | | | | | | |

## DISCHARGE CHECKLIST FOR KMC UNIT

**Hospital Reg. No.:** 35/843 **MCTS NO.**:

**Name of mother:** Komal **Date of discharge :**17/08/2018

**Number of days spend in KMC room (excluding days spent in SNCU/ NBSU):** 157 days
**weight on discharge(in grams):** 1820 grams

**Net weight gain/loss since admission(in grams):** 50

**Type of discharge :** Discharged by facility staff

**In case of referral**

**Name and address of facility reffered to:**

**Reason for referral:** _____

## DISCHARGE CHECKLIST FOR KMC UNIT

**1.** Stable and not on parenteral medication, the baby's general health is good and there is no concurrent disease such as apnoea or infection

**2.** Maintaining temperature in the KMC position and mother's bed for 3 consecutive days at room temperature

**3.** Gaining 15–20 grams per day for at least 3 consecutive days

**4.** Accepting feeds directly from breast (preferable) or by spoon, paladai or cup, he is feeding well, and is exclusively or predominantly breastfed

_____ _____

Signature of Nurse/Doctor Signature of Family Member