### FORM A: KMC UNIT ADMISSION FORM

**Objective:** To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.

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**Hospital Reg. No.:** 252/2576 **MCTS No.:** --

Baby of: Payal

 $\textbf{Date of admission to KMC unit} \ (dd/mm/yyyy): 26/09/2018 \ \textbf{Time of admission} \ (am/pm): 02:22$ 

PM

1- BACKGROUND INFORMATION

**1.1 Date of Birth** (dd/mm/yyyy): 26/09/2018

1.2 Sex: Female

**1.3 Time of Birth** (am/pm): 04:30:00

**1.4 Type of admission:** Inborn/ Outborn

**1.5 Weight at birth** (in grams): 2430 grams

**1.6 Place of birth:** Hospital

1.6.1 Name and address of birth facility: CHC Kheero

1.7 Type of birth: Normal

1.8 Term of birth: Full Term/ Preterm

**1.9 LMP** (first day of last menstrual period - dd/mm/yyyy): 12/12/2017

1.10 Gestational age (in weeks): 41 Weeks

1.11 Weigth of baby at admission to KMC unit (in grams): 2430 grams

1.12

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**1.13 Is the Baby stable?** Yes / No

Is the baby on medication at time of admission? (Specify name and dosage)

Ι.	
2.	
2	

- 2- FAMILY DETAIL (For Follow Up)
  - 2.1 Name of the mother: Payal
  - **2.2 Name of the father:** Kishan Tiwari
  - 2.3 Name & relation of accompanying family member(s)

Payal Mother

2.4 Contact detail (At least 2 close contact numbers)

Phone / Mobile Number Relations

9818227415 Payal

9818227415 Kishan Tiwari

- **2.4.1 Name and Number of ASHA:** Anita Devi 7839725554
- 2.5 Religion: Hindu
- 2.6 Caste: General
- 2.7 Address:

Rural/Urban: Rural

State/Country: Uttar Pradesh, India

District: Rae Bareli

Block/ Area/ Muhalla: 2054

Gram Sabha-Hamlet/ House NO.: Kursandi

Address: Kurandi P/O Khiron

Pin Code: 229210 Near: Mandir

Signature of Nurse at the time of admission. Signature of Doctor

Kirti

14/01/2019 12:58 PM

#### FORM D: DAILY WEIGHT MONITORING FORM

**Objective:** To record the pre-feed weight of the baby admitted in the KMC unit, and compare it with the weight of the previous day and admission weight. To be filled by nurse on duty in the KMC room after weighing.

**Hospital Registration Number:** 252/2576

Mother Name: Payal Date of Birth(dd/mm/yyyy): 26/09/2018

Birth Weight(in grams): 2430

Day	Date (dd/mm/yy)	Time of weighing	Weight of baby without clothes (in grams)	Todays weight- yesterdays weight (+,- or unchanged)	Net gain/loss since admission (Todays weight- Admission weight)	Remarks	Nurse Name	Signature or nurse talking weight
1	26/09/2018	2:24 PM	2430				Kirti	
2	27/09/2018	4:36 AM	2350	-80	80 loss		Kirti	
3	28/09/2018	3:36 AM	2270	-80	160 loss		Kirti	

Date of discharge(dd/mm/yy):28/09/2018 Weight of discharge(in grams): 2260

Net gain/loss since admission(in grams)(+/-): -170

### FORM C: DAILY KMC COMPLIANCE FORM

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM ), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Wednesday Hospital Reg. No.: 252/2576

Date of Birth(dd/mm/yy): 26/09/2018 Mothers Name: Payal

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	4:30 PM	5:40 PM	01:10		Mother	Kirti	
2	6:00 PM	8:30 PM	02:30		Mother	Poornima	
3	9:00 PM	11:00 PM	02:00		Mother	Poornima	
4							
5							
6							
7							

8						
	Total KMC d	luration in 24	hours (8 am to 8 am)	):	•	
	05:40					

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Day: Thursday Hospital Reg. No.: 252/2576

Date of Birth(dd/mm/yy): 26/09/2018 Mothers Name: Payal

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:30 AM	3:25 AM	02:55		Mother	Poornima	
2	3:50 AM	5:25 AM	01:35		Mother	Poornima	
3	6:00 AM	8:00 AM	02:00		Mother	Poornima	
4	8:15 AM	9:00 AM	00:45		Grand Mother	Kirti	
5	9:15 AM	11:15 AM	02:00		Mother	Kirti	
6	11:36 AM	1:30 PM	01:54		Mother	Kirti	
7	1:50 PM	3:50 PM	02:00		Mother	Kirti	
8	4:00 PM	4:50 PM	00:50		Grand Mother	Kirti	
9	5:20 PM	7:10 PM	01:50		Mother	Kirti	
10	7:35 PM	9:15 PM	01:40		Grand Mother	Kirti	
11	9:40 PM	11:40 PM	02:00		Mother	Kirti	
	Total KMC d	uration in 24	hours (8 am to 8 am)	):			
	19:29						

### FORM C: DAILY KMC COMPLIANCE FORM

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Day: Friday Hospital Reg. No.: 252/2576

## Date of Birth(dd/mm/yy): 26/09/2018 Mothers Name: Payal

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:10 AM	2:30 AM	02:20		Mother	Kirti	
2	4:50 AM	5:00 AM	00:10		Mother	Kirti	
3	5:15 AM	7:00 AM	01:45		Grand Mother	Kirti	
4	7:20 AM	8:45 AM	01:25		Mother	Kirti	
5	9:00 AM	10:00 AM	01:00		Mother	Kirti	
6	10:15 AM	11:30 AM	01:15		Mother	Kirti	
	Total KMC d	luration in 24	hours (8 am to 8 am)	):		•	
	07:55						

# **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

**Day :** Monday **Hospital Reg. No.:** 252/2576 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Payal Baby age(in days): 111 days Total feeding requirement for

the day: \_\_\_\_\_

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Mother Name : Payal Baby age(in days): 111 days Total feeding requirement for

the day: \_\_\_\_\_

			Feeding r (fill	in who	d and measi ere applicab	le)			•	Supplem (name	ents I	Recei dose	ved	Nurse Signature
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Mother Name : Payal Baby age(in days): 111 days Total feeding requirement for

the day:

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## **DISCHARGE CHECKLIST FOR KMC UNIT**

Hospital Reg. No.: 252/2576 MCTS NO.:
Name of mother: Payal Date of discharge :28/09/2018
Number of days spend in KMC room (excluding days spent in SNCU/ NBSU): 110 days weight on discharge(in grams): 2260 grams
Net weight gain/loss since admission(in grams): -170
Type of discharge: Discharged by facility staff
In case of referral
Name and address of facility reffered to:
Reason for referral:
DISCHARGE CHECKLIST FOR KMC UNIT

- ${f 1.}$  Stable and not on parenteral medication, the baby's general health is good and there is no concurrent disease such as apnoea or infection
- ${f 2.}$  Maintaining temperature in the KMC position and mother's bed for 3 consecutive days at room temperature
- **3.** Gaining 15-20 grams per day for at least 3 consecutive days
- **4.** Accepting feeds directly from breast (preferable) or by spoon, paladai or cup, he is feeding well, and is exclusively or predominantly breastfed

<b>5.</b> The mother is confident in caring for the baby and is able to come regularly for follow-up visits. At discharge, the mother and family members must be taught to ensure that the infant is nursed in a warm room and is breastfed (Given expressed milk using paladai or cup). They should be adequately told about hygiene, danger signs, follow-up visits, immunization and prompt care seeking at a health facility. KMC should be continued as long as required and baby and mother should not be discharged in a hurry.	
Signature of Nurse/Doctor	Signature of Family Member