FORM A: KMC UNIT ADMISSION FORM

Objective: To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.

Hospital Reg. No.: 147/1007 **MCTS No.:** --

Baby of: Sajni

Date of admission to KMC unit (dd/mm/yyyy): 18/10/2018 Time of admission (am/pm): 03:36

AM

1- BACKGROUND INFORMATION

1.1 Date of Birth (dd/mm/yyyy): 18/10/2018

1.2 Sex: Male

1.3 Time of Birth (am/pm): 06:57:00

1.4 Type of admission: Inborn/ Outborn

1.5 Weight at birth (in grams): 2100 grams

1.6 Place of birth: Hospital

1.6.1 Name and address of birth facility: CHC Kheero

1.7 Type of birth: Normal With Episiotomy

1.8 Term of birth: Full Term/ Preterm

1.9 LMP (first day of last menstrual period - dd/mm/yyyy): 20/03/2018

1.10 Gestational age (in weeks): 30 Weeks

1.11 Weigth of baby at admission to KMC unit (in grams): 2100 grams

1.12

| G | P | A | L |
|---|---|---|---|
| 1 | 1 | 0 | 1 |

1.13 Is the Baby stable? Yes / No

Is the baby on medication at time of admission? (Specify name and dosage)

| 1. | | |
|----|--|--|
| 2. | | |
| 3 | | |

| 2.1 Name of the mother: Sajni | |
|---|---------------------|
| 2.2 Name of the father: Jivan | |
| 2.3 Name & relation of accompanying family member(s) | |
| Sajni | Mother |
| 2.4 Contact detail (At least 2 close contact numbers) Phone / Mobile Number | Relations |
| 8858363158 8858363158 | Sajni Jivan |
| 2.4.1 Name and Number of ASHA: | |
| 2.5 Religion: Hindu | |
| 2.6 Caste: SC | |
| 2.7 Address: | |
| Rural/Urban: Rural State/Country: Uttar Pradesh, India District: Rae Bareli Block/ Area/ Muhalla: 2054 Gram Sabha-Hamlet/ House NO.: Behta Satanpur Address: Behtasatan Pur Pin Code: 229206 Near: Temple | |
| Signature of Nurse at the time of admission. | Signature of Doctor |
| Neelam 14/01/2019 12:55 PM | |

2- FAMILY DETAIL (For Follow Up)

FORM D: DAILY WEIGHT MONITORING FORM

Objective: To record the pre-feed weight of the baby admitted in the KMC unit, and compare it with the weight of the previous day and admission weight. To be filled by nurse on duty in the KMC room after weighing.

Hospital Registration Number: 147/1007

Mother Name: Sajni Date of Birth(dd/mm/yyyy): 18/10/2018

Birth Weight(in grams): 2100

| Day | Date (dd/mm/yy) | Time of weighing | Weight of baby without clothes (in grams) | Todays weight- yesterdays weight (+,- or unchanged) | Net gain/loss since admission (Todays weight- Admission weight) | Remarks | Nurse Name | Signature or nurse talking weight |
|-----|--------------------|------------------|--|---|---|---------|---------------|--|
| 1 | 18/10/2018 | 3:38 AM | 2100 | | | | Neelam | |
| 2 | 19/10/2018 | 2:29 PM | 2040 | -60 | 60 loss | | Kirti | |
| 3 | 20/10/2018 | 7:48 AM | 2030 | -10 | 70 loss | | Kirti | |

Date of discharge(dd/mm/yy):20/10/2018 Weight of discharge(in grams): 2030

Net gain/loss since admission(in grams)(+/-): -70

FORM C: DAILY KMC COMPLIANCE FORM

Objective: To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Thursday Hospital Reg. No.: 147/1007

Date of Birth(dd/mm/yy): 18/10/2018 Mothers Name: Sajni

| S.No | Starting time of KMC | Stopping time of KMC | Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes) | Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.) | KMC Provider | Nurse Name | Nurse Signature |
|------|----------------------------|----------------------------|---|---|-----------------|---------------|--------------------|
| 1 | 6:57 AM | 8:20 AM | 01:23 | | Mother | Kirti | |
| 2 | 8:30 AM | 10:30 AM | 02:00 | | Mother | Kirti | |
| 3 | 11:32 AM | 1:00 PM | 01:28 | | Mother | Kirti | |
| 4 | 1:05 PM | 2:00 PM | 00:55 | | Grand Mother | Kirti | |
| 5 | 2:40 PM | 5:07 PM | 02:27 | | Mother | Kirti | |
| 6 | 5:10 PM | 6:00 PM | 00:50 | | Grand Mother | Kirti | |

| 7 | 6:15 PM | 7:45 PM | 01:30 | | Mother | Kirti | | |
|--|---------|---------|-------|--|--------|-------|--|--|
| Total KMC duration in 24 hours (8 am to 8 am): | | | | | | | | |
| | 10:33 | | | | | | | |

FORM C: DAILY KMC COMPLIANCE FORM

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Day: Friday Hospital Reg. No.: 147/1007

Date of Birth(dd/mm/yy): 18/10/2018 Mothers Name: Sajni

| S.No | Starting time of KMC | Stopping time of KMC | Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes) | Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.) | KMC Provider | Nurse Name | Nurse Signature |
|------|----------------------------|----------------------------|---|---|-----------------|---------------|--------------------|
| 1 | 8:05 AM | 10:00 AM | 01:55 | | Mother | Kirti | |
| 2 | 10:15 AM | 12:00 PM | 01:45 | | Mother | Kirti | |
| 3 | 12:25 PM | 2:00 PM | 01:35 | | Grand Mother | Kirti | |
| 4 | 2:20 PM | 3:45 PM | 01:25 | | Mother | Kirti | |
| 5 | 4:00 PM | 5:50 PM | 01:50 | | Mother | Kirti | |
| 6 | 6:05 PM | 7:45 PM | 01:40 | | Mother | Kirti | |
| | Total KMC d | uration in 24 | hours (8 am to 8 am) | : | • | • | |
| | 10:10 | | | | | | |

FORM C: DAILY KMC COMPLIANCE FORM

Objective: To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Saturday Hospital Reg. No.: 147/1007

Date of Birth(dd/mm/yy): 18/10/2018 Mothers Name: Sajni

| S.No | Starting time of KMC | Stopping time of KMC | Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes) | Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.) | KMC Provider | Nurse Name | Nurse Signature |
|------|----------------------------|----------------------------|---|---|-----------------|---------------|--------------------|
|------|----------------------------|----------------------------|---|---|-----------------|---------------|--------------------|

| 1 | 8:20 AM | 10:00 AM | 01:40 | | Mother | Kirti | | | | |
|---|--|----------|-------|--|--------|-------|--|--|--|--|
| 2 | 11:01 AM | 11:39 AM | 00:38 | | Mother | Kirti | | | | |
| 3 | | | | | | | | | | |
| 4 | | | | | | | | | | |
| 5 | | | | | | | | | | |
| 6 | | | | | | | | | | |
| 7 | | | | | | | | | | |
| 8 | | | | | | | | | | |
| | Total KMC duration in 24 hours (8 am to 8 am): | | | | | | | | | |
| | 02:18 | | | | | | | | | |

FORM B: DAILY INTAKE MONITORING RECORD

Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Monday **Hospital Reg. No.:** 147/1007 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Sajni Baby age(in days): 89 days Total feeding requirement for

the day: _____

| | | | Feeding r | in whe | d and measu ere applicab | le) | ı | | ! | Supplem (name | ents I | Recei dose | ved | Nurse Signature |
|-------|-----------------------------------|-----------------------------------|---|--------|-----------------------------|-------------------|----|----------------------------|-------------------|------------------|---------|---------------|-----------|--------------------|
| S.No. | Time of feeding (From, to) | Direct breast feeding (in min) | Expressed breast feed (EBF) (in ml) | | lixed Feedin Formula | g (in ml Other | In | r;* IV Type In drop/min | Vi t D 3 | | HM F | | Othe r | _ |
| 1 | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | | | |
| 11 | | | | | | | | | | | | | | |

FORM B: DAILY INTAKE MONITORING RECORD

Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day: Monday **Hospital Reg. No.:** 147/1007 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Sajni Baby age(in days): 89 days Total feeding requirement for

the day: _____

| | | | Feeding r | in whe | d and measu ere applicab | le) | | | Supplements Received (name and dose) | | | | Nurse Signature | |
|-------|-----------------------------------|-----------------------------------|---|--------|-----------------------------|-------------------|----|----------------------------|--------------------------------------|-------------|---------|--|--------------------|--|
| S.No. | Time of feeding (From, to) | Direct breast feeding (in min) | Expressed breast feed (EBF) (in ml) | | lixed Feedin Formula | g (in ml Other | In | r:* IV Type In drop/min | Vi t D 3 | Calciu m | HM F | | | |
| 1 | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | | | |
| 11 | | | | | | | | | | | | | | |

FORM B: DAILY INTAKE MONITORING RECORD

Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Monday **Hospital Reg. No.:** 147/1007 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name: Sajni Baby age(in days): 89 days Total feeding requirement for

the day: _____

| | Time of feeding (From, to) | | | l and measu ere applicab | | | | Supplements Received (name and dose) | | | | | Nurse Signature |
|-------|-----------------------------------|-----------------------------------|---|-----------------------------|----------|----|----------------------------|--------------------------------------|-------------|---------|--|-----------|--------------------|
| S.No. | | Direct breast feeding (in min) | Expressed breast feed (EBF) (in ml) | ixed Feedin |) Net | In | r:* IV Type In drop/min | Vi t D 3 | Calciu m | HM F | | Othe r | |
| 1 | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | |

| 6 | | | | | | | | |
|----|--|--|--|--|--|--|--|--|
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| 8 | | | | | | | | |
| 9 | | | | | | | | |
| 10 | | | | | | | | |
| 11 | | | | | | | | |

DISCHARGE CHECKLIST FOR KMC UNIT

| Hospital Reg. No.: 147/1007 MCTS NO.: |
|--|
| Name of mother: Sajni Date of discharge :20/10/2018 |
| Number of days spend in KMC room (excluding days spent in SNCU/ NBSU): 88 days weight on discharge(in grams): 2030 grams |
| Net weight gain/loss since admission(in grams): -70 |
| Type of discharge: Discharged by facility staff |
| <u>In case of referral</u> |
| Name and address of facility reffered to: |
| Reason for referral: |
| DISCHARGE CHECKLIST FOR KMC UNIT |

- 1. Stable and not on parenteral medication, the baby's general health is good and there is no concurrent disease such as apnoea or infection
- 2. Maintaining temperature in the KMC position and mother's bed for 3 consecutive days at room temperature
- **3.** Gaining 15-20 grams per day for at least 3 consecutive days
- 4. Accepting feeds directly from breast (preferable) or by spoon, paladai or cup, he is feeding well, and is exclusively or predominantly breastfed
- **5.** The mother is confident in caring for the baby and is able to come regularly for follow-up visits. At discharge, the mother and family members must be taught to ensure that the infant is nursed in a warm room and is breastfed (Given expressed milk using paladai or cup). They should be adequately told about hygiene, danger signs, follow-up visits, immunization and prompt care seeking at a health facility. KMC should be continued as long as required and baby and mother should not be discharged in a hurry.

| Signature of Nurse/Doctor | Signature of Family Member |
|---------------------------|----------------------------|