

FORM A: KMC UNIT ADMISSION FORM

Objective: To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.

Hospital Reg. No.: 1044/3358

MCTS No.: --

Baby of: Sheela Devi

Date of admission to KMC unit (dd/mm/yyyy): 03/01/2019 **Time of admission** (am/pm): 04:52 PM

1- BACKGROUND INFORMATION

1.1 Date of Birth (dd/mm/yyyy): 03/01/2019

1.2 Sex: Male

1.3 Time of Birth (am/pm): 08:55:00

1.4 Type of admission: Inborn/ Outborn

1.5 Weight at birth (in grams): 2380 grams

1.6 Place of birth: Hospital

1.6.1 Name and address of birth facility: CHC Kheero

1.7 Type of birth: Normal

1.8 Term of birth: Full Term/ Preterm

1.9 LMP (first day of last menstrual period - dd/mm/yyyy): 18/04/2018

1.10 Gestational age (in weeks): 37 Weeks

1.11 Weight of baby at admission to KMC unit (in grams): 2380 grams

1.12

G	P	A	L
4	4	0	4

1.13 Is the Baby stable? Yes / No

Is the baby on medication at time of admission? (Specify name and dosage)

1. _____

2. _____

3. _____

2- FAMILY DETAIL (For Follow Up)

2.1 Name of the mother: Sheela Devi

2.2 Name of the father: Ram Babu

2.3 Name & relation of accompanying family member(s)

Sheela Devi

Mother

2.4 Contact detail (At least 2 close contact numbers)

Phone / Mobile Number

Relations

9936864326

Sheela Devi

9936864326

Ram Babu

2.4.1 Name and Number of ASHA: Sushila 7839725570

2.5 Religion: Hindu

2.6 Caste: OBC

2.7 Address:

Rural/Urban: Rural

State/Country: Uttar Pradesh, India

District: Rae Bareli

Block/ Area/ Muhalla: 2054

Gram Sabha-Hamlet/ House NO.: Dhurayee

Address: Nayakhera P/O Pahu P/S Khiron

Pin Code: 229205

Near: Neem Ka Ped

Signature of Nurse at the time of admission.

Signature of Doctor

Kirti

07/01/2019 01:59 PM

FORM D : DAILY WEIGHT MONITORING FORM

Objective: To record the pre-feed weight of the baby admitted in the KMC unit, and compare it with the weight of the previous day and admission weight. To be filled by nurse on duty in the KMC room after weighing.

Hospital Registration Number: 1044/3358

Mother Name: Sheela Devi

Date of Birth(dd/mm/yyyy): 03/01/2019

Birth Weight(in grams): 2380

Day	Date (dd/mm/yy)	Time of weighing	Weight of baby without clothes (in grams)	Todays weight- yesterdays weight (+, - or unchanged)	Net gain/loss since admission (Todays weight- Admission weight)	Remarks	Nurse Name	Signature or nurse talking weight
1	03/01/2019	4:54 PM	2380				Kirti	
2	04/01/2019	3:48 AM	2240	-140	140 loss		Neelam	
3	05/01/2019	2:25 AM	2220	-20	160 loss		Kirti	
4	06/01/2019	2:16 AM	2230	+10	150 loss		Kirti	

Date of discharge(dd/mm/yy): 07/01/2019 **Weight of discharge(in grams):** 2230

Net gain/loss since admission(in grams)(+/-): -150

FORM C: DAILY KMC COMPLIANCE FORM

Objective: To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Thursday **Hospital Reg. No.:** 1044/3358

Date of Birth(dd/mm/yy) : 03/01/2019 **Mothers Name:** Sheela Devi

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration >= 1 hour then record in hours if < 1 hour please record in minutes)	Reason for pausing KMC (Breast feeding, doctor checkup, mothers mealtime, mothers personal care, family visit, discomfort, complications, etc.)	KMC Provider	Nurse Name	Nurse Signature
1	8:55 PM	9:55 PM	01:00		Mother	Kirti	
2	10:05 PM	10:35 PM	00:30		Mother	Kirti	
3	10:48 PM	11:59 PM	01:11		Mother	Kirti	
4							
5							
6							

7							
8							
	Total KMC duration in 24 hours (8 am to 8 am): 02:41						

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Day: Friday **Hospital Reg. No.:** 1044/3358

Date of Birth(dd/mm/yy) : 03/01/2019 **Mothers Name:** Sheela Devi

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration >= 1 hour then record in hours if < 1 hour please record in minutes)	Reason for pausing KMC (Breast feeding, doctor checkup, mothers mealtime, mothers personal care, family visit, discomfort, complications, etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:01 AM	1:15 AM	01:14		Mother	Kirti	
2	1:35 AM	3:01 AM	01:26		Mother	Neelam	
3	3:21 AM	5:01 AM	01:40		Mother	Neelam	
4	5:15 AM	6:47 AM	01:32		Mother	Neelam	
5	7:01 AM	7:50 AM	00:49		Mother	Neelam	
6	8:10 AM	9:05 AM	00:55		Mother	Neelam	
7	9:30 AM	10:30 AM	01:00		Mother	Neelam	
8	11:01 AM	12:01 PM	01:00		Mother	Neelam	
9	12:26 PM	2:01 PM	01:35		Mother	Neelam	
10	2:25 PM	3:30 PM	01:05		Mother	Neelam	
11	3:50 PM	4:43 PM	00:53		Mother	Neelam	
12	5:10 PM	6:01 PM	00:51		Mother	Neelam	
13	5:10 PM	6:01 PM	00:51		Mother	Neelam	
14	5:10 PM	6:01 PM	00:51		Mother	Neelam	
15	6:16 PM	7:30 PM	01:14		Mother	Neelam	
16	7:45 PM	9:40 PM	01:55		Mother	Kirti	
17	10:01 PM	11:59 PM	01:58		Mother	Kirti	

Total KMC duration in 24 hours (8 am to 8 am):	
20:49	

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Day: Saturday **Hospital Reg. No.:** 1044/3358

Date of Birth(dd/mm/yy) : 03/01/2019 **Mothers Name:** Sheela Devi

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration >= 1 hour then record in hours if < 1 hour please record in minutes)	Reason for pausing KMC (Breast feeding, doctor checkup, mothers mealtime, mothers personal care, family visit, discomfort, complications, etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:16 AM	2:05 AM	01:49		Mother	Kirti	
2	2:22 AM	4:10 AM	01:48		Mother	Kirti	
3	4:27 AM	6:15 AM	01:48		Mother	Kirti	
4	6:30 AM	7:01 AM	00:31		Mother	Neelam	
5	7:17 AM	8:30 AM	01:13		Mother	Neelam	
6	8:50 AM	9:50 AM	01:00		Mother	Neelam	
7	10:05 AM	11:30 AM	01:25		Mother	Neelam	
8	11:50 AM	1:01 PM	01:11		Mother	Neelam	
9	1:18 PM	2:30 PM	01:12		Mother	Neelam	
10	2:50 PM	4:01 PM	01:11		Mother	Neelam	
11	4:18 PM	5:01 PM	00:43		Mother	Neelam	
12	5:20 PM	6:20 PM	01:00		Mother	Neelam	
13	6:40 PM	7:50 PM	01:10		Mother	Neelam	
14	8:28 PM	10:10 PM	01:42		Mother	Kirti	
15	10:26 PM	11:59 PM	01:33		Mother	Kirti	
Total KMC duration in 24 hours (8 am to 8 am):							
19:16							

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Day: Sunday **Hospital Reg. No.:** 1044/3358

Date of Birth(dd/mm/yy) : 03/01/2019 **Mothers Name:** Sheela Devi

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration >= 1 hour then record in hours if < 1 hour please record in minutes)	Reason for pausing KMC (Breast feeding, doctor checkup, mothers mealtime, mothers personal care, family visit, discomfort, complications, etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:17 AM	2:10 AM	01:53		Mother	Kirti	
2	2:29 AM	4:15 AM	01:46		Mother	Kirti	
3	4:31 AM	6:01 AM	01:30		Mother	Kirti	
4	6:16 AM	7:45 AM	01:29		Mother	Kirti	
5							
6							
7							
8							
	Total KMC duration in 24 hours (8 am to 8 am): 06:38						

FORM B: DAILY INTAKE MONITORING RECORD

Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Monday **Hospital Req. No.:** 1044/3358 **Date (dd/mm/yyyy):** 01/01/1970

Mother Name : Sheela Devi **Baby age(in days):** 5 days **Total feeding requirement for the day:**

[illegible]

3															
4															
5															
6															
7															
8															
9															
10															
11															

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Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Monday **Hospital Reg. No.:** 1044/3358 **Date (dd/mm/yyyy):** 01/01/1970

Mother Name : Sheela Devi **Baby age(in days):** 5 days **Total feeding requirement for the day:** _____

S.No.	Time of feeding (From, to)	Feeding method and measurement (fill in where applicable)								Supplements Received (name and dose)					Nurse Signature
		Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)	Mixed Feeding (in ml)				Other:* IV Type		Vit D 3	Calciu m	HM F	Iro n	Othe r	
				EBF	Formula	Other	Net	In ml/hr	In drop/min						
1															
2															
3															
4															
5															
6															
7															
8															
9															
10															
11															

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Day : Monday **Hospital Reg. No.:** 1044/3358 **Date (dd/mm/yyyy):** 01/01/1970

Mother Name : Sheela Devi **Baby age(in days):** 5 days **Total feeding requirement**

for the day: _____

[illegible]

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Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Monday **Hospital Reg. No.:** 1044/3358 **Date (dd/mm/yyyy):** 01/01/1970

Mother Name : Sheela Devi **Baby age(in days):** 5 days **Total feeding requirement for the day:**

[illegible]

DISCHARGE CHECKLIST FOR KMC UNIT

Hospital Reg. No.: 1044/3358 **MCTS NO.:**

Name of mother: Sheela Devi **Date of discharge :** 07/01/2019

Number of days spend in KMC room (excluding days spent in SNCU/ NBSU): 4 days
weight on discharge(in grams): 2230 grams

Net weight gain/loss since admission(in grams): -150

Type of discharge : Discharged by facility staff

In case of referral

Name and address of facility reffered to:

Reason for referral: _____

DISCHARGE CHECKLIST FOR KMC UNIT

1. Stable and not on parenteral medication, the baby's general health is good and there is no concurrent disease such as apnoea or infection
2. Maintaining temperature in the KMC position and mother's bed for 3 consecutive days at room temperature
3. Gaining 15-20 grams per day for at least 3 consecutive days
4. Accepting feeds directly from breast (preferable) or by spoon, paladai or cup, he is feeding well, and is exclusively or predominantly breastfed
5. The mother is confident in caring for the baby and is able to come regularly for follow-up visits. At discharge, the mother and family members must be taught to ensure that the infant is nursed in a warm room and is breastfed (Given expressed milk using paladai or cup). They should be adequately told about hygiene, danger signs, follow-up visits, immunization and prompt care seeking at a health facility. KMC should be continued as long as required and baby and mother should not be discharged in a hurry.

Signature of Nurse/Doctor

Signature of Family Member