FORM A: KMC UNIT ADMISSION FORM

Objective: To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.

Hospital Reg. No.: 612/2232 **MCTS No.:** --

Baby of: Phoolmati

 $\textbf{Date of admission to KMC unit} \ (dd/mm/yyyy): 13/11/2018 \ \textbf{Time of admission} \ (am/pm): 05:54$

PM

1- BACKGROUND INFORMATION

1.1 Date of Birth (dd/mm/yyyy): 13/11/2018

1.2 Sex: Female

1.3 Time of Birth (am/pm): 10:15:00

1.4 Type of admission: Inborn/ Outborn

1.5 Weight at birth (in grams): 1820 grams

1.6 Place of birth: Hospital

1.6.1 Name and address of birth facility: CHC Kheero

1.7 Type of birth: Normal

1.8 Term of birth: Full Term/ Preterm

1.9 LMP (first day of last menstrual period - dd/mm/yyyy): 01/01/1970

1.10 Gestational age (in weeks): 2550 Weeks

1.11 Weigth of baby at admission to KMC unit (in grams): 1820 grams

1.12

G	P	A	L
3	3	0	3

1.13 Is the Baby stable? Yes / No

Is the baby on medication at time of admission? (Specify name and dosage)

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2- FAMILY DETAIL (For Follow Up)

2.1 Name of the mother: Phoolmati

2.2 Name of the father: Premkumar

2.3 Name & relation of accompanying family member(s)

Phoolmati Mother

2.4 Contact detail (At least 2 close contact numbers)

Phone / Mobile Number Relations

9956614248 Phoolmati 9956614248 Premkumar

2.4.1 Name and Number of ASHA: Geeta Devi 7839725545

2.5 Religion: Hindu

2.6 Caste: OBC

2.7 Address:

Rural/Urban: Rural

State/Country: Uttar Pradesh, India

District: Rae Bareli

Block/ Area/ Muhalla: 2054

Gram Sabha-Hamlet/ House NO.: Aindhi

Address: Chak Aindhi Pin Code: 229210 Near: Neem Ka Ped

Signature of Nurse at the time of admission. Signature of Doctor

Kirti

17/11/2018 11:02 AM

FORM D: DAILY WEIGHT MONITORING FORM

Objective: To record the pre-feed weight of the baby admitted in the KMC unit, and compare it with the weight of the previous day and admission weight. To be filled by nurse on duty in the KMC room after weighing.

Hospital Registration Number: 612/2232

Mother Name: Phoolmati Date of Birth(dd/mm/yyyy): 13/11/2018

Birth Weight(in grams): 1820

Day	Date (dd/mm/yy)	Time of weighing	Weight of baby without clothes (in grams)	Todays weight- yesterdays weight (+,- or unchanged)	Net gain/loss since admission (Todays weight- Admission weight)	Remarks	Nurse Name	Signature or nurse talking weight
1	13/11/2018	5:56 PM	1820				Kirti	
2	14/11/2018	9:14 AM	1790	-30	30 loss		Poornima	
3	15/11/2018	5:24 AM	1730	-60	90 loss		Poornima	
4	16/11/2018	2:34 AM	1770	+40	50 loss		Kirti	
5	17/11/2018	2018 3:35 AM 1790 +		+20	30 loss		Neelam	

Date of discharge(dd/mm/yy):17/11/2018 Weight of discharge(in grams): 1800

Net gain/loss since admission(in grams)(+/-): -20

FORM C: DAILY KMC COMPLIANCE FORM

Objective: To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Tuesday Hospital Reg. No.: 612/2232

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	10:15 PM	11:15 PM	01:00		Mother	Kirti	
2	11:20 PM	12:00 AM	00:40		Mother	Kirti	
3							
4							
5							

6						
7						
8						
	Total KMC d	luration in 24	hours (8 am to 8 am)):		
	01:40					

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Day: Wednesday Hospital Reg. No.: 612/2232

Date of Birth(dd/mm/yy): 13/11/2018 Mothers Name: Phoolmati

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:23 AM	2:05 AM	01:42		Mother	Kirti	
2	2:25 AM	4:11 AM	01:46		Mother	Kirti	
3	4:30 AM	6:15 AM	01:45		Mother	Kirti	
4	6:50 AM	8:30 AM	01:40		Mother	Poornima	
5	9:04 AM	10:30 AM	01:26		Mother	Poornima	
6	11:01 AM	2:30 PM	03:29		Mother	Poornima	
7	3:01 PM	5:30 PM	02:29		Mother	Poornima	
8	5:55 PM	7:20 PM	01:25		Mother	Kirti	
9	7:42 PM	9:25 PM	01:43		Mother	Kirti	
10	9:46 PM	11:45 PM	01:59		Mother	Kirti	
	Total KMC d	luration in 24	hours (8 am to 8 am)):			

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Day: Thursday Hospital Reg. No.: 612/2232

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:20 AM	1:05 AM	00:45		Mother	Kirti	
2	1:15 AM	2:10 AM	00:55		Mother	Kirti	
3	2:30 AM	4:10 AM	01:40		Mother	Kirti	
4	4:30 AM	6:15 AM	01:45		Mother	Kirti	
5	6:40 AM	7:55 AM	01:15		Mother	Poornima	
6	8:30 AM	9:50 AM	01:20		Mother	Poornima	
7	10:20 AM	12:15 PM	01:55		Mother	Poornima	
8	12:45 PM	1:50 PM	01:05		Mother	Poornima	
9	2:15 PM	3:01 PM	00:46		Mother	Neelam	
10	3:25 PM	4:30 PM	01:05		Mother	Neelam	
11	4:55 PM	6:20 PM	01:25		Mother	Kirti	
12	6:45 PM	8:24 PM	01:39		Mother	Kirti	
13	8:44 PM	10:15 PM	01:31		Mother	Kirti	
14	10:40 PM	11:59 PM	01:19		Mother	Kirti	
	Total KMC d	uration in 24	hours (8 am to 8 am)):		'	
	18:25						

FORM C: DAILY KMC COMPLIANCE FORM

Objective: To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Friday Hospital Reg. No.: 612/2232

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:20 AM	2:05 AM	01:45		Mother	Kirti	

2	2:25 AM	4:15 AM	01:50		Mother	Kirti	
3	4:40 AM	6:20 AM	01:40		Mother	Kirti	
4	6:40 AM	8:01 AM	01:21		Grand Mother	Kirti	
5	8:30 AM	9:30 AM	01:00		Mother	Neelam	
6	9:55 AM	11:01 AM	01:06		Mother	Neelam	
7	9:55 AM	11:01 AM	01:06		Mother	Neelam	
8	11:30 AM	1:20 PM	01:50		Mother	Neelam	
9	11:30 AM	1:20 PM	01:50		Mother	Neelam	
10	2:01 PM	3:01 PM	01:00		Mother	Neelam	
11	2:01 PM	3:01 PM	01:00		Mother	Neelam	
12	3:30 PM	4:30 PM	01:00		Mother	Neelam	
13	5:15 PM	7:05 PM	01:50		Mother	Poornima	
14	7:40 PM	10:05 PM	02:25		Mother	Poornima	
	Total KMC d	uration in 24	hours (8 am to 8 am)	:			
	20:43						

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Day: Saturday Hospital Reg. No.: 612/2232

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	8:30 AM	9:30 AM	01:00		Mother	Neelam	
2	9:55 AM	10:45 AM	00:50		Mother	Neelam	
3	11:01 AM	12:50 PM	01:49		Mother	Kirti	
4	1:07 PM	2:25 PM	01:18		Aunty	Kirti	
5	2:45 PM	4:26 PM	01:41		Mother	Kirti	
6							

7						
8						
	Total KMC d	luration in 24	hours (8 am to 8 am)):		
	06:38					

FORM B: DAILY INTAKE MONITORING RECORD

Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Saturday **Hospital Reg. No.:** 612/2232 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name: Phoolmati Baby age(in days): 4 days Total feeding requirement

for the day: _____

	(III III where approasse)						Supplements Received (name and dose)				Nurse Signature			
S.No.	Time of feeding (From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		lixed Feedir Formula	Other	In	r:* IV Type In drop/min	Vi t D 3	Calciu m			Othe r	
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Day: Saturday	Hospital Re	eg. No.: 612/2232	Date (dd/	mm/yyyy) : 01/01/1970
Mother Name : P	Phoolmati	Baby age(in days	s): 4 days	Total feeding requirement

			Feeding method and measurement (fill in where applicable)										Supplements Received (name and dose)				
S.No.	Time of feeding (From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		ixed Feedin Formula	g (in ml Other		In ml/hr	r:* IV Type In drop/min	Vi t D 3	Calciu m			Othe r	Signature		
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Day : Saturday **Hospital Reg. No.:** 612/2232 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name: Phoolmati Baby age(in days): 4 days Total feeding requirement

for the day:

	Time of		Feeding r (fill	in whe	d and measuere applicab	le)	Otho	* 137 Term o	:	Supplem (name	Nurse Signature			
S.No.	feeding (From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		lixed Feedir Formula	Other	In ml/hr	r:* IV Type In drop/min	Vi t D 3	Calciu m	HM F	Iro n	Othe r	
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Day : Saturday **Hospital Reg. No.:** 612/2232 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name: Phoolmati Baby age(in days): 4 days Total feeding requirement

for the day: _____

	TT: 6		Feeding r (fill	in whe	d and measi ere applicab	le)	0.1	at 1787 (187)	!	Supplem (name	Nurse Signature			
S.No.	Time of feeding (From, to)	Direct breast feeding (in min)		EBF	Iixed Feedir Formula	Other	T	r:* IV Type In drop/min	Vi t D 3	Calciu m	HM F	Iro n	Othe r	
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Day : Saturday **Hospital Reg. No.:** 612/2232 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name: Phoolmati Baby age(in days): 4 days Total feeding requirement

for the day: ____

			Feeding method and measurement (fill in where applicable)										Supplements Received (name and dose)					
S.No.	Time of feeding (From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		ixed Feedin) Net	In	r:* IV Type In drop/min	Vi t D 3	Calciu m	HM F		Othe r	Signature			
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DISCHARGE CHECKLIST FOR KMC UNIT

Hospital Reg. No.: 612/2232	MCTS NO.:								
Name of mother: Phoolmati	Date of discharge: 17/11/2018								
Number of days spend in KMC room (excluding days spent in SNCU/ NBSU): 4 days weight on discharge(in grams): 1800 grams									
Net weight gain/loss since adn	nission(in grams): -20								
Type of discharge: Discharged	by facility staff								
In case of referral									
Name and address of facility reffered to:									
Reason for referral:									
DISCHA	ARGE CHECKLIST FOR KMC UNIT								

- ${f 1.}$ Stable and not on parenteral medication, the baby's general health is good and there is no concurrent disease such as apnoea or infection
- **2.** Maintaining temperature in the KMC position and mother's bed for 3 consecutive days at room temperature
- **3.** Gaining 15-20 grams per day for at least 3 consecutive days
- **4.** Accepting feeds directly from breast (preferable) or by spoon, paladai or cup, he is feeding well, and is exclusively or predominantly breastfed
- **5.** The mother is confident in caring for the baby and is able to come regularly for follow-up visits. At discharge, the mother and family members must be taught to ensure that the infant is nursed in a warm room and is breastfed (Given expressed milk using paladai or cup). They should be adequately told about hygiene, danger signs, follow-up visits, immunization and prompt care seeking at a health facility. KMC should be continued as long as required and baby and mother should not be discharged in a hurry.

Signature of Nurse/Doctor	Signature of Family Member