

FORM A: KMC UNIT ADMISSION FORM

Objective: To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.

Hospital Reg. No.: 87504 **MCTS No.:** --

Baby of: Laxami

Date of admission to KMC unit (dd/mm/yyyy): 28/12/2018 **Time of admission** (am/pm): 01:12 PM

1- BACKGROUND INFORMATION

1.1 Date of Birth (dd/mm/yyyy): 28/12/2018

1.2 Sex: Male

1.3 Time of Birth (am/pm): 04:50:00

1.4 Type of admission: Inborn/ Outborn

1.5 Weight at birth (in grams): 1760 grams

1.6 Place of birth: Hospital

1.6.1 Name and address of birth facility: CHC Dalmau

1.7 Type of birth: Normal

1.8 Term of birth: Full Term/ Preterm

1.9 LMP (first day of last menstrual period - dd/mm/yyyy): 01/01/1970

1.10 Gestational age (in weeks): 2556 Weeks

1.11 Weigth of baby at admission to KMC unit (in grams): 1750 grams

1.12

| G | P | A | L |
|----------|----------|----------|----------|
| 1 | 1 | 0 | 1 |

1.13 Is the Baby stable? Yes / No

Is the baby on medication at time of admission? (Specify name and dosage)

1. _____
2. _____
3. _____

2- FAMILY DETAIL (For Follow Up)

2.1 Name of the mother: Laxami

2.2 Name of the father: Virendra

2.3 Name & relation of accompanying family member(s)

Laxami

Mother

2.4 Contact detail (At least 2 close contact numbers)

Phone / Mobile Number

Relations

9565139552

Laxami

9565139552

Virendra

2.4.1 Name and Number of ASHA: _____

2.5 Religion: Hindu

2.6 Caste: SC

2.7 Address:

Rural/Urban: Rural

State/Country: Uttar Pradesh, India

District: Rae Bareli

Block/ Area/ Muhalla: 2049

Gram Sabha-Hamlet/ House NO.: Bharsana

Address: Gram Pachkhra Post Bharsana Dalmau Raebareli

Pin Code: 229402

Near: _____

Signature of Nurse at the time of admission.

Signature of Doctor

Manish

03/01/2019 08:06 AM

FORM D : DAILY WEIGHT MONITORING FORM

Objective: To record the pre-feed weight of the baby admitted in the KMC unit, and compare it with the weight of the previous day and admission weight. To be filled by nurse on duty in the KMC room after weighing.

Hospital Registration Number: 87504

Mother Name: Laxami

Date of Birth(dd/mm/yyyy): 28/12/2018

Birth Weight(in grams): 1760

| Day | Date (dd/mm/yy) | Time of weighing | Weight of baby without clothes (in grams) | Todays weight- yesterdays weight (+,- or unchanged) | Net gain/loss since admission (Todays weight- Admission weight) | Remarks | Nurse Name | Signature or nurse talking weight |
|-----|-----------------|------------------|-------------------------------------------|-----------------------------------------------------|-----------------------------------------------------------------|---------|------------------------|-----------------------------------|
| 1 | 28/12/2018 | 1:13 PM | 1750 | | | | Manish | |
| 2 | 29/12/2018 | 7:06 AM | 1730 | -20 | 20 loss | | Manish | |
| 3 | 30/12/2018 | 4:05 AM | 1735 | +5 | 15 loss | | Ku.Pratibha | |
| 4 | 31/12/2018 | 3:33 AM | 1655 | -80 | 95 loss | | Srimati Basanti Kumari | |
| 5 | 01/01/2019 | 3:27 AM | 1720 | +65 | 30 loss | | Poonam Gupta | |
| 6 | 03/01/2019 | 4:19 AM | 1755 | +35 | 5 gain | | Manish | |

Date of discharge(dd/mm/yy):03/01/2019 **Weight of discharge(in grams):** 1755

Net gain/loss since admission(in grams)(+/-): -5

FORM C: DAILY KMC COMPLIANCE FORM

Objective: To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Friday **Hospital Reg. No.:** 87504

Date of Birth(dd/mm/yy) : 28/12/2018 **Mothers Name:** Laxami

| S.No | Starting time of KMC | Stopping time of KMC | Duration of KMC per episode (if KMC duration >= 1 hour then record in hours if < 1 hour please record in minutes) | Reason for pausing KMC (Breast feeding, doctor checkup, mothers mealtime, mothers personal care, family visit, discomfort, complications, etc.) | KMC Provider | Nurse Name | Nurse Signature |
|------|----------------------|----------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------|-----------------|
| 1 | 6:30 PM | 8:30 PM | 02:00 | | Mother | Manish | |
| 2 | | | | | | | |
| 3 | | | | | | | |

| | | | | | | | |
|---|------------------------------------------------|--|--|--|--|--|--|
| 4 | | | | | | | |
| 5 | | | | | | | |
| 6 | | | | | | | |
| 7 | | | | | | | |
| 8 | | | | | | | |
| | Total KMC duration in 24 hours (8 am to 8 am): | | | | | | |
| | 02:00 | | | | | | |

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Day: Saturday **Hospital Reg. No.:** 87504

Date of Birth(dd/mm/yy) : 28/12/2018 **Mothers Name:** Laxami

| S.No | Starting time of KMC | Stopping time of KMC | Duration of KMC per episode (if KMC duration ≥ 1 hour then record in hours if < 1 hour please record in minutes) | Reason for pausing KMC (Breast feeding, doctor checkup, mothers mealtime, mothers personal care, family visit, discomfort, complications, etc.) | KMC Provider | Nurse Name | Nurse Signature |
|------|------------------------------------------------|----------------------|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------|-----------------|
| 1 | 12:01 AM | 2:30 AM | 02:29 | | Mother | Manish | |
| 2 | 3:01 AM | 4:30 AM | 01:29 | | Mother | Manish | |
| 3 | 5:01 AM | 6:01 AM | 01:00 | | Mother | Manish | |
| 4 | 6:10 AM | 8:28 AM | 02:18 | | Mother | Manish | |
| 5 | 9:01 AM | 10:30 AM | 01:29 | | Mother | Manish | |
| 6 | 11:01 AM | 2:01 PM | 03:00 | | Mother | Manish | |
| 7 | 2:15 PM | 3:01 PM | 00:46 | | Mother | Manish | |
| 8 | 3:20 PM | 5:01 PM | 01:41 | | Mother | Manish | |
| 9 | 5:30 PM | 7:30 PM | 02:00 | | Mother | Manish | |
| | Total KMC duration in 24 hours (8 am to 8 am): | | | | | | |
| | 16:12 | | | | | | |

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Day: Sunday **Hospital Reg. No.:** 87504

Date of Birth(dd/mm/yy) : 28/12/2018 **Mothers Name:** Laxami

| S.No | Starting time of KMC | Stopping time of KMC | Duration of KMC per episode (if KMC duration >= 1 hour then record in hours if < 1 hour please record in minutes) | Reason for pausing KMC (Breast feeding, doctor checkup, mothers mealtime, mothers personal care, family visit, discomfort, complications, etc.) | KMC Provider | Nurse Name | Nurse Signature |
|---------------------------------------------------------|----------------------|----------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-------------|-----------------|
| 1 | 2:01 AM | 4:30 AM | 02:29 | | Mother | Manish | |
| 2 | 4:45 AM | 5:30 AM | 00:45 | | Mother | Manish | |
| 3 | 6:01 AM | 8:15 AM | 02:14 | | Mother | Ku.Pratibha | |
| 4 | 10:15 AM | 12:01 PM | 01:46 | | Mother | Ku.Pratibha | |
| 5 | 12:30 PM | 1:30 PM | 01:00 | | Mother | Ku.Pratibha | |
| 6 | 3:30 PM | 4:01 PM | 00:31 | | Mother | Ku.Pratibha | |
| 7 | 4:30 PM | 6:01 PM | 01:31 | | Mother | Ku.Pratibha | |
| 8 | 6:30 PM | 7:30 PM | 01:00 | | Mother | Ku.Pratibha | |
| Total KMC duration in 24 hours (8 am to 8 am): 11:16 | | | | | | | |

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Day: Monday **Hospital Reg. No.:** 87504

Date of Birth(dd/mm/yy) : 28/12/2018 **Mothers Name:** Laxami

| S.No | Starting time of KMC | Stopping time of KMC | Duration of KMC per episode (if KMC duration >= 1 hour then record in hours if < 1 hour please record in minutes) | Reason for pausing KMC (Breast feeding, doctor checkup, mothers mealtime, mothers personal care, family visit, discomfort, complications, etc.) | KMC Provider | Nurse Name | Nurse Signature |
|------|----------------------|----------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-------------|-----------------|
| 1 | 3:01 AM | 5:30 AM | 02:29 | | Mother | Ku.Pratibha | |
| 2 | 6:01 AM | 8:40 AM | 02:39 | | Mother | Manish | |
| 3 | 9:01 AM | 12:01 PM | 03:00 | | Mother | Manish | |
| 4 | 12:30 PM | 2:01 PM | 01:31 | | Mother | Manish | |
| 5 | 2:30 PM | 4:30 PM | 02:00 | | Mother | Manish | |

| | | | | | | | |
|---|---------------------------------------------------------|---------|-------|--|--------|--------|--|
| 6 | 4:45 PM | 6:45 PM | 02:00 | | Mother | Manish | |
| | Total KMC duration in 24 hours (8 am to 8 am): 13:39 | | | | | | |

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Day: Tuesday **Hospital Reg. No.:** 87504

Date of Birth(dd/mm/yy) : 28/12/2018 **Mothers Name:** Laxami

| S.No | Starting time of KMC | Stopping time of KMC | Duration of KMC per episode (if KMC duration >= 1 hour then record in hours if < 1 hour please record in minutes) | Reason for pausing KMC (Breast feeding, doctor checkup, mothers mealtime, mothers personal care, family visit, discomfort, complications, etc.) | KMC Provider | Nurse Name | Nurse Signature |
|------|---------------------------------------------------------|----------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------------------|-----------------|
| 1 | 12:01 AM | 2:01 AM | 02:00 | | Mother | Manish | |
| 2 | 3:01 AM | 4:30 AM | 01:29 | | Mother | Manish | |
| 3 | 5:00 AM | 7:00 AM | 02:00 | | Mother | Poonam Gupta | |
| 4 | 7:30 AM | 8:45 AM | 01:15 | | Mother | Poonam Gupta | |
| 5 | 9:01 AM | 10:01 AM | 01:00 | | Mother | Manish | |
| 6 | 10:10 AM | 1:01 PM | 02:51 | | Mother | Manish | |
| 7 | 1:15 PM | 2:47 PM | 01:32 | | Mother | Manish | |
| 8 | 2:50 PM | 5:01 PM | 02:11 | | Mother | Srimati Chintamani Pal | |
| 9 | 6:01 PM | 7:01 PM | 01:00 | | Mother | Srimati Chintamani Pal | |
| | Total KMC duration in 24 hours (8 am to 8 am): 15:18 | | | | | | |

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Day: Wednesday **Hospital Reg. No.:** 87504

Date of Birth(dd/mm/yy) : 28/12/2018 **Mothers Name:** Laxami

| S.No | Starting time of KMC | Stopping time of KMC | Duration of KMC per episode (if KMC duration >= 1 hour then record in hours if < 1 hour please record in minutes) | Reason for pausing KMC (Breast feeding, doctor checkup, mothers mealtime, mothers personal care, family visit, discomfort, complications, etc.) | KMC Provider | Nurse Name | Nurse Signature |
|---------------------------------------------------------|----------------------|----------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------------------|-----------------|
| 1 | 12:30 AM | 3:01 AM | 02:31 | | Mother | Srimati Chintamani Pal | |
| 2 | 3:30 AM | 4:40 AM | 01:10 | | Mother | Srimati Chintamani Pal | |
| 3 | 5:00 AM | 8:00 AM | 03:00 | | Mother | Poonam Gupta | |
| 4 | 8:30 AM | 9:30 AM | 01:00 | | Mother | Poonam Gupta | |
| 5 | 10:00 AM | 10:30 AM | 00:30 | | Mother | Poonam Gupta | |
| 6 | 11:00 AM | 12:00 PM | 01:00 | | Mother | Poonam Gupta | |
| 7 | 12:15 PM | 2:01 PM | 01:46 | | Mother | Manish | |
| 8 | 2:10 PM | 3:01 PM | 00:51 | | Mother | Manish | |
| 9 | 3:10 PM | 5:01 PM | 01:51 | | Mother | Manish | |
| 10 | 5:20 PM | 7:01 PM | 01:41 | | Mother | Manish | |
| 11 | 7:10 PM | 7:30 PM | 00:20 | | Mother | Ku. Anju Kamlaani | |
| Total KMC duration in 24 hours (8 am to 8 am): 15:40 | | | | | | | |

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Day: Thursday **Hospital Reg. No.:** 87504

Date of Birth(dd/mm/yy) : 28/12/2018 **Mothers Name:** Laxami

| S.No | Starting time of KMC | Stopping time of KMC | Duration of KMC per episode (if KMC duration >= 1 hour then record in hours if < 1 hour please record in minutes) | Reason for pausing KMC (Breast feeding, doctor checkup, mothers mealtime, mothers personal care, family visit, discomfort, complications, etc.) | KMC Provider | Nurse Name | Nurse Signature |
|------|----------------------|----------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------|-----------------|
|------|----------------------|----------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------|-----------------|

FORM B: DAILY INTAKE MONITORING RECORD

Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Thursday **Hospital Reg. No.:** 87504 **Date (dd/mm/yyyy):** 01/01/1970

Mother Name : Laxami **Baby age(in days):** 6 days **Total feeding requirement for the day:** _____

[illegible]

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Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Thursday **Hospital Reg. No.:** 87504 **Date (dd/mm/yyyy):** 01/01/1970

Mother Name : Laxami Baby age(in days): 6 days Total feeding requirement for the day:

[illegible]

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| 8 | | | | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | | | | |
| 11 | | | | | | | | | | | | | | | |

FORM B: DAILY INTAKE MONITORING RECORD

Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Thursday **Hospital Reg. No.:** 87504 **Date (dd/mm/yyyy):** 01/01/1970

Mother Name : Laxami **Baby age(in days):** 6 days **Total feeding requirement for the day:** _____

| S.No. | Time of feeding (From, to) | Feeding method and measurement (fill in where applicable) | | | | | | | | Supplements Received (name and dose) | | | | | Nurse Signature |
|-------|--------------------------------|--------------------------------------------------------------|-------------------------------------------|-----------------------|---------|-------|-----|-----------------|-------------|-----------------------------------------|-------------|---------|----------|-----------|--------------------|
| | | Direct breast feeding (in min) | Expressed breast feed (EBF) (in ml) | Mixed Feeding (in ml) | | | | Other:* IV Type | | Vit t D 3 | Calciu m | HM F | Iro n | Othe r | |
| | | | | EBF | Formula | Other | Net | In ml/hr | In drop/min | | | | | | |
| 1 | | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | | | |
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| 11 | | | | | | | | | | | | | | | |

FORM B: DAILY INTAKE MONITORING RECORD

Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Thursday **Hospital Reg. No.:** 87504 **Date (dd/mm/yyyy):** 01/01/1970

Mother Name : Laxami **Baby age(in days):** 6 days **Total feeding requirement for the day:** _____

FORM B: DAILY INTAKE MONITORING RECORD

Objective: To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 AM), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day : Thursday **Hospital Reg. No.:** 87504 **Date (dd/mm/yyyy):** 01/01/1970

Mother Name : Laxami **Baby age(in days):** 6 days **Total feeding requirement for the day:** _____

| S.No. | Time of feeding (From, to) | Feeding method and measurement (fill in where applicable) | | | | | | | | Supplements Received (name and dose) | | | | | Nurse Signature |
|-------|--------------------------------|--------------------------------------------------------------|-------------------------------------------|-----------------------|---------|-------|-----|-----------------|-------------|-----------------------------------------|-------------|---------|----------|-----------|--------------------|
| | | Direct breast feeding (in min) | Expressed breast feed (EBF) (in ml) | Mixed Feeding (in ml) | | | | Other:* IV Type | | Vit D 3 | Calciu m | HM F | Iro n | Othe r | |
| | | | | EBF | Formula | Other | Net | In ml/hr | In drop/min | | | | | | |
| 1 | | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | | | |
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| 10 | | | | | | | | | | | | | | | |
| 11 | | | | | | | | | | | | | | | |

DISCHARGE CHECKLIST FOR KMC UNIT

Hospital Reg. No.: 87504 **MCTS NO.:** _____

Name of mother: Laxami **Date of discharge :** 03/01/2019

Number of days spend in KMC room (excluding days spent in SNCU/ NBSU): 6 days
weight on discharge(in grams): 1755 grams

Net weight gain/loss since admission(in grams): -5

Type of discharge : Discharged by facility staff

In case of referral

Name and address of facility referred to: _____

Reason for referral: _____

DISCHARGE CHECKLIST FOR KMC UNIT

- 1.** Stable and not on parenteral medication, the baby's general health is good and there is no concurrent disease such as apnoea or infection
- 2.** Maintaining temperature in the KMC position and mother's bed for 3 consecutive days at room temperature
- 3.** Gaining 15-20 grams per day for at least 3 consecutive days
- 4.** The mother is confident in caring for the baby and is able to come regularly for follow-up visits. At discharge, the mother and family members must be taught to ensure that the infant is nursed in a warm room and is breastfed (Given expressed milk using paladai or cup). They should be adequately told about hygiene, danger signs, follow-up visits, immunization and prompt care seeking at a health facility. KMC should be continued as long as required and baby and mother should not be discharged in a hurry.

Signature of Nurse/Doctor

Signature of Family Member