### FORM A: KMC UNIT ADMISSION FORM

**Objective:** To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.

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Hospital Reg. No.: 829 MCTS No.: --

Baby of: Shidulari

Date of admission to KMC unit (dd/mm/yyyy): 20/10/2018 Time of admission (am/pm): 12:32

PM

1- BACKGROUND INFORMATION

**1.1 Date of Birth** (dd/mm/yyyy): 19/10/2018

**1.2 Sex:** Male

**1.3 Time of Birth** (am/pm): 03:01:00

**1.4 Type of admission:** Inborn/ Outborn

**1.5 Weight at birth** (in grams): 1710 grams

**1.6 Place of birth:** Hospital

**1.6.1 Name and address of birth facility:** CHC Shivgarh

**1.7 Type of birth:** Normal

1.8 Term of birth: Full Term/ Preterm

**1.9 LMP** (first day of last menstrual period - dd/mm/yyyy): 20/02/2018

1.10 Gestational age (in weeks): 34 Weeks

**1.11 Weigth of baby at admission to KMC unit** (in grams): 1660 grams

1.12

G	P	A	L
3	3	0	3

**1.13 Is the Baby stable?** Yes / No

Is the baby on medication at time of admission? (Specify name and dosage)

1.	
2.	

<b>2-</b> FAMILY DETAIL (For Follow Up)	
2.1 Name of the mother: Shidulari	
2.2 Name of the father: Shivsharan	
2.3 Name & relation of accompanying family member(s	)
Shidulari	
2.4 Contact detail (At least 2 close contact numbers) Phone / Mobile Number	Relations
7703024991	Shidulari
7703024991	Shivsharan
<ul><li>2.5 Religion: Hindu</li><li>2.6 Caste: SC</li><li>2.7 Address:</li></ul>	
Deves I/I July and Deves I	
Rural/Urban: Rural State/Country: Uttar Pradesh, India	
District: Rae Bareli	
Block/ Area/ Muhalla: 2062 Gram Sabha-Hamlet/ House NO.: Bhausi	
Address: Saimerganj	
Pin Code: 229308	
Near: Hanuman Ji Kamandir	
Signature of Nurse at the time of admission.	Signature of Doctor
Sandhya Singh	
14/01/2019 12:39 PM	

#### FORM D: DAILY WEIGHT MONITORING FORM

**Objective:** To record the pre-feed weight of the baby admitted in the KMC unit, and compare it with the weight of the previous day and admission weight. To be filled by nurse on duty in the KMC room after weighing.

**Hospital Registration Number: 829** 

Mother Name: Shidulari Date of Birth(dd/mm/yyyy): 19/10/2018

Birth Weight(in grams): 1710

Day	Date (dd/mm/yy)	Time of weighing	Weight of baby without clothes (in grams)	Todays weight- yesterdays weight (+,- or unchanged)	Net gain/loss since admission (Todays weight- Admission weight)	Remarks	Nurse Name	Signature or nurse talking weight
1	20/10/2018	12:34 PM	1660				Sandhya Singh	
2	21/10/2018	4:31 AM	1590	-70	70 loss		Sandhya Singh	

Date of discharge(dd/mm/yy):22/10/2018 Weight of discharge(in grams): 1530

Net gain/loss since admission(in grams)(+/-): -180

### **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM ), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Saturday Hospital Reg. No.: 829

Date of Birth(dd/mm/yy): 19/10/2018 Mothers Name: Shidulari

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:15 AM	1:15 AM	01:00		Mother	Sandhya Singh	
2	1:30 AM	3:01 AM	01:31		Mother	Sandhya Singh	
3	3:20 AM	7:30 AM	04:10		Mother	Sandhya Singh	
4	8:30 AM	1:00 PM	04:30		Mother	Sandhya Singh	
5	1:30 PM	4:01 PM	02:31		Mother	Sandhya Singh	

6	4:30 PM	6:01 PM	01:31		Mother	Sandhya Singh		
7	7:15 PM	8:21 PM	01:06		Mother	Sandhya Singh		
8	8:40 PM	9:35 PM	00:55		Mother	Sandhya Singh		
	Total KMC d	uration in 24	hours (8 am to 8 am)	):				
17:14								

## **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Sunday Hospital Reg. No.: 829

Date of Birth(dd/mm/yy): 19/10/2018 Mothers Name: Shidulari

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature	
1	12:05 AM	3:37 AM	03:32		Mother	Sandhya Singh		
2	4:05 AM	6:20 AM	02:15		Mother	Sandhya Singh		
3	6:35 AM	8:01 AM	01:26		Mother	Sandhya Singh		
4	8:10 AM	9:02 AM	00:52		Mother	Sandhya Singh		
5								
6								
7								
8								
Total KMC duration in 24 hours (8 am to 8 am):								
	08:05							

### FORM B: DAILY INTAKE MONITORING RECORD

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day: Monday Hospital Reg. No.: 829 Date (dd/mm/yyyy): 01/01/1970

Mother Name : Shidulari Baby age(in days): 88 days Total feeding requirement

for the day:

			Feeding r	in whe	d and measuere applicab	le)			!	Supplem (name	ents I	Recei dose		Nurse Signature
S.No.	Time of feeding ( From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		lixed Feedir Formula	og (in ml Other	In ml/hr	r:* IV Type In drop/min	Vi t D	Calciu m			Othe r	
1														
2														
3														
4														
5														
6														
7														
8														
9														
10														
11														

# **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

Day: Monday Hospital Reg. No.: 829 Date (dd/mm/yyyy): 01/01/1970

Mother Name : Shidulari Baby age(in days): 88 days Total feeding requirement

for the day:

			Feeding method and measurement (fill in where applicable)									Supplements Received (name and dose)				
S.No.	Time of feeding ( From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		ixed Feedin		) Net	In	r:* IV Type In drop/min	Vi t D 3	Calciu m	HM F		Othe r	Signature	
1																
2																
3																
4																
5																

6								
7								
8								
9								
10								
11								

### **DISCHARGE CHECKLIST FOR KMC UNIT**

Hospital Reg. No.: 829 MCTS NO.:
Name of mother: Shidulari Date of discharge :22/10/2018
Number of days spend in KMC room (excluding days spent in SNCU/ NBSU): 86 days weight on discharge(in grams): 1530 grams
Net weight gain/loss since admission(in grams): -180
Type of discharge: Discharged by facility staff
In case of referral
Name and address of facility reffered to:
Reason for referral:
DISCHARGE CHECKLIST FOR KMC UNIT

- ${f 1.}$  Stable and not on parenteral medication, the baby's general health is good and there is no concurrent disease such as apnoea or infection
- **2.** Maintaining temperature in the KMC position and mother's bed for 3 consecutive days at room temperature
- **3.** Gaining 15-20 grams per day for at least 3 consecutive days
- **4.** Accepting feeds directly from breast (preferable) or by spoon, paladai or cup, he is feeding well, and is exclusively or predominantly breastfed
- **5.** The mother is confident in caring for the baby and is able to come regularly for follow-up visits. At discharge, the mother and family members must be taught to ensure that the infant is nursed in a warm room and is breastfed (Given expressed milk using paladai or cup). They should be adequately told about hygiene, danger signs, follow-up visits, immunization and prompt care seeking at a health facility. KMC should be continued as long as required and baby and mother should not be discharged in a hurry.

Signature of Nurse/Doctor	Signature of Family Member