### FORM A: KMC UNIT ADMISSION FORM

**Objective:** To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

<u>Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.</u>

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**Hospital Reg. No.:** 127/2063 MCTS No.: --

Baby of: Seema

Date of admission to KMC unit (dd/mm/yyyy): 16/08/2018 Time of admission (am/pm): 03:43

AM

1- BACKGROUND INFORMATION

**1.1 Date of Birth** (dd/mm/yyyy): 16/08/2018

**1.2 Sex:** Male

**1.3 Time of Birth** (am/pm): 00:50:00

**1.4 Type of admission:** Inborn/ Outborn

1.5 Weight at birth (in grams): 2060 grams

**1.6 Place of birth:** Hospital

1.6.1 Name and address of birth facility: CHC Kheero

**1.7 Type of birth:** Normal

1.8 Term of birth: Full Term/ Preterm

**1.9 LMP** (first day of last menstrual period - dd/mm/yyyy): 11/11/2017

1.10 Gestational age (in weeks): 40 Weeks

1.11 Weigth of baby at admission to KMC unit (in grams): 2040 grams

1.12

G	P	A	L		
2	2	0	2		

**1.13 Is the Baby stable?** Yes / No

Is the baby on medication at time of admission? (Specify name and dosage)

1.	
2.	
2	

2.1 Name of the mother: Seema	
2.2 Name of the father: Ram Kumar	
2.3 Name & relation of accompanying family member(s)	
Seema	Mother
2.4 Contact detail (At least 2 close contact numbers) Phone / Mobile Number	Relations
7565956148 7565956148	Seema Ram Kumar
2.4.1 Name and Number of ASHA:	
2.5 Religion: Hindu	
2.6 Caste: OBC	
2.7 Address:	
Rural/Urban: Rural State/Country: Uttar Pradesh, India District: Rae Bareli Block/ Area/ Muhalla: 2054 Gram Sabha-Hamlet/ House NO.: Lakshipur Address: Sukhau Khera Pin Code: 225201 Near: Aam Ka Ped	
Signature of Nurse at the time of admission.	Signature of Doctor
Kirti 14/01/2019 01:05 PM	

**2-** FAMILY DETAIL (For Follow Up)

#### FORM D: DAILY WEIGHT MONITORING FORM

**Objective:** To record the pre-feed weight of the baby admitted in the KMC unit, and compare it with the weight of the previous day and admission weight. To be filled by nurse on duty in the KMC room after weighing.

**Hospital Registration Number:** 127/2063

Mother Name: Seema Date of Birth(dd/mm/yyyy): 16/08/2018

Birth Weight(in grams): 2060

Day	Date (dd/mm/yy)	Time of weighing	Weight of baby without clothes (in grams)	Todays weight- yesterdays weight (+,- or unchanged)	Net gain/loss since admission (Todays weight- Admission weight)	Remarks	Nurse Name	Signature or nurse talking weight
1	16/08/2018	3:46 AM	2040				Kirti	
2	17/08/2018	4:49 AM	1940	-100	100 loss		Neelam	
3	18/08/2018	3:19 AM	1930	-10	110 loss		Neelam	
4	19/08/2018	3:57 AM	1960	+30	80 loss		Poornima	
5	20/08/2018	2:53 AM	2040	+80	0 gain		Poornima	

Date of discharge(dd/mm/yy):20/08/2018 Weight of discharge(in grams): 2060

Net gain/loss since admission(in grams)(+/-): 0

### FORM C: DAILY KMC COMPLIANCE FORM

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM ), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Thursday Hospital Reg. No.: 127/2063

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	8:30 AM	9:00 AM	00:30		Mother	Neelam	
2	9:30 AM	12:00 PM	02:30		Mother	Neelam	
3	12:35 PM	1:30 PM	00:55		Grand Mother	Neelam	
4	2:02 PM	3:05 PM	01:03		Mother	Neelam	
5	4:23 PM	5:33 PM	01:10		Mother	Poornima	

6	6:10 PM	8:20 PM	02:10		Mother	Poornima				
7	8:30 PM	9:25 PM	00:55		Grand Mother	Poornima				
8	10:00 PM	11:59 PM	01:59		Mother	Poornima				
	Total KMC duration in 24 hours (8 am to 8 am):									
	11:12									

### FORM C: DAILY KMC COMPLIANCE FORM

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Day: Friday Hospital Reg. No.: 127/2063

Date of Birth(dd/mm/yy): 16/08/2018 Mothers Name: Seema

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:00 AM	12:35 AM	00:35		Mother	Poornima	
2	1:00 AM	4:00 AM	03:00		Mother	Poornima	
3	4:30 AM	5:30 AM	01:00		Mother	Neelam	
4	9:15 AM	11:30 AM	02:15		Mother	Neelam	
5	1:00 PM	3:10 PM	02:10		Mother	Neelam	
6	3:38 PM	4:40 PM	01:02		Mother	Neelam	
7	5:20 PM	7:10 PM	01:50		Mother	Neelam	
8	7:30 PM	8:55 PM	01:25		Mother	Neelam	
9	10:02 PM	11:59 PM	01:57		Mother	Neelam	
	Total KMC d	luration in 24	hours (8 am to 8 am)	):			

### FORM C: DAILY KMC COMPLIANCE FORM

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Saturday Hospital Reg. No.: 127/2063

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:00 AM	12:05 AM	00:05		Mother	Neelam	
2	12:30 AM	3:00 AM	02:30		Mother	Neelam	
3	4:30 AM	6:00 AM	01:30		Mother	Neelam	
4	7:00 AM	8:00 AM	01:00		Grand Mother	Neelam	
5	9:00 AM	10:30 AM	01:30		Mother	Neelam	
6	11:00 AM	12:15 PM	01:15		Grand Mother	Neelam	
7	1:00 PM	2:00 PM	01:00		Mother	Neelam	
8	3:00 PM	4:30 PM	01:30		Mother	Neelam	
9	5:16 PM	6:08 PM	00:52		Mother	Poornima	
10	5:16 PM	6:08 PM	00:52		Mother	Poornima	
11	6:20 PM	8:10 PM	01:50		Mother	Poornima	
12	8:25 PM	9:10 PM	00:45		Grand Mother	Poornima	
	Total KMC d	luration in 24	hours (8 am to 8 am)	:	,		
	14:39						

## **FORM C: DAILY KMC COMPLIANCE FORM**

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Day: Sunday Hospital Reg. No.: 127/2063

S.No	Starting time of KMC	Stopping time of KMC	Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes)	Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.)	KMC Provider	Nurse Name	Nurse Signature
1	12:33 AM	3:22 AM	02:49		Mother	Poornima	
2	3:25 AM	5:00 AM	01:35		Mother	Neelam	

3	5:15 AM	7:00 AM	01:45		Mother	Neelam				
4	7:50 AM	9:30 AM	01:40		Mother	Neelam				
5	10:00 AM	12:15 PM	02:15		Grand Mother	Kirti				
6	12:40 PM	2:50 PM	02:10		Mother	Kirti				
7	3:15 PM	5:30 PM	02:15		Mother	Kirti				
8	5:40 PM	6:08 PM	00:28		Grand Mother	Poornima				
9	6:25 PM	7:43 PM	01:18		Mother	Poornima				
10	8:15 PM	9:35 PM	01:20		Mother	Poornima				
	Total KMC duration in 24 hours (8 am to 8 am):									
	17:35									

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Day: Monday Hospital Reg. No.: 127/2063

S.No	Starting time of KMC	time   duration>=1nour   reeding,doctorcheckup,mothers		KMC Provider	Nurse Name	Nurse Signature		
1	12:00 AM	2:10 AM	02:10		Mother	Poornima		
2	2:30 AM	4:00 AM	01:30		Mother	Poornima		
3	4:30 AM	6:00 AM	01:30		Mother	Neelam		
4	7:00 AM	8:00 AM	01:00		Mother	Neelam		
5	8:35 AM	9:25 AM	00:50		Mother	Neelam		
6	9:50 AM	11:05 AM	01:15		Mother	Neelam		
	Total KMC duration in 24 hours (8 am to 8 am):							
	08:15							

## FORM B: DAILY INTAKE MONITORING RECORD

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

**Day :** Monday **Hospital Reg. No.:** 127/2063 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Seema Baby age(in days): 152 days Total feeding requirement for

the day: \_\_\_\_\_

	Time of feeding ( From, to)	Feeding method and measurement (fill in where applicable)								Supplements Received (name and dose)				Nurse Signature	
					lixed Feedir	ıg (in m	)	Othe	r:* IV Type					Signature	
S.No.		Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)	EBF	Formula	Other	Net	In ml/hr	In drop/min	Vi t D 3	Calciu m	HM F	Iro n	Othe r	
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**Day :** Monday **Hospital Reg. No.:** 127/2063 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Seema Baby age(in days): 152 days Total feeding requirement for

the day: \_\_\_\_\_

			Feeding method and measurement (fill in where applicable)											Supplements Received (name and dose)					
S.No.	Time of feeding ( From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		ixed Feedin Formula	og (in ml Other			r:* IV Type In drop/min	Vi t D 3	,	HM F		Othe r	Signature				
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**Day :** Monday **Hospital Reg. No.:** 127/2063 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Seema Baby age(in days): 152 days Total feeding requirement for

the day: \_\_\_\_\_

			Feeding r	in whe	d and measu ere applicab	le)				Supplements Received (name and dose)					Nurse Signature
S.No.	Time of feeding	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		lixed Feedir	ıg (in ml	)	Othe	r:* IV Type	Vi	(nume		1030	, 	Signature
	( From, to)			EBF	Formula	Other	Net	In ml/hr	In drop/min		Calciu m	HM F	Iro n	Othe r	
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Day: Monday	Hospital Reg. No.: 127/2063	Date (dd/	<b>/mm/yyyy)</b> : 01/01/1970
Mother Name : S	Seema Baby age(in days	<b>):</b> 152 days	Total feeding requirement for
the day:			

			Feeding method and measurement (fill in where applicable)										Supplements Received (name and dose)					
S.No.	Time of feeding ( From, to)	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)		lixed Feedin Formula	g (in ml Other		In	r;* IV Type In drop/min	Vi t D 3	Calciu m	HM F		Othe r	Signature			
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Mother Name : Seema Baby age(in days): 152 days Total feeding requirement for

the day:

			Feeding r	in whe	d and meast ere applicab	le)				Supplements Received (name and dose)					Nurse Signature
S.No.	Time of feeding	Direct breast feeding (in min)	Expressed breast feed (EBF) (in ml)	Mixed Feeding (in ml)				Other	r:* IV Type	Vi					
	( From, to)			EBF	Formula	Other	Net	In ml/hr	In drop/min	t D 3	Calciu m	HM F	Iro n		
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# **DISCHARGE CHECKLIST FOR KMC UNIT**

Hospital Reg. No.: 127/2063 MCTS NO.:	
Name of mother: Seema Date of discharge :20/08/2018	
Number of days spend in KMC room (excluding days spent in 8 weight on discharge(in grams): 2060 grams	SNCU/ NBSU): 151 days
Net weight gain/loss since admission(in grams): 0	
Type of discharge: Discharged by facility staff	
In case of referral	
Name and address of facility reffered to:	
Reason for referral:	
DISCHARGE CHECKLIST FOR KMO	CUNIT
1. Stable and not on parenteral medication, the baby's general health concurrent disease such as apnoea or infection	n is good and there is no
2. Maintaining temperature in the KMC position and mother's bed for temperature	r 3 consecutive days at room
3. Gaining 15-20 grams per day for at least 3 consecutive days	
<b>4.</b> Accepting feeds directly from breast (preferable) or by spoon, pala and is exclusively or predominantly breastfed	adai or cup, he is feeding well,
<b>5.</b> The mother is confident in caring for the baby and is able to come discharge, the mother and family members must be taught to ensure warm room and is breastfed (Given expressed milk using paladai or told about hygiene, danger signs, follow-up visits, immunization and facility. KMC should be continued as long as required and baby and discharged in a hurry.	that the infant is nursed in a cup). They should be adequately prompt care seeking at a health
Signature of Nurse/Doctor	Signature of Family Member