## FORM A: KMC UNIT ADMISSION FORM

**Objective:** To be filled at the time of admission to the KMC unit, before starting long-duration KMC. The form contains information on eligibility of the baby of KMC and detail required for follow-up.

Information to be collect by nurse on duty in KMC unit from the case sheet, health officials, mother and caregivers.

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**Hospital Reg. No.:** 80/1432 **MCTS No.:** --

Baby of: Sunita

Date of admission to KMC unit (dd/mm/yyyy): 07/01/2019 Time of admission (am/pm): 01:28

PM

1- BACKGROUND INFORMATION

**1.1 Date of Birth** (dd/mm/yyyy): 07/01/2019

**1.2 Sex:** Male

**1.3 Time of Birth** (am/pm): 09:59:00

**1.4 Type of admission:** Inborn/ Outborn

1.5 Weight at birth (in grams): 1980 grams

**1.6 Place of birth:** Hospital

1.6.1 Name and address of birth facility: CHC Kheero

**1.7 Type of birth:** Normal

1.8 Term of birth: Full Term/ Preterm

**1.9 LMP** (first day of last menstrual period - dd/mm/yyyy): 01/01/1970

1.10 Gestational age (in weeks): 2558 Weeks

1.11 Weigth of baby at admission to KMC unit (in grams): 1980 grams

1.12

| G | P | A | L |
|---|---|---|---|
| 3 | 3 | 0 | 3 |

**1.13 Is the Baby stable?** Yes / No

Is the baby on medication at time of admission? (Specify name and dosage)

| I. |  |
|----|--|
| 2. |  |
| 2  |  |

| 2- FAMILY DETAIL (For Follow Up)   |                     |
|--|---------------------|
| 2.1 Name of the mother: Sunita   |                     |
| 2.2 Name of the father: Viresh   |                     |
| 2.3 Name & relation of accompanying family mem   | ber(s)              |
| Sunita   | Mother              |
| 2.4 Contact detail (At least 2 close contact numbe<br>Phone / Mobile Number  | rs)<br>Relations    |
| 9506122196<br>9506122196   | Sunita<br>Viresh    |
| 2.4.1 Name and Number of ASHA: Krishnawati   | 7839725527          |
| 2.5 Religion: Hindu  |                     |
| 2.6 Caste: SC  |                     |
| 2.7 Address:   |                     |
| Rural/Urban: Rural State/Country: Uttar Pradesh, India District: Rae Bareli Block/ Area/ Muhalla: 2054 Gram Sabha-Hamlet/ House NO.: Haripur Mirdaha Address: Haripur Mirdaha Pin Code: 229006 Near: |                     |
| Signature of Nurse at the time of admission.   | Signature of Doctor |
| Neelam   |                     |

10/01/2019 11:00 AM

### FORM D: DAILY WEIGHT MONITORING FORM

**Objective:** To record the pre-feed weight of the baby admitted in the KMC unit, and compare it with the weight of the previous day and admission weight. To be filled by nurse on duty in the KMC room after weighing.

**Hospital Registration Number:** 80/1432

Mother Name: Sunita Date of Birth(dd/mm/yyyy): 07/01/2019

Birth Weight(in grams): 1980

| Day | Date<br>(dd/mm/yy) | Time of<br>weighing | Weight of<br>baby<br>without<br>clothes<br>(in<br>grams) | Todays weight- yesterdays weight (+,- or unchanged) | Net gain/loss since admission (Todays weight- Admission weight) | Remarks | Nurse<br>Name | Signature<br>or nurse<br>talking<br>weight |
|-----|--------------------|---------------------|--|---|---|---------|---------------|--|
| 1   | 07/01/2019         | 1:30 PM             | 1980   |   |   |         | Neelam        |  |
| 2   | 08/01/2019         | 2:08 AM             | 1930   | -50   | 50 loss   |         | Kirti         |  |
| 3   | 09/01/2019         | 2:47 AM             | 1960   | +30   | 20 loss   |         | Kirti         |  |
| 4   | 10/01/2019         | 3:22 AM             | 2040   | +80   | 60 gain   |         | Poornima      |  |

Date of discharge(dd/mm/yy):10/01/2019 Weight of discharge(in grams): 2040

Net gain/loss since admission(in grams)(+/-): 60

### FORM C: DAILY KMC COMPLIANCE FORM

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Monday Hospital Reg. No.: 80/1432

Date of Birth(dd/mm/yy): 07/01/2019 Mothers Name: Sunita

| S.No | Starting<br>time<br>of KMC | Stopping<br>time<br>of KMC | Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes) | Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.) | KMC<br>Provider | Nurse<br>Name | Nurse<br>Signature |
|------|----------------------------|----------------------------|---|---|-----------------|---------------|--------------------|
| 1    | 11:01 AM                   | 12:01 PM                   | 01:00   |   | Mother          | Neelam        |                    |
| 2    | 12:20 PM                   | 1:30 PM                    | 01:10   |   | Mother          | Neelam        |                    |
| 3    | 1:50 PM                    | 3:01 PM                    | 01:11   |   | Mother          | Neelam        |                    |
| 4    | 3:23 PM                    | 5:01 PM                    | 01:38   |   | Mother          | Neelam        |                    |
| 5    | 5:23 PM                    | 6:30 PM                    | 01:07   |   | Mother          | Neelam        |                    |
| 6    | 6:55 PM                    | 7:30 PM                    | 00:35   |   | Mother          | Neelam        |                    |

| 7 | 7:45 PM     | 9:23 PM        | 01:38                |   | Mother | Kirti |  |  |  |
|---|-------------|----------------|----------------------|---|--------|-------|--|--|--|
| 8 | 9:40 PM     | 11:45 PM       | 02:05                |   | Mother | Kirti |  |  |  |
|   | Total KMC d | luration in 24 | hours (8 am to 8 am) | : |        |       |  |  |  |
|   | 10:24       |                |                      |   |        |       |  |  |  |

## **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Tuesday Hospital Reg. No.: 80/1432

Date of Birth(dd/mm/yy): 07/01/2019 Mothers Name: Sunita

| S.No | Starting<br>time<br>of KMC | Stopping<br>time<br>of KMC | Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes) | Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.) | KMC<br>Provider | Nurse<br>Name | Nurse<br>Signature |
|------|----------------------------|----------------------------|---|---|-----------------|---------------|--------------------|
| 1    | 12:01 AM                   | 1:50 AM                    | 01:49   |   | Mother          | Kirti         |                    |
| 2    | 2:06 AM                    | 4:01 AM                    | 01:55   |   | Mother          | Kirti         |                    |
| 3    | 4:16 AM                    | 6:05 AM                    | 01:49   |   | Mother          | Kirti         |                    |
| 4    | 6:25 AM                    | 7:35 AM                    | 01:10   |   | Mother          | Kirti         |                    |
| 5    | 8:10 AM                    | 9:01 AM                    | 00:51   |   | Mother          | Kirti         |                    |
| 6    | 9:17 AM                    | 11:10 AM                   | 01:53   |   | Mother          | Kirti         |                    |
| 7    | 11:30 AM                   | 1:15 PM                    | 01:45   |   | Grand<br>Mother | Kirti         |                    |
| 8    | 1:30 PM                    | 3:20 PM                    | 01:50   |   | Mother          | Kirti         |                    |
| 9    | 3:37 PM                    | 5:20 PM                    | 01:43   |   | Mother          | Kirti         |                    |
| 10   | 5:38 PM                    | 7:05 PM                    | 01:27   |   | Mother          | Kirti         |                    |
| 11   | 7:21 PM                    | 9:10 PM                    | 01:49   |   | Mother          | Kirti         |                    |
| 12   | 9:30 PM                    | 10:33 PM                   | 01:03   |   | Mother          | Kirti         |                    |
| 13   | 10:45 PM                   | 11:59 PM                   | 01:14   |   | Mother          | Kirti         |                    |
|      | Total KMC d                | uration in 24              | hours (8 am to 8 am)  | :   |                 |               |                    |
|      | 20:18                      |                            |   |   |                 |               |                    |

**FORM C: DAILY KMC COMPLIANCE FORM** 

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM ), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Wednesday Hospital Reg. No.: 80/1432

Date of Birth(dd/mm/yy): 07/01/2019 Mothers Name: Sunita

| S.No | Starting<br>time<br>of KMC | Stopping<br>time<br>of KMC | Duration of KMC per episode (if KMC duration>=1hour then record in hours if <1 hour please record in minutes) | Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.) | KMC<br>Provider | Nurse<br>Name | Nurse<br>Signature |
|------|----------------------------|----------------------------|---|---|-----------------|---------------|--------------------|
| 1    | 12:16 AM                   | 1:40 AM                    | 01:24   |   | Mother          | Kirti         |                    |
| 2    | 1:55 AM                    | 3:22 AM                    | 01:27   |   | Mother          | Kirti         |                    |
| 3    | 3:36 AM                    | 5:20 AM                    | 01:44   |   | Mother          | Kirti         |                    |
| 4    | 5:40 AM                    | 7:40 AM                    | 02:00   |   | Mother          | Kirti         |                    |
| 5    | 8:01 AM                    | 9:01 AM                    | 01:00   |   | Mother          | Neelam        |                    |
| 6    | 9:20 AM                    | 10:30 AM                   | 01:10   |   | Mother          | Neelam        |                    |
| 7    | 10:50 AM                   | 11:50 AM                   | 01:00   |   | Mother          | Neelam        |                    |
| 8    | 12:15 PM                   | 2:25 PM                    | 02:10   |   | Mother          | Poornima      |                    |
| 9    | 3:01 PM                    | 5:16 PM                    | 02:15   |   | Mother          | Poornima      |                    |
| 10   | 5:26 PM                    | 6:50 PM                    | 01:24   |   | Mother          | Kirti         |                    |
| 11   | 7:02 PM                    | 8:45 PM                    | 01:43   |   | Mother          | Kirti         |                    |
| 12   | 9:01 PM                    | 10:45 PM                   | 01:44   |   | Mother          | Kirti         |                    |
| 13   | 11:01 PM                   | 11:59 PM                   | 00:58   |   | Mother          | Kirti         |                    |
|      | Total KMC d                | uration in 24              | hours (8 am to 8 am)  | ):<br>:   | 1               | 1             |                    |

## **FORM C: DAILY KMC COMPLIANCE FORM**

**Objective:** To record the number of hour of KMC given to the baby admitted in the KMC unit in 24 hours (8AM - 8AM), the duration of each session and the reason for not giving continuous KMC. To be collected by nurse on duty in KMC room via direct observation or from mother/caregiver

Day: Thursday Hospital Reg. No.: 80/1432

Date of Birth(dd/mm/yy): 07/01/2019 Mothers Name: Sunita

| S.No | Starting<br>time<br>of KMC | Stopping<br>time<br>of KMC | Duration of<br>KMC per<br>episode<br>(if KMC<br>duration>=1hour<br>then record in<br>hours if <1<br>hour please<br>record in<br>minutes) | Reason for pausing KMC (Breast feeding,doctorcheckup,mothers mealtime,mothers personal care,family visit,discomfort,complications,etc.) | KMC<br>Provider | Nurse<br>Name | Nurse<br>Signature |
|------|----------------------------|----------------------------|--|---|-----------------|---------------|--------------------|
| 1    | 12:01 AM                   | 1:01 AM                    | 01:00  |   | Mother          | Kirti         |                    |
| 2    | 1:20 AM                    | 3:10 AM                    | 01:50  |   | Mother          | Kirti         |                    |
| 3    | 3:25 AM                    | 5:25 AM                    | 02:00  |   | Mother          | Kirti         |                    |
| 4    | 5:46 AM                    | 7:15 AM                    | 01:29  |   | Mother          | Poornima      |                    |
| 5    | 7:45 AM                    | 9:01 AM                    | 01:16  |   | Mother          | Poornima      |                    |
| 6    | 9:20 AM                    | 11:01 AM                   | 01:41  |   | Mother          | Poornima      |                    |
| 7    | 11:25 AM                   | 12:40 PM                   | 01:15  |   | Mother          | Poornima      |                    |
|      | Total KMC d                | uration in 24              | hours (8 am to 8 am)   | :   |                 | •             |                    |
|      | 10:31                      |                            |  |   |                 |               |                    |

# **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

**Day :** Thursday **Hospital Reg. No.:** 80/1432 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Sunita Baby age(in days): 3 days Total feeding requirement for

the day: \_\_\_\_\_

|       |                                   |                                   |   | in whe | d and meast<br>ere applicab | le)               |             |                            | Supplements Received<br>(name and dose) |             |         |  |           | Nurse<br>Signature |
|-------|-----------------------------------|-----------------------------------|---|--------|-----------------------------|-------------------|-------------|----------------------------|---|-------------|---------|--|-----------|--------------------|
| S.No. | Time of<br>feeding<br>( From, to) | Direct breast<br>feeding (in min) | Expressed breast<br>feed (EBF) (in<br>ml) |        | lixed Feedir<br>Formula     | g (in ml<br>Other | In<br>ml/hr | r:* IV Type<br>In drop/min | Vi<br>t<br>D<br>3                       | Calciu<br>m | HM<br>F |  | Othe<br>r |                    |
| 1     |                                   |                                   |   |        |                             |                   |             |                            |   |             |         |  |           |                    |
| 2     |                                   |                                   |   |        |                             |                   |             |                            |   |             |         |  |           |                    |
| 3     |                                   |                                   |   |        |                             |                   |             |                            |   |             |         |  |           |                    |
| 4     |                                   |                                   |   |        |                             |                   |             |                            |   |             |         |  |           |                    |
| 5     |                                   |                                   |   |        |                             |                   |             |                            |   |             |         |  |           |                    |
| 6     |                                   |                                   |   |        |                             |                   |             |                            |   |             |         |  |           |                    |
| 7     |                                   |                                   |   |        |                             |                   |             |                            |   |             |         |  |           |                    |
| 8     |                                   |                                   |   |        |                             |                   |             |                            |   |             |         |  |           |                    |

| 9  |  |  |  |  |  |  |   |  |
|----|--|--|--|--|--|--|---|--|
| 10 |  |  |  |  |  |  |   |  |
| 11 |  |  |  |  |  |  | · |  |

# FORM B: DAILY INTAKE MONITORING RECORD

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

**Day :** Thursday **Hospital Reg. No.:** 80/1432 **Date (dd/mm/yyyy)**: 01/01/1970

**Mother Name :** Sunita **Baby age(in days):** 3 days **Total feeding requirement for** 

the day:

|       |                                   |                                   | Feeding r<br>(fill                        | in whe | d and meast<br>ere applicab | le)                |    |                            | Supplements Received (name and dose) |             |  |  |  | Nurse<br>Signature |
|-------|-----------------------------------|-----------------------------------|---|--------|-----------------------------|--------------------|----|----------------------------|--------------------------------------|-------------|--|--|--|--------------------|
| S.No. | Time of<br>feeding<br>( From, to) | Direct breast<br>feeding (in min) | Expressed breast<br>feed (EBF) (in<br>ml) |        | lixed Feedir<br>Formula     | og (in ml<br>Other | In | r:* IV Type<br>In drop/min | עו                                   | Calciu<br>m |  |  |  |                    |
| 1     |                                   |                                   |   |        |                             |                    |    |                            | 3                                    |             |  |  |  |                    |
| 2     |                                   |                                   |   |        |                             |                    |    |                            |                                      |             |  |  |  |                    |
| 3     |                                   |                                   |   |        |                             |                    |    |                            |                                      |             |  |  |  |                    |
| 4     |                                   |                                   |   |        |                             |                    |    |                            |                                      |             |  |  |  |                    |
| 5     |                                   |                                   |   |        |                             |                    |    |                            |                                      |             |  |  |  |                    |
| 6     |                                   |                                   |   |        |                             |                    |    |                            |                                      |             |  |  |  |                    |
| 7     |                                   |                                   |   |        |                             |                    |    |                            |                                      |             |  |  |  |                    |
| 8     |                                   |                                   |   |        |                             |                    |    |                            |                                      |             |  |  |  |                    |
| 9     |                                   |                                   |   |        |                             |                    |    |                            |                                      |             |  |  |  |                    |
| 10    |                                   |                                   |   |        |                             |                    |    |                            |                                      |             |  |  |  |                    |
| 11    |                                   |                                   |   |        |                             |                    |    |                            |                                      |             |  |  |  |                    |

# **FORM B: DAILY INTAKE MONITORING RECORD**

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

**Day :** Thursday **Hospital Reg. No.:** 80/1432 **Date (dd/mm/yyyy)**: 01/01/1970

**Mother Name :** Sunita **Baby age(in days):** 3 days **Total feeding requirement for** 

the day:

|  |       | Time of                | Feeding method and measurement<br>(fill in where applicable) |   |                                       |         |       |     |             |                 |                   | Supplem     | Nurse<br>Signature |          |           |  |
|--|-------|------------------------|--|---|---------------------------------------|---------|-------|-----|-------------|-----------------|-------------------|-------------|--------------------|----------|-----------|--|
|  |       |                        |  |   | Mixed Feeding (in ml) Other:* IV Type |         |       |     |             | (name and dose) |                   |             |                    |          | Signature |  |
|  | S.No. | feeding<br>( From, to) | Direct breast<br>feeding (in min)                            | Expressed breast<br>feed (EBF) (in<br>ml) | EBF                                   | Formula | Other | Net | In<br>ml/hr | In drop/min     | Vi<br>t<br>D<br>3 | Calciu<br>m | HM<br>F            | Iro<br>n | Othe<br>r |  |
|  | 1     |                        |  |   |                                       |         |       |     |             |                 |                   |             |                    |          |           |  |

| 2  |  |  |  |  |  |   |  |  |
|----|--|--|--|--|--|---|--|--|
| 3  |  |  |  |  |  |   |  |  |
| 4  |  |  |  |  |  |   |  |  |
| 5  |  |  |  |  |  |   |  |  |
| 6  |  |  |  |  |  |   |  |  |
| 7  |  |  |  |  |  |   |  |  |
| 8  |  |  |  |  |  |   |  |  |
| 9  |  |  |  |  |  |   |  |  |
| 10 |  |  |  |  |  | · |  |  |
| 11 |  |  |  |  |  | · |  |  |

# FORM B: DAILY INTAKE MONITORING RECORD

**Objective:** To record the quantity and frequency of feeding of the baby admitted in the KMC unit in 24 hours (8 AM - 8 Am), so as to compare the total quantity to the total feeding requirement. To be filled by nurse on duty in the KMC

**Day :** Thursday **Hospital Reg. No.:** 80/1432 **Date (dd/mm/yyyy)**: 01/01/1970

Mother Name : Sunita Baby age(in days): 3 days Total feeding requirement for

the day:

|       | Time of<br>feeding<br>( From, to) | Feeding method and measurement<br>(fill in where applicable) |   |  |                         |       |  |   |                            |    |        | Supplements Received (name and dose) |      |           |  |  |
|-------|-----------------------------------|--|---|--|-------------------------|-------|--|---|----------------------------|----|--------|--------------------------------------|------|-----------|--|--|
| S.No. |                                   | Direct breast<br>feeding (in min)                            | Expressed breast<br>feed (EBF) (in<br>ml) |  | lixed Feedir<br>Formula | Other |  | T | r:* IV Type<br>In drop/min | Vi | HM Iro |                                      | Othe | Signature |  |  |
|       |                                   |  | 1111)                                     |  |                         |       |  |   |                            |    | m      | F                                    | n    | r         |  |  |
| 1     |                                   |  |   |  |                         |       |  |   |                            |    |        |                                      |      |           |  |  |
| 2     |                                   |  |   |  |                         |       |  |   |                            |    |        |                                      |      |           |  |  |
| 3     |                                   |  |   |  |                         |       |  |   |                            |    |        |                                      |      |           |  |  |
| 4     |                                   |  |   |  |                         |       |  |   |                            |    |        |                                      |      |           |  |  |
| 5     |                                   |  |   |  |                         |       |  |   |                            |    |        |                                      |      |           |  |  |
| 6     |                                   |  |   |  |                         |       |  |   |                            |    |        |                                      |      |           |  |  |
| 7     |                                   |  |   |  |                         |       |  |   |                            |    |        |                                      |      |           |  |  |
| 8     |                                   |  |   |  |                         |       |  |   |                            |    |        |                                      |      |           |  |  |
| 9     |                                   |  |   |  |                         |       |  |   |                            |    |        |                                      |      |           |  |  |
| 10    |                                   |  |   |  |                         |       |  |   |                            |    |        |                                      |      |           |  |  |
| 11    |                                   |  |   |  |                         |       |  |   |                            |    |        |                                      |      |           |  |  |

## **DISCHARGE CHECKLIST FOR KMC UNIT**

**Hospital Reg. No.:** 80/1432 MCTS NO.:

Name of mother: Sunita Date of discharge: 10/01/2019

| Number of days spend in KMC room (excluding day weight on discharge(in grams): 2040 grams | s spent in SNCU/ NBSU): 3 days |
|---|--------------------------------|
| Net weight gain/loss since admission(in grams): 60  |                                |
| Type of discharge: Discharged by facility staff   |                                |
| In case of referral   |                                |
| Name and address of facility reffered to:   |                                |
| Reason for referral:  |                                |
| DISCHARGE CHECKLIST   | FOR KMC UNIT                   |
|   |                                |
| Signature of Nurse/Doctor   | Signature of Family Member     |