



School Readiness Skill Support

	Warm-Up	Core 1 Pass the Ball	Core 2 Roll & Catch	Core 3 Throw & Catch	Cool Down
Language & Literacy	√	√	√	√	√
Expresses Feelings and Preferences (hot, thirsty, tired, hungry, sleepy, sweaty)	<i>How do you feel after warm-up? Tired? Excited?</i>	<i>Do you like to pass fast or slow?</i>	<i>Do you like to roll fast or slow?</i>	<i>Do you like to throw high or low?</i>	<i>How do you feel when CHAMPPS is over? Tired? Hot? Sweaty?</i>
Engages in Active Discussion (shares ideas, asks and answers questions)	Ask children for new movement ideas	<i>How else could you pass the ball? To the side? With your eyes closed?</i>	<i>Who can roll/catch with one hand?</i>	<i>Who can throw/catch with two hands? One hand?</i>	
Communicates Personal Experiences & Interests	<i>What's your favorite Warm-Up move?</i>		<i>Do you play any sports? Do you use a ball?</i>	<i>Do you play catch at home? Who do you play with?</i>	<i>Which activity was your favorite today? Least favorite?</i>
Listens/uses formal and informal language (listens/sings songs, uses different voices)	Sing along	→	Children say, <i>I'm ready for the ball! My hands are ready!</i>	Children say, <i>Throw gently please! I'm over here!</i>	Sing along
Shape Recognition (circle, square, triangle, rectangle)	Stand in circle <i>Stand in square, triangle, rectangle Make floor markers out of paper in various shapes</i>	→ (Stand & pass)			Children stand in circle, triangle, square, etc.
Letter Recognition	<i>Add letters to floor markers</i>		Say letters of alphabet with each catch (A, B, C, etc.)		