

Integrating Positive Behavior Support with Charting the LifeCourse



March 13, 2024

Amanda Purchase, BCBA, LABA
Department of Development Services

Session Objectives

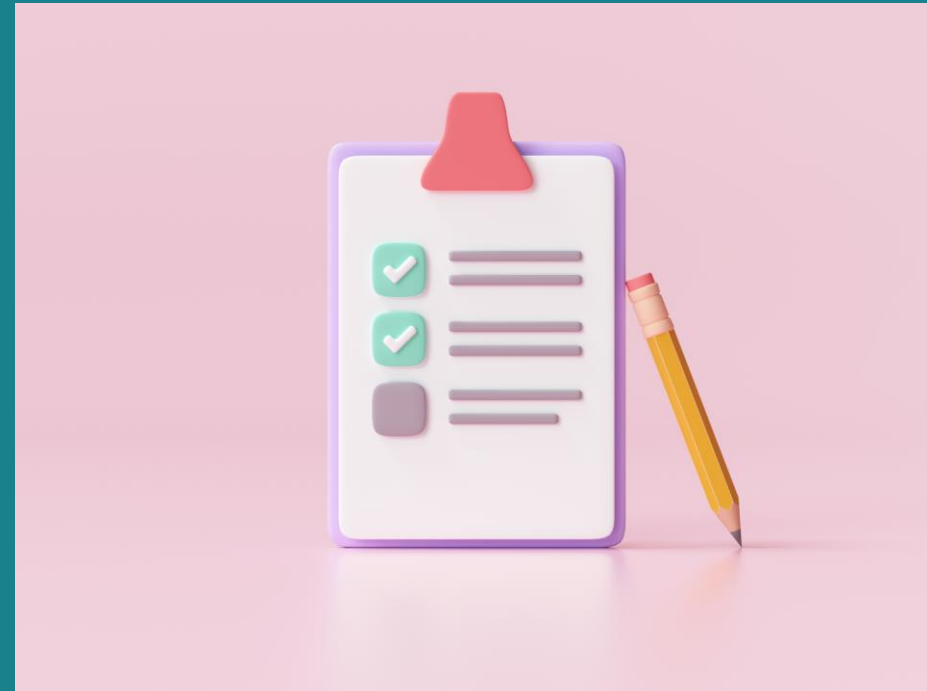


To explore the intersection between Positive Behavior Support (PBS) and Charting the LifeCourse (CtLC)

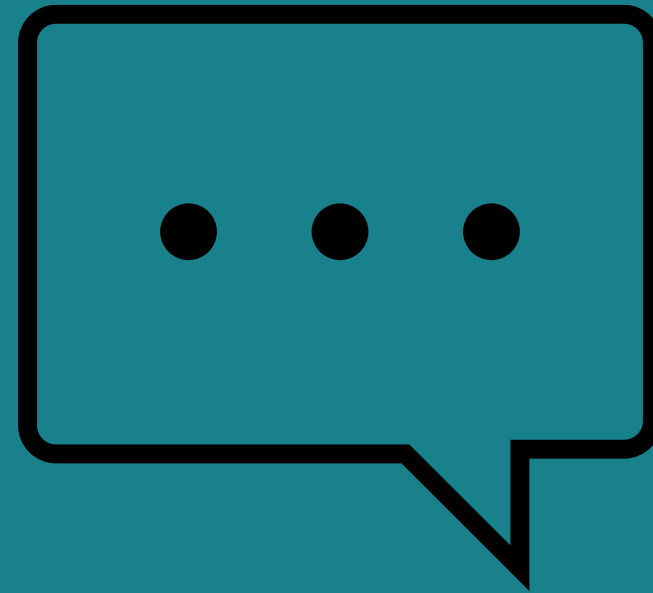


To demonstrate how these frameworks can be used together to support individual goals and aspirations

Poll:
Have you heard
of these
frameworks?



Drop in the chat:
Something you
know about PBS



**Positive Behavior
Support Standard of
Practice
(An introduction)**



PBS Definition

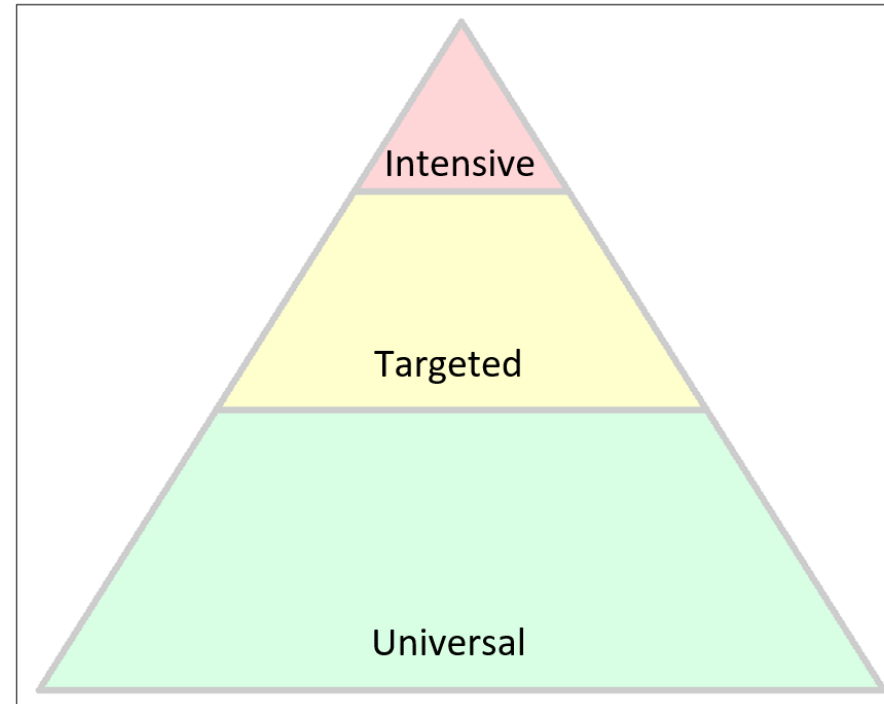
PBS is a systematic, person-centered approach to understanding the reasons for behavior and applying evidence-based practices for prevention, proactive interventions, teaching and responding to behavior, with the goal of achieving meaningful social outcomes, increasing learning and enhancing the quality of life across the lifespan.



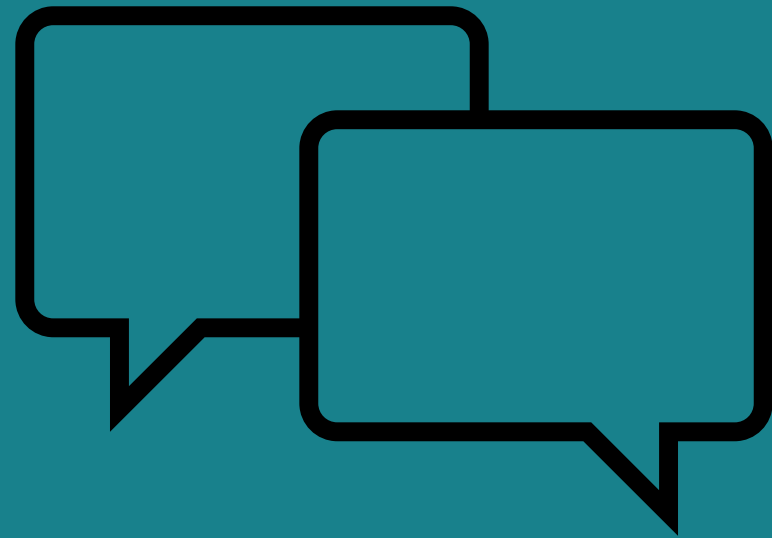
Characteristics of PBS

- Continuum of support for all people
- Focuses on function; behavior as communication
- Relies on proactive environments; prevention over reaction
- Includes a range of evidence-based interventions and strategies
- Uses a strengths-based, person-centered approach
- Data driven decision making

The importance of creating healthy, responsive environments



Drop in the chat:
Something you
know about CtLC



Charting the LifeCourse

Framework

(An introduction)



CtLC Definition

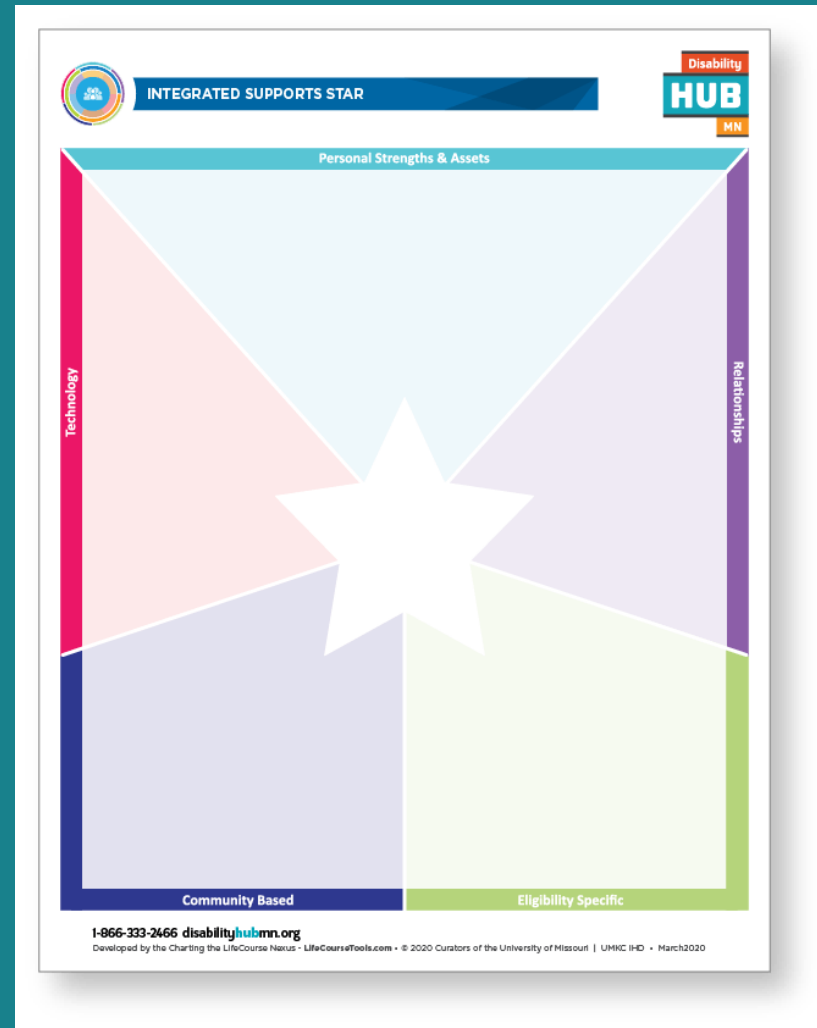
CtLC is a framework that was developed to help individuals and families of all abilities and at any age or stage of life develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live. Individuals and families may focus on their current situation and stage of life but may also find it helpful to look ahead to start thinking about life experiences now that will help move them toward an inclusive, productive life in the future. The framework is designed to help any citizen think about their life, not just individuals known by the service system.



Characteristics of CtLC

- Focus on all people
- Recognize the person within the context of their family
- Trajectory of life experiences across the lifespan
- Achieving life outcomes
- Holistic focus across life domains
- Integrates services and supports across the life course
- Transformational policy and systems change

The importance of living a good life



Did you notice any overlap?

Write in the chat something you noticed about these two frameworks, about how they may relate or share things in common

Both PBS and CtLC...

Focus on individual quality of life outcomes



Rely on principles of person-centered planning

Person-Centered Approach

Seeks to understand the individual's unique needs, preferences, and strengths

Encourages individuals to take the lead in planning their lives, focusing on what matters most to them

Strengths-Based Perspective

Both frameworks adopt a strengths-based perspective, recognizing and building on the individual's strengths rather than focusing on deficits or challenges.

Collaborative Decision-Making

Collaboration is a central aspect of both PBS and CtLC.

Individuals, families, service providers, and community resources create comprehensive life plans that reflect the individual's values and preferences.

Long-Term Planning & Goal Setting



Both PBS and CtLC take a broad perspective and encompass the entire life of a person.



By integrating PBS strategies within the CLC framework, support teams can ensure that all plans align with long-term goals and aspirations of the individual.

Monitoring and Evaluation



Both frameworks emphasize the importance of ongoing monitoring and evaluation to track progress, adjust strategies as needed, and ensure that goals are being met.

Regular review meetings can then be held to evaluate the effectiveness of interventions, make adjustments as necessary, and celebrate achievements.

Summary

- PBS and CtLC are complementary frameworks that share common principles of person-centeredness, strengths-based perspective, collaboration, holistic support, and data-based monitoring.



Drop it in the chat

Thumbs up if you are
with me so far 😊





Why integrate?

By integrating PBS with CtLC, support teams can develop comprehensive and individualized plans that promote positive behavior change, enhance quality of life, and empower individuals to pursue their life goals and aspirations.

CtLC Integrated Support Star

Purpose of Tool:

- Ensure all areas of need are addressed / the person has support where they want support / help identify areas of need



CtLC Integrated Support Star

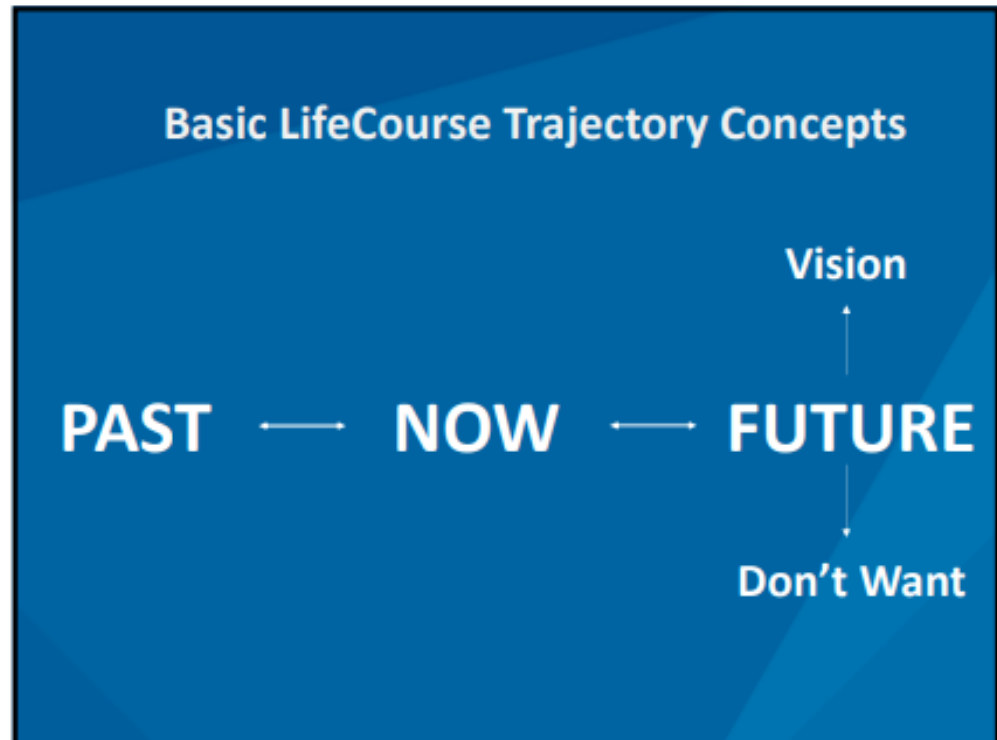
- Identify areas of need
- Great for brainstorming
- Highlight strengths
- Overlap with PBS



CtLC: Vision and Trajectory

Purpose of Tool:

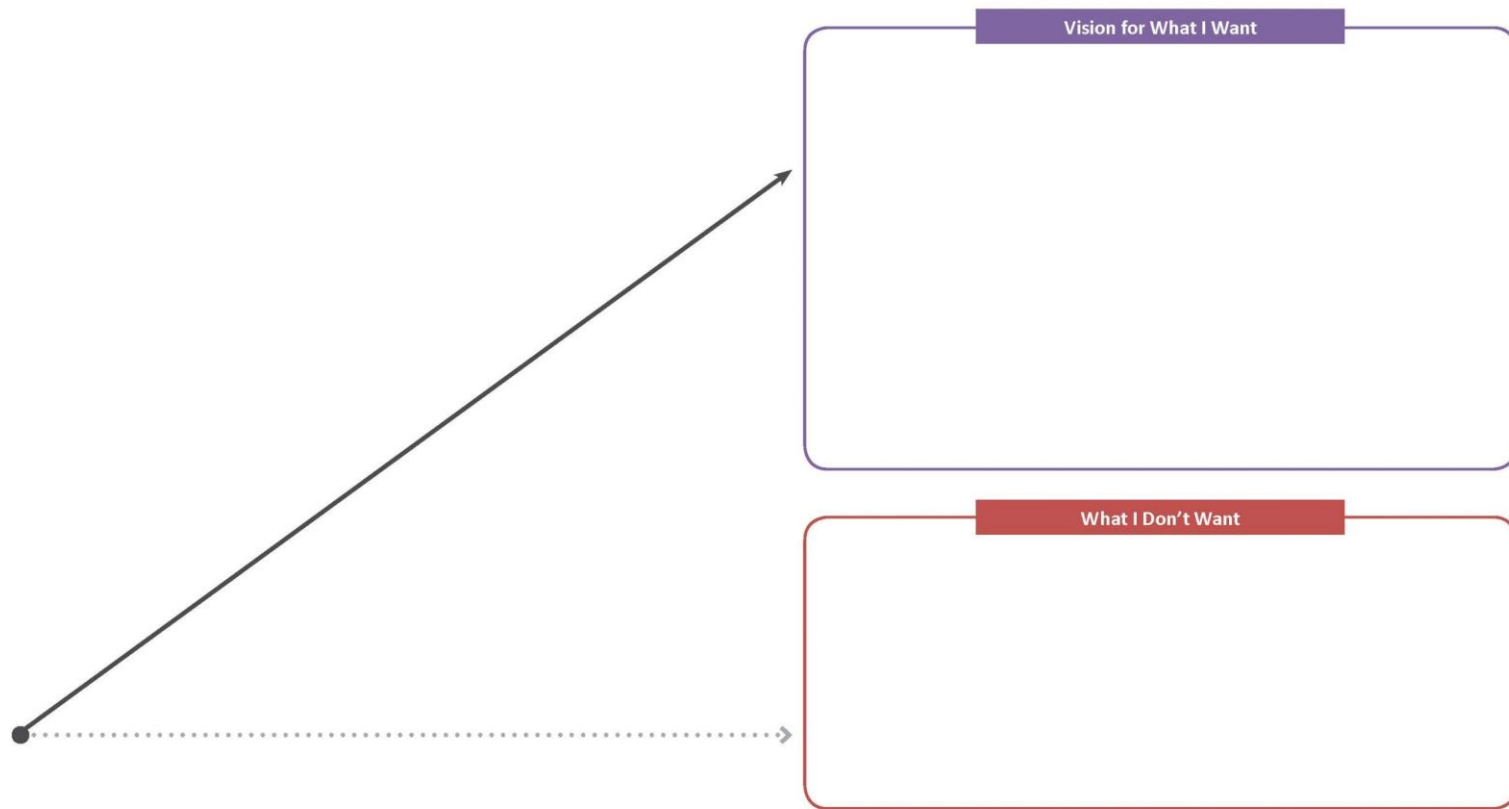
- Facilitate discussions about what a person wants *and does not want* out of their life; in identifying this vision, ensuring the person is supported in accessing more experiences that put them on their desired path (“trajectory”).



CtLC Trajectory



LIFE TRAJECTORY | EXPLORING



Developed by the Charting the LifeCourse Nexus - LifeCourseTools.com
© 2020 Curators of the University of Missouri | UMRIC IRD • March 2020

Thank you



Questions?

