

# The Dynamics of Complex Systems

## Phase Space Reconstruction Recurrence Quantification Analysis

Fred Hasselman  
[f.hasselman@bsi.ru.nl](mailto:f.hasselman@bsi.ru.nl)

Maarten Wijnants  
[m.wijnants@pwo.ru.nl](mailto:m.wijnants@pwo.ru.nl)

Behavioural Science Institute  
Radboud University Nijmegen



# Test a hypothesis by creating surrogate data and bootstrapping your favourite nonlinear measure

It is possible to create more sophisticated hypotheses by generating surrogate data based on the spectrum / distribution of the observed data.

$H_0$ : Signal is generated by	Surrogate type	Method
Independent random numbers	I. Random temporal structure with same distribution as observed data	Randomise samples without replacement
Gaussian linear stochastic process	II. Random spectral phases	Multiply Fourier transform of the sample by random phases and convert back to time domain
Rescaled Gaussian linear stochastic process	III. Rescaled to a Gaussian distribution, phase randomised and rescaled to the empirical distribution	- Amplitude Adjusted Fourier Transform (AAFT) (biased!) - Iteratively Refined Surrogates
Correlated linear stochastic process with time dependent mean and variance	IV. Preserve correlation structure and nonstationarity of mean and variance	General constrained randomisation by a cost function minimised by simulated annealing
Same dynamical system at different initial conditions	V. Exact copy of phase space, different initial conditions	Twin surrogates: Generate from recurrence matrix

Ok!

**Now I know it is likely my time series data represent the dynamics of a complex system...**

scale-free / fractal  
highly correlated / interdependent  
nonlinear / maybe chaotic  
result of multiplicative interactions

**now what?  
(help!)**

Takens' (1981) Embedding Theorem tells us that a (strange) attractor can be recovered ("reconstructed") from observations of a single component process of a complex interaction-dominant system.



# How to study interaction-dominant systems

As you know in a **coupled system** the time evolution of one variable depends on other variables of the system. This implies that one variable contains information about the other variables (of course depending upon the strength of coupling and maybe the type of interaction)

So given the Lorenz system ...

$$dX/dt = \delta \cdot (Y - X)$$

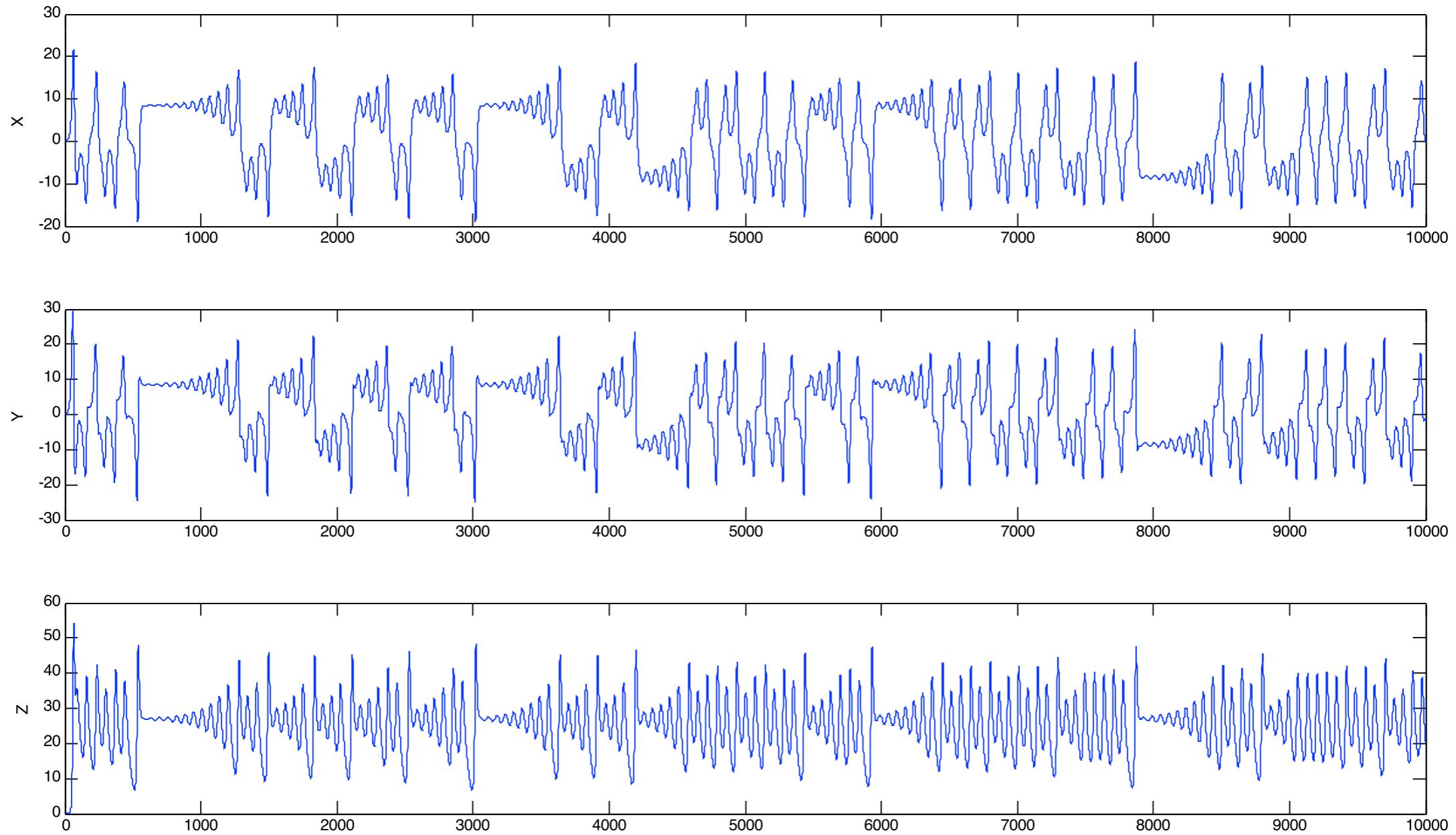
$$dY/dt = r \cdot X - Y - X \cdot Z$$

$$dZ/dt = X \cdot Y - b \cdot Z$$

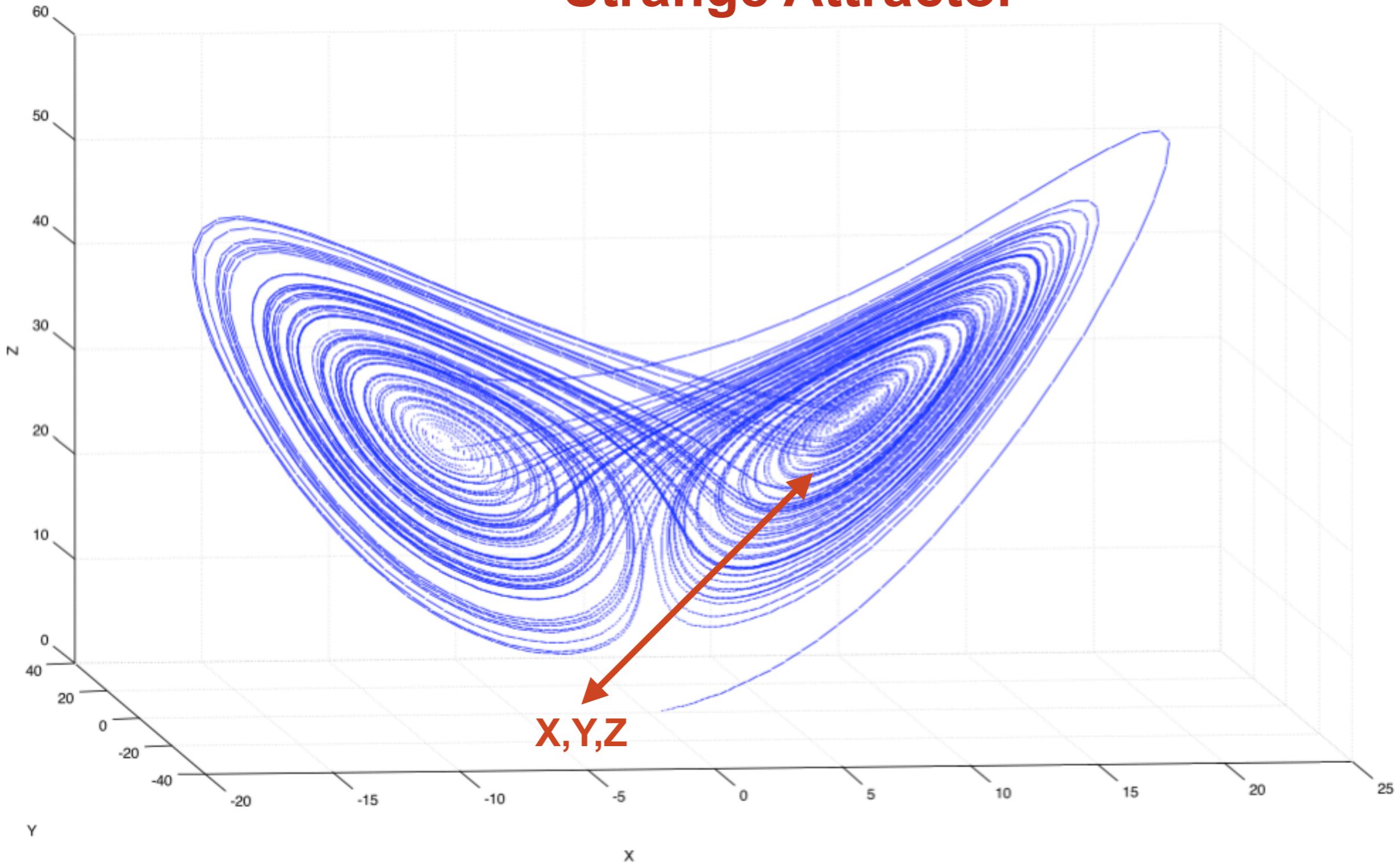
Takens' theorem suggests that we should be able to reconstruct the highly chaotic “butterfly” attractor by just using  $X(t)$  [or  $Y(t)$  or  $Z(t)$ ] ...



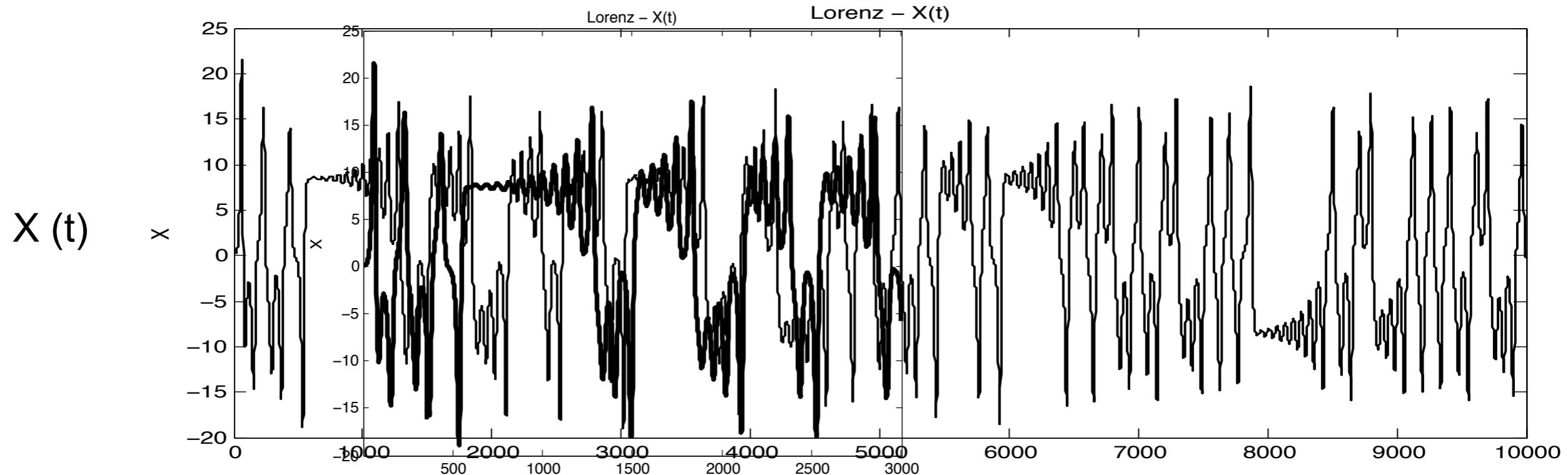
## Lorenz system – Time series of X, Y and Z



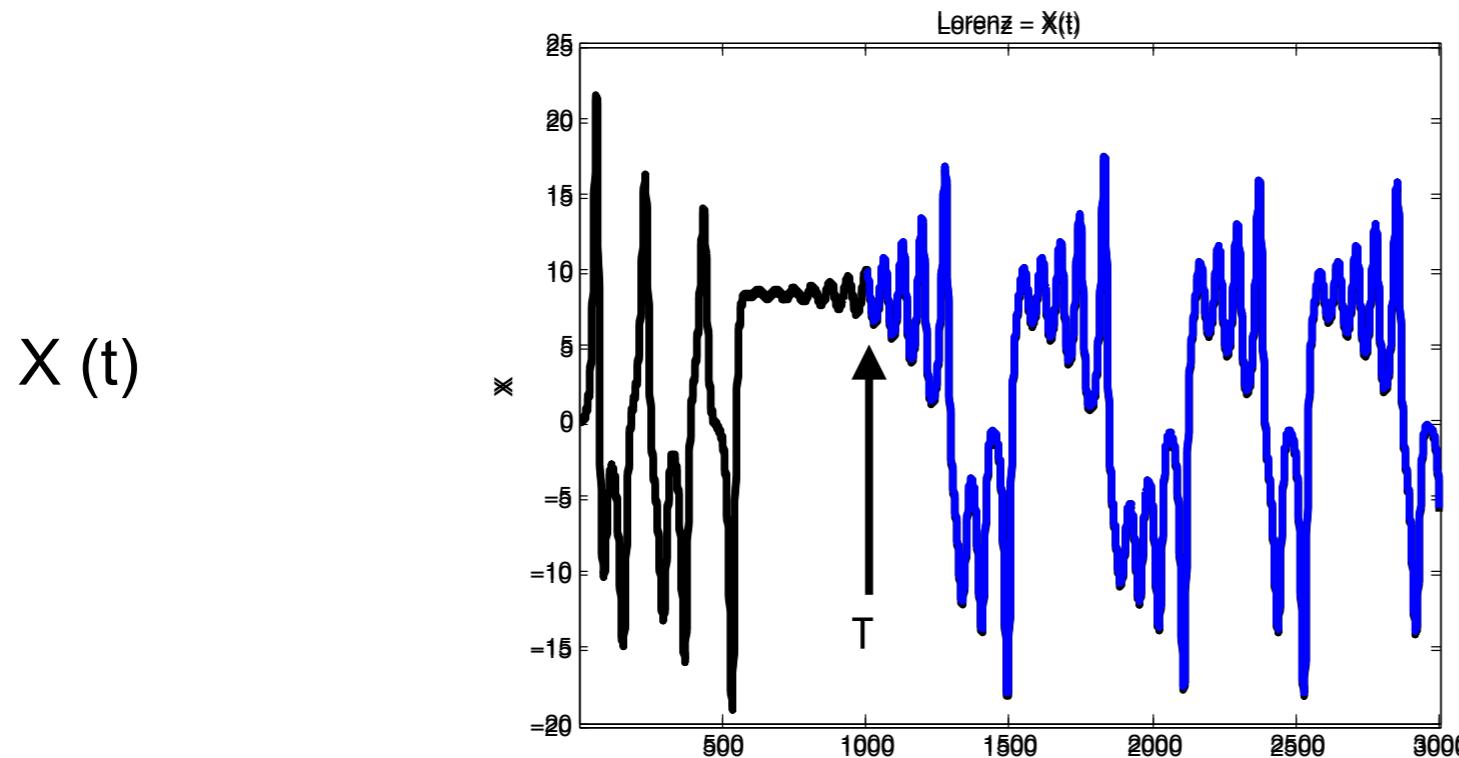
# Lorenz system – X,Y,Z State space Strange Attractor



# Creating surrogate dimensions using the method of delays



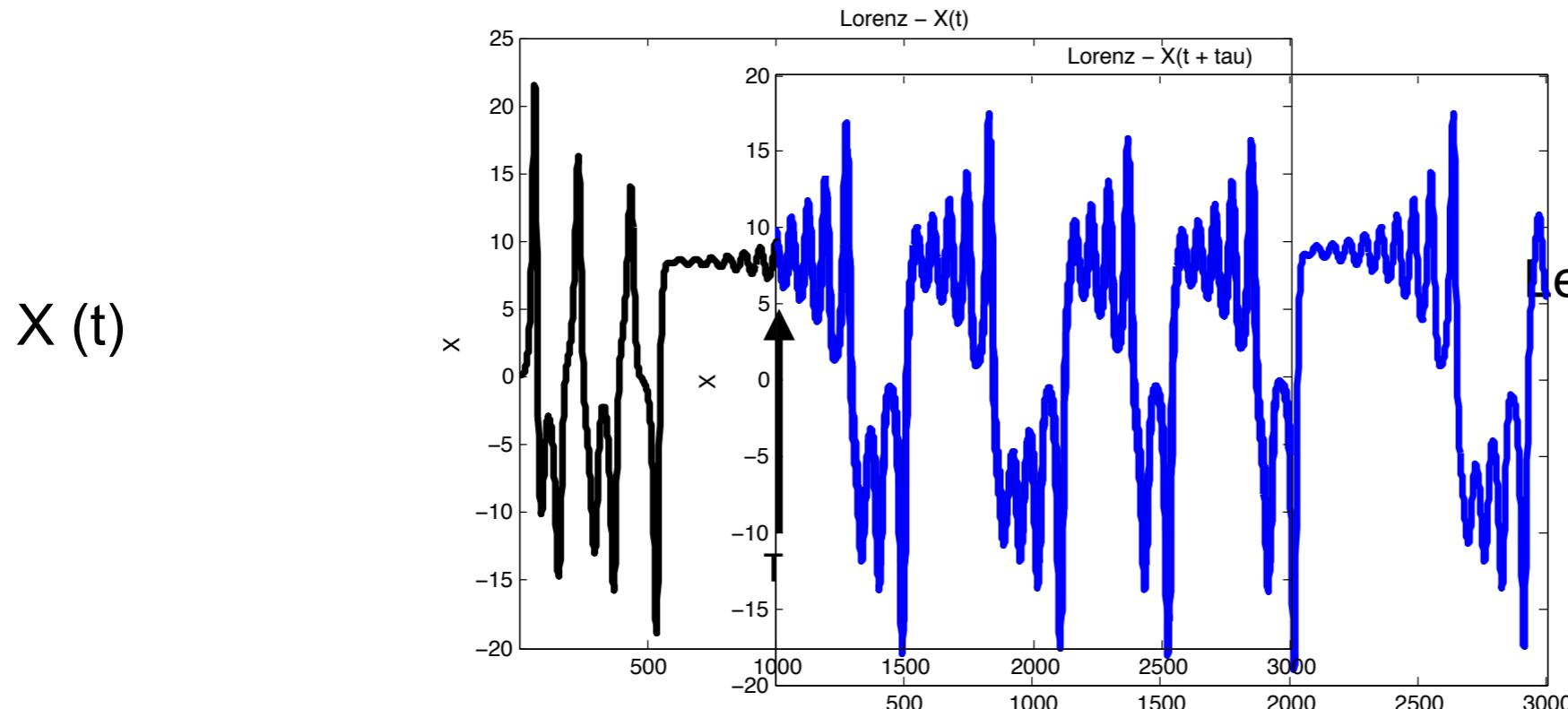
# Creating surrogate dimensions using the method of delays



Let's take our embedding delay  
or lag to be:

$$T = 1000$$

## Creating surrogate dimensions using the method of delays



$X(t + \tau)$

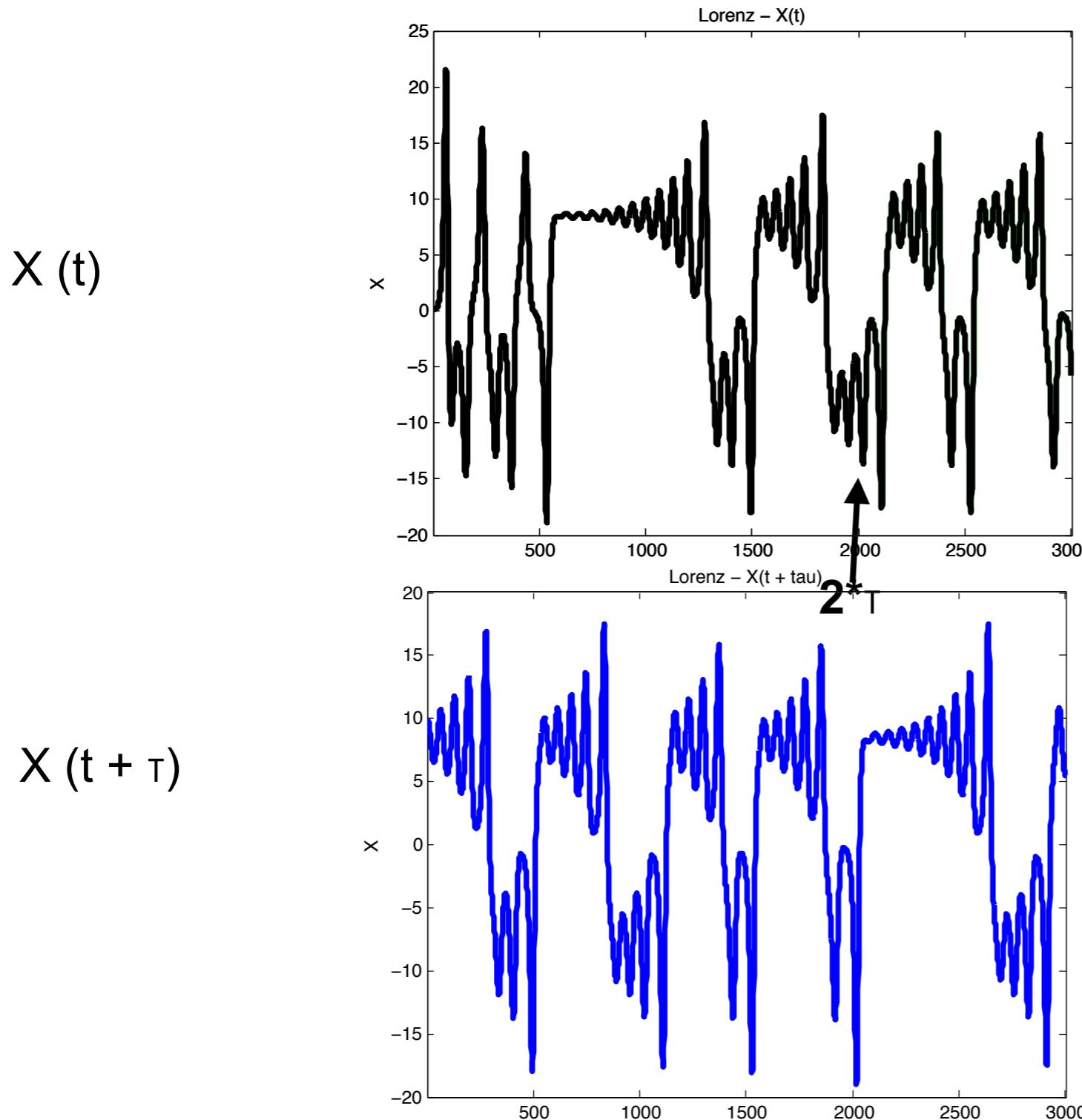
Let's take our embedding delay or lag to be:

$$\tau = 1000$$

Data point  $1 + \tau$  [ $X(t) = 1001$ ] becomes data point 1 for this dimension



# Creating surrogate dimensions using the method of delays



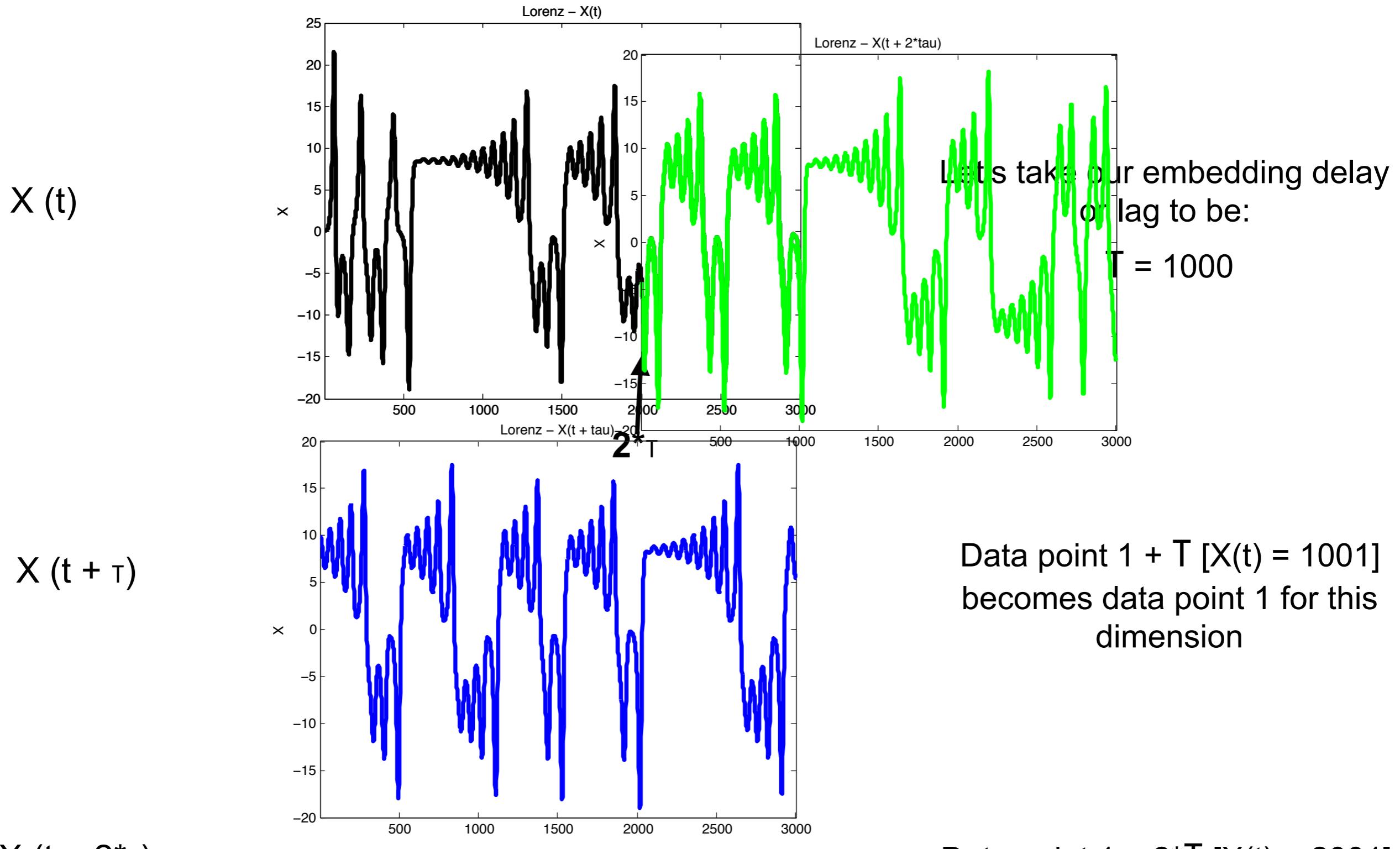
Let's take our embedding delay or lag to be:

$$T = 1000$$

Data point  $1 + T$  [ $X(t) = 1001$ ] becomes data point 1 for this dimension



# Creating surrogate dimensions using the method of delays

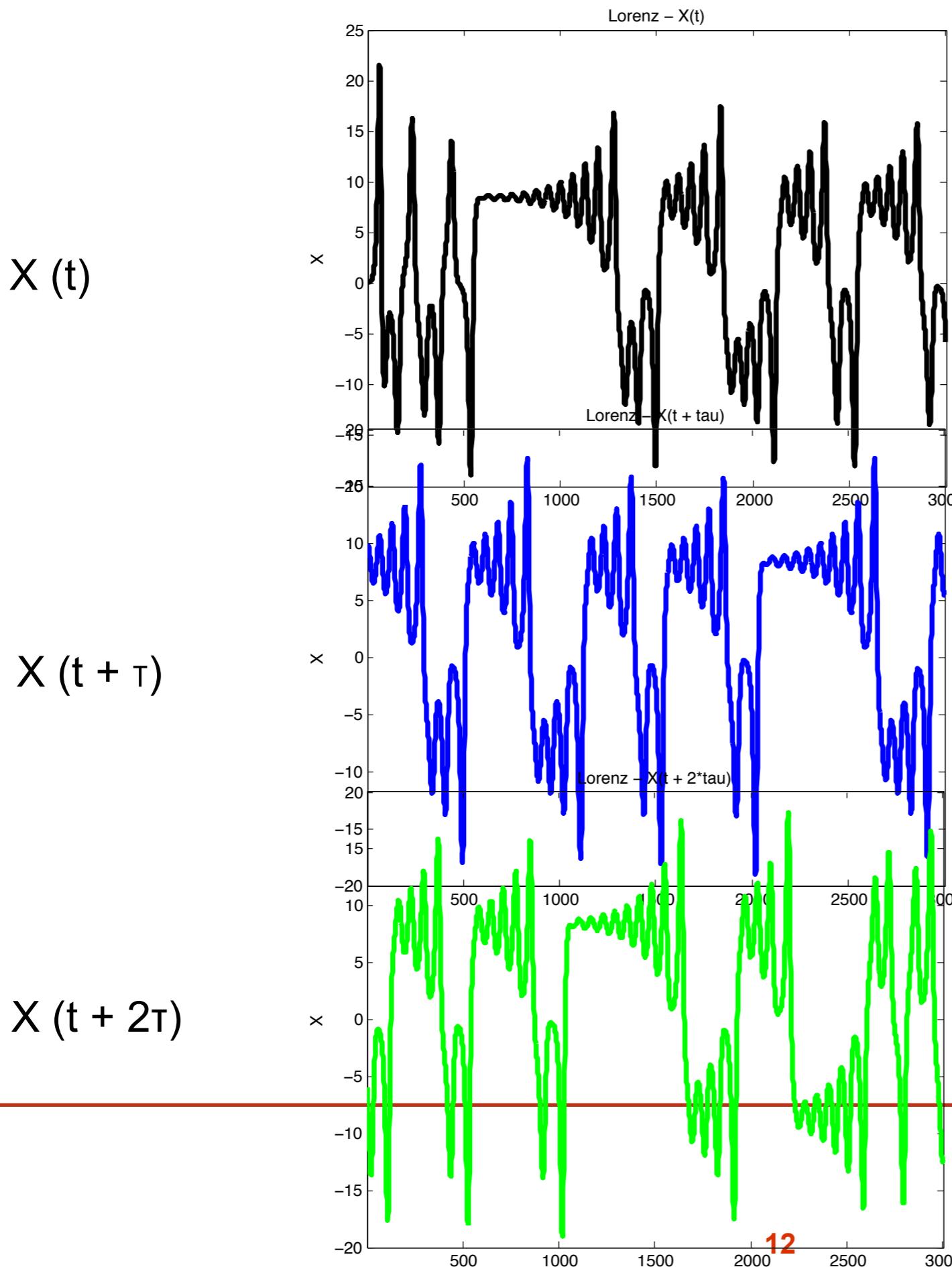


Data point  $1 + \tau$  [ $X(t) = 1001$ ] becomes data point 1 for this dimension

Data point  $1 + 2\tau$  [ $X(t) = 2001$ ] becomes data point 1 for this dimension



# Creating surrogate dimensions using the method of delays



The embedding lag reflects the point in the time series at which we are getting **new information** about the system...

In theory any lag can be used, everything is interacting...

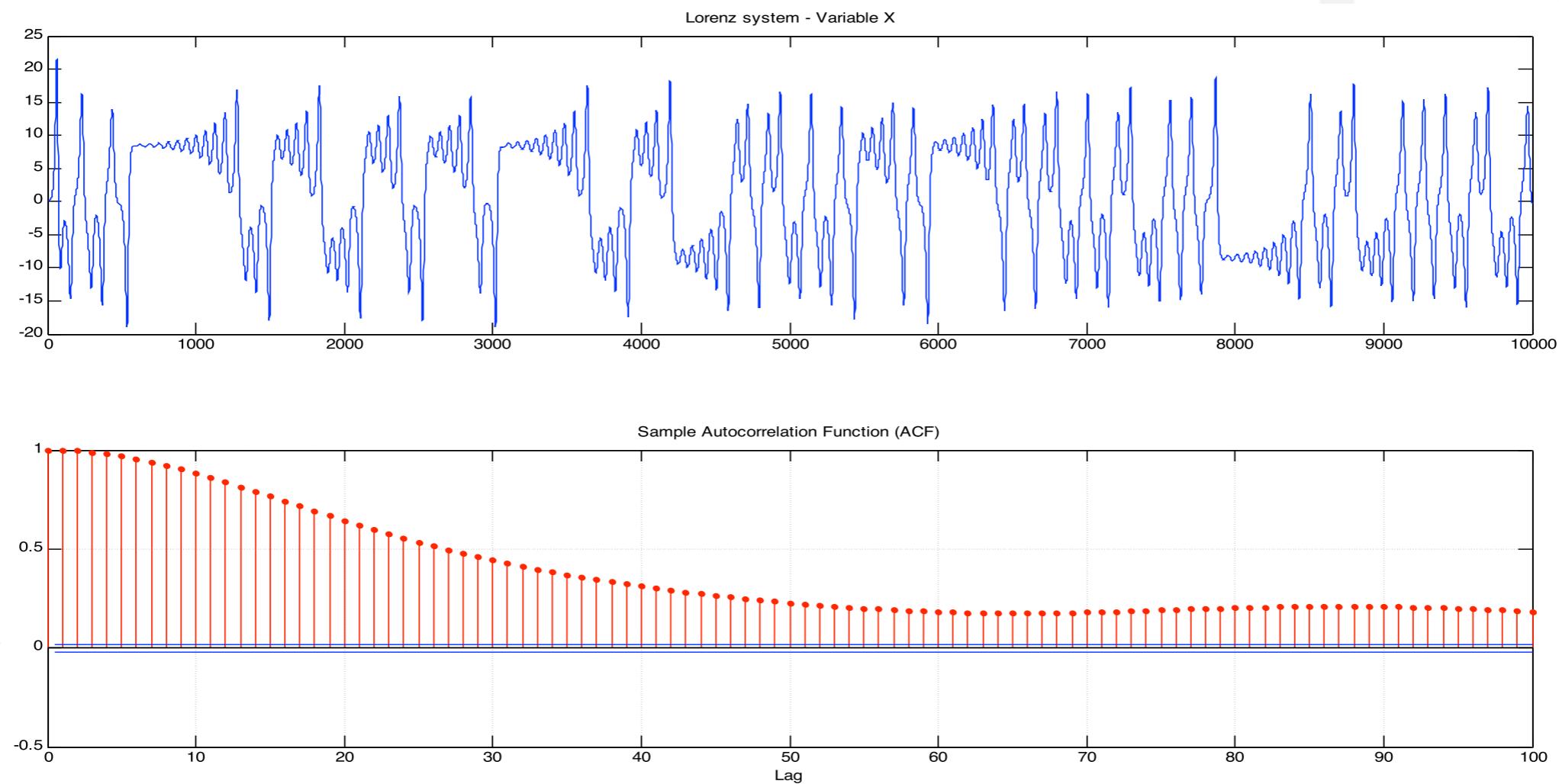
We are looking for the lag which is optimal, gives us maximal new information about the temporal structure in the data...

Intuitively:  
Where the autocorrelation is zero

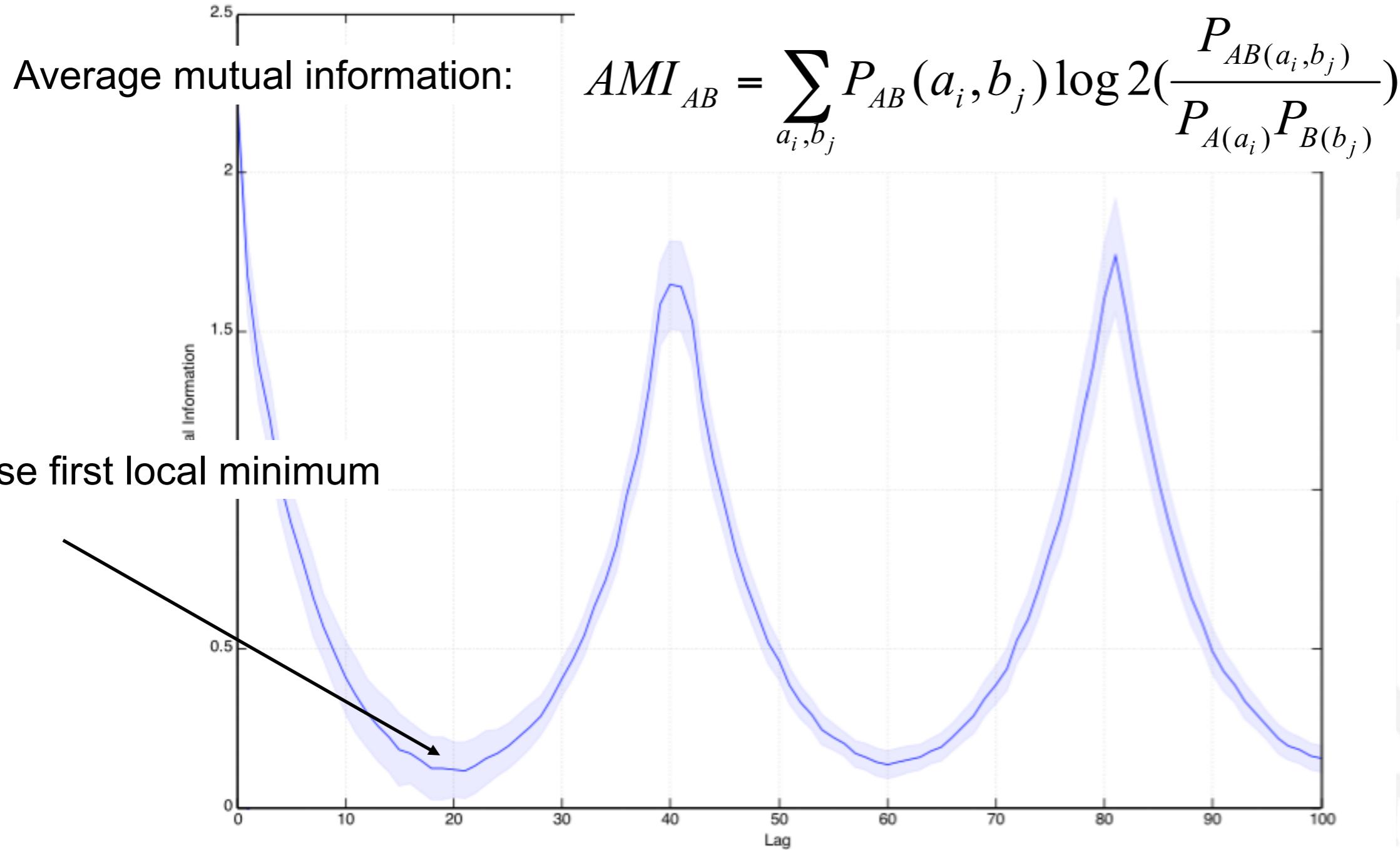
We are creating a return plot to examine the systems' state space!

# How to determine embedding lag?

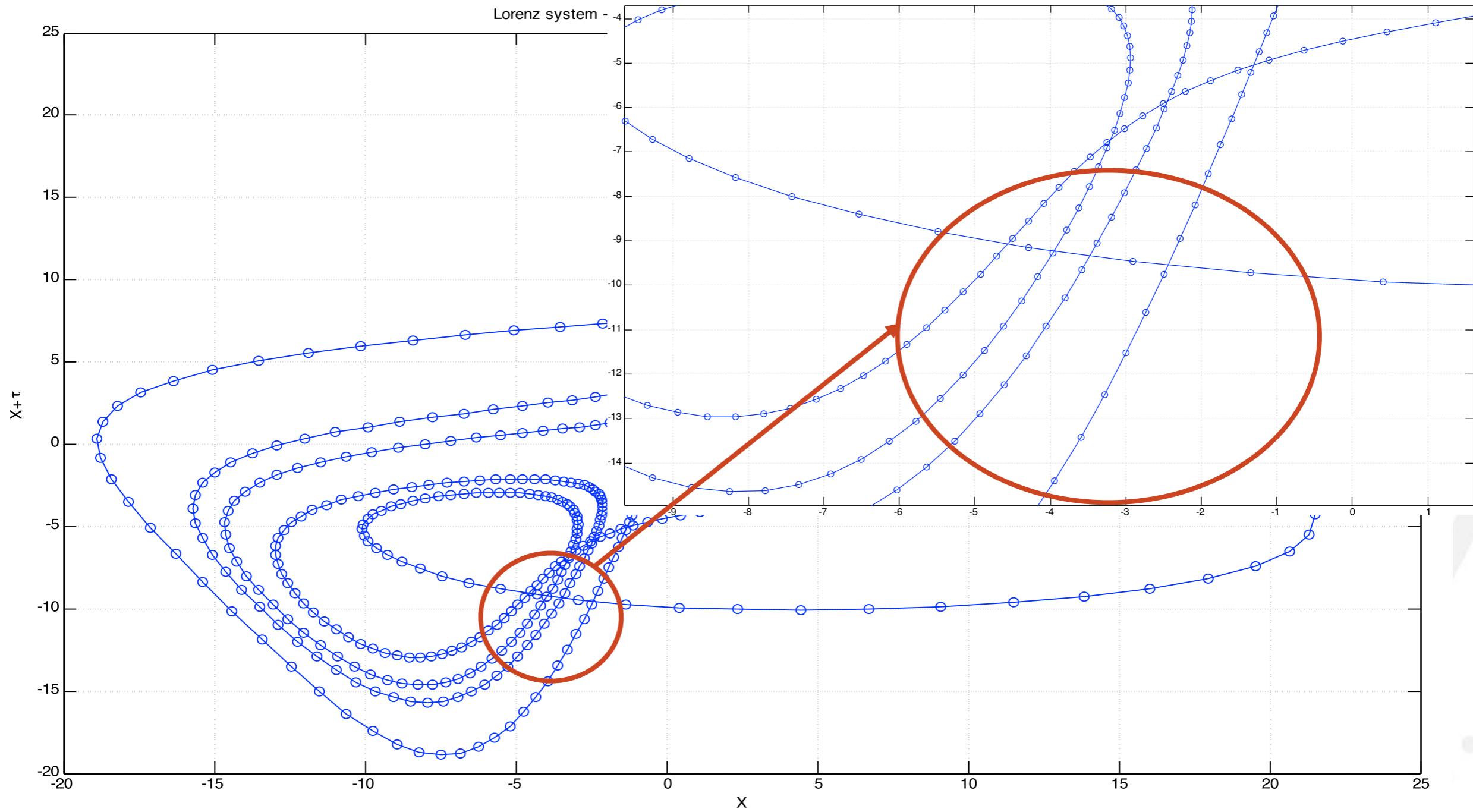
- We saw that the autocorrelation function is not very helpful when you are dealing with long range correlations in the data.



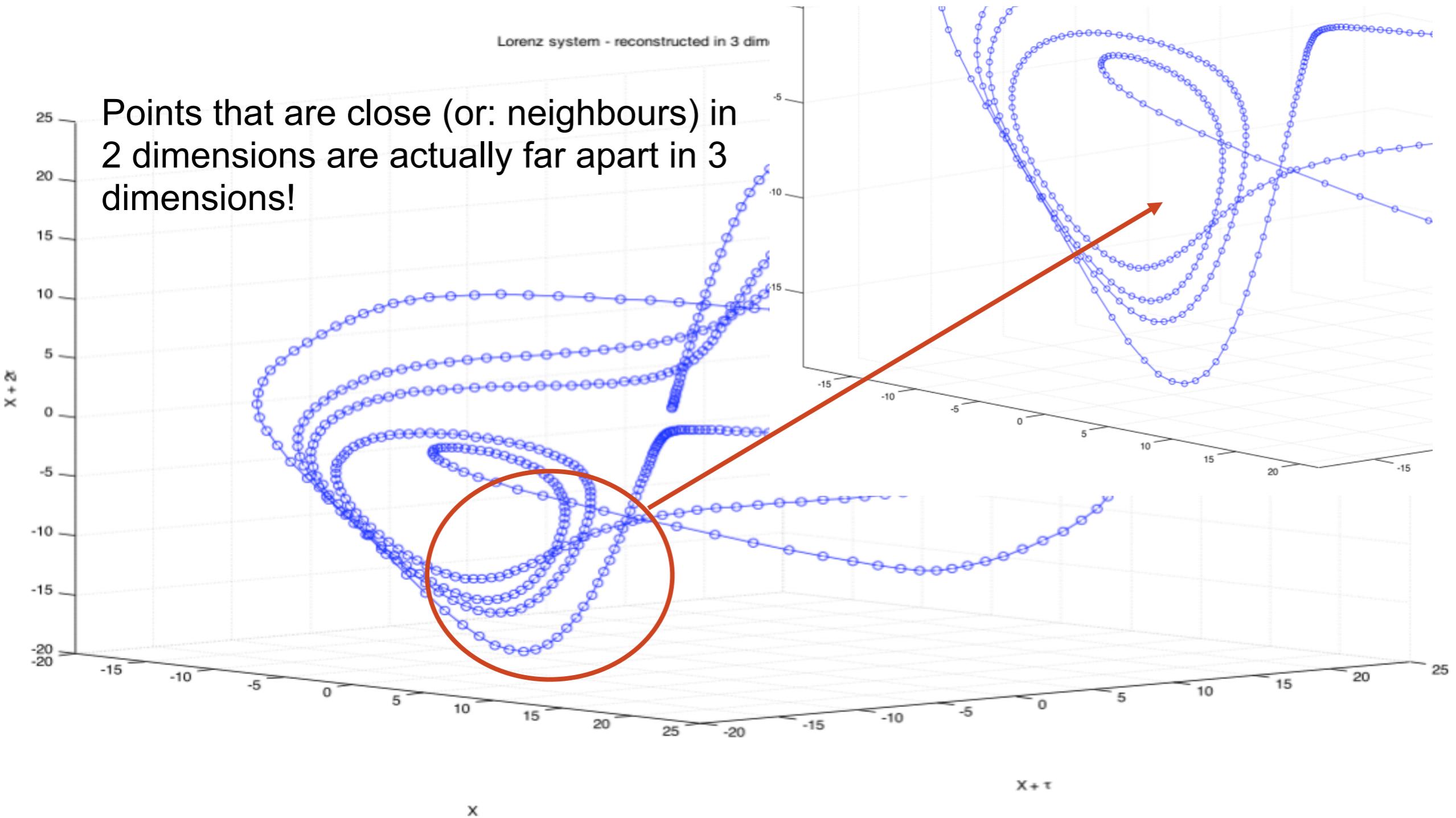
## Lorenz system – Determine embedding lag



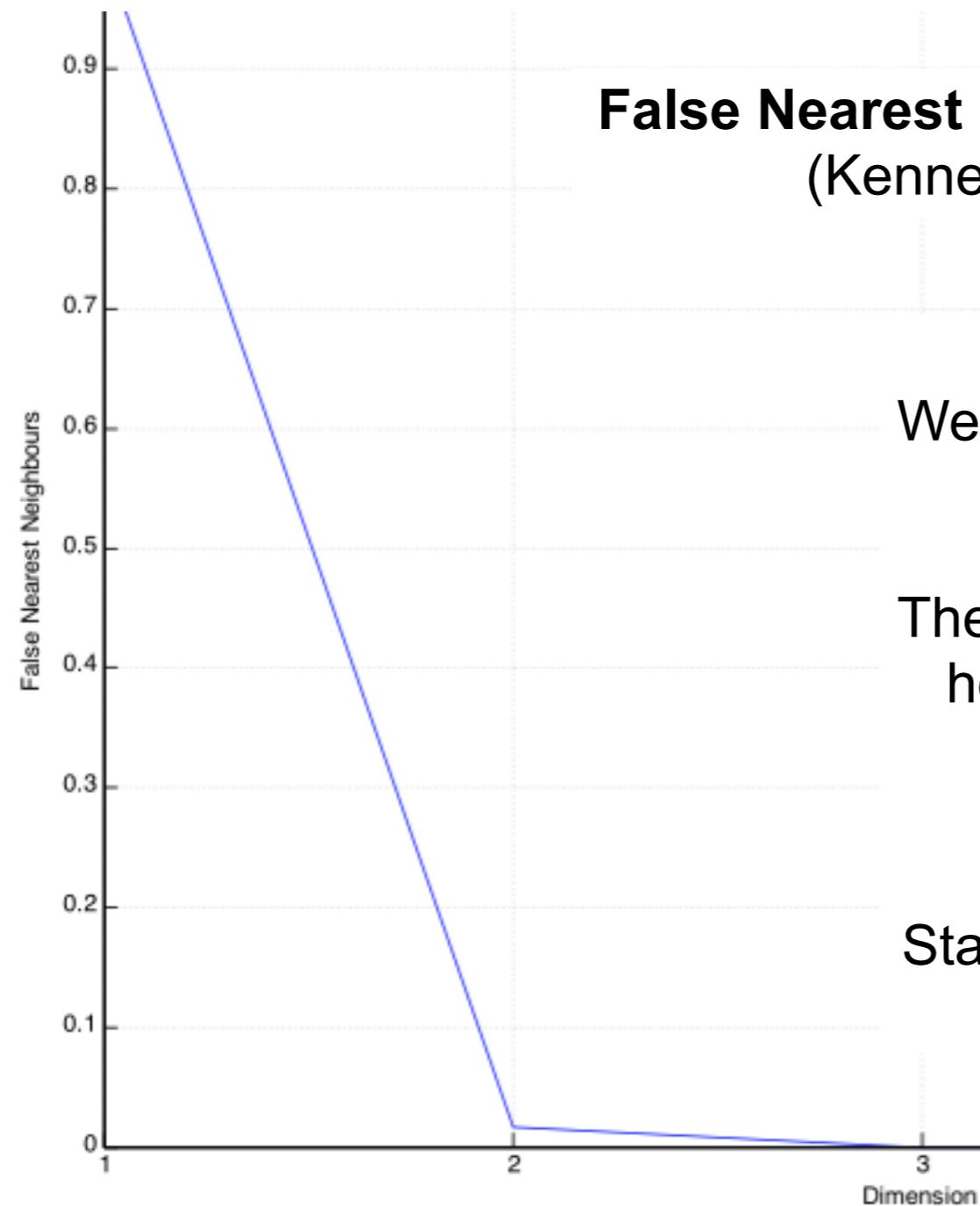
# How many dimensions? Determine *embedding dimension* ( $m$ )



# Lorenz system – Determine embedding dimension



# Lorenz system – Determine embedding dimensions



## False Nearest Neighbour Analysis (Kennel et al. 1992)

Choose 3 dimensions!

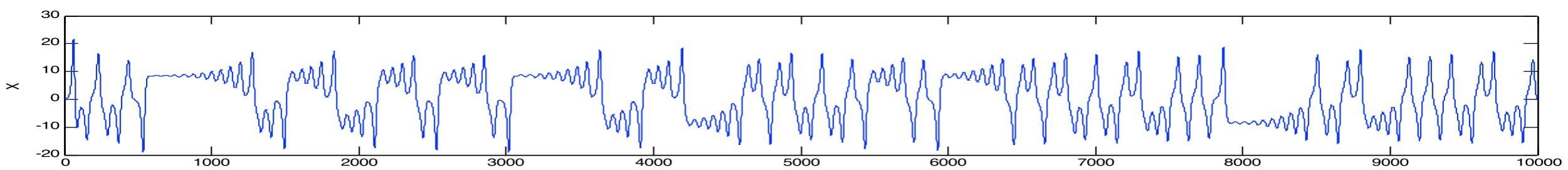
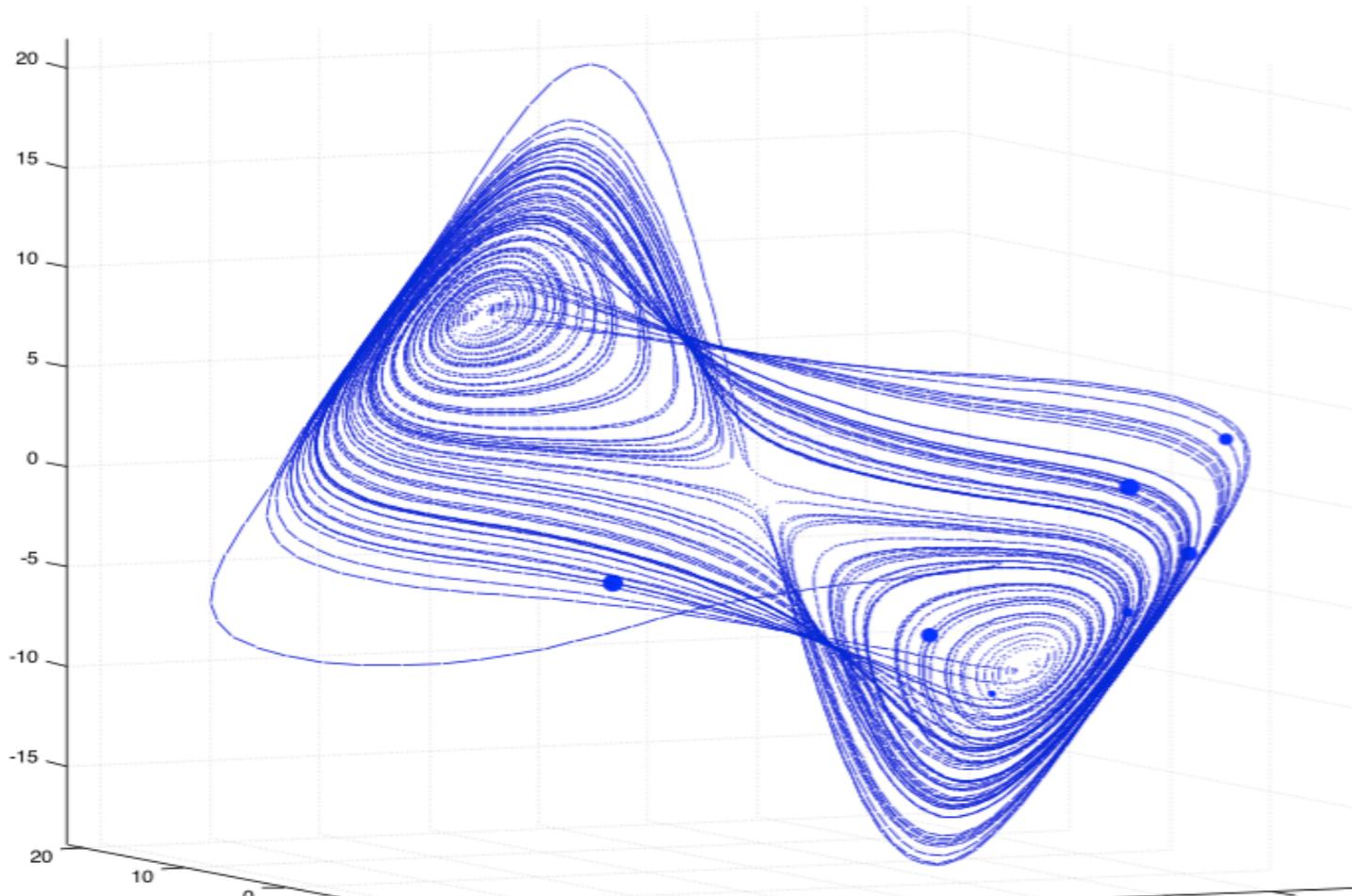
We know this to be correct, Lorenz has X, Y and Z variables.

The embedding dimension is an estimate of how many ODE's you minimally need to model the system

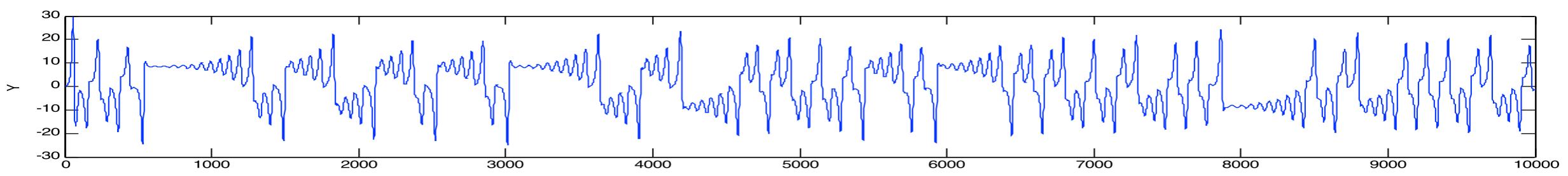
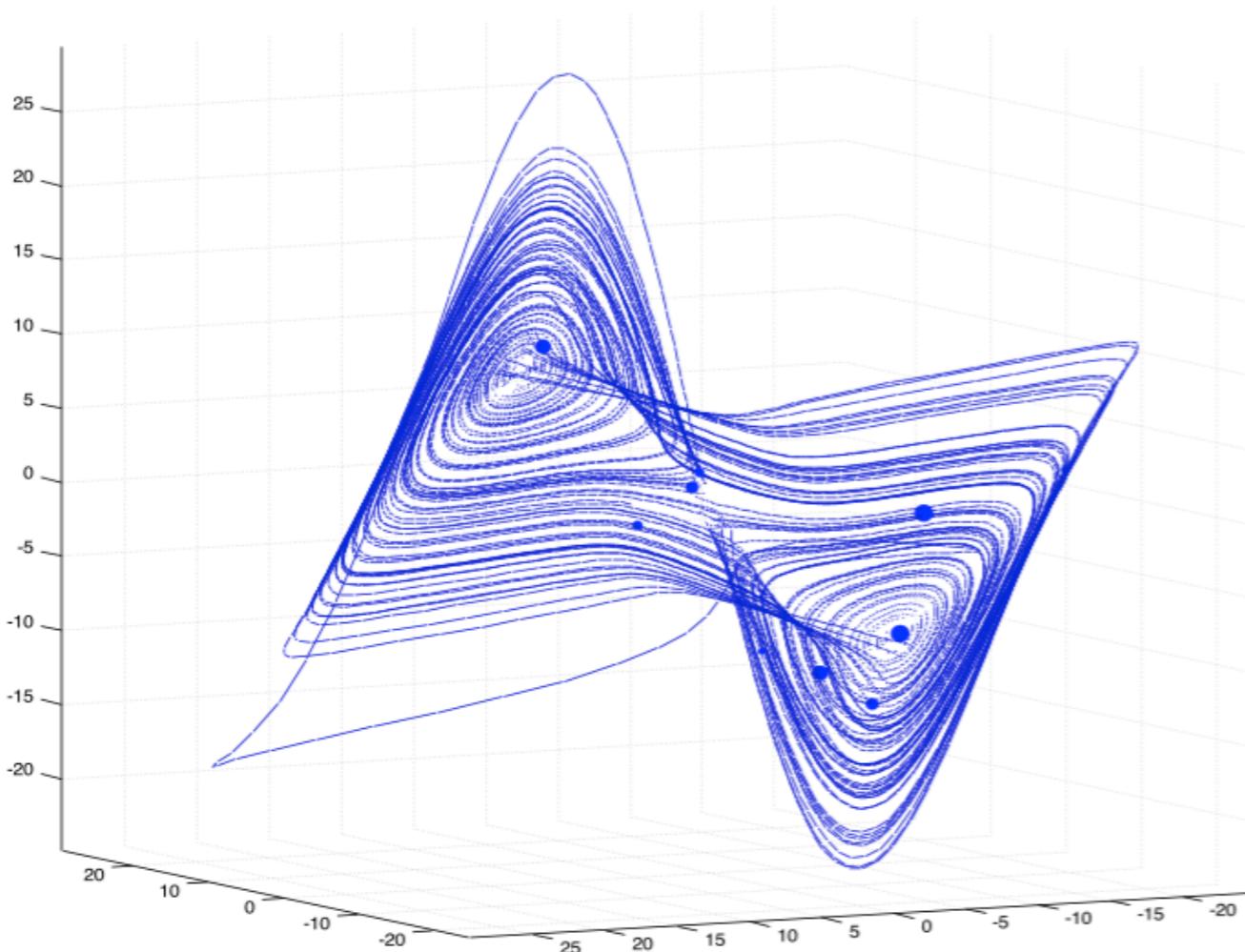
For real data:

Start with dimension which causes greatest decrease in FNN

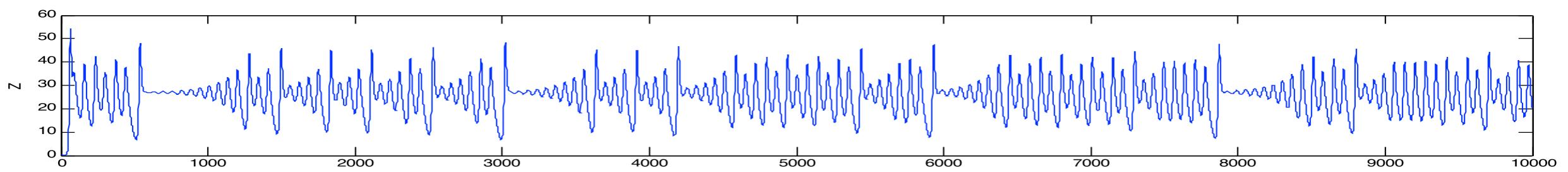
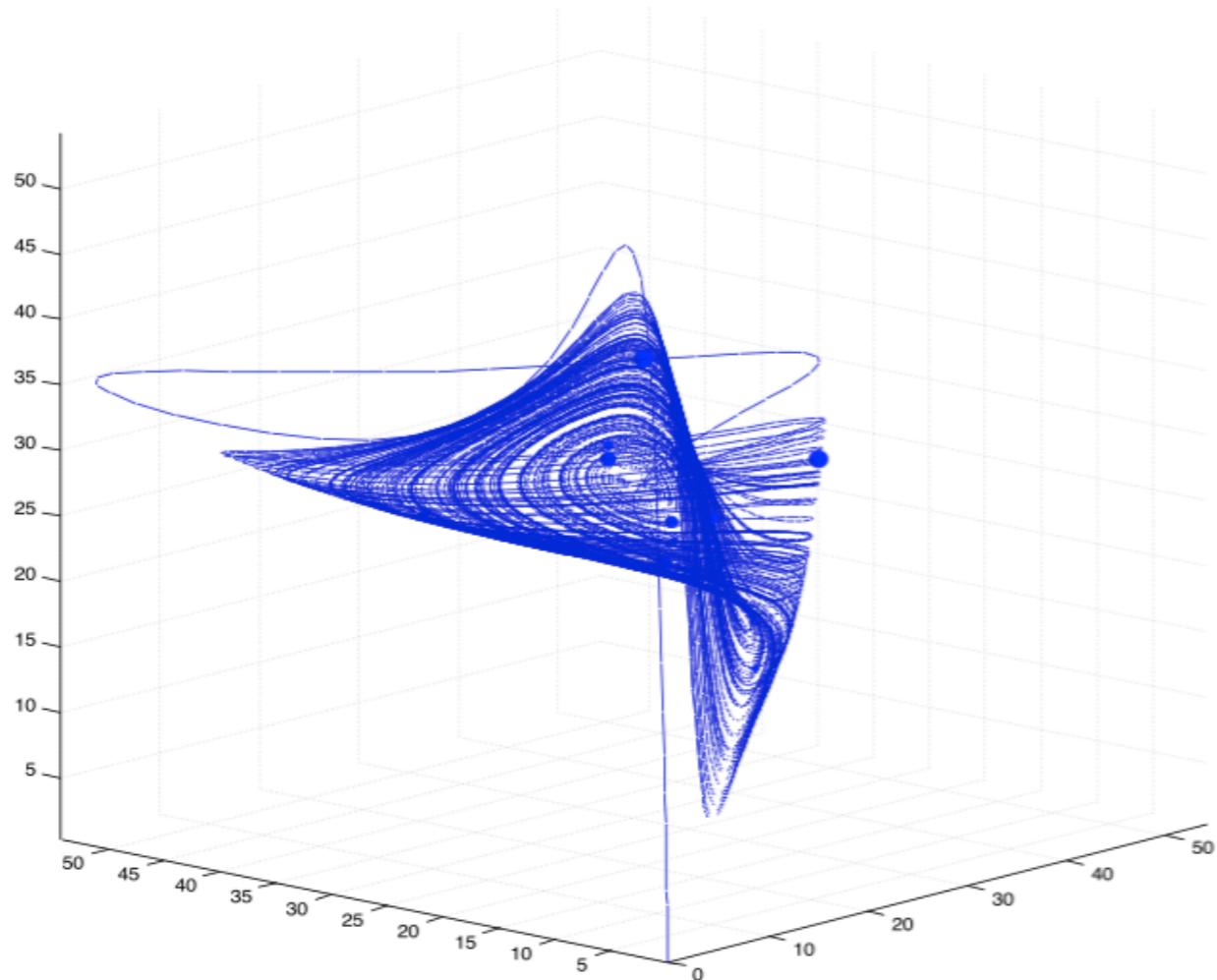
# Lorenz system – Reconstruct phase space using X



# Lorenz system – Reconstruct phase space using Y



# Lorenz system – Reconstruct phase space using Z



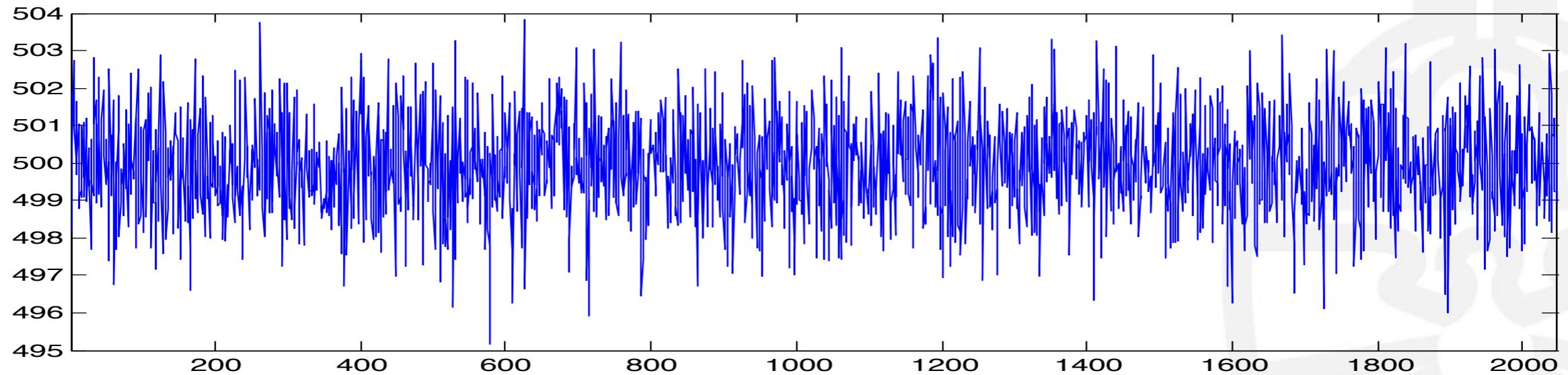
## Isn't that amazing?

- Take a moment to realise what we just did:
- The state space (defined by X,Y and Z) of a complex, nonlinear chaotic system was reconstructed to a phase space (lag plot) of 3 surrogate dimensions  $X, X_{t+\tau}, X_{t+2\tau}$
- **You only need to measure one variable of a system!!**  
*... because “everything is interacting”...  
We exploit (and need) the dependencies in the data!*

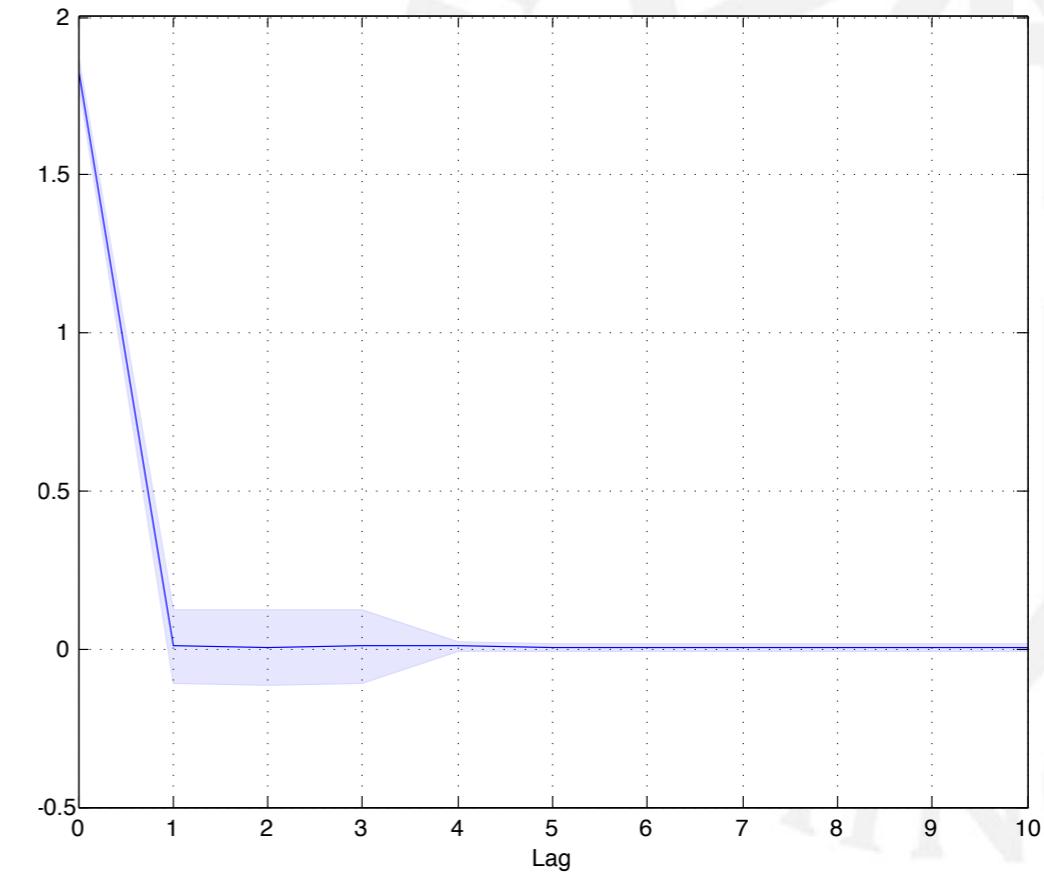
The length of your data set needs to be long enough to create the surrogate dimension.

- The reconstruction process **does not make many assumptions about the data**. You can also try to reconstruct a phase space from a random variable.  
(What will happen?)

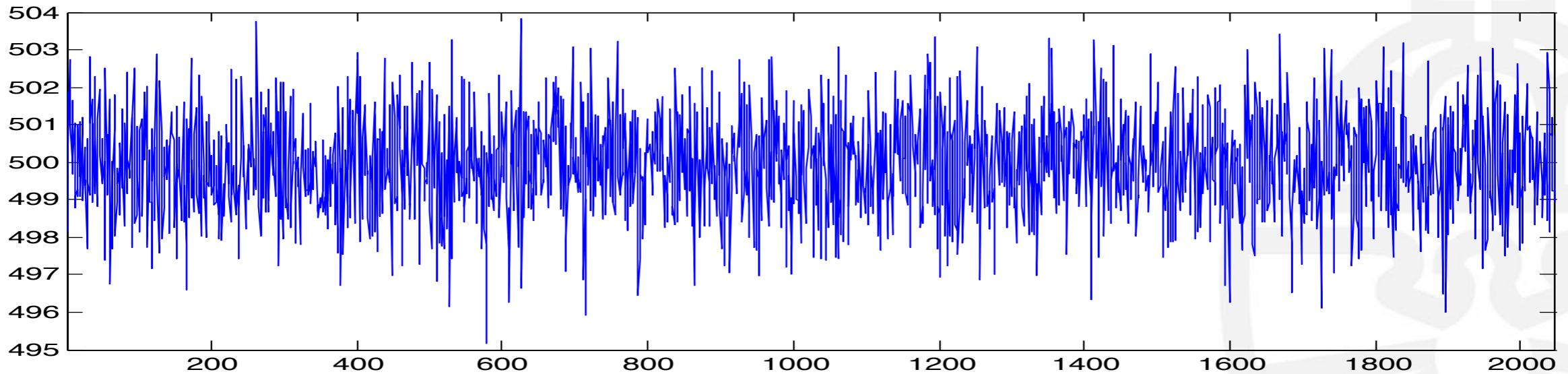
## Suppose we have measured a true IID variable



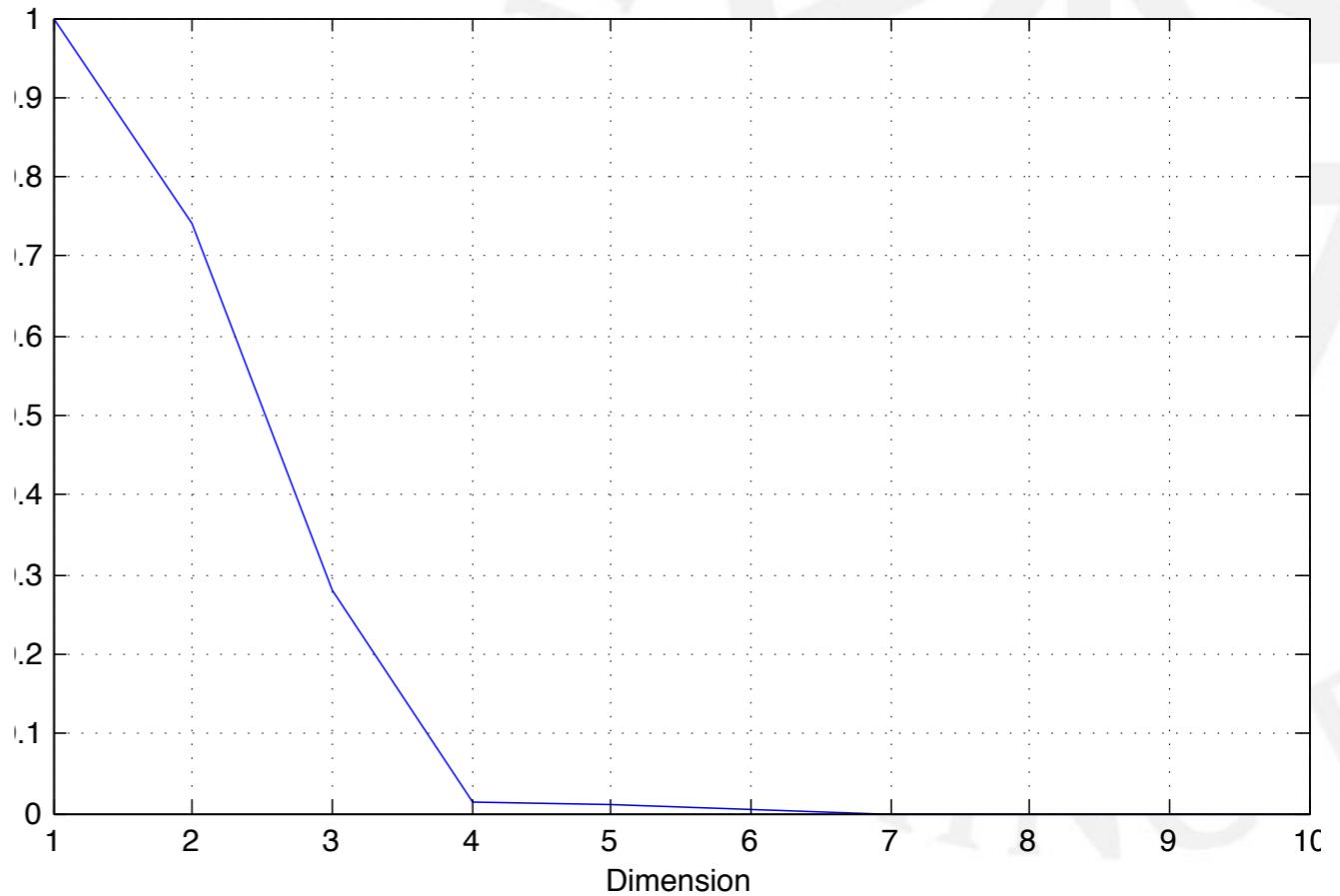
- Determine the embedding lag:
- Lag = 1?



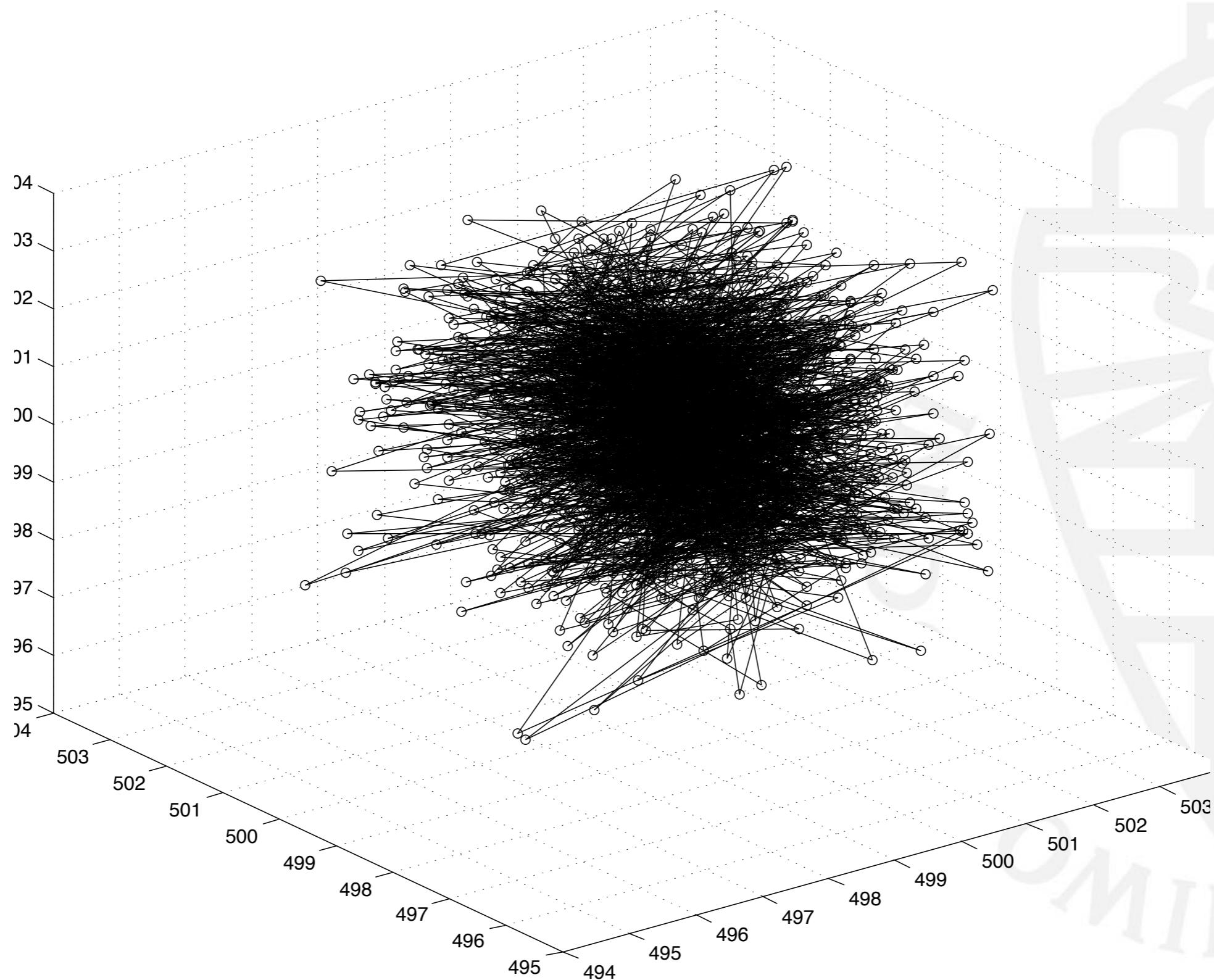
# Suppose we have measured a true IID variable



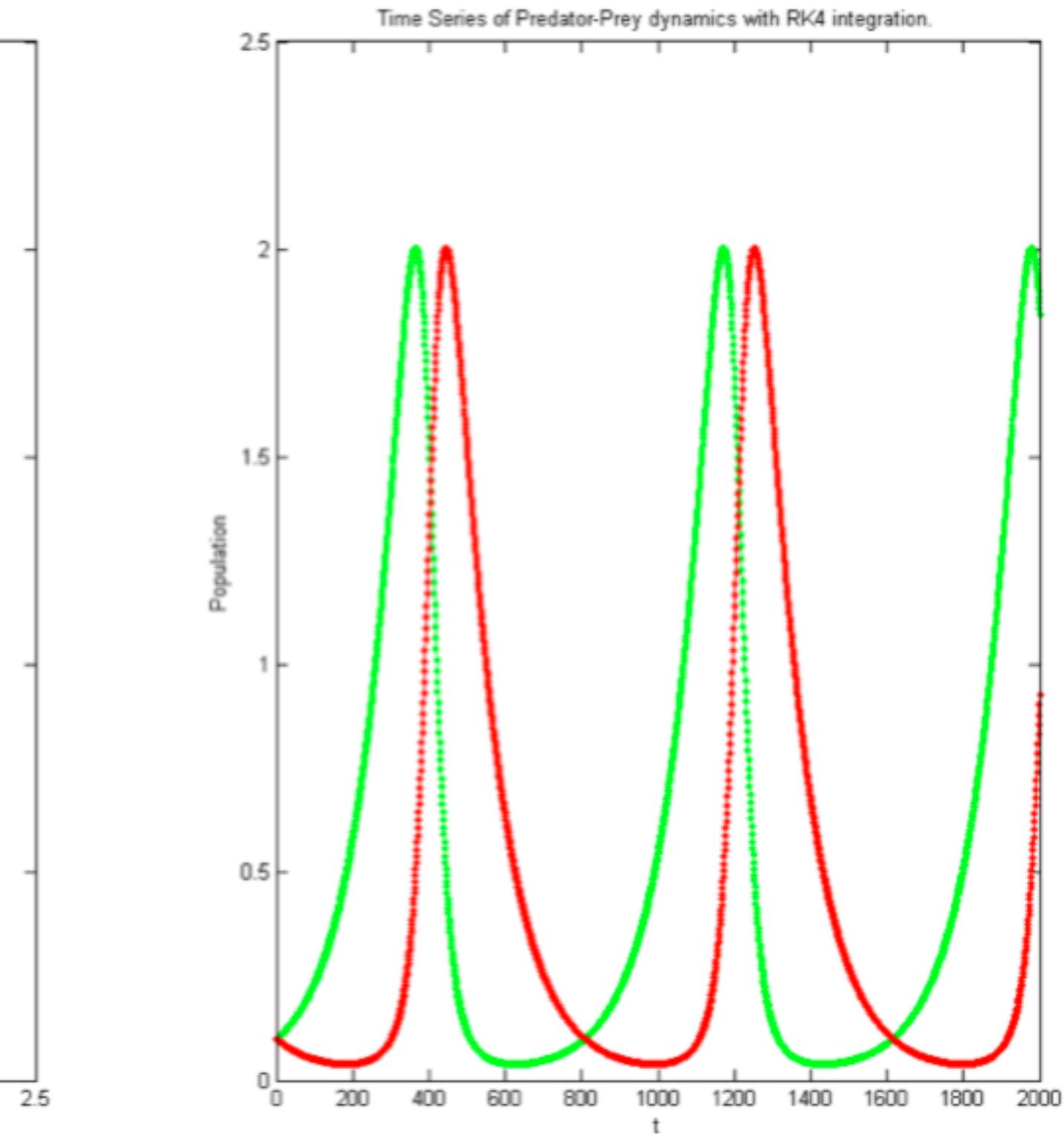
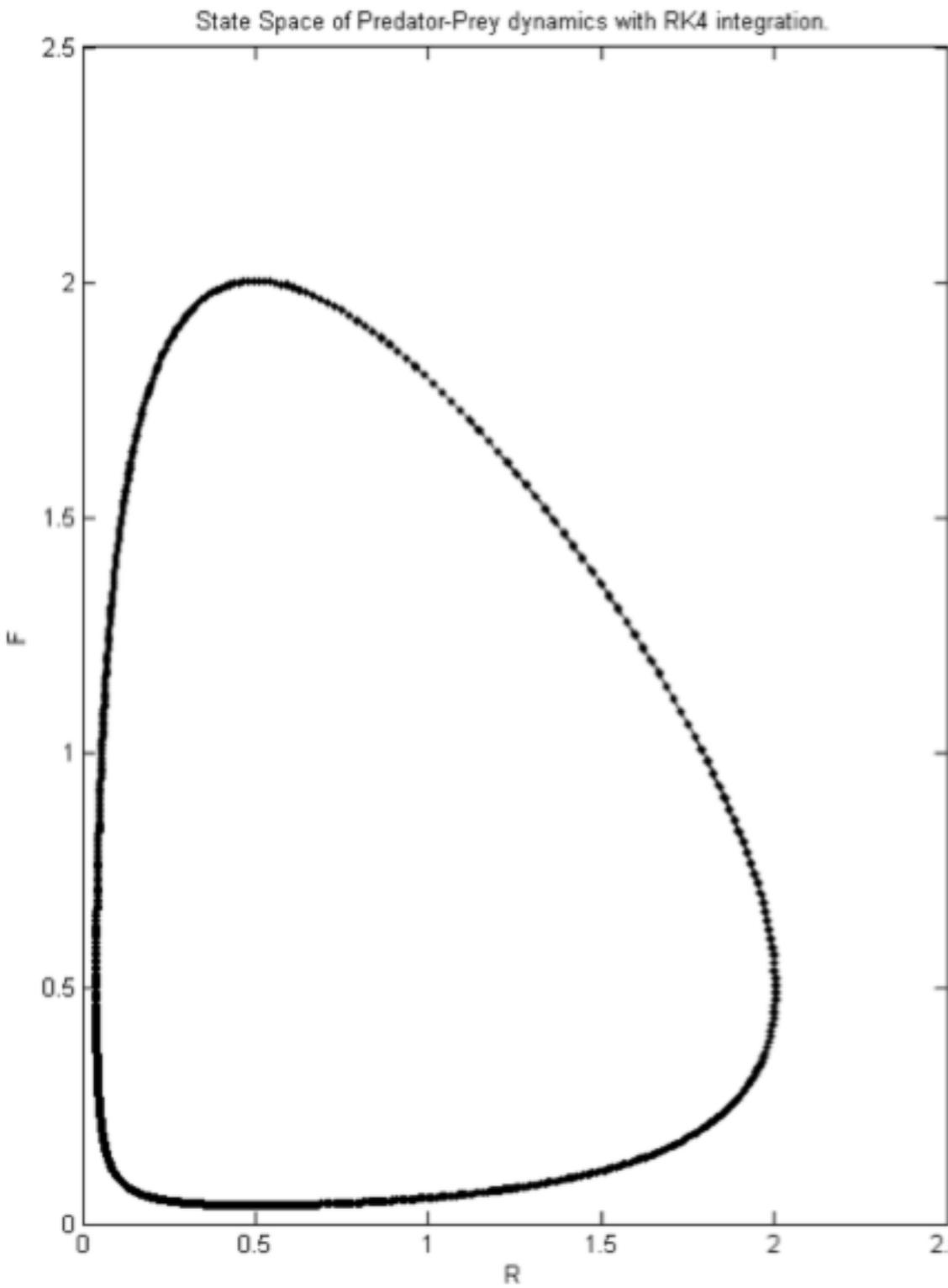
- Determine the embedding dimension:
- Dimension = 4,5,6,7?



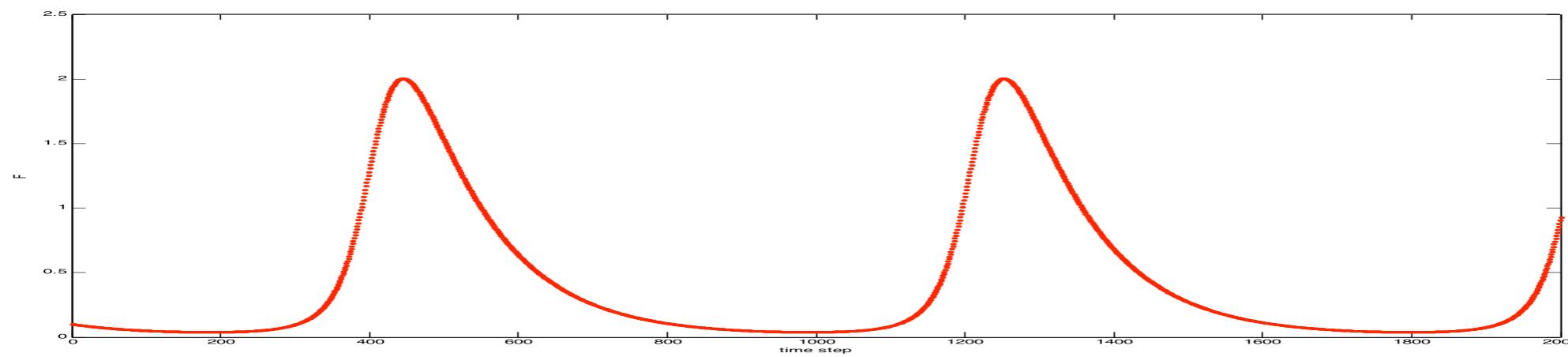
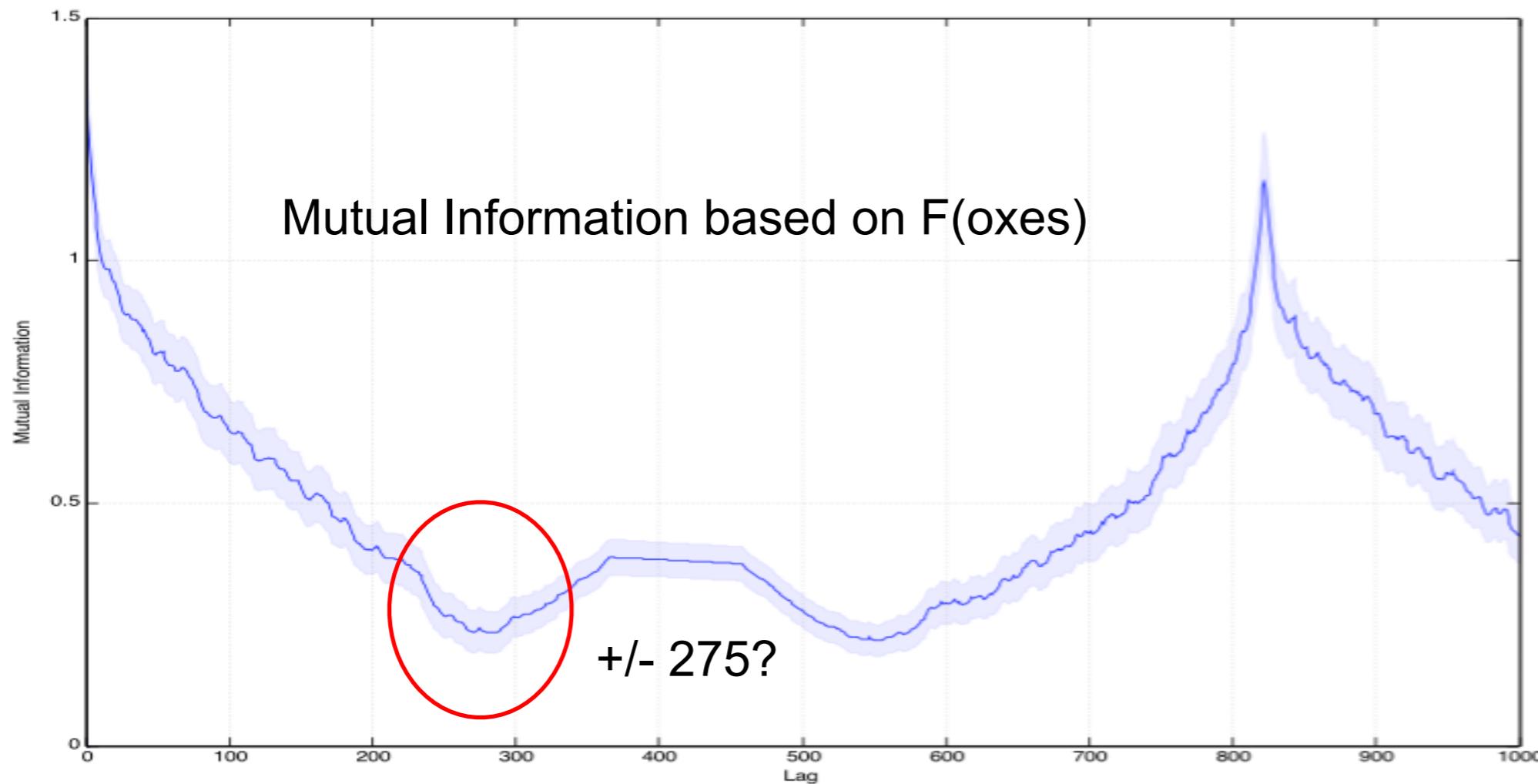
## Suppose we have measured a true IID variable



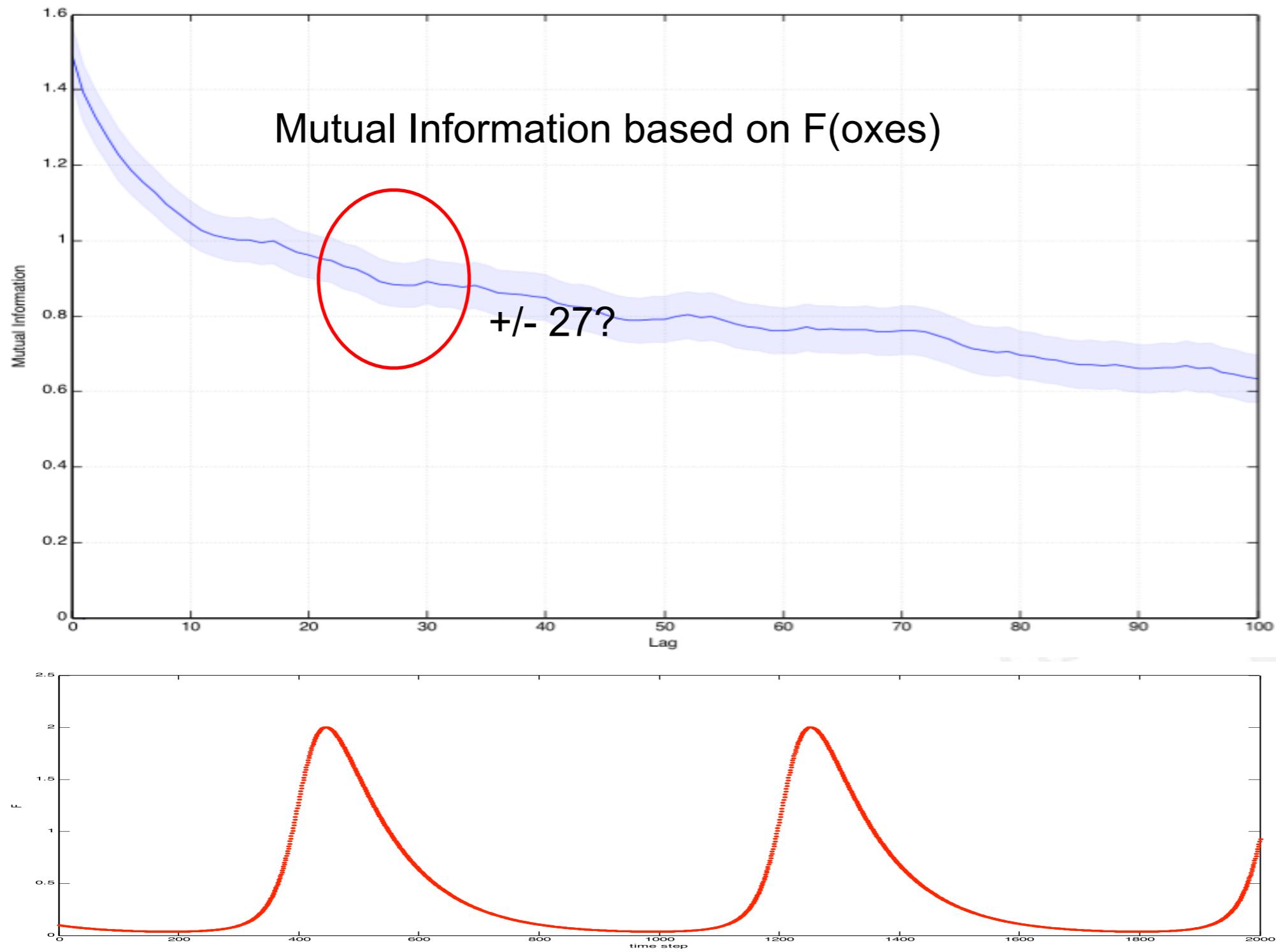
# Another familiar example: Predator-Prey dynamics



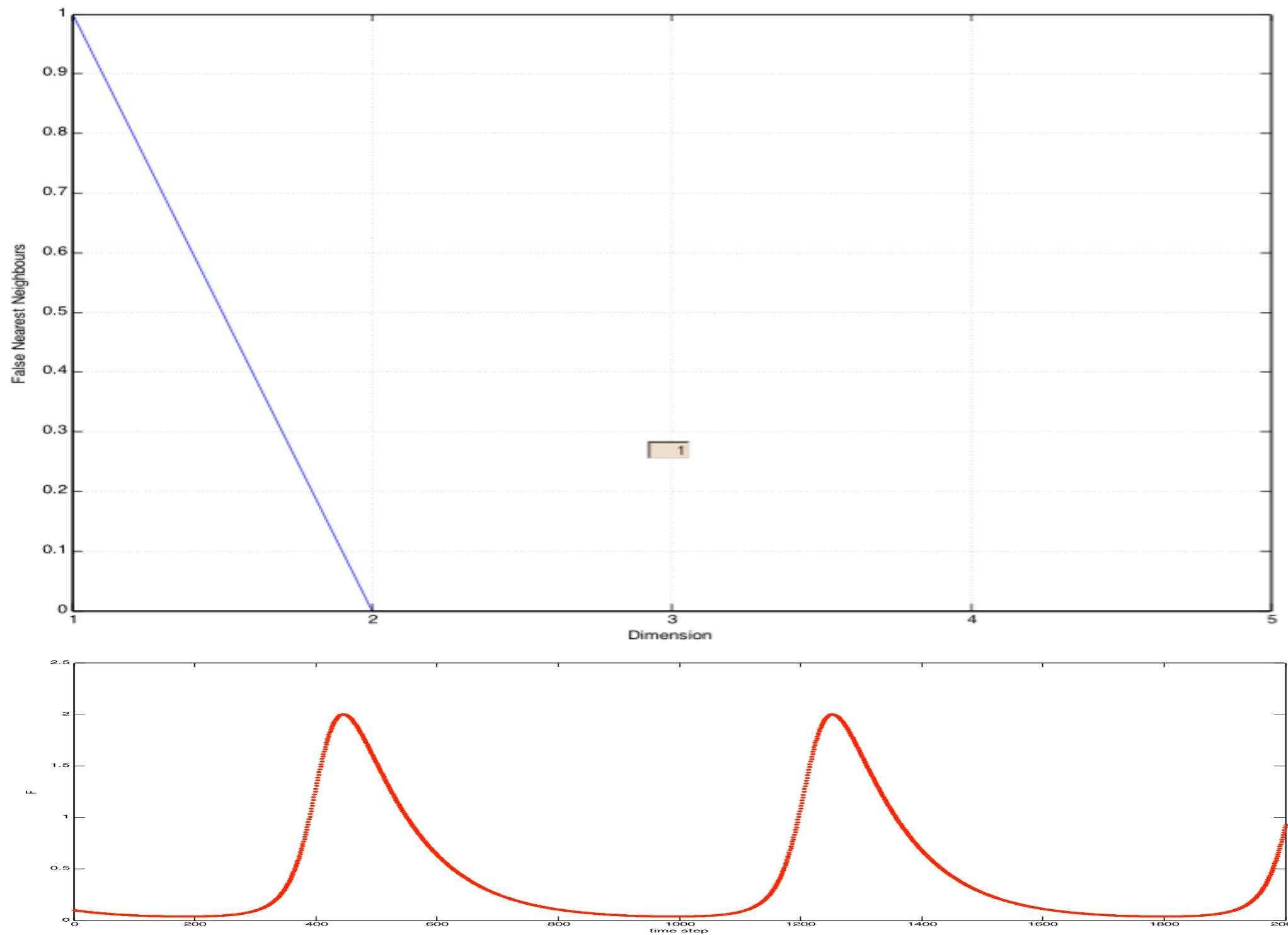
# Another familiar example: Predator-Prey dynamics



# Another familiar example: Predator-Prey dynamics

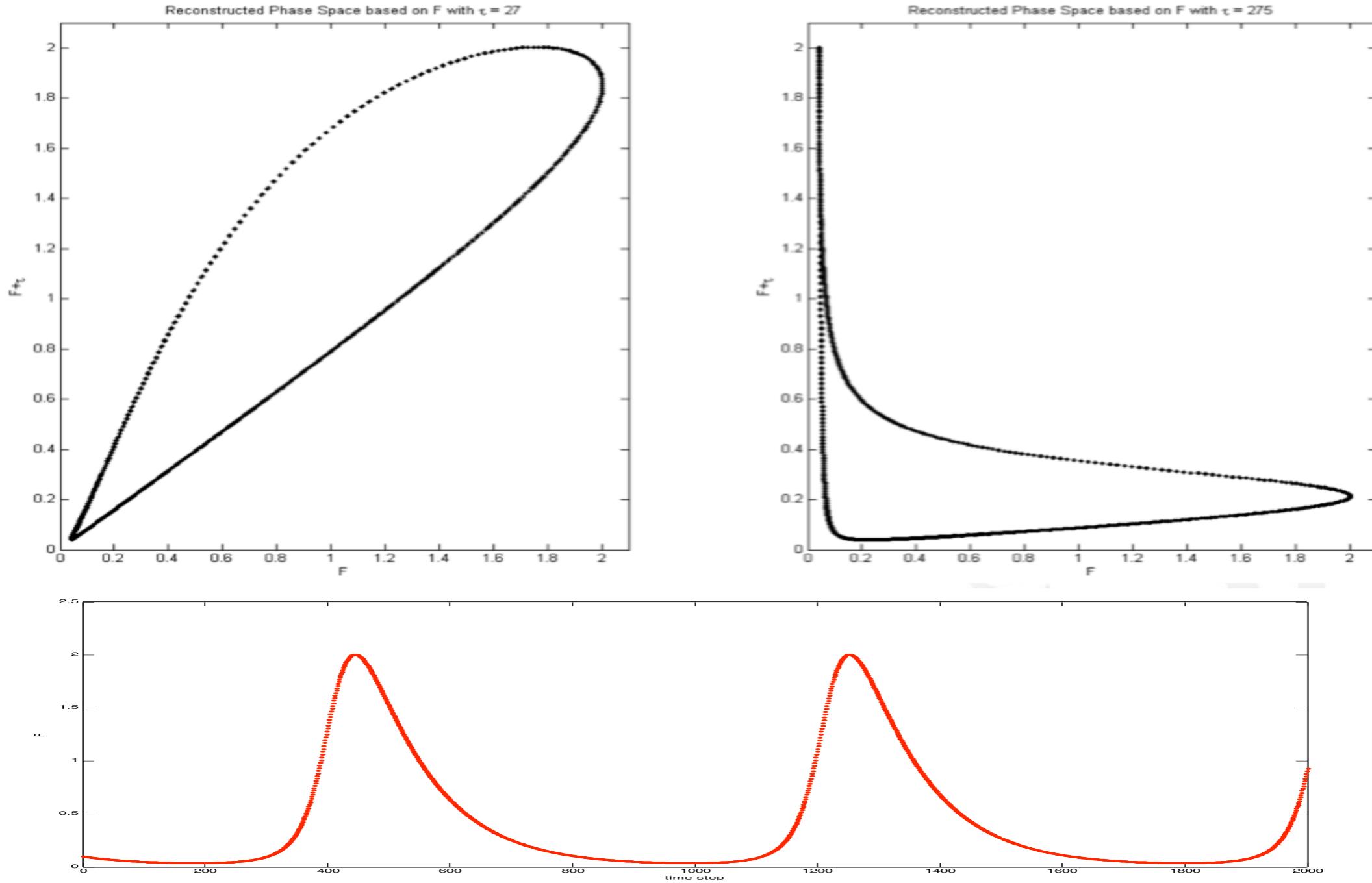


# Another familiar example: Predator-Prey dynamics

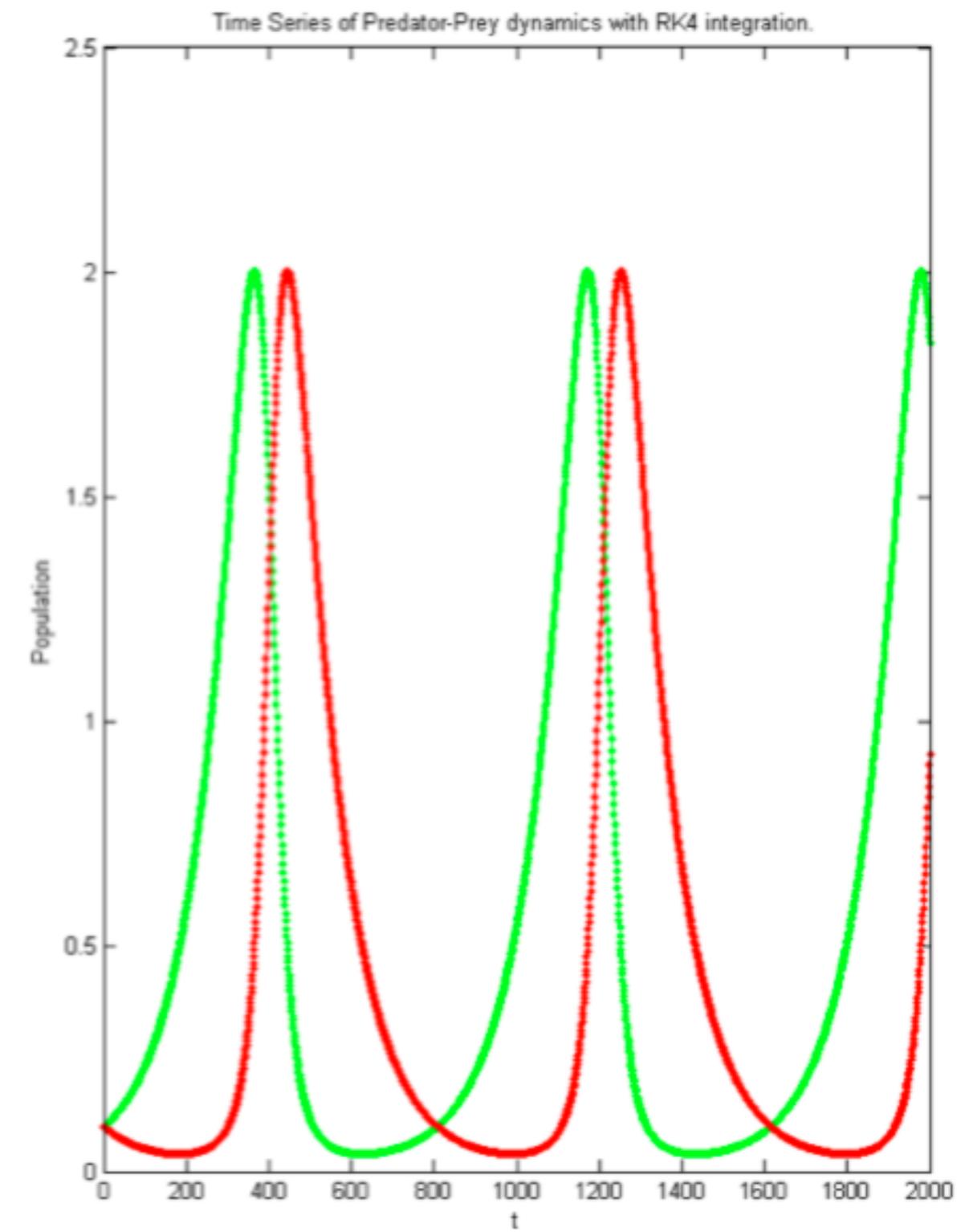
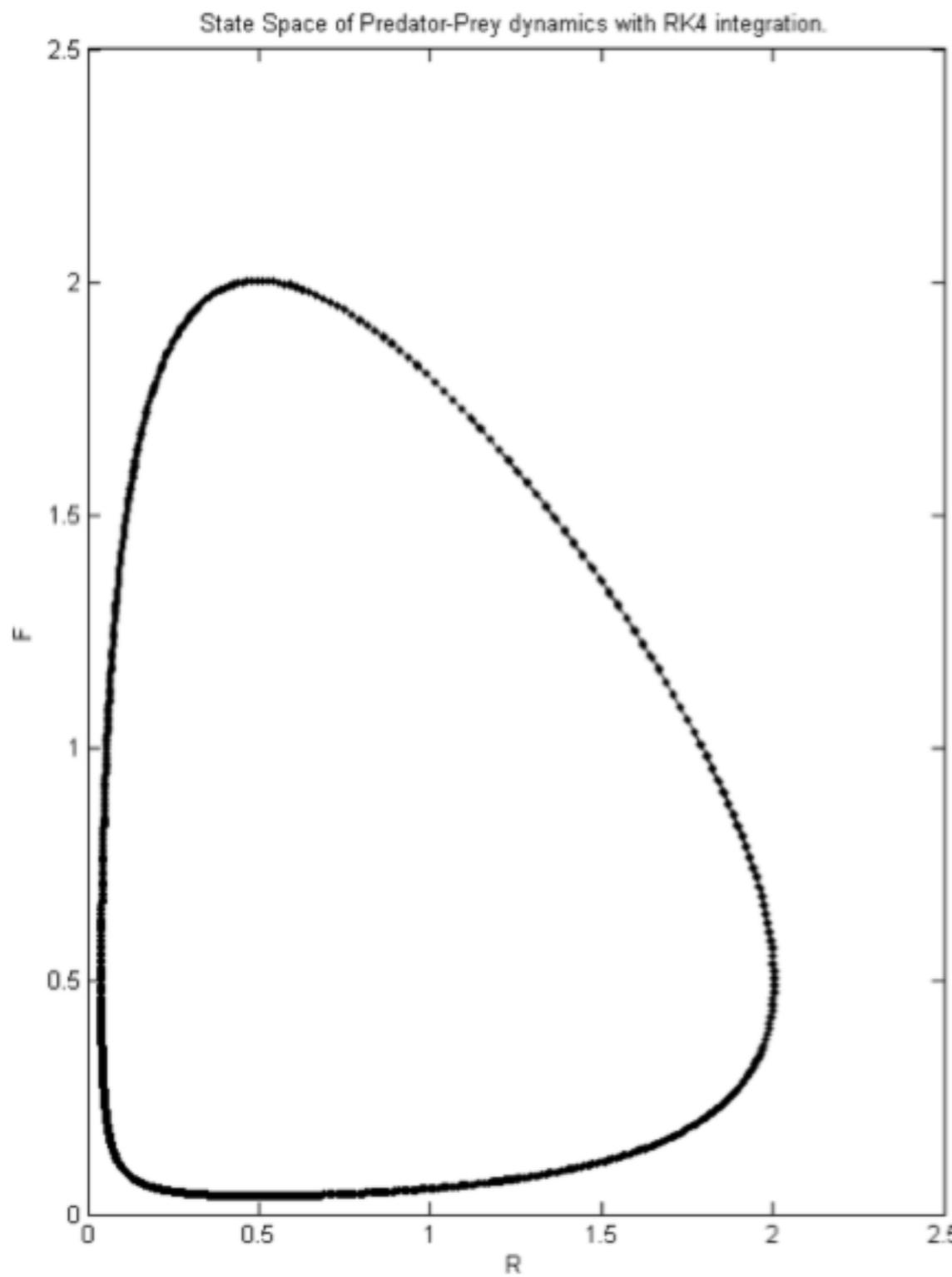


# Another familiar example: Predator-Prey dynamics

Embedding lag = 27 / 275 Embedding dimensions = 2



# Another familiar example: Predator-Prey dynamics



## Not so amazing?

- The reconstructed attractor is '*Topologically equivalent*' not exactly the same!!! (compare to random cloud of points)  
The exact lag is not that important, it is just a way to optimize the reconstruction
- If you are working with 'real' data from psychological experiments you will find that the dimensionality needed to describe the system is usually 10 dimensions or higher... No visual inspection anymore!
- Solution: Quantify the dynamic behaviour of the system in state space in terms of periodicity, randomness, etc. This remains similar to the original dynamics even if the attractor is not reconstructed exactly the same way (the reconstructed attractor is still much more constrained than all the states theoretically possible).
- (Cross) Recurrence Quantification Analysis!



## Recurrence Quantification Analysis

- A technique to quantify the dynamical behaviour of the system in its' reconstructed phase space
- Already many applications in physics, biology and psychology
- Many flavours of RQA, today: Auto-Recurrence.
- Next week: *Cross Recurrence Quantification* (analyse if two signals share the same phase space, are synchronised), *Categorical data*, *Order Patterns*, *Recurrence* and *Lagged Recurrence*

# Recurrence Quantification Analysis

## Blues on tuesday

Geen geld.  
Geen vuur.  
Geen speed.

Geen krant.  
Geen wonder.  
Geen weed.

Geen brood.  
Geen tijd.  
Geen weet.

Geen kloot.  
Geen donder.  
Geen reet.

Consider this poem by Jules Deelder  
to be a time series of letters.



# Recurrence Quantification Analysis

## Blues on tuesday

Geen geld.

Geen vuur.

Geen speed.

Geen krant.

Geen wonder.

Geen weed.

Geen brood.

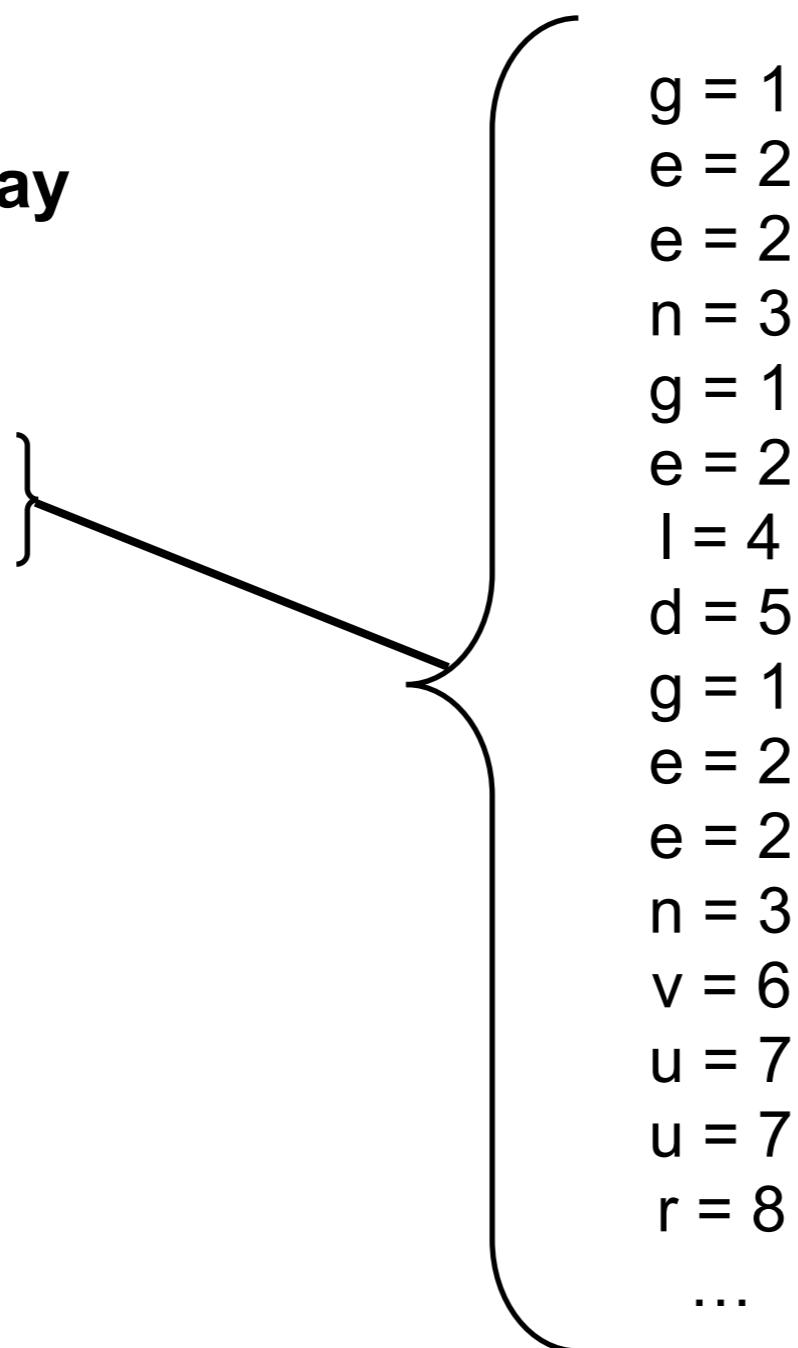
Geen tijd.

Geen weet.

Geen kloot.

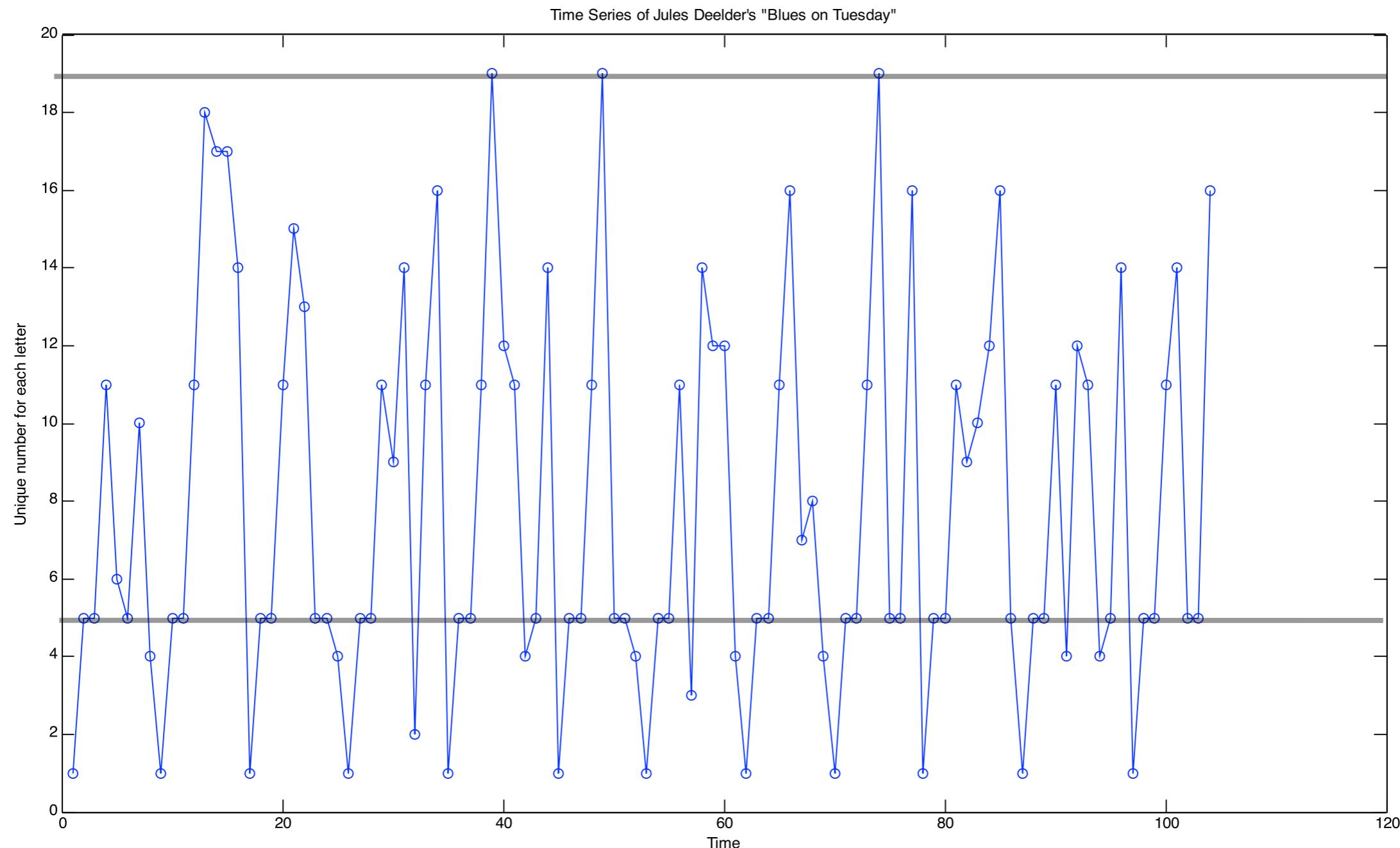
Geen donder.

Geen reet.



# Recurrence Quantification Analysis

## Blues on tuesday



Recurrence Plot of "Blues on Tuesday"

Plot a point every time  
a letter (value) recurs

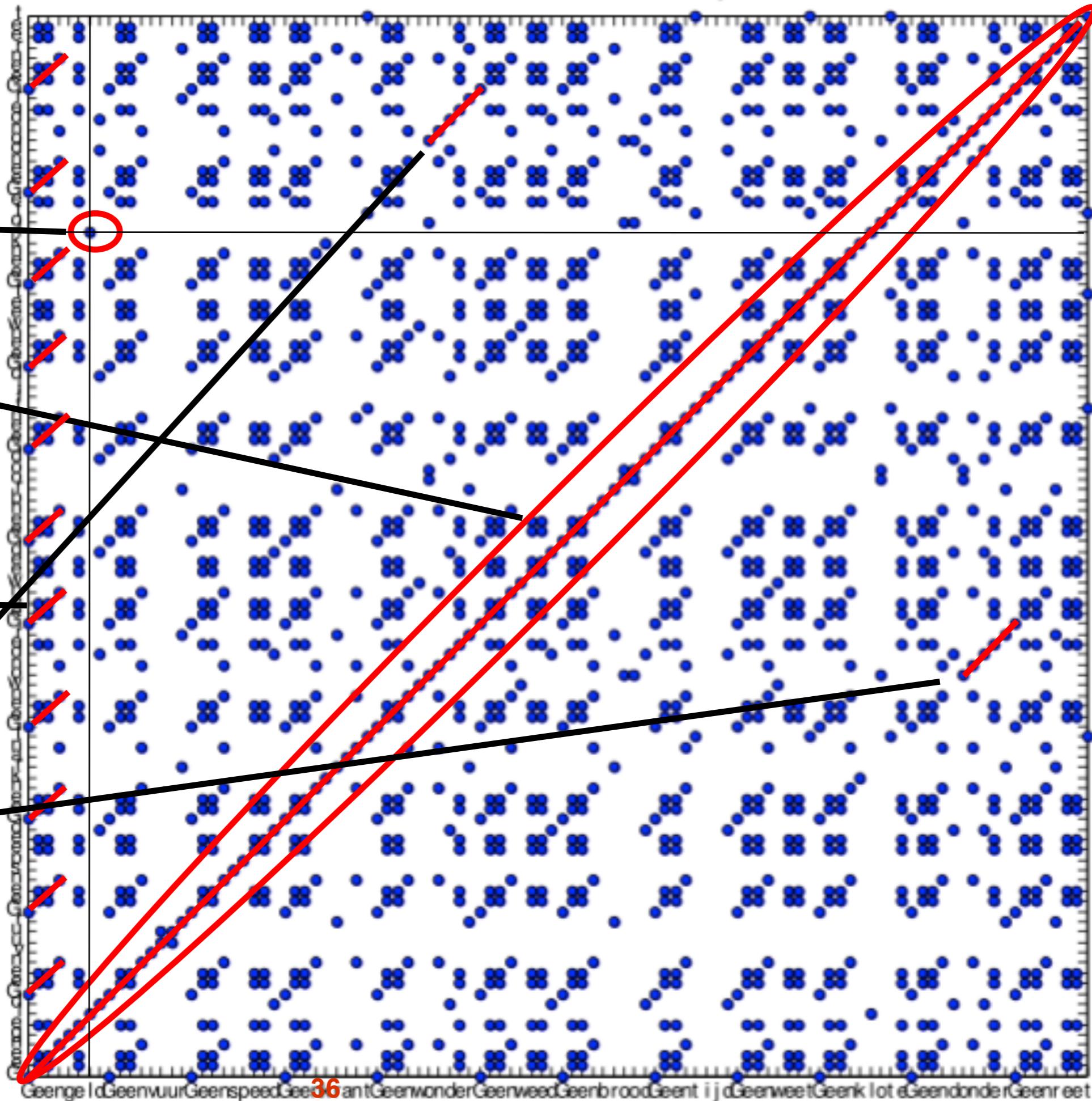
Letter L recurs 1 time

Line of Identity

Plot is symmetrical:  
Auto-recurrence

Larger recurring  
patterns form diagonal  
lines: GEEN

What's this?  
Recurrence of:  
ONDER



## A Recurrence Plot is a way to quantify the dynamics of a system in its reconstructed phase space

- Look in the reconstructed phase space when a value is recurring
- For continuous data: The value does not have to be exactly the same. Decide on a radius in which it is acceptable to call it recurring
- Many measures can be computed from recurrence plots!



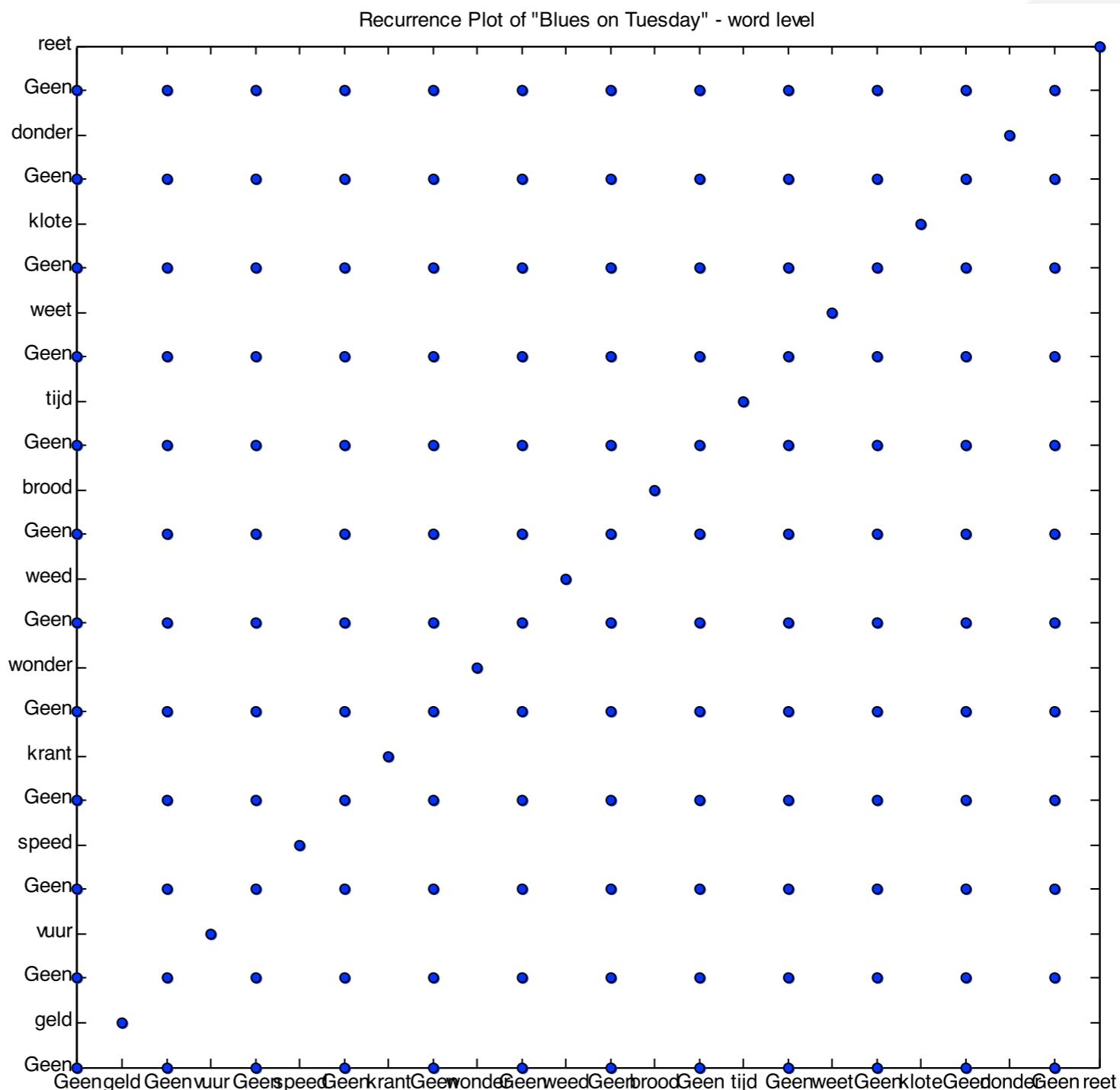
# What would a plot of the poem at the word level look like?

Geen geld.  
Geen vuur.  
Geen speed.

Geen krant.  
Geen wonder.  
Geen weed.

Geen brood.  
Geen tijd.  
Geen weet.

Geen klotे.  
Geen donder.  
Geen reet.



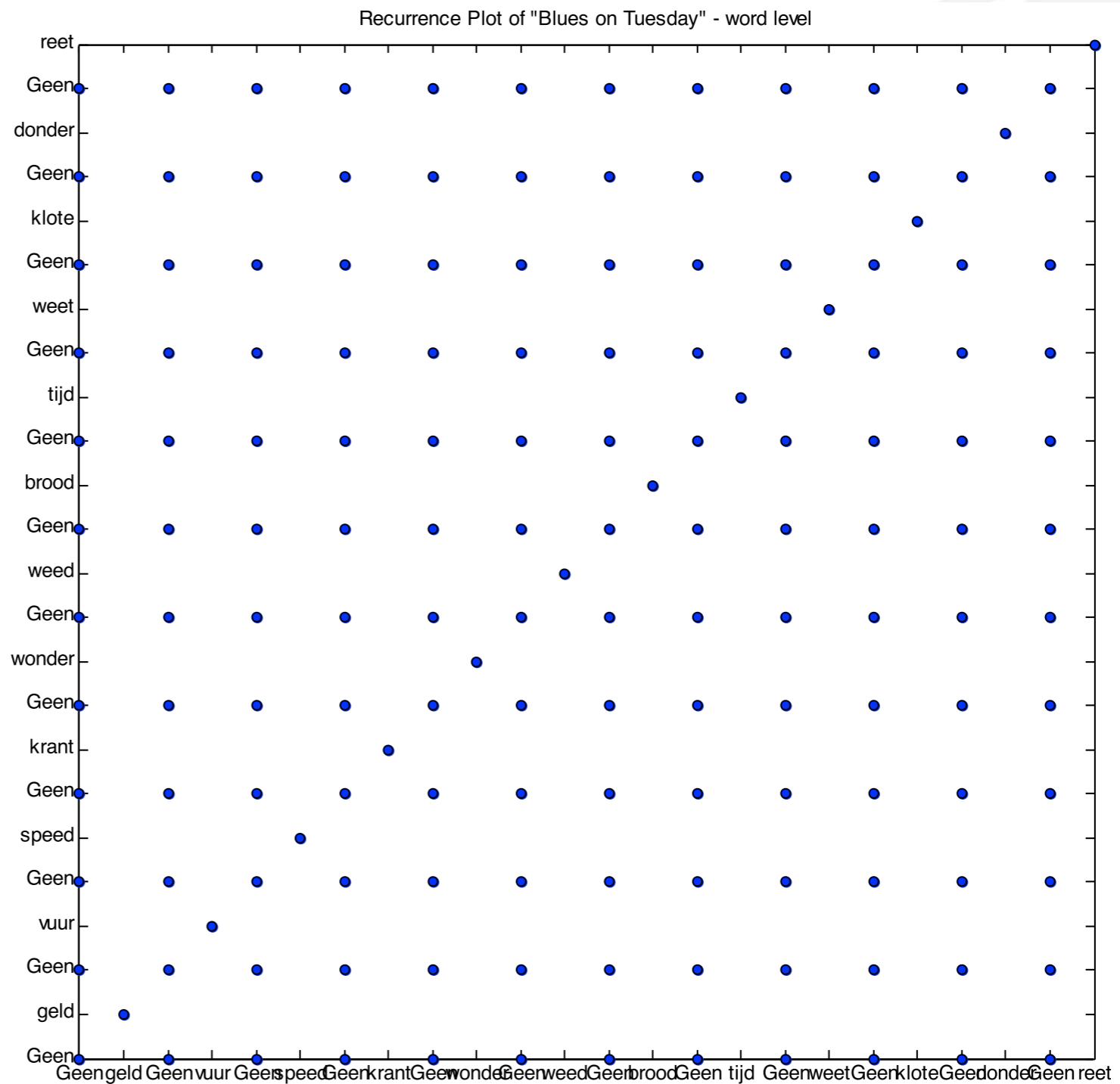
# What would a plot of the poem at the word level look like?

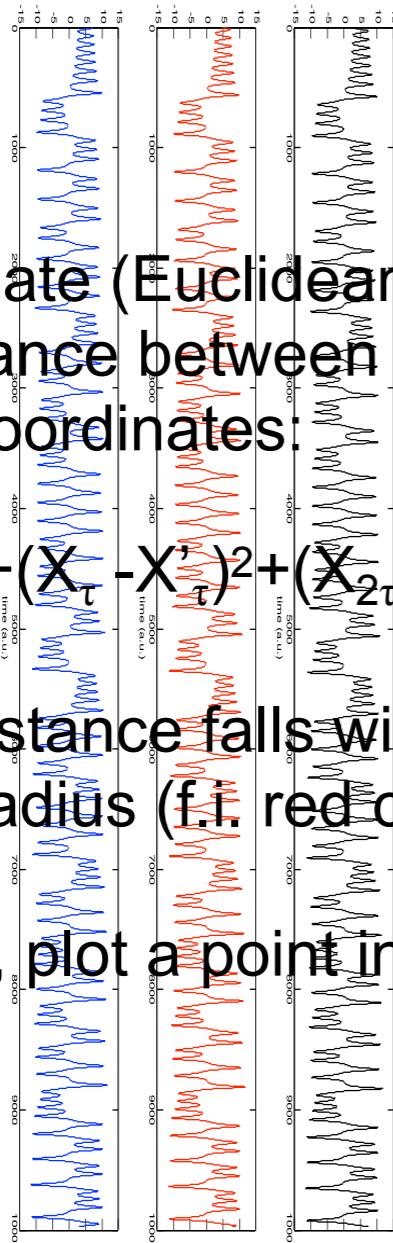
Just the word: GEEN

It recurs very regularly

How to quantify this?

Back to Lorenz





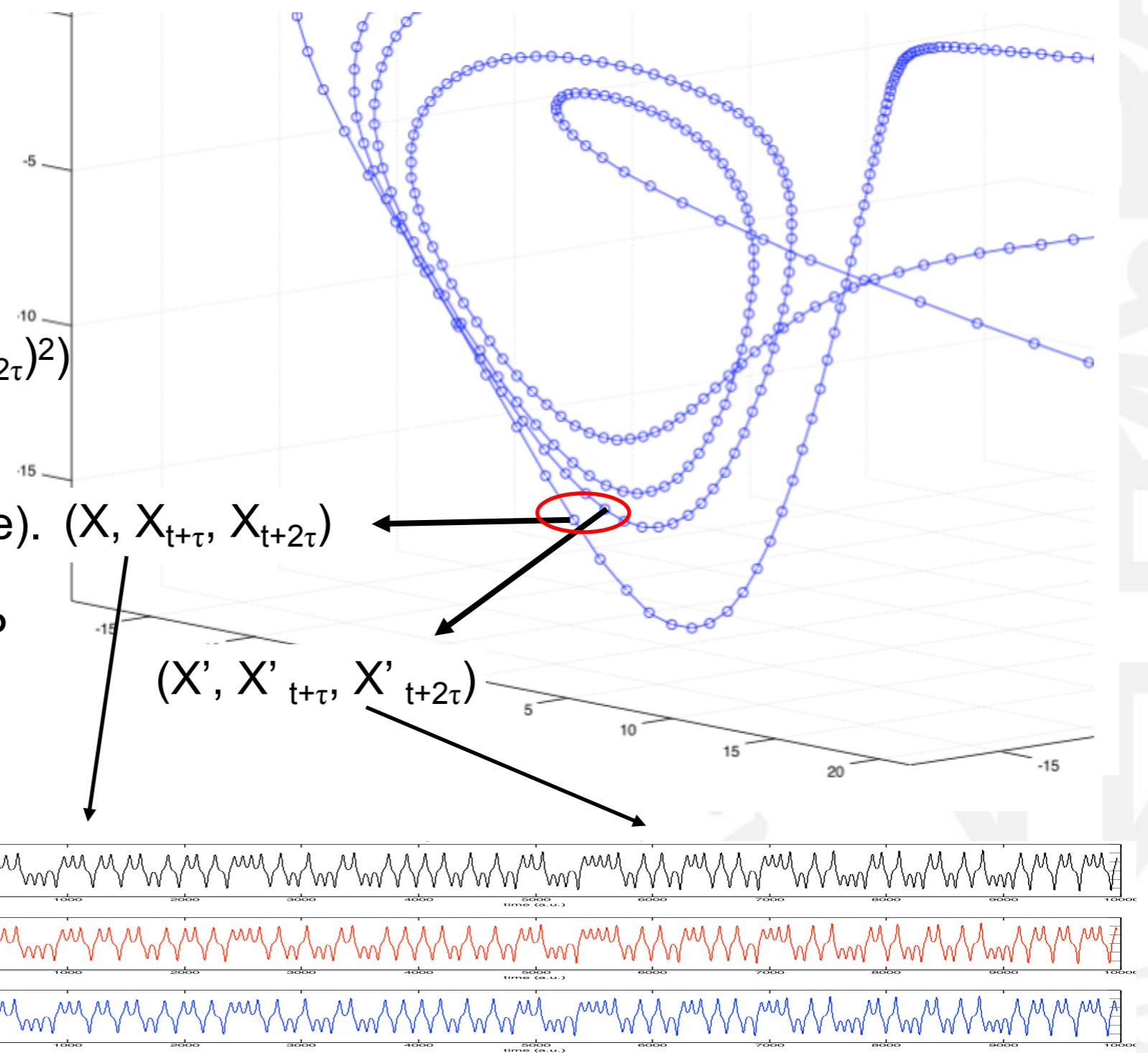
Calculate (Euclidean) distance between coordinates:

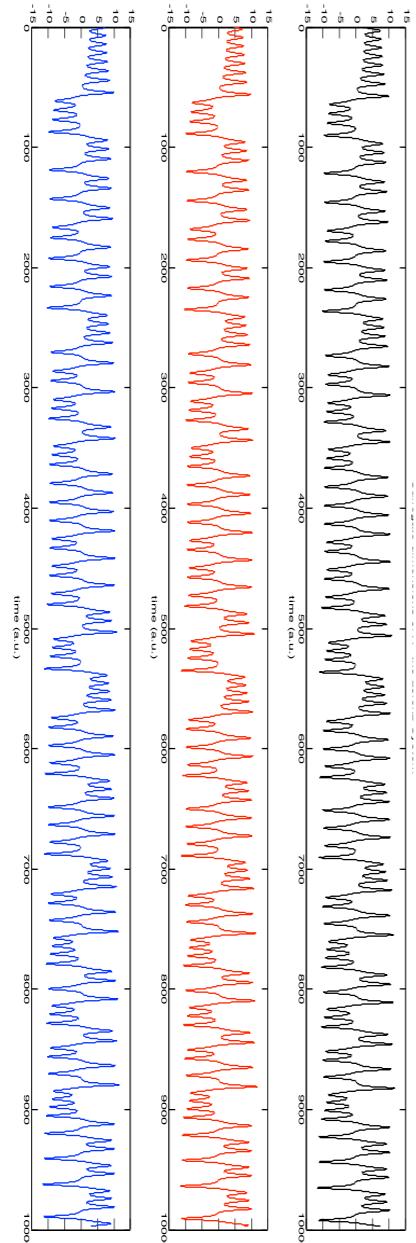
$$\sqrt{((X-X')^2 + (X_{t+\tau}-X'_{t+\tau})^2 + (X_{t+2\tau}-X'_{t+2\tau})^2)}$$

See if distance falls within a certain radius (f.i. red circle).  $(X, X_{t+\tau}, X_{t+2\tau})$

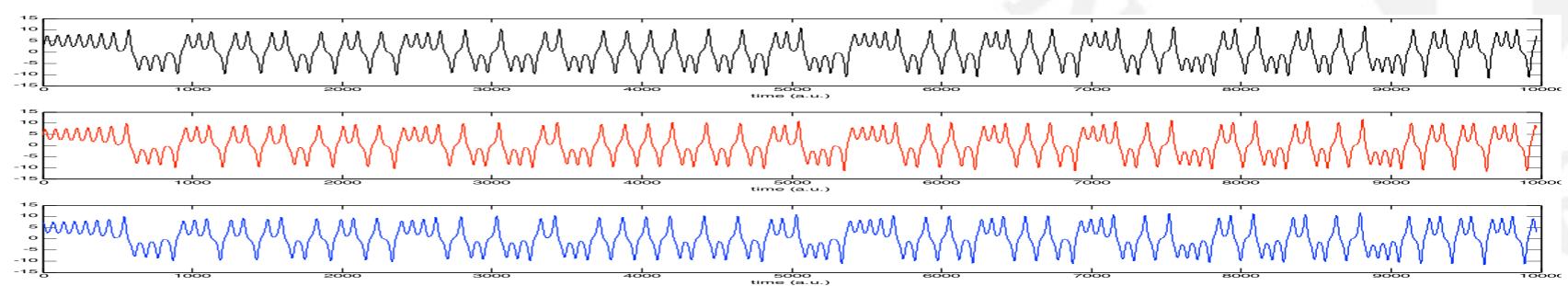
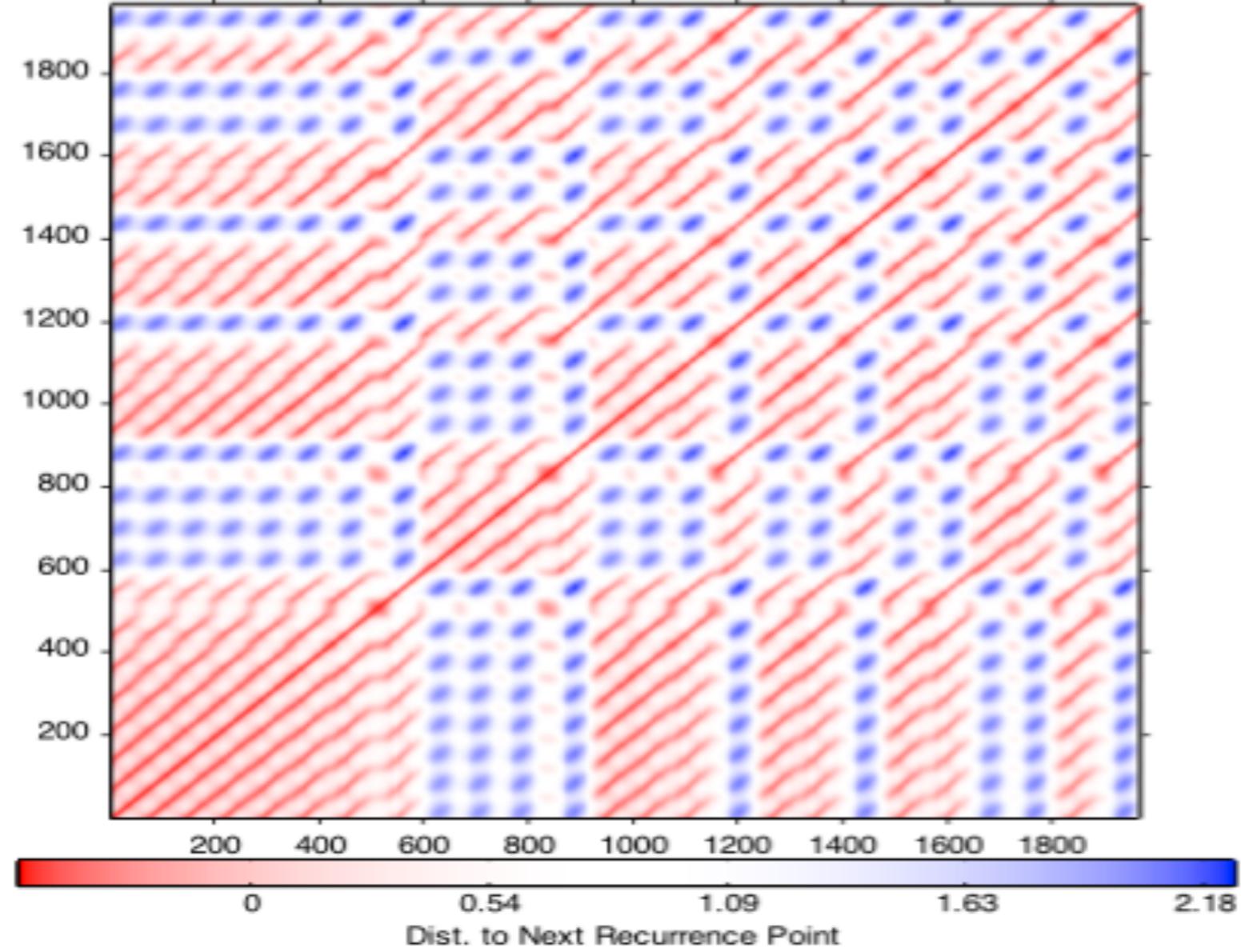
If it does, plot a point in RP

$X$   
 $X_{t+\tau}$   
 $X_{t+2\tau}$

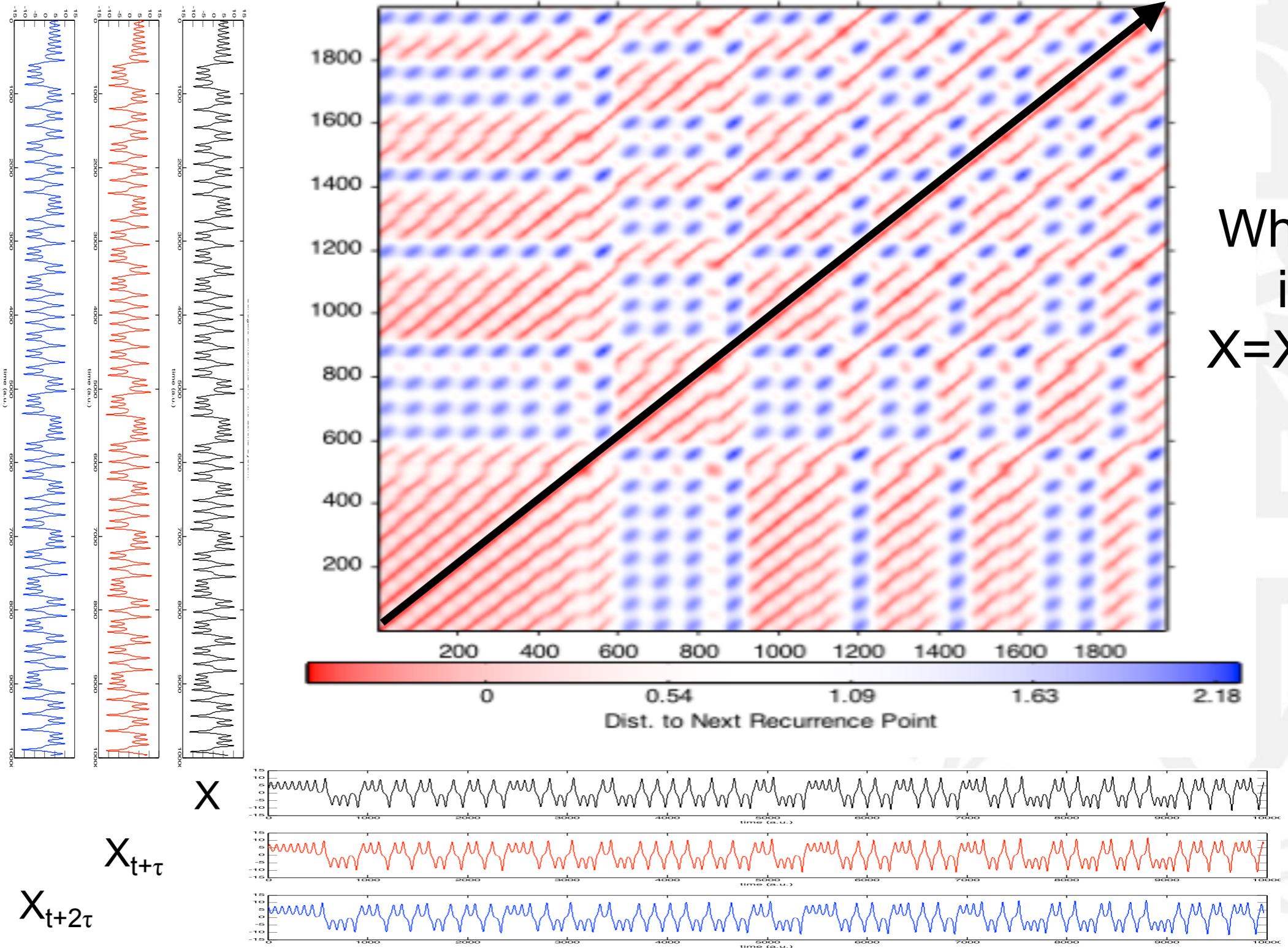


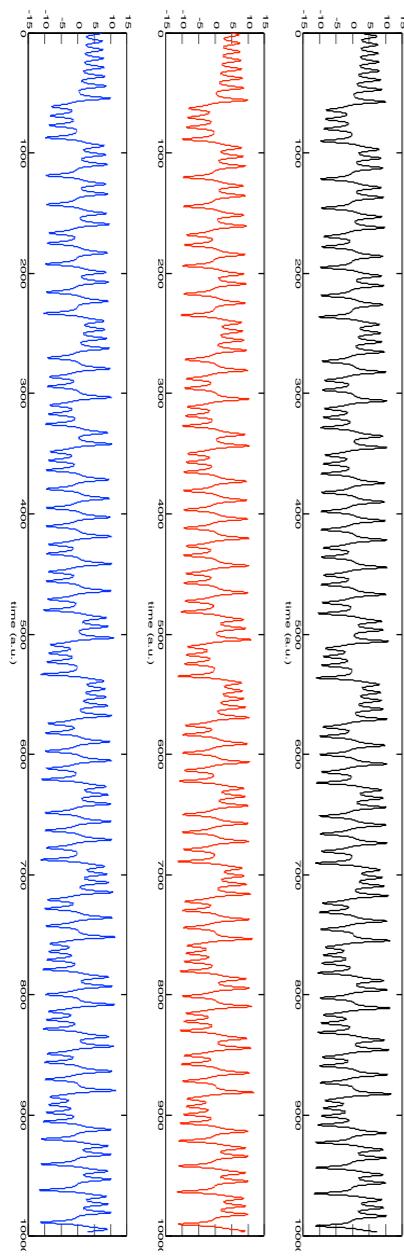


$X$   
 $X_{t+\tau}$   
 $X_{t+2\tau}$



Where  
is  
 $X=X(t)$ ?

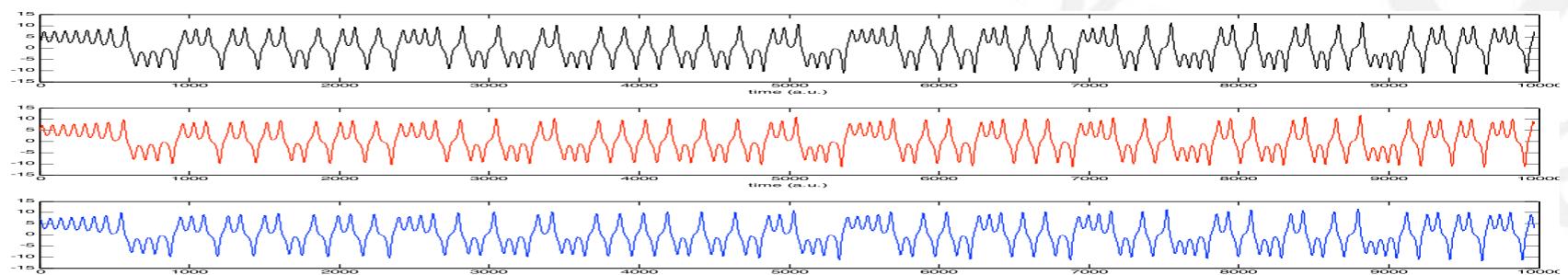
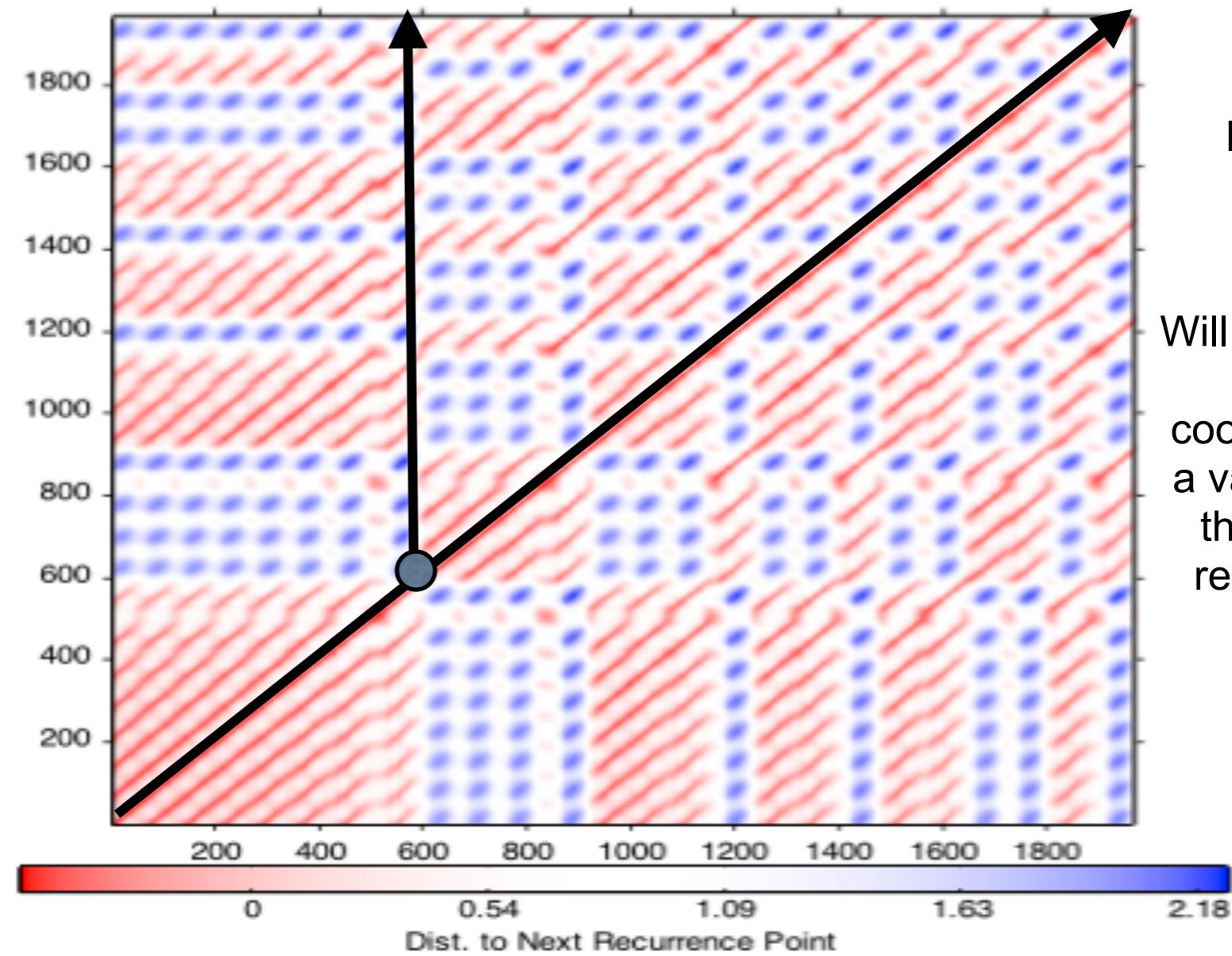




$X$

$X_{t+\tau}$

$X_{t+2\tau}$



Looking  
“up” at  
 $X(600)$ :

Will the current  
 $X, Y, Z$   
coordinate (or  
a value within  
the radius)  
recur in the  
future?

## Quantifying Recurrence

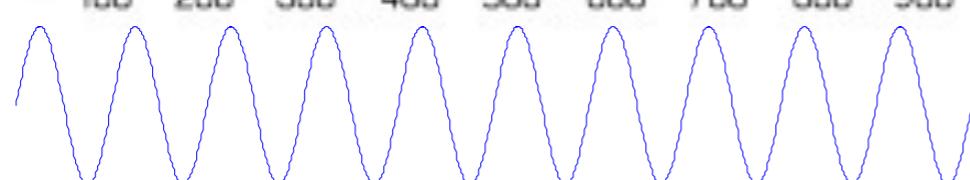
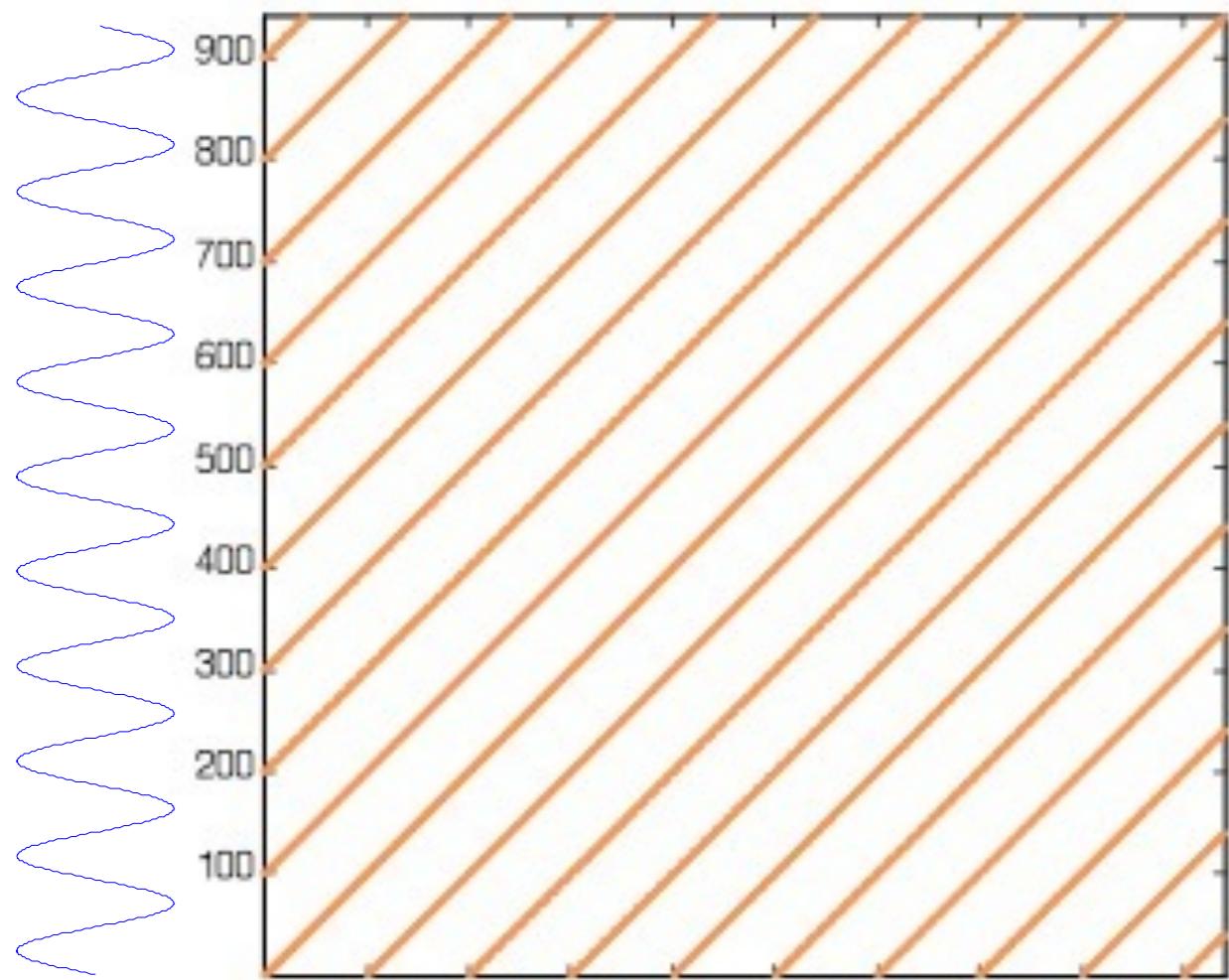
Shockley 2007

**%REC =**

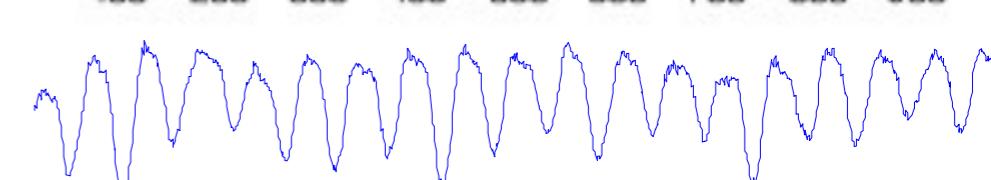
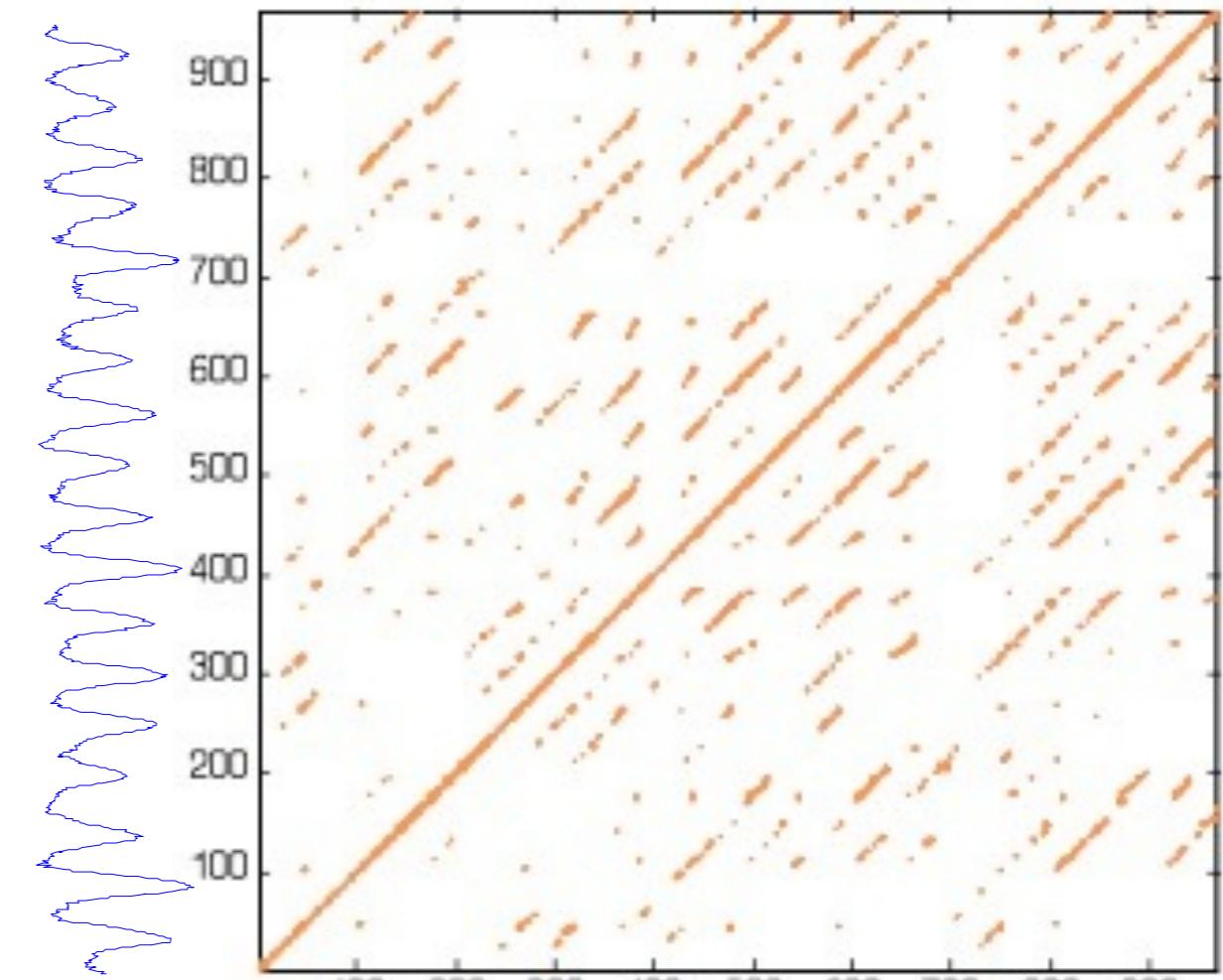
$$\frac{\text{Number of recurrent points}}{\text{Total number of locations}} \times 100$$

Sine

%REC = 2.9



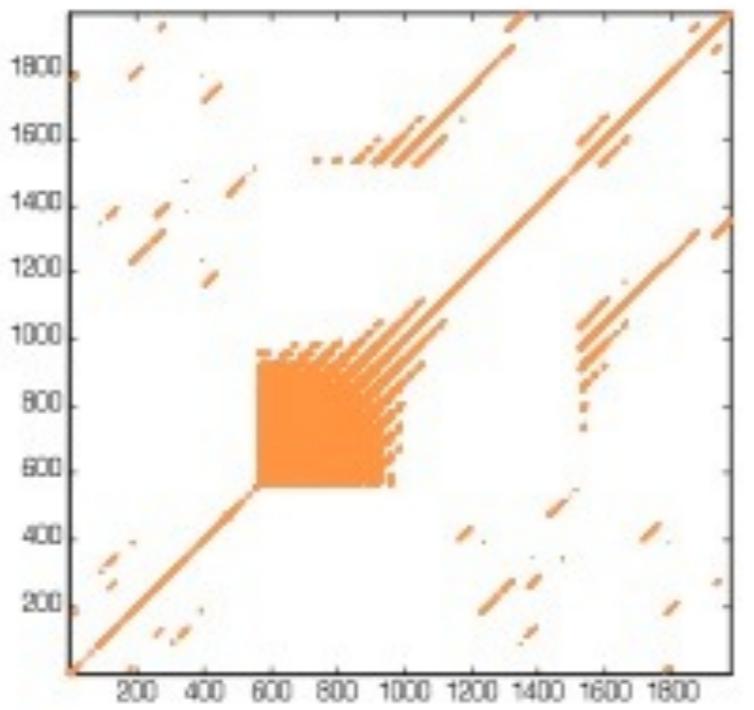
Limb oscillation to a metronome  
%REC = .72



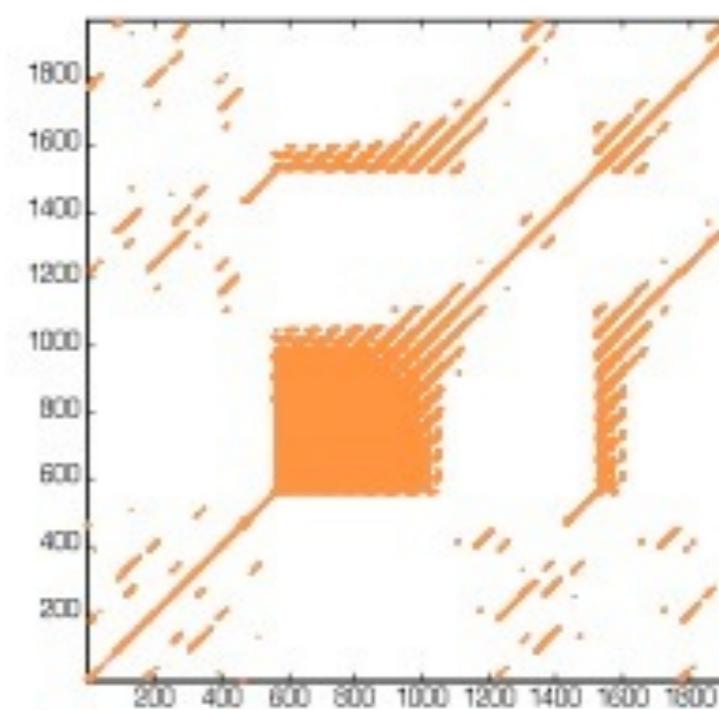
- Note that %REC is the number of points in phase space that recur, relative to all possible points that could recur. It is influenced by the radius you choose!
- When comparing groups or subjects: keep %REC constant.

Note how the recurrence plot changes with changes in radius

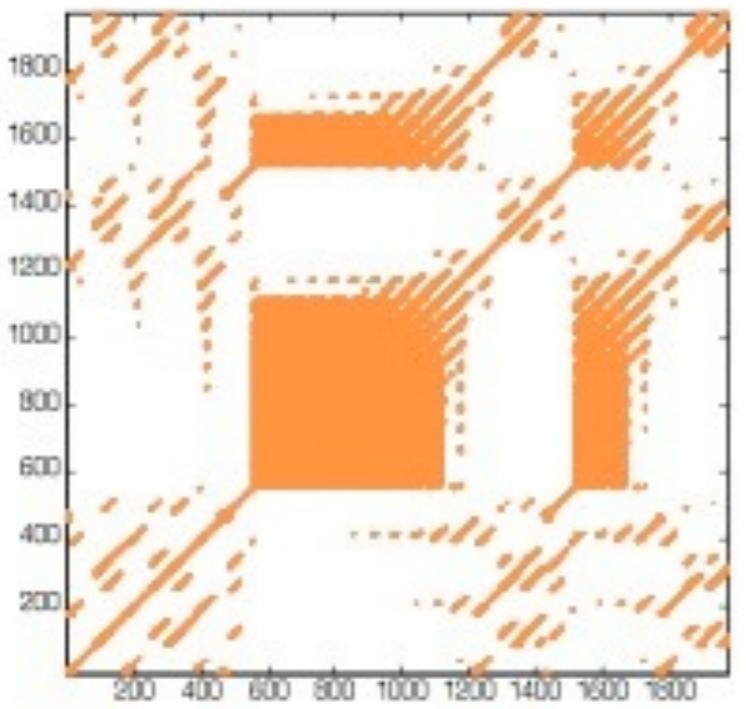
Radius = 3



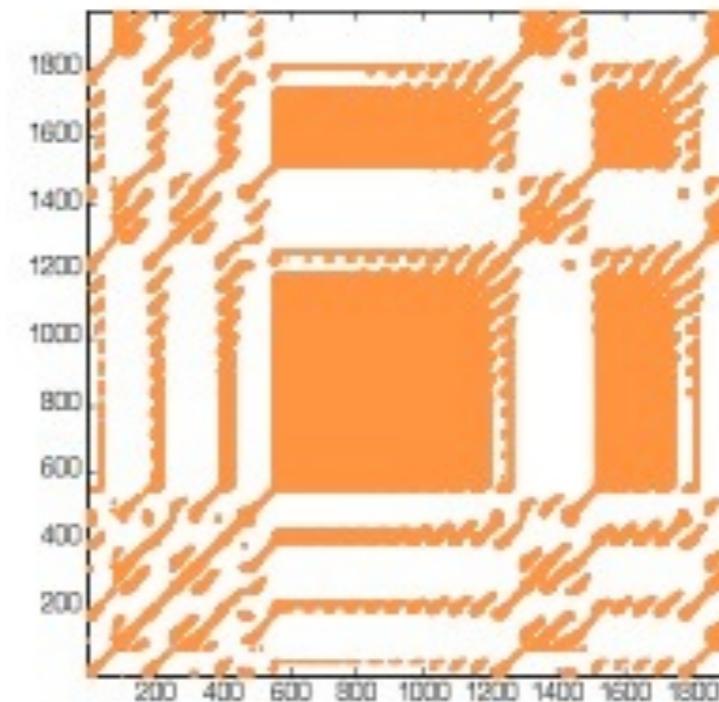
Radius = 5



Radius=10



Radius=20



Shockley 2007

Is there a prescription for picking your radius?

## %DETERMINISM

Indexes how “patterned” the data are.

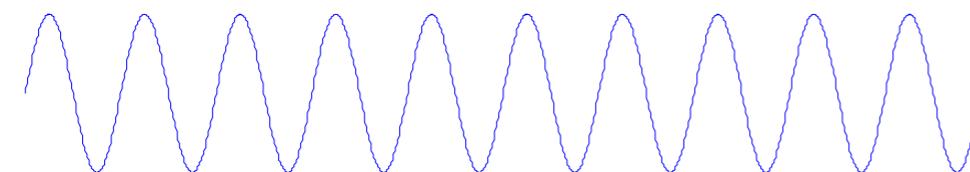
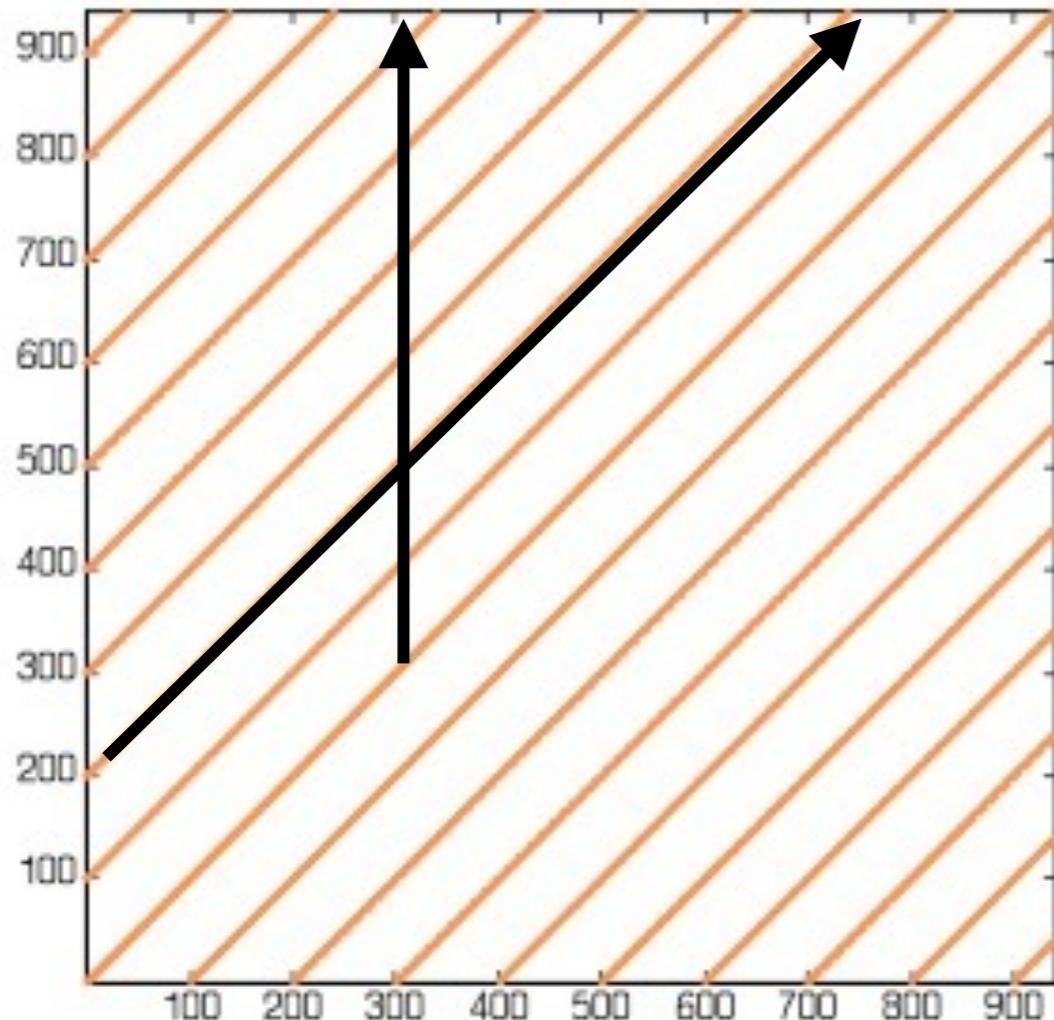
Does the system return to the same region of phase space for a longer period of time?

$$\%DET = \frac{\text{Number of recurrent points forming diagonal line}}{\text{Total recurrent points}} \times 100$$

Sine

%REC = 2.9

%DET = 99.8

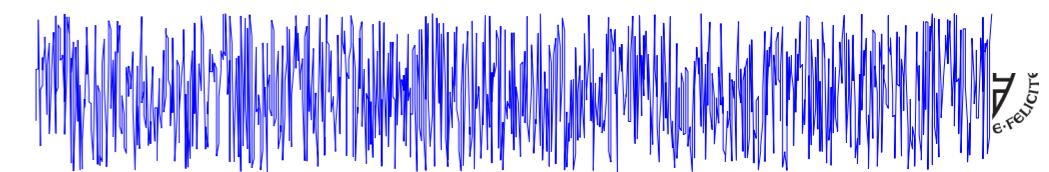
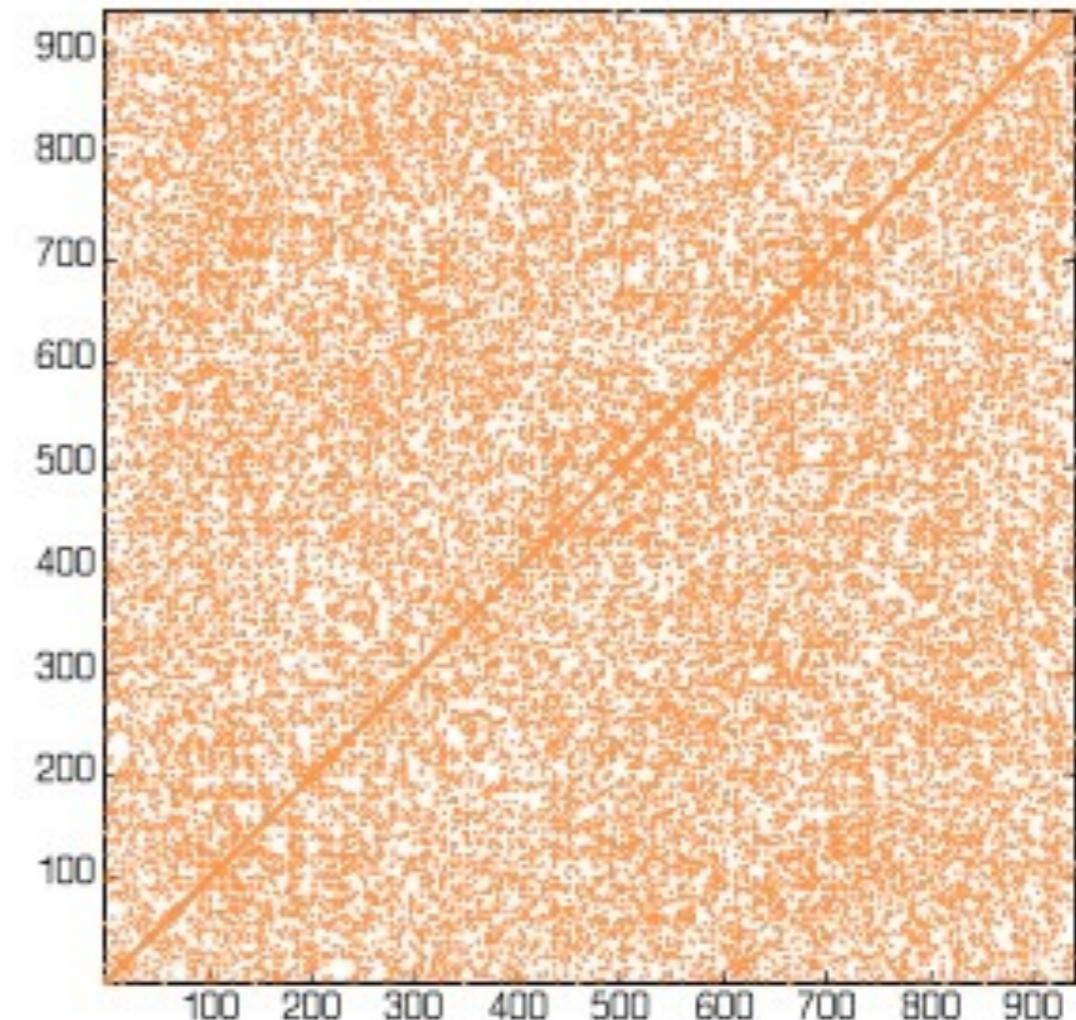


46

White Noise

%REC = 2.9

%DET = 5.4

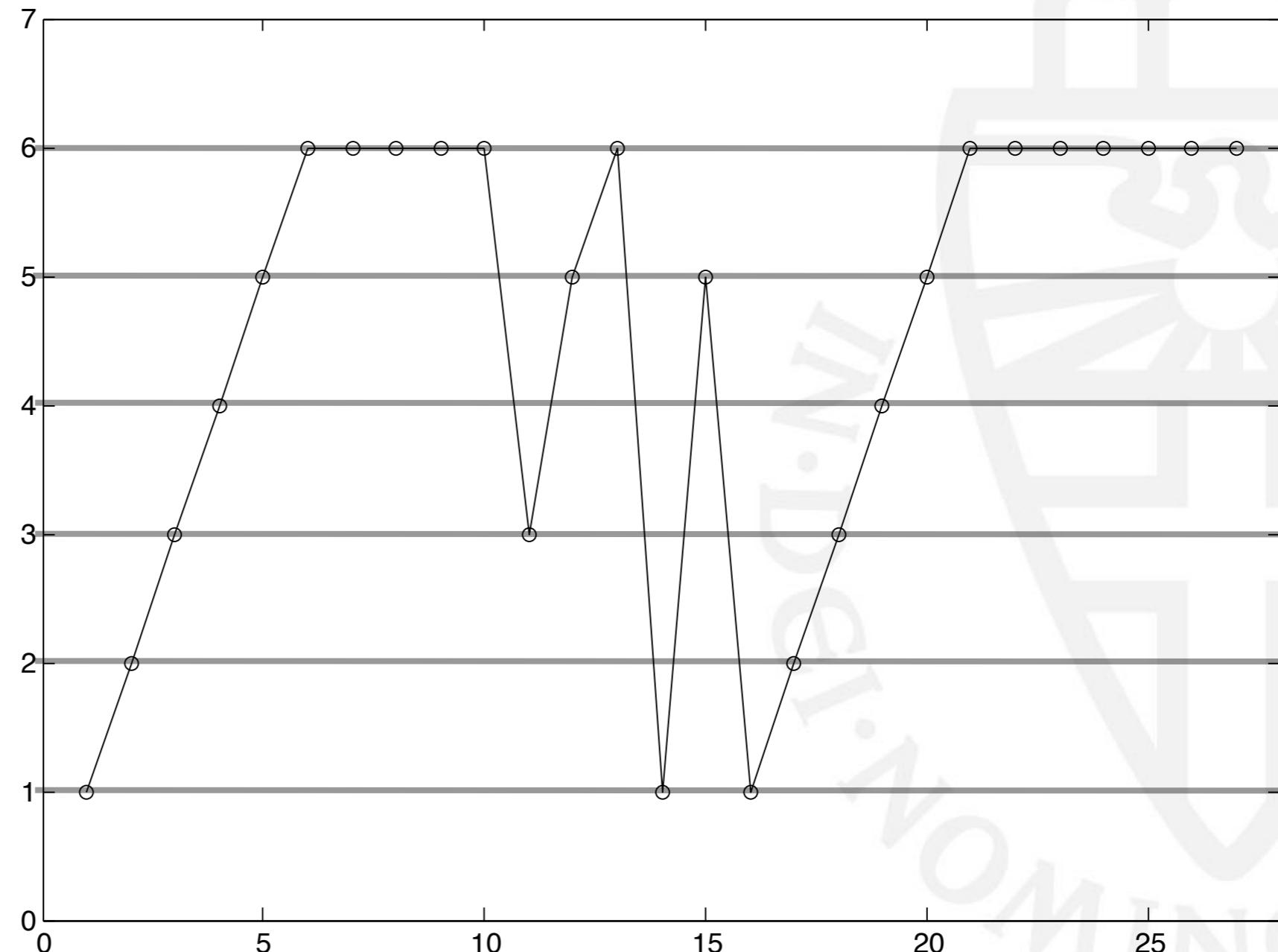


**Diagonal lines signify recurring patterns...  
not necessarily recurring values!**

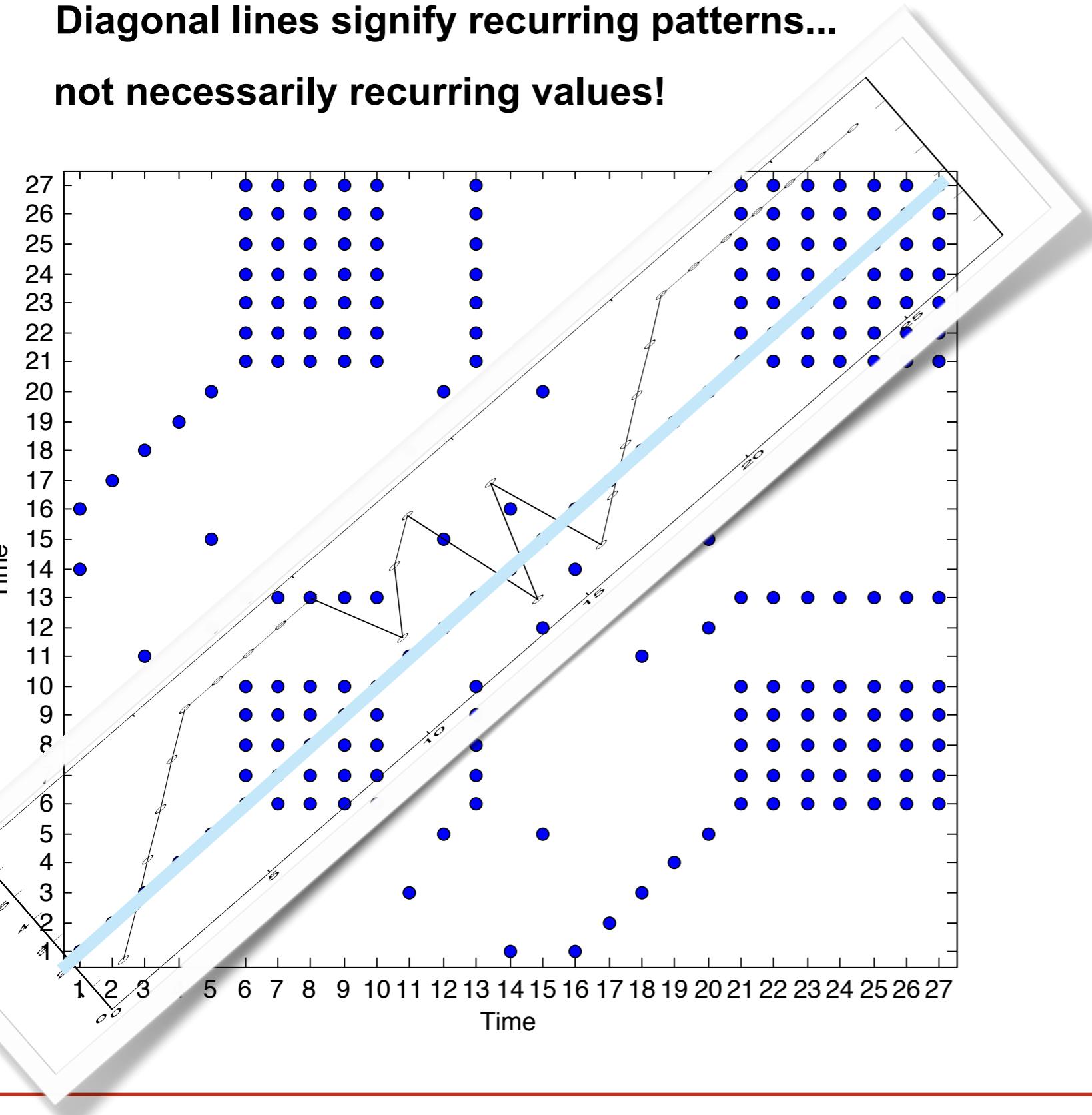
Let's take radius /  
threshold = 0

Looking at exact  
recurrence

1 dimensional  
state space  
(no embedding,  
just “raw”  
recurrence)

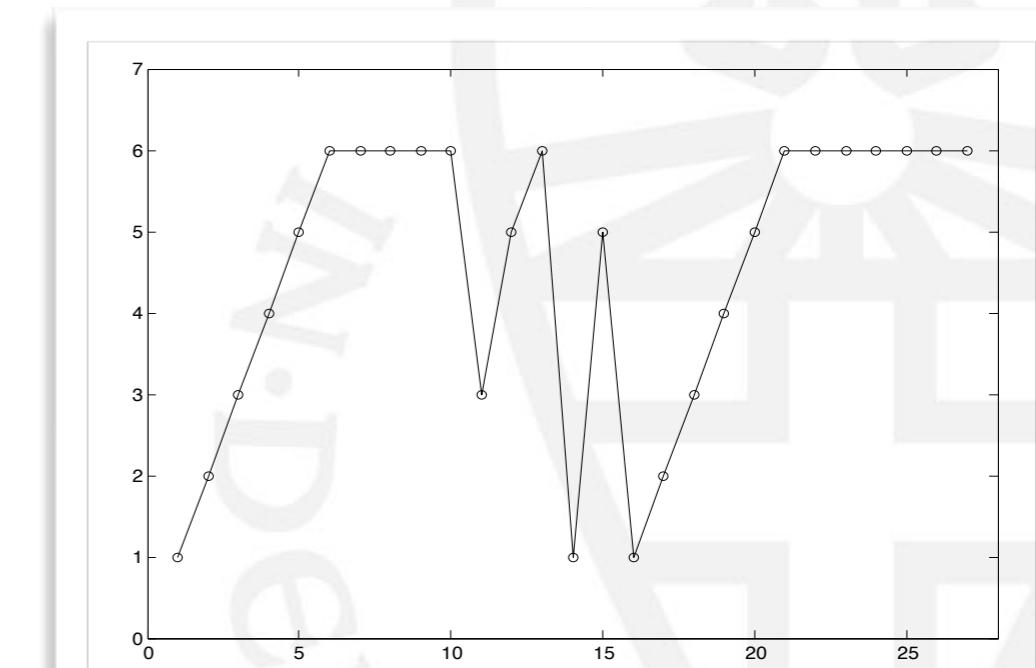
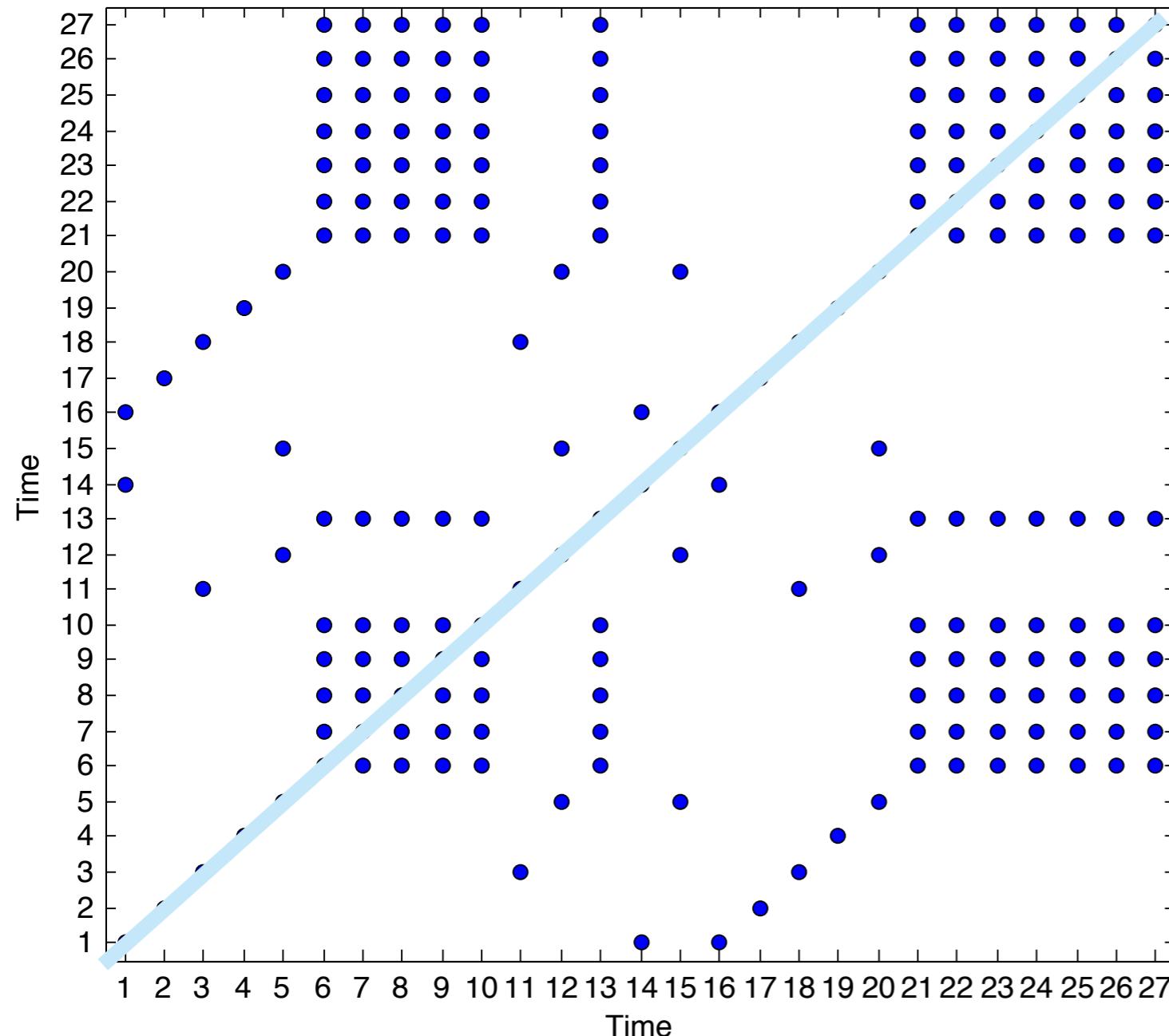


**Diagonal lines signify recurring patterns...  
not necessarily recurring values!**

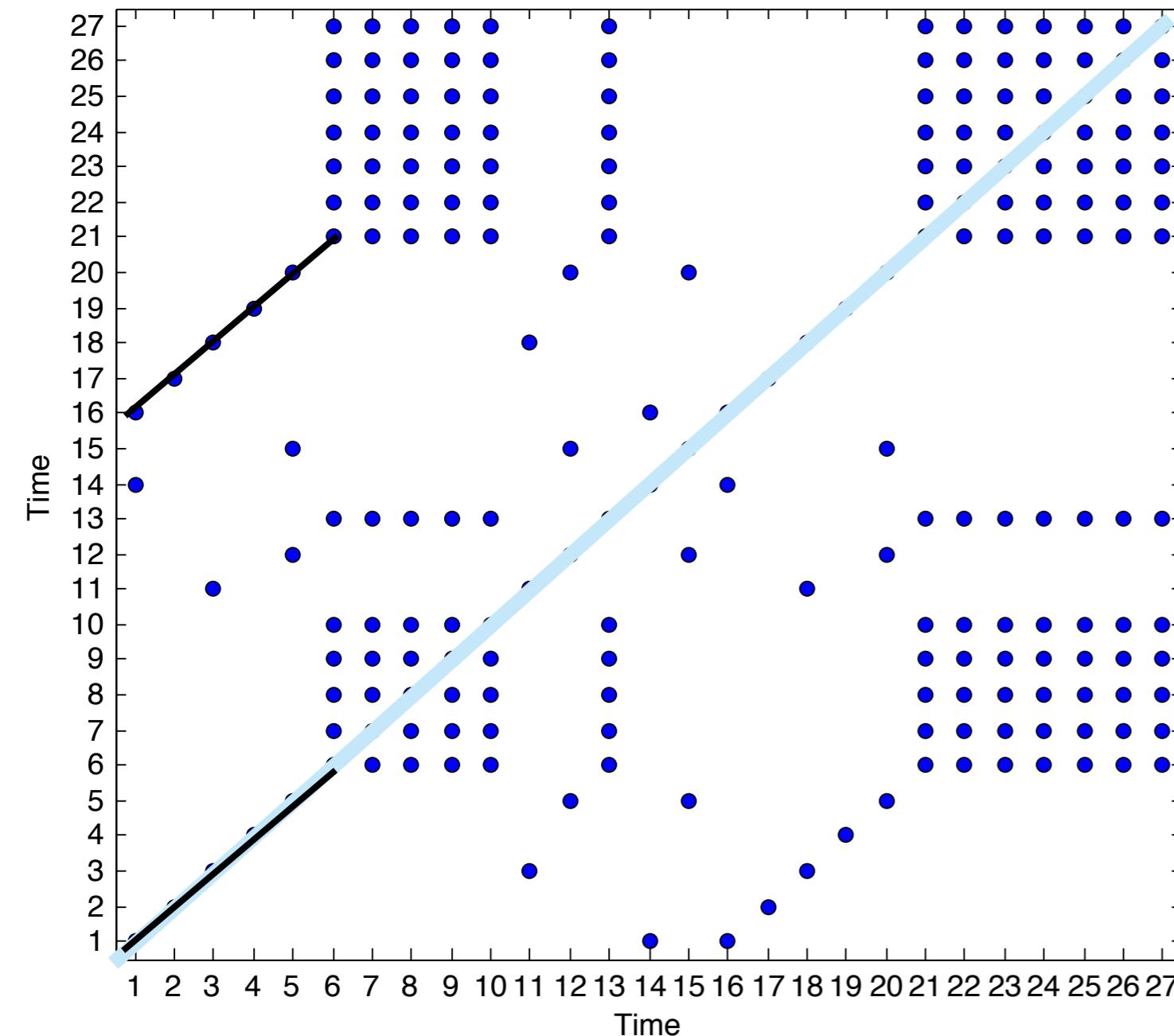


**Diagonal lines signify recurring patterns...**

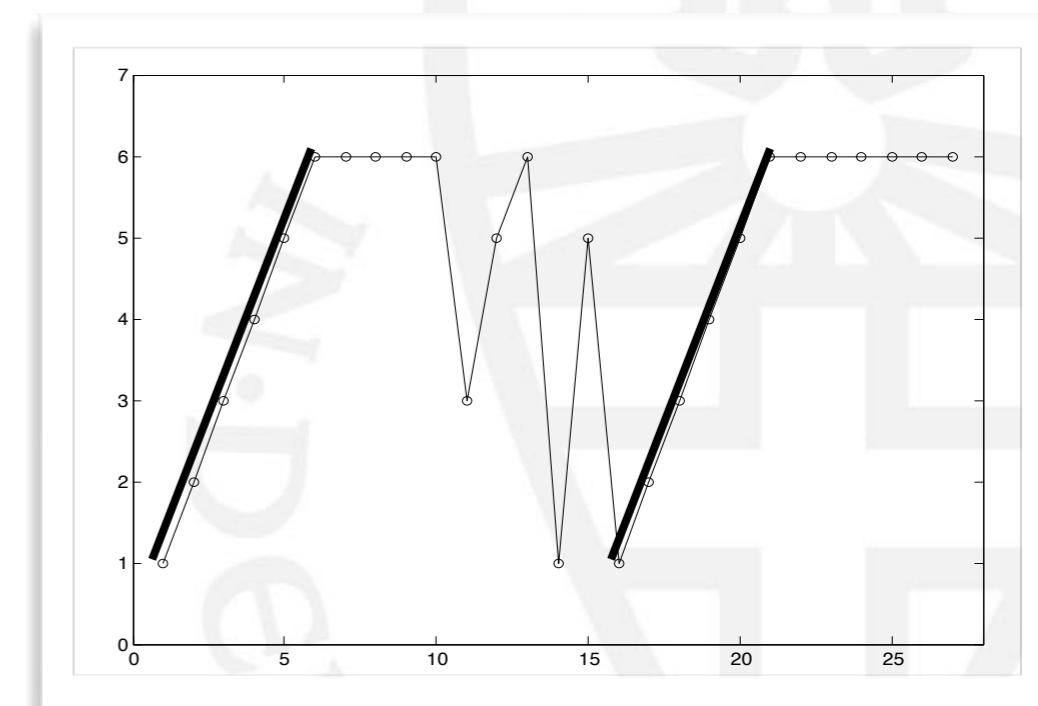
**not necessarily recurring values!**



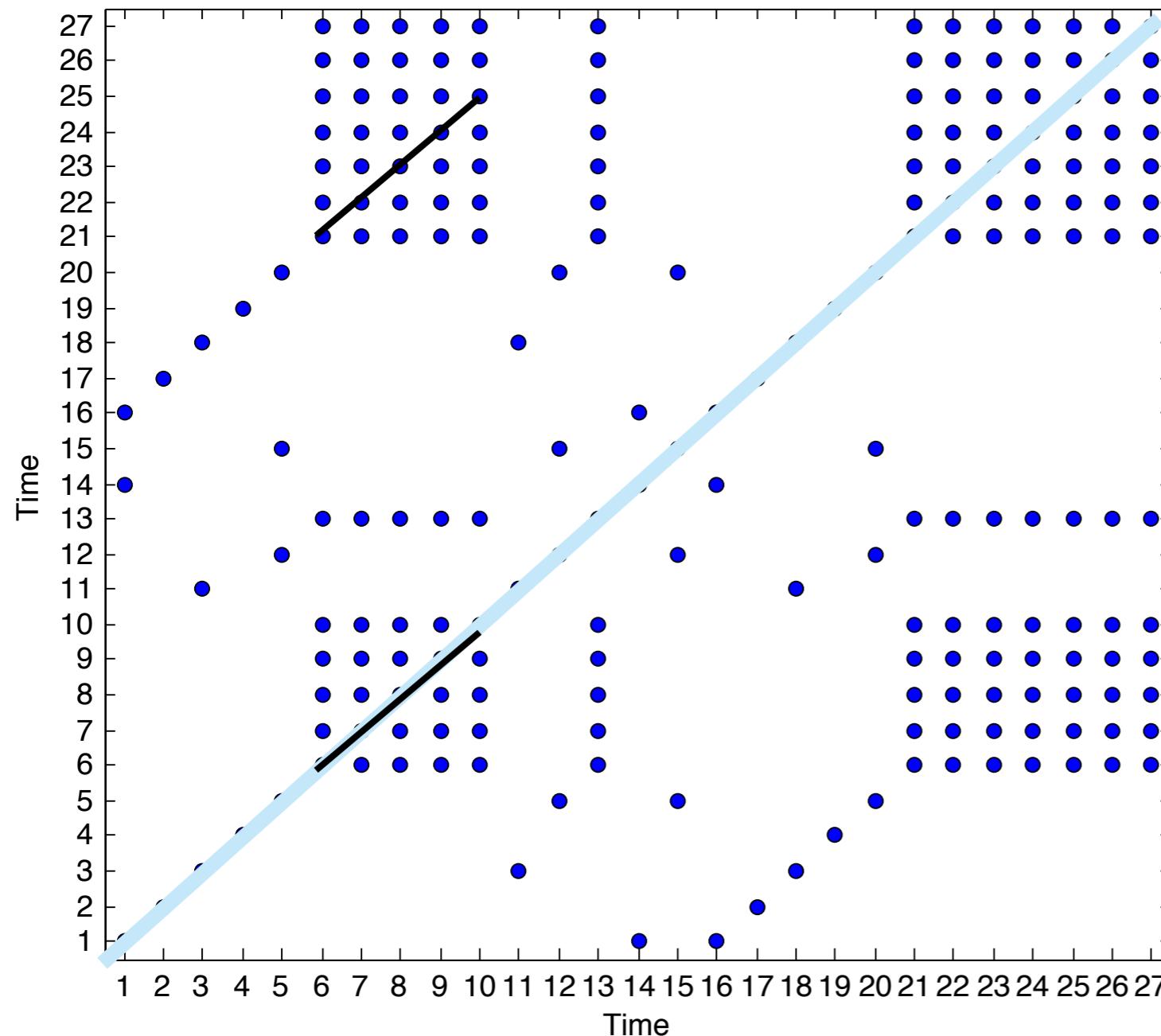
**Diagonal lines signify recurring patterns...  
not necessarily recurring values!**



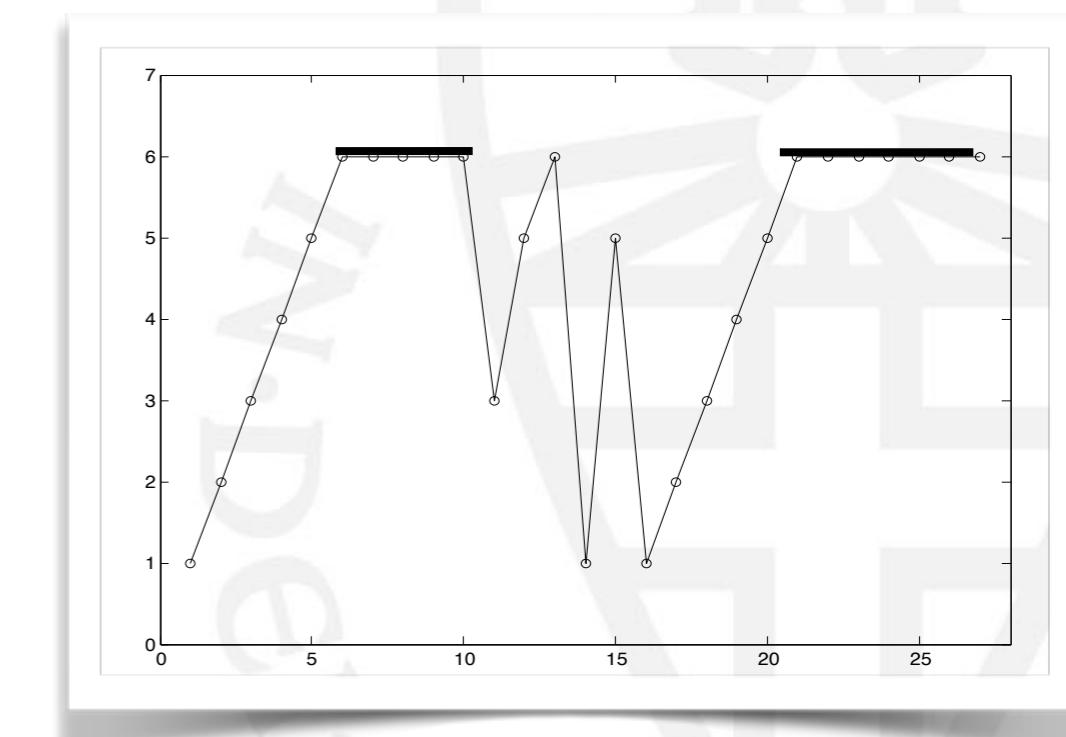
1-2-3-4-5-6 at  $t=1$  recurs at  $t=16$



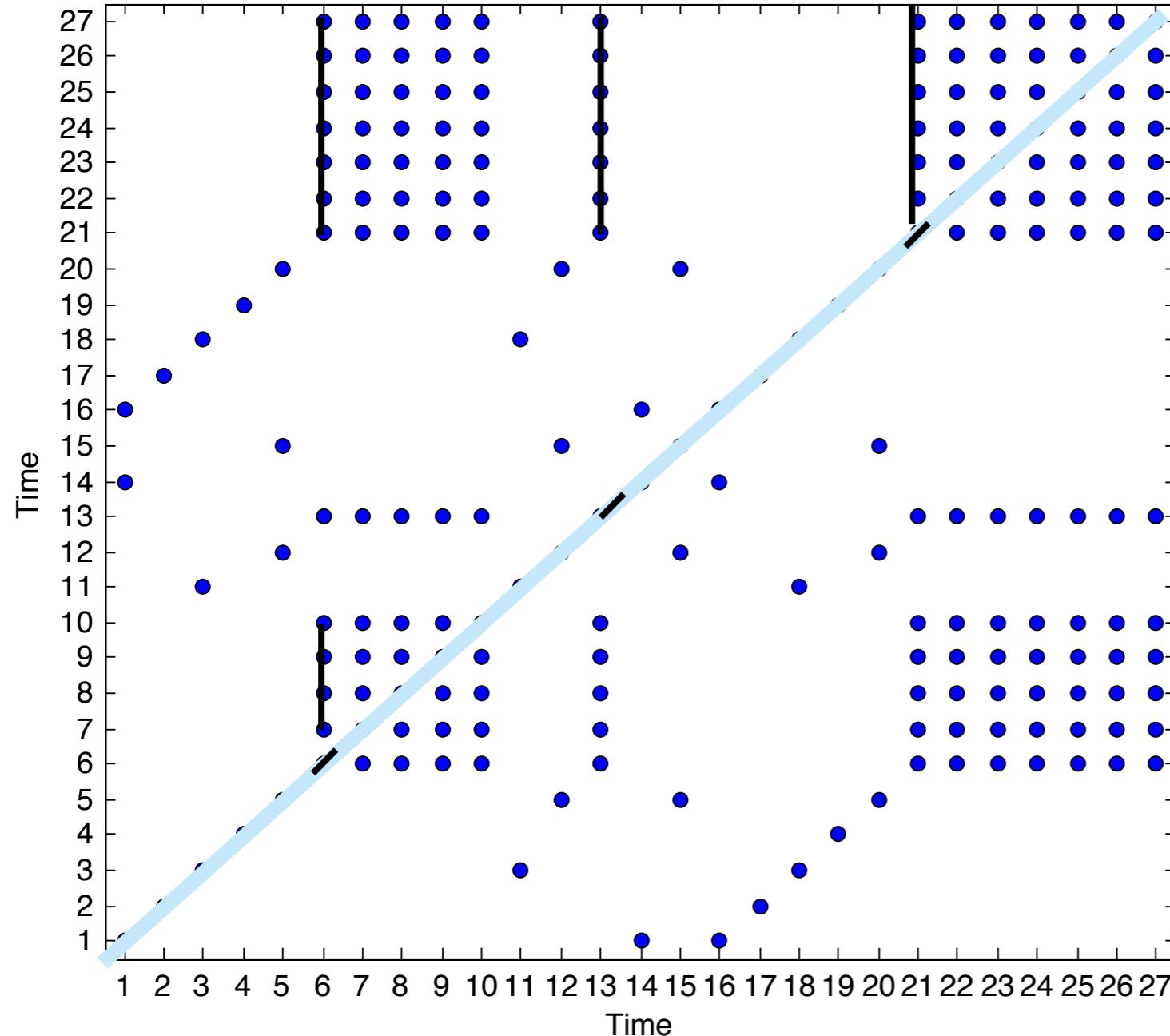
**Diagonal lines signify recurring patterns...  
not necessarily recurring values!**



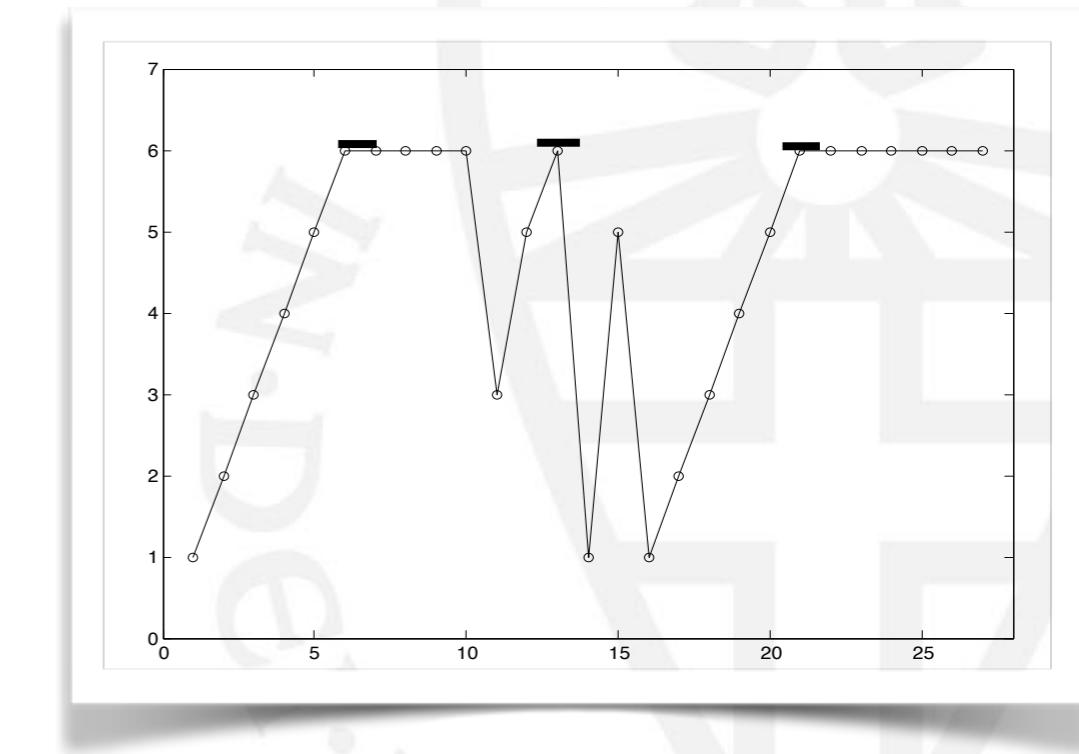
1-2-3-4-5-6 at  $t=1$  recurs at  $t=16$   
6-6-6-6-6 at  $t=6$  recurs at  $t=21$



**Diagonal lines signify recurring patterns...  
not necessarily recurring values!**



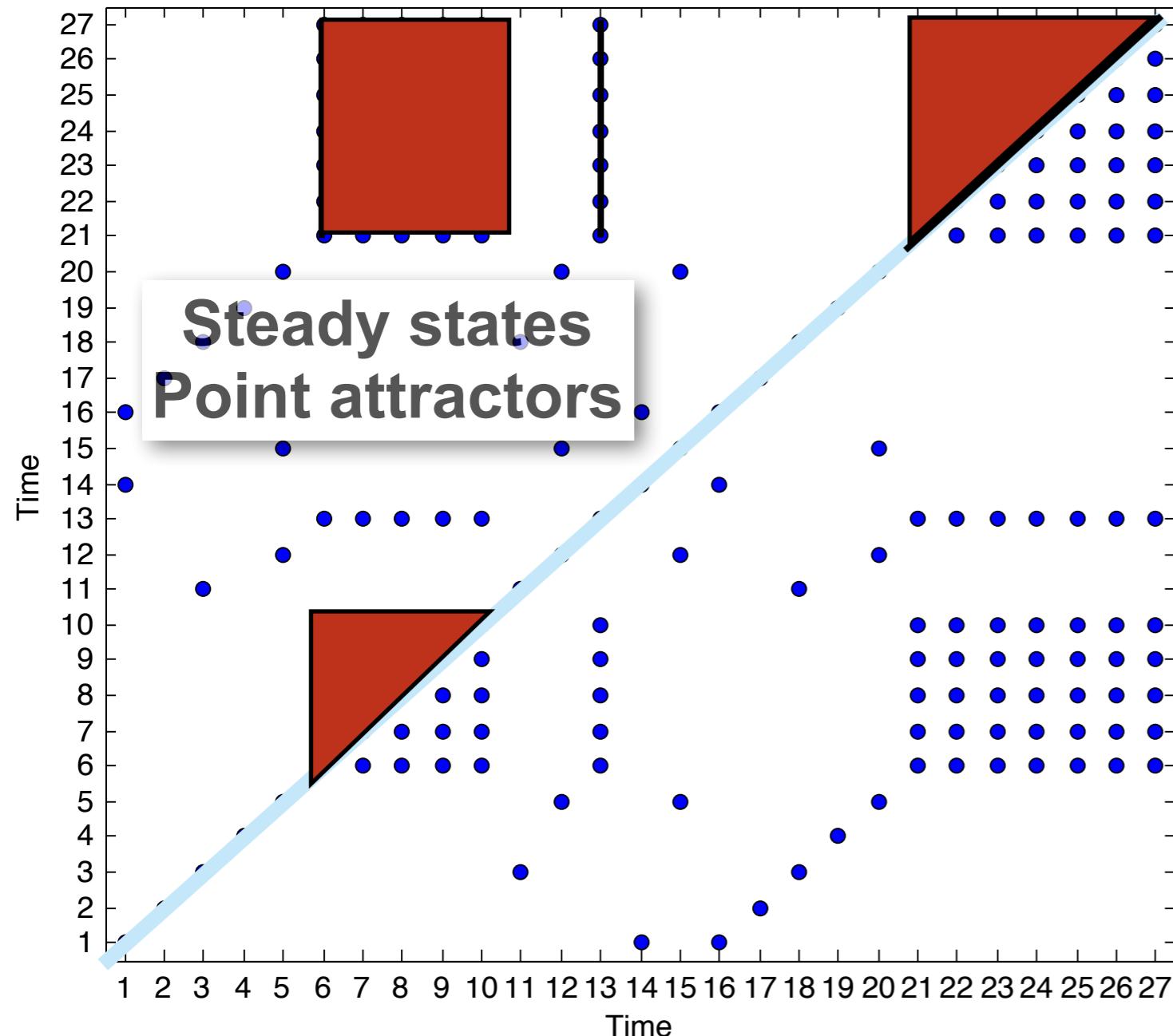
1-2-3-4-5-6 at  $t=1$  recurs at  $t=16$   
6-6-6-6-6 at  $t=6$  recurs at  $t=21$



Once the value 6 has occurred  
The system will get “trapped”  
in displaying 6 again in the future  
(Laminarity = %points on vertical line, Trapping  
Time = aver. vertical line length)

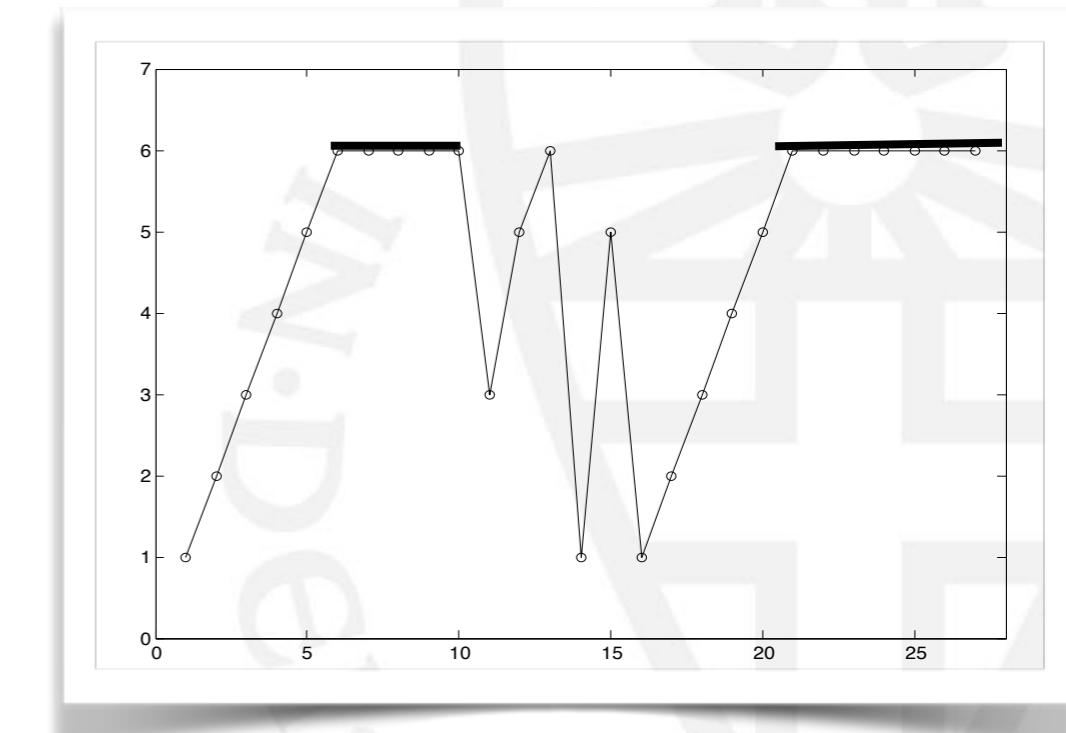
Diagonal lines signify recurring patterns...

not necessarily recurring values!



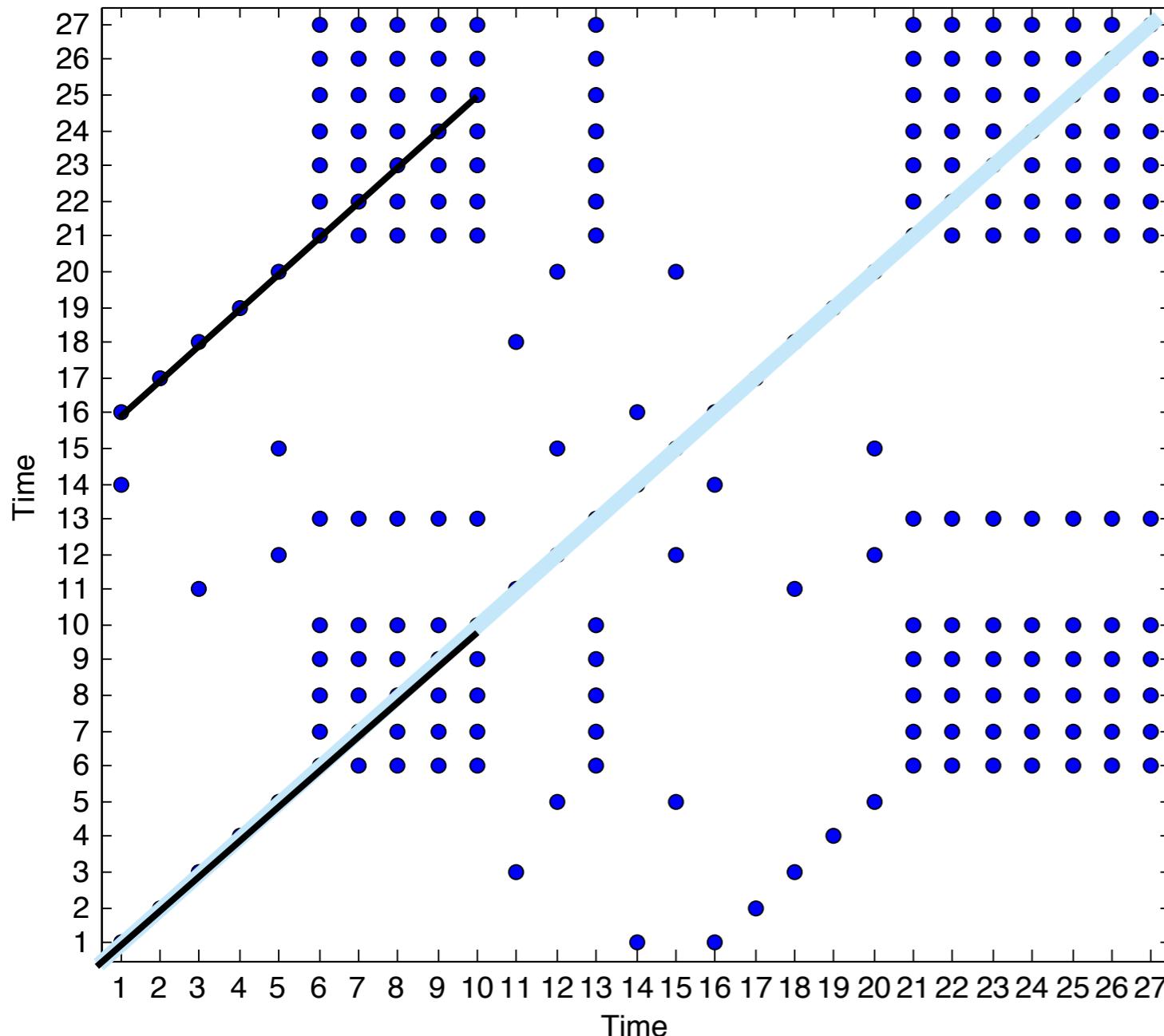
1-2-3-4-5-6 at  $t=1$  recurs at  $t=16$

6-6-6-6-6 at  $t=6$  recurs at  $t=21$

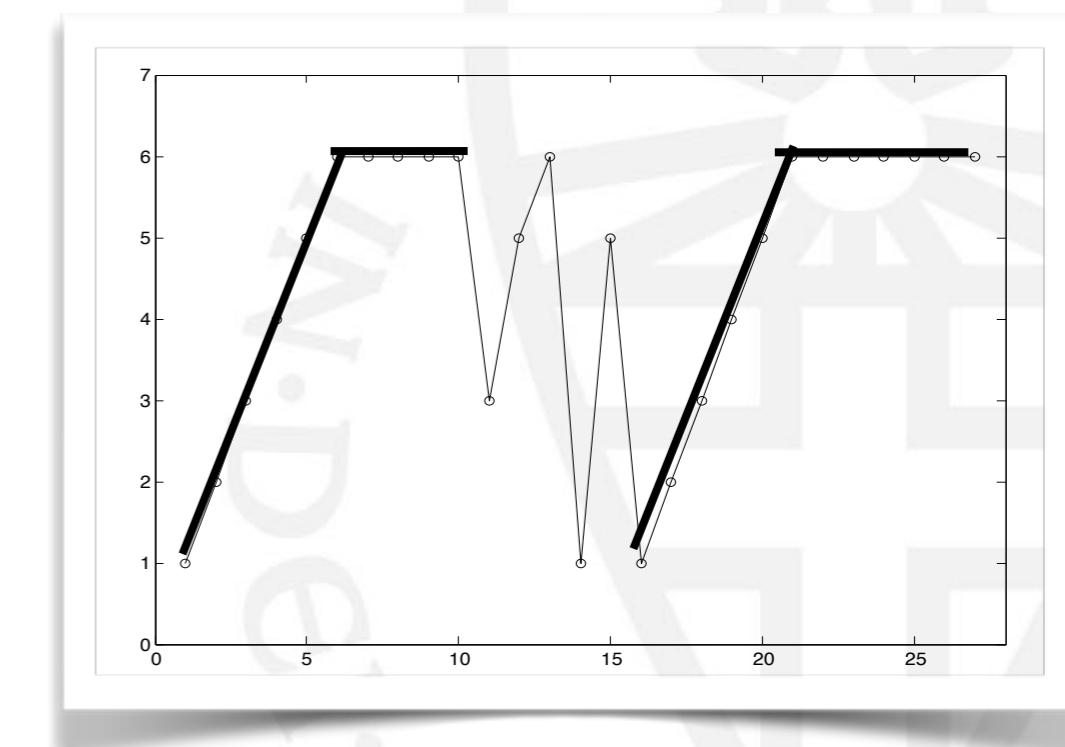


Once the value 6 has occurred  
The system will get “trapped”  
in displaying 6 again in the future  
(Laminarity = %points on vertical line, Trapping  
Time = aver. vertical line length)

**Diagonal lines signify recurring temporal patterns...  
not necessarily recurring values!**



1-2-3-4-5-6 at  $t=1$  recurs at  $t=16$   
6-6-6-6-6 at  $t=6$  recurs at  $t=21$



1-2-3-4-5-6-6-6-6-6 at  $t=1$  recurs  
at  $t=16$

## MAXLINE

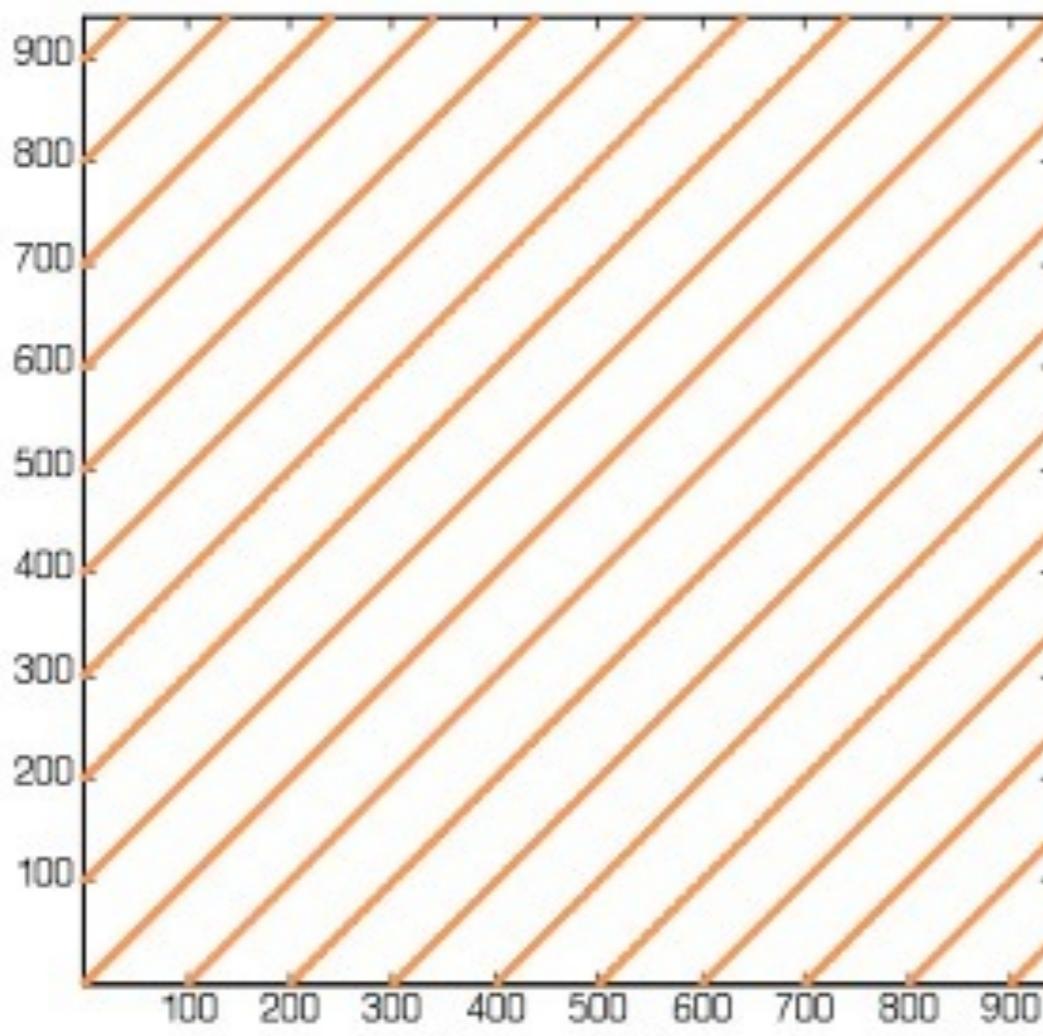
How long the system can maintain a recurring pattern ~ “Stability”

MAXLINE = The longest sequence of recurring points

Sine

%REC = 2.9

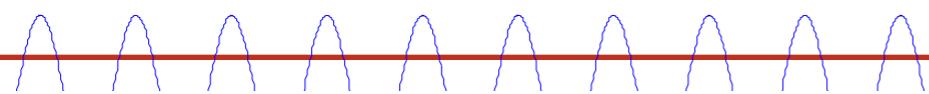
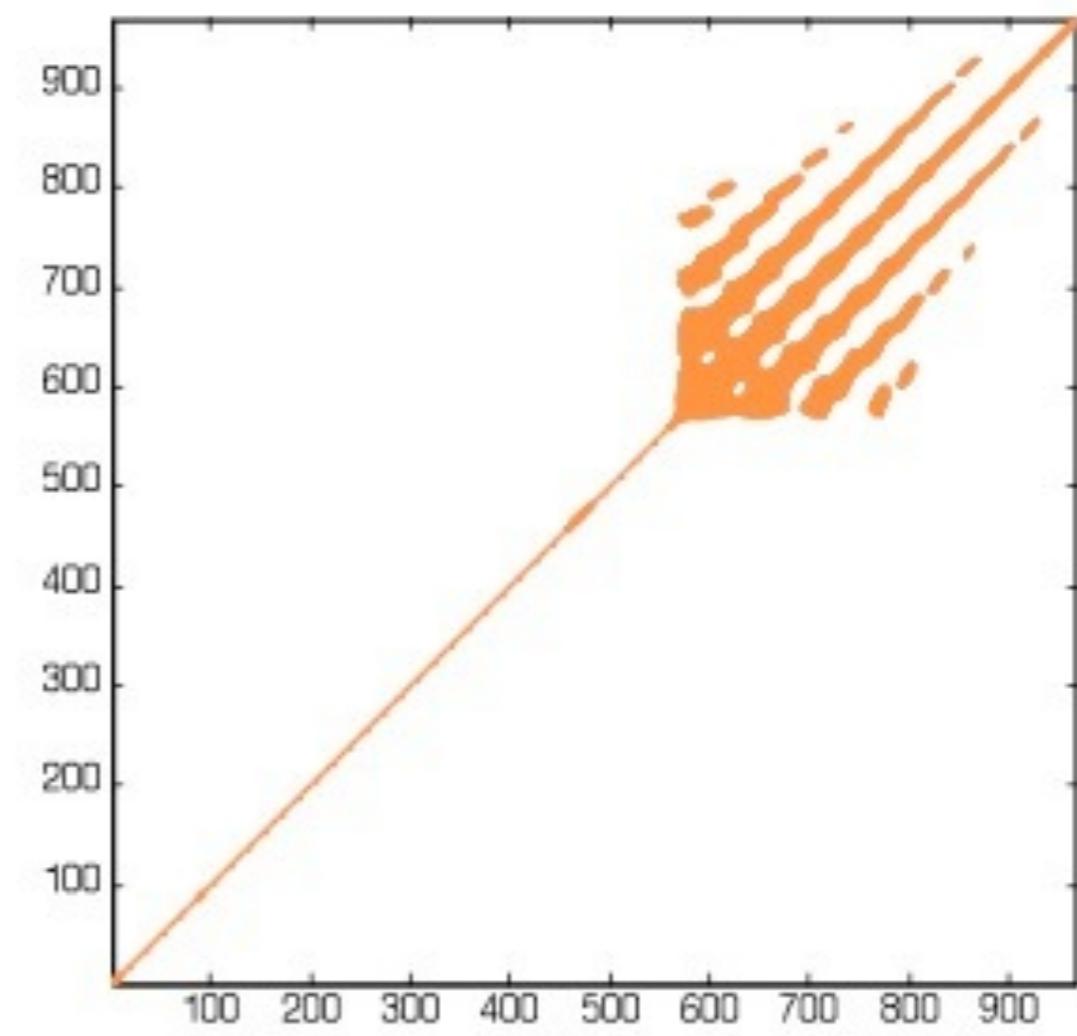
MAXLINE = 938



Lorenz

%REC = 2.9

MAXLINE = 410



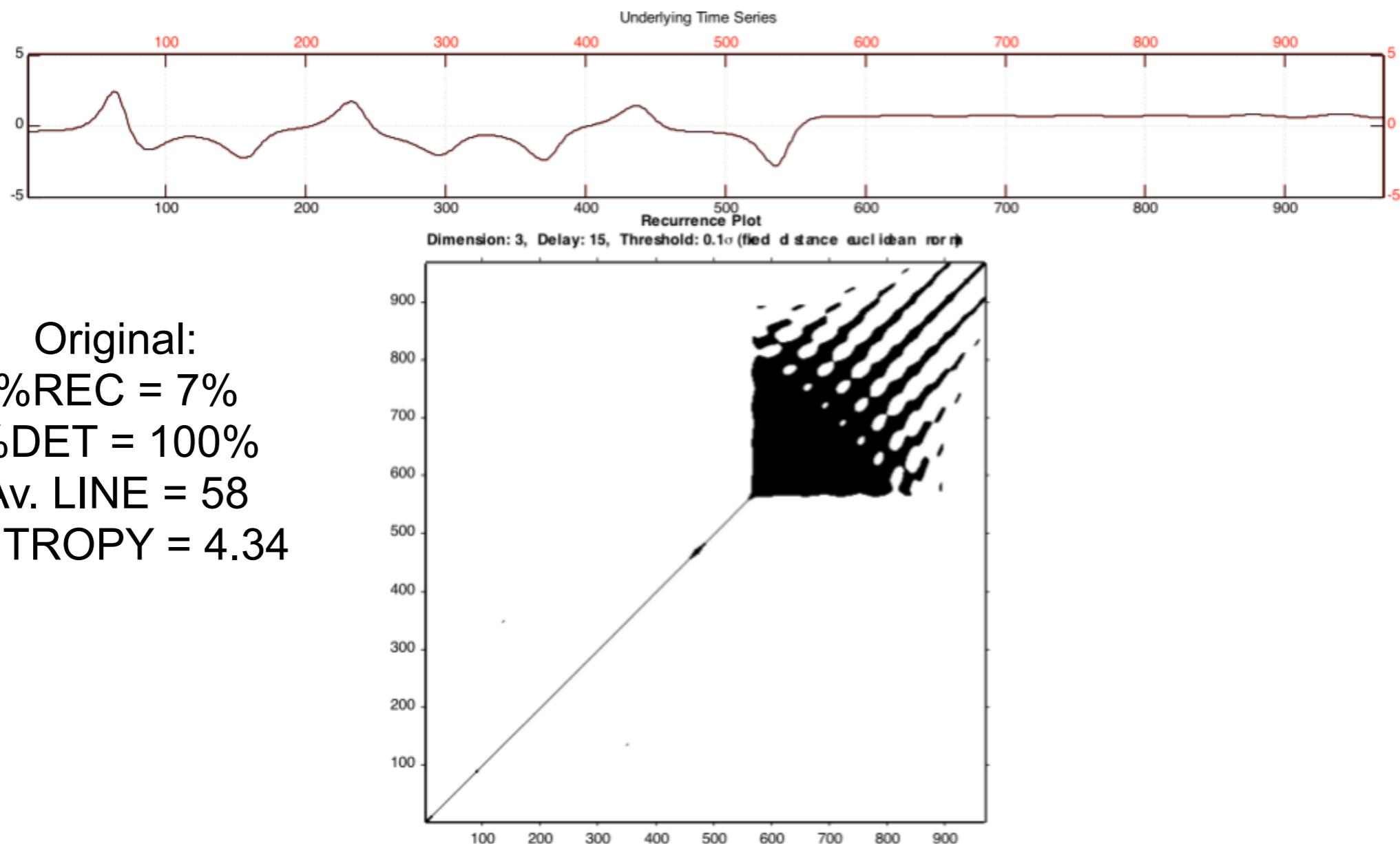
$1/\text{maxline} = \text{Divergence}$  (Thought to be an estimate of largest Lyapunov exponent)

## RQA measures

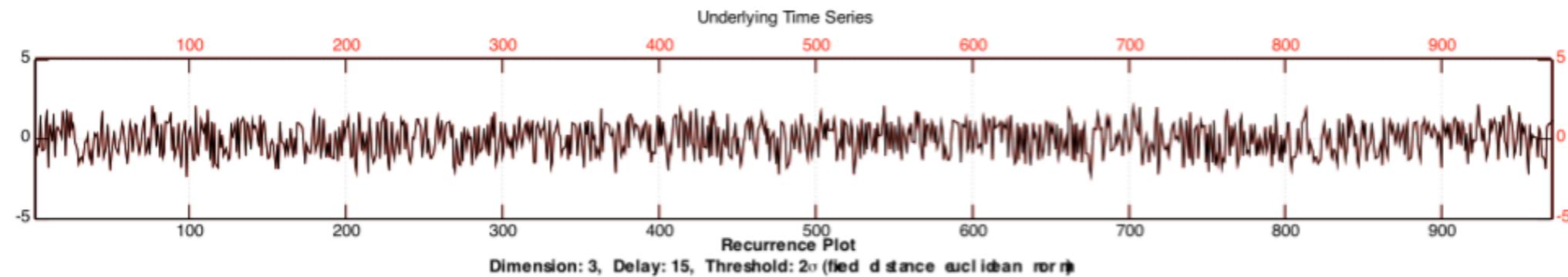
- %REC or RR (recurrence rate)
- %DET (is the data from a deterministic process or random?)
- MAXLINE (maximal diagonal line length)
- DIV (divergence,  $1/\text{maxline}$ , suggested estimate of largest Lyapunov exponent)
- Average LINE (average diagonal line length)
- ENTROPY (complexity of deterministic structure)
- TREND (is the data stationary?)
- %LAM (laminarity, points on vertical lines, connected to Laminar phases)
- TT (Trapping Time, average length of vertical lines: How long the system stays in a specific state)
- Create your own...



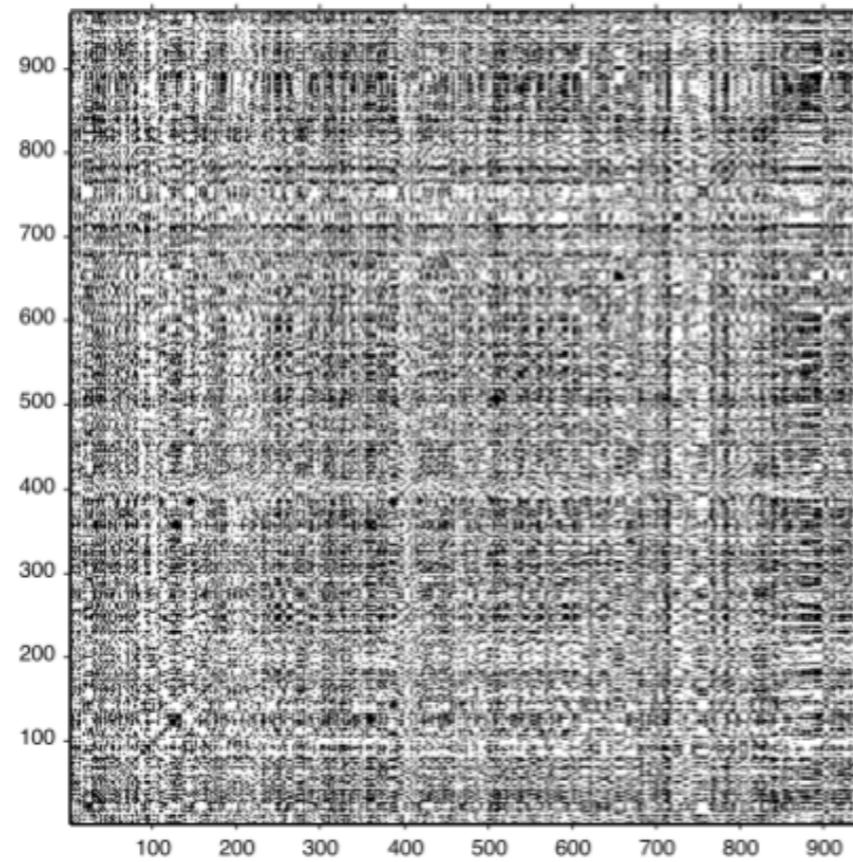
# How to decide these values have meaning?



# How to decide these values have meaning?



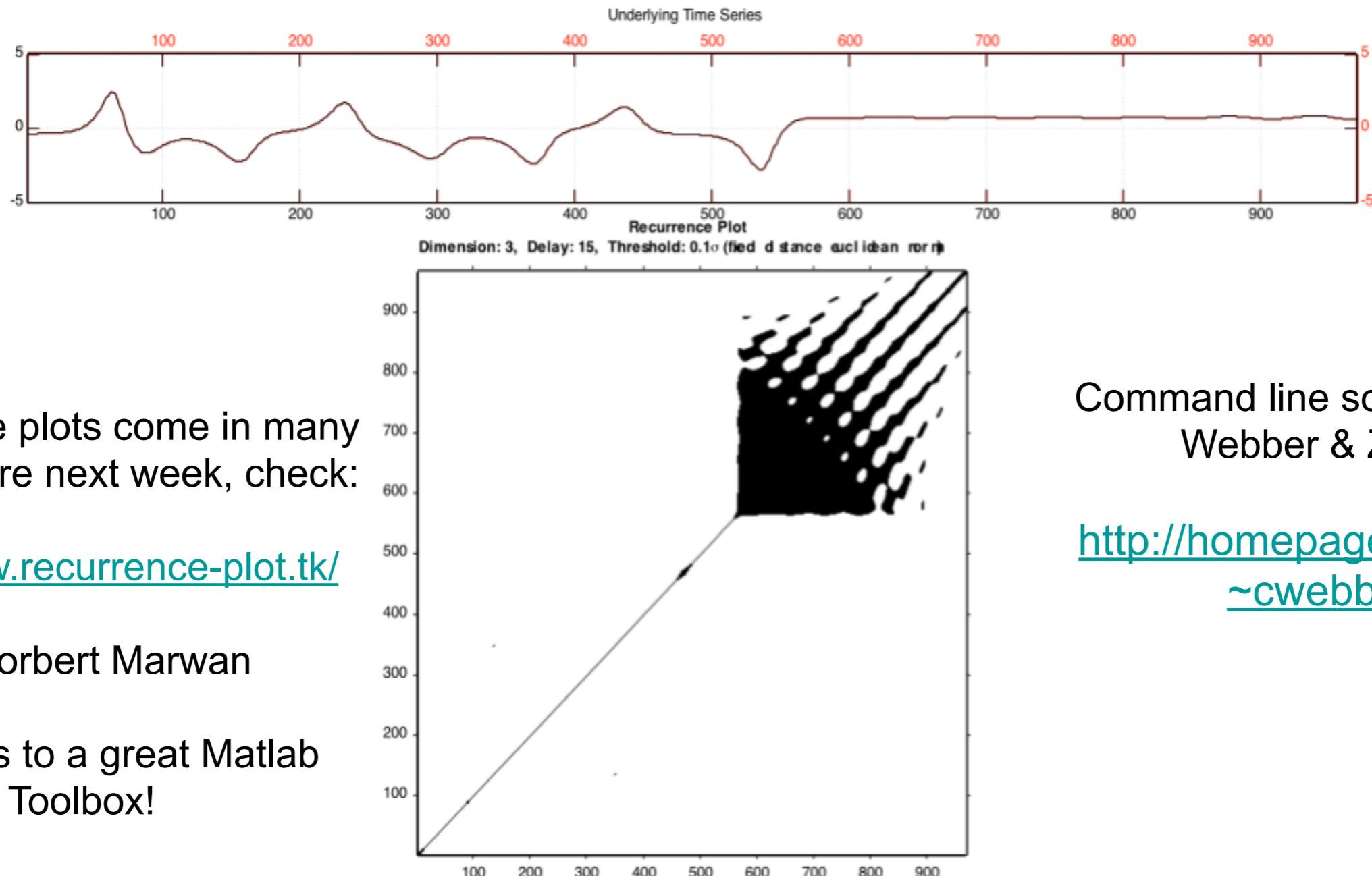
Original:  
%REC = 7%  
%DET = 100%  
Av. LINE = 58  
ENTROPY = 4.34



Shuffled:  
%REC = 7%  
%DET = 14%  
Av. LINE = 2.1  
ENTROPY = 0.25

Or use a surrogate

# Recurrence Plots - Software



Recurrence plots come in many flavors, more next week, check:

<http://www.recurrence-plot.tk/>

By Norbert Marwan

Also links to a great Matlab Toolbox!

Command line software from  
Webber & Zbilut:

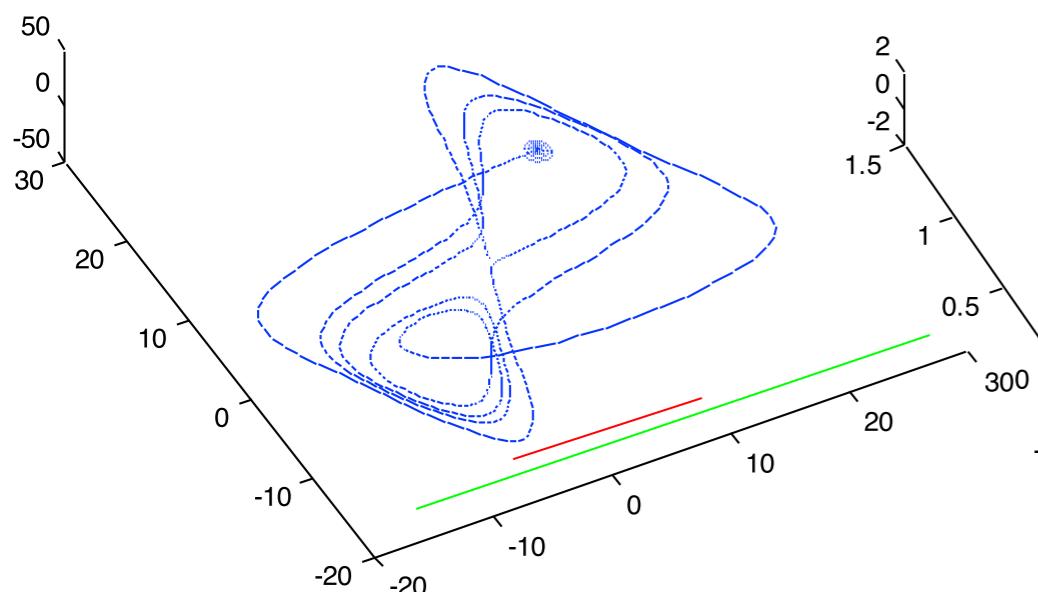
<http://homepages.luc.edu/~cwebber/>

## Data Considerations

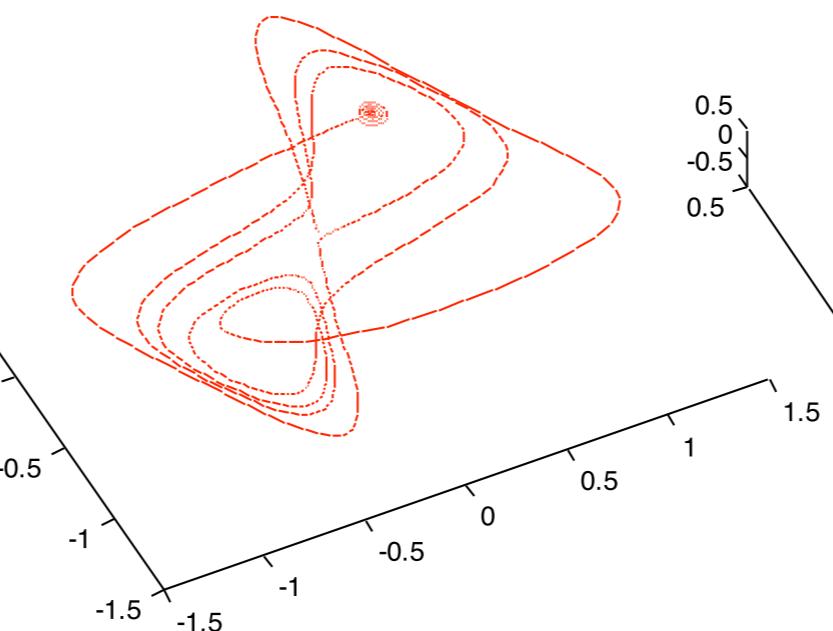
Generally it is a good idea to re-scale your data relative to either the mean or maximum distance separating points in reconstructed phase space.

This way data is scaled to itself which allows comparisons across data sets.

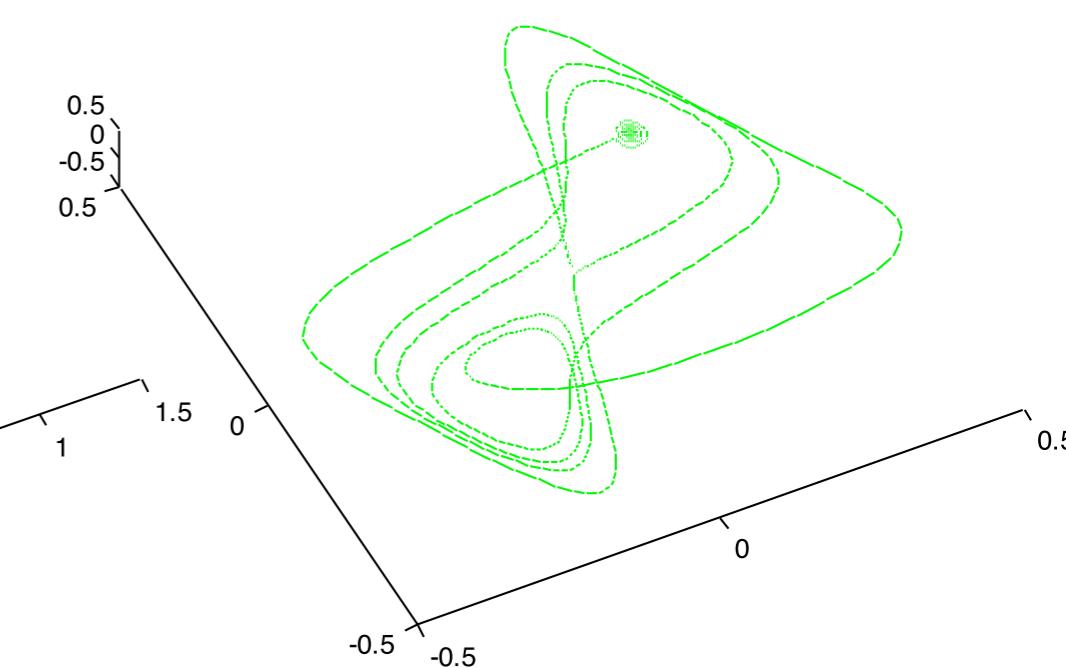
No Rescale



Mean Distance  
Rescale



Maximum Distance  
Rescale



Maximum distance re-scaling recommended

Webber, C.L., Jr., & Zbilut, J.P. (2005). Recurrence quantification analysis of nonlinear dynamical systems. In: *Tutorials in contemporary nonlinear methods for the behavioral sciences*, (Chapter 2, pp. 26-94), M.A. Riley, G. Van Orden, eds. Retrieved June 5, 2007 <http://www.nsf.gov/sbe/bcs/pac/nmbs/nmbs.pdf>

# General Recipe for Recurrence Quantification with toolbox:

- Decide which **lag** to use:  
Calculate the Average Mutual Information for a range of lags (*crqa\_parameters*). Take the lag where AMI reaches its first minimum. This is the lag at which least is known about  $X(t+\tau)$  given  $X(t)$ , so we can create surrogate dimensions which give most new information about the system.
- Decide which **embedding dimension** to use:  
Calculate how many False Nearest Neighbours you loose by adding a dimension (*crqa\_parameters*). Take the embedding dimension with the lowest % of nearest neighbours (or start with the dimension which gives the greatest decrease of neighbours).
- Decide which type of **rescaling** you want to use:  
Plot your timeseries: Lots of outliers? Use Mean Distance. Otherwise: Max Distance.  
Calculate the max distance in reconstructed phasespace, after lag and embedding are known using *max(repmat(y,emDim,emLag))*, divide by this value.
- Decide which **radius / threshold** to use:  
Use *repmat\_plot* to show unthresholded (without radius) plots use *crqa\_radius* to find a radius
- Run **RQA** (*crqa\_cl*) with these parameters!
- Compare to shuffled data (*shuffle, surrogates*)

## Note that:

Recurrence values **will** change with changes in the parameters

The safest bet for behavioral data:

- Do recurrence calculations with one set of parameters for all of your data sets.
- Then, do this again with another set of parameters and make sure the overall results pattern the same way.
- Then, you can be sure that your results are not artefacts of your parameter selection

