

PC2

0.25  
0.00  
-0.25  
-0.50

V\_STARCHY\_OTHER

PF\_SEAFD\_LOW

V\_OTHER

PF\_TOTAL

PF\_EGGS

PF\_SOY

PF\_SEAFD\_HI

V\_TOTAL

PF\_POULT

V\_DRKGR

PF\_LEGUMES

PF\_CUREDMEAT

PF\_NUTSDS

OILS

G\_WHOLE

D\_YOGURT

V\_REDOR\_TOTAL

V\_STARCHY\_TOTAL

F\_CITMLB

F\_TOTAL

PF\_MEAT

D\_TOTAL

SOLID\_FATS

BMI

ADD\_SUGARS

Variables