

PC2

0.25
0.00
-0.25
-0.50

V_STARCHY_OTHER

PF_SEAFD_LOW

V_OTHER

PF_TOTAL

PF_EGGS

PF_SOY

PF_SEAFD_HI

V_TOTAL

PF_POULT

V_DRKGR

PF_LEGUMES

PF_CUREDMEAT

PF_NUTSDS

OILS

G_WHOLE

D_YOGURT

V_REDOR_TOTAL

V_STARCHY_TOTAL

F_CITMLB

F_TOTAL

PF_MEAT

D_TOTAL

SOLID_FATS

BMI

ADD_SUGARS

Variables