

PC1

0.0
-0.2
-0.4
-0.6

Variables

PF_SEAFD_LOW

PF_SEAFD_HI

A_DRINKS

PF_ORGAN

PF_MEAT

PF_LEGUMES

F_CITMLB

V_STARCHY_OTHER

ADD_SUGARS

PF_EGGS

PF_CUREDMEAT

PF_SOY

V_STARCHY_TOTAL

F_JUICE

V_DRKGR

PF_POULT

D_YOGURT

F_OTHER

V_REDOR_OTHER

D_MILK

F_TOTAL

PF_TOTAL

G_WHOLE

SOLID_FATS

PF_NUTSDS

V_REDOR_TOTAL

D_TOTAL

G_TOTAL

V_TOTAL

OILS