

PC1

0.0

-0.2

-0.4

BMXWT

PF_MEAT

PF_ORGAN

A_DRINKS

V_STARCHY_TOTAL

V_STARCHY_OTHER

PF_SEAFD_LOW

F_JUICE

PF_LEGUMES

PF_SOY

PF_POULT

PF_CUREDMEAT

D_MILK

SOLID_FATS

ADD_SUGARS

F_CITMLB

D_YOGURT

PF_SEAFD_HI

PF_NUTSDS

V_DRKGR

V_REDOR_OTHER

PF_EGGS

V_REDOR_TOTAL

F_TOTAL

G_WHOLE

D_TOTAL

V_OTHER

V_TOTAL

PF_TOTAL

G_TOTAL

OILS

Variables