# **CPC 2022: Introduction to Computational Psychiatry**

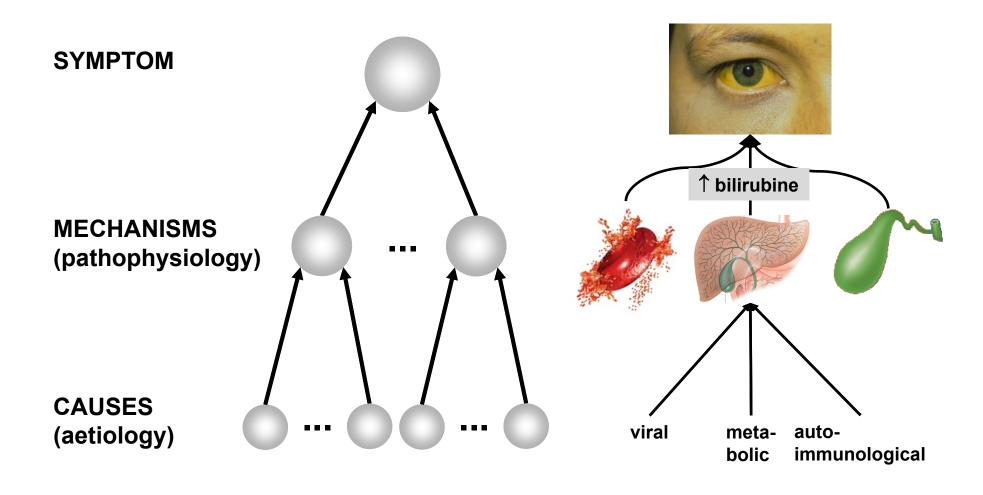
Klaas Enno Stephan





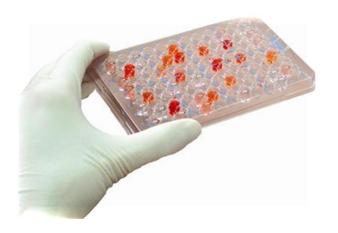


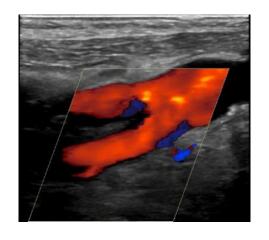
# From differential diagnosis to nosology

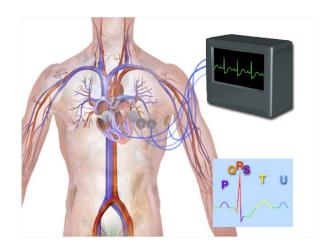


Stephan: Translational Neuromodeling & Computational Psychiatry, in prep.

# >3,000 clinical tests in medicine

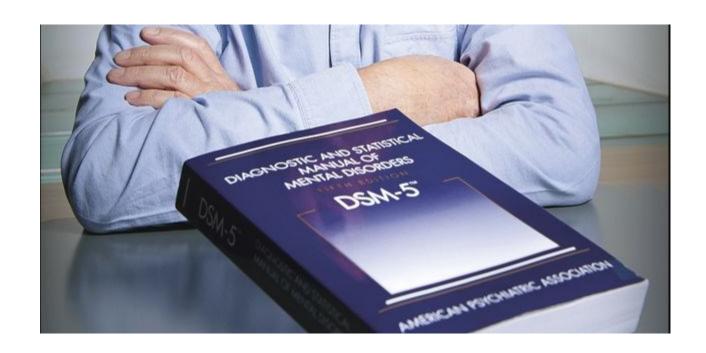








# 1 diagnostic instrument in psychiatry



# Contemporary psychiatric classifications: ICD and DSM

#### International Classification of Diseases (ICD):

- curated by the World Health Organization (WHO)
- freely available
- presently in its 10<sup>th</sup> revision (ICD-10);
   ICD-11 will come into effect in 2022



#### Diagnostic and Statistical Manual of Mental Disorders (DSM)

- published by the American Psychiatric Association (APA)
- not free
- presently: fifth edition (DSM-5); text revision (TR) published in 2022

#### both schemes

- define mental disorders as syndromes
- reflect the consensus (or compromise) of expert committees
- are descriptive (without reference to mechanisms)



## DSM-5: Schizophrenia

- Positive symptoms:
  - Delusions
  - Hallucinations
  - Disorganized speech
- Grossly disorganized or catatonic behavior
- Negative symptoms (e.g., flat affect, anhedonia, avolition, asociality)
- + social or occupational dysfunction
- + continuous signs of the disturbance for at least six months

delusions hallucinations

different symptoms, same diagnosis

disorganized speech negative symptoms

disorganized speech negative symptoms

display the delusions hallucinations hallucinations

≥ 2 symptoms

(at least one pos. symptom)

over ≥ 1 month

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## Heterogeneity of psychiatric disorders





polygenetic basis
gene-environment interactions
environmental variation

variability in clinical trajectory and treatment response

multiple disease mechanisms

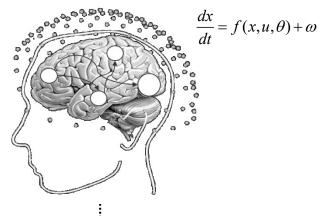
#### **PERSPECTIVE**

Why has it taken so long for biological psychiatry to develop clinical tests and

S Kapur<sup>1</sup>, AG Phillips<sup>2</sup> and TR Insel<sup>3</sup>

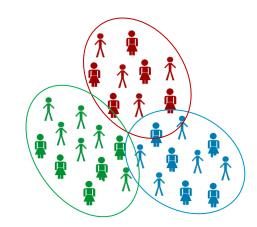
Developing computational assays of neuronal and cognitive processes

# Translational Neuromodeling & Computational Psychiatry

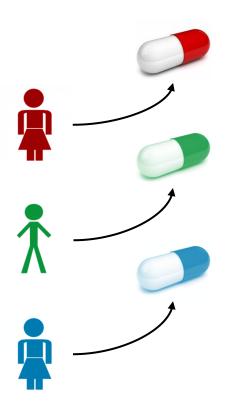


Application to brain activity and behaviour of individual patients

Differentiating patients
 based on inferred mechanisms

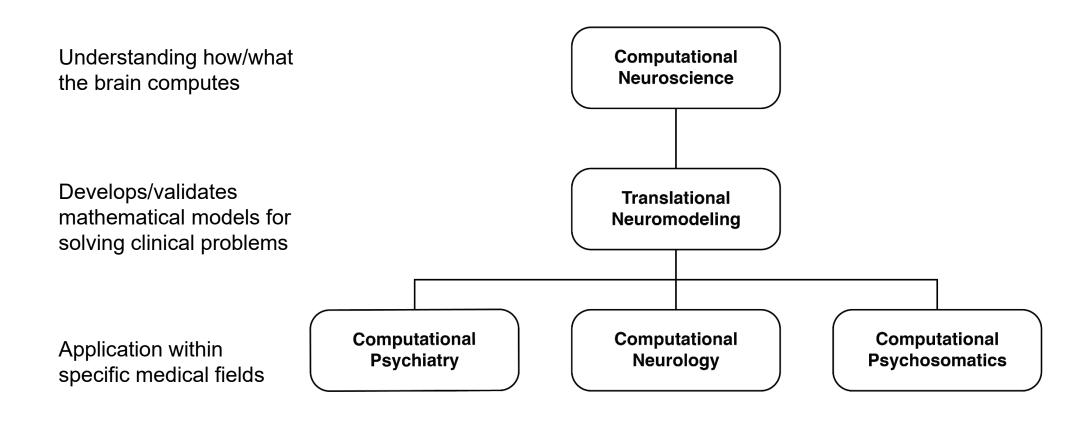


- disease mechanism A
- disease mechanism B
- disease mechanism C

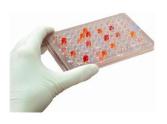


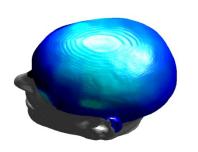
Individual treatment prediction

# A taxonomy of computational clinical neuroscience



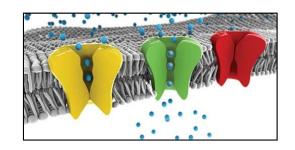
# Generative models as "computational assays"





$$p(y | \theta, m) \cdot p(\theta | m)$$

$$p(\theta | y, m)$$



y = data,  $\theta$  = parameters, m = model

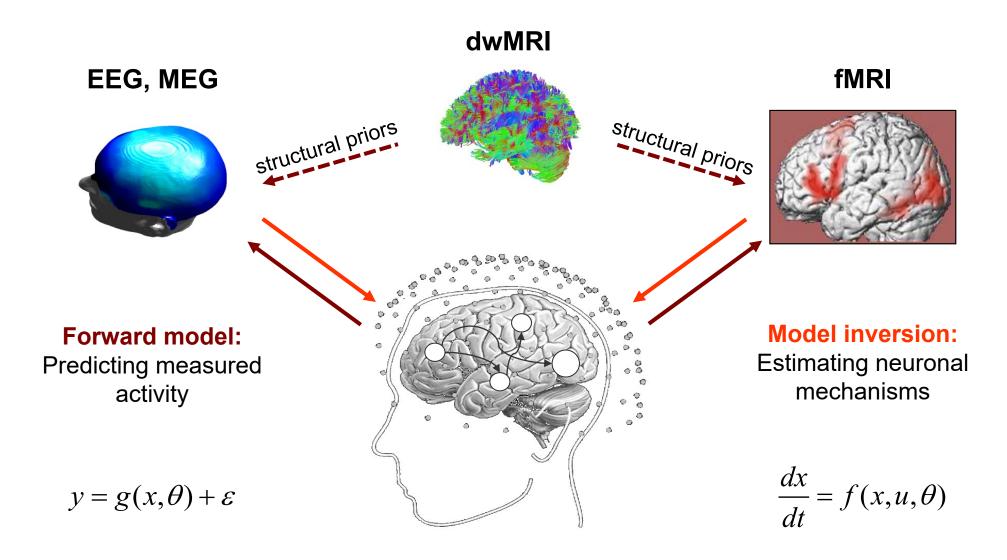


$$p(y | \theta, m) \cdot p(\theta | m)$$

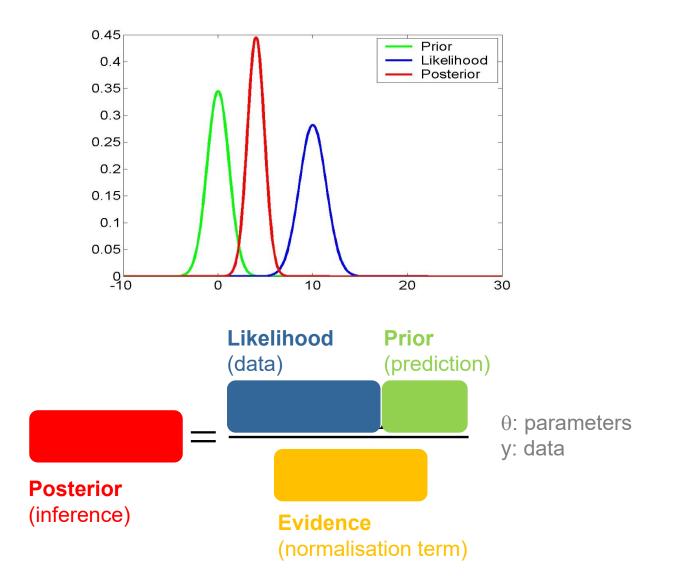
$$p(\theta | y, m)$$



# **Example: Dynamic causal models (DCMs)**



# Bayes' rule





The Reverend Thomas Bayes (1702-1761)

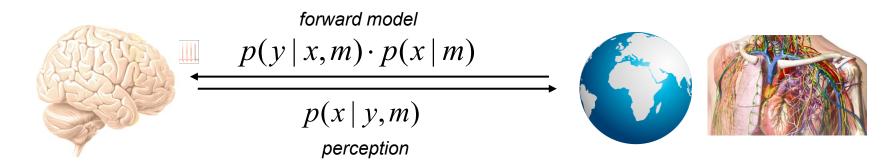
"... the theorem expresses how a ... degree of belief should rationally change to account for availability of related evidence."

Wikipedia

# Generative models as a concept for brain function: the "Bayesian brain" hypothesis

neuronal states

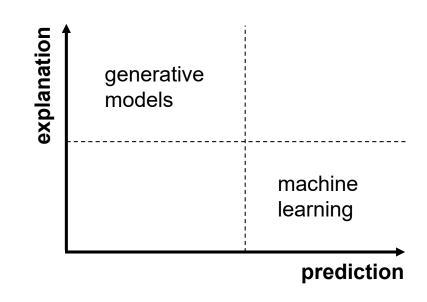
environm. states others' mental states bodily states



perception = inference = inversion of a generative model

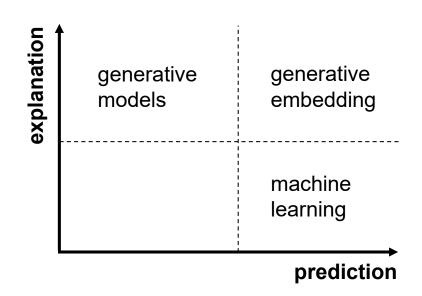
# The "Two Cultures of Computational Psychiatry"

- explanation: generative models
  - data-generating process is of central interest
  - goal: identify the mechanisms underlying clinical symptoms
- prediction: machine learning (ML)
  - data-generating process is treated as a black box
  - goal: prediction of clinically relevant outcomes, e.g. treatment response, remission, relapse



# The "Two Cultures of Computational Psychiatry" ... and Generative Embedding as their bridge

- explanation: generative models
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- generative embedding:
  - applies ML to estimated quantities from generative models

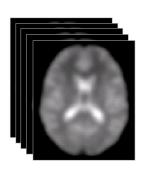


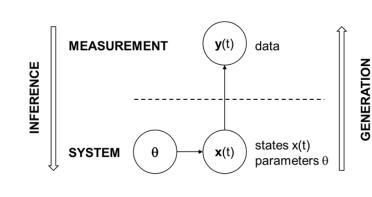
## **Generative embedding**

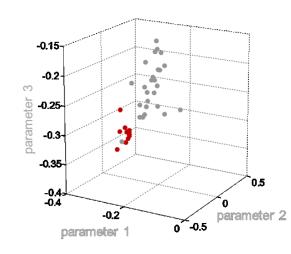
#### high-dimensional data

# generative model

#### mechanistic interpretation









theory-driven dimensionality reduction



posterior densities → features for machine learning

Brodersen et al. 2011, *PLoS Comp. Biol.*Brodersen et al. 2014, *NeuroImage Clinical* 

## Computational assays: key clinical questions

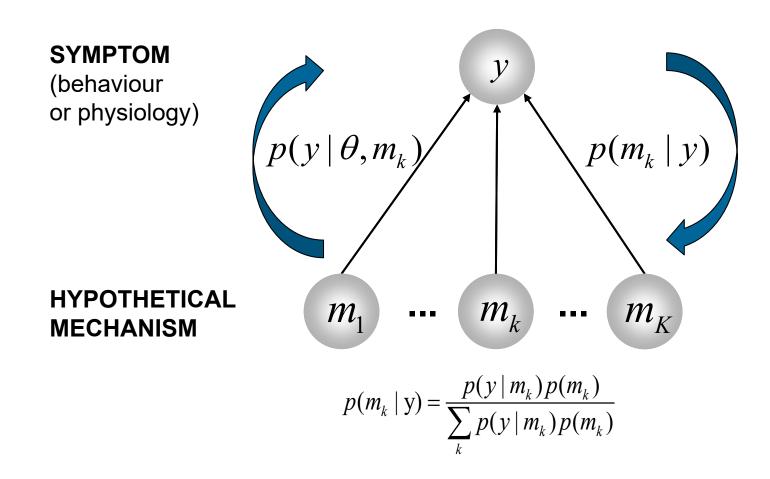
# SYMPTOMS (behavioural or physiological data) MECHANISMS (computational, physiological)

- differentialdiagnosis of alternativedisease mechanisms
- 2 stratification / subgroup detection into mechanistically distinct subgroups
- **3 prediction** of clinical trajectories and treatment response

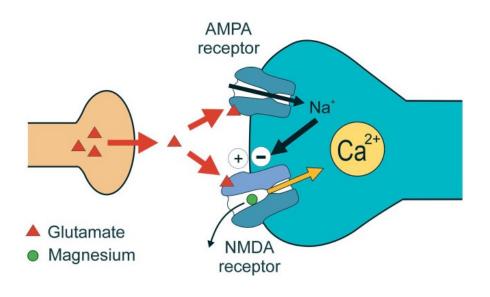
**CAUSES** (aetiology)

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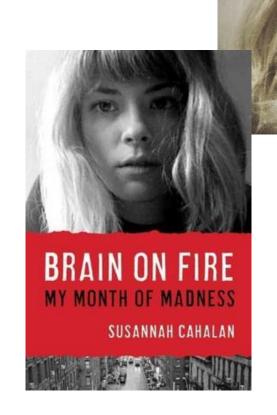
# • Differential diagnosis: model selection



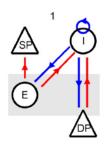
# NMDA receptor antibody encephalitis

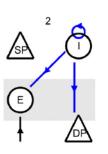


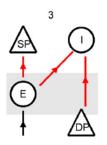


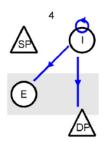


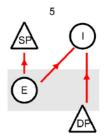
# Generative modeling of seizure activity in NMDAR antibody encephalitis

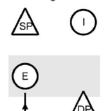


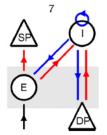


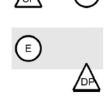












#### Table 2

The variance described and the free energy for the different models inverted for each patient. Note that the winning model (highest free energy) also had the best fit and these were the same models for both patients. The free energies are expressed relative to the null model.

Model	Patient 1		Patient 2	
	Variance explained	Free energy	Variance explained	Free energy
Inhibitory + excitatory + endogenous	0.97	1430	0.95	1740
Inhibitory + excitatory	0.97	1380	0.94	1650
Inhibitory + endogenous	0.97	1320	0.94	1600
Excitatory + endogenous	0.96	1310	0.94	1680
Inhibitory	0.90	860	0.91	1130
Excitatory	0.91	1010	0.92	1460
Endogenous	0.91	950	0.91	1230
Null	0.50	0	0.75	0

Example of how model selection can serve to infer on pathophysiological processes in single patients.

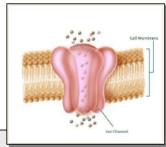
- "Free energy" in table above
- = negative free energy
- = approximation to log model evidence

# • Differential diagnosis: inferring synaptic processes



- inhibitory interneurons
- excitatory interneurons
- pyramidal cells

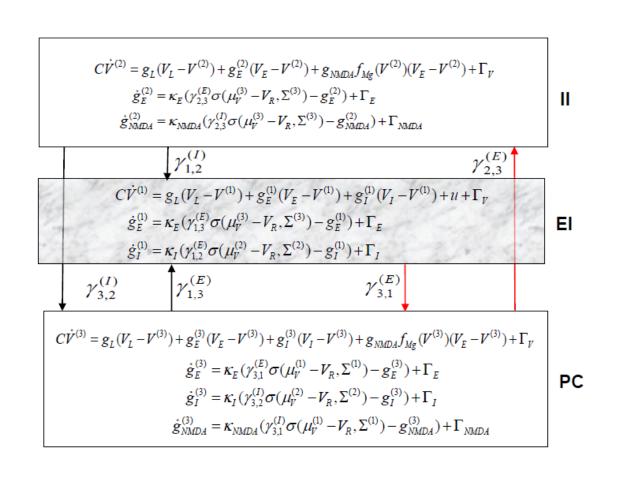
AMPA, NMDA, GABA, receptors



$$C\dot{V} = \sum g_i \left( V_i^0 - V \right)$$

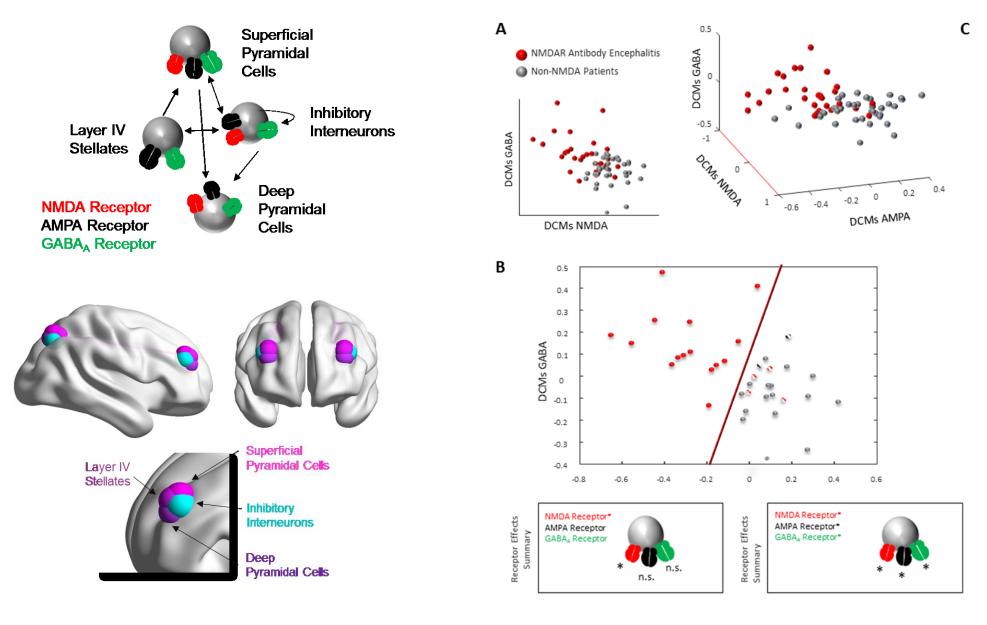
$$\dot{g}_k = \kappa \left( u_{ij} - g_k \right)$$

$$u_{ij} = \gamma_{ij} \sigma \left( \mu_V^{(j)} - V_R, \Sigma^{(j)} \right)$$



u<sub>ij</sub> = presynaptic input from ensemble j to i

 $\sigma$  = CDF of presynaptic depolarization density around threshold potential  $V_R$ 



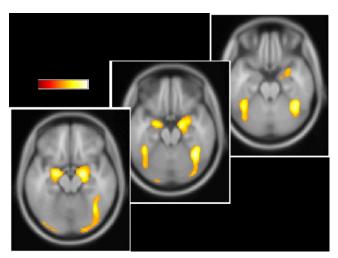
29 patients with NMDAR-antibody encephalitis
18 control patients (with inflammatory/metabolic encephalopathy)

# Prediction: Two-year outcome in depression

N=85 MDD patients from NESDA study (Schmaal et al. 2015, Biol. Psychiatry)

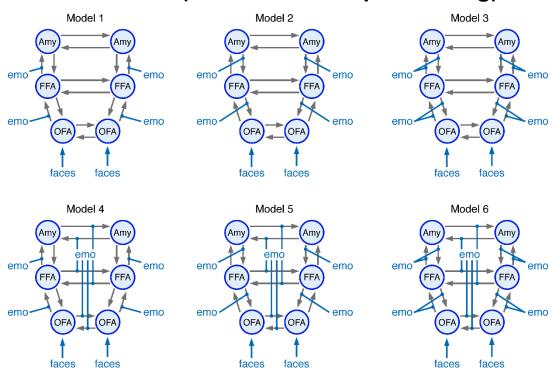
#### Three distinct trajectories:

chronic (CHR): n = 15gradually improving (IMP): n = 31remission (REM): n = 39



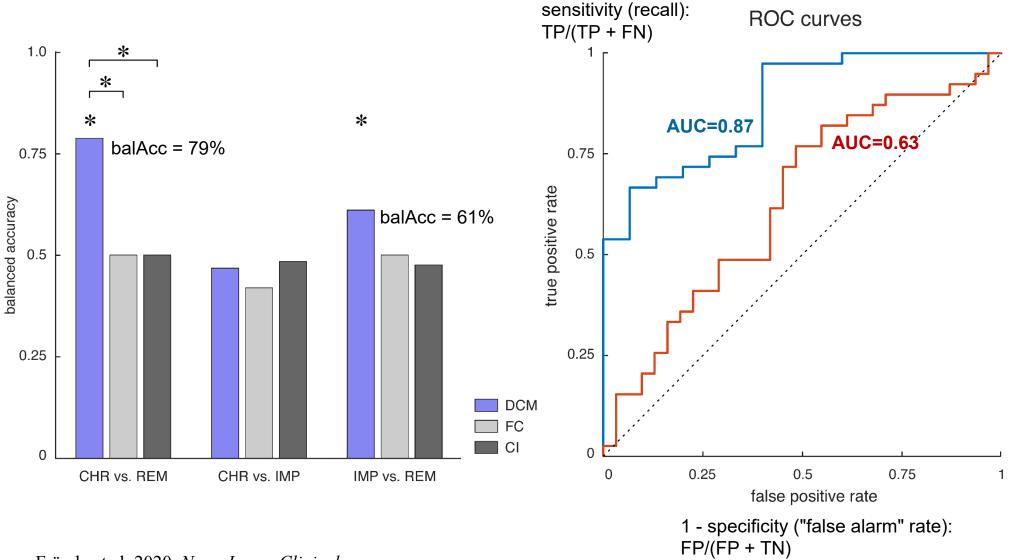
emotional faces > scrambled faces

#### **DCM + BMA (emotional face processing)**



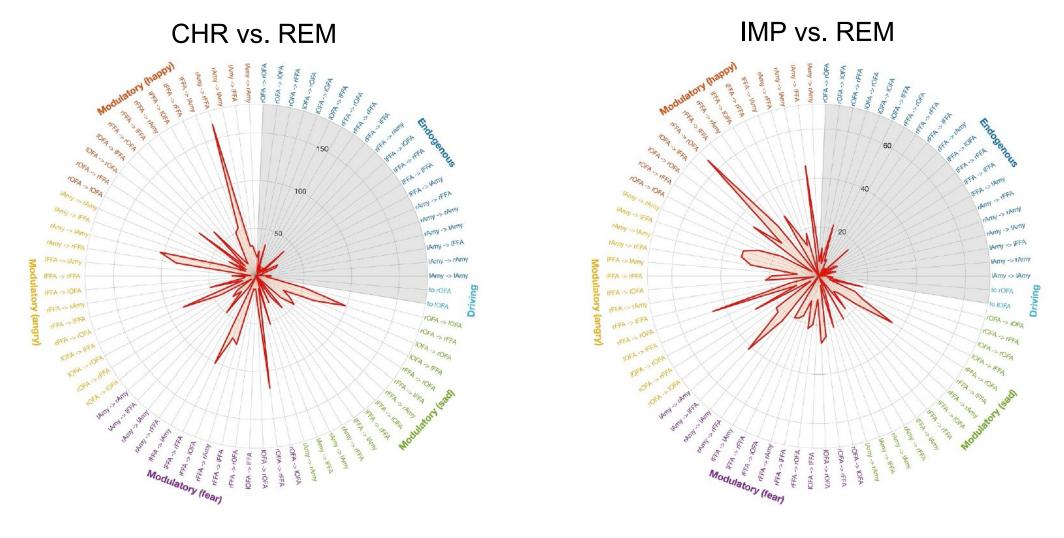
Frässle et al. 2020, NeuroImage Clinical

# Prediction: Two-year outcome in depression



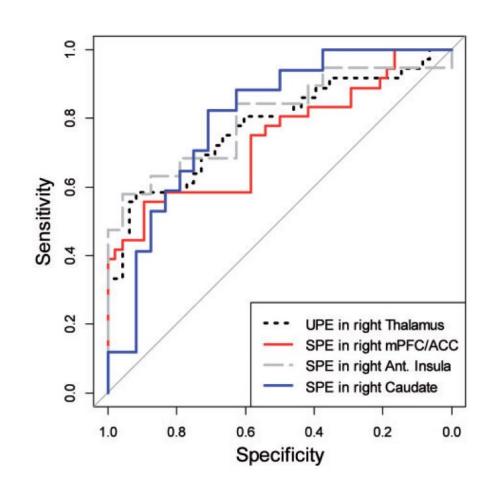
Frässle et al. 2020, NeuroImage Clinical

## Prediction: Two-year outcome in depression



# **8** Prediction: Future problem use of stimulants

- 88 occasional stimulant users
- "determine whether individual differences in the neural representation of the need to stop in an inhibitory task can predict the development of problem use (i.e. abuse or dependence)"
- fMRI (stop-signal task), Bayesian Hidden Markov Model
- prediction error (PE) activity from 4 brain regions predicted problem use 3 years later
- prediction based on computational variables: sensitivity 62%, specificity 83%
- outperformed predictions based on clinical variables and conventional fMRI analyses



UPE = unsigned PE SPE = signed PE

# Final remark: What exactly do we mean by "computational"?

- often used in computational psychiatry:
   levels of analysis for an information-processing system (David Marr):
  - computational level: what problem does the system solve?
  - algorithmic level: which representations and operations are used?
  - implementational level: how is the system physically realized?
- this is in conflict with the classical concept of "computation" from computer science
  - "computation" = finite sequence of operations (algorithm) that transform an input set into an output set
- a better terminology might be to replace the "computational level" with "teleological" level

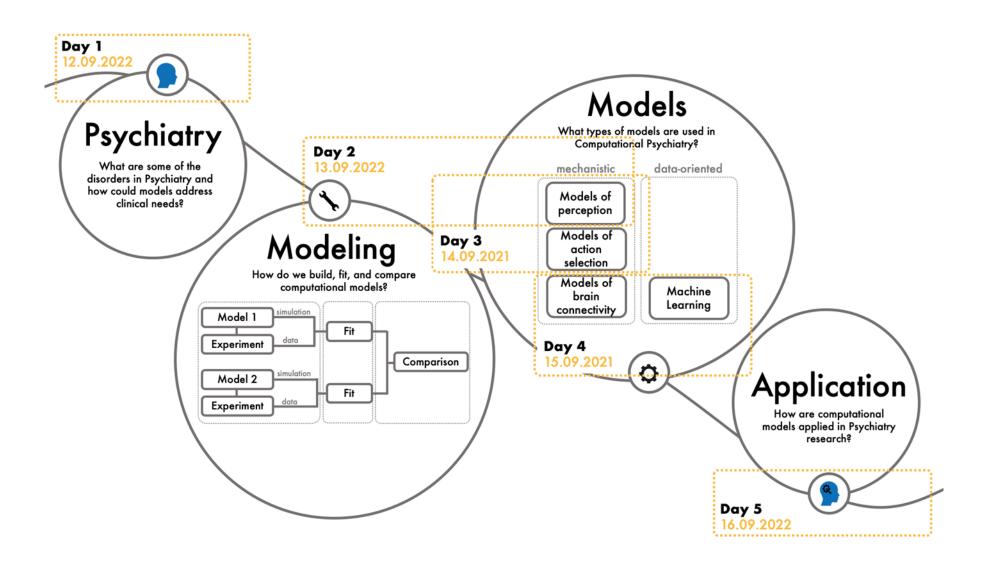
#### **CPC 2022**



http://www.translationalneuromodeling.org/cpcourse/

- 8th international edition
- originated from our local courses on Computational Psychiatry since 2012
- 2022: first time in hybrid mode
- key features
  - clinical lectures (Monday)
  - methodological lectures (Tuesday Thursday)
  - application talks (Friday)
  - practical exercises (Saturday) with different open source toolboxes
  - covers models of both neurophysiology and behaviour
  - 46 presenters from 22 international institutions

#### **CPC 2022**



## Further reading: reviews on computational psychiatry

- Bennett D, Silverstein SM, Niv Y (2019) The Two Cultures of Computational Psychiatry. JAMA Psychiatry 76: 563-564.
- Frässle S, Yao Y, Schöbi D, Aponte EA, Heinzle J, Stephan KE (2018) Generative models for clinical applications in computational psychiatry. Wiley Interdisciplinary Reviews: Cognitive Science 9: e1460.
- Friston KJ, Stephan KE, Montague R, Dolan RJ (2014) Computational psychiatry: the brain as a phantastic organ. The Lancet Psychiatry 1: 148-158.
- Huys Q, Maia T, Frank M (2016) Computational psychiatry as a bridge between neuroscience and clinical applications. Nat. Neurosci. 19: 404-413
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- Petzschner FH, Weber LAE, Gard T, Stephan KE (2017) Computational Psychosomatics and Computational Psychiatry: Toward a joint framework for differential diagnosis. Biological Psychiatry 82: 421-430.
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- Stephan KE, Iglesias S, Heinzle J, Diaconescu AO (2015) Translational Perspectives for Computational Neuroimaging. Neuron 87: 716-732.
- Stephan KE, Schlagenhauf F, Huys QJM, Raman S, Aponte EA, Brodersen KH, Rigoux L, Moran RJ, Daunizeau J, Dolan RJ, Friston KJ, Heinz A (2017) Computational Neuroimaging Strategies for Single Patient Predictions. NeuroImage 145:180-199
- Wang XJ, Krystal JH (2014) Computational psychiatry. Neuron 84: 638-654.

# Once again, a very warm welcome – we hope you will enjoy the CPC 2022!



Twitter: @CompPsychiatry

http://www.translationalneuromodeling.org/cpcourse/