

# Acknowledgments



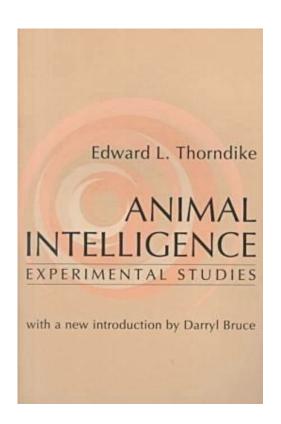
Lucy Lai

and big thanks to Anne Collins for sharing her data!

# Two laws of learning



**Edward Thorndike** 



## Two laws of learning



Law of Effect: if you got rewarded for doing something, you will likely do it again.

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# Two laws of learning



Law of Effect: if you got rewarded for doing something, you will likely do it again.

Law of Exercise: if you did something, you will likely do it again.

**Edward Thorndike** 

### The puzzle of perseveration

- Why does simply taking an action make it more likely that we will repeat in the future?
- Reinforcement learning theory suggests that this is a bug. I will argue that it's a feature.

# Standard normative analysis

$$\pi(a|s)$$
 policy: probabilistic mapping from states to actions

$$V^\pi$$
 value: average reward under a policy

$$\pi^* = \operatorname*{argmax} V^\pi$$
 optimal policy maximizes value

## A new normative analysis

$$\pi(a|s)$$
 policy: probabilistic mapping from states to actions

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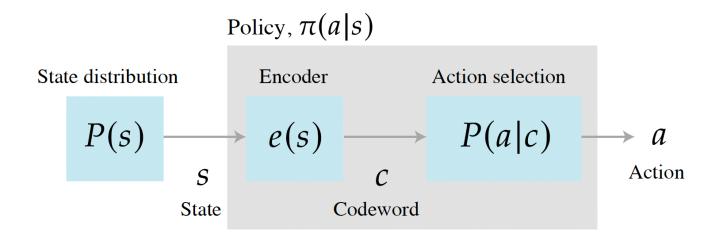
$$\pi^* = \mathop{\mathrm{argmax}}_{\pi} V^{\pi}$$
 optimal policy maximizes value

subject to 
$$I^{\pi}(S;A)=C$$
 subject to a capacity constraint

mutual information between states and actions

number of bits needed to encode the policy

#### Action selection as a capacitylimited channel



#### Solution: biased softmax policy

$$\pi^*(a|s) \propto \exp\left[\beta Q(s,a) + \log P^*(a)\right].$$
 expected reward

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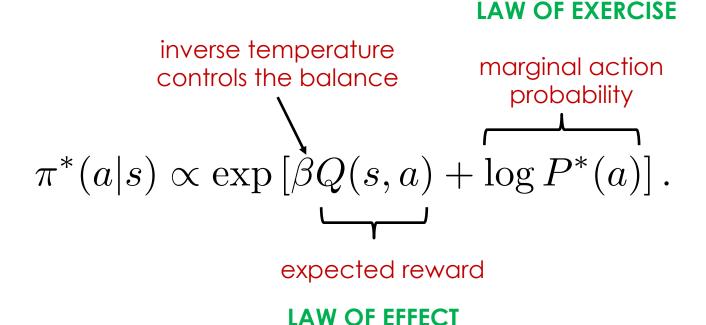
#### LAW OF EXERCISE

$$\pi^*(a|s) \propto \exp\left[\beta Q(s,a) + \log P^*(a)\right].$$

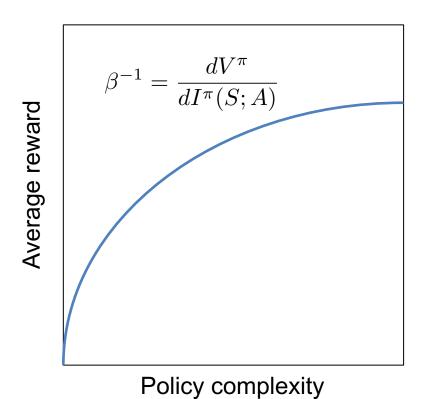
expected reward

**LAW OF EFFECT** 

#### Solution: biased softmax policy



#### The reward-complexity trade-off

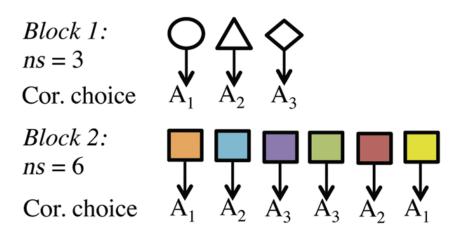


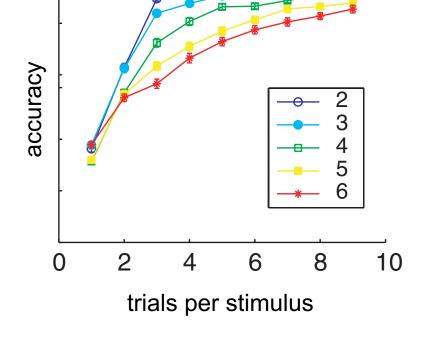
Reward-complexity curve is:

- Monotonic
- Concave

Slope corresponds to temperature (policy stochasticity), which decreases monotonically.

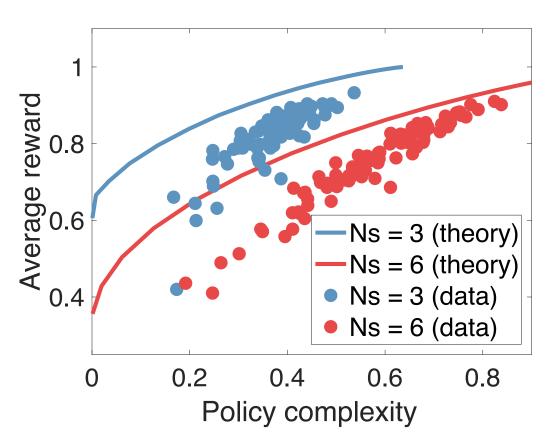
## Evidence for capacity limit





Accuracy in a contextual bandit task decreases with the number of stimuli (set size).

## Empirical trade-off



Human performance correlates strongly with the optimal curves, but falls systematically below them, particularly for individuals with low complexity policies.

Gershman (2020), Cognition

#### Quantitative test of the theory

#### overparametrized policy:

$$\pi(a|s) \propto \exp\left[\beta \hat{Q}(s,a) + \tau \log P(a)\right]$$

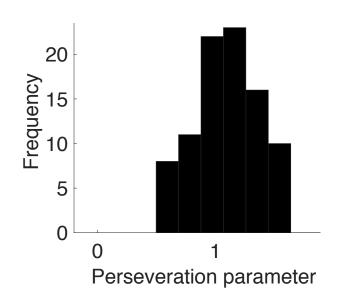
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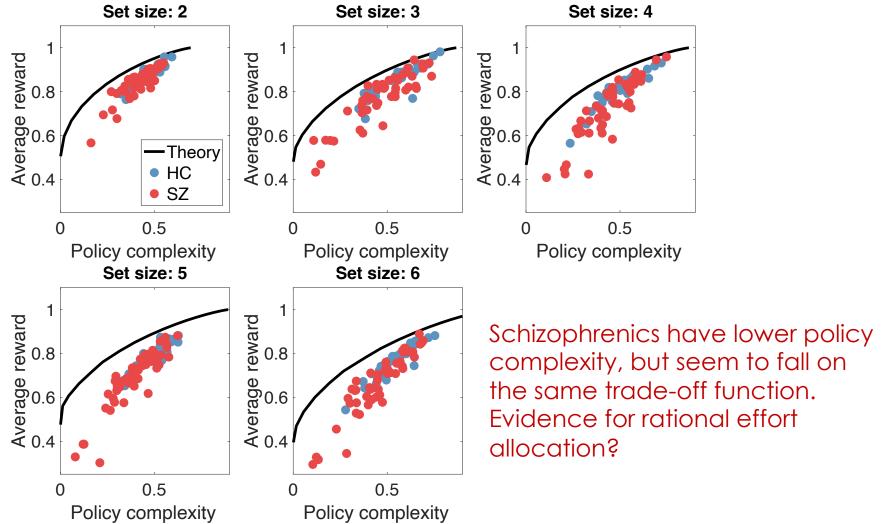
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 Studies have indicated that schizophrenia is associated with impaired exertion of cognitive and physical effort to earn reward.

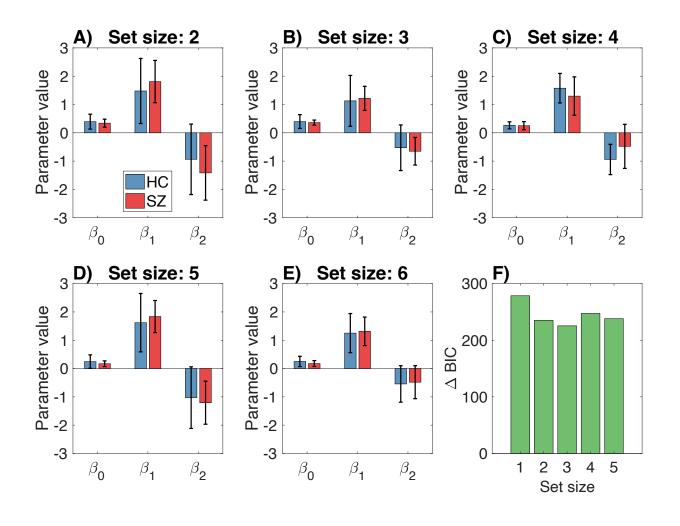
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- Can we understand this dysfunction in terms of the reward-complexity trade-off?

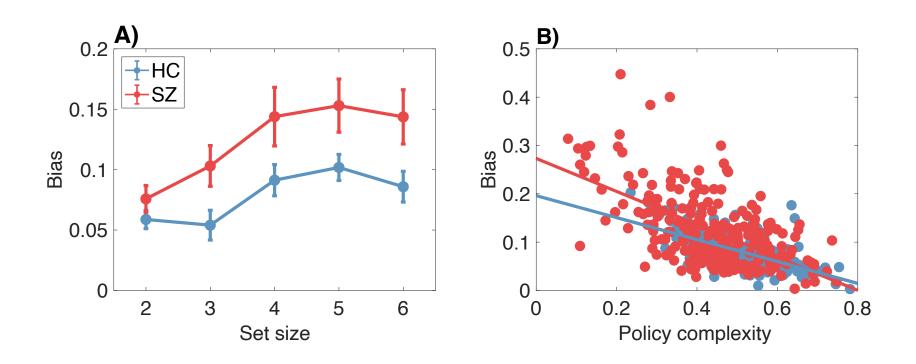


Gershman & Lai (2021, Computational Psychiatry data from Collins et al. (2014), J Neuro

# Patients and controls lie on the same empirical trade-off curve



# Quantifying bias



Bias increases with set size and decreases with policy complexity. The relationship with policy complexity is approximately the same in controls and patients.

#### Understanding bias

 We hypothesized that the bias might arise from suboptimal learning: people with excessively high learning rates will fall below the optimal trade-off curve.

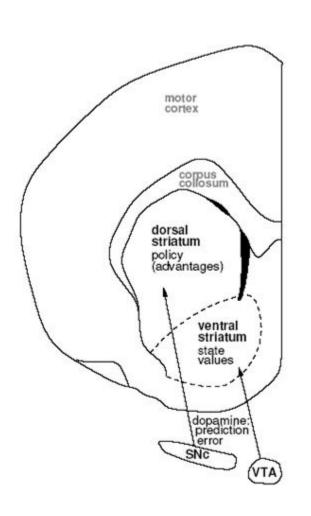
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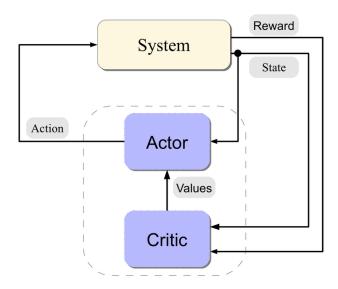
- We hypothesized that the bias might arise from suboptimal learning: people with excessively high learning rates will fall below the optimal trade-off curve.
- We built a learning model that captures this idea, showing that it does a good job reproducing the reward-complexity curves.
- People with schizophrenia had higher learning rates, as did subjects who showed a greater bias.

#### Actor-critic model

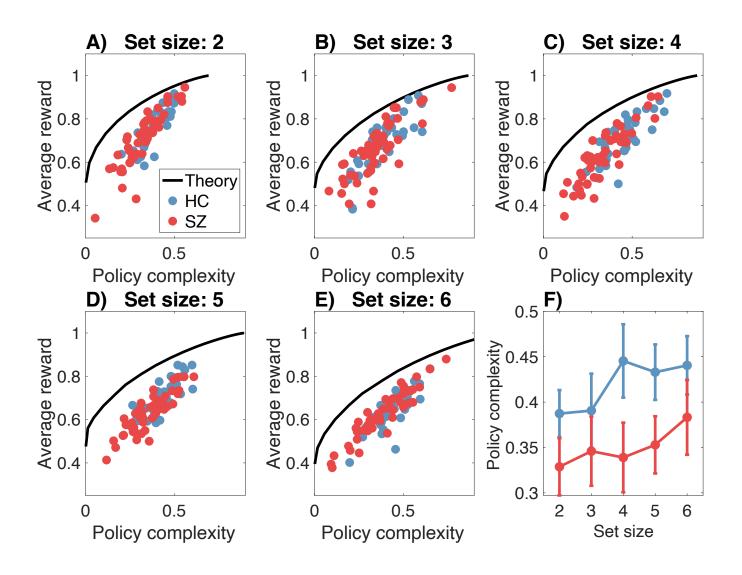


"Critic" (ventral striatum) learns state values. "Actor" (dorsal striatum) learns the policy.

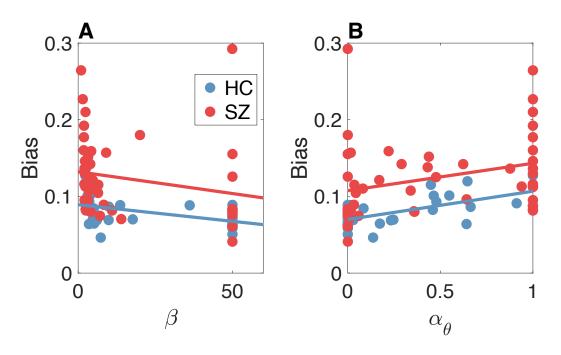
Importantly, prediction errors are penalized by policy complexity, driving the actor towards a low-complexity policy.



#### Simulated curves



#### Parameter estimates



Inverse temperature is lower (more stochasticity) and actor learning rate is higher for schizophrenic subjects.

Deviation from the optimal trade-off curve can be explained partly by suboptimal learning.

# Suboptimality

- Suboptimality is more pronounced in the schizophrenic group, which had higher actor learning rates that in turn produced greater bias.
- This fits with the theoretical observation that convergence of actor-critic algorithms depends on the actor learning much more slowly than the critic (Konda and Tsitsiklis, 2000)
- An actor that learns too fast can produce suboptimal behavior.

# Summary

 Human decision making obeys a reward-complexity trade-off.

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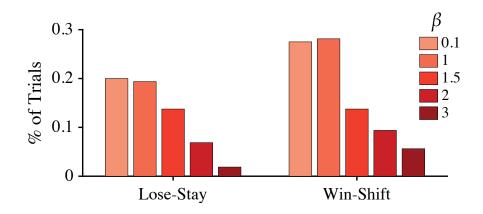
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- Human decision making obeys a reward-complexity trade-off.
- Performance deviates systematically from the optimal trade-off curve, a phenomenon that can be explained by a learning model.
- Schizophrenic patients exhibit lower policy complexity and higher bias, possibly because of excessively high learning rates and low memory capacity.

# Memory capacity and reversal learning

Schizophrenics exhibit higher rates of lose-stay and win-shift (Reddy et al., 2016). Our simulations show that this can arise from low capacity.

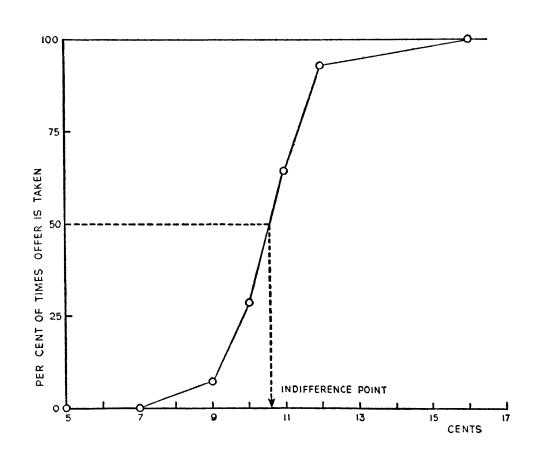


#### Beyond perseveration

- Policy compression implies several other interesting regularities.
  - Stochasticity
  - Relationship between response time and description length
  - Chunking

# Stochasticity

Why are choices stochastic even when payoffs and probabilities are known?



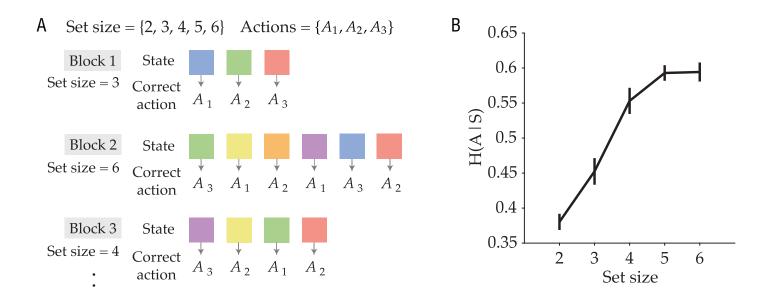
# Stochasticity

$$\pi^*(a|s) \propto \exp \left[\beta Q(s,a) + \log P^*(a)\right].$$

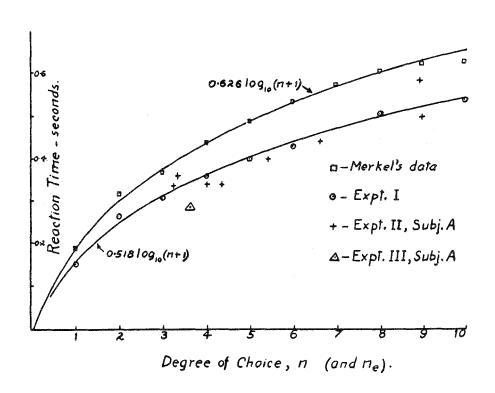
Optimal policy under resource constraints is stochastic and equivalent to the softmax policy.

When the number of states is larger (higher cognitive load), stochasticity should be higher because the same resource pool is being shared across states.

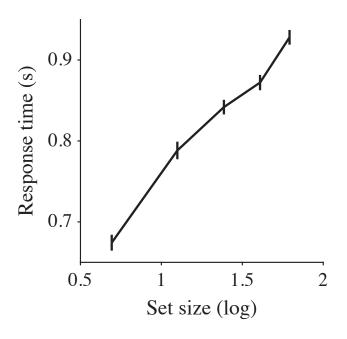
# Stochasticity



Choice variability increases with set size.



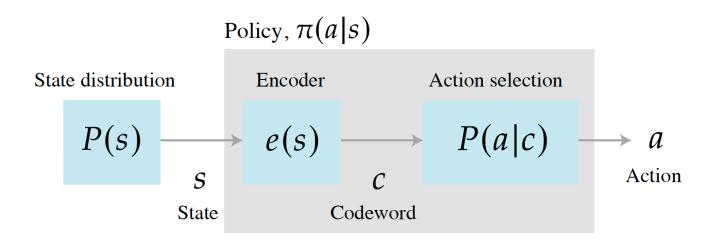
Hick's Law: response time increases logarithmically with the number of options



Hick's law in the Collins contextual bandit task.

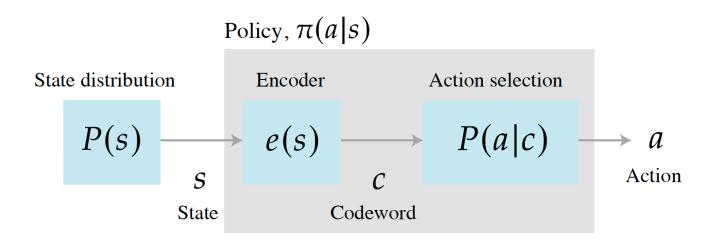
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If each codeword is mapped deterministically to an action, the optimal encoder maps states to a binary codeword with length –log P(s).

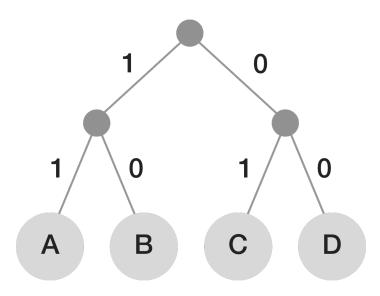
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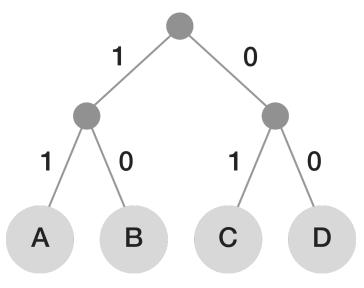
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If all states are equally probable, the expected code length is log N, where N is the # of states.

Huffman decoding: each codeword defines a sequence of yes/no questions that traverse a tree terminating in the input symbol.



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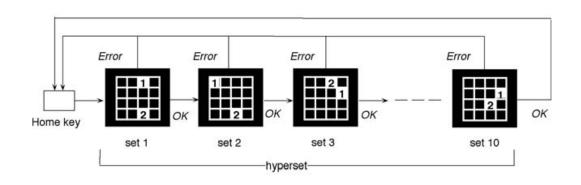
Response time = time it takes to traverse the tree = linear in code length

 If RT ~ code length, then responses should be slower for longer code lengths even when the set size is held fixed (see Hyman, 1953).

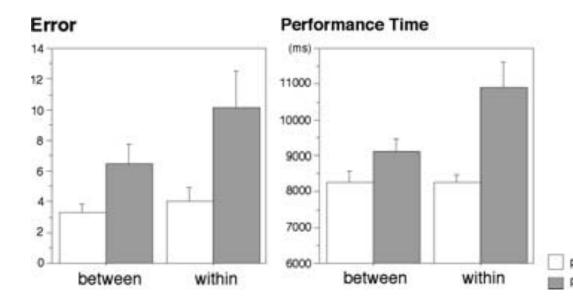
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- Slope of the set size function decreases with practice (e.g., Hale, 1968), consistent with optimal compression arising from learning the probabilities.
- Set size function flattens out for very large set sizes (e.g., Seibel, 1968), consistent with the existence of a capacity limit (hard cap on # of bits).

# Action chunking



Repetition of action sequences causes actions to be spontaneously organized into chunks, making action selection faster.



If the sequences are shuffled to destroy the chunks, response time and error rate increase.

Why do we form action chunks?

# Action chunking

 The complexity of an action policy depends on the degree to which it is state-dependent: we can think of policy complexity as quantifying the amount of memory that must be devoted to the state information when selecting actions.

# Action chunking

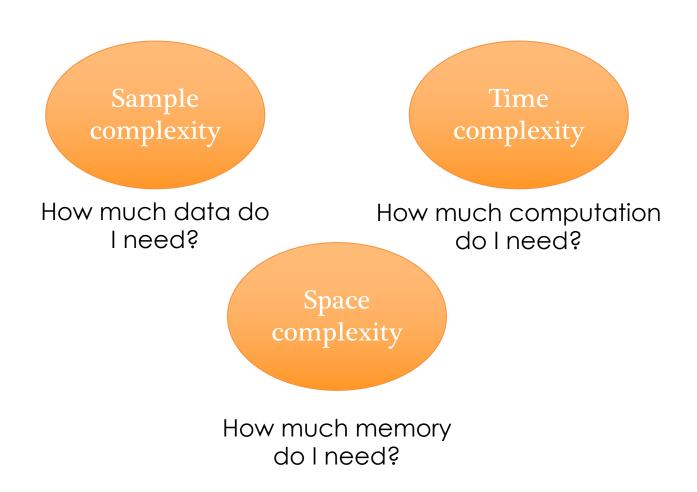
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- As capacity is reduced, the preference for multistep action chunks should increase, while the action execution time should decrease.

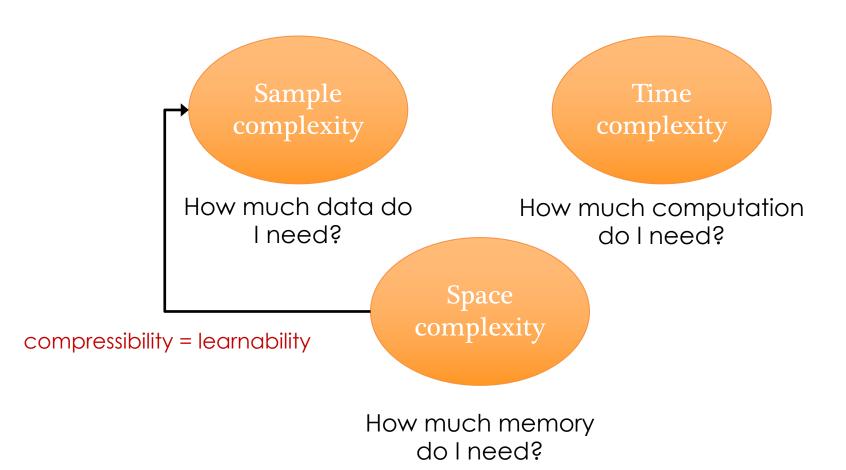
Any resource-limited agent must compress their policies.

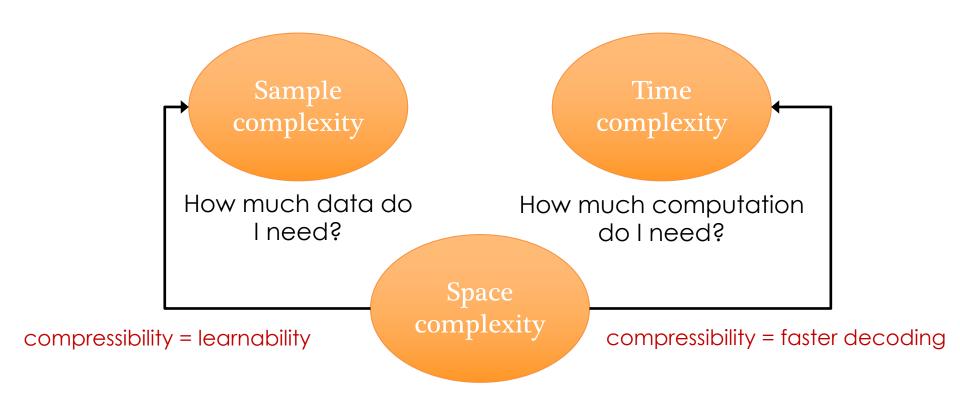
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- This leaves measurable traces in patterns of perseveration, stochasticity, response time, and chunking.
- Policy compression offers a new way to formalize some aspects of mental illness.
- By viewing optimality as a frontier rather than as a point, we can understand both individual heterogeneity and deviations from the optimal frontier in patients.

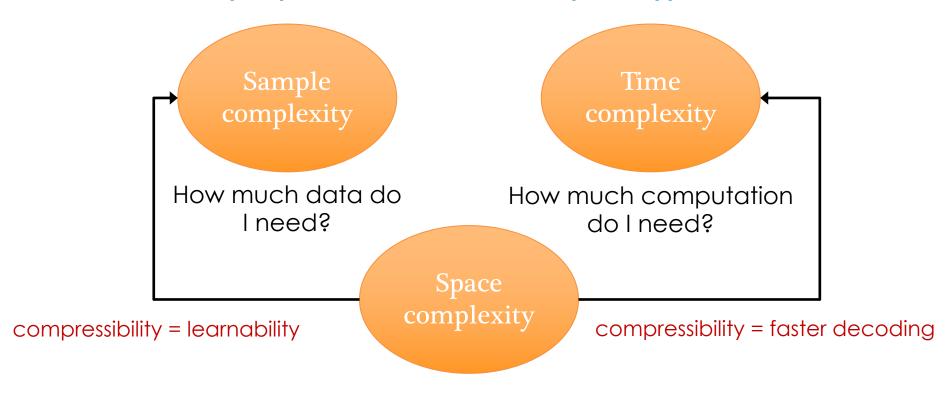






How much memory do I need?

These links suggest a transdiagnostic perspective on some clinical phenotypes



How much memory do I need?