

# CPC 2023: Introduction to Computational Psychiatry

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Translational Neuromodeling Unit



**Universität  
Zürich**<sup>UZH</sup>



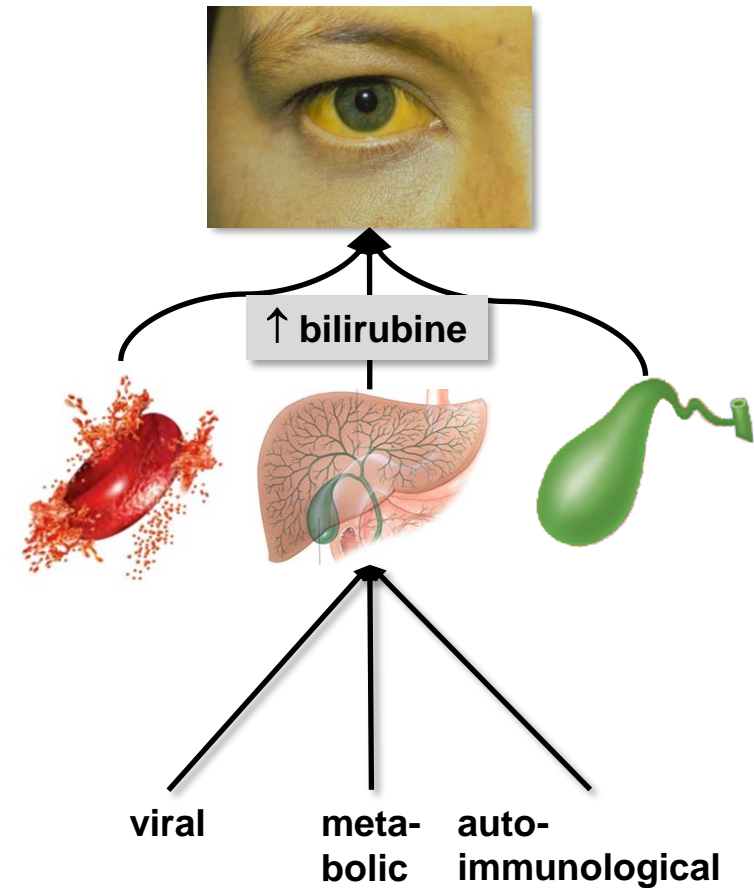
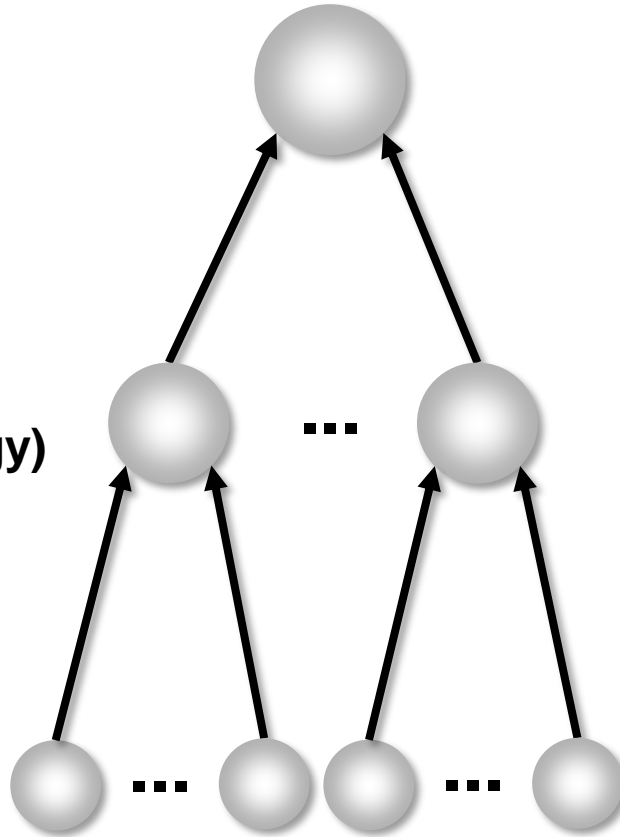
Eidgenössische Technische Hochschule Zürich  
Swiss Federal Institute of Technology Zurich

# From differential diagnosis to nosology

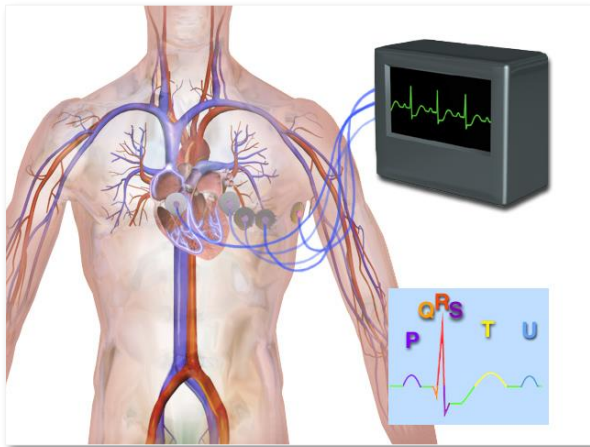
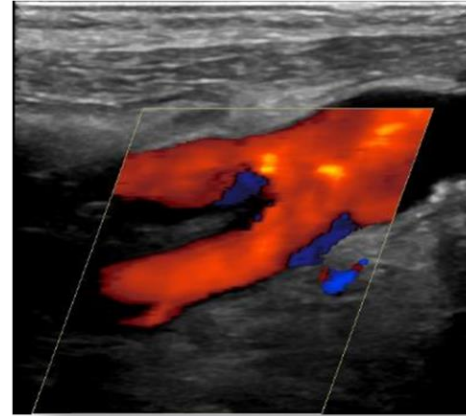
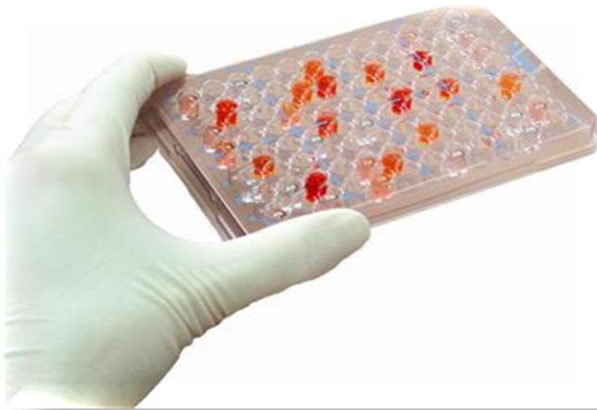
**SYMPTOM**

**MECHANISMS  
(pathophysiology)**

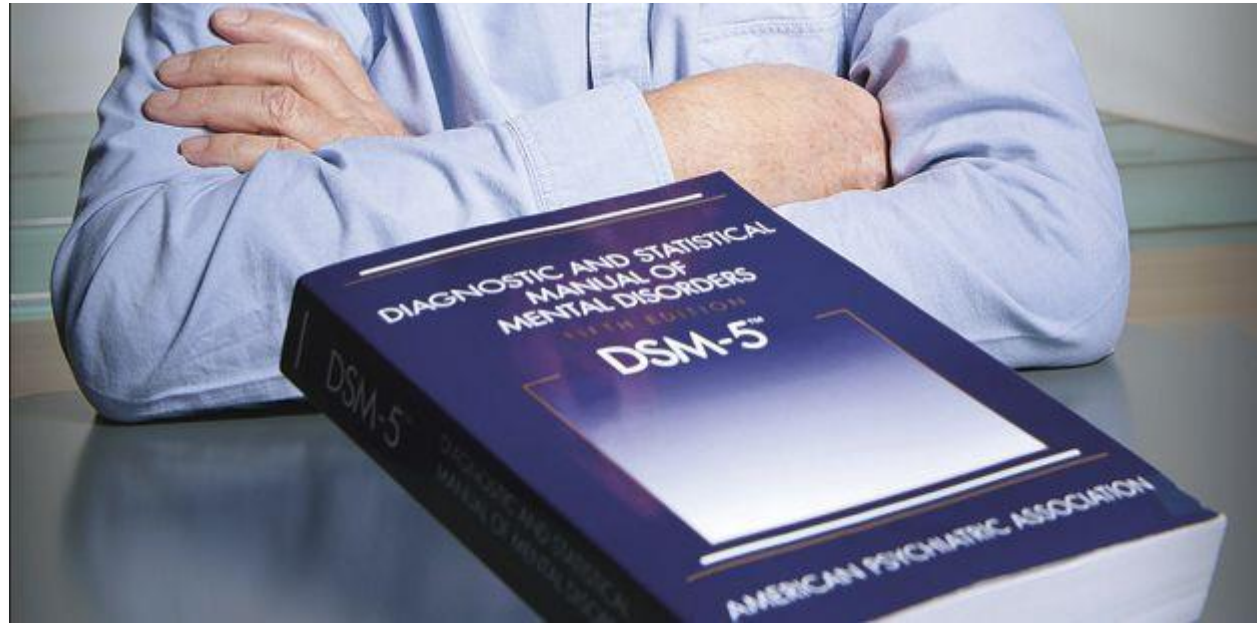
**CAUSES  
(aetiology)**



**>3,000 clinical tests in medicine**

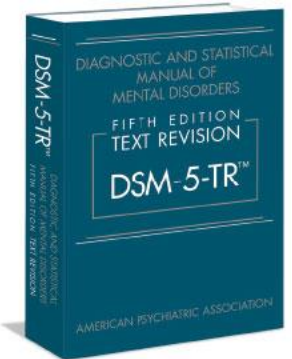
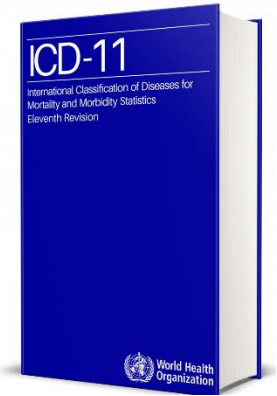


# 1 diagnostic instrument in psychiatry



# Contemporary psychiatric classifications: ICD and DSM

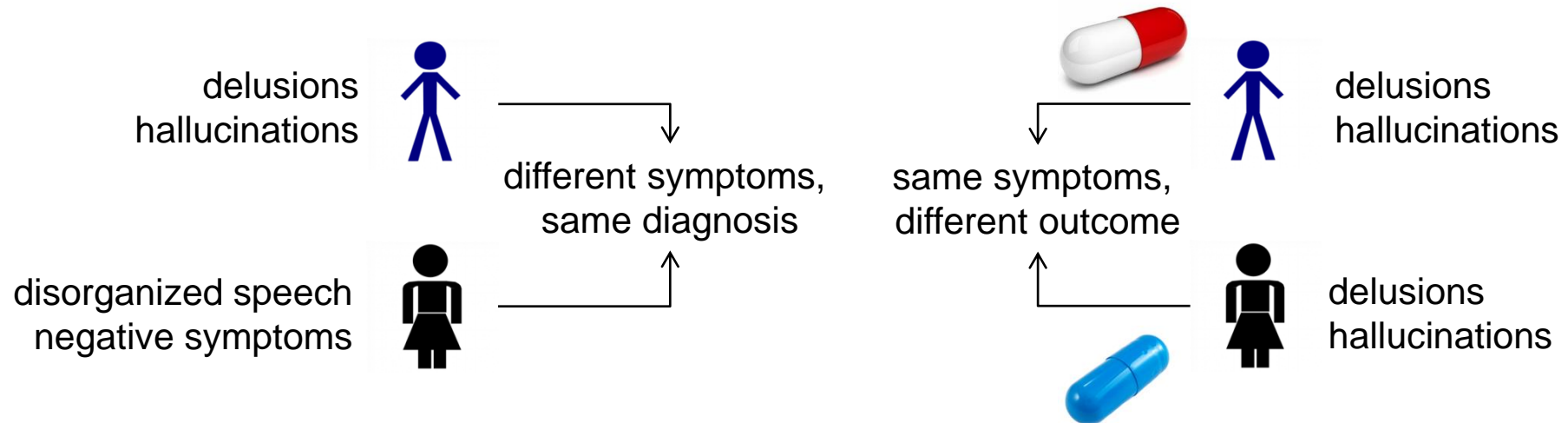
- **International Classification of Diseases (ICD):**
  - curated by the World Health Organization (WHO)
  - freely available
  - presently in its 11<sup>th</sup> revision (ICD-11)
- **Diagnostic and Statistical Manual of Mental Disorders (DSM)**
  - published by the American Psychiatric Association (APA)
  - approx. \$90 (September 2023)
  - presently: fifth edition (DSM-5; 2013); text revision (TR) published in 20
- **both schemes**
  - define mental disorders as syndromes
  - reflect the consensus (or compromise) of expert committees
  - are descriptive (without reference to mechanisms)



# DSM-5: Schizophrenia

- Positive symptoms:
    - Delusions
    - Hallucinations
    - Disorganized speech
  - Grossly disorganized or catatonic behavior
  - Negative symptoms (e.g., flat affect, anhedonia, avolition, asociality)
- + social or occupational dysfunction  
+ continuous signs of the disturbance for at least six months

≥ 2 symptoms  
(at least one pos. symptom)  
over ≥ 1 month



# Heterogeneity of psychiatric disorders



**polygenetic basis**  
**gene-environment interactions**  
**environmental variation**

**variability in clinical  
trajectory and treatment  
response**

**multiple disease mechanisms**

## **PERSPECTIVE**

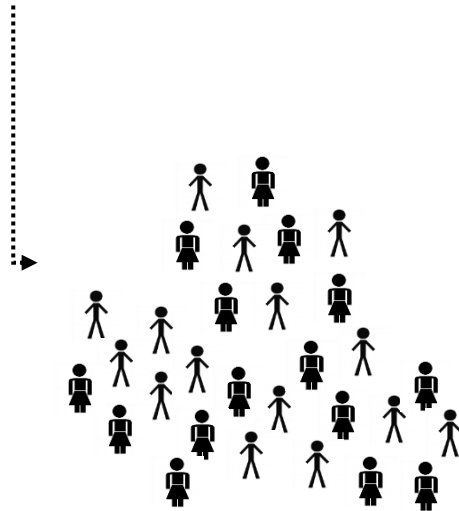
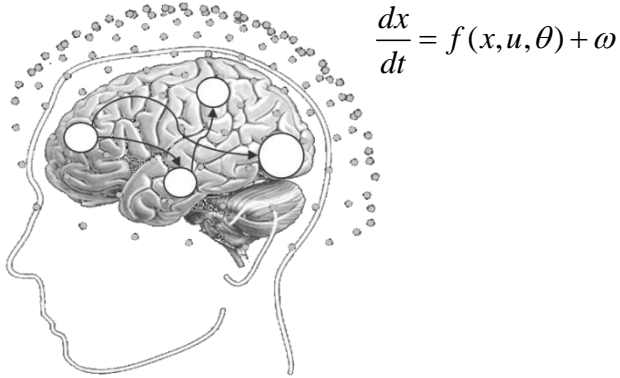
Why has it taken so long for biological psychiatry to develop clinical tests and what to do about it?

S Kapur<sup>1</sup>, AG Phillips<sup>2</sup> and TR Insel<sup>3</sup>



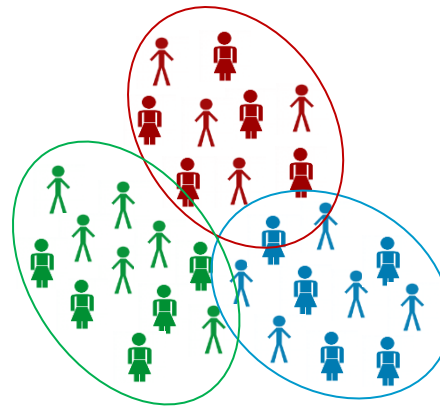
# 1 Developing computational assays of neuronal and cognitive processes

# Translational Neuromodeling & Computational Psychiatry



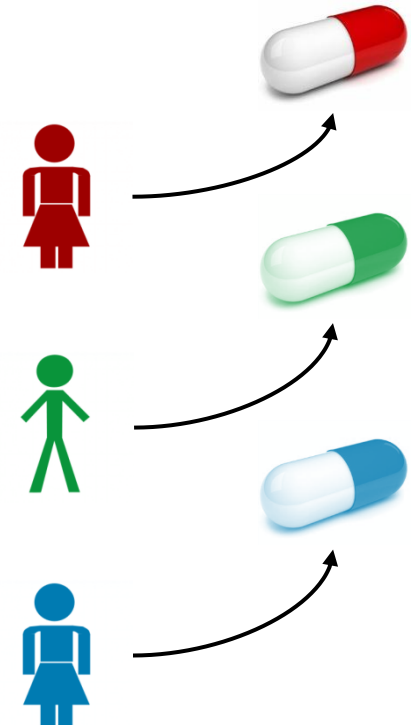
# 2 Application to brain activity and behaviour of individual patients

# 3 Differentiating patients based on inferred mechanisms



- disease mechanism A
- disease mechanism B
- disease mechanism C

# 4 Individual prediction

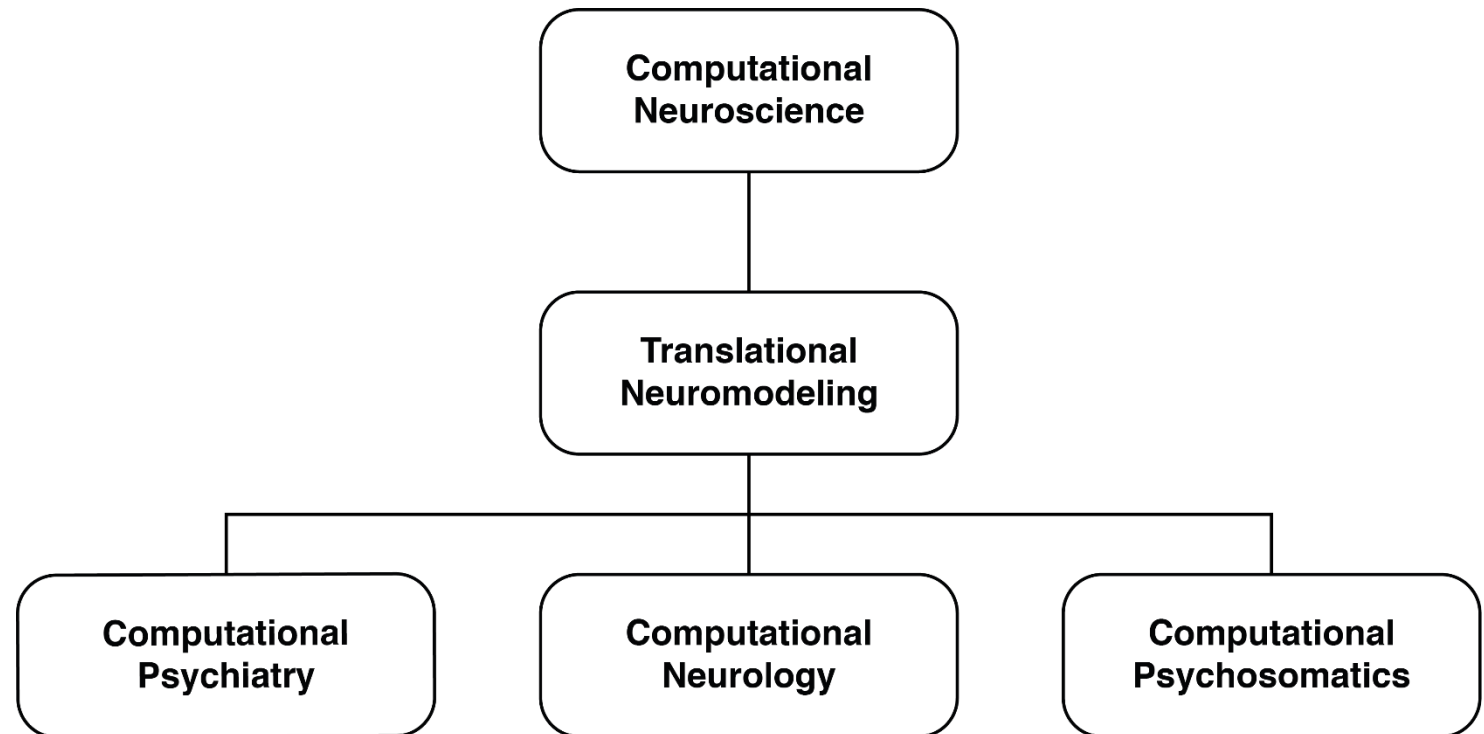


# A taxonomy of computational clinical neuroscience

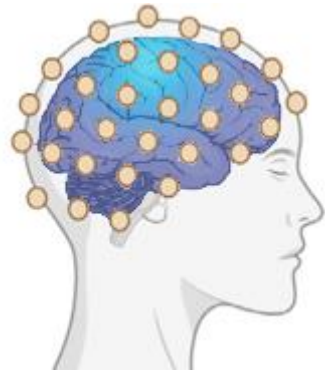
Understanding how/what  
the brain computes

Develops/validates  
mathematical models for  
solving clinical problems

Application within  
specific medical fields



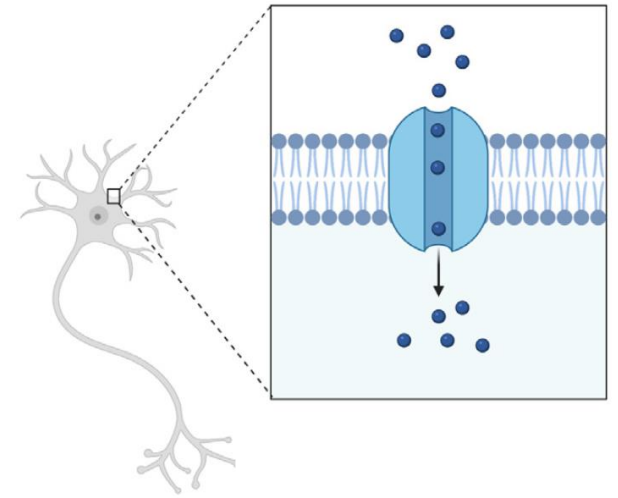
# Generative models and "computational assays"



measured brain  
activity  $y$

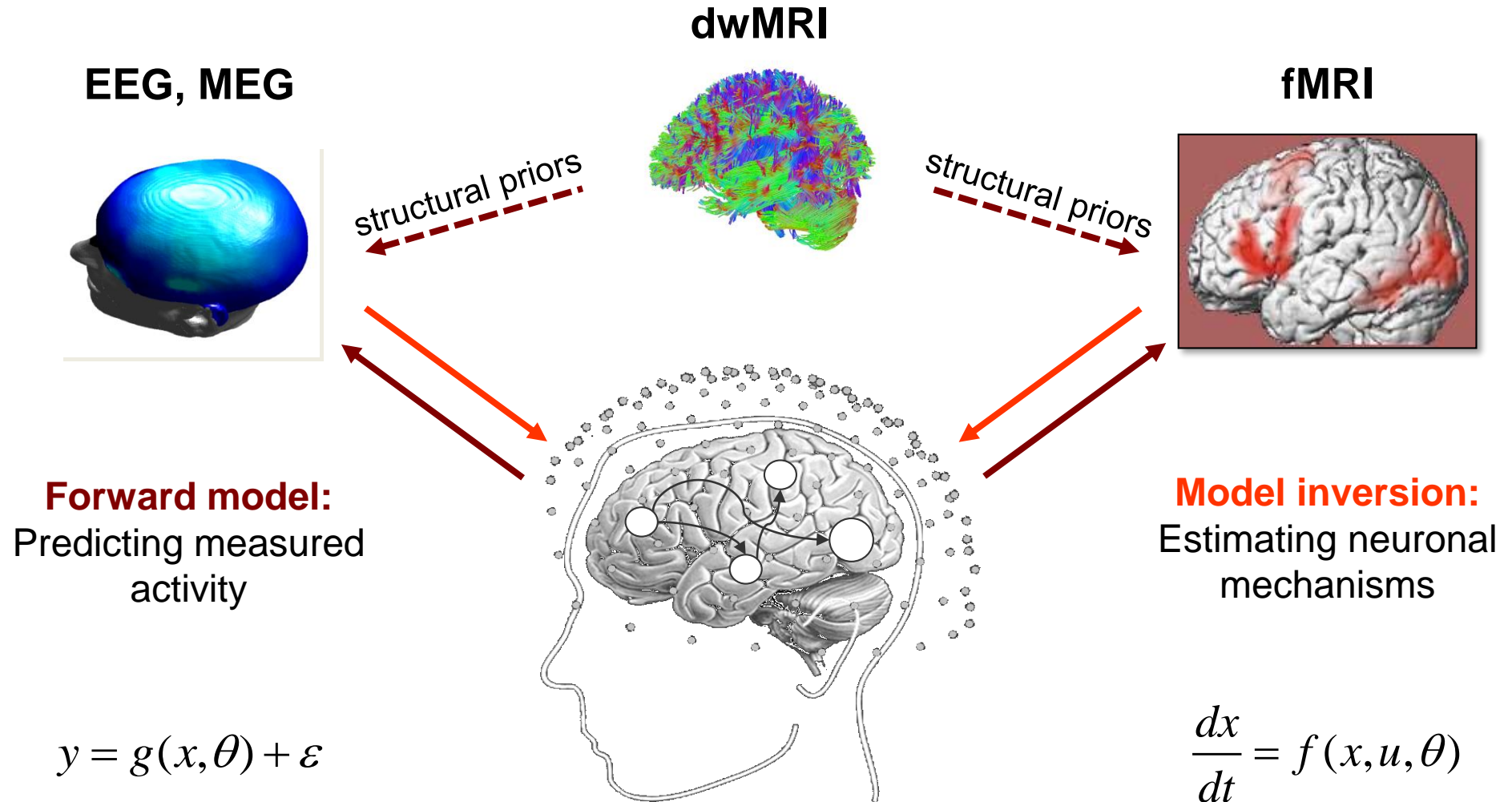
$$\begin{array}{c} \xleftarrow{p(y | \theta, m) \cdot p(\theta | m)} \\ \xrightarrow{p(\theta | y, m)} \end{array}$$

generative  
model  $m$



hidden neuronal  
parameters  $\theta$

# Example: Dynamic causal models (DCMs)



# Generative models and "computational assays"



observed symptoms or  
behaviour  $y$

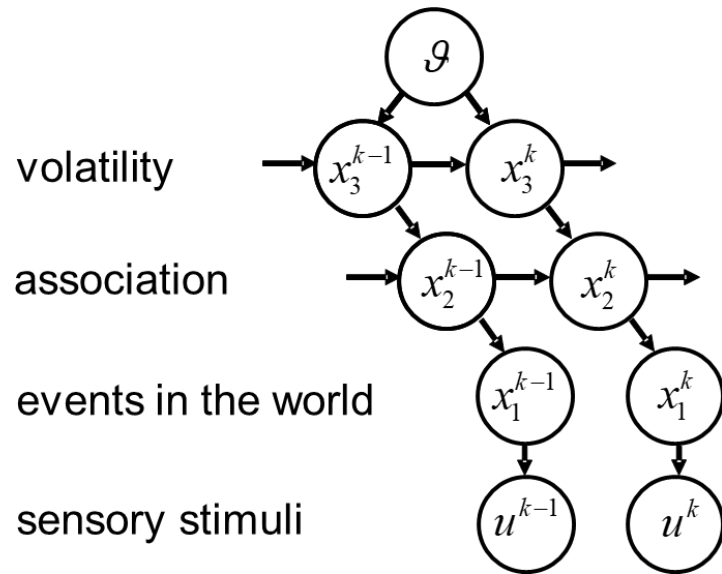
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generative  
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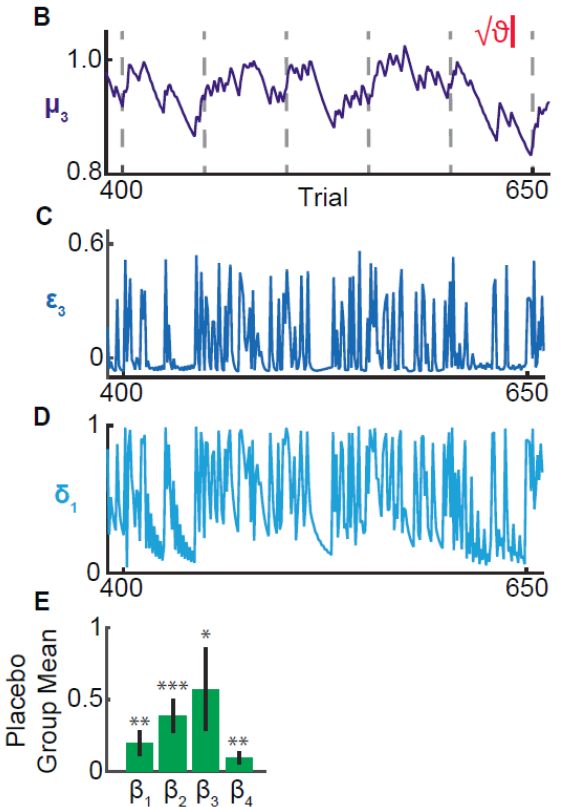
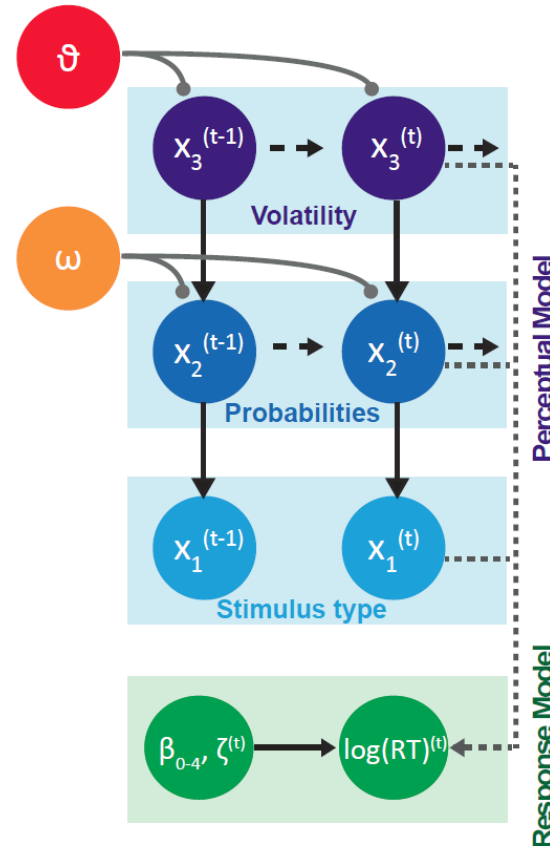


hidden algorithmic  
parameters  $\theta$

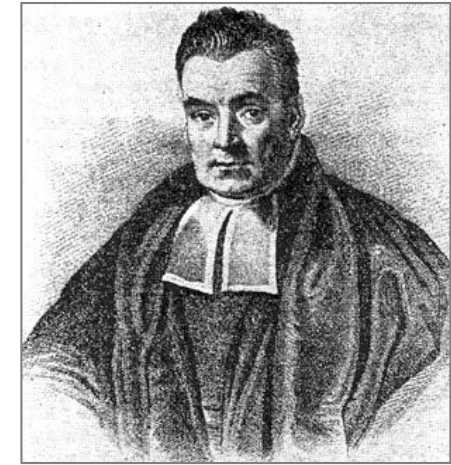
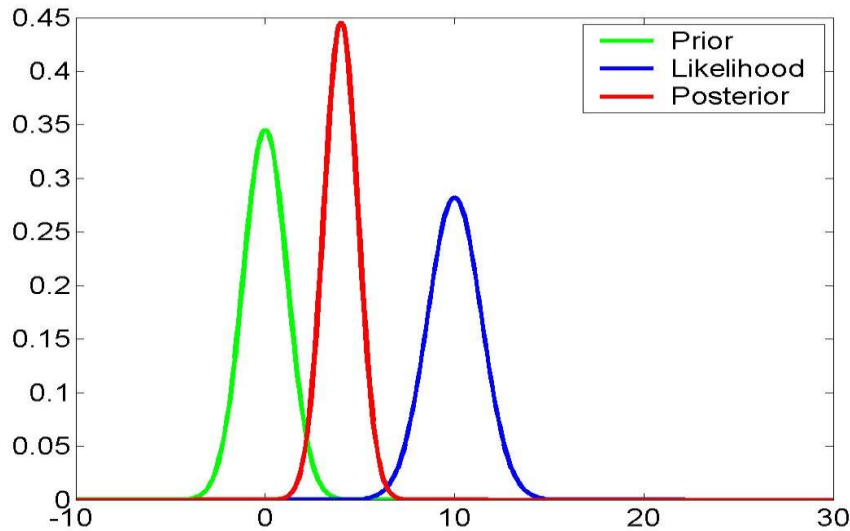
# Example: Hierarchical Gaussian Filter (HGF)



$$\Delta \text{belief} \propto \frac{\text{precision}_{\text{input}}}{\text{precision}_{\text{pred}}} \times \text{PE}$$



# The basis of generative modeling: Bayes' rule



The Reverend Thomas Bayes  
(1702-1761)

$$p(\theta | y) = \frac{p(y | \theta) p(\theta)}{p(y)}$$

**Posterior**  
(inference)

**Likelihood**  
(data)

**Prior**  
(prediction)

**Evidence**  
(normalisation term)

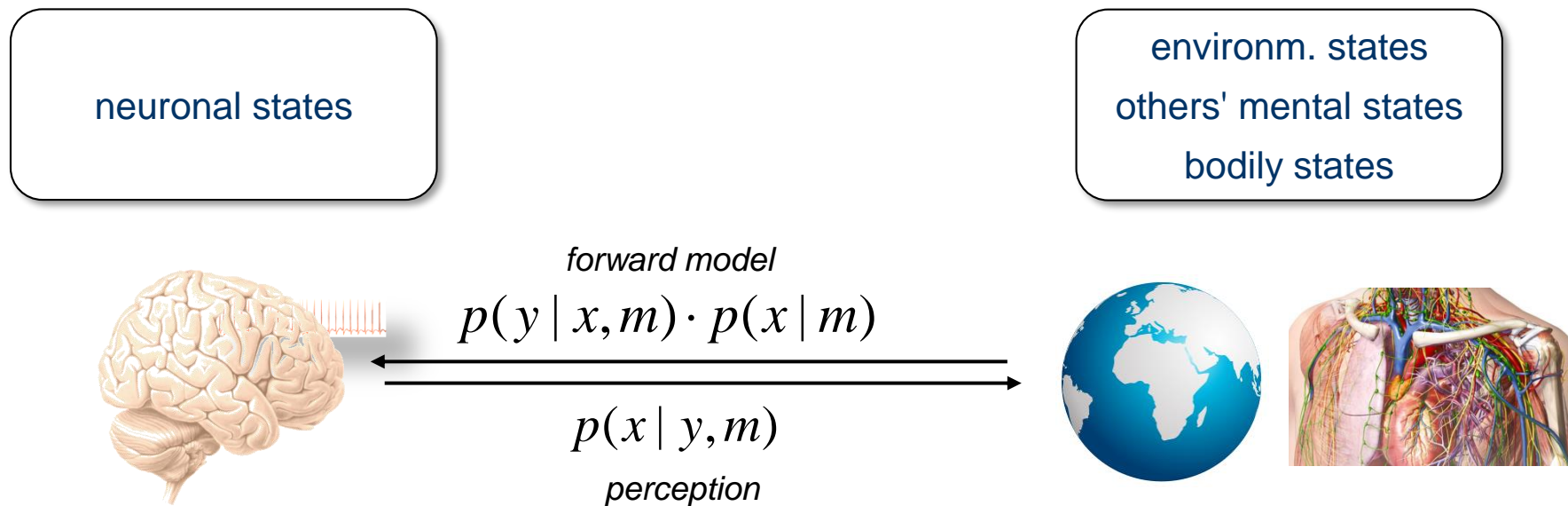
$\theta$ : parameters  
 $y$ : data

"... the theorem expresses how a degree of belief, expressed as a probability, should rationally change to account for the availability of related evidence."

*Wikipedia*



# Generative models as a concept for brain function: the "Bayesian brain" hypothesis

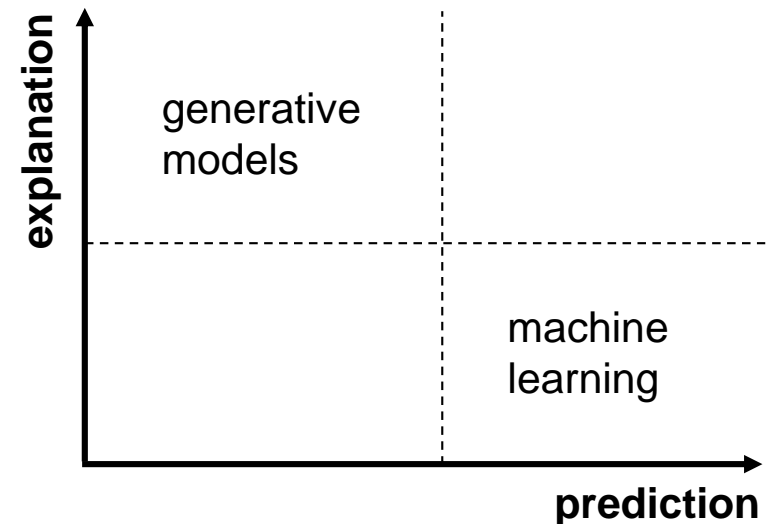


perception = inference = inversion of a generative model



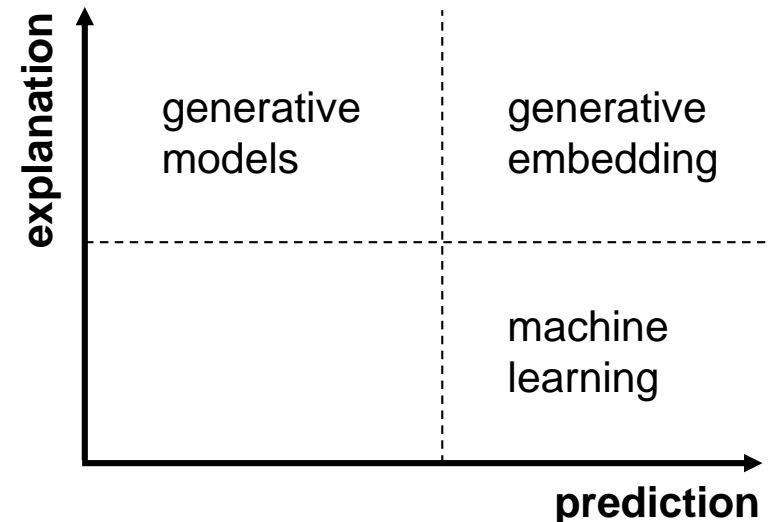
# The “Two Cultures of Computational Psychiatry”

- **explanation:** generative models
  - data-generating process is of central interest
  - goal: identify the mechanisms underlying observations (e.g. clinical symptoms, brain activity)
- **prediction:** machine learning (ML)
  - data-generating process is treated as a black box
  - goal: prediction of clinically relevant outcomes, e.g. treatment response, remission, relapse



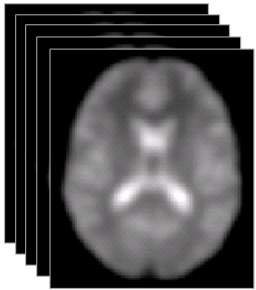
# The “Two Cultures of Computational Psychiatry” ... and Generative Embedding as their bridge

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- **generative embedding:**
  - applies ML to estimated quantities from generative models

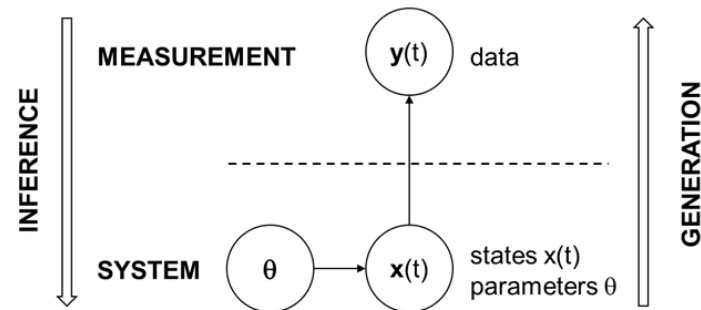


# Generative embedding

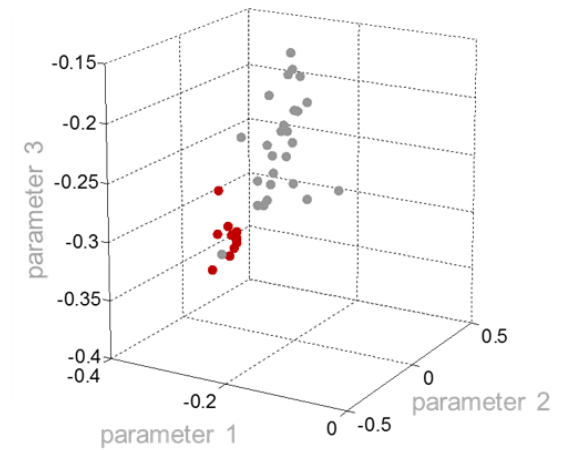
high-dimensional data



generative model



mechanistic interpretation



theory-driven  
dimensionality reduction



posterior densities  $\rightarrow$   
features for machine learning

# Computational assays: key clinical questions

## SYMPTOMS

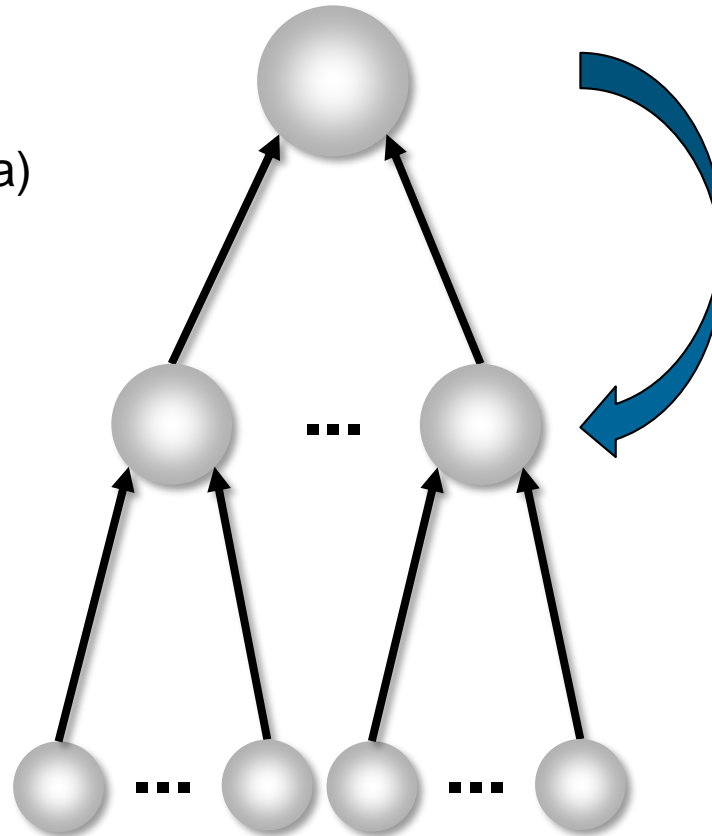
(behavioural or physiological data)

## MECHANISMS

(computational, physiological)

## CAUSES

(aetiology)

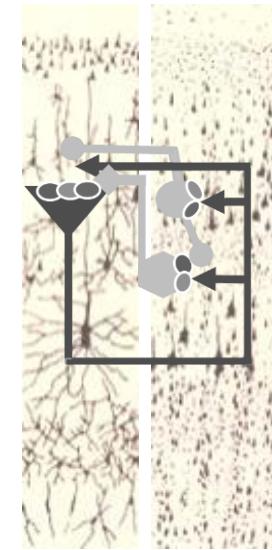
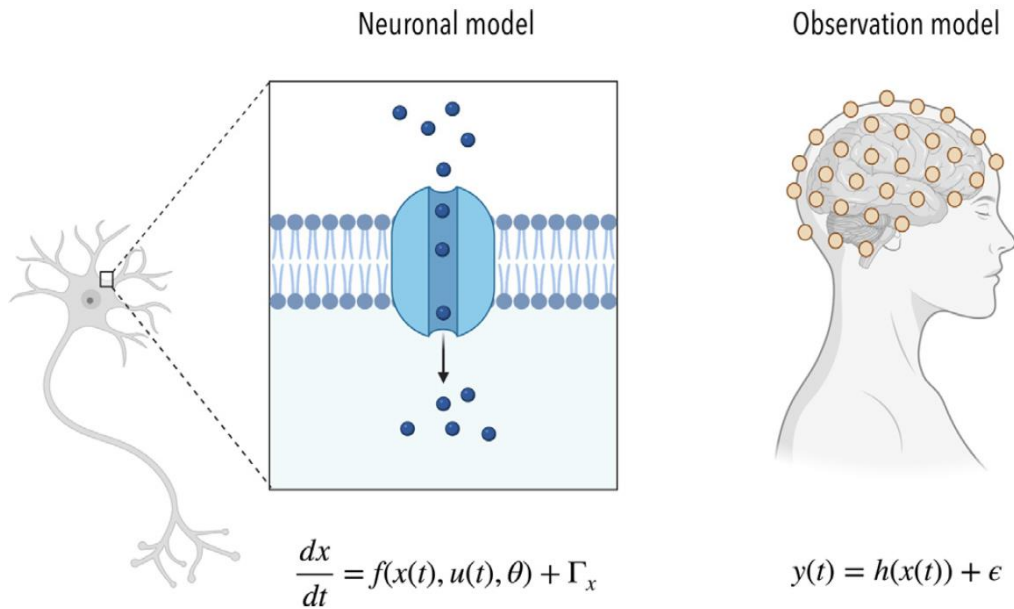


❶ **differential diagnosis:** deciding between alternative disease mechanisms

❷ **stratification / subgroup detection** into mechanistically distinct subgroups

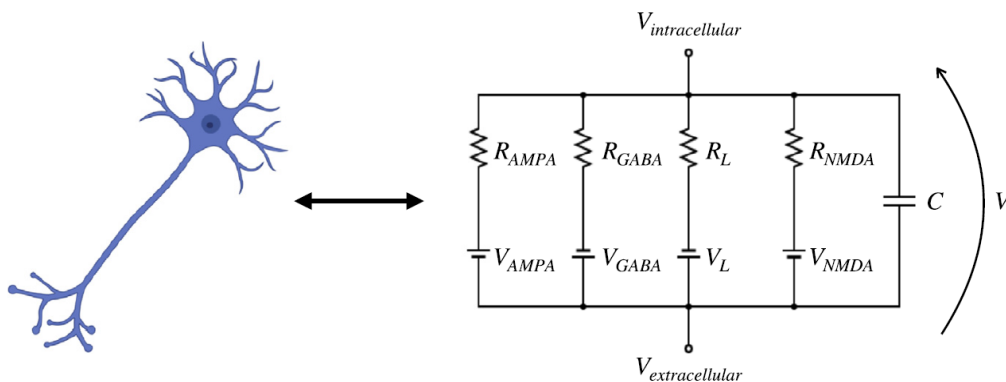
❸ **prediction** of clinical trajectories and treatment response

# ① Differential diagnosis: inferring synaptic processes



- inhibitory interneurons
- excitatory interneurons
- pyramidal cells

AMPA, NMDA, GABA<sub>A</sub> receptors



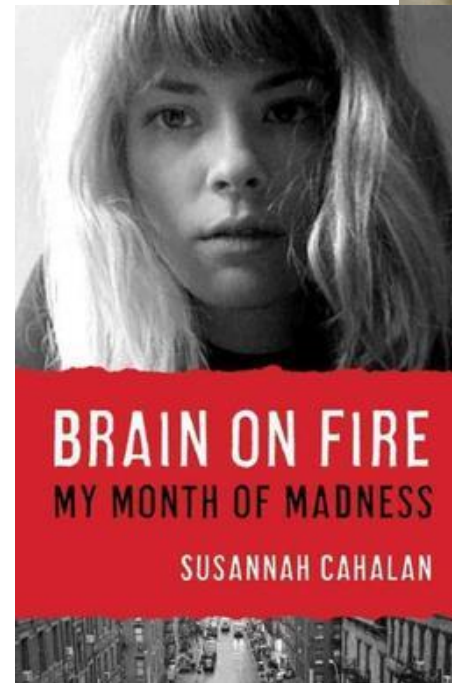
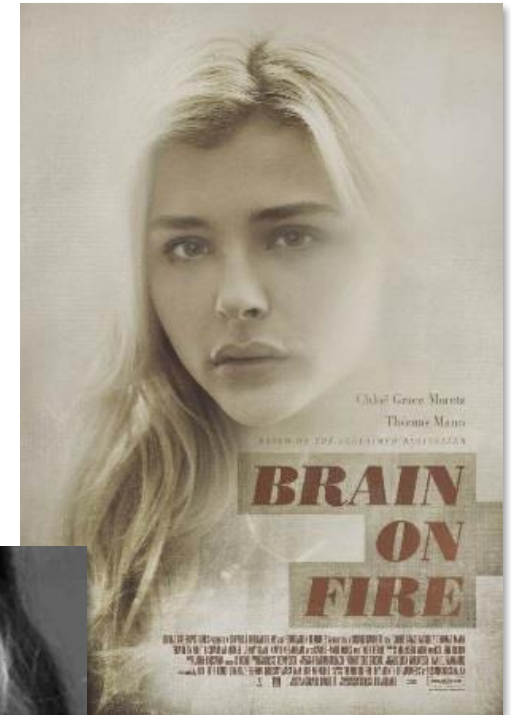
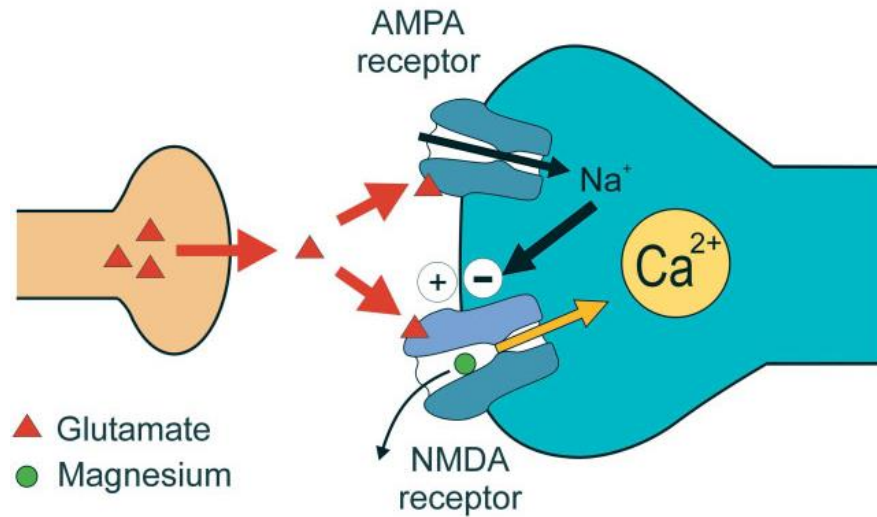
$$C\dot{V} = \sum g_i (V_i^0 - V)$$

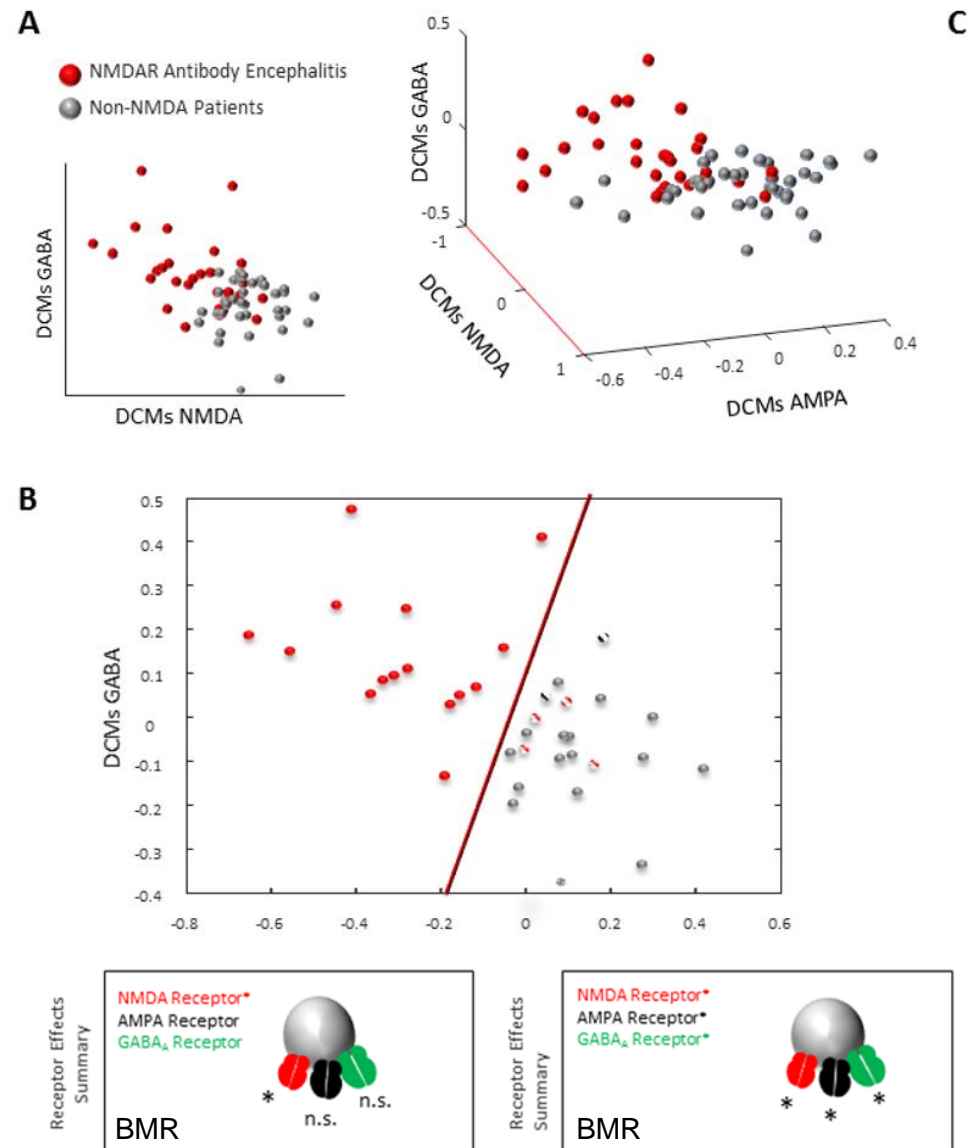
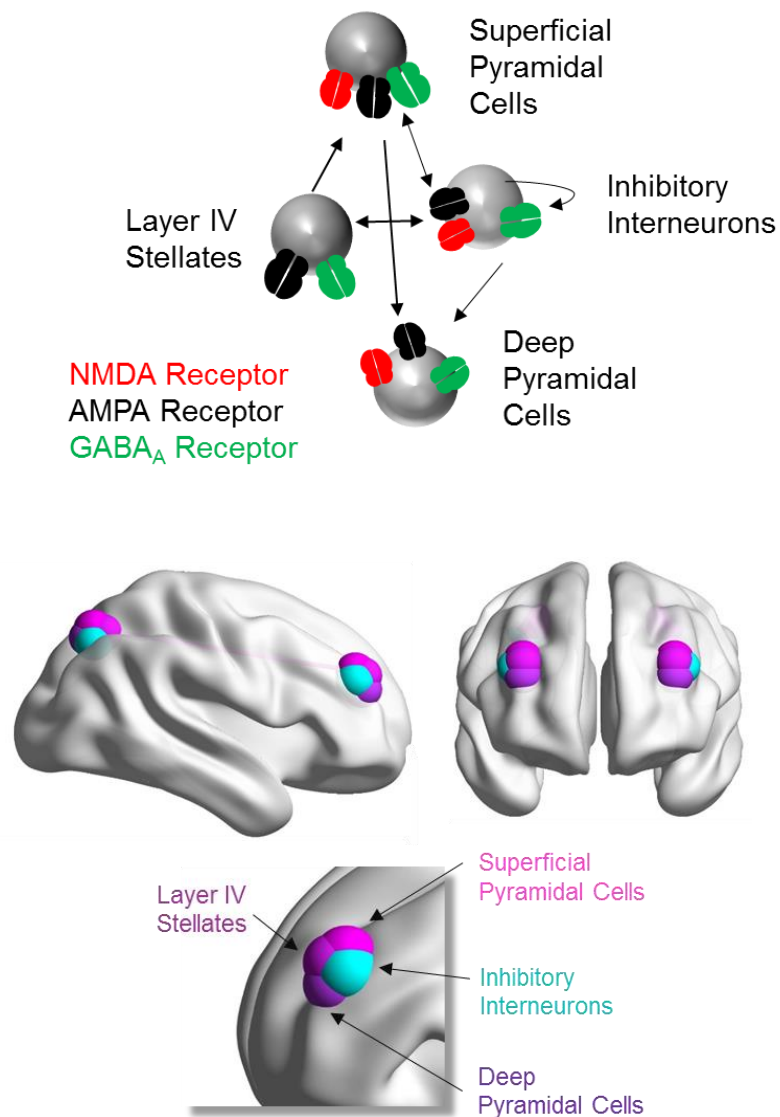
$$\dot{g}_k = \kappa (u_{ij} - g_k)$$

$$u_{ij} = \gamma_{ij} \sigma \left( \mu_V^{(j)} - V_R, \Sigma^{(j)} \right)$$

$u_{ij}$  = presynaptic input from ensemble  $j$  to  $i$   
 $\sigma$  = CDF of presynaptic depolarization density around threshold potential  $V_R$

# NMDA receptor antibody encephalitis





29 patients with NMDAR-antibody encephalitis  
 18 control patients (with inflammatory/metabolic encephalopathy)



### ③ Prediction: two-year outcome in depression

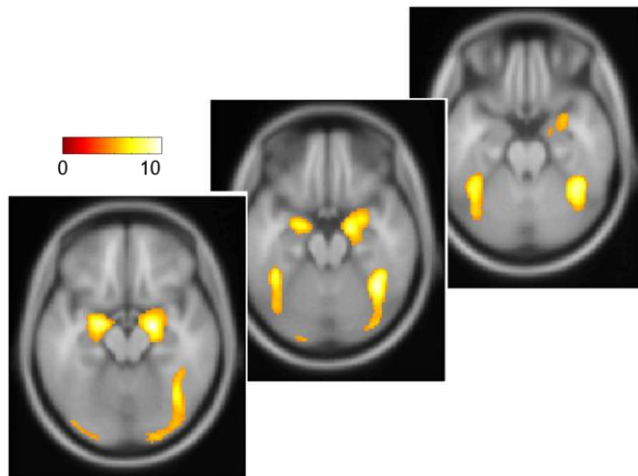
**N=85 MDD patients from NESDA study** (Schmaal et al. 2015, Biol. Psychiatry)

**Three distinct trajectories:**

chronic (CHR): n = 15

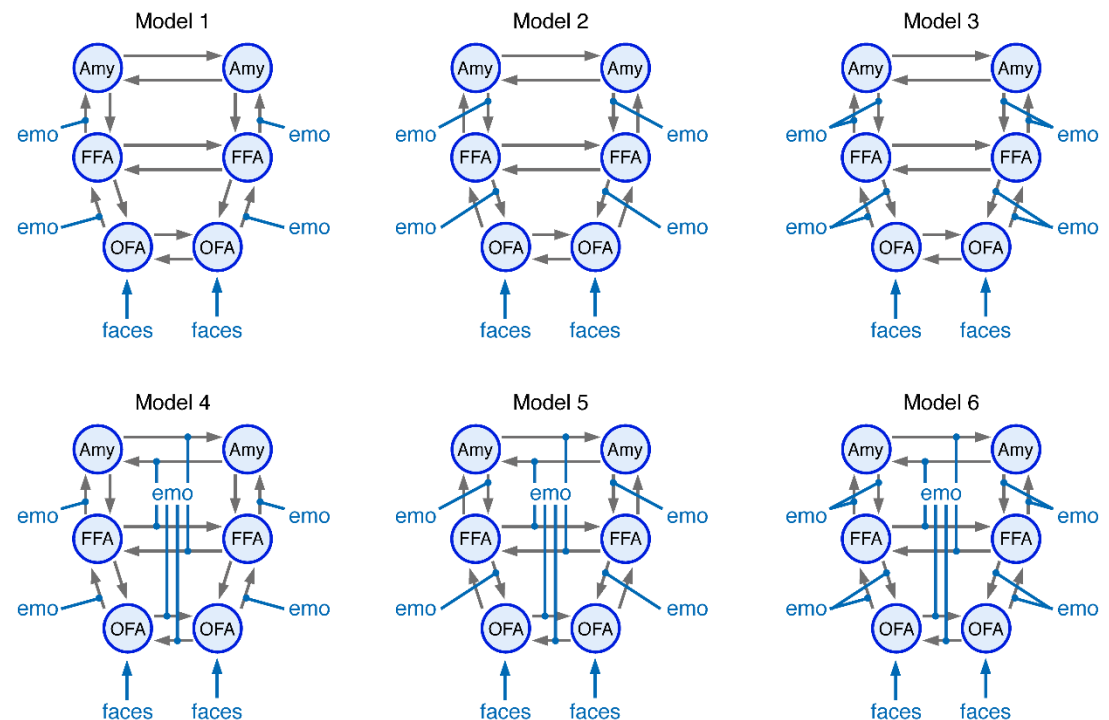
gradually improving (IMP): n = 31

remission (REM): n = 39



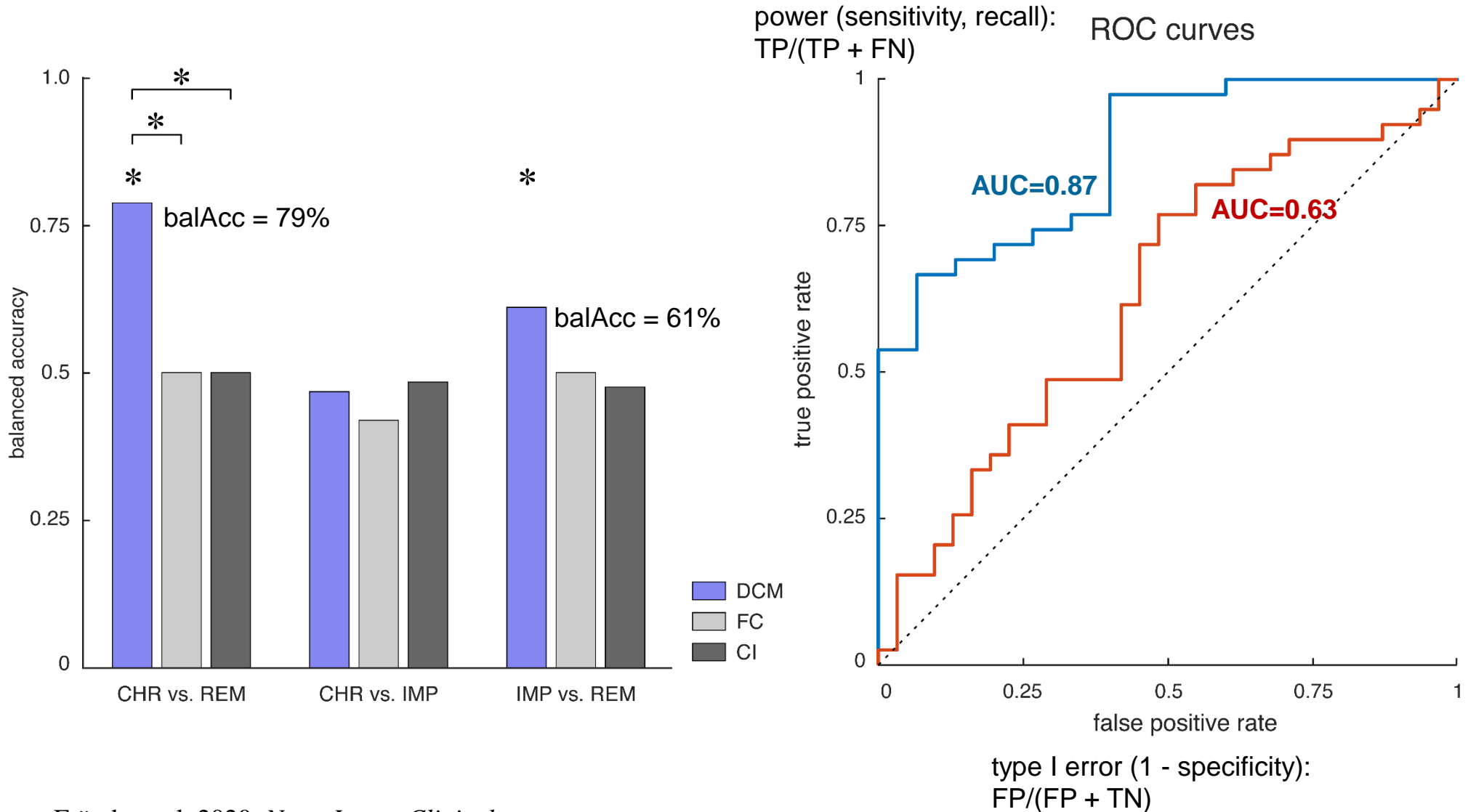
emotional faces > scrambled faces

### DCM + BMA (emotional face processing)



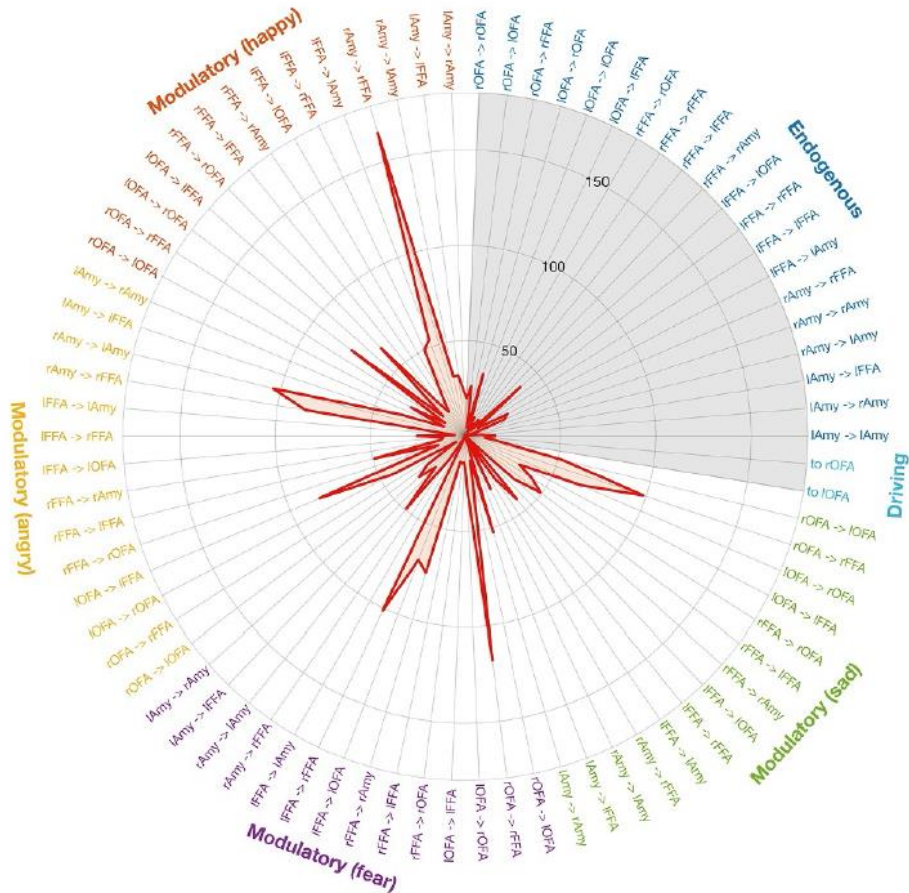


### ③ Prediction: two-year outcome in depression

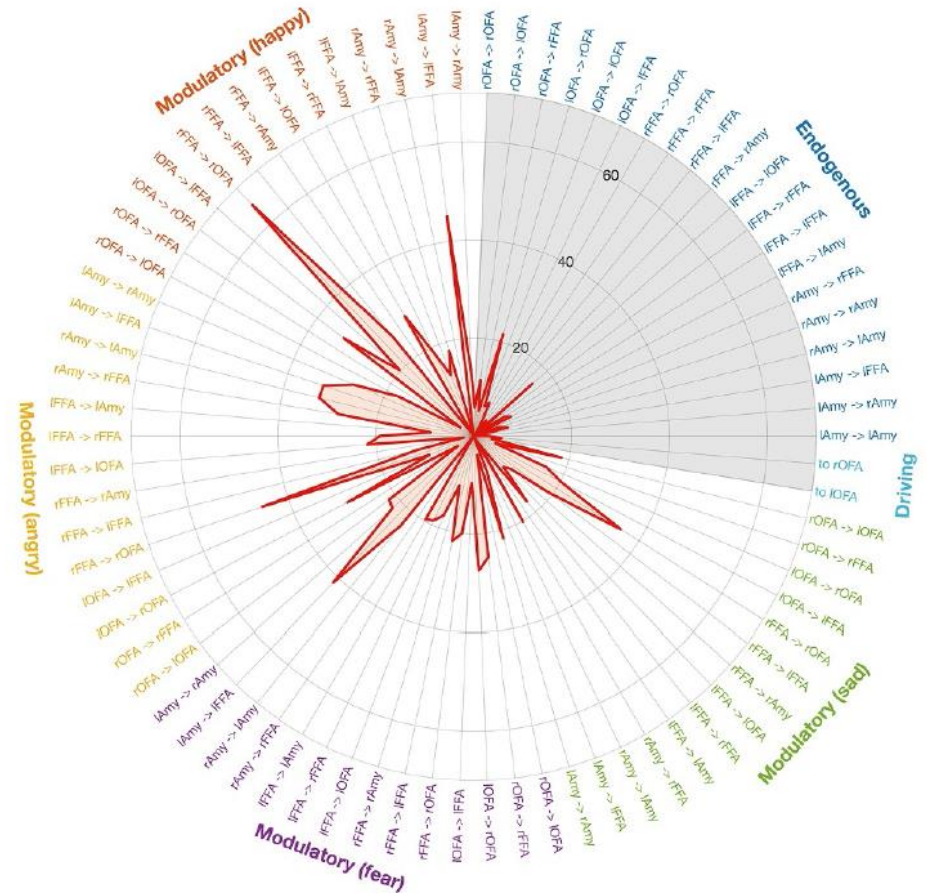


### ③ Prediction: two-year outcome in depression

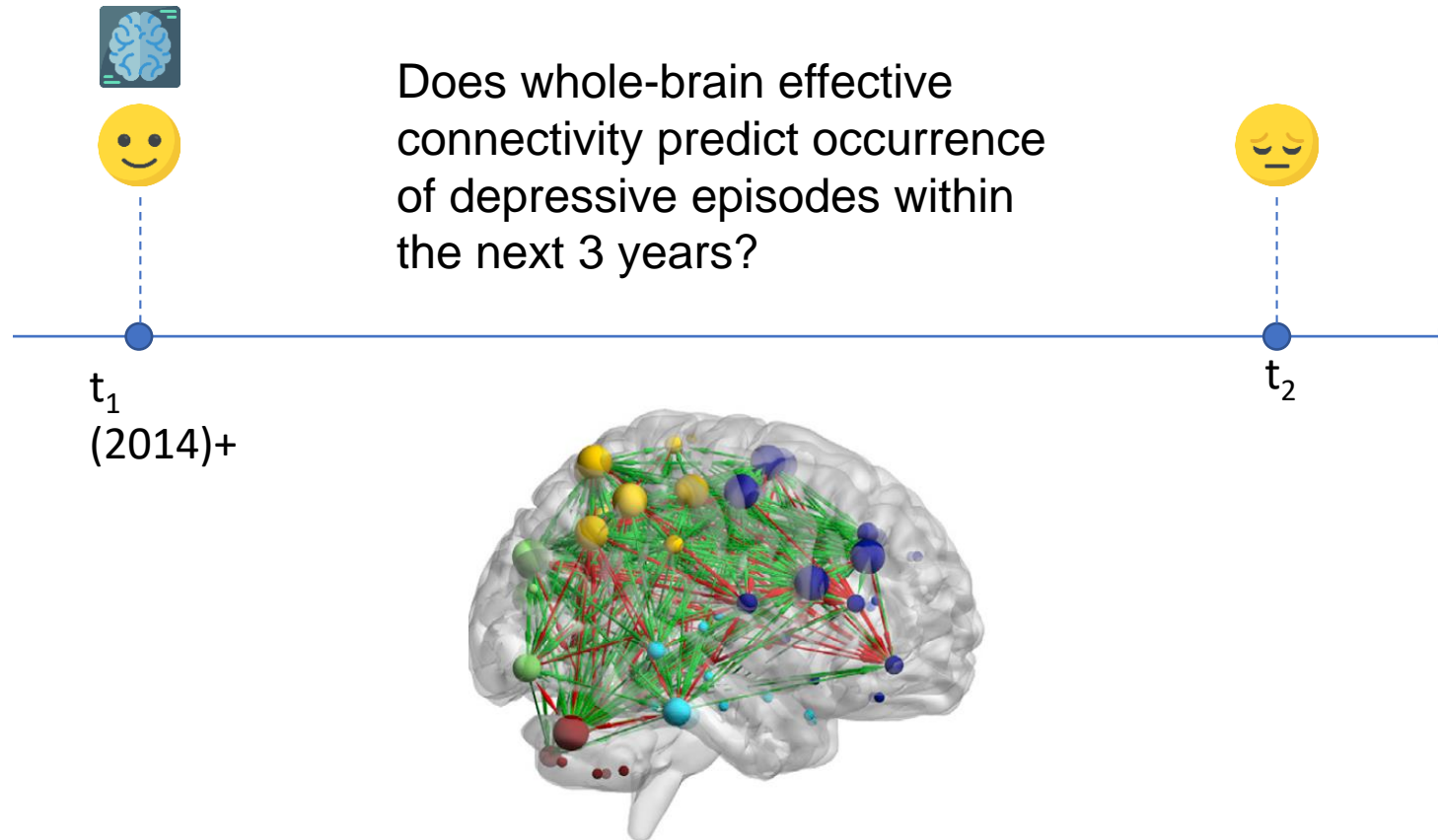
CHR vs. REM



IMP vs. REM



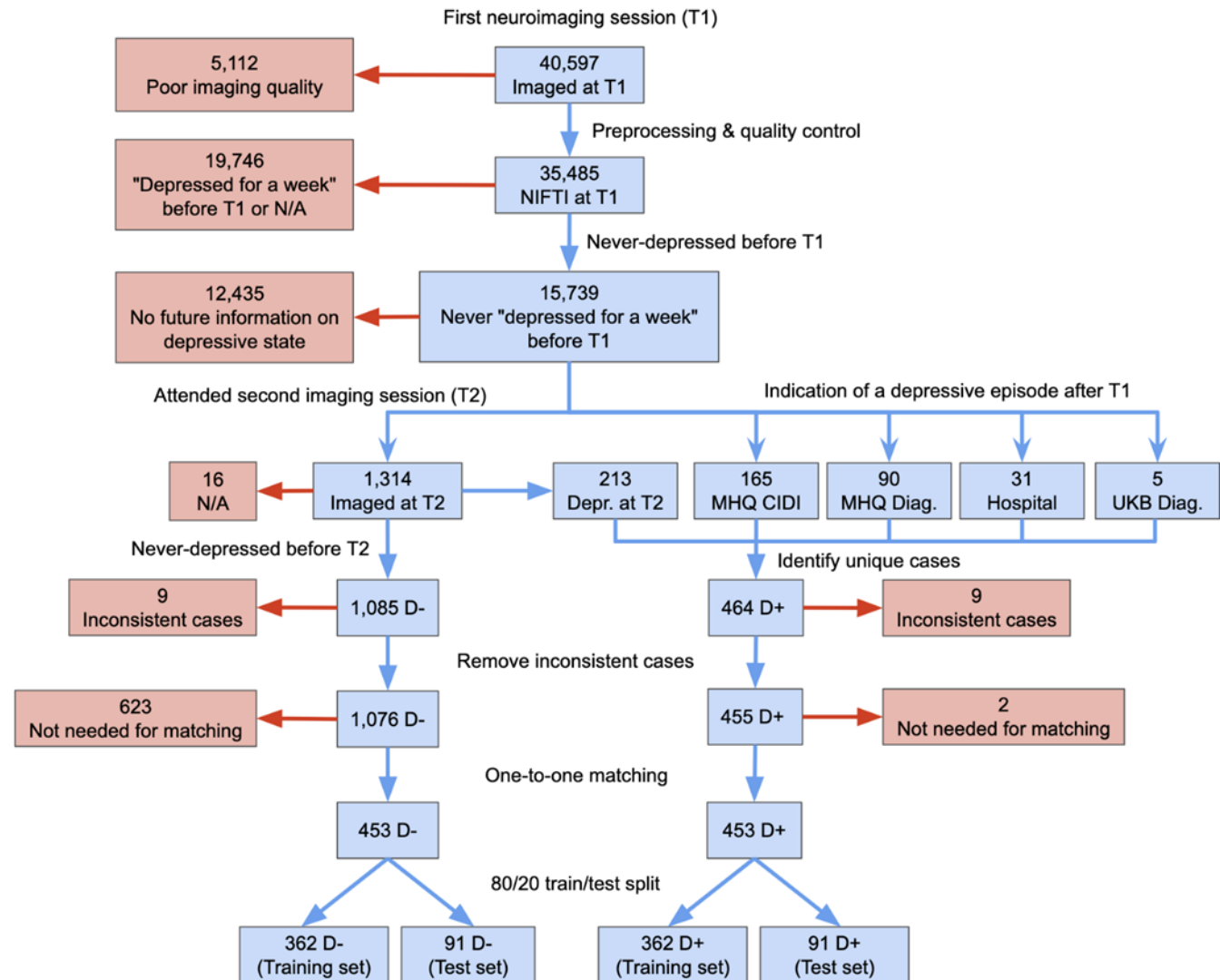
### ③ Prediction: depressive symptoms within next 3 years



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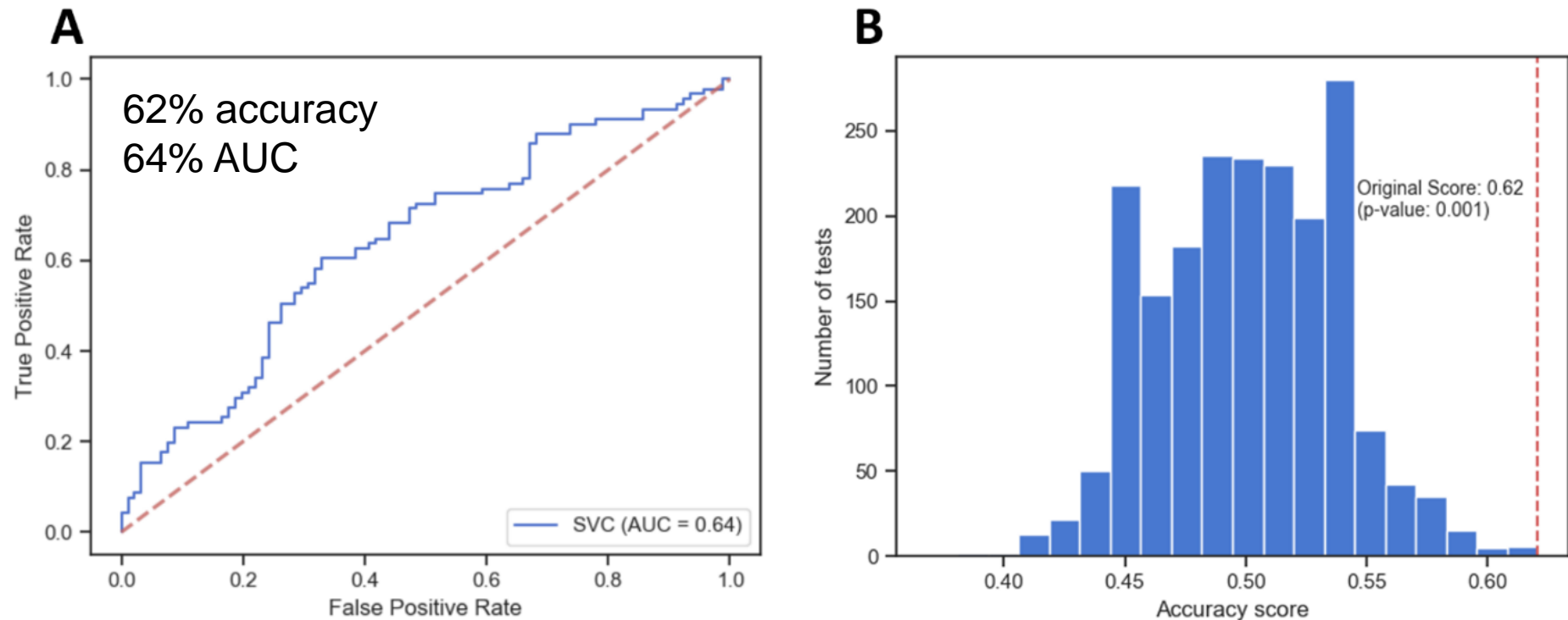
rsfMRI data from UKB  
(N=906):

- N=453 with indication for  $\geq 1$  depressive episode
- N=453 w/o depressive episode
- 1:1 matching for 7 criteria (age, sex, comorbidities)
- 80/20 split into training and test sets



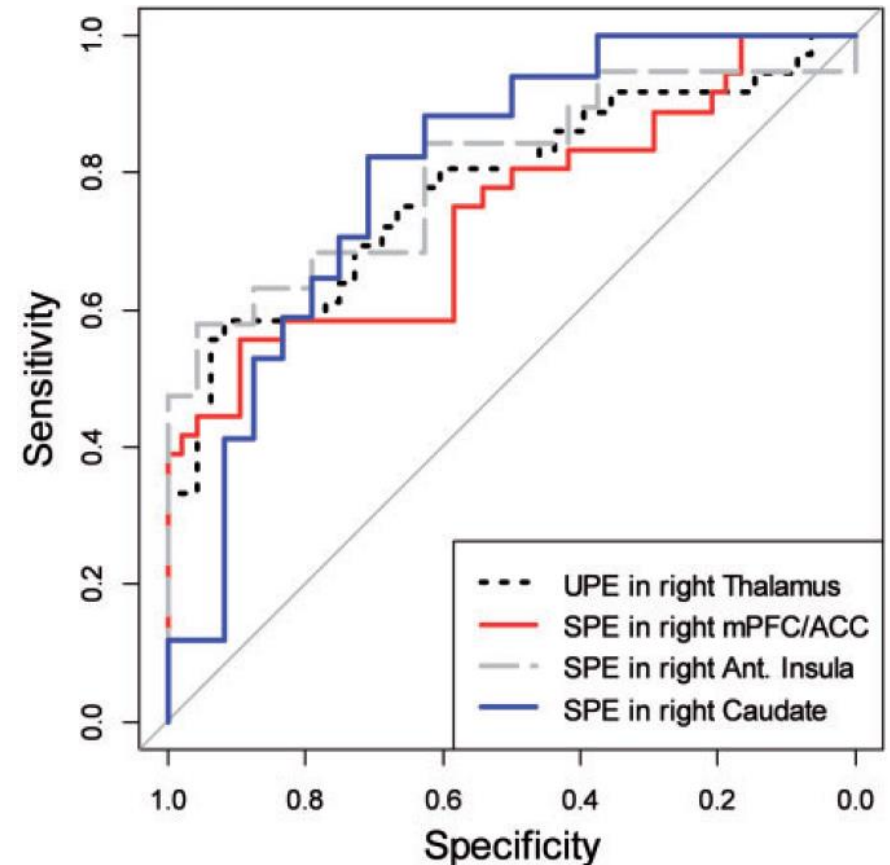
### ③ Prediction: depressive symptoms within next 3 years

Generative embedding (55 IC rDCM + sigmoid SVM):  
Predictive performance on **held-out test set**



### ③ Prediction: future problem use of stimulants

- 88 occasional stimulant users
- "determine whether individual differences in the neural representation of the need to stop in an inhibitory task can predict the development of problem use (i.e. abuse or dependence)"
- fMRI (stop-signal task), Bayesian Hidden Markov Model
- prediction error (PE) activity from 4 brain regions predicted problem use 3 years later
- prediction based on computational variables: sensitivity 62%, specificity 83%
- outperformed predictions based on clinical variables and conventional fMRI analyses



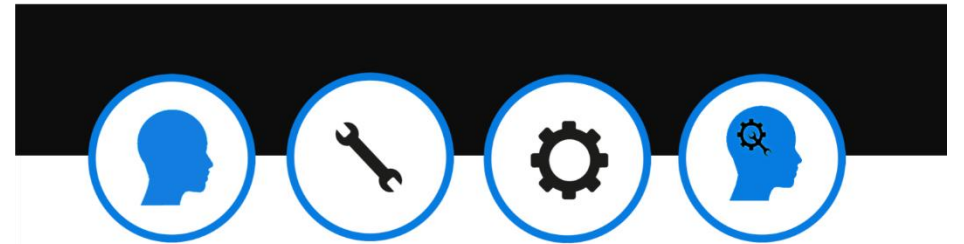
UPE = unsigned PE  
SPE = signed PE

## Final remark:

### What exactly do we mean by "computational"?

- often used in computational psychiatry:  
levels of analysis for an information-processing system (David Marr):
  - **computational level:** what problem does the system solve?
  - **algorithmic level:** which representations and operations are used?
  - **implementational level:** how is the system physically realized?
- this is in conflict with the classical concept of "computation" from computer science
  - “**computation**” = **finite sequence of operations (algorithm)** that transform an input set into an output set
- a better terminology might be to replace the "computational level" with "teleological" or "purpose" level

# CPC 2023

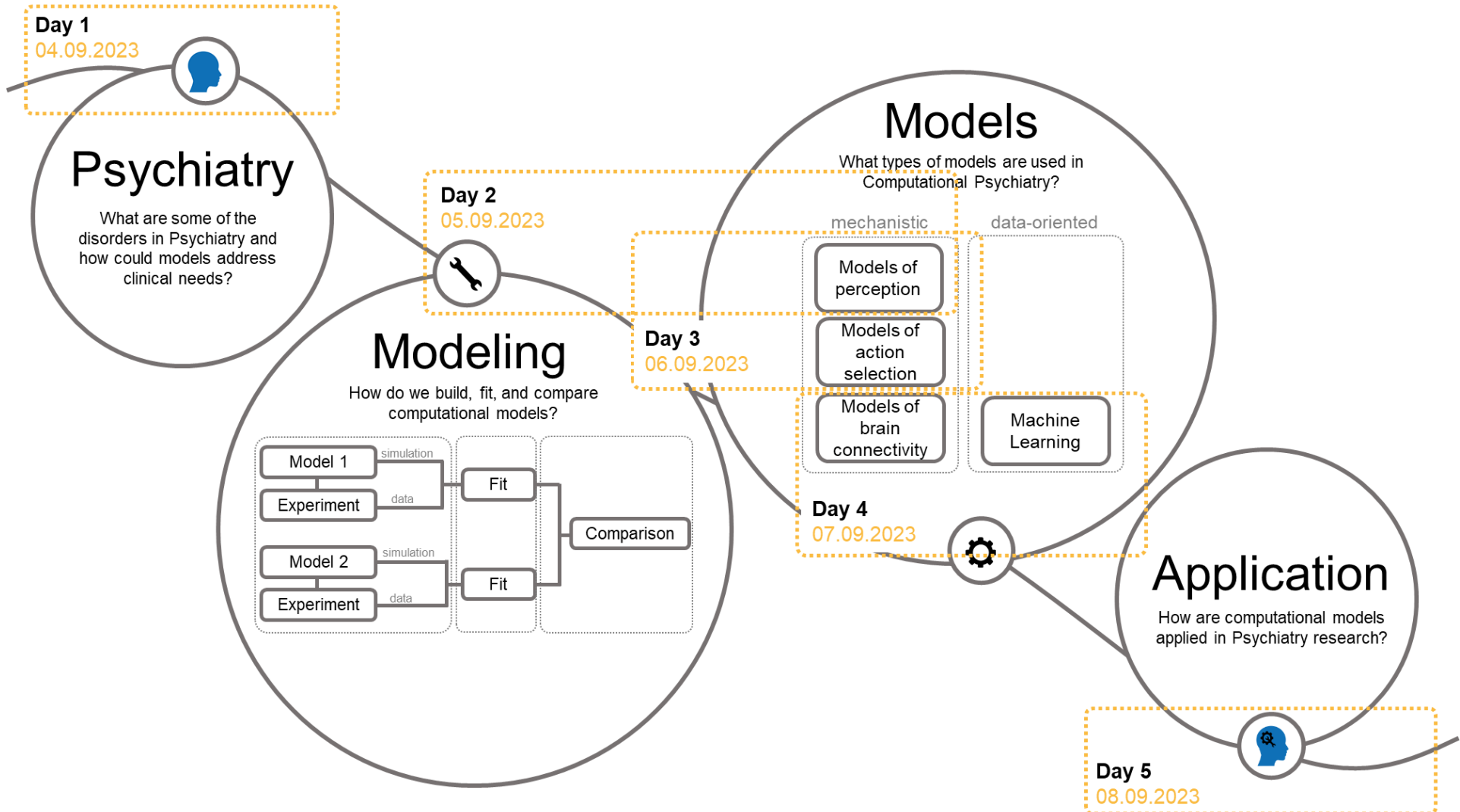


<http://www.translationalneuromodeling.org/cpcourse/>

- 9th international edition
- originated from our local courses on Computational Psychiatry since 2012
- in hybrid mode since 2022
- key features
  - clinical, methodological & application topics
  - covers models of both neurophysiology and behaviour
  - practical exercises with different open source toolboxes
  - >40 presenters from >20 international institutions
  - >350 registered participants



# CPC 2023



# Further reading: reviews on computational psychiatry

- Bennett D, Silverstein SM, Niv Y (2019) The Two Cultures of Computational Psychiatry. *JAMA Psychiatry* 76: 563-564.
- Frässle S, Yao Y, Schöbi D, Aponte EA, Heinzle J, Stephan KE (2018) Generative models for clinical applications in computational psychiatry. *Wiley Interdisciplinary Reviews: Cognitive Science* 9: e1460.
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- Huys Q, Maia T, Frank M (2016) Computational psychiatry as a bridge between neuroscience and clinical applications. *Nat. Neurosci.* 19: 404-413
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- Petzschner FH, Weber LAE, Gard T, Stephan KE (2017) Computational Psychosomatics and Computational Psychiatry: Toward a joint framework for differential diagnosis. *Biological Psychiatry* 82: 421-430.
- Stephan KE, Mathys C (2014) Computational Approaches to Psychiatry. *Current Opinion in Neurobiology* 25:85-92.
- Stephan KE, Iglesias S, Heinzle J, Diaconescu AO (2015) Translational Perspectives for Computational Neuroimaging. *Neuron* 87: 716-732.
- Stephan KE, Schlagenhauf F, Huys QJM, Raman S, Aponte EA, Brodersen KH, Rigoux L, Moran RJ, Daunizeau J, Dolan RJ, Friston KJ, Heinz A (2017) Computational Neuroimaging Strategies for Single Patient Predictions. *NeuroImage* 145:180-199
- Wang XJ, Krystal JH (2014) Computational psychiatry. *Neuron* 84: 638-654.

**Once again, a very warm welcome –  
we hope you will enjoy the CPC 2023!**



<http://www.translationalneuromodeling.org/cpcourse/>