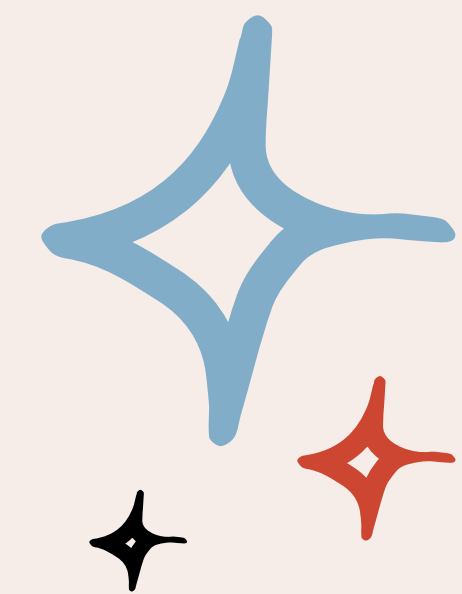




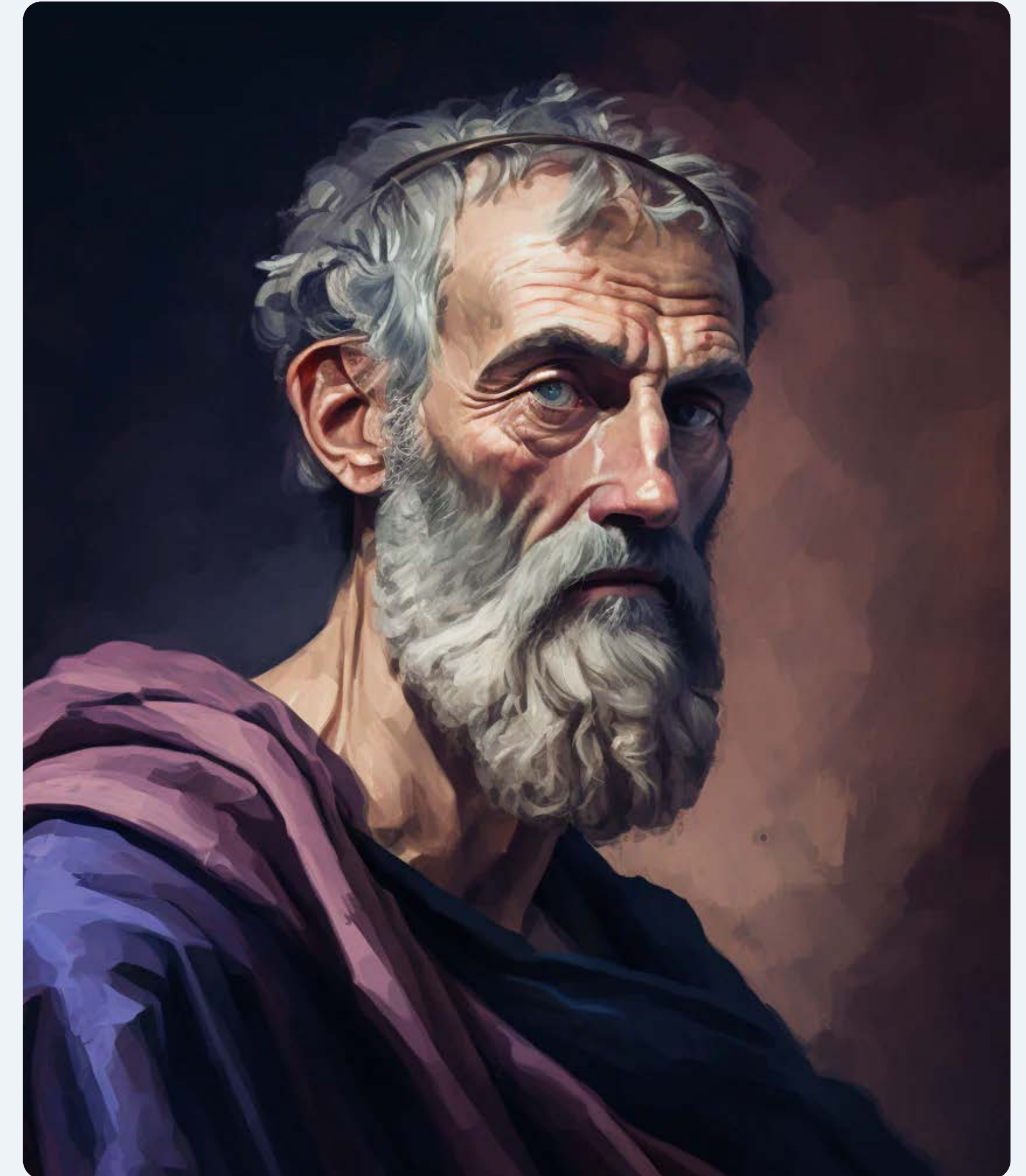
Athens to Algorithms: Zeno as a Tech Leader



Overview

Athens to Algorithms

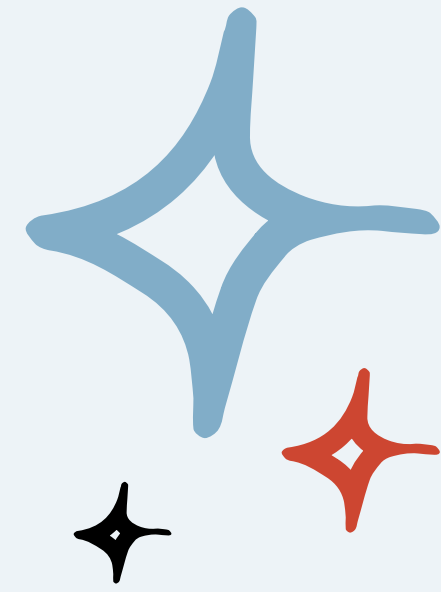
- * Who is Zeno of Citium?
- * Introduction to Stoicism
- * Rational Decision-Making
- * Emotional Resilience in Leadership
- * Continual Self-improvement



The human Andrew Murphy



My Career

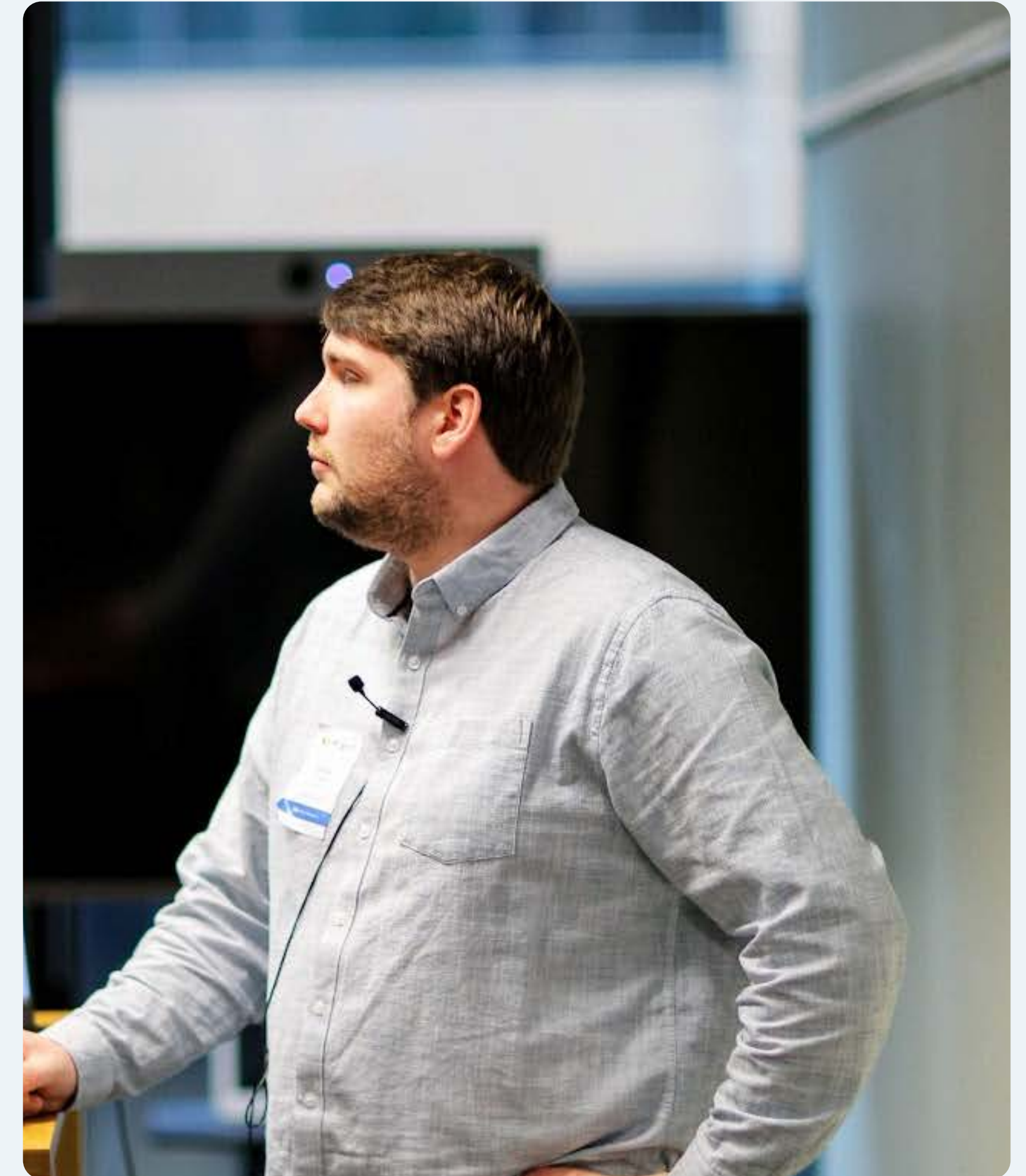


Coder ~ 20 years

Tech Leader ~ 15 years

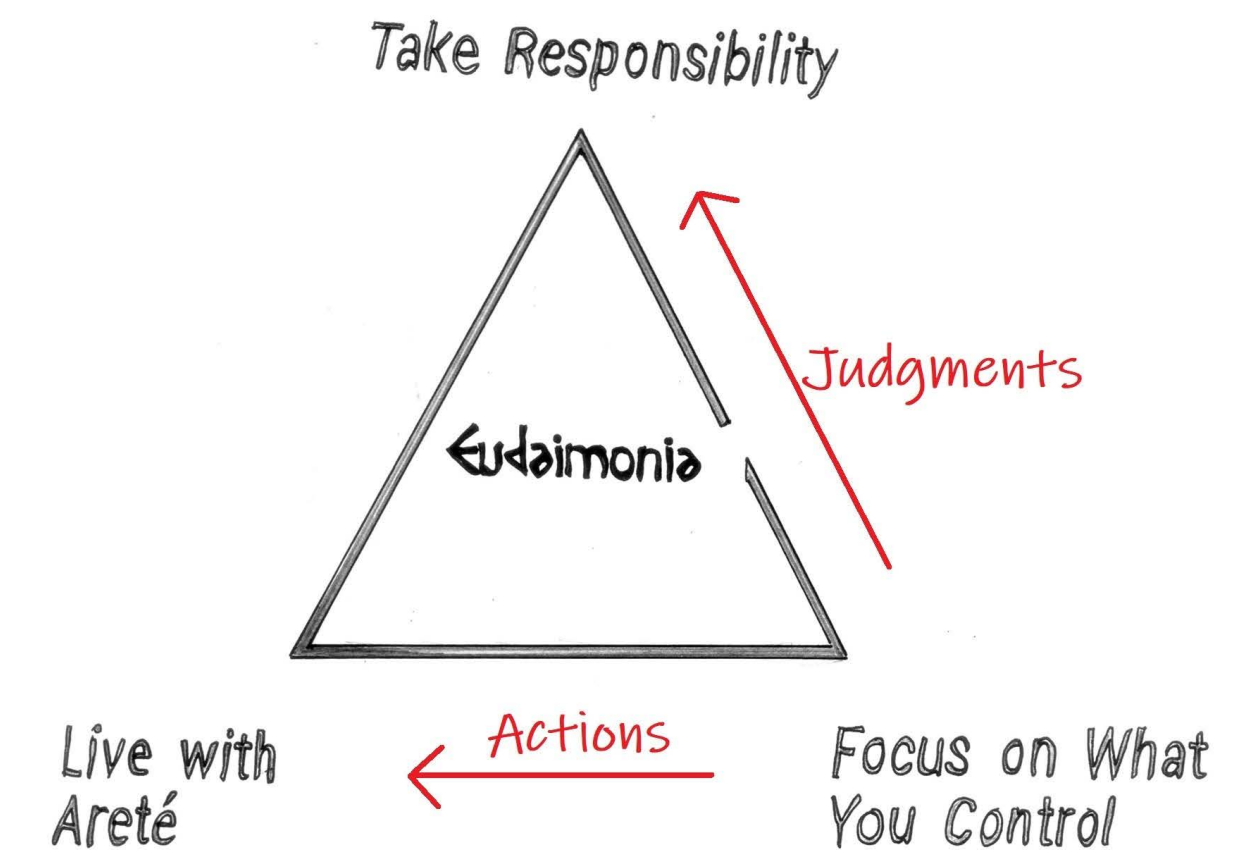
Trainer ~ 5 years

Tech Leaders Launchpad

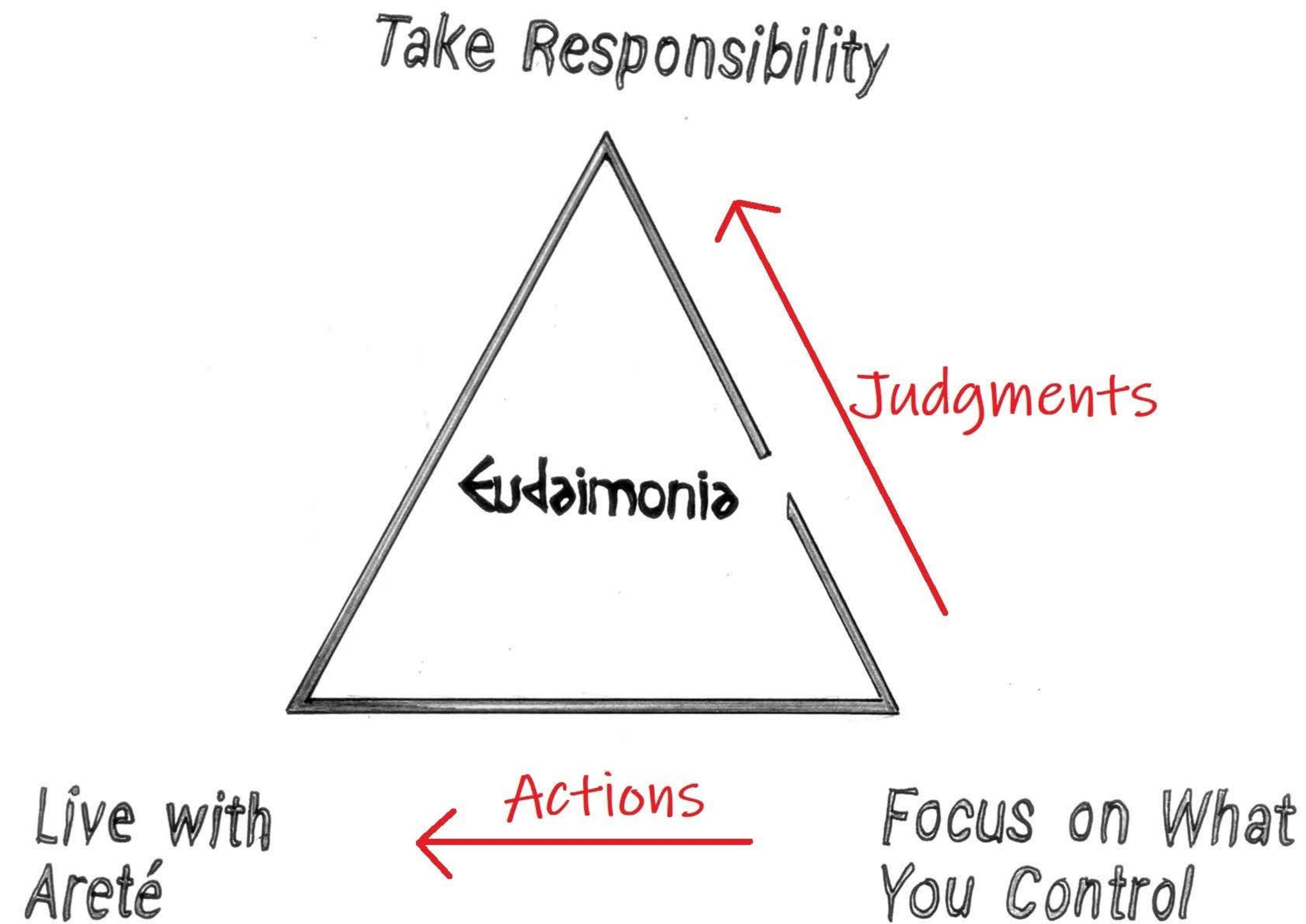




λόγος



Stoicism in one image



No matter what happens to us, we should:

**focus on what
we control**

**take responsibility
for our judgments**

**live with areté by
expressing our best self**



**“What does this have to do
with Tech Leadership?”**



Applying the Stoic Dichotomy of Control to Tech Leadership:

Focus on what we can control



**We can control our actions,
reactions, and attitudes...**

**but not external events or other
people's actions.**

In our control

**Manage our
teams effectively**

**Constantly develop
them and their skills**

**Build environments that
drive innovation**

Not in our control

**Team dynamics
when you join**

Market dynamics

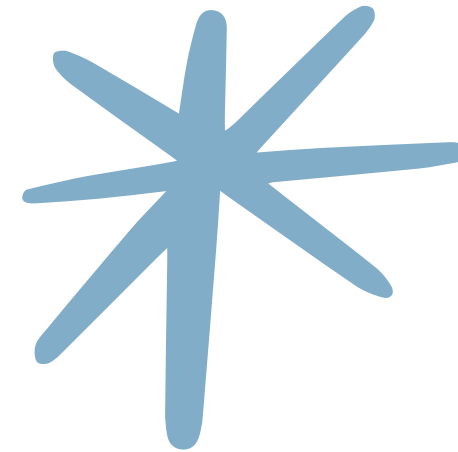
User/client decisions

Rational Decision Making





Take responsibility for our judgments



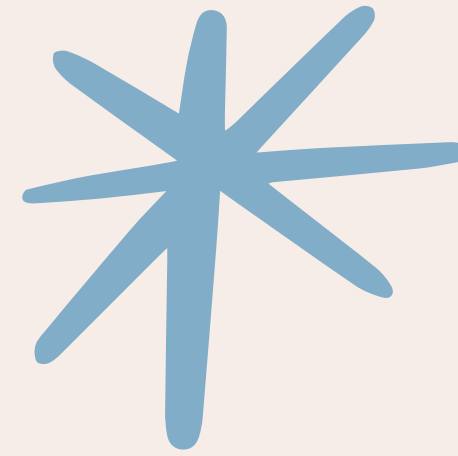
**Our judgments about events,
not the events themselves,
trigger our emotional responses...**



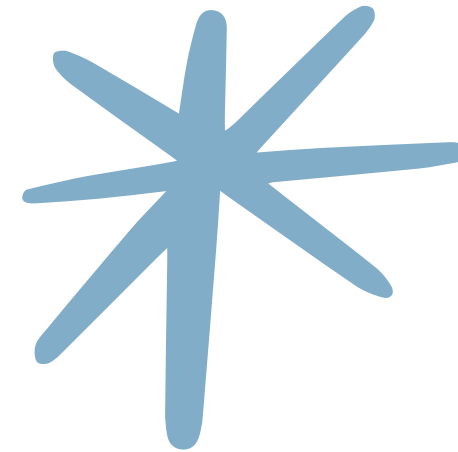
**... and we have the power to
reassess and change them!**



Stress Management through Stoicism and Emotional Resilience



Live with areté by expressing our best self in Tech Leadership



**Living up to your full potential
through empathy and constant
learning and improvement**



**... and setting an example for
others to follow**

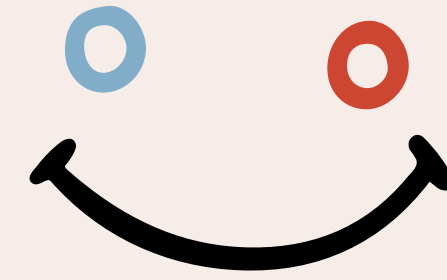
Continual Self-improvement





**“Man conquers the world by
conquering himself”**

- Zeno of Citium



Q&A / Thank you!



Learn more about
Tech Leaders Launchpad
bit.ly/techleaderslaunchpad



LinkedIn
bit.ly/aam-linkedin