

C/ DETAILED GUIDELINE

I. Textile manipulation sample

For each part, you will follow the exact same structure:

- Working process:
 - Write the steps to describe your working process with clear images
 - You can also provide formulas for calculating the exact size of the product
- Reflection (500 words):

Step 1 - Description	Step 2 - Feelings	Step 3 – Evaluation	Step 4 – Analysis	Step 5 – Conclusion	Step 6 – Action Plan
This should be a brief description of the experience or event to set the scene and give context.	Consider what you were thinking and how you felt before the experience. How did you feel during the experience? How did you feel after the experience? This is another short descriptive step, rather than being analytical.	Evaluation looks objectively at both positive and negative aspects of the experience. Describe key elements that went particularly well. Was there anything that did not go well or did not work? If appropriate, you can include what others did or did not do well.	Analysis attempts to explain why the experience was positive or negative and should form the largest section of your reflection. Take into account points made in the previous steps and identify any factors which helped you e.g. previous experiences, carrying out research or consulting with others. Consider your role in the experience and how you contributed to the success of this experience? If things did not go to plan, why do you think this was e.g. lack of preparation or external factors beyond your control? It can be useful to consider other people who were involved in the experience. Did they have similar views or reactions to you? If not, why do you think that was the case?	Focus on what you have learned. Are there any skills you developed as a result of the experience? If so, how would you apply them in future experiences or situations? Are there areas of knowledge or particular skills you now need to develop? Is there anything you would do differently in the future? Try to give specific examples.	What specific actions can you now take to build on your knowledge or skills? You could include any training that would benefit you (formal or otherwise), as well as identifying sources of information or support (people or resources).
Step 1: Description When and where did this happen?	Step 2: Feelings What did you feel before this situation took place?	Step 3: Evaluation What was positive about this situation?		Step 5 Conclusion How could this have been a more positive	

Why were you there?	What did you feel while this situation took place?	What was negative?		experience for everyone involved?	
Who else was there?		What went well?		If you were faced with the same situation again, what would you do differently?	
What happened?	What do you think other people felt during this situation?	What didn't go so well?		What skills do you need to develop, so that you can handle this type of situation better?	
What did you do?	What did you feel after the situation?	What did you and other people do to contribute to the situation (either positively or negatively)?			
What did other people do?	What do you think about the situation now?				
What was the result of this situation?	What do you think other people feel about the situation now?				

Example:

I successfully completed an indigo dyeing fabric using the shibori dyeing technique, despite being new to the process. I chose a butterfly clip pattern and soaked the fabric in soda ash for 20 minutes. After dipping the fabrics into the red indigo vat, they washed and cleaned. The fabric was then placed on a header card. I noted that the butterfly clip pattern was not visible on the inside, and the fabric did not turn green after dipping. I suggest that more clips and dividing folding layers could have been used. The workshop helped me understand the fabric dyeing process and develop my own indigo dyeing patterns. To improve my technique, I plan to collect materials like indigo powder and baking soda and try other patterns.

II. Stitch story & textile sample

- Identity story:
 - Self-Exploration, reflecting on your life experiences, identifying your passions and interests, exploring external sources of inspiration (books, art, nature, etc.), seeking inspiration from other people's stories, embracing change and growth in your personal story, seeking feedback and evolving your narrative.

Example:

I grew up in a small fishing village in Phan Thiet, Vietnam, where I was taught about the Sperm Whale, a sacred spirit to fishermen. The sailors believed the whale represented the Hai Nam God, the God of the Northern Sea. The boats were painted with eyes to represent these spirits, symbolizing the fierce protection and hope for safety and prosperity. I feel a sense of determination to fulfill my family's hopes and dreams, and the whale represents the faith and protection of fishermen and their families.

- Design and reasoning:
 - Identify key elements, explain the symbolism, interpret the colors and their significance, describe how the arrangement creates the shape...

Example:

I created two whale images using wave and wood patterns, representing my origins and childhood memories. The wood line represents the boat's material, while the ocean waves symbolize the whales' natural habitat. The circle represents hope and love, while orange symbolizes energy, warmth, happiness, and blue represents faith and sincerity. The shape of the whales and circle resembles an eye, representing culture and values. The stitching used double stitch, chain stitch, fairy light stitch, and meandering stitch for the whales and wave patterns. The hope ball symbolizes the sun at dawn on the beach.

- Final sample: Provide pictures of the embroidery (front & back)
- Working process:
 - Write the steps to describe your working process with clear images
 - You can also provide formulas for calculating the exact size of the product
- Reflection on your embroidery (500 words)

III. Print generation & development

- Idea generation: Summarize your story from last part

- Inspirational images: Provide photos, prints, drawings or illustrations that reflect your story and explain why you chose it.
- Pattern development: identity print design generation and development, create an original print idea through hand or computer rendering → explain the process (this can be similar to your stitching story)
- Color scheme: offer the print in three variations: three color schemes → finalize your choice and shortly explain why it suits your concept.
- Different scales: three different sizes (multiply your work then zoom in, zoom out your work) → finalize your choice and shortly explain why it suits your concept.
- Pattern structures: three pattern/repeat structures (rotate, reflect, multiply, repeat your work) (Adobe Capture is recommended) → finalize your choice and shortly explain why it suits your concept.
- Pattern placement: apply the print digitally to the garment in six versions (Clipping mask in Adobe Illustrator or Adobe Photoshop is recommended)
- Final pattern placement and textile manipulation: finalize your pattern placement choice and pick a textile manipulation from part I and shortly explain why it suits your concept.
- Working process: capture your process of working from hand-drawings, Adobe Photoshop, Adobe Illustrator, Adobe Capture, Adobe Procreate,...
- Reflection on your print (500 words) (this can be similar to your stitching story)

IV. Assignment reflection

- Reflection on your overall assignment (500 words)

Examples:

I completed an assignment involving textile manipulation samples, stitch stories, and digital patterns. Despite the heavy workload and limited time, they were able to complete the task efficiently. I also learned to operate a sewing machine and stitch samples to header cards. The assignment damaged my self-funded budget, but I was satisfied with their work. I gained knowledge and understanding of textile manipulations through digital apps and learned to fix needles. To continue working on assignment 3, I plan to complete subtraction cutting dress, knit as part of garment, and learn sewing.

D/ TIPS

- Take as many pictures as possible!
- Write the steps in bullet points for easier reading
- Think simple, find inspiration around yourself, your childhood,... then idea will flow as you are doing
- Adobe Capture is strongly recommended to create your pattern