JAMES CONIGRAVE

Researcher — Motivation, substance use and public health

I am a Research Fellow at the Centre for Alcohol Policy Research (CAPR), La Trobe University, with a background in psychology. I am interested in what helps people make better decisions about their health, particularly in understanding motivation for behaviour change and risk taking. I have focused on building skills in biostatistics and programming, and have supported the ongoing development of the Grog Survey App.

ACADEMIC EXPERIENCE

	—	ACADEMIC EXPERIENCE
Present 2024	•	Research Fellow Centre for Alcohol Policy Research, La Trobe University ◆ Bundoora, Vic
2024 2023		Academic Lead, Academic Workforce (Secondment) Office of the Provost, Australian Catholic University ◆ North Sydney, NSW
2024 2023		Research Fellow Institute for Positive Psychology and Education, Australian Catholic University North Sydney, NSW
2022 2018	•	Research Fellow Centre of Research Excellence: Indigenous Health + Alcohol, The University of Sydney Camperdown, NSW
2017 2015	•	Research Assistant Institute for Positive Psychology and Education, Australian Catholic University • North Sydney, NSW
		PROFESSIONAL EXPERIENCE
2014	•	Health Promotion Officer Sydney North Shore and Beaches Medicare Local ◆ North Sydney, NSW
2014 2013		Mental Health Coordinator Sydney North Shore and Beaches Medicare Local ♥ Frenchs Forest, NSW
		EDUCATION
2019 2015	•	PhD, Psychology Institute for Positive Psychology and Education, Australian Catholic University ◆ North Sydney, NSW
2014	•	Certificate IV in Project Management Northern Sydney Institute of TAFE ◆ Crows Nest, NSW
2012 2011	•	Masters of Public Health The University of Sydney Camperdown, NSW Camperdown, NSW

CONTACT INFO

a conigrave.com

scopus profile

G google scholar

github.com/conig

SKILLS

Statistical analysis, data-manipulation, dashboards, writing, public speaking

Programming: R, Julia, Python, lua

Document creation: LaTeX, Markdown, HTML, CSS

Plugin creation: R, neovim

Adobe suite: Indesign, Photoshop,

After effects

ACADEMIC METRICS

Grant funding: 10.8M

Publications: 48

Citations: 919

DISCLAIMER

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Updated: 2025-04-03 11:00:50 AEDT

2010 BA Psychology & B Health
Macquarie University
2007

Macquarie, NSW

SELECT GRANTS

K Lee, S Wilson, N Hewlett, JH Conigrave, T Weatherall, M Dzidowska, K Glover, N Reid, K Black, M Tracy, (2025). BubSafe': Co-creating Australia's first integrated digital health tool to prevent alcohol use during pregnancy among Aboriginal and Torres Strait Islander peoples. National Health and Medical Research Council
 — \$3,959,976

K Lee, JH Conigrave, S Wilson, N Hayman, K Conigrave, N Percival, T Chikritzhs, A Dawson, M Tracy, K Morley, M Doyle, M Fitts, T Weatherall (2024). Making it easier for Aboriginal and Torres Strait Islander primary health care services to screen for risky drinking and provide tailored feedback: adapting the Grog Survey App. Medical Research Future Fund (MRFF) Primary Health Care Digital Innovations
 \$3,466,749

KSK Lee, S Wilson, K Conigrave, T Chikritzhs, N Hayman, A Dawson, R Ali, JH Conigrave (CIH), M Fitts (2019). Better data on methamphetamines and other drugs among Indigenous Australians to inform policy and practice. National Health and Medical Research Council — \$2,630,000

SUPERVISION

2022 • Teagan Weatherall

PhD Student

— Auxillary Supervisor

R PACKAGES

- 2025 <u>JH Conigrave</u> (2025). revise: Dynamic Revision Letters for 'Rmarkdown' Manuscripts *CRAN*. https://github.com/conig/revise
 - 425 downloads
- 2019 JH Conigrave (2019). corx: Create and Format Correlation Matrices. *CRAN*. https://conigrave.com/corx
 - 31,757 downloads
- 2017 JH Conigrave (2017). Conigrave: Flexible Tools for Multiple Imputation. *CRAN*. https://CRAN.R-project.org/package=Conigrave
 - 40,748 downloads

PUBLICATIONS

KSK Lee, JH Conigrave, E Dale, KM Conigrave, M Dzidowska, T Reynolds, S Wilson, J Perry, D Manton, A Lee, N Hayman, C Zheng, M Fitts, D Wilson, A Dawson (2025).
 Acceptability and quality of the 'Grog Survey App'brief intervention: Helping Aboriginal Australians reflect on their drinking using a digital health tool. *Drug and Alcohol Review*, 44 (1), 119-132. https://doi.org/10.1111/dar.13964
 — 8 tweets

- EL Bradshaw, JJ Duineveld, <u>JH Conigrave</u>, BA Steward, KA Ferber, M Joussemet, PD Parker, RM Ryan (2024). Disentangling autonomy-supportive and psychologically controlling parenting: A meta-analysis of self-determination theory's dual process model across cultures. *American Psychologist*. https://doi.org/10.1037/amp0001389
 13 citations, 1 tweet, 2 mainstream media outlets
- <u>JH Conigrave</u>, KSK Lee, T Dobbins, S Wilson, Jé Padarian, R Ivers, K Morley, PS Haber, J Vnuk, K Marshall, K Conigrave (2024). No improvement in AUDIT-C screening and brief intervention rates among wait-list controls following support of Aboriginal Community Controlled Health Services: evidence from a *BMC Health Services Research*, 24 (1), 813. https://doi.org/10.1186/s12913-024-11214-6
- <u>JH Conigrave</u>, S Wilson, KM Conigrave, J Perry, N Hayman, TN Chikritzhs, D Wilson, C Zheng, TJ Weatherall, KSK Lee (2024). Countering stereotypes: Exploring the characteristics of Aboriginal Australians who do not drink alcohol in a community representative sample. *Drug and alcohol review*, 43 (6), 1523-1533. https://doi.org/10.1111/dar.13907

 8 tweets
- M Dzidowska, KSK Lee, <u>JH Conigrave</u>, S Wilson, N Hayman, R Ivers, J Vnuk, P Haber, KM Conigrave (2024). Supporting alcohol brief interventions and pharmacotherapy provision in Australian First Nations primary care: exploratory analysis of a cluster randomised trial. *BMC primary care*, 25 (1), 351. https://doi.org/10.1186/s12875-024-02598-9

 1 tweet
- Aš Gába, TB Hartwig, Pín Jašková, T Sanders, J Dygrýn, Oře Vencálek, D Antczak, JH Conigrave, P Parker, BdP Cruz, SJ Fairclough, S Halson, K Hron, M Noetel, M Ávila-García, V Cabanas-Sánchez, Ián Cavero-Redondo, RG Curtis, BGGd Costa, Jd Pozo-Cruz, A García-Hermoso, AA Leahy, DR Lubans, CA Maher, D Martínez-Gómez, K Meredith-Jones, Aés Redondo-Tébar, Sév Sabia, KS Silva, P Skidmore, E Villa-González, MS Yerramalla, C Lonsdale (2024). Reallocating Time Between 24-h Movement Behaviors for Obesity Management Across the Lifespan: A Pooled Data Meta-Analysis of More Than 9800 Participants from Seven Countries. Sports Medicine, 1-14. https://doi.org/10.1007/s40279 -024-02148-4 2 citations, 32 tweets
- T Sanders, M Noetel, P Parker, BDP Cruz, S Biddle, R Ronto, R Hulteen, R Parker, G Thomas, KD Cocker, J Salmon, K Hesketh, N Weeks, H Arnott, E Devine, R Vasconcellos, R Pagano, J Sherson, JH Conigrave, C Lonsdale (2024). An umbrella review of the benefits and risks associated with youths' interactions with electronic screens. *Nature Human Behaviour*, 8 (1), 82-99. https://doi.org/10.1038/s41562-023-01712-8

 58 citations, 355 tweets, 65 mainstream media outlets
- TJ Weatherall, <u>JH Conigrave</u>, KSK Lee, J Vnuk, R Ivers, N Hayman, S Wilson, D Gray, KM Conigrave (2024). Alcohol screening in 22 Australian aboriginal community controlled health Organisations: clinical context and who is screened. *Drug and Alcohol Review*, 43 (5), 1226-1234. https://doi.org/10.1111/dar.13851

— 1 citation, 10 tweets

- C Adams, N Perry, <u>JH Conigrave</u>, T Hurzeler, J Stevens, KPY Dunbar, A Sweeney, K Lee, G Sutherland, P Haber, KC Morley (2023). Central markers of neuroinflammation in alcohol use disorder: a meta-analysis of neuroimaging, cerebral spinal fluid, and postmortem studies. *Alcohol: Clinical and Experimental Research*, 47 (2), 197-208. https://doi.org/10.1111/acer .14992
 - 10 citations, 10 tweets
- EL Bradshaw, <u>JH Conigrave</u>, BA Steward, KA Ferber, PD Parker, RM Ryan (2023). A metaanalysis of the dark side of the American dream: Evidence for the universal wellness costs of prioritizing extrinsic over intrinsic goals. *Journal of Personality and Social Psychology*, 124 (4), 873. https://doi.org/10.1037/pspp0000431 — 64 citations, 149 tweets, 25 mainstream media outlets
- MS Chambers, A Shakeshaft, L Mills, A Clifford-Motopi, <u>JH Conigrave</u>, D James, AD Tran (2023). Trajectories of psychological distress of men treated at Aboriginal residential rehabilitation services for alcohol and drug misuse. *International Journal of Mental Health and Addiction*, *1-19*. https://doi.org/10.1007/s11469-023-01217-5
- JH Conigrave, EK Devine, KSK Lee, T Dobbins, J Vnuk, N Hayman, K Conigrave (2023).
 Unintended consequences: Alcohol screening at urban Aboriginal Community Controlled Health Services was suppressed during COVID-19 lockdowns. *Drug and alcohol review*, 42 (7), 1633-1638. https://doi.org/10.1111/dar.13761
 1 citation, 6 tweets
- KSK Lee, JH Conigrave, S Wilson, J Perry, N Hayman, T Chikritzhs, R Room, TJ Weatherall, C Zheng, KM Conigrave (2023). Deeper understandings of patterns of drinking among Aboriginal and Torres Strait Islander Australians: Informing policy and practice. Health promotion journal of Australia, 34 (4), 883. https://doi.org/10.1002/hpja.696
 5 tweets
- KSK Lee, S Wilson, AE Stearne, N Hayman, JH Conigrave, M Doyle, L Bullen, TJ Weatherall, D James, T Reynolds, J Perry, KM Conigrave, Members, Investigators, IAGasotCoREiIHa Alcohol (2023). Walking side-by-side: Supporting Aboriginal and Torres Strait Islander Australians to lead the way in alcohol research. Drug and Alcohol Review, 42 (2), 241-247. https://doi.org/10.1111/dar.13523
 2 citations, 14 tweets
- G Purcell-Khodr, <u>JH Conigrave</u>, KSK Lee, J Vnuk, KM Conigrave (2023). Low rates of prescribing alcohol relapse prevention medicines in Australian Aboriginal Community Controlled Health Services. *Drug and alcohol review*, 42 (7), 1606-1616. https://doi.org/10.1111/dar.13708
 - 2 citations, 8 tweets
- <u>JH Conigrave</u>, KSK Lee, PS Haber, J Vnuk, MF Doyle, KM Conigrave (2022). More than three times as many Indigenous Australian clients at risk from drinking could be supported if clinicians used AUDIT-C instead of unstructured assessments. *Addiction Science & Clinical Practice*, 17 (1), 23. https://doi.org/10.1186/s13722-022-00306-5

 8 citations
- <u>JH Conigrave</u>, S Wilson, KM Conigrave, T Chikritzhs, N Hayman, A Dawson, R Ali, J Perry, MS Fitts, L Degenhardt, M Doyle, S Egert, T Slade, N Ezard, M Dzidowska, KSK Lee (2022). 'The Drug Survey App': a protocol for developing and validating an interactive population survey tool for drug use among Aboriginal and Torres Strait Islander Australians. *Addiction Science & Clinical Practice*, *17* (1), *17*. https://doi.org/10.1186/s13722-022-00298

— 3 citations

2022 DB James, KSK Lee, M Dronavalli, RJ Courtney, KM Conigrave, JH Conigrave, A Shakeshaft (2022). Predictors of length of treatment, discharge reason, and re-admission to Aboriginal alcohol and other drug residential rehabilitation services in New South Wales, Australia. Drug and Alcohol Review, 41 (3), 603-615. https://doi.org/10.1111/dar.13388 — 6 citations C Zheng, JH Conigrave, KM Conigrave, S Wilson, J Perry, TN Chikritzhs, MS Fitts, KSK 2022 Lee (2022). Patterns of drinking in Aboriginal and Torres Strait Islander peoples as selfreported on the Grog Survey App: a representative urban and remote sample. *Drug and* Alcohol Review, 41 (1), 114-124. https://doi.org/10.1111/dar.13333 — 20 citations, 11 tweets JH Conigrave, EL Bradshaw, KM Conigrave, RM Ryan, S Wilson, J Perry, MF Doyle, KSK 2021 Lee (2021). Alcohol consumption and dependence is linked to the extent that people experience need satisfaction while drinking alcohol in two Aboriginal and Torres Strait Islander communities. *Addiction Science & Clinical Practice*, 16, 1-11. https://doi.org/10 .1186/s13722-021-00231-z — 11 citations, 6 tweets, 1 mainstream media outlet 2021 JH Conigrave, KH Harrison, KSK Lee, TA Dobbins, B Hummerston, N Hayman, J Perry, R Ivers, PS Haber, S Wilson, D Johnson, KM Conigrave (2021). Support can increase use of the AUDIT-C in Australian Aboriginal Community Controlled Health Services: a cluster randomised trial. *Addiction*. https://doi.org/10.1111/add.15428 — 18 citations, 12 tweets JH Conigrave, KM Conigrave, S Wilson, KSK Lee (2021). Indigenous Australian drinking 2021 risk: Comparing risk categorisations based on recall of recent drinking occasions to AUDIT-C screening in a representative sample. *Drug and Alcohol Review*. — 3 citations E Dale, KSK Lee, KM Conigrave, JH Conigrave, R Ivers, K Clapham, PJ Kelly (2021). A 2021 multi-methods yarn about SMART Recovery: First insights from Australian Aboriginal facilitators and group members. Drug and alcohol review. 2021 JN Donald, EL Bradshaw, JH Conigrave, PD Parker, LL Byatt, M Noetel, RM Ryan (2021). Paths to the light and dark sides of human nature: A meta-analytic review of the prosocial benefits of autonomy and the antisocial costs of control. Psychological Bulletin, 147 (9), 921. https://doi.org/10.1037/bul0000338 — 55 citations, 35 tweets, 6 mainstream media outlets M Dzidowska, KSK Lee, JH Conigrave, TA Dobbins, B Hummerston, S Wilson, PS Haber, D 2021 Gray, KM Conigrave (2021). Support for Aboriginal health services in reducing harms from alcohol: 2-year service provision outcomes in a cluster randomized trial. Addiction (Abingdon, England). https://doi.org/10.1111/add.15712 — 12 citations, 7 tweets KSK Lee, JH Conigrave, MA Ansari, S Wilson, J Perry, C Zheng, B Freeburn, R Room, S 2021 Callinan, N Hayman, T Chikritzhs, T Slade, D Gray, KM Conigrave (2021). Acceptability and feasibility of a computer-based application to help Aboriginal and Torres Strait Islander Australians describe their alcohol consumption. Journal of Ethnicity in Substance Abuse, 1-18. https://doi.org/10.1080/15332640.2019.1579144 — 32 citations, 9 mainstream media outlets TJ Weatherall, JH Conigrave, KM Conigrave, J Perry, S Wilson, R Room, MS Fitts, N 2021 Hayman, KSK Lee (2021). Prevalence and correlates of alcohol dependence in an Australian Aboriginal and Torres Strait Islander representative sample: Using the Grog Survey App.

Drug and Alcohol Review. https://doi.org/10.1111/dar.13292

— 19 citations, 13 tweets, 1 mainstream media outlet

2021 TJ Weatherall, JH Conigrave, KM Conigrave, J Perry, S Wilson, R Room, T Chikritzhs, KSK Lee (2021). Alcohol dependence in a community sample of Aboriginal and Torres Strait Islander Australians: harms, getting help and awareness of local treatments. Addiction science & clinical practice, 16, 1-11. https://doi.org/10.1186/s13722-021-00274-2 — 4 citations DT Winter, B Geiger, K Morley, JH Conigrave, PS Haber, BC Riordan (2021). Are bottle 2021 shops using Twitter to increase advertising or encourage drinking during COVID-19? Australian and New Zealand journal of public health, 45 (4), 391-393. https://doi.org/10.1111 /1753-6405.13118 — 1 citation, 13 tweets, 1 mainstream media outlet C Adams, JH Conigrave, J Lewohl, P Haber, KC Morley (2020). Alcohol use disorder and 2020 circulating cytokines: A systematic review and meta-analysis. Brain, Behavior, and Immunity, 89, 501-512. https://doi.org/10.1016/j.bbi.2020.08.002 — 87 citations, 10 tweets 2020 JH Conigrave, KSK Lee, C Zheng, S Wilson, J Perry, T Chikritzhs, T Slade, K Morley, R Room, S Callinan, N Hayman, KM Conigrave (2020). Drinking risk varies within and between Australian Aboriginal and Torres Strait Islander samples: a meta-analysis to identify sources of heterogeneity. *Addiction*, 115 (10), 1817-1830. https://doi.org/10.1111/add.15015 — 34 citations, 16 tweets 2020 M Dzidowska, KSK Lee, C Wylie, J Bailie, N Percival, JH Conigrave, N Hayman, KM Conigrave (2020). A systematic review of approaches to improve practice, detection and treatment of unhealthy alcohol use in primary health care: a role for continuous quality improvement. *BMC family practice*, 21, 1-22. https://doi.org/10.1186/s12875-020-1101-x — 34 citations, 4 tweets, 1 mainstream media outlet 2020 KSK Lee, MS Fitts, JH Conigrave, C Zheng, J Perry, S Wilson, DA Chee, S Bond, K Weetra, TN Chikritzhs, T Slade, KM Conigrave (2020). Recruiting a representative sample of urban South Australian Aboriginal adults for a survey on alcohol consumption. BMC Medical Research Methodology, 20, 1-11. https://doi.org/10.1186/s12874-020-01067-y — 24 citations, 1 tweet 2020 GC Purcell-Khodr, KSK Lee, <u>JH Conigrave</u>, E Webster, KM Conigrave (2020). What can primary care services do to help First Nations people with unhealthy alcohol use? A systematic review: Australia, New Zealand, USA and Canada. Addiction Science & Clinical *Practice*, 15, 1-21. https://doi.org/10.1186/s13722-020-00204-8 — 18 citations, 11 tweets SA Rombouts, JH Conigrave, R Saitz, E Louie, P Haber, KC Morley (2020). Evidence based 2020 models of care for the treatment of alcohol use disorder in primary health care settings: a systematic. . https://doi.org/10.1186/s12875-020-01288-6 — 2 tweets SA Rombouts, JH Conigrave, R Saitz, E Louie, P Haber, KC Morley (2020). Evidence based 2020 models of care for the treatment of alcohol use disorder in primary health care settings: a systematic review. BMC family practice, 21, 1-17. https://doi.org/10.1186/s12875-020-01288 -6 — 16 citations, 2 tweets 2020 TJ Weatherall, KM Conigrave, JH Conigrave, KSK Lee (2020). What is the prevalence of current alcohol dependence and how is it measured for Indigenous people in Australia, New Zealand, Canada and the United States of America? A Addiction Science & Clinical Practice, 15, 1-11. https://doi.org/10.1186/s13722-020-00205-7

— 27 citations, 14 tweets

2019 JH Conigrave, BK Sahdra, BV Zanden, J Ciarrochi (2019). The Benefits of Believing You Can Change: Incremental Theories Weaken the Links Between Low Self-esteem and Negative Outcomes. PsyArXiv. July, 30. https://doi.org/10.31234/osf.io/emdb9 — 1 tweet 2019 E Dale, PJ Kelly, KSK Lee, JH Conigrave, R Ivers, K Clapham (2019). Systematic review of addiction recovery mutual support groups and Indigenous people of Australia, New Zealand, Canada, the United States of America and Hawaii. Addictive Behaviors, 98. https://doi.org/10 .1016/j.addbeh.2019.106038 — 41 citations, 3 tweets KH Harrison, KSK Lee, T Dobbins, S Wilson, N Hayman, R Ivers, PS Haber, JH Conigrave, 2019 D Johnson, B Hummerston, D Gray, K Conigrave (2019). Supporting Aboriginal Community Controlled Health Services to deliver alcohol care: protocol for a cluster randomised controlled trial. *BMJ open*, 9 (11). https://doi.org/10.1136/bmjopen-2019-030909 — 21 citations, 1 tweet 2019 KSK Lee, JH Conigrave, S Callinan, S Wilson, R Room, J Perry, T Slade, TN Chikritzhs, N Hayman, T Weatherall, G Leggat, D Gray, KM Conigrave (2019). Asking about the last four drinking occasions on a tablet computer as a way to record alcohol consumption in Aboriginal and Torres Strait Islander Australians: a validation. Addiction Science & Clinical Practice, 14 (1), 15. https://doi.org/10.1186/s13722-019-0148-2 — 38 citations, 2 tweets KSK Lee, JH Conigrave, S Wilson, J Perry, N Hayman, C Zheng, MA Ansari, M Doyle, R 2019 Room, S Callinan, T Chikritzhs, T Slade, KM Conigrave (2019), Patterns of drinking in Aboriginal and Torres Strait Islander peoples as self-reported on the Grog Survey App: a stratified sample. BMC Medical Informatics and Decision Making, 19 (1), 180. https://doi.org /10.1186/s12911-019-0879-8 — 18 citations, 10 tweets 2019 KSK Lee, JH Conigrave, S Wilson, J Perry, S Callinan, R Room, TN Chikritzhs, T Slade, N Hayman, G Leggat, KM Conigrave (2019). Short screening tools for risky drinking in Aboriginal and Torres Strait Islander Australians: modified AUDIT-C and a new approach. Addiction Science & Clinical Practice, 14 (1), 22. https://doi.org/10.1186/s13722-019-0152-6 — 22 citations, 1 tweet HW Marsh, BV Zanden, PD Parker, J Guo, JH Conigrave, M Seaton (2019). Young women 2019 face disadvantage to enrollment in university STEM coursework regardless of prior achievement and attitudes. American Educational Research Journal, 56 (5), 1629-1680. https: //doi.org/10.3102/0002831218824111 — 52 citations, 2 tweets, 2 mainstream media outlets SA Rombouts, JH Conigrave, E Louie, P Haber, KC Morley (2019). Evidence-based models 2019 of care for the treatment of alcohol use disorder in primary health care settings: protocol for systematic review. Systematic Reviews, 8 (1), 1-6. https://doi.org/10.1186/s13643-019-1157-7 — 9 citations 2018 BK Sahdra, PD Parker, RG Craven, R Brockman, EK Devine, JH Conigrave, DF Chang (2018). Discrimination as a frame-of-reference effect in overlapping friendship communities of ethnically diverse youth. Cultural Diversity and Ethnic Minority Psychology, 26 (1), 71-81. https://doi.org/10.1037/cdp0000247 — 15 citations, 3 tweets J Ciarrochi, PD Parker, BK Sahdra, TB Kashdan, N Kiuru, JH Conigrave (2017). When 2017 empathy matters: The role of sex and empathy in close friendships. Journal of Personality, 85 (4), 494-504. https://doi.org/10.1111/jopy.12255

— 87 citations, 24 tweets, 24 mainstream media outlets

66 COMMENTARIES ON WORK

• C Puljevic, HM Haydon, CL Snoswell (2020). Commentary on Conigrave et al. (2020): Meta-analysis of drinking patterns in Aboriginal and Torres Strait Islander populations highlights policy and research opportunities. *Addiction*.

PRE-PRINTS

- J Howard, EL Bradshaw, GR Slemp, J Waterschoot, K Ferber, <u>JH Conigrave</u>, T Sanders, B Steward, W Gilbert (2024). Basic psychological needs across time and place. *OSF*.
- RP Vasconcellos, M Noetel, T Sanders, C Lonsdale, P Parker, JH Conigrave, B Booker, E Tremaine (2024). Moderating effects of different aspects of screen use on Australian children's socio-emotional wellbeing: Evidence from a 1-year longitudinal study. *OSF*.
- C-Ét Lavoie, EL Bradshaw, RM Ryan, <u>JH Conigrave</u> (2023). Linking alcohol consumption and dependence to the extent that drinking satisfies basic psychological needs. *OSF*.
- M Noetel, J Ciarrochi, <u>JH Conigrave</u>, C Lonsdale (2020). Can a Brief Mindfulness Intervention Improve Sports Performance? A Double-Blind Randomised Controlled Trial. *OSF*. https://doi.org/10.31234/osf.io/8bk7m
 - 1 citation, 9 tweets
- <u>JH Conigrave</u>, EL Bradshaw, E Devine, J Ciarrochi, BK Sahdra (2019). The Link Between Self-esteem and Implicit Malleability Theories: a Meta-analysis. *PsyArXiv*. https://doi.org/10 .31234/osf.io/nakqj
 - 5 citations, 2 tweets
- W Ryan, JH Conigrave, G Basarkod, J Ciarrochi, BK Sahdra (2019). When is it good to use wristband devices to measure HRV?: Introducing a new method for evaluating the quality of data from photophlethysmography-based HRV devices. OSF. https://doi.org/10.31234/osf.io/t3gdz
 - 10 citations
- M Noetel, <u>JH Conigrave</u>, M Moresi, P Taylor (2018). Growth mindset versus direct instruction for persistence and achievement in an undergraduate STEM course. *OSF*.

RECENT PEER REVIEW

- 2024 Addiction
- 2024 Motivation and Emotion
- 2024 Australian and New Zealand Journal of Psychiatry
- 2024 Australian and New Zealand Journal of Psychiatry
- 2024 Drug and Alcohol Review

COMMITTEE MEMBERSHIP

2022 Australasian Professional Society of Alcohol and Other Drugs (APSAD) Early-Mid Career Researchers Subcommittee 2019 — Elected Chair in 2020 CONFERENCE CONTRIBUTIONS 2023 JH Conigrave (2023). People might use alcohol to compensate for basic psychological need frustration. Research Society on Alcoholism Florida, USA JN Donald, H Nguyen, JH Conigrave, KB Lowe, AM Johnson, I Adarves-Yorno, S 2021 Rupprecht, E Devine, GFB Tamm, R Ryan (2021). A Systematic Review and Meta-Analysis of the Effects of Mindfulness Among Leaders. Academy of Management Virtual B Riordan, JH Conigrave, W Logge, KC Morley, PS Haber, D Scarf (2020). ""I WON'T 2020 DRINK WITH YOU TODAY!"" Analysing content from an online support group for those aiming to /r/Stopdrinking. *EHealth Sydney* Sydney, Australia JH Conigrave, KSK Lee, K Harrison, T Dobbins, N Hayman, S Wilson, R Ivers, PS Haber, B 2019 Hummerston, D Johnson, D Gray, KM Conigrave (2019). Supporting Aboriginal Community Controlled Health Services to reduce the harms from alcohol. The Australasian Professional *Society on Alcohol & other Drugs (APSAD)* • Hobart, Australia KSK Lee, S Wilson, JH Conigrave, J Perry, S Callinan, N Hayman, R Room, T Chikritzhs, D 2019 Gray, T Slade, KM Conigrave (2019). Re-thinking how we ask Indigenous Australia to describe their drinking. The Australasian Professional Society on Alcohol & other Drugs (APSAD) • Hobart, Australia S Rombouts, K Morley, JH Conigrave, E Louie, PS Haber (2019). Evidence based models of 2019 care for the treatment of alcohol use disorder in primary health care settings: A systematic review and meta-analysis. The Australasian Professional Society on Alcohol & other Drugs (APSAD) PHobart, Australia M Dzidowska, KSK Lee, C Wylie, J Bailie, N Hayman, JH Conigrave, N Percival, KM 2019 Conigrave (2019). Approaches for improving practice in detection and treatment of unhealthy alcohol use in primary health care: Where are the gaps? The Australasian Professional *Society on Alcohol & other Drugs (APSAD)* • Hobart, Australia JH Conigrave, BK Sahdra, J Ciarrochi (2017). The benefits of believing you can change: 2017 Growth mindset weakens the links between self-esteem and negative outcomes. Contextual Behavioral Science Conference Seville, Spain JH Conigrave, BK Sahdra, J Ciarrochi (2017). The benefits of believing you can change: 2017 Incremental theories weaken the links between self-esteem and negative outcomes. Self Conference

Melbourne, Australia