**Board of Management** 



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Jane Kavanagh/Elaine O'Meara	Horticulture Assistant Co-ordinators	horticulture@ballybegcdp.ie
Glenn Lynch	Education Support Co-coordinator	educationproject@ ballybegcdp.ie

Serving our community since 1987



www.ballybegcdp.ie



# Summer Newsletter 2017







COMMUNITY DEVELOPMENT PROJECT

On the 1st March, 2017 the Taoiseach Enda Kenny announced the formal recognition for Travellers as a distinct ethnic group within the state following a 30 year battle. A bus of almost 20 members of the Traveller community went to the Dáil to celebrate the historic announcement. It was a very proud and emotional day. Travellers already had ethnic status in the United Kingdom and thankfully in 2017 we have it in Ireland.



Pictured outside the gates of Dáil Éireann a delighted group of local members of the Traveller Community with staff of Waterford Traveller CDP.

## **National Heritage Week 2017**

Five Traveller families will exhibit their family trees at Waterford City Library, Lady Lane from Monday 21st August to Saturday 26th August 2017.



**Coordinator** Sean O'Driscoll

**Assist. Coordinators** Elaine O'Mara/Jane Kavanagh

## **Horticulture QQI**

We are currently Running a QQI Level 4 in Horticulture here in the Parish Centre, Ballybeg. The course will be finished on the 5<sup>th</sup> January 2018.

We will be running a **QQI Level 5 in Horticulture** here in the Centre, we hope for the Level 5 to start in mid January 2018

Please feel free to drop into the Centre for more information.

Or please call **051-350100** 

**Email: horticulture@ballybegcdp.ie** 

## WELL BABY CLINIC

(Children 0 - 4 years)



CAROLINE KEHOE
Public Health Nurse
Contact Nurse: 051 842889.

Well Baby Clinic
Ballybeg Parish Centre
Every Wednesday 2 – 3.30pm



Tommy Fahey

The Estate Officer

Is in attendance in Ballybeg

CDP

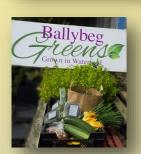
each Thursday morning

From 10—12 noon



## **Ballybeg Greens 2017**

#### What do we do?



Ballybeg Greens began with an idea to utilise a space that had been unused and dilapidated for many years.

To see if this idea was sustainable, we observed the food growth market for a 12-month period where we spotted a niche for premium quality, organically grown salad leaves, specialist vegetables, herbs and edible flowers. Today we have a thriving business with many restaurants in Waterford City ordering our wonderful produce. We love seeing the wonderful dishes that accompany our fabulous herbs, vegetables & salad leaves.

#### **Summer Time: Our Best Time**

The gardens come alive in the spring and summer even the staff begin to wake up out of the hibernation of a long winter! The colour that springs from all the flowers is so motivating, the produce growing as quickly as we pick it gives us all a new lease of life.

#### What happens at Ballybeg Greens in the summertime?

It is our busy time, as we tend to the gardens and the 30+ allotments it becomes a hive of people.

Our Garden Centre is open Monday to Friday and we have an assortment of flowers, plants and hanging baskets on offer, so do pop out for a visit.





We introduce our new Horticulture & Landscape students to the long-term gardeners and show them they can learn how to create and maintain a garden of their own.

We offer FETAC level 3, 4, & 5 in Landscaping and Vegetable growing, in addition we have an a fulltime Quality & Qualifications Ireland level 4 & 5 in Horticulture.

To avail of this training do check out your local Skillnet website or call them at (051) 311 139 or call us here at 051 350100 we would be more than happy to help.

#### Did you know?

Paint tree trunks with tabasco sauce, It helps deter rabbits from eating bark.

#### So what does the future hold?

Exciting times are ahead, as we prepare for the season to change once again and begin to huddle down for the coming winter, we have the Harvest festival to prepare for.

We have been very fortunate to play a large role in the Waterford Harvest Festival, which kicks off in September. We are famous for our painted wheelbarrows that have been dotted around the city every year. Each wheelbarrow displayed our edible flowers, strawberries and herbs.

We hope to see you at the Harvest festival this year for all the chats and laughs!



## **Gym Membership Options**

12 months membership €160

6 months membership €100

3 months membership €65

Pay as you go €3.50

Gym Induction, Fitness Assessment and Personalised Fitness Programmes for all members

## **Exercise Classes**

We have a wide range of exercise classes suitable for all levels of fitness.

Low Impact Circuit

Kettlebells

**Suspension Training** 

High Intensity Interval Circuit (HIIT)

Ladies Weightlifting

Bootcamp



## **Hall Hire**

Suitable for 5-aside soccer, exercise classes, dance classes, birthday parties and much more.

Hall rates from €35 per hour.

Call: 051-358000 for more information

Find us on www.facebook.com/CillBarraGym

## **We Reward Loyalty**

Collect 8 stamps either by attending the gym or an exercise class in the centre and receive free visit in return.



## **Fun Run & Walk Returns**



We hope to see many members of this great local community out supporting the 5th Fun Run & Walk on Friday 1st September @ 7pm.

You can register on-line or in the centre on the day from 5pm (under 16s go free must be accompanied by an adult).



## **Affordable, Flexible and Informal Computer Training!**

**Beginners Computer Courses ECDL or ECDL Advanced** Flexi ECDL and ECDL Test Only Service **Everyday Internet Use Facebook or Twitter for Personal Use Intro to Social Media Facebook and Twitter Keyboard and Typing Skills One-to-One Training Over 55 Computer Club After School Kids' Club or Holiday Camps Tablet & Iphone Setup or Training Available** 







MAD 55's on Segways in Lough Key, Roscommon as part of their mystery week away.



Heading off on a rafting and camping expedition on one of the lakes in Sligo/ Roscommon.



## Mad 55 is divided into four main projects









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MAD55.BCEP illuminateyouthcafe

@Illuminateyouthcafe

#### **Contact Details**

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