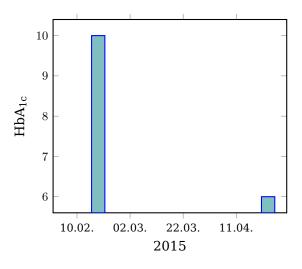
# **My Diabetes Diary**

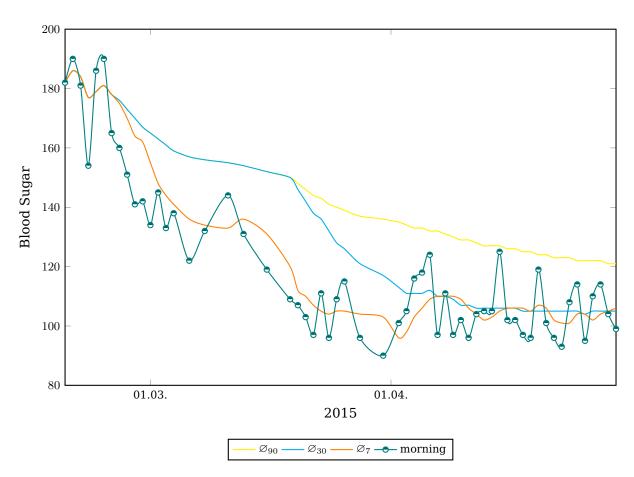
John Doe

May 20, 2015

# 1 Long term values

Date	HbA <sub>1c</sub>
18.02.2015	10.0
23.04.2015	6.0

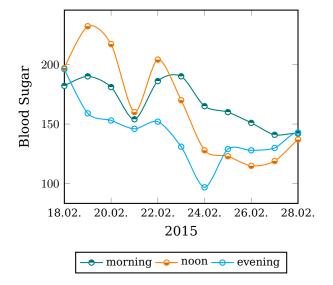


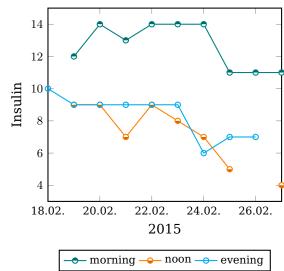


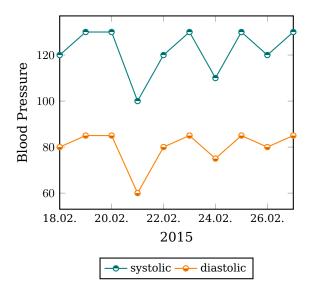
# 2 February 2015

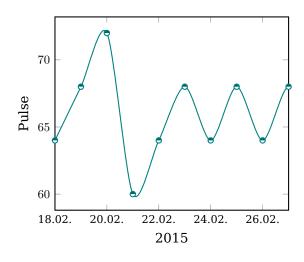
#### 2.1 Data

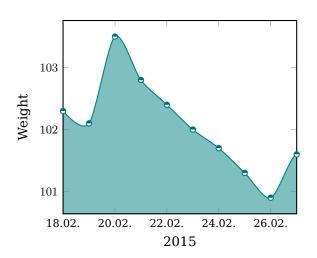
Date	BS(1)	BS(2)	BS(3)	I(1)	I(2)	I(3)	BP(s)	BP(d)	Weight	CU	Pulse
18.02.2015	182	197	196	-	-	10	120	80	102.3	12	64
19.02.2015	190	232	159	12	9	9	130	85	102.1	12	68
20.02.2015	181	217	153	14	9	9	130	85	103.5	12	72
21.02.2015	154	160	146	13	7	9	100	60	102.8	12	60
22.02.2015	186	204	152	14	9	9	120	80	102.4	12	64
23.02.2015	190	170	131	14	8	9	130	85	102.0	12	68
24.02.2015	165	128	97	14	7	6	110	75	101.7	12	64
25.02.2015	160	123	129	11	5	7	130	85	101.3	12	68
26.02.2015	151	115	128	11	-	7	120	80	100.9	12	64
27.02.2015	141	119	130	11	4	-	130	85	101.6	12	68
28.02.2015	142	137	143	-	-	-	120	80	101.2	12	64

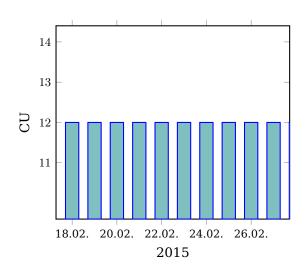












## 2.2 Pharmaceuticals

Medication Chart (issued: 16.02.2015)								
Pharmaceutical	Morning	Noon	Evening	Night	Note			
Oxycodon-HCI STADA 10mg Retardtabletten	1	1	1	0				
Insulin	1	1	1	0	see data			
Unacid 3g	1	0	1	1	infusion 08:00, 16:00, 00:00			
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0				

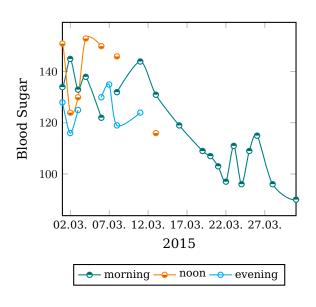
Medication Chart (issued: 24.02.2015)								
Pharmaceutical Morning Noon Evening Night Note								
Oxycodon-HCI STADA 10mg Retardtabletten	0	0	1	0				
Insulin	1	1	1	0	see data			
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0				

Medication Chart (issued: 28.02.2015)									
Pharmaceutical Morning Noon Evening Night Note									
Oxycodon-HCI STADA 10mg Retardtabletten	0	0	1	0					
Metformin	2	0	2	0					
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0					

# 3 March 2015

#### 3.1 Data

Date	BS(1)	BS(2)	BS(3)
01.03.2015	134	151	128
02.03.2015	145	124	116
03.03.2015	133	130	125
04.03.2015	138	153	_
06.03.2015	122	150	130
07.03.2015	_	_	135
08.03.2015	132	146	119
11.03.2015	144	_	124
13.03.2015	131	116	-
16.03.2015	119	_	_
19.03.2015	109	-	-
20.03.2015	107	_	_
21.03.2015	103	_	_
22.03.2015	97	_	_
23.03.2015	111	-	-
24.03.2015	96	_	_
25.03.2015	109	-	-
26.03.2015	115	_	_
28.03.2015	96	-	-
31.03.2015	90	_	_



## 3.2 Pharmaceuticals

Medication Chart (issued: 03.03.2015)								
Pharmaceutical	Morning	Noon	Evening	Night	Note			
Oxycodon-HCI STADA 10mg Retardtabletten	0	0	1	0				
Januvia 100mg	1	0	0	0	replaces Metformin due to op			
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0				

Medication Chart (issued: 10.03.2015)								
Pharmaceutical	Morning	Noon	Evening	Night	Note			
Oxycodon-HCI STADA 10mg Retardtabletten	0	0	1	0				
Novaminsulfon Lichtenstein 500 mg	1	1	1	1				
Januvia 100mg	1	0	0	0				
Unacid 3g	1	0	1	1	infusion 08:00, 16:00, 00:00			
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0				

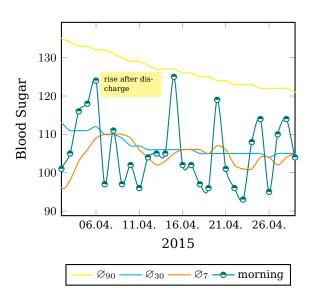
Medication Chart (issued: 20.03.2015)								
Pharmaceutical	Morning	Noon	Evening	Night	Note			
Oxycodon-HCI STADA 10mg Retardtabletten	0	0	1	0				
Novaminsulfon Lichtenstein 500 mg	1	1	1	1				
Unacid 3g	1	0	1	1	infusion 08:00, 16:00, 00:00			
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0				

Medication Chart (issued: 30.03.2015)									
Pharmaceutical Morning Noon Evening Night Note									
Oxycodon-HCI STADA 10mg Retardtabletten	0	0	1	0					
Novaminsulfon Lichtenstein 500 mg	1	1	1	1					
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0					

# 4 April 2015

## **4.1 Data**

Date	Value	$\varnothing_7$	$\varnothing_{30}$	$\varnothing_{90}$
02.04.2015	101	96	113	135
03.04.2015	105	98	111	134
04.04.2015	116	103	111	133
05.04.2015	118	106	111	133
06.04.2015	124	109	112	132
07.04.2015	97	110	110	132
08.04.2015	111	110	110	131
09.04.2015	97	110	109	130
10.04.2015	102	109	107	129
11.04.2015	96	106	107	129
12.04.2015	104	104	106	128
13.04.2015	105	102	106	127
14.04.2015	105	103	106	127
15.04.2015	125	105	106	127
16.04.2015	102	106	106	126
17.04.2015	102	106	106	126
18.04.2015	97	106	105	125
19.04.2015	96	105	105	125
20.04.2015	119	107	105	124
21.04.2015	101	106	105	124
22.04.2015	96	102	105	123
23.04.2015	93	101	105	123
24.04.2015	108	101	105	123
25.04.2015	114	104	105	122
26.04.2015	95	104	104	122
27.04.2015	110	102	105	122
28.04.2015	114	104	105	122
29.04.2015	104	105	105	121
30.04.2015	99	106	105	121



### 4.2 Pharmaceuticals

Medication Chart (issued: 02.04.2015)									
Pharmaceutical Morning Noon Evening Night Note									
Oxycodon-HCI STADA 10mg Retardtabletten	0	0	1	0					
Novaminsulfon Lichtenstein 500 mg	1	1	1	1					
Mono-Embolex 3000 I.E. Prophylaxe	0	0	1	0					

Medication Chart (issued: 07.04.2015)							
Pharmaceutical	Morning	Noon	Evening	Night	Note		
Oxycodon-HCI STADA 10mg Retardtabletten	0	0	1	0			
Novaminsulfon Lichtenstein 500 mg	1	1	1	1			
Mono-Embolex 3000 I.E. Prophylaxe Novartis	0	0	1	0			
Sultamicillin-ratiopharm 375mg	1	0	1	0			

Medication Chart (issued: 16.04.2015)							
Pharmaceutical	Morning	Noon	Evening	Night	Note		
Oxycodon-HCI STADA 10mg Retardtabletten	0	0	1	0			
Novaminsulfon Lichtenstein 500 mg	1	1	1	1			
Mono-Embolex 3000 I.E. Prophylaxe Novartis	0	0	1	0			
Amoclav 875mg + 125mg (Amoxicillin, Clavulansäure) Hexal	1	0	1	0			

Medication Chart (issued: 20.04.2015)							
Pharmaceutical	Morning	Noon	Evening	Night	Note		
Oxycodon-HCI STADA 10mg Retardtabletten	0	0	1	0			
Novaminsulfon Lichtenstein 500 mg	1	1	1	1			
ASS protect 100mg	0	1	0	0			
Amoclav 875mg + 125mg (Amoxicillin, Clavulansäure) Hexal	1	0	1	0			

### 4.3 Misc.

### Info (22.04.2015)

Podiatrist appointment:

22.04.2015 11:30

**☎** 089/65831933