- Work still seemed to require discipline, because only hard problems yielded grand results, and hard problems couldn't literally be fun. Surely one had to force oneself to work on them.
- If you think something's supposed to hurt, you're less likely to notice if you're doing it wrong. That about sums up my experience of graduate school.
- How much are you supposed to like what you do?
 - PG says here that almost anyone would rather be doing something else (in the Caribbean, having sex, eating food etc.) than doing their work at certain parts of the day.
 - The notion that these things are unnatural if you've found work you want to do is misleading.
 - It doesn't mean, do what will make you happiest this second, but what will make you happiest over some longer period, like a week or a month.
 - The lower bound is you want to do something that you prefer to do on a aggregated cost level than your most unproductive pleasure.
 - It's funny, pretty much any studying I've done or things I've been trying to do I feel fit this lower bound.
 - So, PG says the upper bound is finding something you love doing because of a long run payoff, or that its progress toward something noble, or that you feel is important.
 - Then, the lower bound is doing something that passes that marker of at least as productive as being totally unproductive.
 - I like this lower bound, it seems obvious but I think if you spend your whole day thinking about playing games or something its going to be a constant struggle to focus on work, wearing you out.
 - To be happy I think you have to be doing something you not only enjoy, but admire.
- I'm not totally sure I agree with his notions then that you should pick something you're friends would admire. I don't necessarily disagree, depends on your friends, just don't really feel I can relate to it.

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