## **Health Plan 20**

## Table of Cover effective from 1st September 2023

You should read this table of cover along with the Health Plans membership handbook effective from July 2023, which you can find on irishlifehealth.ie/more-info. The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.

IN PATIENT BENEFITS	your Health Plans membership handbook.
Hospital cover:	
Consultants fees	Covered
Inpatient scans	Covered
Public Hospital	3010104
Semi-private room	Covered
Private room	Semi Private Rate
Day case	Covered
Private Hospital	Covered
Semi-private room	Covered subject to €100 excess per claim; subject t €2,000 co-payment on certain orthopaedic procedures¹
Private room	Semi-private Rate subject to €100 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures¹
Day case	Covered subject to €100 excess per claim
High-tech Hospital	
Semi-private room	Covered in Beacon Only; subject €100 excess subject to €2,000 co-payment on certain orthopaedic procedures <sup>1</sup>
Private room	Semi private rate in Beacon Only; Subject to €100 excess subject to €2,000 co-payment on certain orthopaedic procedures¹:
Day case	Covered in Beacon Only' Subject to €100 excess peclaim
Listed cardiac procedures <sup>1</sup>	Covered in Beacon Only; Subject to €100 excess peclaim
Listed special procedures <sup>1</sup>	Covered in Beacon Only; Subject to €100 excess subject to €2,000 co-payment on certain orthopaedic procedures¹
Maternity:	
Public hospital cover for maternity	3 nights accommodation
Grant-in-aid amount / home births	Covered up to €3,450
Inpatient maternity consultant fees	As per schedule of benefits for professional fees <sup>2</sup>
Postnatal Domestic Support	2 x 3 hour cleaning sessions
Postnatal Doula Support	1 x 3 hour session with postnatal supporter
Home Early Support following 1 night stay in hospital	2 hours midwife and 3 x 3 hours with postnatal supporter
Home Early Support following 2 nights stay in hospital	1 hour midwife and 2 x 3 hours with postnatal supporter
Welcome Home Food Hamper	Hamper and 30 minute phone consultation with a nutritionist
GentleBirth App	See handbook for details

Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,000
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Covered
Elective overseas referral:	
Benefit abroad for surgical procedures that are not available in Ireland	Yes – up to the amount for the most similar surgical procedure to treat the same condition in Ireland
Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland
Psychiatric treatment:	
Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)

Other benefits:	
Oncotype DX	Covered
Health in the Home	Covered with our provider partner
Care Connect	Covered (refer to Membership Handbook)
EXOGEN therapy	Covered with our provider partner
Convalescence benefits	€50 x 14 days
Child Home Nursing	€100 x 14 days (following inpatient stay of minimum 5 days)
Parent accompanying child	€40 x 14 days (not payable for the first 3 days)
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day for up to a maximum of €1500 per calendar year
Gender Affirmation Benefit reassign	50% up to €10,000 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Medicall ambulance costs	Covered (refer to Membership Handbook)
Genetic Testing for Cancer Treatment Options - Foundation One CDx	Covered

OUT PATIENT BENEFITS – not subject to excess		
Nurse-on-call	Covered	
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.	
Female Health Consultation	50% cover x 4 consultations per year with our provider partner	
Minor Injury Clinic Cover	70% up to €200 per visit	
Minor Injury Clinic Cover (Pay & Claim)	70% up to €200 per visit	
Antenatal Class	€50 towards an antenatal class	
Maternity Mental Health Support	€40 x 8 sessions with Nurture	
HPV Vaccine	50% up to €200 per policy year	
Vaccinations: Travel Only	€100 per year	
Health screen at any centre	Up to €100 per annum	
Home Recovery Benefit	€80 x 10 days	
Out-patient scan cover (in approved centres):		
PET-CT	Covered	
MRI	Covered	
ст	Covered	

OUT PATIENT BENEFITS – subject to excess	3
Individual excess	Outpatient: €1 excess
Family excess	Outpatient: €1 per person excess
Maximum amount of outpatient benefits per member per policy year	€4,000
Consultant fees	€50 per visit
GP visits	€20 x 7 visits
Dentist visits	€20 x 7 visits
Physiotherapist or Physical therapist	€20 x 9 visits
Acupuncturist	€20 x 7 combined visits³
Chiropodist	€20 x 7 combined visits³
Chiropractor	€20 x 7 combined visits³
Dietician	€20 x 7 combined visits³
Homeopath	€20 x 7 combined visits³
Massage Therapist	€20 x 7 combined visits³
Medical Herbalist	€20 x 7 combined visits³
Occupational Therapist	€20 x 7 combined visits³
Osteopath	€20 x 7 combined visits³
Podiatrist	€20 x 7 combined visits³
Reflexologist	€20 x 7 combined visits³
VO2 Max Testing	€100 cash benefit
Cardiac Screening	€100 cash benefit

Sexual Health Screening	€100 cash benefit
Psycho-oncology counselling	€40 x 5 visits
Public A & E cover	€50 x 2 visits
Pre/Post-natal medical expenses	€250
Emergency dental care	€250
Manual lymph drainage	€40 x 5 visits
Medical and surgical appliances	As per specified list (subject to €100 excess) <sup>4</sup>
Pathology-cost of test	50% Covered
Pathology consultant fees	50% As per schedule of benefits for professional fees <sup>2</sup>
Radiology - cost of test	50% Covered
Radiology consultant fees	50% As per schedule of benefits for professional fees <sup>2</sup>
MRI: non approved centre	Not covered
CT: non approved centre	Not covered
PET-CT: non approved centre	Not covered

<sup>&</sup>lt;sup>1</sup>All procedure lists are available on <u>www.irishlifehealth.ie</u> or available on request by calling Irish Life Health on 01 562 5100.

<sup>&</sup>lt;sup>4</sup>The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling **Irish Life Health** on **01 562 5100** 

MEMBER BENEFITS		
Laser eye surgery	Allen Carr Smoking Cessation	
Health Screening	Back up	
For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of www.irishlifehealth.ie		

 $<sup>^2</sup>$  The schedule of benefits is available on <u>www.irishlifehealth.ie</u> or available on request by calling Irish Life Health on 01 562 5100.

<sup>&</sup>lt;sup>3</sup>The number of practitioner visits you can claim for these benefits is capped at the overall maximum noted beside "combined visits". You may submit receipts across any combination of practitioners showing a combined benefit. Claims will be paid up to the maximum number of visits for "combined visits" per policy year and not for each type of practitioner visit separately.