

Me Plan Level 1 with day-to-day 50

Table of Cover effective from 1st September 2023

You should read this table of cover along with the Health Plans membership handbook effective from July 2023, which you can find on irishlifehealth.ie/more-info. The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.

| IN PATIENT BENEFITS | |
|--|---|
| Hospital cover: | |
| Consultants fees | Covered |
| Inpatient scans | Covered |
| Public Hospital | |
| Semi-private room | Covered |
| Private room | Covered |
| Day case | Covered |
| Private Hospital | |
| Semi-private room | 65% cover |
| Private room | 45% cover |
| Day case | 60% cover |
| High-tech Hospital | |
| Semi-private room | 35% cover |
| Private room | 25% cover |
| Day case | 35% cover |
| Listed cardiac procedures | 35% cover |
| Listed special procedures | 35% cover |
| Maternity: | |
| Public hospital cover for maternity | 3 nights accommodation |
| Home births | €400 |
| Inpatient maternity consultant fees | As per schedule of benefits for professional fees ² |
| Postnatal Domestic Support | 2 x 3 hour cleaning sessions |
| Welcome Home Food Hamper | Hamper and 30 minute phone consultation with a nutritionist |
| GentleBirth App | See handbook for details |
| Emergency Inpatient Treatment Abroad and related benefits: | |
| Hospital bill for inpatient treatment | Covered up to €55,000 |
| Repatriation expenses | Covered up to €1 million |
| Expenses for companion who remains with you | Covered up to €1,000 |
| Companion repatriation expenses | Covered up to €1,000 |
| 24 hour telephone assistance | Yes |
| Elective overseas referral: | |
| Benefit abroad for surgical procedures that are not available in Ireland | Yes – up to the amount for the most similar surgical procedure to treat the same condition in Ireland |
| Benefit abroad for surgical procedures that are available in Ireland | Yes - subject to level of cover available in Ireland |
| Psychiatric treatment: | |

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| Not related to substance abuse | 150 days (up to the level of Hospital Cover provided under your plan) |
| Related to substance abuse | 91 days per 5 years (up to the level of Hospital Cover provided under your plan) |
| Other inpatient benefits: | |
| Oncotype DX | Covered |
| Health in the Home | Covered with our provider partner |
| Care Connect | Covered (refer to membership handbook) |
| EXOGEN therapy | Covered with our provider partner |
| Convalescence benefits | €26 x 14 days |
| Cancer Support Benefit (for accommodation expenses when travelling more than 50km) | Up to €100 per day up to a maximum of €1500 per calendar year |
| Healthy Minds | Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face |
| Medical ambulance costs | Covered (refer to Membership Handbook) |

| OUT PATIENT BENEFITS – not subject to excess | |
|--|--|
| Nurse-on-call | Yes |
| Digital Doctor | Unlimited. See irishlifehealth.ie for further information. |
| Female Health Consultation | 50% cover x 4 consultations per year with our provider partner |
| Minor Injury Clinic Cover | 70% up to €200 per visit |
| Minor Injury Clinic Cover (Pay & Claim) | 70% up to €200 per visit |
| Antenatal Class | €30 towards an antenatal class |
| Maternity Mental Health Support | €40 x 5 sessions with Nurture |
| HPV Vaccine | 50% up to €200 per policy year |
| Out-patient scan cover (in approved centres*): | |
| CT* | Covered |
| MRI* | Covered |
| PET-CT* | Covered |

| OUT PATIENT BENEFITS – subject to excess | |
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| Individual outpatient excess | €25 |
| Maximum amount of outpatient benefits per member per policy year | €4,000 |
| GP Visits | €15 x 5 visits |
| Public A & E cover | €20 per annum |
| Home Recovery Benefit | €80 x 10 days |
| Medical and surgical appliances | As per specified list ¹ |
| Manual lymph drainage | €50 x 5 visits |
| Psycho oncology counselling | €40 x 5 visits |
| Emergency dental care* | €450 |
| Consultant fees | €55 per visit |
| Pathology – cost of test | Covered |
| Pathology – consultant fees | As per schedule of benefits for professional fees ² |
| Radiology – cost of test | Covered |
| Radiology – consultant fees | As per schedule of benefits for professional fees ² |
| Scans | |
| MRI: non approved centre | Not covered |
| CT: non approved centre | Not covered |
| PET-CT: non approved centre | Not covered |

| DAY TO DAY BENEFITS | |
|---|---------------------------|
| Maximum limits | €8,000 per policy |
| Individual Day-to-day excess | €1 |
| Day to day practitioners (Benefits can be pooled) | |
| GP visits | 50% up to €30 x 15 visits |
| Dentist visits | 50% up to €25 x 8 visits |
| Physiotherapist or Physical therapist | 50% up to €25 x 10 visits |
| Allied Health Professionals and Alternative Practitioners | |
| Acupuncturist | 50% up to €25 x 8 visits |
| Chiropodists | 50% up to €25 x 8 visits |
| Chiropractor | 50% up to €25 x 8 visits |
| Dietician | 50% up to €25 x 8 visits |
| Homeopath | 50% up to €25 x 8 visits |
| Massage therapist | 50% up to €25 x 8 visits |
| Medical herbalist | 50% up to €25 x 8 visits |
| Occupational therapist | 50% up to €25 x 8 visits |
| Osteopath | 50% up to €25 x 8 visits |
| Reflexologist | 50% up to €25 x 8 visits |
| Other Day-to-day benefits | |
| Consultant fees | 50% up to €70 per visit |
| Pre/post natal consultations | 50% up to €250 |
| Psycho oncology counselling | 50% up to €25 x 8 visits |
| Manual lymph drainage | 50% up to €25 x 8 visits |

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| Pathology: cost of test | 50% cover |
| Pathology: consultant fees | 50% of charge as per schedule of benefits for professional fees ¹ |
| Radiology: cost of test | 50% cover |
| Radiology: consultant fees | 50% of charge as per schedule of benefits for professional fees ¹ |
| Health screen | 50% up to €100 per annum |
| Hearing test | 50% refund up to €25 x 1 visit |
| Eye test | 50% refund up to €25 x 1 visit |
| Prescriptions | 50% refund up to €25 per annum |
| Child speech and language therapist | 50% up to €25 x 8 visits |
| Child psychology | 50% up to €25 x 8 visits |
| Please note that certain eligible benefits can be claimed either as a day to day benefit or as an outpatient benefit. The level of benefit payable will be the greater of either day to day or outpatient. | |

| MEMBER BENEFITS | |
|---|-------------------------------------|
| Laser eye surgery | Allen Carr Smoking Cessation |
| Health screening | Back up |
| For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of www.irishlifehealth.ie | |
| ¹ The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100. ² The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 01 562 5100. *All private or high-tech hospital claims will be capped at 66% of the total cost up to the benefit level listed on your table of cover, this includes outpatient scans and treatments. | |