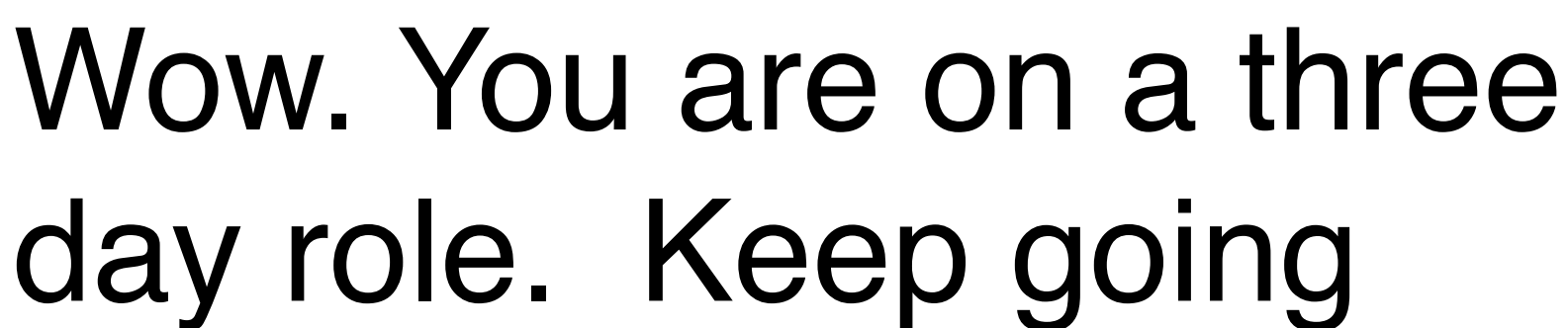


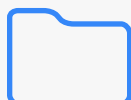


Conscious



Loving Kindness meditation with Guru John

Listing to guru join as he guides you thought a ...



Reminder sound

5 min >

Reminder tone

Tibetan bell >

Background sound

Rain >

Audio Feedback

Reverb >



AirPlay

<

Swipe to adjust visualization

>

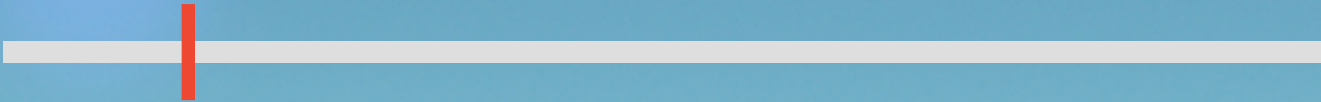


< Back

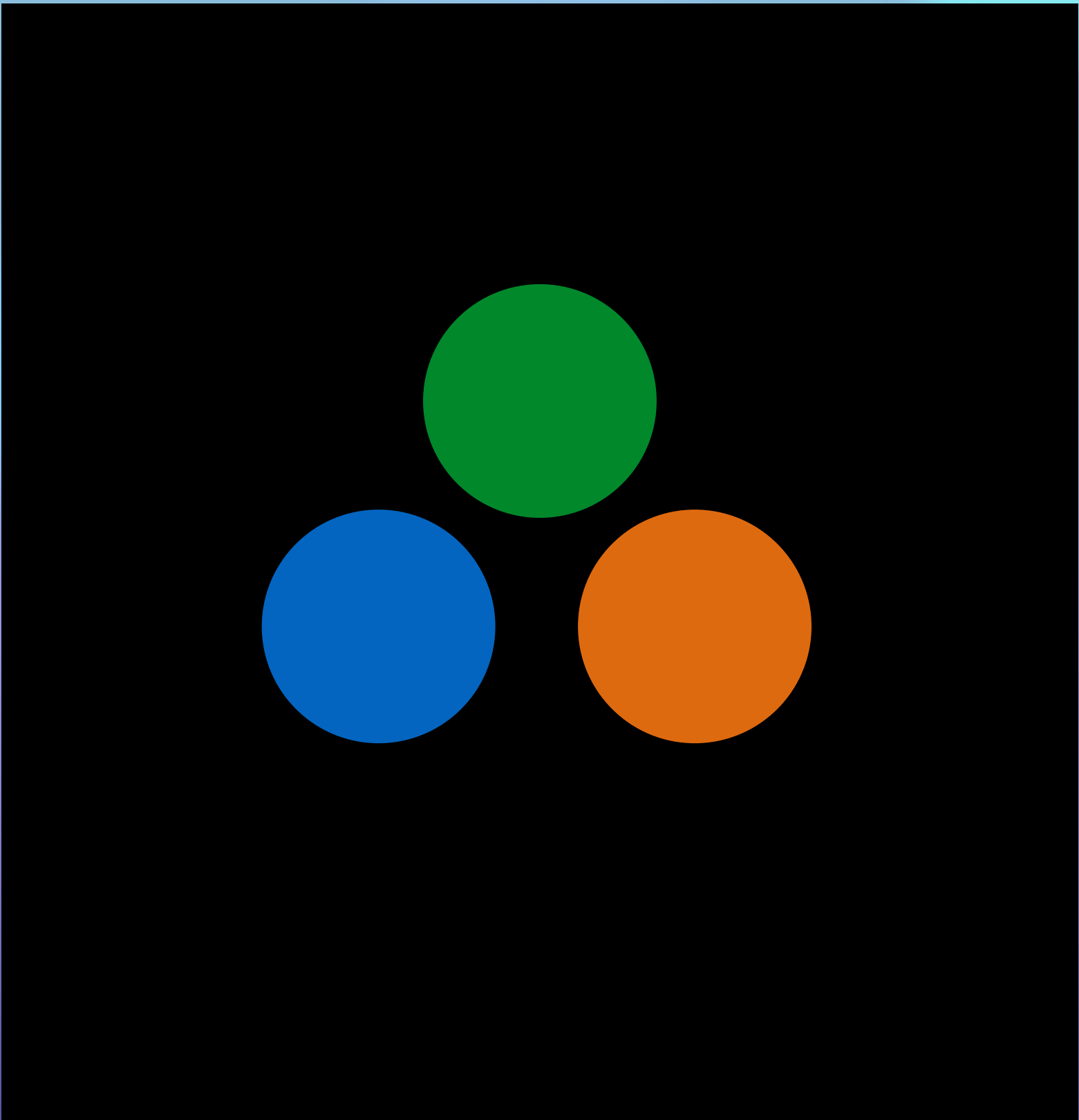
Meditation

Done

1:06



-5:03



Dashboard



My Favorites



Browse

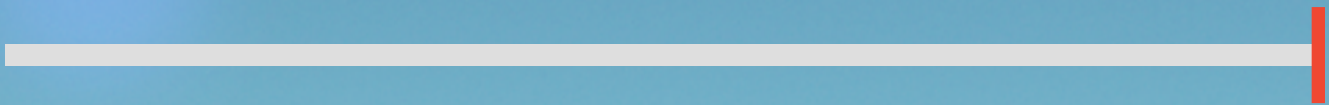


Saved

 Back

Meditation

1:06



-5:03

Congratulations!
You mediated for 9 minutes
already today, and 45
minutes this week.

*Would you like upload your
mediation to share with
others?*

Upload



Dashboard



My Favorites



Browse



Saved



HOME



Fresh Squeezed Organic Orange Juice

The Plant Restaurant, Marina, San Francisco



Kale Beet Smoothie with Almond Milk

The Plant Restaurant, Marina, San Francisco



Dashboard



My Favorites

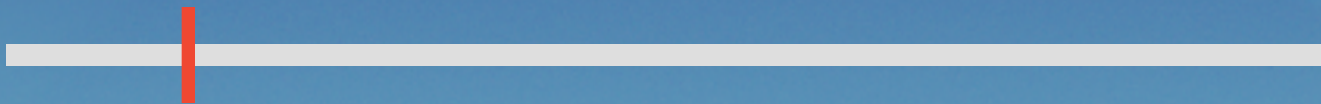


Browse



Saved

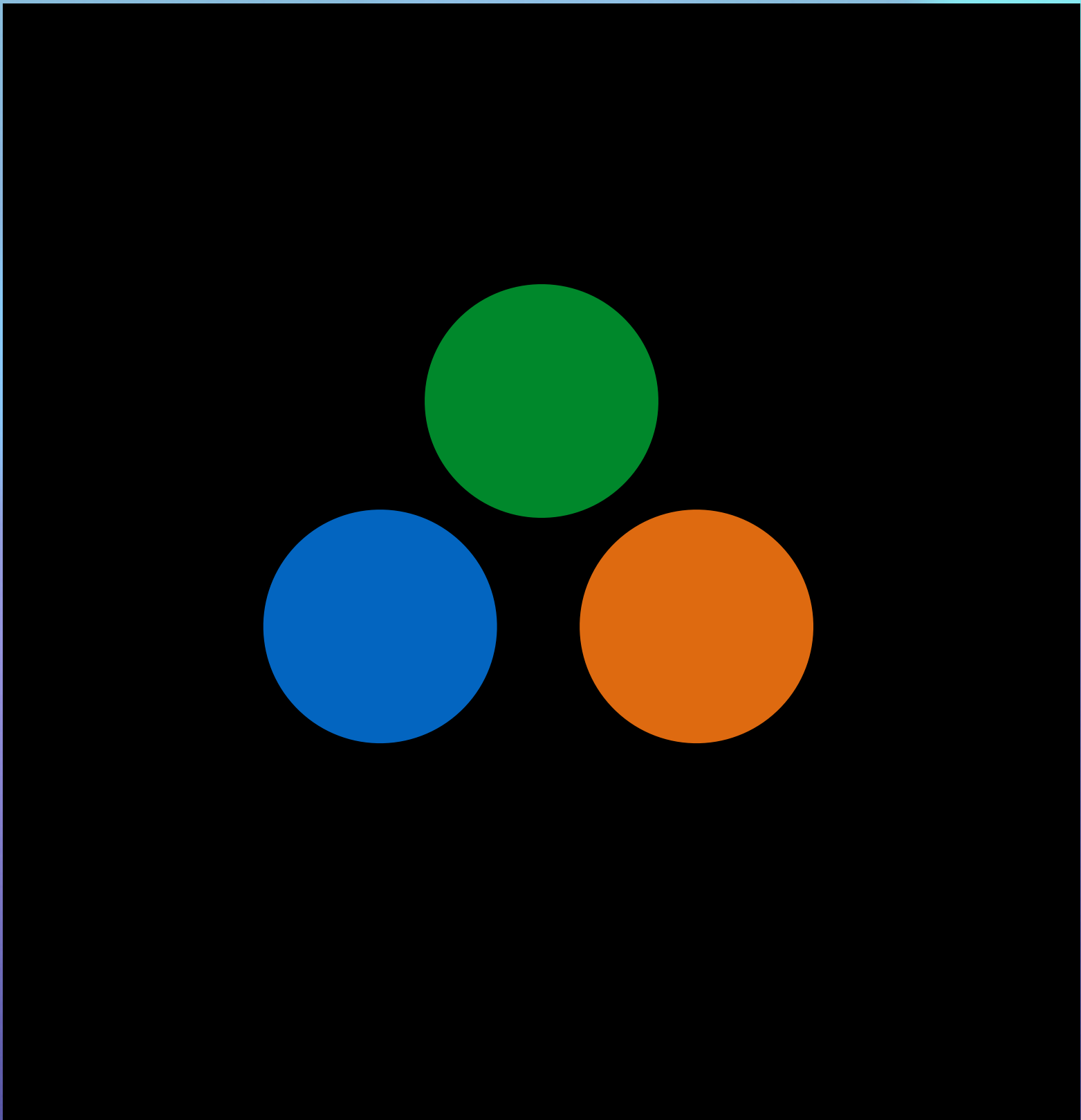
1:06



-5:03

Loving Kindness Meditation

Guru John



Dashboard



My Favorites



Browse



Saved



Amir
Khella

9,876
followers

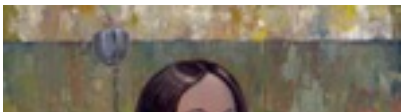
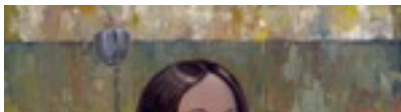
9,876
following

Follow

Grid

Feed

Map





\$7



Kale Beet Smoothie with Almond Milk
The Plant Restaurant, Marina, San Francisco



\$9



Fresh Squeezed Organic Orange Juice
The Plant Restaurant, Marina, San Francisco



\$7



Kale Beet Smoothie with Almond Milk
The Plant Restaurant, Marina, San Francisco