

# A report to offer engineering solutions to reduce noise levels in Arada Kebab Restaurant

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ENG401-08



# Introduction

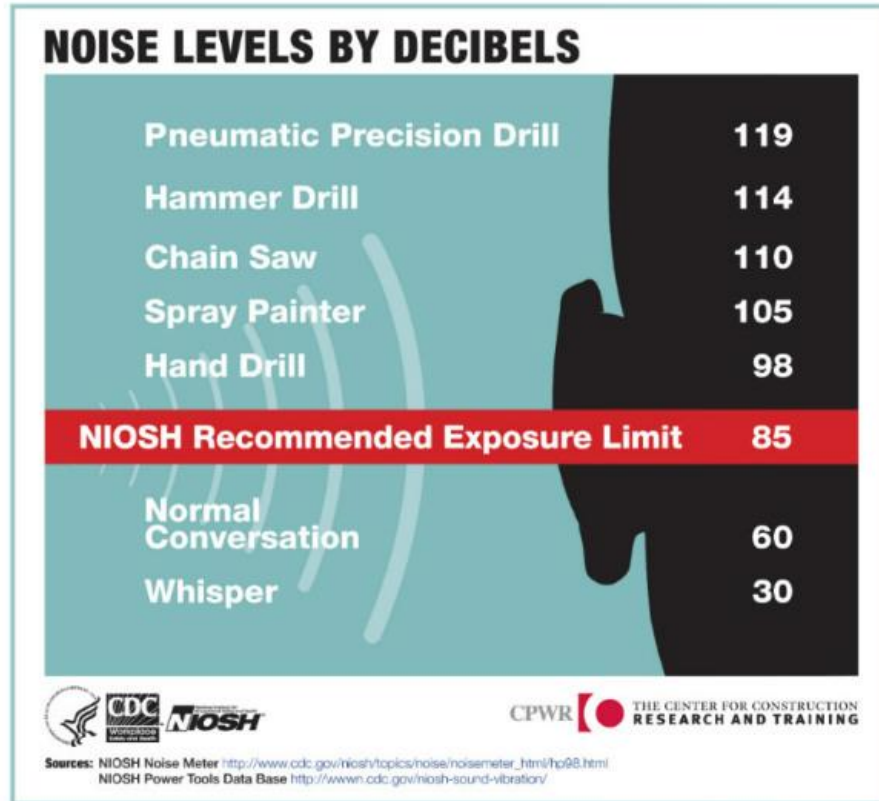


Figure 1: Noise Infographic by CDC [1]

[Zagat's 2018 Dining Trends Survey](#) of nearly 13,000 diners in the United States, the most irksome issue when it comes to dining out at was

- noise (24%)
- service (23%)
- crowds (15%)
- high prices (12%)
- parking (10%) [2]

# Introduction

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In a survey,

- 30% found their last dining experience too loud
- 24% regularly have to raise their voices to be heard
- 44% will choose a restaurant based on whether it is noisy or not
- 81% will not stay as long in a noisy restaurant
- 5% of responders suggested that they are more likely to use a takeaway than eat-in as the noise in restaurants has become uncomfortable [3]

# Lombard Effect

In a noisy environment people speak louder. Which creates a noisier environment.

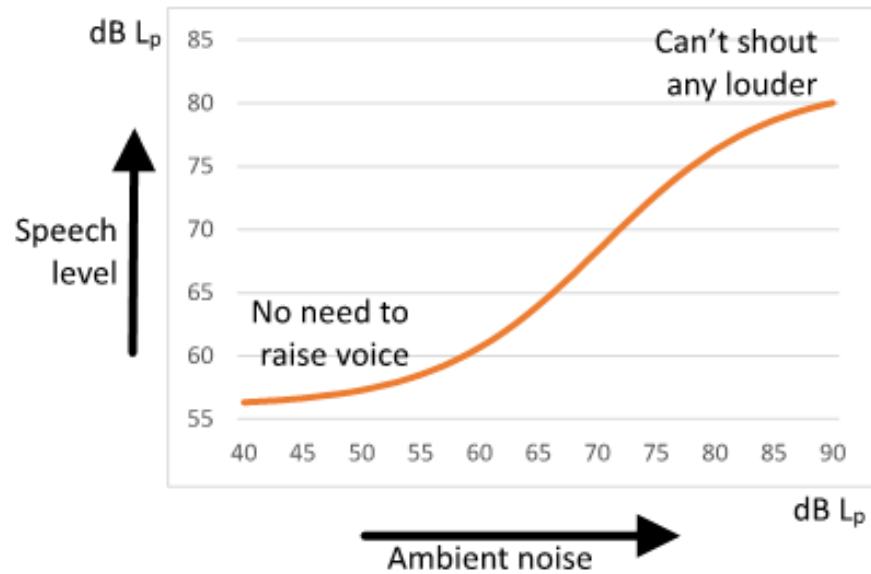


Figure 2: Lombard Effect [3]

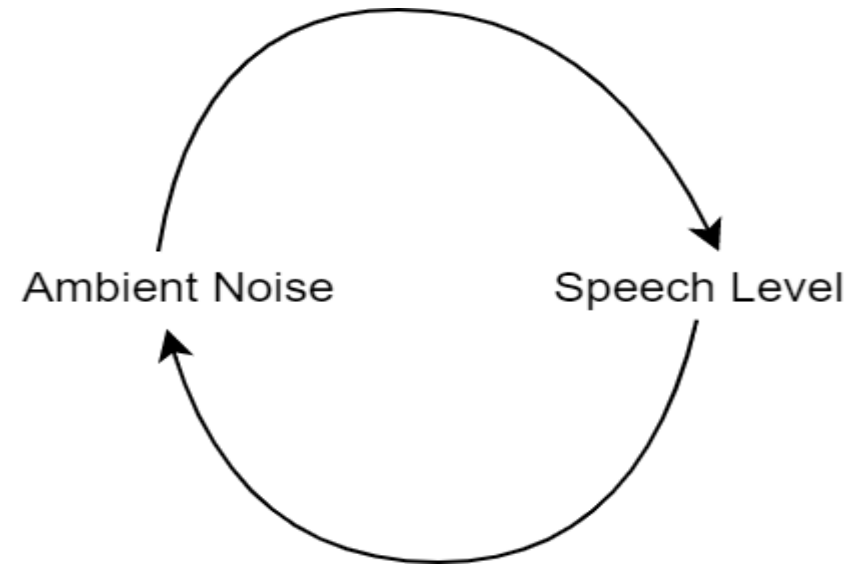


Figure 3: Lombard Effect Causation Diagram

# Reverberation Time

How long a sound stays in the room without fully absorbed (Simplified). One of the main contributors of ambient noise.

Recommended «Acoustical Capacity» is calculated with

Volume and Reverberation Time[4]

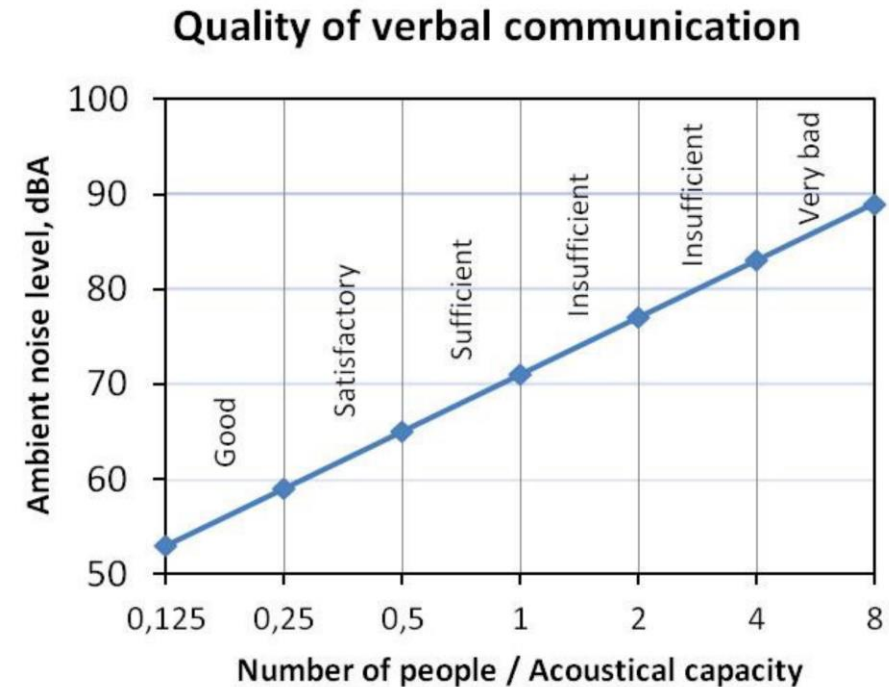


Fig 4: Ambient noise level and quality of verbal communication as functions of the number of people relative to the Acoustical Capacity. [4]

# Introduction

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## Purpose

- Reduce the noise levels in Arada Kebab Restaurant.

## Impact

- Create a good environment for conservation quality.

## Significance

- Create a much more enjoyable dining experience in dining establishments.

# Problem Definition

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Study Area: Arada Ocakbaşı Bahçelievler (Kebab Restaurant)

Has 20 tables. Approx ~ **100 Person**

Peak: 93 dB, Average: 78-82 dB

Problem: Too much ambiance (environmental) noise creates a low quality communication for customers and staff.

# Problem Definition

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## Causes of the problem:

- Reverberation time
- Loud Music
- Loud Air Conditioning Units



# Proposed Solutions

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1. Acoustically Absorbent Wall Panels and Flooring
2. Smart Music Control System
3. Quieter Air Conditioning Units

# Acoustically Absorbent Wall Panels, Flooring

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Figure 5: Sound Panels Disguised [5]

Aim: Reduced Reverberation Time  
Flooring: Epoxy, Vinyl, Cork



Figure 6: Vinyl Flooring [6]

# Smart Music Control System

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Controls music sound level considering current loudness and customer count.

Microphones, proximity sensor and software

Why not turn it down completely?

- Background music and background noise provides privacy. [6]



Figure 7: Installed Microphones in a dining area. [6]

# Quieter Air Conditioning Units

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Currently the resaurant is equiped with very noisy fans, which are trying to take out smoke and other odors.



Also, has a loudly working huge two Air Conditioning units and one heater fan in the service area.

Figure 7: Cassette AC Unit.[7]

# Evaluation Criteria

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## **Cost**

- Cost of the flooring and wall panels
- Cost of the microphones, sensors and software
- Cost of the Air Conditioning Units

## **Feasibility**

- The architectural permissibility of new wall panels
- The feasibility of installing microphones around the restaurant.
- The architectural permissibility of new AC units

## **Efficiency**

- The difference of reverb. time if walls and floor are applied.
- The efficiency of the software to control music to reduce sound levels of environment.
- The Difference between sound levels of old AC and new planned AC

# Proposed Research Methodology

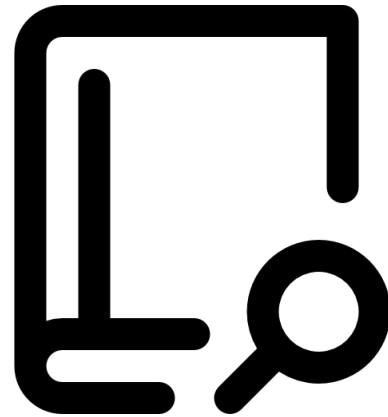
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**Experiments**



Adobe Stock | #116965702

**Literature research**



**Market Search**



Adobe Stock | #23247251

# Cost - Wall Panels

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Ege Acoustic: 3 cm thickness 50\*50 cm sound absorbent panel.

166.7₺ per panel

NRC (Noise Reduction Coefficient) Value: 0.95 (Very Good Quality)[8]

Approximately 32x needed.

Total: 5.300 + 200 (installation cost) = 5.500₺

Figure 8: Ege Acoustic Panel [9]

# Cost - Flooring

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Cost of the flooring cannot be exactly found, because:

- Due to the installation cost is varied place to place (time, logistics, etc.)
- Cost per area changes with the how big the applied area.

It is impossible to estimate a cost without, bringing expert from a flooring company.

Between 1000\$ and 3000\$. 10000€ and 30000€



# Cost – Smart Music Control System

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Arduino UNO 95₺ [10]

Grove Voice Level Sensor 137 ₺ per unit – 5x to measure everywhere 685₺ [11]

Cables – Resistors Negligable

Control Software (From freelance Indian programmer) 20\$ - 287₺

Total: approx. 1100₺

Figure 9: Grove Voice Level Sensor [11]

# Cost – AC Units

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Figure 10: Bahçivan BMFX-SL200 [12]

Replace ventilation fans with quieter and better flow rate.

**Bahçivan BMFX-SL200 [12]**

**Flow – 840 m<sup>3</sup> / h**

**Voice Level - 35 dB**

Replace 3 existing fans with this.

3 x 2460 = **7380₺**

# Feasibility

Wall Panels	Flooring	Smart Sound	AC Units

The architectural permissibility of new wall panels

Partially Concrete walls – OK

Partially Dry Wall – Needs extra considerations

The feasibility of installing microphones around the restaurant.

Microphones are very small and light - OK

The architectural permissibility of new AC units.

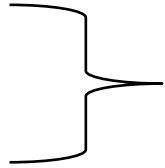
The Bahçivan BMFX-SL200 is chosen with consideration of feasibility.

# Feasibility - Flooring

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Carpet

Cork Flooring



Cannot be used due to cleaning issues

Possible Option:

Vinyl Tiles

# Efficiency – Wall Panels

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The chosen Ege Acoustic Panels has %95 absorption rate.

8 m<sup>2</sup> of walls are covered.

Considering the **shape of the room** and **how much wall is covered** makes a very complex equation. Further evaluation by a sound engineer can give a approximate answer about how effective absorbtion will be.

Expected Efficiency: High

# Efficiency – Flooring

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There are Vinyl Acoustic Flooring available in market and products that claims to drop sound levels by 19 dB exists.[13]

Expected Efficiency: High

# Efficiency – Smart Music Control System

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## Experiment 1:

11.11.21 (Saturday Night)

with one hour interval,

**music** is closed and customer's noise levels response is measured for 5 minutes.

Observed average drop: 1.32 dB

Not effective

# Efficiency – AC Units

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## Experiment 2:

4.11.21 (Saturday Night)

with one hour interval,

**AC units** are closed and customer's noise level's response is measured for 5 minutes.

Observed average drop: 2.24dB

Not effective

# Efficency

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Wall Panels	Flooring	Smart Music	AC Units

Efficency is the most important criteria when deciding.



# CONCLUSION AND RECOMMENDATIONS

	Wall Panels	Flooring	Smart Music	AC Units
Cost				
Feasibility				
Efficiency				

Conclusion:

Only installing wall panels are **recommended**.

Flooring needs an **expert opinion** on cost and efficiency.

Music control and replacing AC Units, further **academic research** is necessary before recommending.

# Action Plan

If Wall panels and Flooring are found applicable by experts.

	D1 Monday	D2	D3	D4	D5 Friday	D6 Saturday	D7 Sunday	D8	D9	D10
Expert Opinion and price research										
Wall Panels Installation										
Flooring Applicaton										

# Referances

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- [1] «NOISE INFOGRAPHIC - LEVELS BY DECIBELS» *Centers of Disease Control and Prevention*. [Online]. Available: <https://www.cdc.gov/niosh/topics/noise/infographic-noiselevels.html>. [Accessed: November 1, 2021]
- [2] <https://restauranttechnologynews.com/2019/09/how-sound-panels-can-reduce-restaurant-noise-levels-protect-employees-hearing-and-improve-the-guest-experience/>
- [3] <https://www.harmoniaconsulting.co.uk/noisy-restaurants>
- [4] [https://odeon.dk/pdf/C116-BNAM\\_2012\\_Rindel\\_29.pdf](https://odeon.dk/pdf/C116-BNAM_2012_Rindel_29.pdf)
- [5] <https://sound-zero.com/acoustic-panels-for-restaurants/>
- [6] <https://journals.sagepub.com/doi/full/10.1177/1351010X19897232>
- [7] <https://nymag.com/intelligencer/2020/05/that-office-ac-system-is-great-at-recirculating-viruses.html>

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[8] <https://www.sciencedirect.com/topics/engineering/sound-absorption-coefficient>

[9] <https://urun.n11.com/studyo-ve-sahne-ekipmanlari/3cm-kalinlikta-akustik-kumas-kapli-panel-5050-cm-P503073247>

[10] <https://www.robotistan.com/arduino-uno-r3-klon-usb-kablo-hediyeli-usb-chip-ch340>

[11] <https://www.direnc.net/grove-loudness-sensor-seeedstudio?language=tr&h=7e7a5193>

[12] <https://www.elektromarketim.com/bahcivan-bmfx-sl200-yuvarlak-karma-akisli-kanal-fani>

[13] [https://www.forbo.com/flooring/tr-tr/uruenler/heterojen-vinil/modul-up-19db-serbest-doesenebilir-vinil/bz7bzs#panel\\_104](https://www.forbo.com/flooring/tr-tr/uruenler/heterojen-vinil/modul-up-19db-serbest-doesenebilir-vinil/bz7bzs#panel_104)