

vibes



PASIR RIS - PUNGOL
TOWN COUNCIL

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Jalan Jalan

EXPLORING THE NEW PASIR RIS HERITAGE TRAIL

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PASIR RIS - PUNGGOL

PROJECT S.U.C.C.E.S.S.

Singaporeans United as a Community to Care and to Encourage Self-Sufficiency

V Show



07 FIGHTING A PANDEMIC TOGETHER: OUR EVERY EFFORT COUNTS

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07 FIGHTING A PANDEMIC TOGETHER: OUR EVERY EFFORT COUNTS



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V Share

Dear Residents,

Welcome back to another issue of Vibes. The past few months have been challenging for everyone as the COVID-19 pandemic brought life to almost a standstill. Despite that, Singaporeans are resilient and adaptable in tough times like this. We make the best of each new situation and emerge stronger than before. We adapted to the "new normal" way of living and working safely, and we even managed to spend quality time with family and friends virtually despite the Circuit Breaker restrictions. In this issue, read about a family's experience as they take on the Pasir Ris Heritage Trail and explore the history of the coastal town just as Singapore enters the third phase of reopening. Another key event which took place recently was the 2020 General Election - inside, get to know your MPs better as they share snippets of lives. Happy reading!

Syed Ahmad Bin Syed Yusof Alsagoff, BBM
Chairman



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Find us at:

Pasir Ris Elias Community Club

93 Pasir Ris Drive 3, Singapore 519498
#02-02

Punggol 21 Community Club

80 Punggol Field, Singapore 828815
Basement 1

Sengkang Community Club

2 Sengkang Square, Singapore 545025
#04-04

Monday to Friday, 10.00am to 5.00pm
(closed on public holidays)



A collaboration by Pasir Ris - Punggol Grassroots Organisations and North East Community Development Council with support from Pasir Ris Town Council

About Pasir Ris - Punggol GRC & Punggol West SMC



Punggol West

Ms Sun Xueling

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Scan the QR code and find out more about Pasir Ris - Punggol GRC & Punggol West SMC
<https://www.prpg-tc.org.sg/index.php/our-towns>



Pasir Ris West

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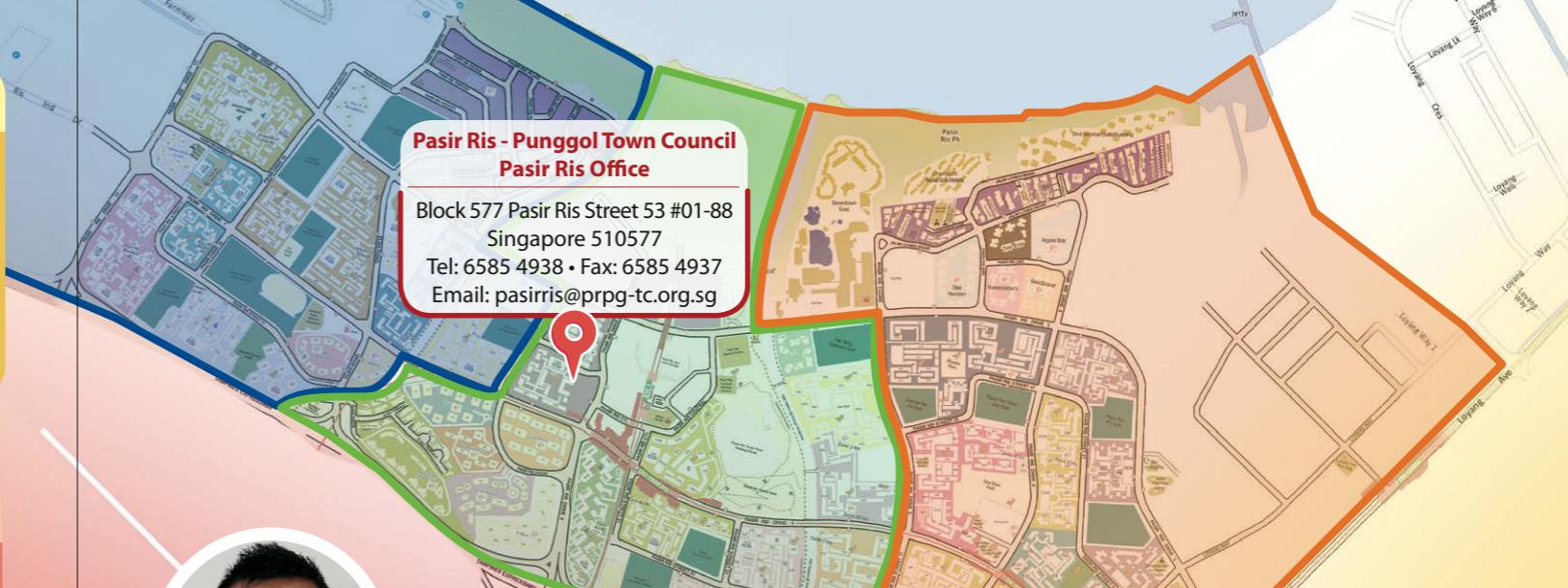
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UP CLOSE & PERSONAL

Describe the Pasir Ris West community in three words.

Close-knit, warm and welcoming. Our Pasir Ris West community is a close knit one. Many residents have lived together here for 25 years and more. Our residents appreciate the more relaxed atmosphere in Pasir Ris, with the beach and park nearby.

Pasir Ris West has grown a lot since 2015. How have you yourself changed in the last five years?

We are happy to welcome more recent residents to Pasir Ris. Our new residents help to rejuvenate the town. I love to see more babies and young children. Many of these young ones are the children of residents who grew up here, and are the grandchildren of our original Pasir Ris residents. As for myself, I am happy that I too have been "promoted" to be a grandparent now.

If you could invite any three people (past or living) as dinner guests, who would they be and why?

My wife and two children. So that we can spend more time together as a family.

You've been an MP for 28 years. What continues to energise you with regard to this role?

The precious bonds with our residents. It's always a great delight to see our residents grow up from being kindergarten toddlers to being parents themselves, and still live here in Pasir Ris; and being able to help our residents improve their lives, and to help keep Pasir Ris a green and welcoming home for our residents. We've come through happy times

Mr Teo Chee Hean



and difficult times together too - the 1997/98 Asian Financial Crisis, SARS and the Global Financial Crisis. It was very heart-warming to see how our residents have come together to look after each other during the current pandemic. Neighbours looked out for the elderly, sewed masks for children and the vulnerable, and encouraged each other to keep up our spirits.

What is your definition of success, and do you think you've achieved it?

I only hope that along the way, I have been able to have made a positive contribution to our residents, and to our country.

For what in your life do you feel most grateful for?

Family and friends. Family who provides us with encouragement and support even through the toughest times. And friends who help provide a sense of perspective on life.

Scan the QR code and find us on facebook
<https://www.facebook.com/MrTeoCheeHean>



FIGHTING A PANDEMIC TOGETHER:

OUR EVERY EFFORT COUNTS

Pasir Ris - Punggol GRC and Punggol West SMC residents rose to the occasion back when COVID-19 was causing plenty of uncertainty and fear at the peak of the outbreak. Giving generously in their own ways, they helped make lives better through contributions such as baking cookies, sewing masks, and providing hand sanitisers.



Ms Jasling Boo, 53, and her fellow volunteers took time off work to bake butter cookies for healthcare workers and cleaners fighting the COVID-19 outbreak. Mdm Boo and her quilling interest group pals first began crafting thank-you cards for those working at the Pasir Ris Polyclinic. She later volunteered to lead the cookie-baking effort after hearing of the idea from staff at the Pasir Ris East Community Club. Gathering people who also had the heart to help, they managed to bake over 200 jars of cookies for our frontline workers.



All photos are in line with prevailing government restrictions and recommendations at time taken.

Masks Sewn With Love (MSWL), a nationwide initiative that aimed to sew 50,000 cloth masks, first gained traction in Punggol West where a group of residents made more than 300 masks for children and elderly from vulnerable families.

Their actions quickly inspired people around Singapore to step up and do the same, giving rise to one of the most prominent ground-up community projects in 2020. According to Ms Sun, this project began after she received feedback from parents who shared that surgical face masks do not fit their children's faces well. MSWL was launched soon after to encourage everyone to make use of their time at home to create reusable masks that can help protect themselves, their family, and also the community.



NEED A HELPING HAND TO GET BY COVID-19?
Scan the QR code and find out more about the available grants, funds and packages for individuals.
<https://www.supportgowhere.gov.sg/>



UP CLOSE & PERSONAL

Dr Janil Puthucheary

What is something many people have told you you're good at? Do you agree?

Talking! I don't know if I am, but I seem to enjoy it, and it is an important part of reaching out to people.

Describe the Punggol Coast community in three words.
Young families growing.

Punggol Coast has grown a lot since 2015. How have you yourself changed in the last five years?

Less hair, less fit, but just as determined to make Punggol and Singapore a great place to bring up families.

Is success a societal construct?
Of course, but happiness is personal!



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<https://www.facebook.com/JPuthucheary>



Jalan Jalan

EXPLORING THE NEW PASIR RIS HERITAGE TRAIL

Steven, Carenl, Krish, Kesan, and Grandma Liew braved the heat and humidity of Singapore to have a family day out exploring and learning about a modern town with a coastal heritage. VIBES followed the family (and from a safe distance of course!) as they took on the Pasir Ris Heritage Trail.

The rain earlier in the morning and overcast day certainly did not dampen the spirit of this family of five who was determined to have a good time exploring the new trail which opened just last December. The self-guided trail has three thematic routes that allows the exploration of 23 heritage sites. You can choose to follow these trails using the National Heritage Board's companion guide and map available on Roots.sg, or visit the sites that interest you most - like what this adventurous family from Punggol chose to do that Saturday morning.



FUN FACT: The name 'Api Api' is derived from the local name for the Avicennia family of mangroves, which used to be found abundantly in the area.

The family took a short walk to **Sungei Api Api** and admired the way engineers have integrated the natural jungle with our concrete jungle, taking care to work with nature instead of against it. It is one of two rivers flowing through the park, and the green corridor running alongside Sungei Api Api between Pasir Ris Drive 1 and 3. It plays a critical role in supporting diverse flowers, plants and animal life.

Next up was **Pasir Ris Park** where the family ran into wild chickens and a group of bird watchers who spotted what appeared to be an eagle. Steven and Carenl pointed out the kelongs in the distance and explained what they were to the young ones. Parents and Grandma appreciated how park-goers were enjoying their weekend while remaining socially distant and compliant to the rules of the current times.



FUN FACT: During the kampong era, kelongs were built using bakau timber, which was obtained from mangroves in areas like Pasir Ris!

The energy continued as they trekked on to the **Mangrove Forest** but not before they spotted other children at a horse riding club! Daddy decided to take advantage of the wide open space and have a little foot race with Krish while younger Kesan tried his hardest to catch up! At the Mangrove Forest rich in flora and fauna, the kids spotted animals like squirrels and took in the fresh air that the forest provided. "I've never smelled anything like this before!" Krish exclaimed.



FUN FACT: Other than little creatures like mudskippers, mud lobsters, sea snakes, and a variety of birds, reptiles like monitor lizards and crocodiles have also been spotted at the mangroves!



FUN FACT: HDB's mosaic playgrounds are known for their terrazzo tiles, geometric lines, and designs based on Asian cultures, animals, trades, and food.

Their first stop was the **Bumboat Playground** next to Elias mall. Part of HDB's series of mosaic playgrounds. It is one of the remaining few left in Singapore and the two young boys took to it naturally. Krish and Kesan looked a little uncertain at first as they navigated the sand pit and cold tiles of the playground, a far departure from the modern playgrounds made primarily of plastic equipment and rubber flooring. Steven and Carenl encouraged them to come down the slide as they reminisced their youth where playgrounds like these were the norm and where they played with reckless abandon.



Congratulations

to Our National Day Award
2020 Recipients!



Mr Ong Phang Hoo, PBM
Patron, Pasir Ris East CCC



Mr Ong Phang Hui, PBM
Patron, Pasir Ris East CCC



Mr Alex Lim Zong Wei, PBM
Chairman, Pasir Ris Central CCMC



Mr Ong Chee Keong, PBM
Chairman, Pasir Ris Central CCC



Mdm Hairani Binte Talib, PBM
Chairperson,
Punggol 21 CC MAEC



Mr Alvin Chia Zong Hang, PBM
Treasurer, Punggol Vista CCMC



Mr Chow Ying Hoong, PBM
Patron, Punggol Shore CCC



Mr Wan Kheng Sang, PBM
Chairman, Punggol West C2E



Mr Gene Hiah Keng Hao, PBM
Chairman, Punggol West CCMC

All photos are in line with prevailing government restrictions and recommendations at time taken.



UP CLOSE & PERSONAL

Ms Sun Xueling

Who among the six of you would you vote "most interesting" and why?

Janil Puthucheary. He says the funniest things at times!

What is something many people have told you you're good at? Do you agree?

Interacting with children. Yes, I love children. Love them to bits.

Describe Punggol West in three words.

Young, green, healthy.

Punggol West has grown a lot since 2015. How have you yourself changed in the last five years?

I have definitely grown older! I see my Punggol West children growing up in front of my eyes.

What are three things on your to-do list?

Spend more time with my kids. Spend more time with my kids. Spend more time with my kids.

Tell the readers about the last time you tried something new.

During the school break, I took a morning off and went cycling at Pulau Ubin with my kids. I can still feel the happiness from that trip weeks after.

How do you stay positive during COVID-19?

I spend time with my children, read a book, and be grateful we are all in good health.

How do you keep a sense of perspective when life gets difficult?

My four-year old told me recently, "Don't think about tomorrow. Just think about today." Such wise words from a four-year old!



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<https://www.facebook.com/helloxueling>



UP CLOSE & PERSONAL

Ms Yeo Wan Ling

Who among the six of you would you vote "most serious" and why?

Actually we're all pretty jovial people, but we're serious when it comes to our constituency work and serving our community well! If we really have to vote, I think it's Sharael! He's always striving to engage his residents deeply and takes his Town Council Chairman responsibilities seriously.

What is something many people have told you you're good at?

I've been told that I have a warm personality and people generally open up to me on issues that they don't usually share with others. Well, I do feel that people do open up to me as I have a good listening ear and I thank our residents for placing their trust in us!

Describe Punggol Shore in three words.

Vibrant, happy, engaged

This is a brand new role and phase in your life. How would your 10-year-old self react to what you do now?

"Oh wow, a grown up 44-year-old Wan Ling! You certainly have lots of friends and people who count on you now. Make sure that you continue to be helpful and kind to everyone!"



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<https://www.facebook.com/hellowanling>



VIRTUAL

Tree Planting Day

This year, with the new normal, we may not be able to gather to show our commitment together.

We can, however, continue our valued tradition of tree planting and remind ourselves to stay green by **planting a virtual tree** as our commitment.

**Let's All Do Our Part Together.
Make Our Pasir Ris - Punggol Towns
Clean & Green!**

Share with us your commitment or thoughts on how we can do our part for a Clean & Green Singapore.

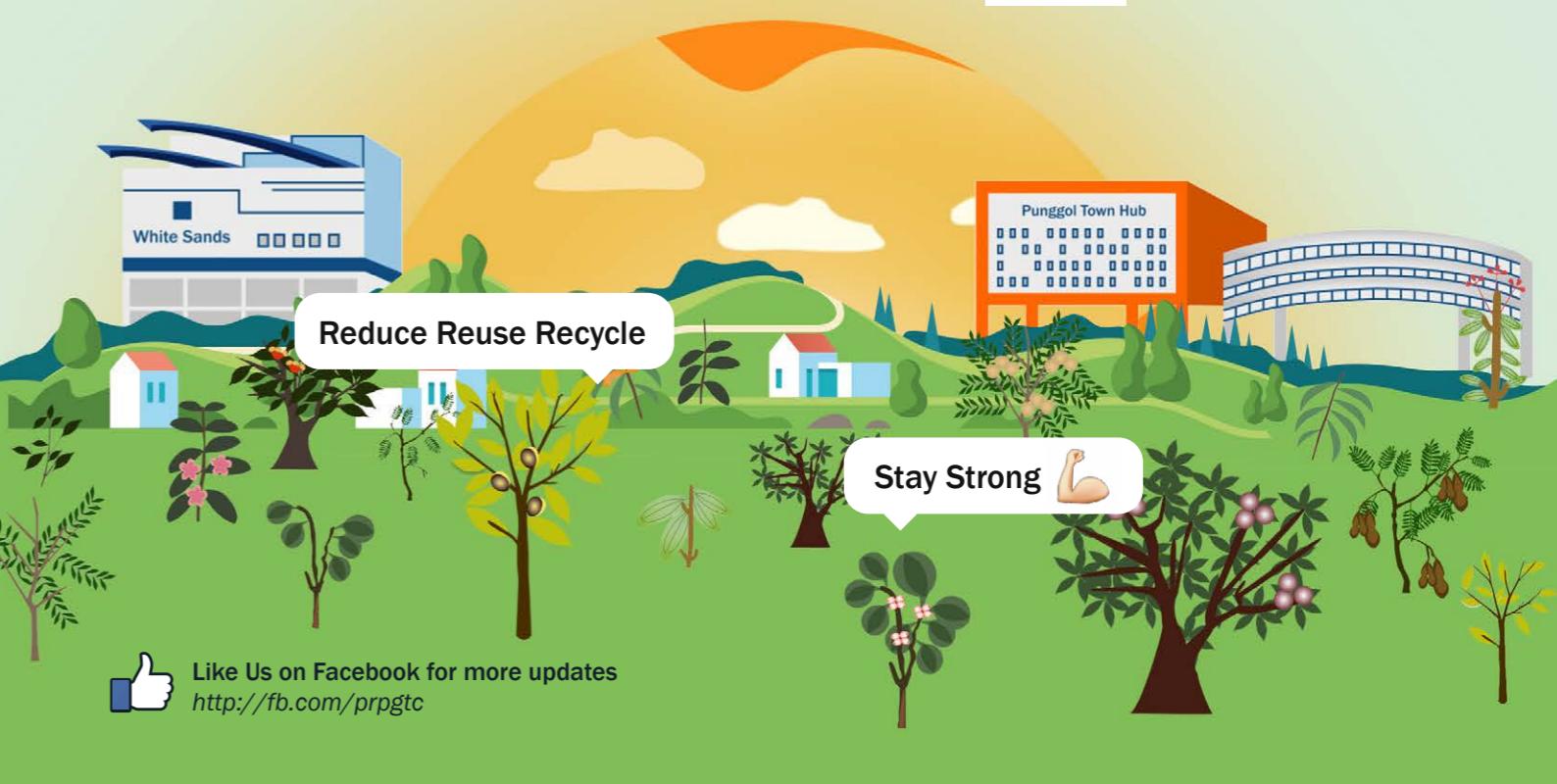
Or send everyone your message of love & encouragement with #tpd2020 #newnormal #prpgtc via the QR code, to tide over the COVID-19 blues and stand to win vouchers!

Ready to go Green?

LET'S GO!



Scan the QR code and find out more about the Virtual Tree Planting
<https://www.prpg-tc.org.sg/tpd2020>



Enhancing Our Estates

COVID-19 isn't getting in the way of estate improvement works at Pasir Ris – Punggol GRC and Punggol West SMC! While some projects will see slightly delayed timelines, full efforts are being made to ensure upgrading, repainting, and restoration works continue to be carried out so your living environment only gets better. Look out for these improvements coming your way!

Pasir Ris West

Repair and Redecoration Works

28 Blocks

at Blocks 700-725, 704A and 710B
Pasir Ris Drive 10 / Street 72

18 Blocks

at Blocks 766-782 and 770A
Pasir Ris Street 71

34 Blocks

at Blocks 736-765 Pasir Ris
Drive 10 / Street 71

Punggol West

Repair and Redecoration Works

26 Blocks

at Blocks 207A-207D, 208A-208C, 209A-209C, 210A-210C, 211A-211D, 212A-212B, 213A-213C, 208,
209, 211 and 212 Punggol Place / Walk

Playground Upgrading

- Block 267 Punggol Field (Roof Garden)
- Block 270 Punggol Field (Roof Garden)
- Block 271D Punggol Walk

Fitness Corner Upgrading

- Block 267 Punggol Field (Roof Garden)
- Block 270 Punggol Field (Roof Garden)

Punggol Shore

Upgrading of Covered Linkway

- Block 126A Edgedale Plains to bus stop
- Block 128A Punggol Field Walk to LRT
- Block 175A Punggol Field to LRT

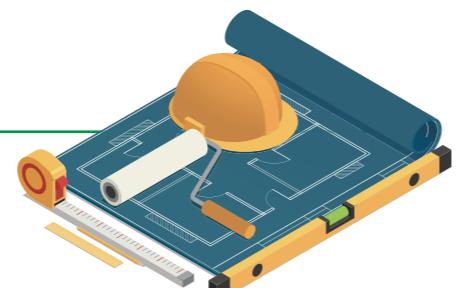


Repair and Redecoration Works

37 Blocks

at Blocks 101A-D, 102, 102A-D, 103,
103A-C, 104A-B, 105A-D, 195, 195A-E,
196A-D, 197, 197A-B, 198, 199A-D
Punggol Field / Edgefield Plains / Punggol Road

Pigeon Netting Installation @ Meadows Precinct



Pasir Ris East

Neighbourhood Renewal Programme

- Blocks 440-461, 441A & 458A Pasir Ris Drive 4/6

Sheltered Walkway to Pasir Ris East CC

Punggol Coast

Playground Upgrading

- Block 274C Punggol Place (Roof Garden)
- Block 289C Punggol Place (Roof Garden)

Fitness Corner Upgrading

- Block 273B Punggol Place (Roof Garden)
- Block 274B Punggol Place (Roof Garden)
- Block 289C Punggol Place (Roof Garden)
- Block 289B Punggol Place (Roof Garden)

Pasir Ris Central

Electrical Rewiring

17 Blocks

at Block 570-586 Pasir Ris Street 53

Reroofing

- Blocks 531-562, 564-569 Pasir Ris Drive 1 / Street 51

Replacement of Water Pipes

34 Blocks

at Block 570-586 & 766-782 Pasir Ris Street 53 / Street 71



All photos are in line with prevailing government restrictions and recommendations at time taken.



UP CLOSE & PERSONAL

Mr Desmond Tan

Who among the six of you would you vote "most street smart" and why?

Sharael most probably. I think it's a private sector instinct.

What is something many people have told you you're good at? Do you agree?

Not good at, but good with people. Yes, it's because I'm enjoy being with people.

Describe Pasir Ris Central in three words.

Green, convenient, friendly.

Is knowing your purpose in life important to you? Have you found out what yours is?

Yes, and I've found mine to be helping others.

What's a belief that you hold with which many people actually disagree with?

There is no such thing as quality time when it comes to children, they only want quantity time.

Who in your life do you wish you had met sooner?

None. They all appeared at the right time.

What's the best & worst career advice you've ever received?

Best- follow your values; Worst- follow the high-flying boss.

What is your definition of success, and do you think you've achieved it?

Success is to live a life with purpose and significance to others . I am working on it.



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<https://www.facebook.com/desmondktm>



Fuss-Free Chicken Biryani

A Deepavali favourite, this aromatic and well-seasoned dish is surprisingly simple to make. Try this recipe that promises maximum flavour with minimum time spent in the kitchen.



Prep Time:
10 minutes



Cook Time:
35 minutes



Servings: 4

Ingredients:

- 1 tablespoon ghee (or vegetable oil)
- 1 ½ pounds boneless, skinless chicken breasts, cut into 1" cubes
- 1 medium yellow onion, chopped
- 1 jalapeno pepper, seeded and minced
- 3 tablespoons grated fresh ginger
- 2 teaspoons garam masala
- 1 teaspoon cumin
- 1 teaspoon turmeric
- 1 ½ teaspoons salt
- 1 tablespoon minced garlic
- 2 large tomatoes, chopped
- ½ cup golden raisins
- 1 cup uncooked basmati rice
- 2 ¼ cup low-sodium chicken broth

Instructions:

- Heat the oil over medium-high heat in a large nonstick frying pan. Add the chicken pieces and let them cook, undisturbed, for 3-5 minutes until golden brown.
- Turn the chicken pieces and add the onion, jalapeno, ginger, salt, garam masala, cumin, turmeric, and salt. Saute for 3 minutes, or until the onions have softened.
- Add the garlic, tomatoes, and raisins to the pan. Stir well, then add the rice and broth. Allow the liquid to come to a boil, then cover the pan and turn the heat down to medium-low. Let the rice steam for 15 minutes. Turn off the heat and fluff the rice with a fork. Re-cover the pan, and allow the rice to continue to steam for another 10 minutes before serving.

(Recipe reproduced from <https://thewanderlustkitchen.com>)



V Quiz Me

Project S.U.C.C.E.S.S. provides job matching services. True or false?

The Pasir Ris Heritage Trail consists of how many heritage sites?

During the kampong era, what were kelongs built with?

What does NRP stand for?

Name*: _____

Contact: _____

Email: _____

Address: _____

Send your entries to:

The Editor, Pasir Ris – Punggol Vibes
c/o Pasir Ris – Punggol Town Council
Block 603 Punggol Road #01-01 Singapore 820603

CLOSING DATE: 4 December 2020

*Name must be stated as per NRIC otherwise entry will be disqualified. Contest is open to Pasir Ris - Punggol residents only.

WINNERS OF PASIR RIS - PUNGGOLO VIBES "QUIZ ME" CONTEST (ISSUE NO. 63)

1st Prize	\$70.00	TAN HEE CHOO
2nd Prize	\$50.00	YAP KOK HUNG
3rd Prize	\$30.00	YEE SEOW KHIM

CONSOLATIONS

\$15.00	RUBIAH BINTI RAHMAN	\$15.00	LI QIONGYE
\$15.00	FAISALLUDIN BIN SOEDI	\$15.00	LEE CHIN YONG
\$15.00	KOH SIOK LUANG EILEEN	\$15.00	TAN SHUWEN CANDICE
\$15.00	SELVI D/O RAMASAMY	\$15.00	CHEW SIAO CHEAN
\$15.00	MANOJ MADHAVAN NAIR	\$15.00	SHINA KOH JING YI
\$15.00	SIVAKUMAR S/O VELU	\$15.00	LOH YOKE ZYE

Winners will be contacted by Pasir Ris - Punggol Town Council.

GLOBETROTTERS WANTED!!



Are you a travel bug who can't wait to share your travel experiences with us? Just write to us about your favourite trip in about 300 words, include four photos in jpeg, and you may just see your article published in Vibes!

Send your articles to vibes@prpg-tc.org.sg. Selected entries stand to receive a token from us!