

Just when the caterpillar thought it was over,
it turned into a beautiful butterfly.



**We Help You Unlock Your Potential,
Transform Your Mindset, and Enhance Your EQ!**

About Coachniti

The corporate world goes beyond individual development, it's about catalyzing a transformative journey that enhances both personal fulfillment and organizational achievement.

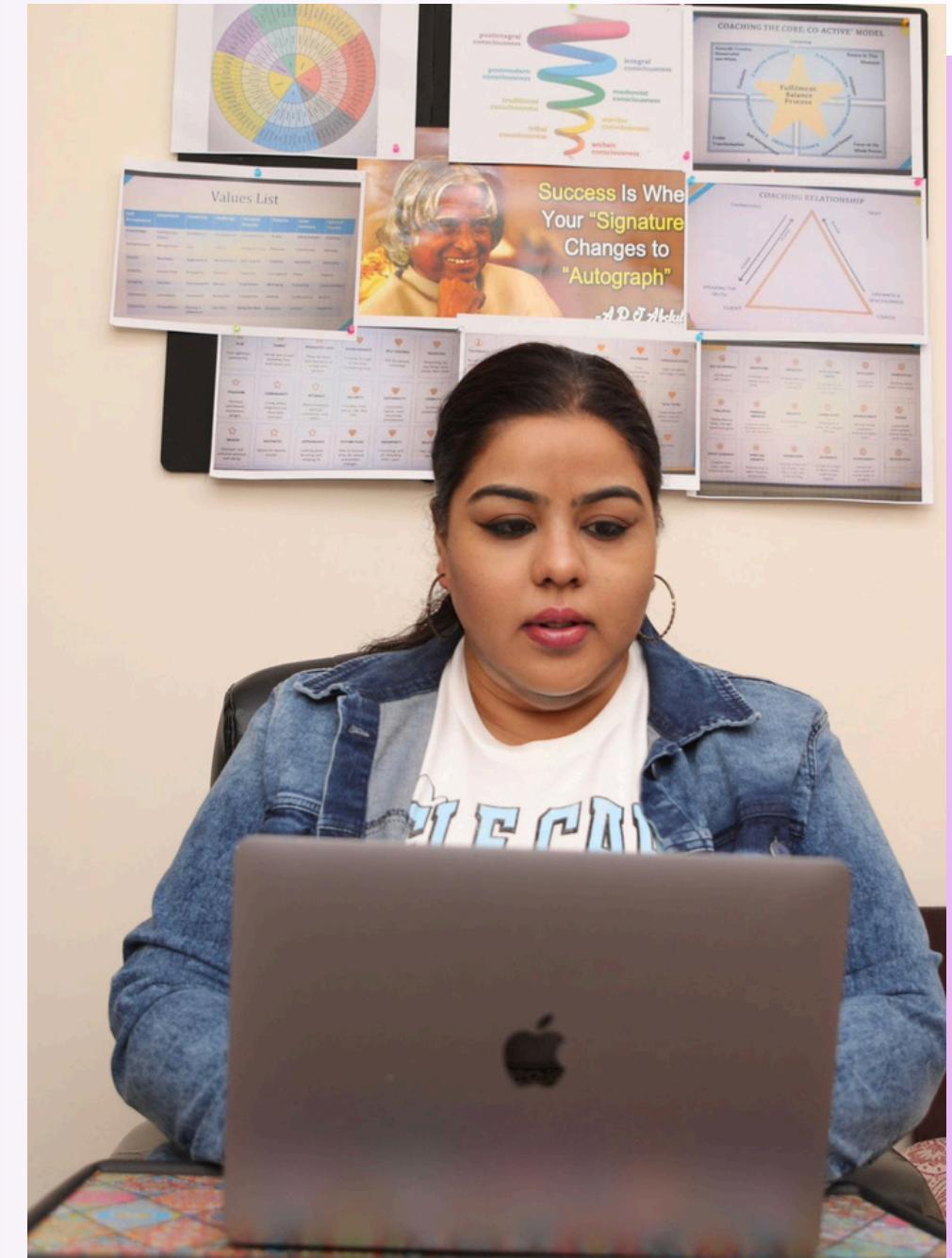
By equipping employees with essential skills, fostering well-being, and aligning individual aspirations with company objectives, life coaching creates a dynamic partnership between personal growth and corporate success.

As we navigate the complexities of the modern business landscape, investing in the growth and well-being of employees becomes not just a strategy, but a fundamental principle. Through life coaching, we unlock untapped potential, cultivate resilience, and foster a culture of continuous improvement.

This, in turn, fuels innovation, collaboration, and the realization of shared goals.

Together, let us embark on a journey that empowers individuals to thrive and organizations to flourish. The mission of life coaching in the corporate world is a testament to the belief that by investing in the growth of each employee, we nurture a collective force that propels companies to new heights of achievement, innovation, and lasting success.

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Meet The Founder



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Leadership Coach | Emotional Intelligence Coach | Organisational Psychologist

Niti Vohra truly believes that the best leaders lead with empathy, self-awareness, and resilience. Her approach combines emotional intelligence with real-world strategies to help you connect with others, grow as a leader, and inspire those around you.

Do you feel a constant tug of war to maintain focus at work and balance in life amid constant demands? If so as a leader, everyone looks up to you for guidance, and meeting everyone's expectations while trying to do your best isn't easy.

But, think how it would be to lead with clarity, manage emotions with ease, and create a career and life that truly fulfills you! Yes, that's what she does for leaders like you on the corporate battlefield.

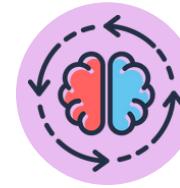
She has 23+ years of experience, worked with 20+ corporates, 3750+ hrs delivered, and 200+ clients impacted so far and counting more!



Niti Vohra

What Do We Do?

We Help You With...



Mindset Mastery

We specialize in cultivating a winning mindset. We help you identify and eliminate self-limiting beliefs, replacing them with confidence, resilience, and positivity.



Goal Setting & Achievement

Achieving your dreams starts with setting clear, actionable goals. We provide practical strategies to turn your dreams into reality.



Career & Leadership

Whether you're aiming for career advancement or leadership excellence, Coachniti offers the tools and guidance to help you stand out and thrive.



Positive Psychology

Harness the power of positive psychology with us. We'll teach you how to cultivate happiness, gratitude, and well-being in your daily life.

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Our Expertise In Corporate Coaching

Elevate your corporate team's potential with our dynamic range of coaching services designed to ignite growth, collaboration, and excellence.



1:1 Coaching

Customized Coaching:

Tailored guidance for personal goals.

Performance Boost:

Enhance professional excellence.

Career Alignment:

Match careers with aspirations.

Leadership Development:

Cultivate leadership skills.

Confidence Building:

Overcome limitations confidently.



Group Coaching

Skills Workshops:

Stress, time management, etc.

Team Retreats:

Wellness with coaching and bonding.

Collaboration Skills:

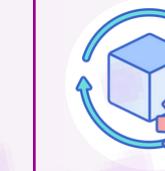
Effective cross-functional teamwork.

Leadership Programs:

Nurturing emerging leaders.

Conflict Resolution:

Managing conflicts for harmony.



Specialized Coaching

Crisis Resilience:

Navigating challenges while staying focused.

Cross-Cultural Communication:

Global communication finesse.

Conflict Management:

Balancing tech usage for well-being.

Networking Excellence:

Effective relationship-building.

Employee Assessment:

Crafting a strong professional identity.

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Other Services



Work-Life Balance Coaching

This coaching package will assist clients in developing strategies to manage their time and priorities, enhance productivity and efficiency, and reduce stress and burnout.



Emotional Intelligence

Develop mindfulness techniques, stress-management strategies, and other tools that can help you stay centered and balanced in the face of stress and adversity.



Mindset Manifestation

Our coaching sessions consist of a process designed to facilitate our clients in identifying their actual problems and working to fix them.



Time Management Training

You'll be able to achieve greater productivity and fulfillment in all areas of life. You'll learn how to manage your time in a way that aligns with your values and goals and creates a more balanced and satisfying life.



Stress Buster Program

Our coaching approach emphasizes self-care, time management, and work-life balance, and we'll work with you to create a customized plan that meets your specific needs and goals.



Transformational Turnaround

You'll gain a deeper understanding of yourself and what you truly want in life. You'll learn how to make meaningful changes in all areas of your life, including career, relationships, health, and personal growth.

Other Services



Mental Health Wellness Programs

Design and implement wellness programs to promote employee well-being and mental health. Provide resources and strategies for stress management and work-life balance.



Leadership Development

Work with leaders to identify areas for improvement in their leadership skills. Offer coaching, workshops, or training programs to enhance leadership effectiveness.



Conflict Resolution

Intervene in conflicts, mediate discussions, and provide conflict resolution training. Establish clear conflict resolution processes within the organization.



Team Building and Training

Develop and implement team-building programs to enhance collaboration and communication among employees. Provide training sessions on topics such as leadership development, conflict resolution, and stress management.



Customize Your Own

Don't you fall into the above categories? No worries we got you that everyone has their own challenges if you don't find your challenges in these please share your personal challenges with us so we can customize your personal solutions.

How Do We Do?

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Step 1: Assessment and Goal Setting

Begin with an initial consultation to understand the client's needs and goals, using a pre-session questionnaire. Follow this with a detailed assessment through tools like DISC or MBTI to gain deeper insights. Conclude this step by setting SMART goals (Specific, Measurable, Achievable, Relevant, Time-bound) collaboratively with the client.

Step 2: Coaching Sessions and Action Plan

Conduct regular, structured coaching sessions at a defined frequency. Develop a step-by-step action plan with specific actions, milestones, and timelines, utilizing tools and techniques. Provide necessary resources and support

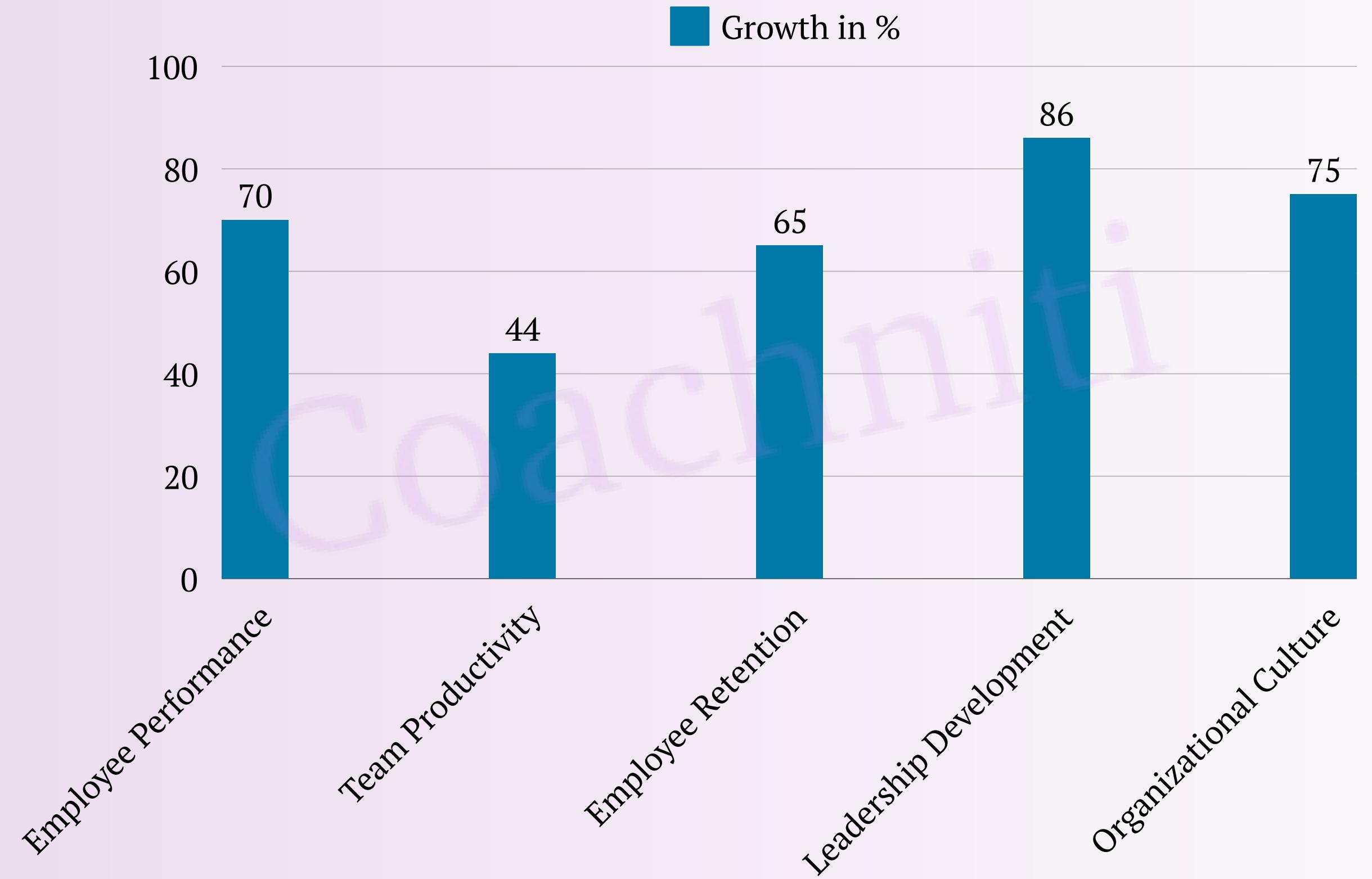
Step 3: Review, Accountability Partnership

Schedule regular progress reviews using tracking tools to monitor advancement toward goals. Adjust the action plan and approach based on feedback and changing client needs, ensuring continuous improvement.



The Impact of Coaching On Companies

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Featured In



hb.



Xavio



SAHYOG KUSHTHA YAGNA TRUST

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Testimonials



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Priyesh Menon



I have known Niti as a friend and now in her capacity as a Life and Leadership Coach. I have enjoyed and immensely benefited from the sessions, her intuitive capabilities combined with perseverance will provide the necessary support to grow. She would follow through with actions and ensure you do the same. Thank you for setting me up on this journey.



Charu Singhal



I worked with Niti to address the challenges I was facing as a single working mother seeking a life transition, trying to balance my time for my 4-year-old. She brought a wealth of resources and practical tools to help me set goals in line with my personal values and explore avenues right away. I appreciate Niti's versatility as an accountability partner, ally, and coach.



Daisy Arora



Niti is a godsend for me. I'm really grateful to her for the insightful and energizing sessions. Her versatile style and methods have helped me to focus and steer my energies in the right direction. She has helped me look into my situation from a new perspective which has solved many problems. I can notice a difference in my approach to any given situation. I feel more confident and positive. Thank you, Niti. God bless you

Contact Us

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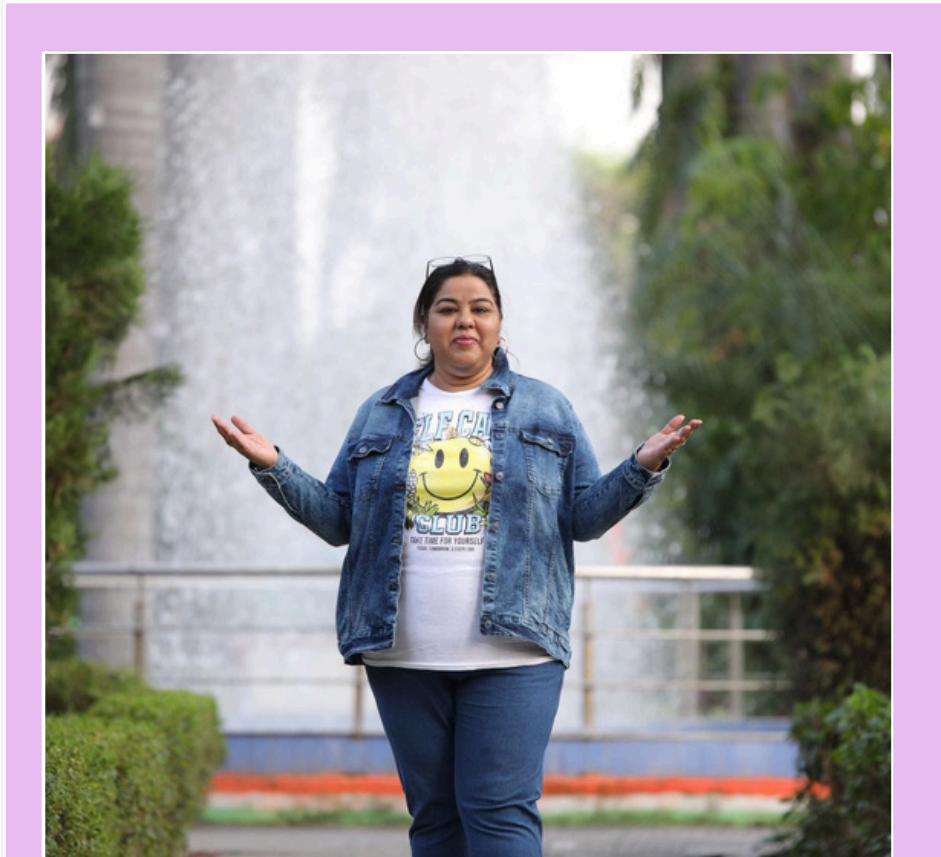
Follow us on social media for daily inspiration and updates:

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 **Instagram:** <https://instagram.com/coachniti?igshid=MzRIODBiNWFIZA==>

 **LinkedIn:** <https://www.linkedin.com/in/coach-niti>

Empower Your Team's Transformation With Us: Let's Partner to Inspire Growth and Fulfillment at Your Company. Begin the Journey Today!



Niti Vohra