

Activities

Soccer

Football

Basketball

baseball

Lifting

Running Clubs

Cardio

Community Walk-Groups

Calisthenics

squash

dodgeball

boxing

Community

Competition with friends

5mile radius leaderboard

Find People to Workout With

Global Leaderboard

User Benifits

Improving Your Physique

Improve Mental Health

Weight Gain/Bulking

Weight Loss/Cutting

track your progress

Earning Points

Personal Records

duration in the gym

weekly goals

Being higher in the rankings than your friends

Set your own goals weight loss/weight gain

completeing an organized workout

Activities Completed

Working out consecutive days

Goals

inspire people to work out more

getting people in a consistent workout routine

build up workout communities

Improve physical fitness throughout whole communities