Activities

- Soccer
- Football
- Basketball
- baseball
- Lifting
- Running Clubs
- Cardio
- Community Walk-Groups
- Calisthenics
- squash
- dodgeball
- boxing

Community

- Competition with friends
- 5mile radius leaderboard
- Find People to Workout With
- Global Leaderboard

User Benifits

- Improving Your Physique
- Improve Mental Health
- Weight Gain/Bulking
- Weight Loss/Cutting
- track your progress

Earning Points

- Personal Records
- duration in the gym
- weekly goals
- Being higher in the rankings than your friends
- Set your own goals weight loss/weight gain
- completeing an organized workout
- Activities Completed
- Working out consecutive days

Goals

- inspire people to work out more
- getting people in a consistent workout routine
- build up workout communities
- Improve physical fitness throughout whole communities