

COSAS presents the...

Co-op Student Mentorship Program

2020-2021

Background

Building off the Co-op program's core values and services, the Co-op Mentorship Program was introduced as an additional channel to facilitate the building of networks and connections between Sauder students across cohorts, specializations, and experiences.

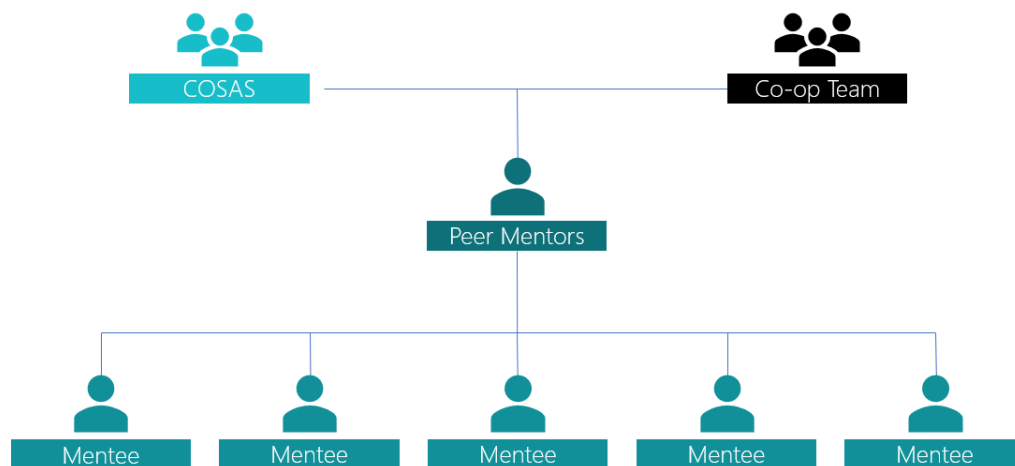
It aimed to provide the sharing of knowledge and opportunities among peers within the greater Co-op community. However, due to the turbulent societal climate today, and an identified need for a greater sense of community within UBC Sauder Co-op, our goal this year is to reinvent the mentorship program

and transform it into an engaging and inclusive medium for student outreach.

The conventional mentee/mentor relationship will be reimagined into close-knit, engaged groups of intake students led by passionate and supportive community leaders. The aim is to extend the sphere of influence of our student leaders so that they may inspire and lead, all the while providing support and guidance for new prospective students.

We are looking for Co-op students with at least one work term completed by December 31, 2020 to become peer mentors!

Your Role



Mentors will lead community groups of 4-6 Co-op intake students over the course of the academic year. Starting with PD Day (Co-op Intake Kickoff), mentors are to provide support and guidance to new Co-op students by answering questions, directing them to correct resources, helping them network, etc. Mentors

will also engage their community groups throughout the year with self-directed reconnect events or COSAS-hosted networking opportunities. Mentors are also expected to establish their *own means of connection* with mentees, whether it's through mediums like Messenger, WhatsApp, etc

Expectations

- ✚ Create communication channels to consistently reach out to their mentees throughout the term
- ✚ Being a point of contact for mentees to answer questions and also direct new students to extra resources.
- ✚ Share their own experiences from job search and work terms.
- ✚ Expose junior students to their network by introducing peers and relevant opportunities.
- ✚ Attend all workshops, PD Day, other COSAS-hosted events.
- ✚ Actively participate in COSAS activities/challenges aimed towards the mentorship program.
- ✚ Estimated **0.5-1.5 hours per week** during Term 2 engaging mentees.
- ✚ Participate and complete COSAS feedback and check-in surveys (One at the beginning, middle, and end of the program—3 in total).

Mentorship Program Key Dates (Term 1)



1. Applications

Mentor Applications will be released on **August 24 and closed on Oct 2**. We hope that you will spread the word to any of your peers who would be interested in giving back to the next generation of UBC Sauder Co-op.

2. Interviews

Short 20-30 min informal individual interviews will be used to help us keep in touch. You are one of our vital stakeholders and COSAS hopes to use this opportunity to learn more about you and your interests. We hope that we can use these takeaways to help us in creating your community groups.

3. Mentor Orientation

At the end of Term 1, we will be conducting a mentor orientation to go over plans for the second term. We will cover a tentative schedule for PD-Day and participate in an interactive workshop that will cover:

- ✚ Intro to coaching and mentorship
- ✚ Co-op timeline and resources
- ✚ FAQ for different times of the year
- ✚ Resume and Cover Letter review tips for you to pass onto your mentees
- ✚ Interview prep



Why you should join?

We hope that we can provide our mentors with valuable experiences and takeaways from this program. Some benefits of participating as a mentor this year include:

- ✚ Building up your leadership and mentorship skills.
- ✚ Making more connections within the Co-op program, especially with students from different years and backgrounds.
- ✚ Training from Co-op Team and COSAS for how be able to make resumes/cover letters more effective.
- ✚ Stay involved with our amazing Co-op Community here at UBC Sauder School of Business!

Message from the COSAS Team

We appreciate you contributing to the betterment of the Co-op Community. As such, we strongly believe in providing valuable and worthwhile experiences to all of our mentors. COSAS will strive to maintain professionalism and organization throughout the program. We hope to communicate with our mentors on a regular basis whether it's through email, our website, or social media.

As part of our mission, we are hosting a mentor-only leadership session so that you can learn some key skills to utilize when leading your groups. In addition to leadership support, we will also provide support in helping you better assist your mentees. Our hope is that through passing knowledge to others, you yourself will also obtain insights into improving your own Co-op experience.

Above all, you can expect us to be there for you this year. We require you for the success of this program as much as you depend on us. Therefore, please do not hesitate to provide feedback at any time during the year.

Thank you,

The 2020-2021 COSAS Team



About COSAS

As the only student-led organization operating under the Sauder School of Business Co-op Office, COSAS strives to create meaningful impact for the Co-op student community. We hope to create a sense of belonging for all students, regardless of background, experience, or workstream.

