HERBALIFE NUTRITION QUICK, SIMPLE & DELICIOUS

Treat your body to a delicious healthy meal in a glass in just 3 minutes!

With our lives getting busier and busier, eating regular nutritious meals can be difficult. Herbalife® Formula 1 meal replacement shake is a delicious meal on the go that provides an excellent balance of high quality protein from soy and milk and essential micronutrients.



Clinical studies show that daily use of meal replacement shakes as part of a calorie restricted diet is proven for managing weight, along with moderate exercise.

