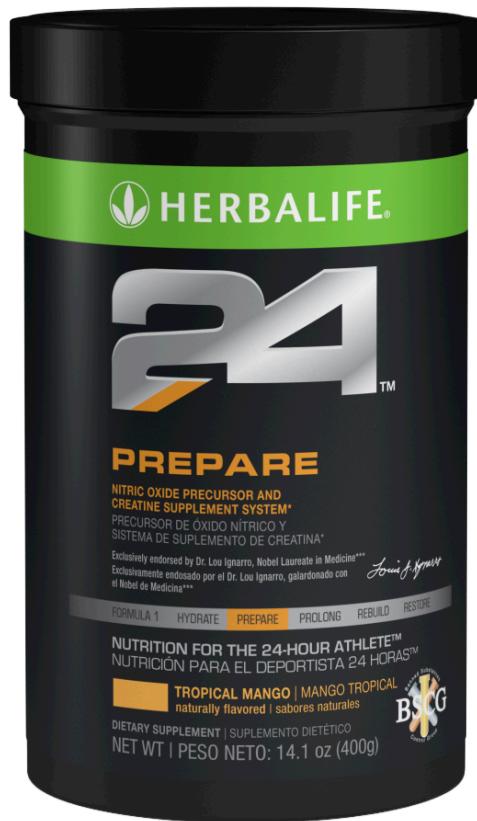


INTRODUCING HERBALIFE24



PREPARE

Supports Blood Flow to Working Muscles*

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

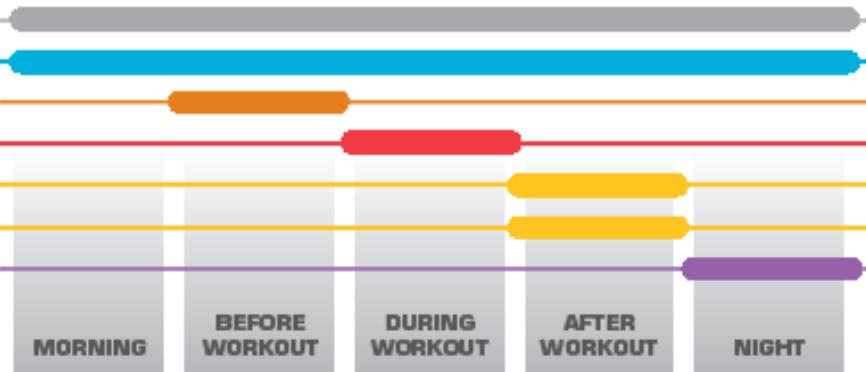
24-Hour Nutrition Line



Nutrition extends beyond “pre, during and post” workout

HERBALIFE24 PRODUCT LINE

FORMULA 1 SPORT
HYDRATE
PREPARE
PROLONG
REBUILD ENDURANCE
REBUILD STRENGTH
RESTORE



Customizable Product Line



Product Use Guide by activity



ENDURANCE

FITNESS

STRENGTH

TEAM SPORTS

EVERYONE



Bars indicate the relative need for each product – from low to high – depending on your activity, training, performance and recovery

PREPARE

PREPARE

MORNING

BEFORE WORKOUT

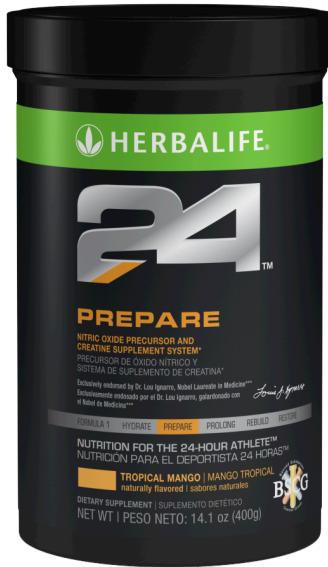
DURING WORKOUT

AFTER WORKOUT

NIGHT



Support Blood Flow to Working Muscles*



Target User:

- Strength and endurance athletes
- Anyone looking for a physical edge

Key Benefits:

- Increases blood flow*
- Supplements natural creatine levels

Key Features:

- Nitric oxide precursor system
- Creatine for muscular power*

Usage scenarios

- Strength athlete before workout or anytime
- Endurance athlete before an aerobic training session
- Anyone looking for daily energy support

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How is Prepare Different Than Niteworks®?



	Niteworks®	Prepare
Benefits	General Heart Health	Athletic Performance
L-Arginine	+	+
L-Citrulline	+	+
L-Ornithine aKG	-	+
Creatine	-	+
Caffeine	-	+

- Heart health
- Blood flow
- Strength
- Helps mental focus

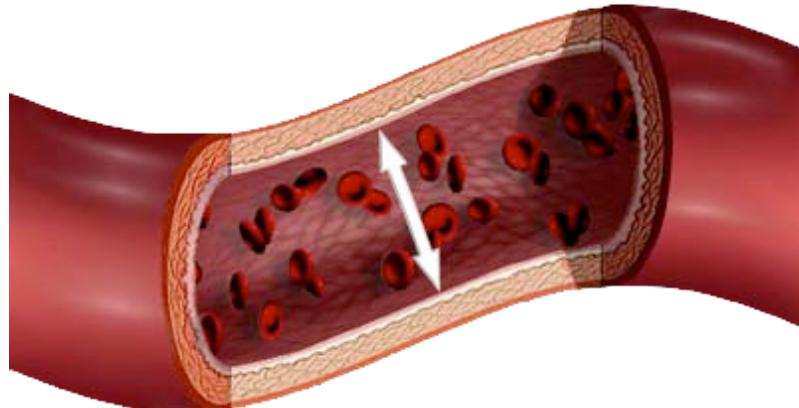
Nitric Oxide Precursor System



Prepare was developed in collaboration with Nobel[†] Laureate in Medicine, Dr. Lou Ignarro, who is partly responsible for discovering the biological pathway of nitric oxide

[†]The Nobel Foundation has no affiliation with Herbalife and does not review, approve or endorse Herbalife® products.

Nitric oxide increases blood flow to:



- Support oxygen delivery*
- Promote muscle growth*
- Improve strength*
- Speed muscle recovery*
- Support nutrient delivery*

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Nitric Oxide Precursor System



Prepare provides:

L-Ornithine alpha-ketoglutarate (aKG)

- Helps produce arginine
- Feeds back into nitric oxide production cycle for increased NO production*

Why you need it:

Nitric oxide helps support healthy blood flow and can help improve athletic performance*



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Explosive Muscular Power



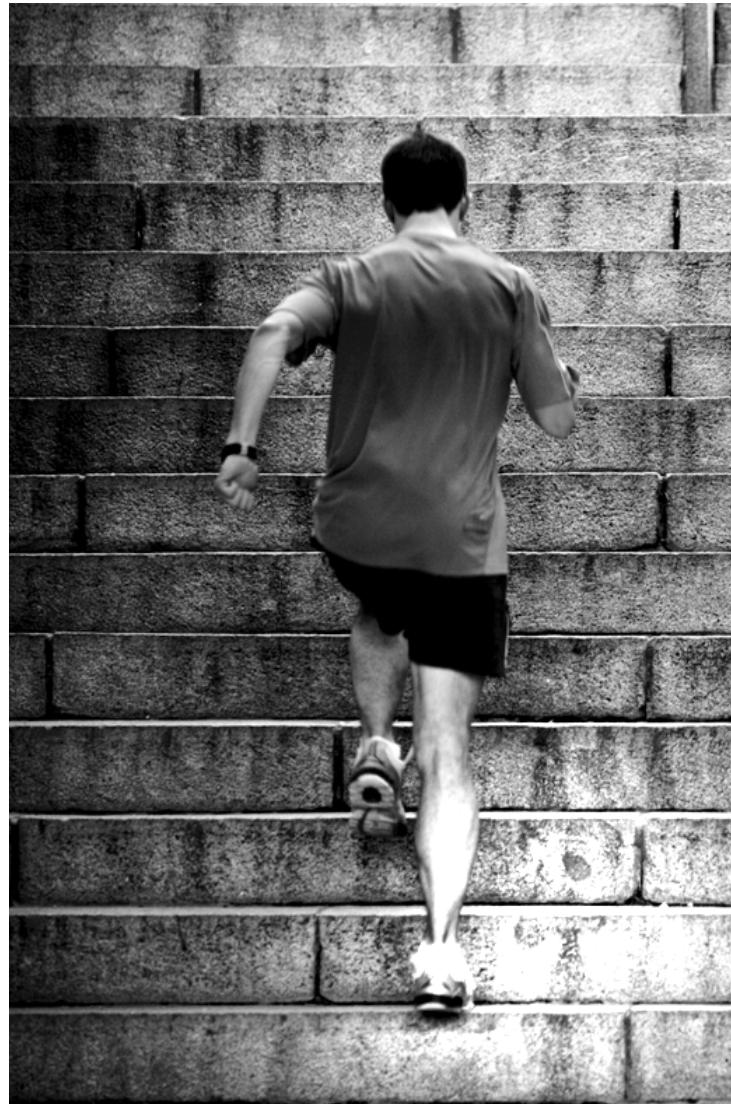
Prepare provides:

2,000 mg creatine monohydrate

Creatine is the “power molecule” for athletes

Why you need it:

Supplement body's naturally occurring levels to support explosive muscle movement*



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Facilitate Creatine Uptake



Prepare provides:

12 g maltodextrin

A long chain of glucose units that is easily utilized for energy

Why you need it:

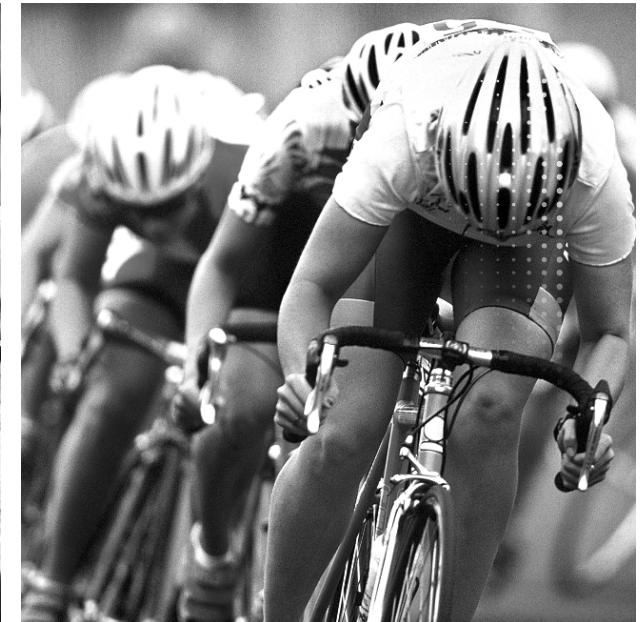
- Energy for a workout
- Carbohydrates help facilitate creatine uptake



Prepare: Healthy and Active Lifestyle



- Less than 70 calories per serving
- Subtle taste
- All natural colors, flavors and sweeteners
- For anyone looking for a physical edge



Get the most out of your training!

Being an Athlete is a Lifestyle



Herbalife24 is a comprehensive nutrition line to meet the needs of an athlete 24 hours a day



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