

Edit

SitUpStraight



Choose reminder profile



Work



Game



Movies



My Profiles



My Goals



Statistics

Go get a bottle of water!

Next >



Cancel

[Cancel](#)

SitUpStraight



3

Drink more water

Next: < 5 minutes

**Add a goal**

Cancel

SitUpStraight



You have paused the program

Resume >

[Cancel](#)

SitUpStraight



It is time to hydrate!

0:27

Complete

Miss



Drink more water

Next: < 10 minutes



Add a goal

Cancel

SitUpStraight

**Drink more water**

Next: < 5 minutes



Add a goal

Cancel

SitUpStraight



3

Drink more water

Next: < 5 minutes



Add a goal

Complete

Miss

Cancel