

Central Valley Multi Event

CHAMPIONSHIPS

DECATHLON / HEPTATHLON

Saturday and Sunday June 1st and 2nd

More Information at centralvalleymulti.com

Fresno Pacific University www.fresno.edu





















Central Valley Multi Event Saturday & Sunday - June 1st and 2nd

Fresno Pacific University

1717 S. Chestnut Ave - Fresno, CA 93702

- High School Boys' Decathlon (High School Implements*)
- High School Girls' Heptathlon (High School Implements)
- Open Division Men/Women (International Implements)
- Pentathlon, ages 12+, available upon request. Contact Us.



For Online Registration go to centralvalleymulti.com \$60 per athlete (ONLINE registration). \$80 DAY OF REGISTRATION (Cash Only). All Athletes receive a T-Shirt.

COMPETITION DETAILS

The Central Valley Multi Event is a 2-day competition in which boys/men in the Decathlon will compete in 10 events and the girls/women in the Heptathlon will compete in 7 Events. For Pentathlon, ages 12+, contact us.





Day 1 Day 2 100M 110M Hurdles Long Jump Discus **Shot Put** Pole Vault

High Jump Javelin

400M 1500M

HEPTAHLON

Day 1 Day 2 100M Hurdles Long Jump Javelin High Jump

Shot Put 800M

200M



- •The top five in each division will receive a medal (Fr, So, Jr, Sr, Open).
- All participants will receive a t-shirt.

CONTACT US

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