



Physical Activity Journal

[Sign in](#)

[Register](#)

[< back](#)

Welcome

Enter your name

Enter your email

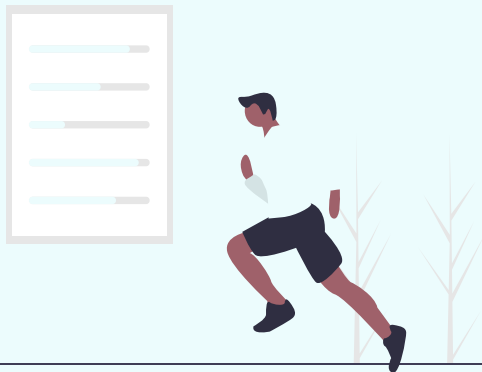
Enter password

Confirm password

Register

[< back](#)

Welcome back!



Enter your email


Enter password

Sign in

Korina's activities log:


Run 1 - Marathon training

 run

 12.10.2019


afternoon walk

 walk

 18.10.2019


Countryside ride

 ride

 14.02.2020


firs mountain hike

 hike

 28.08.2019


ultra training - long run

 run

 10.07.2020

Ultra event

 run

 20.09.2020

[Add activity](#)

Run 1 - Marathon training

Type:

run

Date:

12.10.2019

Start time:

12:30

Duration:

43 min

Intensity:

medium

Distance:

5.5 km

Description:

Went too fast in the beginning

Back

Edit

Delete

Run 1 - Marathon training

Type:

run



Date:

12.10.2019

Start time:

12:30

Duration:

43 min

Intensity:

medium



Distance:

5.5 km

Description:

Went too fast in the beginning

Save

Cancel

Enter title

Type:

select type* ▼

Date:

enter date*

Start time:

enter start time*

Duration:

-

Intensity:

select intencity* ▼

Distance:

enter distance

Description:

Enter description

Save

Cancel

Run 1 - Marathon training

Type:

run

Date:

12.10.2019

Start time:

12:30

Duration:

43 min

Intensity:

medium

Distance:

5.5 km

Description:

Went too fast in the beginning

**Are you sure
you want to
delete the activity?**

Yes

Cancel

Back

Edit

Delete