

HELLO!

Self-isolating because of Coronavirus? I can help you!

My name is

I live locally at

My phone number is

Are you having issues with...?



**Food shopping
or cooking**



**Medical
supplies**



Loneliness



Anything else

Just call or text me & I'll be happy to help (for free)!

**If you want to help people in your area go
to www.coronafriend.com & claim a road!**

What is Covid-19 (Coronavirus)?

A contagious virus causing worry for many people, especially the elderly and other vulnerable people.

How can I protect myself?

Through good hygiene (washing your hands frequently) and keeping a distance of at least 2m from other people.

What is CoronaFriend?

The **CoronaFriend** initiative is designed to reduce anxiety by ensuring at risk people are offered the support they need, by those who are able.

- Any help offered is free. No **CoronaFriend** will ask for payment, other than to purchase supplies that you need.
- Any payment for supplies should be made after your goods have been brought to you and left at your door.
- Be careful to maintain at least 2m distance when handing over cash. Leave it on a windowsill if possible.

Although we live in worrying times, asking for help can make a real difference, so please call your **CoronaFriend**!

#CoronaFriend

    **@coronafriend**

www.coronafriend.com



CoronaFriend