

Celebrating life virtually

## **Program**

May 27, 2020 (all times in EST)

Time	The Main Stage: A New Era of Virtual Health	A Healthier You: LIVE activities	Get Access: Virtual Care at your fingertips	Social Café: Let's Talk		
	MAIN STAGE	ACTIVITY BREAKOUT	"DEMO" BREAKOUT	NETWORKING		
10:00-10:30	Orientation					
10:30-11:00am	Virtual cooking class @home a healthy brunch with celebrity chef					
11:00-11:15am	Welcome and Opening Remarks					
11:15-11:30	Interview with China					
11:30-12:00 Noon	Keynote: Fireside chat – A New Era of Virtual Health (began) in Time of COVID	Interactive Activities (12-6pm):  - Meditation - Nutrition - Physical Activity - Art & Music - Comedy	Virtual Expo (12-6pm):  Curated demos by top health companies  Ask a Doc: *COVID-19 *GP's *OBGYN *Paediatrics *Mental health	Coffee & Juice Bar  Open Networking Live Music		
12:00-12:45pm	Panel: Mental Well-being in a World of Distancing			Open Networking Live Music		
12:45pm-1:15pm	Panel: Virtual Everything: Better Health at a Lower Cost			Open Networking Live Music		
1:15-1:30pm	Comedy – Missy Modell			Open Networking Live Music		
1:30pm-2:15pm	Panel: Women's Health: The Maternity Journey in the Virtual Age					
2:15pm-3:00pm	Panel: The "New Normal": Back to Work?					
3:00pm-3:30pm	Fireside Chat					



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3:30-4:15pm	Panel: The Promise and Peril of Big Data and Artificial Intelligence in the New Normal of Virtual Health		Open Networking Live Music
4:15-5:00pm	Panel: Making Sense of Sensors, Devices, and Digital Therapeutics		
5:00-5:15pm	Music/Magic Show		Music/Comedy
5:15-5:30pm	Fireside Chat: Food for Thought: Immunity through food?		Open Networking Live Music
5:30-6pm	Panel: Democratizing Health for Virtually Everyone		
6-6.30pm	Evening Keynote Fireside chat: Mental Health – Where do we go from here?		
6:30-6:45pm	Closing remarks		
7:00-8:30pm 9:30-11:00pm	Dinner (EST) Dinner (PST)		Open Networking Live Music
8:30-12:00am	Virtual Dancing (with DJ's for	Good)	