Codebook

Combined Data, Included Subjects

Dataset name:	subset_1168
Dataset size:	590.4 Kb
Column count:	104
Row count:	1,168
Updated date:	2023-11-25

Column Attributes:

1	Column name:		id		
	Column description:		Respondent se	quence number	
	Source information:		NHANES data set		
	Data type:		Integer		
	Unique non-missing value count:		1,168		
	Missing value count:		0		
	Min	Mean	Median	Max	SD
10	09271.00	117219.39	117313.00	124821.00	4446.35

2	Column name:		drop_flag	
	Column description:		Flag for exclusion: age < 20, cancer linsulin or other glucose lowering means exposure or outcome variable	2 .
	Source information:		Calculated from NHANES data	
	Data type:		Logical	
	Unique non-missing value count:		1	
	Missing value count:		0	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	1,168	1,168	100.00

3	Column name:	collection_cycle

Column description: Data release cycle

Source information: NHANES data set

Data type: Factor

Unique non-missing value count: 1

Categories	Frequency	Cumulative Frequency	Percent
NHANES 2017-2020 public release	1,168	1,168	100.00

4	Column name	2:	collection_lang		
	Column descri	ption:	Language of SP Interview		
	Source information: Data type: Unique non-missing value count: Missing value count:		NHANES data set		
			Ordered, factor		
			2		
			0		
	Categories	Frequency	Cumulative Frequency	Percent	
	English	1,084	1,084	92.81	
	Spanish	84	1,168	7.19	

5	Column name	2.	cholesterol_rx_ever	
	Column description: Source information: Data type:		Told to take prescriptn for cholest	erol
			NHANES data set	
			Logical	
	Unique non-missing value count:		1	
	Missing value count:		0	
	Categories	Frequency	Cumulative Frequency	Percent
	TRUE	1,168	1,168	100.00

6	Column name:	adherence
	Column description:	Now taking prescribed medicine
	Source information:	NHANES data set

Unique non-missing value count: 2

Missing value count: 0

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	401	401	34.33	
TRUE	767	1,168	65.67	

7	Column name:		cancer_ever	
'	Column description:		Ever told you had cancer or malignancy	
	Source information:		NHANES data set	
	Data type:		Logical	
	Unique non-missing value count: Missing value count:		1	
			1	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	1,167	1,167	99.91
	Missing	1	1,168	0.09

8	Column name	a• •	rx_glucose_lowering	
	Column description:		RX: Subject reported insulin or ot medication	her glucose-lowering
	Source information:		Calculated from RX Data Supplement	
	Data type:		Logical	
	Unique non-missing value count:		1	
	Missing value	count:	503	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	665	665	56.93
	Missing	503	1,168	43.07

9	Column name:	cholesterol_ever

Column description: Doctor told you - high cholesterol level

Source information: NHANES data set

Data type: Logical

Unique non-missing value count: 2

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	141	141	12.07	
TRUE	1,024	1,165	87.67	
Missing	3	1,168	0.26	

10	Column name:		cholesterol_check_ever	
	Column description:		Ever had blood cholesterol checke	ed
	Source information:		NHANES data set	
	Data type:		Logical	
	Unique non-missing value count:		1	
	Missing value count:		1,024	
	Categories	Frequency	Cumulative Frequency	Percent
	TRUE	144	144	12.33
	Missing	1,024	1,168	87.67

11	Column name:		cholesterol_check_last
	Column description:		When blood cholesterol last checked
	Source information:		NHANES data set
	Data type: Unique non-missing value count:		Ordered, factor
			4
	Missing value count:		1
	Categories I	Frequency	Cumulative Frequency Percent

Categories	Frequency	Cumulative Frequency	Percent	
Within 1 year	873	873	74.74	
1-2 years ago	167	1,040	14.30	
2-5 years ago	83	1,123	7.11	
5+ years ago	44	1,167	3.77	

Missing 1 1,168 0.09

12	Column name:		age		
	Column descriptio	n:	Age (years)		
	Source information	1:	Significantly mod Teaching Team	lified from NHA	NES data by
	Data type:		Integer		
	Unique non-missir	ng value count:	60		
	Missing value count:		0		
	Min N	l ean	Median	Max	SD
	20.00 6	2.36	63.00	80.00	12.74
13	Column name:		sex		
	Column descriptio	n:	Sex (Male/Female	e)	
	Source information	1:	Significantly mod Teaching Team	lified from NHA	NES data by
	Data type:		Ordered, factor		
	Unique non-missir	ng value count:	2		
	Missing value cour	nt:	0		
	Categories	Frequency	Cumulative	Frequency	Percent
	Male	606	60)6	51.88
	Female	562	1,10	68	48.12
14	Column name:		race_ethn_4cat		
	Column descriptio	n:	Race/Hispanic ori	igin without Non	-Hispanic Asian
	Source information	n:	Calculated from N	NHANES data	
	Data type:		Ordered, factor		
	Unique non-missing value count: Missing value count:		4		
			0		
	Categories	Frequency	Cumulative	Frequency	Percent
	Hispanic	200	20	00	17.12

Non-Hispanic White	508	708	43.49
Non-Hispanic Black	288	996	24.66
Other Race (including multiracial)	172	1,168	14.73

15 Column name:		race_ethn_5cat	
Column description	on:	Race/Hispanic origin with Non-H	ispanic Asian
Source information	Source information:		
Data type:		Ordered, factor	
Unique non-missing value count:		4	
Missing value cou	unt:	0	
Categories	Frequency	Cumulative Frequency	Percent
Hispanic	200	200	17.12
Non-Hispanic White	508	708	43.49
Non-Hispanic Black	288	996	24.66
Other Race (including multiracial)	172	1,168	14.73

16	Column name:	race_5cat
	Column description:	Race from RIDRETH1
	Source information:	Significantly modified from NHANES data by Teaching Team
	Data type:	Ordered, factor
	Unique non-missing value count:	5
	Missing value count:	0
	Categories Frequency	Cumulative Frequency Percent

Categories	Frequency	Cumulative Frequency	Percent	
Mexican American	72	72	6.16	
Other Hispanic	128	200	10.96	
Non-Hispanic White	508	708	43.49	
Non-Hispanic Black	288	996	24.66	
Other Race (including multiracial)	172	1,168	14.73	

17	Column name:		race_6cat	
	Column descripti	on:	Race/Hispanic origin w/ NH Asian	n
	Source information	on:	NHANES data set	
	Data type:		Ordered, factor	
	Unique non-miss	ing value count:	6	
	Missing value co	unt:	0	
	Categories	Frequency	Cumulative Frequency	Percent
Max	vican American	72	72	6 16

Categories	Frequency	Cumulative Frequency	Percent	
Mexican American	72	72	6.16	
Other Hispanic	128	200	10.96	
Non-Hispanic White	508	708	43.49	
Non-Hispanic Black	288	996	24.66	
Non-Hispanic Asian	124	1,120	10.62	
Other Race (including multiracial)	48	1,168	4.11	

18	Column name:	marital_status	
	Column description:	Marital status	
	Source information:	NHANES data set	
	Data type:	Ordered, factor	
	Unique non-missing value co	punt: 3	
	Missing value count:	0	
	Categories Freque	ency Cumulative Frequency	Percent

Categories	Frequency	Cumulative Frequency	Percent	
Married/Living with Partner	675	675	57.79	
Widowed/Divorced/Sep arated	380	1,055	32.53	
Never Married	113	1,168	9.67	

19	Column name:	educ_level	
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Column description: Educational level

Source information: NHANES data set

Ordered, factor Data type:

Unique non-missing value count: 5

Missing value count: 1

Categories	Frequency	Cumulative Frequency	Percent
Less than 9th grade	65	65	5.57
9th-11th grade	139	204	11.90
HS graduate or GED	295	499	25.26
Some college or AA degree	387	886	33.13
College graduate or above	281	1,167	24.06
Missing	1	1,168	0.09

20 Column name:		occupation_type_week	
Column descript	ion:	Type of work done last week	
Source informat	ion:	NHANES data set	
Data type:		Ordered, factor	
Unique non-missing value count:		4	
Missing value co	ount:	0	
Categories	Frequency	Cumulative Frequency	Percent
Employed and working	474	474	40.58
Employed, but not working	21	495	1.80

516

1,168

1.80

55.82

21

652

Seeking work

Unemployed

21	Column name:	accult_birth_country
	Column description:	Country of birth
	Source information:	NHANES data set
	Data type:	Ordered, factor

Unique non-missing value count:

Missing value count: 0

Categories	Frequency	Cumulative Frequency	Percent	
Born in the 50 US states or Washington, DC	880	880	75.34	
Others	288	1,168	24.66	

2

22	Column name:	accult_time_usa
	Column description:	Acculturation time in the US
	Source information:	NHANES data set
	Data type:	Ordered, factor
	Unique non-missing value count:	4
	Missing value count:	882

Categories	Frequency	Cumulative Frequency	Percent	
Less than 5 years	13	13	1.11	
5+ but < 15 years	34	47	2.91	
15 but < 30 years	87	134	7.45	
30+ years	152	286	13.01	
Missing	882	1,168	75.51	

23	Column name	:	income_ratio			
	Column description:		Family monthly pove	Family monthly poverty level index		
	Source informa	ation:	NHANES data set			
	Data type:		Numeric			
	Unique non-mi	ssing value count:	316			
	Missing value	count:	0			
	Min	Mean	Median	Max	SD	
	0.00	2.55	2.19	5.00	1.55	

24	Column name:	income_cat	
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	Column description	1:	Family monthly poverty level cate	egory
	Source information	:	NHANES data set	
Data type:		Ordered, factor		
	Unique non-missin	g value count:	3	
	Missing value coun	nt:	0	
	Categories	Frequency	Cumulative Frequency	Percent
	than or equal to 35% of FPL	312	312	26.71
Betwee	een 135 and 185% of FPL	202	514	17.29
Greate	er than 185% FPL	654	1,168	55.99
25	Column name:		ins_dichot	
	Column description	1:	INSURANCE: Subject reported a insurance?	ny form of health
	Source information	:	Significantly modified from NHA	NES data
	Data type:		Logical	
	Unique non-missin	g value count:	1	
	Missing value coun	nt:	95	
	Categories	Frequency	Cumulative Frequency	Percent
	TRUE	1,073	1,073	91.87
	Missing	95	1,168	8.13
26	Column name:		ins_classif	
	Column description	ı:	INSURANCE: Total Insurance St	atus
	Source information	:	Calculated from NHANES data	
	Data type:		Ordered, factor	
	Unique non-missin	g value count:	9	
	Missing value coun	nt:	95	
	Categories	Frequency	Cumulative Frequency	Percent

Both private and government, with drug coverage	257	257	22.00
Both private and government, without drug coverage	25	282	2.14
Both private and government, unk drug coverage	2	284	0.17
Government, with drug coverage	420	704	35.96
Government, without drug coverage	44	748	3.77
Government, unk drug coverage	3	751	0.26
Private, with drug coverage	303	1,054	25.94
Private, without drug coverage	16	1,070	1.37
Private, unk drug coverage	3	1,073	0.26
Missing	95	1,168	8.13

27	Column name:		ins_type		
	Column description:		INSURANCE: Health Insurance Type		
	Source information:		Calculated from NHANES data		
	Data type:		Ordered, factor		
	Unique non-missing value count:		3		
	Missing value count:		95		
	Categories	Frequency	Cumulative Frequency Percent		

Categories	Frequency	Cumulative Frequency	Percent	
Government	467	467	39.98	
Private	322	789	27.57	
Both private and government	284	1,073	24.32	
Missing	95	1,168	8.13	

28	Column name:		ins_any_gap		
	Column description:		INSURANCE: Time when no insurance in past year?		
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing value count:		2		
	Missing value count	::	89		
C	ategories	Frequency	Cumulative Frequency	Percent	
]	FALSE	1,032	1,032	88.36	
	TRUE	47	1,079	4.02	
1	Missing	89	1,168	7.62	

29	Column name	:	ins_private	
	Column descrip	otion:	INSURANCE: Subject reported coverage by private health insurance	
	Source informa	tion:	Significantly modified from NHA	NES data
	Data type: Unique non-missing value count:		Logical 2	
	Missing value of	count:	95	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	467	467	39.98
	TRUE	606	1,073	51.88
	Missing	95	1,168	8.13

30	Column name:	ins_govt
	Column description:	INSURANCE: Subject reported coverage by government health insurance (Medicaire, Medicaid, Medigap, CHIP, State plan, other)
	Source information:	Calculated from NHANES data
	Data type:	Logical
	Unique non-missing value count:	2
	Missing value count:	95

Categories	Frequency	Cumulative Frequency	Percent
FALSE	322	322	27.57
TRUE	751	1,073	64.30
Missing	95	1,168	8.13

31 Colum	nn name:	ins_none		
Colum	n description:	INSURANCE: Subject reported they had no health insurance coverage (Uninsured)		
Source	e information:	Significantly modified from NHANES data		
Data ty	ype:	Logical		
Unique	e non-missing value count:	1		
Missin	g value count:	95		
Categories	Frequency	Cumulative Frequency	Percent	
FALSE	1,073	1,073	91.87	
Missing	95	1,168	8.13	

32	Column name:		ins_rx		
	Column descri	ption:	INSURANCE: Do plans cover pro	escriptions?	
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing value count:		2		
	Missing value	count:	95		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	88	88	7.53	
	TRUE	985	1,073	84.33	

33	Column name:	ins_govt_medicare
	Column description:	INSURANCE: Covered by Medicare
	Source information:	NHANES data set

1,168

8.13

95

Missing

Unique non-missing value count: 1

Categories	Frequency	Cumulative Frequency	Percent
TRUE	573	573	49.06
Missing	595	1,168	50.94

34	Column name	2:	ins_govt_medigap		
	Column descri	ption:	INSURANCE: Covered by Medi-Gap		
	Source inform	ation:	NHANES data set		
	Data type:		Logical		
	Unique non-missing value count:		1		
	Missing value count:		1,147		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	21	21	1.80	
	Missing	1,147	1,168	98.20	

35	Column name:		ins_govt_medicaid		
	Column descr	iption:	INSURANCE: Covered by Medicaid		
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing value count:		1		
	Missing value count:		995		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	173	173	14.81	
	Missing	995	1,168	85.19	

30	6 Column name:	ins_govt_chip	
	Column description:	INSURANCE: Covered by CHIP	
	Source information:	NHANES data set	

Unique non-missing value count: 0

Categories	Frequency	Cumulative Frequency	Percent	
Missing	1,168	1,168	100.00	

37	Column name:		ins_govt_state		
	Column description:		INSURANCE: Covered by state-sponsored health plan		
	Source information:		NHANES data set		
	Data type: Unique non-missing value count: Missing value count:		Logical 1		
			1,108		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	60	60	5.14	
	Missing	1,108	1,168	94.86	

38	Column name	e:	ins_govt_other		
	Column descr	iption:	INSURANCE: Covered by other government insurance		
	Source information:		NHANES data set		
	Data type: Unique non-missing value count:		Logical 1		
	Missing value	count:	1,021		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	147	147	12.59	
	Missing	1,021	1,168	87.41	

39	Column name:	cvd_hx
	Column description:	CVD Hx: Subject reported comorbid cardiovascular disease (CAD, CHF, Angina, MI, CVA)
	Source information:	Calculated from NHANES data

Unique non-missing value count: 2

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	894	894	76.54	
TRUE	274	1,168	23.46	

Column name:		cvd_chf_ever		
Column description:		Ever told had congestive heart failur	re	
Source information:		NHANES data set		
Data type: Unique non-missing value count: Missing value count:		Logical 2		
		Categories	Frequency	Cumulative Frequency
	Source information: Data type: Unique non-missing v Missing value count:	Source information: Data type: Unique non-missing value count: Missing value count:	Source information: Data type: Logical Unique non-missing value count: Missing value count: 3	

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	1,100	1,100	94.18	
TRUE	65	1,165	5.57	
Missing	3	1,168	0.26	

41	Column name:		cvd_chf_age		
	Column description:		Age when told you had heart failure		
	Source information:		NHANES data set		
	Data type:		Integer		
	Unique non-missing value count:		33		
	Missing value count:		1,103		
Min Mean		Median	Max	SD	
	16.00	57.72	59.00	80.00	14.19

42	Column name:	cvd_cad_ever
	Column description:	Ever told you had coronary heart disease
	Source information:	NHANES data set

Unique non-missing value count: 2

Missing value count: 2

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	1,054	1,054	90.24	
TRUE	112	1,166	9.59	
Missing	2	1,168	0.17	

43	Column name:		cvd_cad_age		
	Column description:		Age when told had coronary heart disease		
	Source information:		NHANES data set		
	Data type:		Integer		
	Unique non-missing value count:		42		
	Missing value	count:	1,058		
Min Mean		Mean	Median	Max	SD
	16.00	57.55	59.00	80.00	11.72

44	Column name:		cvd_angina_ever	
	Column description:		Ever told you had angina/angina pect	oris
	Source information:		NHANES data set	
	Data type:		Logical	
	Unique non-missing	value count:	2	
	Missing value count:		8	
	Categories	Frequency	Cumulative Frequency	Percent

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	1,102	1,102	94.35	
TRUE	58	1,160	4.97	
Missing	8	1,168	0.68	

45 Column name: cvd_angina_age	
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Column description: Age when told you had angina pectoris

Source information: NHANES data set

Data type: Integer

Unique non-missing value count: 33

Missing value count: 1,110

Min	Mean	Median	Max	SD
16.00	54.38	55.00	80.00	12.42

46	Column name:		cvd_mi_ever	
	Column description	n:	Ever told you had heart attack	
	Source information	:	NHANES data set	
	Data type:		Logical	
	Unique non-missin	g value count:	2	
	Missing value count:		2	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	1,062	1,062	90.92

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	1,062	1,062	90.92	
TRUE	104	1,166	8.90	
Missing	2	1,168	0.17	

47	Column name:		cvd_mi_age		
	Column description:		Age when told you	u had heart attack	
	Source information:		NHANES data set		
	Data type:		Integer		
	Unique non-missing value count:		42		
	Missing value count:		1,064		
	Min	Mean	Median	Max	SD
	20.00	57.40	59.00	80.00	12.28

48	Column name:	cvd_cva_ever

Column description: Ever told you had a stroke

Source information: NHANES data set

Data type: Logical

Unique non-missing value count: 2

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	1,038	1,038	88.87	
TRUE	129	1,167	11.04	
Missing	1	1,168	0.09	

49	Column name:		cvd_cva_age		
	Column description:		Age when told you	had a stroke	
	Source information:		NHANES data set		
	Data type: Unique non-missing value count: Missing value count:		Integer 46		
			1,041		
	Min	Mean	Median	Max	SD
	22.00	58.35	58.00	80.00	13.74

50	Column name:	alc_ever	
	Column description:	ALCOHOL: Ever had a drink of any kind of alco	ohol
	Source information:	NHANES data set	
	Data type:	Logical	
	Unique non-missing value	count: 2	
	Missing value count:	123	
	Categories Fre	uency Cumulative Frequency Percent	

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	70	70	5.99	
TRUE	975	1,045	83.48	
Missing	123	1,168	10.53	

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C-1 1i-+i	ALCOHOL: How often do you consume alcohol? (Past
Column description:	12 months)

12 months)

Source information: NHANES data set

Ordered, factor Data type:

Unique non-missing value count: 11

Categories with Smallest Values	Frequency	Categories with Largest Values	Frequency
Nearly every day	45	3-6 times in the last year	89
Every day	49	1-2 times in the last year	99
7-11 times in the last year	54	2-3 times per month	104
once per week	63	Missing	194
once per month	63	Never in last year	260

52	Column name	:	alc_per_day		
	Column description:		•	you drink alcohol, how lay? (Past 12 months)	2
	Source information:		NHANES data set		
	Data type:		Integer		
	Unique non-missing value count:		13		
	Missing value count:		455		
	Min	Mean	Median	Max	SD
	1.00	2.27	2.00	15.00	1.87

53	Column name:	alc_heavy
	Column description:	ALCOHOL: Heavy Drinking Status
	Source information:	Calculated from NHANES data
	Data type:	Logical
	Unique non-missing value count:	2

	4	
Missing	value	count.

125

Categories	Frequency	Cumulative Frequency	Percent
FALSE	937	937	80.22
TRUE	106	1,043	9.08
Missing	125	1,168	10.70

54 C	Column name:		smoking_hx		
Co	olumn description:		Smoking status		
So	ource information:		Calculated from NHANES data by teaching team		
Da	ata type:		Ordered, factor		
Uı	Unique non-missing value count: Missing value count:		3		
M			0		
Catego	gories	Frequency	Cumulative Frequency	Percent	
Nev	ver	596	596	51.03	
Pas	st	378	974	32.36	
Curr	rent	194	1,168	16.61	
Pas	sst	378	974	32.36	

55	Column name:		active_mod_work	_dur	
	Column description:		Physical Activity: moderate work min per week		
	Source information:		Significantly modi Teaching Team	fied from NHANI	ES data by
	Data type:		Numeric		
	Unique non-m	issing value count:	57		
	Missing value	count:	682		
	Min	Mean	Median	Max	SD
	1.43	91.32	60.00	565.71	98.51

56	Column name:	active_transport_dur
	Column description:	Physical Activity: transportation min per week
	Source information:	Significantly modified from NHANES data by Teaching Team

Data type: Numeric

Unique non-missing value count: 44

Min	Mean	Median	Max	SD	
2.14	45.37	21.43	480.00	68.29	

57	Column name:		active_mod_rec_dur		
	Column descri	Column description:		: moderate recreati	onal min per week
	Source information:		Significantly modified from NHANES data by Teaching Team		
	Data type:		Numeric		
	Unique non-m	issing value count:	48		
	Missing value count:		693		
	Min	Mean	Median	Max	SD
	2.14	30.79	17.14	308.57	38.40

58	Column name	e:	active_total		
	Column description:		Physical Activity under PAG	y: total physical acti	vity min per week
	Source information:		Significantly mo Teaching Team	odified from NHAN	ES data by
	Data type:		Numeric		
	Unique non-m	issing value count:	168		
	Missing value count:		385		
	Min	Mean	Median	Max	SD
	1.43	107.79	51.43	1748.57	170.25

59	Column name:	active_vig_dur
	Column description:	Physical Activity: total minutes of vigorous physical activity per week
	Source information:	Significantly modified from NHANES data by Teaching Team

Data type: Numeric

Unique non-missing value count: 38

Min	Mean	Median	Max	SD
14.29	284.66	154.29	1302.86	309.28

60	Column name	:	bmi		
	Column descrip	otion:	Body Mass Index		
	Source informa	ation:	NHANES data set		
	Data type:		Numeric		
	Unique non-mi	ssing value count:	277		
	Missing value	count:	85		
	Min	Mean	Median	Max	SD
	15.40	30.30	29.00	80.60	6.94

61	Column name:	bmi_cat
	Column description:	CDC obesity classification
	Source information:	Calculated from NHANES data by teaching team
	Data type:	Ordered, factor
	Unique non-missing value count:	5
	Missing value count:	85

Categories	Frequency	Cumulative Frequency	Percent
Underweight	7	7	0.60
Normal Weight	212	219	18.15
Overweight	396	615	33.90
Obese Class 1 or 2	373	988	31.93
Obese Class 3	95	1,083	8.13
Missing	85	1,168	7.28

62	Column name:	weight_self
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	Weight Self-P	erception: How	do you consi	der your
Column description:	\mathcal{C}	1	2	5

weight

Source information: NHANES data set

Data type: Ordered, factor

Unique non-missing value count: 3

Categories	Frequency	Cumulative Frequency	Percent	
Overweight	639	639	54.71	
Underweight	51	690	4.37	
About the right weight	477	1,167	40.84	
Missing	1	1,168	0.09	

63	Column name:		weight_self_wish	
	Column description: Source information: Data type:		Weight Self-Perception: Like to wasame	veigh more, less or
			NHANES data set	
			Ordered, factor	
	Unique non-mis	sing value count:	3	
	Missing value count:		0	
	Categories	Frequency	Cumulative Frequency	Percent

Categories	Frequency	Cumulative Frequency	Percent	
More	63	63	5.39	
Less	764	827	65.41	
About the same	341	1,168	29.20	

64	Column name:	weight_need_ever
	Column description:	Weight Needs: Doctor told you to control/lose weight
	Source information:	NHANES data set
	Data type:	Logical
	Unique non-missing value count:	2
	Missing value count:	0

Categories	Frequency	Cumulative Frequency	Percent
FALSE	742	742	63.53
TRUE	426	1,168	36.47

Column n	ame:	weight_need_exercise	
Column de	escription:	Weight Needs: Doctor told you to exercise NHANES data set	
Source inf	ormation:		
Data type:		Logical	
Unique no	n-missing value count:	2	
Missing va	alue count:	2	
Categories	Frequency	Cumulative Frequency	Percent
FALSE	533	533	45.63
TRUE	633	1,166	54.20
Missing	2	1,168	0.17

66	Column name	:	weight_need_salt	
	Column description: Source information: Data type: Unique non-missing value count: Missing value count:		Weight Needs: Doctor told you to reduce salt in diet NHANES data set	
			Logical	
			2 3	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	659	659	56.42
	TRUE	506	1,165	43.32
	Missing	3	1,168	0.26

67	Column name:	weight_need_fat
	Column description:	Weight Needs: Doctor told you to reduce fat/calories
	Source information:	NHANES data set
	Data type:	Logical

Unique non-missing value count: 2

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	631	631	54.02	
TRUE	537	1,168	45.98	

68	Column nam	ie:	weight_act_now		
	Column description:		Weight Actions (currently): Are you now controlling or losing weight		
	Source information: Data type: Unique non-missing value count:		NHANES data set Logical 2		
	Missing value	e count:	1		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	360	360	30.82	
	TRUE	807	1,167	69.09	
	Missing	1	1,168	0.09	

69	Column name	e:	weight_act_now_exercise	
	Column description: Source information: Data type: Unique non-missing value count: Missing value count:		Weight Actions (currently): Are you now increasing exercise NHANES data set Logical 2	
			1	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	477	477	40.84
	TRUE	690	1,167	59.08
	Missing	1	1,168	0.09

70	Column name:	weight_act_now_salt	
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	Column description:		Weight Actions (currently): Are y in diet	ou now reducing salt	
	Source information:		NHANES data set		
	Data type:		Logical 2		
	Unique non-missing	value count:			
	Missing value count	:	0		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	385	385	32.96	
	TRUE	783	1,168	67.04	
71	Column name:		weight_act_now_fat		
	Column description:		Weight Actions (currently): Are y in diet	ou now reducing fat	
	Source information: Data type:		NHANES data set Logical		
	Unique non-missing	value count:	2		
	Missing value count	:	1		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	359	359	30.74	
	TRUE	808	1,167	69.18	
	Missing	1	1,168	0.09	
72	Column name:		weight_act_year		
	Column description:		Weight Actions (past 12 months): in past year	Tried to lose weight	
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing	value count:	2		
	Missing value count	:	150		
	Categories	Frequency	Cumulative Frequency	Percent	

FALSE

590

590

50.51

TRUE	428	1,018	36.64
Missing	150	1,168	12.84

73	Column name:		weight_act_year_cut		
	Column description:		Weight Actions (past 12 months): weight	Ate less to lose	
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing value count: Missing value count:		1		
			804		
	Categories Frequency		Cumulative Frequency	Percent	
	TRUE	364	364	31.16	
	Missing	804	1,168	68.84	
74	Column name:		weight_act_year_calories		
Column description:		Weight Actions (past 12 months): with lower calories	Switched to foods		
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing	value count:	1		
	Missing value count	:	983		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	185	185	15.84	
	TRUE Missing	185 983	185 1,168	15.84 84.16	
75					
75	Missing		1,168	84.16	
75	Missing Column name:		1,168 weight_act_year_fat Weight Actions (past 12 months):	84.16	

Unique non-missing value count:

Missing		

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フ	J	J

	Missing value count:		955	
	Categories	Frequency	Cumulative Frequency	Percent
	TRUE	213	213	18.24
	Missing	955	1,168	81.76
76	Column name:		weight_act_year_exercise	
	Column description:		Weight Actions (past 12 months): weight	Exercised to lose
	Source information:		NHANES data set	
	Data type:		Logical	
	Unique non-missing	value count:	1	
	Missing value count:		884	
	Categories	Frequency	Cumulative Frequency	Percent
	TRUE	284	284	24.32
	Missing	884	1,168	75.68
77	Column name:		weight_act_year_skip	
	Column description:		Weight Actions (past 12 months): Skipped meals	
	Source information:		NHANES data set	
	Data type:		Logical	
	Data type: Unique non-missing	value count:	Logical 1	
			_	
	Unique non-missing		1	Percent
	Unique non-missing Missing value count:		1 1,044	Percent 10.62
	Unique non-missing Missing value count: Categories	Frequency	1 1,044 Cumulative Frequency	
78	Unique non-missing Missing value count: Categories TRUE	Frequency 124	1 1,044 Cumulative Frequency 124	10.62
78	Unique non-missing Missing value count: Categories TRUE Missing	Frequency 124	1 1,044 Cumulative Frequency 124 1,168	10.62 89.38
78	Unique non-missing Missing value count: Categories TRUE Missing Column name:	Frequency 124	1 1,044 Cumulative Frequency 124 1,168 weight_act_year_product Weight Actions (past 12 months):	10.62 89.38
78	Unique non-missing Missing value count: Categories TRUE Missing Column name: Column description:	Frequency 124	1 1,044 Cumulative Frequency 124 1,168 weight_act_year_product Weight Actions (past 12 months): products	10.62 89.38

Unique non-missing value count:

Missing value count: 1,121

Categories	Frequency	Cumulative Frequency	Percent
TRUE	47	47	4.02
Missing	1,121	1,168	95.98

1

79	Column name	:	weight_act_year_liquid		
	Column description: Source information: Data type: Unique non-missing value count:		Weight Actions (past 12 months): formula	Used a liquid diet	
			NHANES data set		
			Logical 1		
	Missing value	count:	1,130		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	38	38	3.25	
	Missing	1,130	1,168	96.75	

80	Column name:		weight_act_year_program		
	Column description: Source information: Data type: Unique non-missing value count:		Weight Actions (past 12 months): Joined a weight loss program		
			NHANES data set Logical		
	Missing value co	ount:	1,147		
	Categories Frequency		Cumulative Frequency	Percent	
	TRUE	21	21	1.80	
	Missing	1,147	1,168	98.20	

81	Column name:	weight_act_year_rx
	Column description:	Weight Actions (past 12 months): Took prescription diet pills

Source information: NHANES data set

Data type: Logical

Unique non-missing value count: 1

Missing value count: 1,148

Categories	Frequency	Cumulative Frequency	Percent	
TRUE	20	20	1.71	
Missing	1,148	1,168	98.29	

82	Column name:		weight_act_year_nonrx		
	Column description:		Weight Actions (past 12 months): Took non-RX suppl. to lose weight		
	Source information:		NHANES data set		
	Data type: Unique non-missing value count:		Logical 1		
	Missing value	count:	1,139		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	29	29	2.48	
	Missing	1,139	1,168	97.52	

3	Column name:		weight_act_year_purge		
	Column description: Source information: Data type: Unique non-missing value count:		Weight Actions (past 12 months): vomited	Took laxatives or	
			NHANES data set Logical		
			1		
	Missing value	count:	1,163		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	5	5	0.43	
	Missing	1,163	1,168	99.57	

84

Column name:

weight_act_year_water

	Column description:		Weight Actions (past 12 months):	Drank a lot of water	
	Source information:		NHANES data set		
	Data type:		Logical 1		
	Unique non-missing	value count:			
	Missing value count	:	884		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	284	284	24.32	
	Missing	884	1,168	75.68	
85	Column name:		weight_act_year_diet		
	Column description:		Weight Actions (past 12 months): diet	Followed a special	
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing	value count:	1		
	Missing value count	:	1,123		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	45	45	3.85	
	Missing	1,123	1,168	96.15	
86	Column name:		weight_act_year_carbs		
	Column description:		Weight Actions (past 12 months): carbohydrates	Ate fewer	
	Source information:		NHANES data set		
			Logical		
	Data type:		Logical		
	Data type: Unique non-missing	value count:	Logicai 1		
	-		_		
	Unique non-missing		1	Percent	
	Unique non-missing Missing value count	:	1 939	Percent	

87	Column name:		weight_act_year_smoke		
	Column description:		Weight Actions (past 12 months): began to smoke again	Started to smoke or	
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing	value count:	1		
	Missing value count	:	1,160		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	8	8	0.68	
	Missing	1,160	1,168	99.32	
88	Column name:		weight_act_year_veg		
	Column description:		Weight Actions (past 12 months): vegetables, salads	Ate more fruits,	
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing value count:		1		
	Missing value count	:	883		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	285	285	24.40	
	Missing	883	1,168	75.60	
89	Column name:		weight_act_year_habits		
	Column description:		Weight Actions (past 12 months): Changed eating habits		
	Source information:		NHANES data set		
	Data type: Unique non-missing value count: Missing value count:		Logical 1		
			949		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	219	219	18.75	

90	Column name:		weight_act_year_sweets		
	Column description:		Weight Actions (past 12 months): Ate less sugar, candy, sweets NHANES data set Logical		
	Source information:				
	Data type:				
	Unique non-missing	value count:	1		
	Missing value count	:	924		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	244	244	20.89	
	Missing	924	1,168	79.11	
91	Column name:		weight_act_year_junk		
	Column description:		Weight Actions (past 12 months): fast food	Ate less junk food or	
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing	value count:	1 931		
	Missing value count	:			
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	237	237	20.29	
	Missing	931	1,168	79.71	
92	Column name:		weight_act_year_surgery		
	Column description:		Weight Actions (past 12 months): surgery to lose weight	Had weight loss	
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing	value count:	1		
	Missing value count	:	1,163		

	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	5	5	0.43	
	Missing	1,163	1,168 99.57		
93	Column name:		weight_act_year_other		
	Column description	:	Weight Actions (past 12 months):	Other	
	Source information	:	NHANES data set		
	Data type:		Logical		
	Unique non-missing	g value count:	1		
	Missing value coun	t:	1,164		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	4	4	0.34	
	Missing	1,164	1,168	99.66	
94	Column name:		rx_use		
			_		
	Column description	:	RX: Subject reported taking a presin the past month	scription medication	
			RX: Subject reported taking a pres	scription medication	
	Column description		RX: Subject reported taking a presin the past month	scription medication	
	Column description Source information	:	RX: Subject reported taking a presin the past month RX Data Supplement	scription medication	
	Column description Source information Data type:	g value count:	RX: Subject reported taking a presin the past month RX Data Supplement Logical	scription medication	
	Column description Source information Data type: Unique non-missing	g value count:	RX: Subject reported taking a presin the past month RX Data Supplement Logical	scription medication	
	Column description Source information Data type: Unique non-missing Missing value coun	g value count: t:	RX: Subject reported taking a presin the past month RX Data Supplement Logical 1 503		
	Column description Source information Data type: Unique non-missing Missing value coun Categories	y value count: t: Frequency	RX: Subject reported taking a presin the past month RX Data Supplement Logical 1 503 Cumulative Frequency	Percent	
	Column description Source information Data type: Unique non-missing Missing value coun Categories TRUE	y value count: t: Frequency 665	RX: Subject reported taking a presin the past month RX Data Supplement Logical 1 503 Cumulative Frequency	Percent 56.93	
95	Column description Source information Data type: Unique non-missing Missing value coun Categories TRUE Missing	g value count: t: Frequency 665 503	RX: Subject reported taking a presin the past month RX Data Supplement Logical 1 503 Cumulative Frequency 665 1,168	Percent 56.93 43.07	
	Column description Source information Data type: Unique non-missing Missing value coun Categories TRUE Missing Column name:	g value count: t: Frequency 665 503	RX: Subject reported taking a presin the past month RX Data Supplement Logical 1 503 Cumulative Frequency 665 1,168 rx_lipid	Percent 56.93 43.07 erlipidemic drug	

2

Unique non-missing value count:

Missing	r walne	count
11110011118	2 varuc	Count.

_	Λ	1
.)	u	13

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	6	6	0.51	
TRUE	659	665	56.42	
Missing	503	1,168	43.07	

96	Column name:		rx_count_lipid		
	Column descr	iption:	RX: Total number of anti-hyperlipidemic drugs reported by the subject Calculated from RX Data Supplement Integer		
	Source inform	nation:			
	Data type:				
	Unique non-missing value count: Missing value count:		4 503		
	Categories	Frequency	Cumulative Frequency	Percent	
	0	6	6	0.51	
	1	637	643	54.54	
	2	20	663	1.71	
	3	2	665	0.17	
	Missing	503	1,168	43.07	

97	Column name:		rx_count_total		
	Column description:		RX: Number of prescription medicines taken		
	Source information:		RX Data Supplement		
	Data type: Unique non-missing value count:		Integer 17		
	Missing value	count:	503		
	Min	Mean	Median	Max	SD
	1.00	4.57	4.00	19.00	2.80

98 Column name:	rx_statin
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Column description:			RX: Subject reported a statin class anti-hyperlipidemic		
	Source information:		Calculated from RX Data Supplement Logical		
	Data type:				
	Unique non-missing	value count:	2		
	Missing value count	: :	503		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	36	36	3.08	
	TRUE	629	665	53.85	
	Missing	503	1,168	43.07	
99	Column name:		rx_pcks9		
Column description: Source information:		RX: Subject reported a PCKS9 inhibitor class anti- hyperlipidemic			
		Calculated from RX Data Supplement			
	Data type:		Logical		
	Unique non-missing	value count:	2 503		
	Missing value count	:			
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	663	663	56.76	
	TRUE	2	665	0.17	
	Missing	503	1,168	43.07	
100	Column name:		rx_fibrate RX: Subject reported a fibrate class anti-hyperlipidemic Calculated from RX Data Supplement Logical		
	Column description:	:			
	Source information:				
	Data type:				
	Unique non-missing	value count:			
	Missing value count	:	503		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	642	642	54.97	

TRUE	23	665	1.97
Missing	503	1,168	43.07

101	Column name:		rx_sequestrant		
	Column description:		RX: Subject reported a bile acid sequestrant class anti- hyperlipidemic Calculated from RX Data Supplement Logical		
	Source information:				
	Data type:				
	Unique non-missing	value count:	2		
	Missing value count	:	503		
	Categories Frequency		Cumulative Frequency	Percent	
	FALSE	662	662	56.68	
	TRUE	3	665	0.26	
	Missing	503	1,168	43.07	
102	Column name:		rx_supplement		
	Column description:		RX: Subject reported a dietary supanti-hyperlipidemic	pplement used as an	
	Source information:		Calculated from RX Data Supplement Logical		
	Data type:		8		
	Data type: Unique non-missing	value count:	2		
			_		
	Unique non-missing		2	Percent	
	Unique non-missing Missing value count	:	2 503	Percent 56.51	
	Unique non-missing Missing value count Categories	: Frequency	2 503 Cumulative Frequency		
	Unique non-missing Missing value count Categories FALSE	Frequency 660	2 503 Cumulative Frequency 660	56.51	
103	Unique non-missing Missing value count Categories FALSE TRUE	Frequency 660 5	2 503 Cumulative Frequency 660 665	56.51 0.43	

Calculated from RX Data Supplement

Source information:

Unique non-missing value count: 2

Categories	Frequency	Cumulative Frequency	Percent
FALSE	646	646	55.31
TRUE	19	665	1.63
Missing	503	1,168	43.07

104	Column name:		rx_non_lipid		
	Column description: Source information: Data type: Unique non-missing value count: Missing value count:		RX: Subject reported a non-lipid lowering medication		
			Calculated from RX Data Supplement		
			Logical 2 503		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	656	656	56.16	

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	656	656	56.16	
TRUE	9	665	0.77	
Missing	503	1,168	43.07	