Codebook

Combined Data, All Subjects

Dataset name:	combined_data
Dataset size:	3.1 Mb
Column count:	104
Row count:	7,122
Updated date:	2023-11-25

Column Attributes:

1	Column na	me:	id		
	Column des	cription:	Respondent se	quence number	
	Source info	rmation:	NHANES data	ı set	
	Data type:		Integer		
	Unique non-	-missing value count:	7,122		
	Missing value	ue count:	0		
	Min	Mean	Median	Max	SD
10	9266.00	117043.41	116990.50	124822.00	4487.35

2	Column name	2:	drop_flag	
	Column descri	ption:	Flag for exclusion: age < 20, cancinsulin or other glucose lowering exposure or outcome variable	
	Source inform	ation:	Calculated from NHANES data	
	Data type:		Logical	
	Unique non-m	issing value count:	2	
	Missing value	count:	0	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	1,168	1,168	16.40
	TRUE	5,954	7,122	83.60

3	Column name:	collection_cycle	
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Column descr	iption:	Data release cycle	
Source inform	nation:	NHANES data set	
Data type:		Factor	
Unique non-n	nissing value count:	1	
Missing value	count:	0	
Categories	Frequency	Cumulative Frequency	Percent
NHANES 2017-2020 public release	7,122	7,122	100.00

4	Column name:		collection_lang	
	Column description:		Language of SP Interview	
	Source information:		NHANES data set	
	Data type:		Ordered, factor	
	Unique non-missing	value count:	2	
	Missing value count	:	0	
Cat	tegories	Frequency	Cumulative Frequency	Percent
E	nglish	6,373	6,373	89.48
Sţ	panish	749	7,122	10.52

	Column description	:	Told to take prescriptn for choleste	erol
	Source information:		NHANES data set	
	Data type:		Logical	
	Unique non-missing	y value count:	2	
	Missing value count	::	1,831	
C	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	3,797	3,797	53.31
	TRUE	1,494	5,291	20.98
	Missing	1,831	7,122	25.71

Column name: cholesterol rx ever

5

6	Column name	:	adherence	
	Column descrip	otion:	Now taking prescribed medicine	
	Source informa	tion:	NHANES data set	
	Data type:		Logical	
	Unique non-mi	ssing value count:	2	
	Missing value of	count:	5,630	
Са	tegories	Frequency	Cumulative Frequency	Percen
F	ALSE	519	519	7.29
ŗ	ΓRUE	973	1,492	13.66
N	Missing	5,630	7,122	79.05

7	Column name:		cancer_ever	
	Column descriptio	n:	Ever told you had cancer or malig	nancy
	Source information	n:	NHANES data set	
	Data type:		Logical	
	Unique non-missir	ng value count:	1	
	Missing value cour	nt:	3	
(Categories	Frequency	Cumulative Frequency	Percent
	FALSE	7,119	7,119	99.96
	Missing	3	7,122	0.04

8	Column name:		rx_glucose_lowering	
	Column description	:	RX: Subject reported insulin or oth medication	er glucose-lowering
	Source information:		Calculated from RX Data Supplem	ent
	Data type:		Logical	
	Unique non-missing	y value count:	2	
	Missing value count	::	6,214	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	907	907	12.74

TRUE	1	908	0.01
Missing	6.214	7.122	87.25

9	Column name:		cholesterol_ever	
	Column description:		Doctor told you - high cholesterol lev	el
	Source information:		NHANES data set	
	Data type:		Logical	
	Unique non-missing	value count:	2	
	Missing value count:		35	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	5,042	5,042	70.79
	TRUE	2,045	7,087	28.71
	Missing	35	7,122	0.49
10	Column name:		cholesterol_check_ever	
	Column description:		Ever had blood cholesterol checked	
	Source information:		NHANES data set	
	Data type:		Logical	
	Unique non-missing	value count:	2	
	Missing value count:		2,264	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	1,606	1,606	22.55
	TRUE	3,252	4,858	45.66
	Missing	2,264	7,122	31.79
11	Column name:		cholesterol_check_last	
	Column description:		When blood cholesterol last checked	
	Source information:		NHANES data set	

Unique non-missing value count:

Missing value count:

1	2/	1
	.04	1

Categories	Fraguency	Cumulative Frequency	Percent
Categories	Frequency	Cumulative Prequency	1 GICCIII
Within 1 year	3,014	3,014	42.32
1-2 years ago	1,002	4,016	14.07
2-5 years ago	831	4,847	11.67
5+ years ago	434	5,281	6.09
Missing	1,841	7,122	25.85

12	Column name	:	age		
	Column description:		Age (years)		
	Source information:		Significantly mod Teaching Team	lified from NHAN	IES data by
	Data type:		Integer		
	Unique non-m	issing value count:	61		
	Missing value count:		0		
	Min	Mean	Median	Max	SD
	20.00	47.37	46.00	80.00	17.12

13	Column name:		sex	
	Column description:		Sex (Male/Female)	
	Source information:		Significantly modified from NHA Teaching Team	NES data by
	Data type:		Ordered, factor	
	Unique non-missing value count:		2	
	Missing value count:		0	
	Categories	Frequency	Cumulative Frequency	Percent
	Male	3,423	3,423	48.06

14	Column name:	race_ethn_4cat	
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3,699

Column description:

Female

Race/Hispanic origin without Non-Hispanic Asian

51.94

7,122

Source information: Calculated from NHANES data

Data type: Ordered, factor

Unique non-missing value count: 4

Missing value count: 0

Categories	Frequency	Cumulative Frequency	Percent	
Hispanic	1,590	1,590	22.33	
Non-Hispanic White	2,331	3,921	32.73	
Non-Hispanic Black	1,934	5,855	27.16	
Other Race (including multiracial)	1,267	7,122	17.79	

15	Column name:		race_ethn_5cat	
	Column description:		Race/Hispanic origin with Non-H	ispanic Asian
	Source information:		Calculated from NHANES data	
	Data type:		Ordered, factor	
	Unique non-missing value count:		4	
	Missing value c	ount:	0	
	Categories	Frequency	Cumulative Frequency	Percent
	Hispanie	1 500	1 500	22.33

Categories	Frequency	Cumulative Frequency	Percent	
Hispanic	1,590	1,590	22.33	
Non-Hispanic White	2,331	3,921	32.73	
Non-Hispanic Black	1,934	5,855	27.16	
Other Race (including multiracial)	1,267	7,122	17.79	

16	Column name:	race_5cat
	Column description:	Race from RIDRETH1
	Source information:	Significantly modified from NHANES data by Teaching Team
	Data type:	Ordered, factor
	Unique non-missing value count:	5
	Missing value count:	0

Categories	Frequency	Cumulative Frequency	Percent
Mexican American	840	840	11.79
Other Hispanic	750	1,590	10.53
Non-Hispanic White	2,331	3,921	32.73
Non-Hispanic Black	1,934	5,855	27.16
Other Race (including multiracial)	1,267	7,122	17.79

17	Column name:		race_6cat	
	Column description:		Race/Hispanic origin w/ NH Asian	
	Source information:		NHANES data set	
	Data type:		Ordered, factor	
	Unique non-missing value count:		6	
	Missing value count:		0	
	Categories	Frequency	Cumulative Frequency	Percent

Categories	Frequency	Cumulative Frequency	Percent
Mexican American	840	840	11.79
Other Hispanic	750	1,590	10.53
Non-Hispanic White	2,331	3,921	32.73
Non-Hispanic Black	1,934	5,855	27.16
Non-Hispanic Asian	931	6,786	13.07
Other Race (including multiracial)	336	7,122	4.72

18	Column name:	marital_status	
	Column description:	Marital status	
	Source information:	NHANES data set	
	Data type:	Ordered, factor	
	Unique non-missing value count:	3	
	Missing value count:	7	
	Categories Frequency	Cumulative Frequency	Percent

Married/Living with Partner	4,079	4,079	57.27
Widowed/Divorced/Sep arated	1,447	5,526	20.32
Never Married	1,589	7,115	22.31
Missing	7	7,122	0.10

19	Column name:		educ_level		
	Column description	on:	Educational level		
	Source informatio	n:	NHANES data set		
	Data type: Unique non-missing value count: Missing value count:		Ordered, factor		
			5		
			11		
	Categories	Frequency	Cumulative Frequency	Percent	
Τ	- 41 041 1 -	504	504	7.00	

Categories	Frequency	Cumulative Frequency	Percent	
Less than 9th grade	504	504	7.08	
9th-11th grade	793	1,297	11.13	
HS graduate or GED	1,718	3,015	24.12	
Some college or AA degree	2,304	5,319	32.35	
College graduate or above	1,792	7,111	25.16	
Missing	11	7,122	0.15	

20	Column name:		occupation_type_week		
	Column description:		Type of work done last week		
	Source information:		NHANES data set		
	Data type: Unique non-missing value count: Missing value count:		Ordered, factor		
			4		
			2		
C	ategories	Frequency	Cumulative Frequency	Percent	
Employ	ed and working	4,347	4,347	61.04	

Employed, but not working	169	4,516	2.37
Seeking work	287	4,803	4.03
Unemployed	2,317	7,120	32.53
Missing	2	7,122	0.03

21

Column name:

Column description:		Country of birth			
Source informat	ion:	NHANES data set			
Data type:	Data type: Unique non-missing value count:		Ordered, factor 2		
Unique non-miss					
Missing value count: Categories Frequency		5			
Categories	Frequency	Cumulative Frequency	Percent		
Categories Born in the 50 US states or Washington, DC	Frequency 4,994	Cumulative Frequency 4,994	Percent 70.12		
Born in the 50 US states or Washington,		. ,			

accult_birth_country

22	Column name:		accult	_time_usa	
	Column description:		Accult	uration time in the US	
	Source information:		NHAN	IES data set	
	Data type: Unique non-missing value count: Missing value count:		Ordered, factor		
			4		
			5,097		
	Categories	Frequency	C	Cumulative Frequency	Percent

Categories	Frequency	Cumulative Frequency	Percent	
Less than 5 years	280	280	3.93	
5+ but < 15 years	422	702	5.93	
15 but < 30 years	755	1,457	10.60	
30+ years	568	2,025	7.98	
Missing	5,097	7,122	71.57	

23	Column name:		income_ratio		
	Column description: Source information: Data type:		Family monthly pov	verty level index	
			NHANES data set		
			Numeric		
	Unique non-m	issing value count:	442		
	Missing value	count:	1,616		
	Min	Mean	Median	Max	SD
	0.00	2.39	1.98	5.00	1.57

24	Column name:		income_cat		
	Column description: Source information: Data type:		Family monthly poverty level cate	gory	
			NHANES data set Ordered, factor		
	Unique non-missin	g value count:	3		
	Missing value count:		958		
	Categories	Frequency	Cumulative Frequency	Percent	

Categories	Frequency	Cumulative Frequency	Percent	
Less than or equal to 135% of FPL	1,988	1,988	27.91	
Between 135 and 185% of FPL	933	2,921	13.10	
Greater than 185% FPL	3,243	6,164	45.53	
Missing	958	7,122	13.45	

25	Column name:		ins_dichot	
	Column description	:	INSURANCE: Subject reported a insurance?	ny form of health
	Source information:		Significantly modified from NHA	NES data
	Data type:		Logical	
	Unique non-missing	value count:	2	
	Missing value count	::	1,398	
	Categories	Frequency	Cumulative Frequency	Percent

FALSE	2	2	0.03	
TRUE	5,722	5,724	80.34	
Missing	1,398	7,122	19.63	

26	Column name:		ins_classif	
	Column description	on:	INSURANCE: Total Insurance St	atus
	Source informatio	n:	Calculated from NHANES data	
Data type:		Ordered, factor		
Unique non-missing value count: Missing value count:		9		
		1,400		
	Categories	Frequency	Cumulative Frequency	Percent
	th private and nment, with drug coverage	592	592	8.31
gove	th private and rnment, without rug coverage	62	654	0.87
	th private and nment, unk drug coverage	9	663	0.13
Gover	nment, with drug coverage	2,010	2,673	28.22
	rnment, without rug coverage	195	2,868	2.74
Gover	nment, unk drug coverage	40	2,908	0.56
Priv	vate, with drug coverage	2,642	5,550	37.10
Priva	te, without drug coverage	128	5,678	1.80
Priv	vate, unk drug coverage	44	5,722	0.62
	Missing	1,400	7,122	19.66

27	Column name:	ins_type	
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Source information: Calculated from NHANES data

Data type: Ordered, factor

Unique non-missing value count: 4

Missing value count: 1,398

Categories	Frequency	Cumulative Frequency	Percent
Uninsured	2	2	0.03
Government	2,245	2,247	31.52
Private	2,814	5,061	39.51
Both private and government	663	5,724	9.31
Missing	1,398	7,122	19.63

28	Column name:		ins_any_gap	
	Column description	n:	INSURANCE: Time when no insu	rance in past year?
	Source information	ı:	NHANES data set	
	Data type:		Logical	
	Unique non-missin	g value count:	2	
	Missing value cour	nt:	1,341	
	Categories	Frequency	Cumulative Frequency	Percent

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	5,274	5,274	74.05	
TRUE	507	5,781	7.12	
Missing	1,341	7,122	18.83	

29	Column name:	ins_private
	Column description:	INSURANCE: Subject reported coverage by private health insurance
	Source information:	Significantly modified from NHANES data
	Data type:	Logical
	Unique non-missing value count:	2

Missing value count:

32

Column name:

1,398

	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	2,247	2,247	31.55
	TRUE	3,477	5,724	48.82
	Missing	1,398	7,122	19.63
30	Column name:		ins_govt	
	Column description	on:	INSURANCE: Subject reported c government health insurance (Me Medigap, CHIP, State plan, other)	dicaire, Medicaid
	Source informatio	n:	Calculated from NHANES data	
	Data type:		Logical	
	Unique non-missi	ng value count:	2	
	Missing value cou	ınt:	1,398	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	2,816	2,816	39.54
	TRUE	2,908	5,724	40.83
	Missing	1,398	7,122	19.63
31	Column name:		ins_none	
	Column description	on:	INSURANCE: Subject reported the insurance coverage (Uninsured)	ney had no health
	Source informatio	n:	Significantly modified from NHA	NES data
	Source information Data type:	n:	Significantly modified from NHA Logical	NES data
			-	NES data
	Data type:	ng value count:	Logical	NES data
	Data type: Unique non-missi	ng value count:	Logical	NES data Percent
	Data type: Unique non-missin Missing value cou	ng value count:	Logical 1 7,120	

 ins_rx

	Column description	:	INSURANCE: Do plans cover prescriptions?	
	Source information:		NHANES data set Logical	
	Data type:			
	Unique non-missing	g value count:	2	
	Missing value count	t:	1,437	
	Categories	Frequency	Cumulative Frequency	Percen
	FALSE	396	396	5.56
	TRUE	5,289	5,685	74.26
	Missing	1,437	7,122	20.18
33	Column name:		ins_govt_medicare	
	Column description	:	INSURANCE: Covered by Medic	are
	Source information:		NHANES data set	
	Data type:		Logical 1	
	Unique non-missing	g value count:		
	Missing value count	t:	5,699	
	Categories	Frequency	Cumulative Frequency	Percen
	TRUE	1,423	1,423	19.98
	Missing	5,699	7,122	80.02
34	Column name:		ins_govt_medigap	
34	Column name: Column description	:	ins_govt_medigap INSURANCE: Covered by Medi-	Gap
34				Gap
34	Column description		INSURANCE: Covered by Medi-	Gap
34	Column description Source information:		INSURANCE: Covered by Medi-	Gap
34	Column description Source information: Data type:	g value count:	INSURANCE: Covered by Medi- NHANES data set Logical	Gap
34	Column description Source information: Data type: Unique non-missing	g value count:	INSURANCE: Covered by Medi- NHANES data set Logical	
34	Column description Source information: Data type: Unique non-missing Missing value count	g value count:	INSURANCE: Covered by Medi- NHANES data set Logical 1 7,072	Percent 0.70

35	Column name:		ins_govt_medicaid		
	Column description: Source information: Data type: Unique non-missing value count: Missing value count:		INSURANCE: Covered by Medicaid		
			NHANES data set		
			Logical 1 6,008		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	1,114	1,114	15.64	
	IRUE	1,117	-,	10.0.	

36	Column name:		ins_govt_chip	
	Column description: Source information:		INSURANCE: Covered by CHIP	
			NHANES data set	
	Data type:		Logical	
	Unique non-missin	g value count:	1	
	Missing value cour	nt:	7,120	
	Categories	Frequency	Cumulative Frequency	Percent
	TRUE	2	2	0.03
	Missing	7,120	7,122	99.97

37	Column name	e:	ins_govt_state		
	Column description: Source information:		INSURANCE: Covered by state-sponsored health plan NHANES data set		
	Data type:		Logical		
	Unique non-m	issing value count:	1		
	Missing value	count:	6,818		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	304	304	4.27	
	Missing	6,818	7,122	95.73	

38	Column name:		ins_govt_other		
	Column description	:	INSURANCE: Covered by other government insurance		
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing	value count:	1		
	Missing value count	::	6,588		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	534	534	7.50	
	Missing	6,588	7,122	92.50	
39	Column name:		cvd_hx		
	Column description	:	CVD Hx: Subject reported comorb disease (CAD, CHF, Angina, MI,		
	Source information:		Calculated from NHANES data		
]	Data type:		Logical		
	Unique non-missing	value count:	2		
	Missing value count	:	0		
	Missing value count: Categories Frequency		Cumulative Frequency	Percent	
	FALSE	6,510	6,510	91.41	
	TRUE	612	7,122	8.59	
40	Column name:		cvd_chf_ever		
	Column description	:	Ever told had congestive heart failure		
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing	y value count:	2		
	Missing value count	: :	11		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	6,947	6,947	97.54	
	TRUE	164	7,111	2.30	

41	Column	name:	cvd_chf_age		
	Column d	escription:	Age when told	you had heart failu	re
	Source in:	formation:	NHANES data set		
	Data type	:	Integer		
	Unique no	on-missing value count:	53		
	Missing v	alue count:	6,960		
	Min Mean		Median	Max	SD
	16.00	55.88	58.00	80.00	16.91
42	Column 1	name:	cvd_cad_ever		
	Column d	escription:	Ever told you l	nad coronary heart	disease
	Source information: Data type: Unique non-missing value count:		NHANES data set		
			Logical		
			2		
	Missing v	alue count:	10		
	Categories	Frequency	Cumulati	ve Frequency	Percent
	FALSE	6,924	ϵ	5,924	97.22
	TRUE	188	7	7,112	2.64
	Missing	10	7	7,122	0.14
43	Column	name:	cvd_cad_age		
	Column d	escription:	Age when told	had coronary heart	disease
	Source in:	formation:	NHANES data set		
	Data type	:	Integer		
	Unique non-missing value count: Missing value count:		50		
			6,937		
	Min	Mean	Median	Max	SD
	16.00	57.62	59.00	80.00	12.11

44	Column n	name:	cvd_angina_e	ver			
	Column de	escription:	Ever told you had angina/angina pectoris				
	Source inf	Formation:	NHANES data	set			
	Data type:		Logical				
	Unique no	on-missing value count:	2				
	Missing va	alue count:	24				
	Categories	Frequency	Cumulati	ve Frequency	Percent		
	FALSE	6,983	ϵ	5,983	98.05		
	TRUE	115	7	7,098	1.61		
	Missing	24	7	7,122	0.34		
45	Column n	name:	cvd_angina_a	ge	oris		
	Column de	escription:	Age when told	you had angina pe	ctoris		
	Source inf	formation:	NHANES data set Integer 44				
	Data type:						
	Unique no	on-missing value count:					
	Missing va	alue count:	7,009				
	Min	Mean	Median	Max	SD		
	16.00	49.27	50.00	80.00	14.97		
46	Column n	name:	cvd_mi_ever				
	Column de	escription:	Ever told you h	nad heart attack			
	Source inf	Formation:	NHANES data	set			
	Data type:		Logical				
	Unique no	on-missing value count:	2				
	Missing value count:		9				
	Categories	Frequency	Cumulati	ve Frequency	Percent		
	FALSE	6,902	(5,902	96.91		
	TRUE	211	_	7,113	2.96		

47	Column	name:	cvd_mi_age		
	Column	description:	Age when told	l you had heart attac	k
	Source in	nformation:	NHANES data set		
	Data type	2:	Integer		
	Unique n	on-missing value count:	51		
	Missing	value count:	6,913		
	Min	Mean	Median	Max	SD
	16.00	54.56	55.00	80.00	14.22
48	Column name: Column description: Source information: Data type: Unique non-missing value count:		cvd_cva_ever		
			Ever told you had a stroke		
			NHANES data set Logical 2		
	Missing	value count:	7		
	Categories	Frequency	Cumulat	ive Frequency	Percent
	FALSE	6,838		6,838	96.01
	TRUE	277		7,115	3.89
	Missing	7		7,122	0.10
49	Column	name:	cvd_cva_age		
	Column	description:	Age when told you had a stroke		
	Source in	nformation:	NHANES data	a set	
	Data type	e:	Integer		
	Unique n	on-missing value count:	62		
	Missing	value count:	6,848		
	Min	Mean	Median	Max	SD
	16.00	54.55	55.00	80.00	16.20

50	Column name:		alc_ever		
	Column descripti	on:	ALCOHOL: Ever had a drink of any kind of alcohol		
	Source information: Data type: Unique non-missing value count:		NHANES data set		
			Logical		
			2		
Missing value count:		968			
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	561	561	7.88	
	TRUE	5,593	6,154	78.53	
	Missing	968	7,122	13.59	
51	Column name:		alc_freq		
	Column descripti	on:	ALCOHOL: How often do you co	onsume alcohol? (Pas	
	Source information	on:	NHANES data set		
Data type: Unique non-missing value count:		Ordered, factor			
					Missing value co
-	ntagories with		Catagories with Largest		

Categories with Smallest Values	Frequency	Categories with Largest Values	Frequency
Every day	202	1-2 times in the last year	583
Nearly every day	218	3-6 times in the last year	586
7-11 times in the last year	352	2-3 times per month	822
3-4 times per week	423	Never in last year	1039
once per month	440	Missing	1532

52	Column name:	alc_per_day
	Column description:	ALCOHOL: When you drink alcohol, how many drinks do you have in one day? (Past 12 months)

Source information: NHANES data set

Data type: Integer

Unique non-missing value count: 14

Missing value count: 2,576

Min	Mean	Median	Max	SD
1.00	2.62	2.00	15.00	2.18

53	Column name:		alc_heavy		
	Column description: Source information: Data type: Unique non-missing value count:		ALCOHOL: Heavy Drinking Statu	s	
			Calculated from NHANES data Logical		
	Missing value coun	t:	978		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	5,218	5,218	73.27	
	TRUE	926	6,144	13.00	
	Missing	978	7,122	13.73	

54	Column name	2:	smoking_hx		
	Column description: Source information: Data type: Unique non-missing value count: Missing value count:		Smoking status		
			Calculated from NHANES data by teaching team		
			Ordered, factor		
			3		
			4		
	Categories	Frequency	Cumulative Frequency	Percent	
	Never	4,274	4,274	60.01	
	Past	1,474	5,748	20.70	
	Current	1,370	7,118	19.24	
	Missing	4	7,122	0.06	

55	Column	name:	active_mod_v	work_dur	
	Column d	lescription:	Physical Activity: moderate work min per week		
	Source in:	formation:	Significantly r Teaching Tear	modified from NHAN m	ES data by
	Data type	:	Numeric		
	Unique no	on-missing value count:	75		
	Missing v	value count:	3,960		
	Min	Mean	Median	Max	SD
	1.43	124.26	85.71	720.00	121.64
56	Column	name:	active_transp	ort_dur	
	Column description:		Physical Activ	vity: transportation min	n per week
	Source information: Data type: Unique non-missing value count:		Significantly r Teaching Tear	modified from NHAN m	ES data by
			Numeric 75		
	Missing v	Missing value count:			
	Min	Mean	Median	Max	SD
	1.43	44.70	21.43	840.00	72.20
57	Column	name:	active_mod_rec_dur		
	Column d	lescription:	Physical Activity: moderate recreational min per week		
	Source in:	formation:	Significantly modified from NHANES data by Teaching Team		
	Data type	:	Numeric		
	Unique non-missing value count:		70		
	Missing value count:		4,132		
	Min	Mean	Median	Max	SD
	1.43	30.92	19.29	480.00	37.34
58	Column	name:	active_total		

Column	Column description: Source information: Data type: Unique non-missing value count:		Physical Activity: total physical activity min per week under PAG		
Source in			Significantly modified from NHANES data by Teaching Team		
Data type			Numeric 537		
Unique n					
Missing v	value count:	1,987			
Min	Min Mean		Max	SD	
1.43	154.94	61.43	2082.86	228.40	

59	Column name:		active_vig_dur		
	Column description: Source information: Data type:		Physical Activit activity per wee	y: total minutes of v k	igorous physical
			Significantly modified from NHANES data by Teaching Team		
			Numeric		
	Unique non-m	nissing value count:	170		
	Missing value count:		6,493		
	Min	Mean	Median	Max	SD
	7.14	373.31	282.86	1697.14	303.36

60	Column name:		bmi		
	Column description:		Body Mass Inde	ex	
	Source information:		NHANES data set		
	Data type:		Numeric		
	Unique non-missing value count: Missing value count:		426 634		
	Min	Mean	Median	Max	SD
	14.20	29.65	28.40	92.30	7.51

bmi_cat

Column name:

61

Column description:	CDC obesity classification
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Source information: Calculated from NHANES data by teaching team

Data type: Ordered, factor

Unique non-missing value count: 5

Missing value count: 634

Categories	Frequency	Cumulative Frequency	Percent
Underweight	109	109	1.53
Normal Weight	1,682	1,791	23.62
Overweight	2,078	3,869	29.18
Obese Class 1 or 2	2,034	5,903	28.56
Obese Class 3	585	6,488	8.21
Missing	634	7,122	8.90

62	Column name:	weig	ht_self	
	Column description:		ght Self-Perception: How do you consid	er your
	Source information:		NHANES data set	
	Data type: Unique non-missing value count: Missing value count:		red, factor	
	Categories F	eguency	Cumulative Frequency Perc	ent

Categories	Frequency	Cumulative Frequency	Percent	
Overweight	3,528	3,528	49.54	
Underweight	415	3,943	5.83	
About the right weight	3,162	7,105	44.40	
Missing	17	7,122	0.24	

63	Column name:	weight_self_wish		
	Column description:	Weight Self-Perception: Like to weigh more, less or same		
	Source information:	NHANES data set		
	Data type:	Ordered, factor		

Unique non-missing value count:

Missing value count: 6

Categories	Frequency	Cumulative Frequency	Percent
More	680	680	9.55
Less	4,313	4,993	60.56
About the same	2,123	7,116	29.81
Missing	6	7,122	0.08

3

64	Column name	:	weight_need_ever		
	Column description: Source information: Data type: Unique non-missing value count:		Weight Needs: Doctor told you to control/lose weight NHANES data set		
			Logical		
			2		
	Missing value	count:	3		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	5,388	5,388	75.65	
	TRUE	1,731	7,119	24.30	
	Missing	3	7,122	0.04	

65	Column name:		weight_need_exercise		
	Column descr	iption:	Weight Needs: Doctor told you to	exercise	
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing value count:		2		
	Missing value count:		4		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	4,505	4,505	63.25	
	TRUE	2,613	7,118	36.69	

4

Missing

7,122

0.06

66	Column name:		weight_need_salt	
	Column descrip	cion:	Weight Needs: Doctor told you to	reduce salt in die
Source information:		NHANES data set		
Data type:		Logical		
Unique non-missing value count: Missing value count:		sing value count:	2	
		7		
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	5,343	5,343	75.02
	TRUE	1,772	7,115	24.88
	Missing	7	7,122	0.10

67 C	Column name:		weight_need_fat		
C	Column description:		Weight Needs: Doctor told you to reduce fat/calories		
So	Source information:		NHANES data set		
D	Data type:		Logical		
U	Unique non-missing value count: Missing value count:		2		
M			8		
Categ	gories	Frequency	Cumulative Frequency	Percent	
FAL	LSE	5,218	5,218	73.27	
TRU	UE	1,896	7,114	26.62	
Miss	sing	8	7,122	0.11	

68	Column name:	weight_act_now	
	Column description:	Weight Actions (currently): Are you now controlling or losing weight	
	Source information:	NHANES data set	
	Data type:	Logical	
	Unique non-missing value count:	2	
	Missing value count:	9	
	Categories Frequency	Cumulative Frequency Percent	

FALSE	2,718	2,718	38.16
TRUE	4,395	7,113	61.71
Missing	9	7,122	0.13

69 Column name	:	weight_act_now_exercise		
Column descri	ption:	Weight Actions (currently): Are you now increasing exercise		
Source informa	ation:	NHANES data set		
Data type:		Logical		
Unique non-m	issing value count:	2		
Missing value	count:	3		
Categories	Frequency	Cumulative Frequency	Percent	
FALSE	2,903	2,903	40.76	
TRUE	4,216	7,119	59.20	
Missing	3	7,122	0.04	

70	Column name:		weight_act_now_salt		
	Column description:		Weight Actions (currently): Are you now reducing salt in diet		
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing value count:		2		
	Missing value c	ount:	4		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	3,306	3,306	46.42	
	TRUE	3,812	7,118	53.52	

71	Column name:	weight_act_now_fat
	Column description:	Weight Actions (currently): Are you now reducing fat in diet

7,122

0.06

Missing

Source information: NHANES data set

Data type: Logical

Unique non-missing value count: 2

Missing value count: 6

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	3,077	3,077	43.20	
TRUE	4,039	7,116	56.71	
Missing	6	7,122	0.08	

72	Column name	:	weight_act_year		
	Column description:		Weight Actions (past 12 months): Tried to lose weight in past year		
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing value count:		2		
	Missing value	count:	907		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	3,753	3,753	52.70	
	TRUE	2,462	6,215	34.57	
	Missing	907	7,122	12.74	

73	Column name:		weight_act_year_cut		
	Column description:		Weight Actions (past 12 months): Ate less to lose weight		
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing value count:		1		
	Missing value coun	ıt:	5,127		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	1,995	1,995	28.01	
	Missing	5,127	7,122	71.99	

74	Column name:		weight_act_year_calories	
	Column descriptio	n:	Weight Actions (past 12 months): Switched with lower calories	
	Source information	n:	NHANES data set	
	Data type:		Logical	
	Unique non-missir	ng value count:	1	
	Missing value cour	count: 5,996		
	Categories	Frequency	Cumulative Frequency	Percent
	TRUE	1,126	1,126	15.81
	Missing	5,996	7,122	84.19
75	75 Column name:		weight_act_year_fat	
	Column descriptio	n:	Weight Actions (past 12 months): weight	Ate less fat to los
	Source information	n:	NHANES data set	
	Data type:		Logical	
	Unique non-missir	ng value count:	1 6,006	
	Missing value cour	nt:		
	Categories	Frequency	Cumulative Frequency	Percent
	TRUE	1,116	1,116	15.67
	Missing	6,006	7,122	84.33
76	Column name:		weight_act_year_exercise	
	Column descriptio	n:	Weight Actions (past 12 months): weight	Exercised to lose
	Source information	n:	NHANES data set	
	Data type:		Logical	
	Unique non-missir	ng value count:	1	
	Missing value cour	nt:	4,998	
	Categories	Frequency	Cumulative Frequency	Percent

TRUE	2,124	2,124	29.82
Missing	4,998	7,122	70.18

77 Col	umn name:		weight_act_year_skip	
Col	umn description:		Weight Actions (past 12 months):	Skipped meals
Sou	rce information:		NHANES data set	
Data	a type:		Logical	
Uni	que non-missing	value count:	1	
Mis	sing value count:		6,312	
Categor	ies	Frequency	Cumulative Frequency	Percent
TRUE	3	810	810	11.37
Missin	g	6,312	7,122	88.63
78 Col	umn name:		weight_act_year_product	

78	Column name	::	weight_act_year_product		
	Column description: Source information: Data type: Unique non-missing value count:		Weight Actions (past 12 months): Ate diet foods or products		
			NHANES data set		
			Logical 1		
	Missing value	count:	6,818		
	Categories Frequency		Cumulative Frequency	Percent	
	TRUE	304	304	4.27	
	Missing	6,818	7,122	95.73	

79	Column name:	weight_act_year_liquid
	Column description:	Weight Actions (past 12 months): Used a liquid diet formula
	Source information:	NHANES data set
	Data type:	Logical
	Unique non-missing value count:	1
	Missing value count:	6,874

	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	248	248	3.48	
	Missing	6,874	7,122	96.52	
80	Column name:		weight_act_year_program		
	Column descript	ion:	Weight Actions (past 12 months): program	Joined a weight los	
	Source informati	on:	NHANES data set		
	Data type:		Logical		
	Unique non-miss	sing value count:	1		
	Missing value co	unt:	6,970		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	152	152	2.13	
	Missing	6,970	7,122	97.87	
81	Column name:		weight_act_year_rx		
	Column descript	ion:	Weight Actions (past 12 months): diet pills	Took prescription	
	Source informati	on:	NHANES data set Logical		
	Data type:				
	Unique non-miss	sing value count:	1		
	Missing value co	ount:	7,007		
	Missing value co	Frequency	7,007 Cumulative Frequency	Percent	
			·	Percent	
	Categories	Frequency	Cumulative Frequency		
82	Categories TRUE	Frequency	Cumulative Frequency	1.61	
82	Categories TRUE Missing	Frequency 115 7,007	Cumulative Frequency 115 7,122	1.61 98.39	
82	Categories TRUE Missing Column name:	Frequency 115 7,007 ion:	Cumulative Frequency 115 7,122 weight_act_year_nonrx Weight Actions (past 12 months):	1.61 98.39	

Unique non-missing value count:

Missing value count: 6,910

Categories	Frequency	Cumulative Frequency	Percent
TRUE	212	212	2.98
Missing	6,910	7,122	97.02

1

83	Column name: weight_act_year_purge				
	Column description:		Weight Actions (past 12 months): vomited	Took laxatives or	
	Source information:		NHANES data set		
	Data type: Unique non-missing value count:		Logical 1		
	Missing value	count:	7,062		
	Categories Frequency		Cumulative Frequency	Percent	
	TRUE	60	60	0.84	
	Missing	7,062	7,122	99.16	

84 Column name:		weight_act_year_water		
Column descripti	on:	Weight Actions (past 12 months): Drank a lot of water		
Source information	on:	NHANES data set		
Data type:		Logical 1 5,172		
Unique non-miss	ing value count:			
Missing value co	unt:			
Categories	Frequency	Cumulative Frequency	Percent	
TRUE	1,950	1,950	27.38	
Missing	5,172	7,122	72.62	

85	Column name:	weight_act_year_diet
	Column description:	Weight Actions (past 12 months): Followed a special diet
	Source information:	NHANES data set

Data type: Logical

Unique non-missing value count: 1

Missing value count: 6,875

Categories	Frequency	Cumulative Frequency	Percent	
TRUE	247	247	3.47	
Missing	6,875	7,122	96.53	

86	Column name:		weight_act_year_carbs		
	Column description: Source information: Data type: Unique non-missing value count: Missing value count:		Weight Actions (past 12 months): carbohydrates	Ate fewer	
			NHANES data set Logical		
			5,999		
	Categories Frequency		Cumulative Frequency	Percent	
	TRUE	1,123	1,123	15.77	
	Missing	5,999	7,122	84.23	

87	Column name		weight_act_year_smoke		
	Column description: Source information: Data type: Unique non-missing value count:		Weight Actions (past 12 months): began to smoke again	Started to smoke or	
			NHANES data set		
			Logical 1		
	Missing value of	count:	7,075		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	47	47	0.66	
	Missing	7,075	7,122	99.34	

88 Column name: weight_act_year_veg	
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	Column description:		Weight Actions (past 12 months): vegetables, salads	Ate more fruits,	
	Source information:		NHANES data set		
	Data type:		Logical		
	Unique non-missing	value count:	1		
	Missing value count	:	5,281		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	1,841	1,841	25.85	
	Missing	5,281	7,122	74.15	
89	Column name:		weight_act_year_habits		
	Column description:		Weight Actions (past 12 months): habits	Changed eating	
	Source information:		NHANES data set		
	Data type: Unique non-missing value count:		Logical 1		
	Missing value count		5,658		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	1,464	1,464	20.56	
	Missing	5,658	7,122	79.44	
90	Column name:		weight_act_year_sweets		
	Column description:		Weight Actions (past 12 months): Ate less sugar, candy sweets NHANES data set		
	Source information:				
	Data type: Unique non-missing value count:		Logical 1		
	Missing value count	:	5,581		
		_	a 1.: E	D .	
	Categories	Frequency	Cumulative Frequency	Percent	

Missing

5,581

7,122

78.36

91	Column name:		weight_act_year_junk		
	Column description	:	Weight Actions (past 12 months): Ate less junk food or fast food NHANES data set		
	Source information:				
	Data type:		Logical		
	Unique non-missing	value count:	1		
	Missing value count	::	5,479		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	1,643	1,643	23.07	
	Missing	5,479	7,122	76.93	
92	Column name:		weight_act_year_surgery		
	Column description: Source information: Data type: Unique non-missing value count:		Weight Actions (past 12 months): surgery to lose weight	Had weight loss	
			NHANES data set Logical		
			1		
	Missing value count:		7,100		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	22	22	0.31	
	Missing	7,100	7,122	99.69	
93	Column name:		weight_act_year_other		
	Column description	:	Weight Actions (past 12 months): Other		
	Source information:		NHANES data set		
	Data type: Unique non-missing value count:		Logical 1		
	Missing value count:		7,067		
	Categories	Frequency	Cumulative Frequency	Percent	
	TRUE	55	55	0.77	

Missing 7,067 7,122 99.23

Column name:		rx_use		
Column description:		RX: Subject reported taking a prescription medication in the past month		
Source information:		RX Data Supplement Logical		
Data type:				
Unique non-missing	value count:	1		
Missing value count:		6,214		
Categories	Frequency	Cumulative Frequency	Percent	
TRUE	908	908	12.75	
Missing	6,214	7,122	87.25	
Column name: Column description: Source information:		rx_lipid		
		RX: Subject reported an anti-hyperlipidemic drug		
		Calculated from RX Data Supplement		
Data type:		Logical 2		
Unique non-missing	value count:			
Missing value count:		6,214		
Categories	Frequency	Cumulative Frequency	Percent	
FALSE	10	10	0.14	
TRUE	898	908	12.61	
Missing	6,214	7,122	87.25	
Column name:		rx_count_lipid		
Column description:		RX: Total number of anti-hyperlipidemic drugs reported by the subject		
Source information:		Calculated from RX Data Supplement		
· ·		Integer 4		
	Column description: Source information: Data type: Unique non-missing Missing value count: Categories TRUE Missing Column name: Column description: Source information: Data type: Unique non-missing Missing value count: Categories FALSE TRUE Missing Column name: Column description:	Column description: Source information: Data type: Unique non-missing value count: Missing value count: TRUE 908 Missing 6,214 Column name: Column description: Source information: Data type: Unique non-missing value count: Missing value count: Categories Frequency FALSE 10 TRUE 898 Missing 6,214 Column name: Column name: Column description:	Column description: RX: Subject reported taking a presin the past month Source information: RX Data Supplement Logical Unique non-missing value count: Missing value count: Categories Frequency TRUE 908 Missing 6,214 Column name: rx_lipid Column description: RX: Subject reported an anti-hyper Source information: Calculated from RX Data Supplement Logical Unique non-missing value count: Data type: Logical Unique non-missing value count: Amissing value count: Categories Frequency FALSE 10 10 TRUE 898 908 Missing 6,214 Column name: rx_count_lipid RX: Total number of anti-hyperlipid by the subject	

Categories	Frequency	Cumulative Frequency	Percent
0	10	10	0.14
1	867	877	12.17
2	29	906	0.41
3	2	908	0.03
Missing	6,214	7,122	87.25

97	Column name:		rx_count_total		
	Column description: Source information: Data type: Unique non-missing value count: Missing value count:		RX: Number of pr	escription medic	rines taken
			RX Data Supplement		
			Integer 17		
			6,214		
	Min	Mean	Median	Max	SD
	1.00	4.61	4.00	19.00	2.80

98	Column name:		rx_statin		
	Column descri	ption:	RX: Subject reported a statin class	s anti-hyperlipidemic	
	Source information: Data type:		Calculated from RX Data Supplement		
			Logical		
	Unique non-m	issing value count:	2		
	Missing value count:		6,214		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	54	54	0.76	

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	54	54	0.76	
TRUE	854	908	11.99	
Missing	6,214	7,122	87.25	

99	Column name:	rx_pcks9
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Column description: RX: Subject reported a PCKS9 inhibitor class antihyperlipidemic

Source information: Calculated from RX Data Supplement

Data type: Logical

Unique non-missing value count: 2

Missing value count: 6,214

Categories	Frequency	Cumulative Frequency	Percent	
FALSE	905	905	12.71	
TRUE	3	908	0.04	
Missing	6,214	7,122	87.25	

100	Column name:		rx_fibrate		
	Column description: Source information: Data type: Unique non-missing value count: Missing value count:		RX: Subject reported a fibrate class	ss anti-hyperlipidemic	
			Calculated from RX Data Supplement Logical		
			6,214		
	Categories	Frequency	Cumulative Frequency	Percent	
	FALSE	875	875	12.29	
	TRUE	33	908	0.46	
	Missing	6,214	7,122	87.25	

101	Column name:		rx_sequestrant	
	Column description: Source information: Data type: Unique non-missing value count:		RX: Subject reported a bile acid s hyperlipidemic	equestrant class anti-
			Calculated from RX Data Supplement Logical	
	Missing value co	ount:	6,214	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	904	904	12.69
	TRUE	4	908	0.06

Missing 6,214 7,122 87.25

102	Column name:		rx_supplement	
	Column description:		RX: Subject reported a dietary supanti-hyperlipidemic	oplement used as an
	Source information:		Calculated from RX Data Suppler	ment
	Data type:		Logical	
	Unique non-missing value count:		2	
	Missing value count	:	6,214	
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	900	900	12.64
	TRUE	8	908	0.11
	Missing	6,214	7,122	87.25
103	Column name:		rx_other	
	Column description:		RX: Subject reported an anti-hyperlipidemic medication not otherwise classified	
	Source information:		Calculated from RX Data Supplement	
	Data type:		Logical 2 6,214	
	Unique non-missing	value count:		
	Missing value count	:		
	Categories	Frequency	Cumulative Frequency	Percent
	FALSE	881	881	12.37
	TRUE	27	908	0.38
	Missing	6,214	7,122	87.25
104	Column name:		rx_non_lipid	
	Column description:		RX: Subject reported a non-lipid lowering medication	
	Source information:		Calculated from RX Data Suppler	nent
	Data type:		Logical	

Missing value count:

6,214

Categories	Frequency	Cumulative Frequency	Percent
FALSE	896	896	12.58
TRUE	12	908	0.17
Missing	6,214	7,122	87.25