

# COSLAE

इहारांरन्द्रांयुव डातवात्मव

WWW.COSLAE.COM





# Welcome to Coslæ






Coslæ provides a variety of services based on Ayurveda and Kalari Marma treatment principles in the Kadathanadan Kalari system.

The therapies we are currently practicing were developed by gurus with the idea of helping people live a healthy life. We dream of bringing it into practice in modern times and passing it on to future generations.

It is likewise our intend to make the advantages of traditional medicine more pertinent today by emphasizing both inner and outside prosperity.



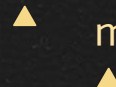


Charaka samhita says

*"Satvaatma shaariram cha tryametatrividvat,  
lokastishthati sayogaattra sarvam pratishthitam "*

which means The tripods of life are **satva** (mind), **atma** (soul) and **shareera** (body). The world is sustained by their combination. They constitute the basis for everything. The soul is essentially devoid of all deformities. The soul is the cause of consciousness through the mind and the specific qualities of the basic Indriya elements (touch, shape, smell, taste and sound).

Coslæ understands this principle and designed all the services to bring balance to your life. Our tag line "**Sharirendriya Satvatma**" indicates that our methods focus on union of body, sense organs, mind and soul







Ayurveda obviously carries with it immense inherent strength, but to tap that fully we need to cleanse ourselves internally and cleanse the environment around us.

Coslæ prepares external support systems that help the patient's body and mind to mature and sync in so that the treatment becomes fully effective





The speciality of the treatment we follow is to give a person who is a combination of mind, body, senses, soul and consciousness, to touch the spiritual and mental levels with healing, and thus to give mental strength and spiritual bliss.





# packages









# *kaya kavacha*

Therapeutic judgments that have been routinely practiced and followed in the past for the physical, mental and spiritual upliftment of Kalari warriors

- 
- Stimulates the nerves
  - Regulates the rate of blood flow
  - The Thri Doshas are balanced
  - Pain and other ailments caused by injuries are reversed
  - Improves nerve function in the brain



- 
- Strengthens muscles and bones.
  - Increases flexibility and mobility
  - Enables you to achieve mental and spiritual peace and patience
  - Boosts immunity





# ATMA DARSHAN

Extraordinary, traditional therapeutic judgment aimed at uplifting the complete physical, mental, spiritual, and health of a human being.

- 
- 
- Balance the Thri Doshas
  - Physical and mental refreshment
  - Paving the way for spiritual upliftment
  - Helps to balance hormones
  - Energy efficiency increases


- Blocks in the nerves cured and lead to proper functioning
- Through the proper functioning of the spine there is a change in the affected chronic pain
- Organizes and trains a lifestyle that focuses on mental health




# *RAJA RATI CHARYA*

Sexual energy plays a major role in physical, mental and spiritual processes. The goal is to make therapeutic judgment and adjustments for its Balancing



- 
- Stimulates sexual energy
  - Increases sexual potency
  - Libido boosts
  - Increase in Confidence
  - Heart health increases
  - Character formation

- 
- Elevated mood
  - Mental focus
  - Happiness
  - Practicing a life course that will lead to lasting sexual success and a happier life

# Booking process



Enquiry and Booking  
Processing

Step I



Data collection,  
Profiling and scheduling

Step II



Treatment and follow  
up

Step III

# THANK YOU

Find us on : [www.coslae.com](http://www.coslae.com)  
Write to us : [mail@coslae.com](mailto:mail@coslae.com)  
Get in touch : +91 89 21 605 174

(Whatsapp, Call, Telegram)