# **Special Agent Mission Calendar**





# Believe

When you believe you can do so many things!

"Once we believe in ourselves, we can risk curiosity, wonder, spontaneous delight, or any experience that reveals the human spirit" - E.E. Cummings

### Mini Lesson:

A good way to build confidence in yourself is by believing that you can do something that you might have thought you could not do.

Examples: learning to read, playing a sport, talking to a new friend, etc.

What do you believe you can do?

How can you show you believe in yourself?

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We Are Strong Like Trees, We Grow Good Things!



### Mini Lesson:

There are two different ways we can show courage: By trying something new or different even when you are scared or Doing the right thing even though others might tease, make fun of or laugh at you. (Ex: Being a friend to someone who is not treated nice at school, talking to someone who looks lonely, learning to ride a bike, trying a new sport, etc.)

Some of these things sound hard, don't they? Why would you want to do something that takes courage? How can you show courage?

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# Respectful

Please and thank you, something I say, nothing gets in my way!

"I speak to everyone in the same way, whether he is the garbage man or the president of the university."—Albert Einstein

### Mini Lesson:

Some of the ways we can show respect are by: Listening to others, playing fair, use good manners, wait your turn, compliment someone, pick up after yourself, watch how you treat others (inspiremykids.com). What are some examples of how you do this (at home, school, with friends)?

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# Get Along With Others

My rules, your rules, we all just want to play. Taking turns helps it stay fun all ways!

"The most important single ingredient in the formula of success is knowing how to get along with people." —Theodore Roosevelt

### Mini Lesson:

I want it! It's mine! It's so much easier to keep it to myself but so much better when I can help someone else. When I help someone else it helps us get along. What are some things you can do to help get along with others?

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# Problem Solver



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Oh no, I want to play, there is only one, what do I say? We can take turns, you then me, or let's see if we can find something else to play.

"Most people spend more time and energy going around problems than in trying to solve them." —Henry Ford

## Mini Lesson:

Oh, it's so hard, I really want to do it my way and I don't want to give it up. I don't want to fight but sometimes it just happens. How can I be okay with helping someone else and still feel good about sharing or making a problem better? (Examples of problems: wants to sit in same seat, wants same toy, book, etc., wants to play and you don't want to)

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# Humorous

That is so funny I say, I was having a really bad day, now I laugh and play and everything is better that way!

"From there to here, and here to there, funny things are everywhere." —Dr. Seuss

### Mini Lesson:

When things get rough or not so good, it's easy to get sad or mad or angry. What can you do to help someone smile or laugh when you see they are having a bad day? (ex: tell a joke, ask them if they want to play, smile at them, offer them something you know they'd like, give them a hug)

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Catch Your Stars Show Who You Are! A Superstar!

"What you do speaks so loudly that I cannot hear what you say." -Ralph Waldo Emerson

# Mini Lesson:

Service is about looking for ways to help others without being asked or hoping to get anything, like a reward. Ex: we can give someone a gift, help someone that is sad or hurt, or clean your room before being asked. We can look for ways to help others: feel better or get something done.

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# Hard Working

I Grow When I Make A Goal!



# Mini Lesson:

"A goal is like a target or something you shoot for. A football player is aiming for a touchdown. A hockey or soccer player is shooting for a goal. Goals aren't just for sports. Goals in life are something you shoot for to be more successful. People set goals for things they want to achieve or get better at. Planning what you need to work on is called goal-setting. It's a skill that will help you in school, at home, with your friends, or later in your job or as an adult. It's a skill that helps you succeed." (Michele Borba)

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# Good Communicator

Oh, I want that so much. I could scream, yell, kick, instead I learned a fun trick. Use my good words and something may click. I may not get all that I want but I used my good words and that will do the trick!

"Speak clearly, if you speak at all; carve every word before you let it fall." —Oliver Wendell Holmes, Sr.

### Mini Lesson:

When you use good words or actions you show others that you want to learn from them and help them. You can also let other people know what you are thinking or would like to do. What are some good ways to show that you are a good communica-

tor?

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Unlock Your Treasures by Doing Great Things!

### Mini Lesson:

The You Are a Treasure Box theme reminds that we each have special things that we can do, like being kind to our friends, being kind to ourselves, helpful, sharing, giving, care about ourselves, family, friends, and neighbors. When we use these things we feel good about ourselves and that is like unlocking a treasure box and finding many good surprises.

What good surprises do you have in you?

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# Good Listener

"Please come here," Mom says. "Ríght away!" 1 say.

"Silent" and "listen" are spelled with the same letters."



# Mini Lesson:

Shhh, let's play a quick game. Quiet for 5 seconds...1...2...3...4...5...go, what did you hear?

When we are listening we are able to hear things that we might now usually hear. It's always good to listen especially to directions, like at school 4 home. So, we don't miss something important.

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"The time is always right to do what is right." —Martin Luther King Jr.

# Mini Lesson:

Picking up after yourself, cleaning up, brushing your teeth, taking a bath, having clean clothes, listening to your mom and dad are just some ways of being responsible. What are some more ways you can think of to be responsible?

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# Special Agent Character Traits & the Same Kind of Fun Words!

Believe: Have confidence in, Trust, Loyal, Understand,

Courageous: Brave, Spirited, Determination,

Respectful: Polite, Considerate, Courteous, Honor, Recognition

Get Along with Others: Work Well with, Progress, Manage, Cope, Cooperate

**Problem Solver:** Reasonable, Searching, Investigative, Figure Out, Explain, Decide, Work Out, Clear Up, Do, Fix, Settle

Humorous: Playful, Pleasant, Laughable, Witty

Helpful: Friendly, Important, Supportive, Sympathetic, Caring, Kind, Serviceable, Cooperative

Hard Working: Determined, Diligent, Energetic, Enthusiastic, Lively, Ready, Industrious, Inventive, Purposeful,

Good Communicator: Inform, Interact, Reach Out, Relate, Suggest, Write, Enlighten Optimistic: Bright, Cheerful, Confident, Happy, Hopeful, On top of the World, Positive, Sunny, Trusting

Good Listener: Concentrate, Be Attentive, Receive, Welcome, Accept, Pay Attention to

**Responsible:** Duty, Importance, Trust, Value, Commitment, Role, Service, Work, Chore, Promise, Assignment, Duty