Skydottir Epic Cookies

"Old School" Chocolate Chip Cookies Homestyle DIY Recipe



INGREDIENTS

"Baby Batch" (makes approximately 30 cookies)

4 teaspoons / 0.25 oz ground flax

3 tablespoons / 1.5 oz water

1 cup / 5.5 oz brown rice flour

3/4 cup / 2.75 oz quinoa flour* OR 3/3 cup / 2.75 oz amaranth flour

½ cup / 2.25 oz tapioca starch

2 tablespoons / 0.5 oz coconut flour

1 tablespoon xanthan gum

11/2 teaspoons baking powder

½ teaspoon baking soda

½ teaspoon sea salt

3/4 cup / 5 oz palm shortening

1 3/4 cups / 9 oz coconut sugar**

3 tablespoons / 2 oz maple syrup

1 tablespoon vanilla extract

²/₃ cup / 4.25 oz chocolate chips

"Monster Batch" (makes approximately 70 cookies)

3 1/2 tablespoons / 0.6 oz ground flax

½ cup / 4 oz water

2.5 cups / 13.75 oz brown rice flour

1 3/4 cups + 2 tablespoons / 6.5 oz quinoa flour* OR 1 2/3 cups / 6.5 oz amaranth flour

1 1/4 cups / 5.75 oz tapioca starch

 $\frac{1}{2}$ cup / 2 oz coconut flour

2 1/2 tablespoons / 0.75 oz xanthan gum

3 ¾ teaspoons baking powder

1 1/4 teaspoons baking soda

1 1/4 teaspoons sea salt

1 3/4 cups / 12.5 oz palm shortening

4 1/4 cups / 1 lb 6.5 oz coconut sugar**

7 tablespoons / 4.5 oz maple syrup

2 1/2 tablespoons / 0.75 oz vanilla extract

 $1 \frac{2}{3}$ cups / 10 oz chocolate chips

INSTRUCTIONS

- 1) In a small bowl, whisk together the ground flax and water. Set aside.
- 2) In a medium bowl, thoroughly whisk together the flours, xanthan gum, baking powder, baking soda and salt.
- 3) In the bowl of a stand mixer or large bowl, cream together the shortening and sugar until no shortening lumps remain.
- 4) Add the maple syrup. Then add the vanilla. Mix until light and fluffy.
- 5) Beat in the flax mixture until well incorporated.
- 6) Add the flour mixture a little at a time.
- 7) Mix, scraping sides of bowl as needed, until the dough is uniform.
- 8) Fold in the chocolate chips by hand.
- 9) Measure out cookie dough with a $1\frac{1}{2}$ tablespoon scoop, or portion it out in rounded tablespoons.
- 10) Roll each dough portion into a semi-smooth ball, then flatten slightly.
- 11) Lay cookies in a single layer, cover tightly, and chill 8 hours or overnight.
- 12) Preheat oven to 350°F.
- 13) Place chilled cookies at least 1 inch apart on ungreased, unlined baking sheets.
- 14) Bake 15 minutes or until the edges of the cookies begin to caramelize and the tops start to crackle. Rotate pans halfway through baking.
- 15) Let cookies cool slightly, then gently transfer to cooling racks while still warm, using a spatula.
- 16) Let cool to room temperature. Store any leftovers in an airtight container.

^{*} Cookies will come out fluffier and with less spread if using quinoa flour.

^{**} Fine-grain coconut sugar works best but coarse is OK too! Make coarse sugar finer, if desired, by giving it a whirl in the food processor or using a mortar and pestle.