Modeling Mental Health

A Statistical Approach to Interpreting Risk Factors

By Clay Carson

The Data

The United States Department of Health and Human Services

Center for Behavioral Health Statistics and Quality

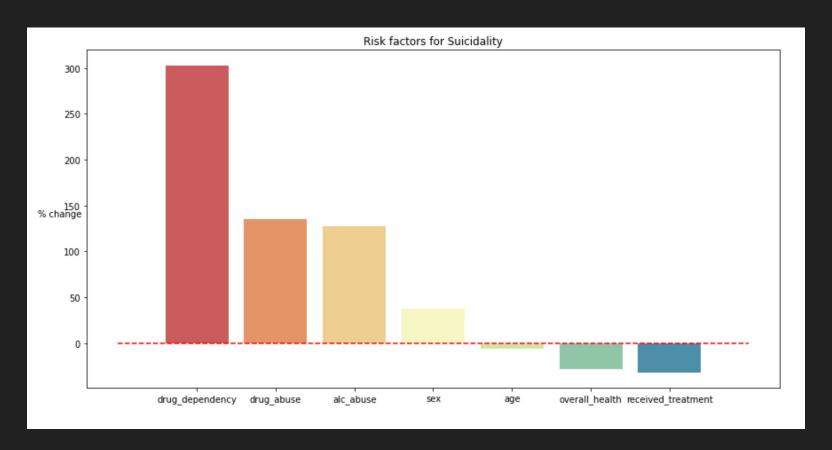
National Survey on Drug Use and Health, 2012



Using: Existing data on drug use and mental health

Predict: Risk of suicidality

Risk Factors



Drug-Specific Results

While all drugs are statistically bad for overall mental health, a few are more highly correlated with poor mental health

"Logit" indicates much more likely someone is to be suicidal, i.e. those who abuse illicit pain relievers are 1.5 times more likely to report suicidality

	logit
any illicit pain relievers	1.543481
any inhalents	1.412224
alcohol in past year	1.387004
any crack cocaine use	1.377517

Thanks, stay safe.