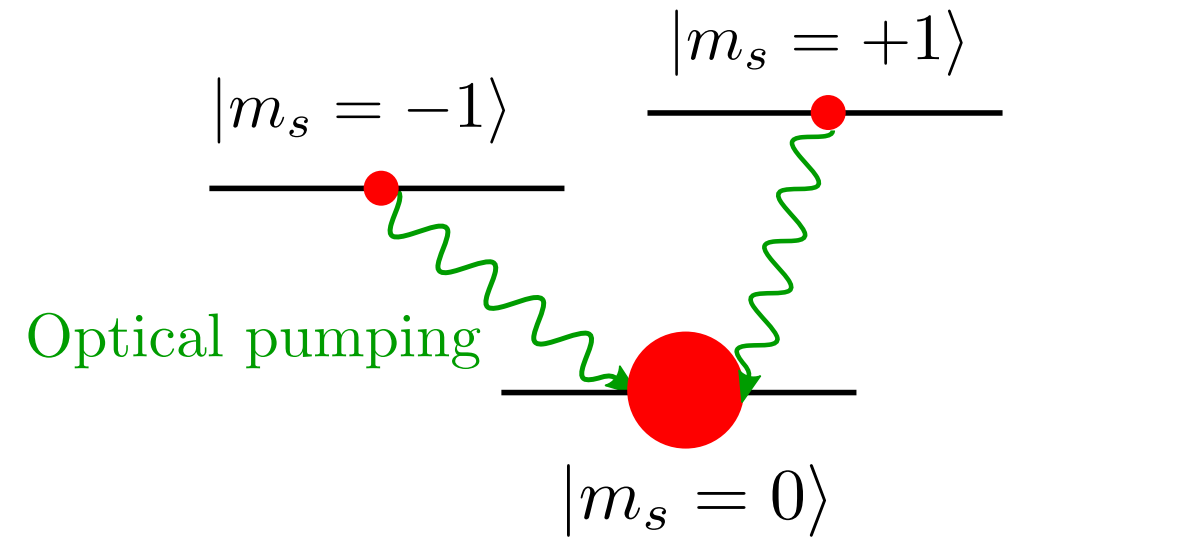


Optical pumping of the spin states



- Population accumulation in the $|0\rangle$ state
 ↳ Initialization of the spin state