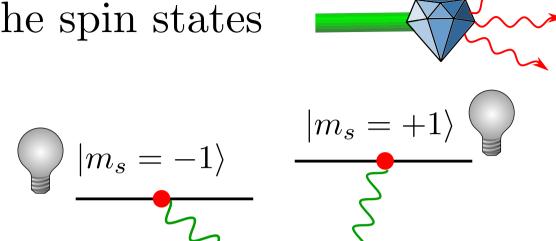


Optical pumping of the spin states

Optical pumping



 $|m_s=0\rangle$ 

CB