Excited state 
$$|m_s=+1\rangle$$
 ———
 $|m_s=+1\rangle$  ———
 $|m_s=0\rangle$  ———

$$|m_s = +1\rangle$$
 —  $|m_s = -1\rangle$   $|m_s = 0\rangle$  —  $|m_s = 0\rangle$ 

Ground state 
$$+ c_{e_x} + c_{e_y} = - (m_s = +1) - (m_s = 0) - ($$

