

Team H.E.A.T Sports Performance Training Academy Description

The *Team H.E.A.T Sports Performance Training Academy* is a program designed for youth and high school students that need sport specific personal training. The program will be supported by an Endowment fund. Training is provided on a financial need basis to student athletes and two (2) family members to attend weekly personal training classes, sport training clinics (1-day and 2-day clinic fees), sport specific combine training and academy fees, travel expense for all combine training and sport specific academy. Corporate donations will be accepted yearly to fund the expenses to pay for all fees incurred by the student athlete. All fees will be paid from the Endowment fund savings account 501(3) ©.

The *Team H.E.A.T Sports Performance Training Academy* Endowment Fund will select _____ student athletes to receive sport specific training, donated by corporate sponsorship. The donated funds are to cover all the previously stated costs for the student athlete. Training will take place twice (2) a week from January to June, each year. An athlete contract is required to be signed by the student athlete and the parent/ legal guardian prior to the start of the training season. The student athlete will also be required to submit a 500 word essay, with reasoning why they should be admitted to the program. Financial documents must be as proof for financial assistance.

Personal training sessions will take place at locations in Englewood, NJ and West Orange, NJ. Transportation to all personal training sessions will be provided by the student athlete and/or parent/ legal guardian for both drop-off and pick-up.