A 1.08-nW/kHz 13.2-ppm/°C Self-Biased Timer Using Temperature-Insensitive Resistive Current

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Abstract—This paper proposes a 32.7 kHz self-biased wake-up timer using temperature-insensitive resistive current. A dual-loop structure with supply-regulation loop and frequency-locked loop determines the regulated voltages at both ends of a temperature-compensated resistor and cancels out the amplifier offset voltages, thus generating temperature-insensitive resistive current for the switched capacitor. Moreover, a self-biasing scheme in low-power design reduces the power variation across the temperature range and eliminates the necessity of a sub- μ A reference current generator. The proposed timer with its start-up circuit generates <12 ms lock time, which is 20 times less than what obtained without a start-up circuit, and exhibits a long-term frequency stability of 10 ppm and a temperature coefficient of 13.2 ppm/°C with an energy efficiency of 1.08 nW/kHz.

Index Terms—Allan deviation, low power, oscillators, RC-time constant, temperature sensitivity, wake-up timer.

I. Introduction

MINIMIZE the power consumption during the sleep mode in the sensing platforms of the wireless sensor network (WSN) applications and guarantee reliable cross-communication, fully-integrated wake-up timers are required with extremely low power consumption and excellent long-term frequency stability against the temperature and supply variation. Compared with other on-chip oscillators, an RC-time constant-based relaxation oscillator (RCxO) has been generally used as an on-chip wake-up timer for its superior frequency stability and compact size. The frequency-locked loop (FLL)-based RCxO, as described in [1], significantly decreases the power consumption by replacing a power-hungry continuous comparator in the comparator-based RCxOs [2], [3]

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with a low-power amplifier. Although the comparator is dynamically controlled by the sub-duty-cycle technique in [4], variations of the comparator and buffer delays still degrade the frequency stability against the process, voltage, and temperature (PVT) variation. In the current-reusing scheme of [5], power efficiency is further improved by placing a switched resistor and a switched capacitor. However, since the switched resistor is directly connected to supply voltage, it is susceptible to the supply noise. Furthermore, the switched capacitor-based replica bias generator that replaces the large sub- μ A reference current generator still requires an additional area for the replica switched capacitor circuit.

To address these challenges, a 32.7 kHz self-biased wakeup timer with a supply-regulation loop (SRL) and an FLL is proposed in this paper. A dual-loop structure internally generates the temperature-insensitive resistive current. The proposed timer consumes only 35.4 nW at 32.7 kHz with a 13.2 ppm/°C temperature coefficient (TC) and a 0.44 %/V stability, and exhibits long-term stability of <10 ppm. The remainder of this paper is organized as follows. Section II describes the architecture of the proposed timer and its operation. Section III presents the detailed circuit diagram and overall transient characteristics. Next, Section IV discusses the measurement results for the multiple samples, and finally this paper is concluded in Section V.

II. OVERALL ARCHITECTURE

Fig. 1 exhibits the architecture of the proposed self-biased timer with a SRL and an FLL. The timer consists of a tunable resistor (R_{TC}) , a tunable switched capacitor (C_{SW}) , a selfbiasing circuit with its start-up circuit, a voltage-controlled oscillator (VCO), a reference generator, and two amplifiers. A temperature-compensated resistor (R_{TC}) , which consists of a 4-bit tunable p-type non-silicided poly resistor and a 4-bit tunable n-type silicided poly resistor for TC trimming, and a switched capacitor (C_{SW}) are connected in series to minimize the power consumption and avoid current mismatch without an additional current-chopping technique in parallel structure [1], [2]. V_{D1} and V_{D2} at both ends of R_{TC} are regulated to V_{R1} and V_{R2} by the SRL and FLL, respectively. The mutual interference of the two loops is negligible as the bandwidth of the SRL is 8 times higher than that of the FLL. Moreover, as the SRL shields V_{D1} and V_{D2} from the supply noise, it significantly improves noise immunity and frequency stability of the timer. The current (I_R) to charge C_{SW} is then

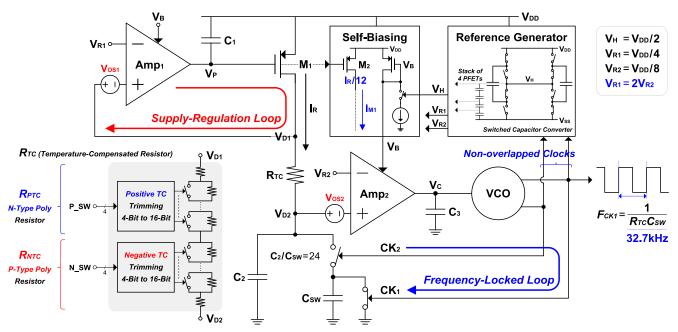


Fig. 1. Architecture of the proposed 32.7 kHz self-biased timer using temperature-insensitive resistive current (IR) with a SRL and an FLL.

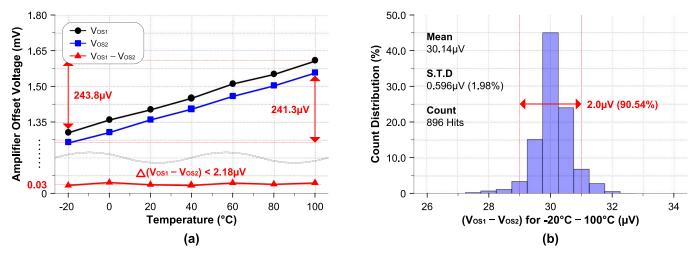


Fig. 2. Monte-Carlo simulation results for (a) amplifier offset voltage variations versus temperature and (b) histogram about $(V_{OS1} - V_{OS2})$.

derived as

$$I_{\rm R} = \frac{(V_{\rm R1} + V_{\rm OS1}) - (V_{\rm R2} + V_{\rm OS2})}{R_{\rm TC}}$$
(1)

where $V_{\rm OS1}$ and $V_{\rm OS2}$ are the amplifier offset voltages of Amp₁ and Amp₂, respectively. The Monte-Carlo simulation results in Fig. 2(a) exhibit that the temperature variations of the amplifier offset voltages are mostly cancelled out by using the identically sized amplifiers operating at similar input bias voltages. In this Monte-Carlo simulation, the total number of counts is 896 hits, and the number of counts at each temperature is 128 hits. Each data point in Fig. 2(a) exhibits the average result at each temperature. It is clearly shown that $(V_{\rm OS1} - V_{\rm OS2})$ is almost independent of the temperature. Using the same simulation results, we also plotted a histogram about $(V_{\rm OS1} - V_{\rm OS2})$, as shown in Fig. 2(b). The drift of $(V_{\rm OS1} - V_{\rm OS2})$ across the temperature range from -20 to 100 °C is only less than $2.18~\mu$ V, verifying an effective offset

cancellation. Furthermore, as $(V_{\rm OS1} - V_{\rm OS2})$ is only less than 0.02 % of $(V_{\rm R1} - V_{\rm R2})$, the current $(I_{\rm R})$ can be briefly expressed as follows:

$$I_{\rm R} = \frac{(V_{\rm R1} - V_{\rm R2}) + (V_{\rm OS1} - V_{\rm OS2})}{R_{\rm TC}} = \frac{V_{\rm R1} - V_{\rm R2}}{R_{\rm TC}}$$
(2)

That is, the amplifier offset voltage, $V_{\rm OS1}$ and $V_{\rm OS2}$, and their temperature dependencies have minimal impacts on the generation of resistive current. Thus, the optimized TC of the resistor ($R_{\rm TC}$) and amplifier offset cancellation significantly reduce the temperature sensitivity of the resistive current, $I_{\rm R}$.

Because the periodic switching operation of C_{SW} is governed by I_R , the output frequency (F_{CK1}) of the timer is derived as

$$I_{\rm R} \frac{1}{F_{\rm CK1}} = C_{\rm SW} (V_{\rm R2} + V_{\rm OS2}) = C_{\rm SW} V_{\rm R2}$$
 (3)

$$F_{\text{CK1}} = \frac{I_{\text{R}}}{C_{\text{SW}} V_{\text{R2}}} = \frac{(V_{\text{R1}} - V_{\text{R2}})}{V_{\text{R2}} R_{\text{TC}} C_{\text{SW}}} = \frac{1}{R_{\text{TC}} C_{\text{SW}}}$$
(4)

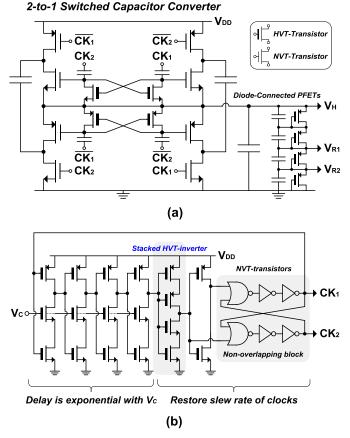


Fig. 3. Circuit diagrams of (a) reference generator and (b) VCO.

The reference voltages, V_{R1} and V_{R2} , of the SRL and FLL are generated by dividing the supply voltage (V_{DD}) in the reference generator, and V_{R1} is $2V_{R2}$. Because we use the nominal supply voltage (V_{DD}) of 1.2 V, the reference voltages, V_{R1} and V_{R2} , are determined as 300 and 150 mV, respectively. In (3), the offset voltage of Amp₂ can be ignored as it is considerably smaller than the reference voltage of Amp₂ ($V_{OS2} < 0.01V_{R2}$). Actually, since V_{OS2} varies linearly across the temperature range from -20 to 100 °C, as shown in Fig. 2(a), it can be easily compensated by trimming the TC of R_{TC} , as in [1]. Combining (2) and (3), and using $V_{R1} = 2V_{R2}$, we can derive the simplified expression for the output clock frequency, F_{CK1} , as in (4), which has only R_{TC} and C_{SW} .

III. CIRCUIT DETAILS AND TRANSIENT CHARACTERISTICS

In design of RCxOs, there is a key trade-off between power consumption and area. That is, as the resistor's size determining the RC-time constant is increased, the power consumption can be reduced. However, with the excessively large resistor's size, the junction and sub-threshold leakage current of the transistors can be compatible with the resistive current, especially at high temperature; thus, the temperature characteristics are seriously degraded. Considering these trade-offs, the resistive current (I_R) and the temperature-compensated resistor (R_{TC}) are determined as 19.2 nA and 7.8 M Ω , respectively. The capacitor (C_{SW}) is set to 3.9 pF to achieve the target frequency of 32.7 kHz.

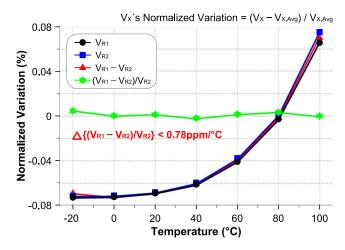


Fig. 4. Simulation results for variation of the reference voltages.

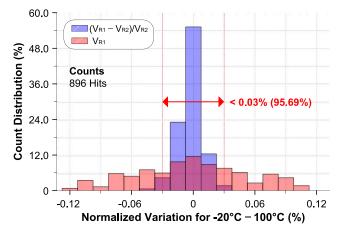


Fig. 5. Monte-Carlo simulation results about $(V_{R1} - V_{R2})/V_{R2}$ and V_{R1} .

A. Reference Generator

The reference generator in Fig. 3(a) is composed of a 2-to-1 switched capacitor converter [6] and a stack of diodeconnected PFETs. To minimize the switching overhead in the VCO, the 2-to-1 switched capacitor converter is used only in the first stage and it generates $V_{\rm H} (= V_{\rm DD}/2)$ with steps aligned with the output clocks of the VCO. Next, V_{R1} and V_{R2} are generated by dividing $V_{\rm H}$ with the stack. As shown in Fig. 4, a ratio of $(V_{R1} - V_{R2})$ and V_{R2} in (4) varies with the TC less than 0.78 ppm/°C across the temperature range due to the equivalent temperature dependencies of V_{R1} and V_{R2} . We also ran Monte Carlo simulation for seven discrete temperature numbers from -20 to 100 °C. The number of counts at each temperature is 128 hits, and the total number of counts is 896 hits. The Monte-Carlo simulation results in Fig. 5 show that the ratio metric design, $(V_{R1} - V_{R2})/V_{R2}$, can significantly reduce the impacts of random mismatches in the reference generator. Therefore, the proposed timer can achieve the excellent temperature sensitivity. Moreover, the ratio metric design inherently suppresses V_{DD} -dependence; thus, improving the line sensitivity.

B. Voltage-Controlled Oscillator (VCO)

Fig. 3(b) shows the VCO with the non-overlapping block. The control voltage, $V_{\rm C}$, determines the output frequency

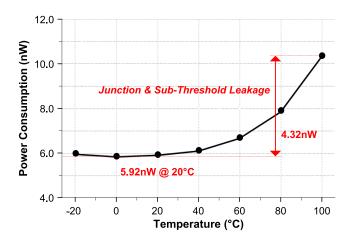


Fig. 6. Simulation results for the power consumption of the VCO.

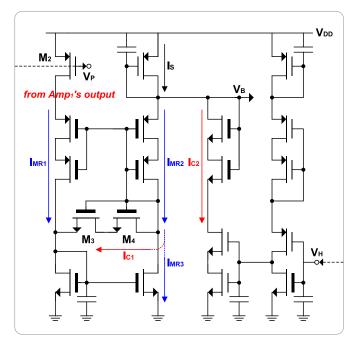


Fig. 7. Circuit diagram of a self-biasing scheme with its start-up.

through the first four stages. Furthermore, as the delays in these stages are exponential with $V_{\rm C}$, the VCO generates wide frequency ranges from kHz to MHz with a VCO gain of 0.82 MHz/V. A high- $V_{\rm T}$ stacked inverter is then used to reduce the short-circuit current, as in [1]. Finally, the nominal- $V_{\rm T}$ NOR-based non-overlapping block gradually restores slew-rate of the clocks and generates the non-overlapped differential clocks, CK₁ and CK₂. The simulation results in Fig. 6 show that the power consumption of the VCO only varies by about 4.32 nW across the temperature range from -20 to 100 °C. However, this is only less than 16 % of the overall power consumption of the proposed timer.

C. Self-Biasing Scheme with a Start-Up Circuit

Fig. 7 shows the self-biasing scheme with its start-up circuit to minimize the area, power, and design complexity. The self-biasing scheme in this design aims to mirror the temperature-insensitive resistive current (I_R) to produce the bias current (I_S) for the amplifiers (Amp₁ and Amp₂). Each

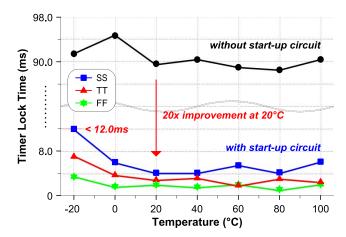


Fig. 8. Simulation results for the lock time of the proposed timer.

mirroring current in Fig. 7 is expressed as follows:

$$I_{\text{MR2}} = I_{\text{MR3}} + I_{\text{C1}}, I_{\text{MR3}} = I_{\text{MR1}} + I_{\text{C1}}.$$
 (5)

If there is no start-up circuit in the initial operation, $I_{\rm R}$ and $I_{\rm S}$ are very small due to the absence of $V_{\rm R1}$ and $V_{\rm R2}$ in (2). In such a case, the bandwidth of the amplifiers in the SRL and FLL is significantly limited, causing the excessively long lock time of the timer (Fig. 8).

To address these issues, the self-biasing output voltage (V_B), which is directly connected to the gates of the mirroring PFETs inside the amplifiers, is pulled down by a start-up circuit. As V_H from the 2-to-1 switched capacitor converter is initially held to the ground potential (V_{SS}), the activated start-up circuit generates the temporary and deterministic bias current, I_S , regardless of I_{MR1} . As the amplifiers are properly biased, and the control voltage (V_C) increases high enough to activate the VCO, the 2-to-1 switched capacitor converter gradually elevates V_H to half of the supply voltage (V_{DD}), and this high V_H ends the start-up circuit, thus, resulting in the transition from the start-up mode to the self-biasing mode.

During this transition, the M_3 and M_4 NFETs provide a current path to compensate the current mismatch between I_{MR1} and I_{MR2} . Here, I_{MR2} is not completely governed by I_{MR1} and is distributed to I_{MR3} and I_{C1} . However, as the SRL and FLL steadily approach the locking condition, I_{MR1} increases and I_{C1} decreases accordingly. The self-biasing circuit eventually enters a steady state. Therefore, I_{C1} and I_{C2} are less than 8 pA, and $I_{MR1} = I_{MR2}$, completing the self-biasing operation in the proposed timer, as described in the following equation:

$$I_{\rm R}/12 = I_{\rm MR1} = I_{\rm MR2} = I_{\rm S}.$$
 (6)

Note that the self-biasing scheme using I_R reduces the power variation across the wide temperature range. Furthermore, the start-up circuit ensures a reliable initial operation of the timer and yields a 20-fold improvement of the lock time at the room temperature, as shown in Fig. 8.

D. Transient Characteristics

The transient characteristics of the proposed timer are shown in Fig. 9. First, the VCO is activated by the start-up operation, then, the reference voltages, V_{R1} and V_{R2} , of the SRL and FLL are generated with the steps aligned with the output clock

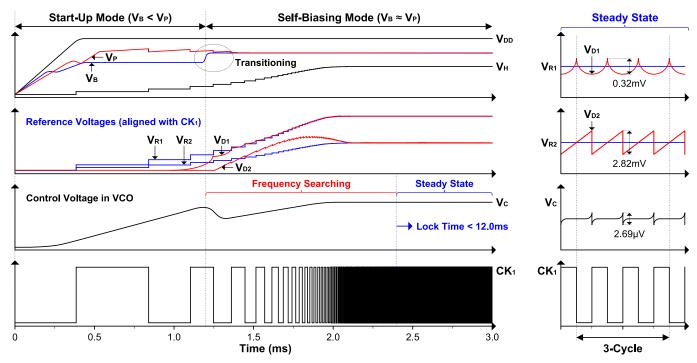


Fig. 9. Transient characteristics according to the start-up and the self-biasing modes, and details of a steady-state operation.

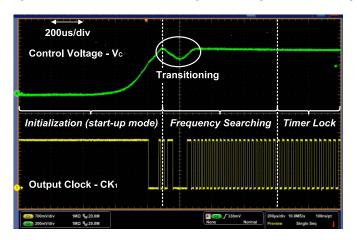


Fig. 10. Measurement results for the transient characteristics

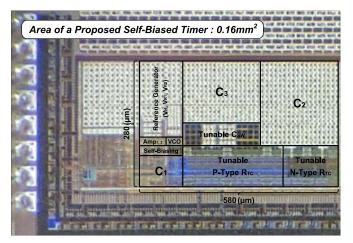


Fig. 11. Die micrograph.

of the VCO (CK₁). As the elevated $V_{\rm H}$ causes the transition, $V_{\rm B}$ first increases with a distinct step and then slowly

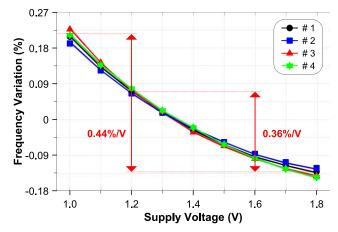


Fig. 12. Measurement results for line sensitivity.

converges to the final value, $V_{\rm P}$. In the steady state, $V_{\rm C}$ and the frequency of CK₁ are settled. The measured transient responses in Fig. 10 exhibit that the proposed timer is settled within 2 ms (48 cycles) at room temperature. Furthermore, the waveform of $V_{\rm C}$ shows an over-damped behavior and verifies the loop stability of the SRL and FLL.

As shown in Fig. 9, the switching nature of the timer causes the periodic ripples on $V_{\rm D1}$ and $V_{\rm D2}$. However, these are effectively suppressed by the low-pass filters on $V_{\rm C}$ and $V_{\rm P}$, which are composed of C_1 , C_3 , and the high output impedances of the amplifiers in Fig. 1. Comparing with the ripples of the control voltage (80 μ V) in [5], the ripples on $V_{\rm C}$ are nearly negligible; thus, the long-term frequency stability of the proposed timer is significantly improved.

IV. MEASUREMENT RESULTS

In this paper, a 32.7 kHz ultra-low-power self-biased timer is proposed and fabricated using a 180 nm CMOS

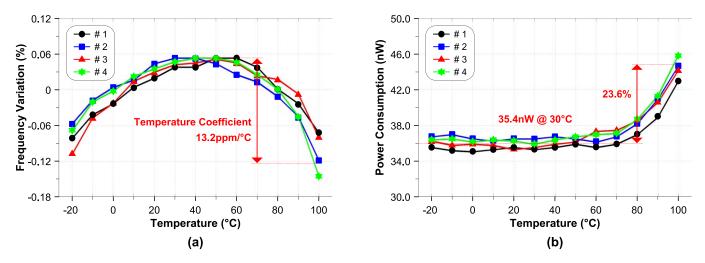


Fig. 13. Measurement results for (a) temperature sensitivity and (b) power consumption across the temperature range from -20 to 100 °C.

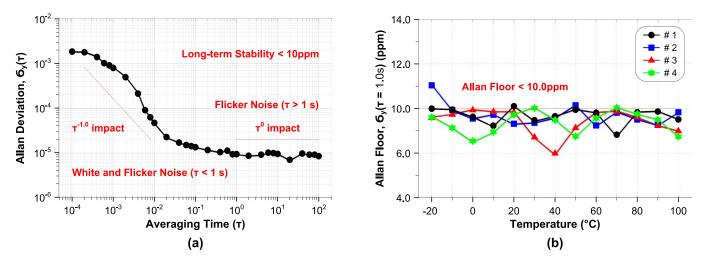


Fig. 14. Measurement results for (a) long-term Allan deviation and (b) Allan floor at T = 1 s across the temperature range from -20 to 100 °C.

process technology with an active area of 0.16 mm². A die micrograph is shown in Fig. 11. The output frequency and TC of the timer are controlled by the following procedure.

- 1) First, the nominal frequency of the proposed timer is coarsely controlled by trimming only the switched capacitor, $C_{\rm SW}$.
- 2) Next, we trim the n-type poly resistor, R_{PTC} , to finely adjust the output clock frequency close to 32.7 kHz.
- 3) Finally, by trimming the p-type poly resistor, $R_{\rm NTC}$, the TC of the proposed timer can be optimized through the two-point (20 and 60 °C) calibration procedure. The output clock frequency of the proposed timer is tunable from 23.1 to 54.2 kHz, which is achieved by only trimming $C_{\rm SW}$.

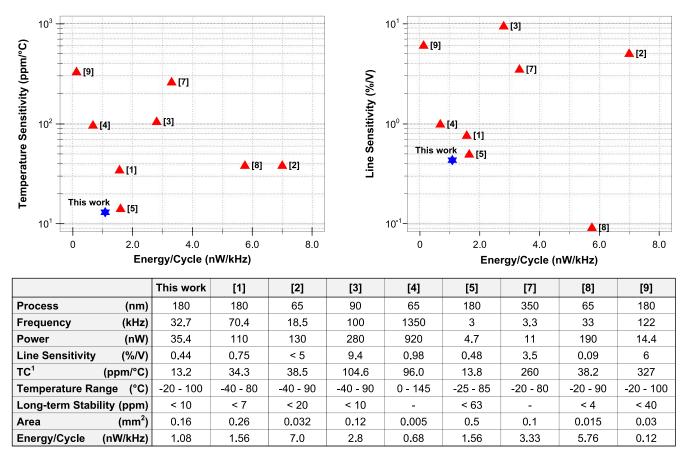
As shown in Fig. 12, the measured line sensitivity is 0.44 %/V for the wide supply voltages from 1 to 1.8 V for four sample-chips. The temperature sensitivity and the power consumption of the timer are measured from -20 to $100 \,^{\circ}\text{C}$ under the nominal supply voltage of 1.2 V. We achieve the best and worst TCs of $11.2 \,^{\circ}$ and $16.4 \,^{\circ}$ ppm/ $^{\circ}$ C in chips 1 and 4, respectively (Fig. 13(a)), and the average is $13.2 \,^{\circ}$ ppm/ $^{\circ}$ C. At room temperature ($30 \,^{\circ}$ C), the power consumption of the

proposed timer is only 35.4 nW at 32.7 kHz, translated to an excellent energy efficiency of 1.08 nW/kHz. Furthermore, the power consumption across the wide temperature range in Fig. 13(b) varies only by <23.6 % owing to the self-biasing scheme.

The long-term Allan deviation for chip 1 is shown in Fig. 14(a). Allan deviation is the indicator for the noise immunity and the long-term frequency stability of the proposed timer. For the short averaging time (T < 1 s), the white noise and flicker noise processes (T^{-1}) determine the Allan deviation, as described in [2]. If the averaging time is longer than 1 s (T > 1 s), the Allan deviation is limited by the flicker noise process (T^{0}). The measured Allan floor shows that the long-term frequency stability is only less than 10 ppm. Moreover, the Allan deviation at T = 1 s in Fig. 14(b) also exhibits that the Allan floors across the temperature range from -20 to 100 °C are less than 10 ppm. Fig. 15 shows the overall power breakdown of the proposed timer at the room temperature (30 °C).

Table I compares the proposed wake-up timer with the state-of-the-art ultra-low-power timers in the kHz range. This paper accomplishes the lowest temperature sensitivity, 13.2 ppm/°C,

TABLE I
PERFORMANCE SUMMARY AND COMPARISON WITH STATE-OF-THE-ART TIMERS



 1 Temperature Coefficient (TC) = (Freq._{Max} – Freq._{Min})/{Freq._{Avg} × (Temp._{Max} – Temp._{Min})} × 10^{6}

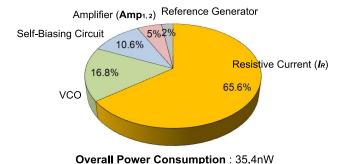


Fig. 15. Power breakdown of the proposed timer at room temperature.

among the previous works. Furthermore, in terms of a tradeoff between the temperature sensitivity and energy efficiency, the proposed timer exhibits the best reported performance. The line sensitivity and long-term stability are also excellent.

V. CONCLUSION

A 32.7 kHz ultra-low-power self-biased timer is proposed to provide an accurate wake-up signal and minimize the power of the sleep mode in the sensing platforms. The proposed timer in this paper internally generates temperature-insensitive resistive current through the dual-loop structure and achieves frequency

stability of 13.2 ppm/°C and 0.44 %/V with a superior energy efficiency of 1.08 nW/kHz. Moreover, the self-biasing scheme, which is only composed of the transistors, minimizes the power variation across the temperature range and reduces an overhead in the low-power design process. Finally, the timer utilizing its start-up circuit improves the lock time by 20-fold with a reliable initial operation.

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