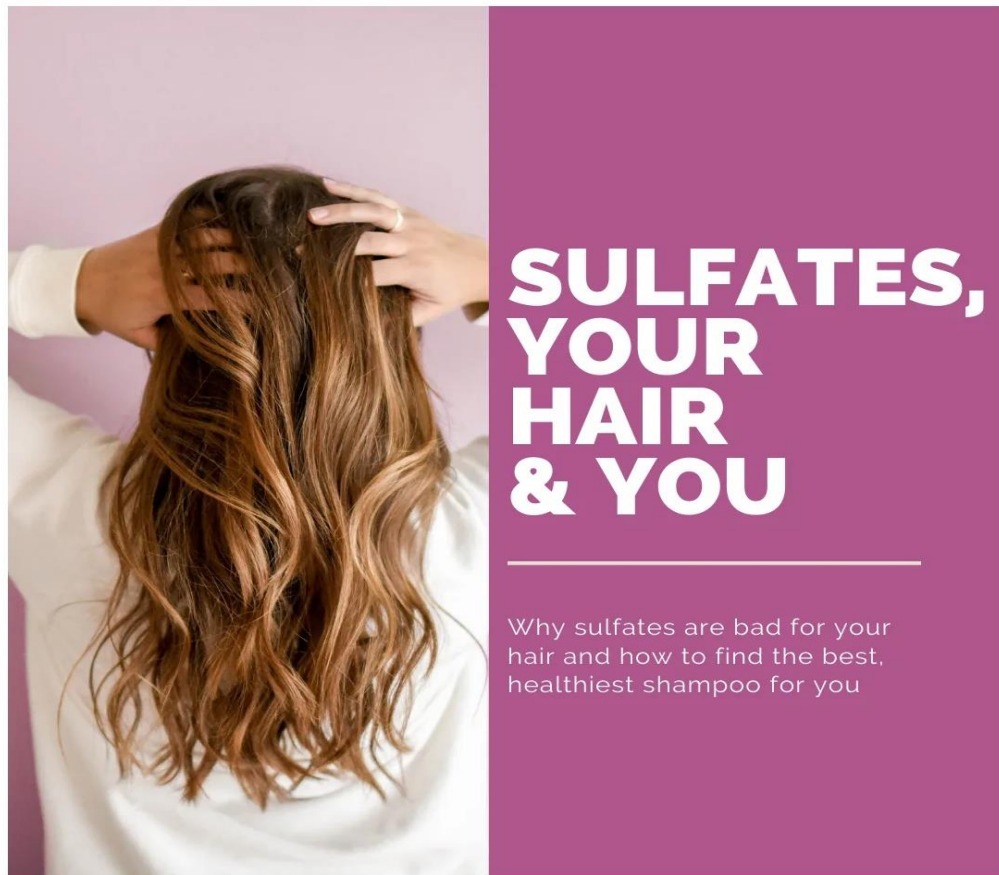




many detrimental effects. Sulfates strip the natural lipids from your hair and scalp, leaving them utterly dry. Dry hair is prone to splitting or breaking, whereas dry scalp is prone to flaking and irritation.



They can also trigger scalp inflammation and exacerbate preexisting skin conditions such as eczema and rosacea.

People with sensitive skin may even develop contact dermatitis

after prolonged use of these chemicals on their scalp. In fact, sulfates are classified as potent allergens for this very reason.

Sulfates can also damage your hair follicles to such an extent that they may not be able to produce new hair, which can lead to hair thinning.

Moreover, these harsh chemicals can cause eye irritation and damage, especially in babies and young children.

### **Effects of Sulfates on Your Hair and Scalp**

- Dry hair and scalp.
- Scalp irritations.
- Fading hair colour
- Hair Loss

### **Recommended Sulfate-Free Shampoos**

- 1.Pureology Pure Volume Shampoo
- 2.L'Oreal Everstrong Sulfate-Free Fortify Shampoo
- 3.Morrocanoil Extra Volume Shampoo
- 4.Aveeno Pure Renewal Shampoo
- 5.Joico Smooth Cure Shampoo





## 6. Jason Natural Shampoos

## 7. One 'N Only Argan Oil Moisture Repair Shampoo

## 8.Hemps Couture Moisturizing Shampoo

### 9.Aveda Scalp Benefits Balancing Shampoo

### 10.Tigi Bed Head Superstar Sulfate-Free Shampoo

