

Jordan Ellis – Anxiety Treatment Request

Medical Necessity Statement

Patient Name: Jordan Ellis

DOB: 03/12/1992

Insurance Provider: Blue Cross Blue Shield

Patient ID: BCBS-52891123

Subject: Request for Prescription of Nardelzine XR

Clinical Summary:

Jordan Ellis is a 32-year-old patient with chronic generalized anxiety disorder (GAD) and a history of poor response to prior treatment modalities. Symptoms include persistent worry, insomnia, and autonomic arousal that interfere with daily function and professional responsibilities.

Treatment Plan:

Nardelzine XR 45mg once daily, titrated as needed.

Request:

Coverage authorization for Nardelzine XR under the patient's Blue Cross Blue Shield plan.

Signed:

Dr. Meredith Lang, MD

NPI: 1629301472

Lang Behavioral Health Associates

Date: 04/19/2025