

## Crafts



October 10, 2023



*Artists and artisans are alchemists. They transform base material into objects of beauty, utility and delight. Whether the alchemists of old turning base metal into gold is a literal truth or a metaphor is still debated, but there is no doubt whatsoever about the transformative power of artists and artisans.*

*Paper craft is a collection of crafts using paper or card as the primary artistic medium for the creation of two or three-dimensional objects. Paper and card stock lend themselves to a wide range of techniques and can be folded, curved, bent, cut, glued, molded, stitched, or layered. For millennia, potters have taken a lump of ordinary clay and revealed its extraordinary ability to be a pot of pure visual pleasure as well as a vessel to fulfil everyday functions of holding water and wine, food and flowers.*



*Similarly, painters take pigments of red, blue and yellow of no great distinction, and put them on a pot or paper, on a wall or a canvas, and we witness the emergence of a great work, be it folk art or fine art.*

*Materials used by the vast number of potters, painters, sculptors and basket makers are often inexpensive, natural and locally available.*



*It is a type of work where useful and decorative devices are made completely by hand or by using only simple tools. The term is usually applied to traditional means of making goods. The individual artisanship of the items is a paramount criterion, and such items often have cultural and/or religious significance.*

*craft is an activity such as weaving, carving, or pottery that involves making things skilfully with your hands. ... the arts and crafts of the North American Indians.*

*Crafts aren't just for kids. According to a study from the Research Institute for Creative Arts Therapies, crafting can reduce stress and increase mood and self-confidence — three great reasons that adults should join in on the fun too. Browse these easy and useful craft ideas for adults that boost creativity and teach new skills like painting or sewing.*



*The best part of these projects is that they can be completed within an hour. We've included practical DIYs for the home, from an entryway organizer and patterned fabric lampshade to painted wood serving trays and fabric switch plates. Try giving thrift store finds a new look with a few genius upcycling ideas — egg carton flowers and wallpapered vessels are just a few favorites on our list. Many of these crafts make thoughtful homemade gifts, while others might be worthy of selling (think knit mittens and chunky crochet pillow covers from the GH Stitch*

*Club). And since Easter is fast approaching, you'll find a few spring-themed crafts on our list, from egg-shaped coasters to floral candlesticks. So if you're looking for a fun activity to tackle alone or with family and friends, let our list of craft ideas for adults inspire you. And if you really want to be adventurous, don't just go for the easy ideas. You'll discover a few more challenging options to put your skills to the test. Happy crafting*



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