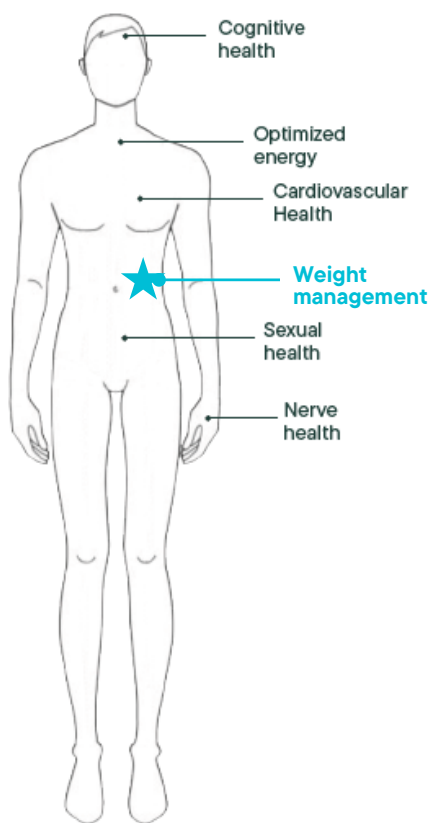


Transform Weight Management

The game-changing benefits of Nitric Oxide

With 42% of adult Americans considered obese and 9/10 not consuming sufficient quantities of vegetables, current statistics* emphasize the necessity for effective, science-based weight management strategies.

Nitric Oxide is essential for metabolism and weight management, aiding weight loss by:



By championing N.O. production, you're enhancing the harmony of these vital bodily processes and functions.

- **Improving Blood Flow and Reducing Inflammation:** Enhances nutrient delivery, waste removal, and metabolic health.
- **Balancing Metabolic Hormones:** Regulates the hunger hormone, ghrelin, optimizes leptin for satiety, and improves insulin sensitivity.
- **Supporting Mitochondria and Energy Production:** Enhances mitochondrial regeneration and fatty acid oxidation for efficient energy production.

How to Optimize Nitric Oxide Levels:

- **Increase daily dietary nitrate intake:** Dietary nitrates, found in foods like leafy greens and beets, convert to N.O. in the body, boosting N.O. levels naturally.
 - Berkeley Life Nitric Oxide Foundation offers a convenient way to increase N.O. levels, especially for individuals who may not get enough nitrates through diet alone.
- **Increase healthy-living activities:** Regular, moderate exercise, stress management, and quality sleep further enhance N.O. production, supporting overall metabolic health.

Why Healthcare Providers Recommend Nitric Oxide Support for Weight Management

- Supports comprehensive metabolic health protocols by addressing inflammation, hormone regulation, and energy production.
- A two-capsule daily dose integrates easily with existing dietary and lifestyle recommendations..
- Provides a natural approach to improving patient outcomes, especially in those struggling with metabolic health issues.