

83% Experienced Improved Orgasm and Discomfort Reduction

New clinical pilot study reveals the impact of Nitric Oxide on female sexual health

Berkeley Life conducted a 60-day pilot study to assess the impact of dietary nitrate supplementation on female sexual function. This study is the first of its kind to report that **dietary nitrate can positively affect multiple domains of female sexual function**, including desire, lubrication, orgasm, and discomfort.

Key findings:

Statistical Improvements in Sexual Function:

- **Desire:** 75% reported improved desire.
- **Lubrication:** 58% experienced increased lubrication.
- **Orgasm:** 83% reported enhanced orgasm.
- **Discomfort:** 83% experienced reduced discomfort.

Participant feedback:

- 57% reported a subjective improvement in sexual function.
- Majority were on concurrent hormone replacement therapy (HRT) but saw benefits independent of HRT changes.

Study profile:

- **Participants:** 18 women enrolled, with a mean age of 60, with 14 completing the full protocol.
- **Health Background:** Mean baseline FSFI score of 10.7 ± 5.8 , indicating sexual dysfunction.
- **Duration:** 60 days of consistent nitrate supplementation, 2 capsules of Berkeley Life Nitric Oxide Foundation per day.

Why This Matters for You and Your Patients:

Berkeley Life's Nitric Oxide Foundation product shows promise for women with sexual dysfunction, addressing gaps in non-hormonal support options. Increased Nitric Oxide levels may be beneficial for patients seeking alternatives or adjuncts to hormone therapy, with a natural product backed by preliminary clinical evidence.