

Fantasy Football

2025 - 2026 Rules

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1. Pricing

OPTION 1

You will have **£85** million to spend with up to **FOUR** transfers. 2 can be used before the 1st January and 2 after.

See [Rule 4](#) below for more information.

OPTION 2

You will have **£90** million to spend with **NO** transfers available for the whole season.

A team consists of -

- 1** Goalkeeper
- 4** Defenders
- 3** Midfielders
- 3** Forwards

2. Scoring

CLEAN SHEETS

5 points will be awarded for a goalkeeper keeping a clean sheet

2 points will be awarded for a defender keeping a clean sheet

RED CARDS

10 pts will be DEDUCTED for any player receiving a RED card.

GOALS

10 pts for a goalkeeper scoring a goal
7 pts for a defender scoring a goal
5 pts for a midfielder scoring a goal
3 pts for a forward scoring a goal

5 extra points for a player scoring 2 goals in any one game

10 extra points for a player scoring a hat-trick or more in a game

ASSISTS

3 points will be awarded to any player for each assist they get.

No bonus points will be awarded for multiple assists.

All data used for scoring will be used from the official premier league site here - premierleague.com/results

3. Weekly Fixtures

Weekly fixtures will run from Friday 7PM to Fri AM.

NEW: GAMEWEEK STRUCTURE

As mentioned in the email a couple of months ago, we've redefined how gameweeks are structured:

- Gameweeks will now be based on the actual set of fixtures played within a week

- If a week only has 8 matches, then that gameweek will include just those 8
- If additional matches are played later in the season, they'll count for that later gameweek

This change makes calculations easier on our end and means you'll see up-to-date scores each gameweek instead of waiting weeks or even months for postponed matches to be played.

4. Transfers

This section only applies to teams that have chosen to spend £85 million or below

FOUR transfers can be made in total throughout the season. 2 before the 1st of January and 2 after.

You do not lose transfers if none are made before the 1st of January, they will carry over into the 2nd half of the season.

The transfer deadline from week to week will be 7pm on a Friday, therefore if you place a transfer in on a Monday, it will not count until Friday of that week.

Please send your transfers to leagueoffourrown.fpl@gmail.com.

Any player(s) being transferred IN, have to be of the same playing position and up to the same value of the player(s) being transferred OUT, plus any money not used in the total value of the team.

Updated player lists will be available by visiting leagueoffourrown.co.uk/players

5. Entry Fee

The entry fee will be **£20.00**

This will be due when you email your team in, or the balance if you kept your money in.

We are trying to do it all on-line again this season, so please can you transfer any money due;
to my bank details as [below](#) please. With your team name as REF. Thank you.

6. Prize Money

NEW: PRIZE DISTRIBUTION CHANGES

Weekly Prizes






A weekly prize of **£10.00** will be awarded to the team(s) who win any one of the weekly fixtures (shared if there is more than one winner).

Prize Pool Changes

We're scrapping the old "50p from the bottom up" model and making two key improvements:

Top 5 Winners

The remaining prize pool will now go to the top 5 finishers with a fairer, scaled split: (the scale will be dependent on entries)

-  1st – 50%
-  2nd – 25%
-  3rd – 12.5%
-  4th – 7.5%
-  5th – 5%

Based on a minimum of 40 entries (which hopefully we'll get again next season!), this would mean that everyone finishing 5th and above would win at least the cost of next season's entry, if they choose to play again.

Bigger Weekly Prizes

We're also increasing the weekly prize to £10, so even if you're not near the top of the table, you've got something to aim for each week.

The reasoning for these changes is that instead of spreading small amounts too thin, we'd rather offer more meaningful rewards at both the top end and each week.

£15 will be taken towards the cost of engraving the trophy and the running of the competition.

7. Team Builder

We will be using the [online team builder form](#) again this season. Please do use it as it makes our life much easier by removing all manual data entry from our side, which can take hours.

You will find instructions on the page which should guide you through what is needed, but it's very much the same as the spreadsheet form. Team details and then pick a team.

This should stop any issues like incorrect IDs, players in incorrect positions, and overspending.

DEADLINE FOR TEAM SUBMISSIONS: WED 13th AUGUST 2025

If you do have any issues then please just [email us](#).

8. Final Notes

E-mails will be sent out after the weekly games are complete, giving a few days to sort it out.

Any questions or queries, please E-mail, leagueofourown.fpl@gmail.com with **Footy** in the subject line

BANK DETAILS

PLEASE CONTACT FOR DETAILS

Please add your team name as the reference